

IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

printed: 10/20/2023 10:38 AM

EVENT ENTRIES

#5 Class 1A Boys Wheelchair 5000M

#	Name	Yr	Team
573	Eli Johnson	SO	Bedford

#7 Class 2A Boys 5000M

#	Name	Yr	Team
714	Seth Countryman	JR	Anamosa
715	Griffin Embree	SO	Anamosa
716	Braeden Keister	JR	Anamosa
717	Parker Lasack	FR	Anamosa
718	Wesley Meyer	JR	Anamosa
719	Carver Reiss	JR	Anamosa
720	Jack Troester	SR	Anamosa
721	Lucas Anderson	FR	Chariton
722	David Crabb	SR	Chariton
723	Cody Dixson	FR	Chariton
724	Connor Dixson	SR	Chariton
725	Bradley Hobbs	SR	Chariton
726	Dreavin Shenefield	SR	Chariton
727	Treyton Schaapherder	SR	Clarinda
728	Kyle Wagoner	JR	Clarinda
729	Nathan Ahern	JR	Crestwood Cresco
730	Myles Matthias	SO	Denver
731	Neal Pinter	SR	Denver
732	Jack Gummert	SR	Des Moines Christian
733	Josh Hagenberg	JR	Des Moines Christian
734	Collin Houg	SR	Des Moines Christian
735	Jack McPartland	SR	Des Moines Christian
736	Ben Nyberg	JR	Des Moines Christian
737	Josiah Sisler	FR	Des Moines Christian
738	Caleb Ten Pas	SO	Des Moines Christian
739	Kaleb Grant	SR	East Marshall LeGrand
740	Cooper Lenz	FR	East Marshall LeGrand
741	Isaiah Aragon	SR	East Sac County
742	Riley Aragon	SO	East Sac County
743	Owen Engel	SO	East Sac County
744	Parker Engel	SR	East Sac County
745	Xander Hemer	SO	East Sac County
746	Landon Sporrer	SO	East Sac County
747	Garrett Pumphrey	FR	Eddyville-Blakesburg-Fr
748	Parker Duitsman	SR	Estherville Lincoln Cent
749	Keagan Albertson	FR	Forest City
750	Daunta Berg	FR	Forest City
751	Ethan Bertram	SO	Forest City
752	Cooper Blaser	FR	Forest City
753	Silas Gann	SO	Forest City
754	Grant Gayther	FR	Forest City
755	Holden Reynolds	FR	Forest City
756	Gavin Chambers	SR	Garner-Hayfield-Ventur
757	Tyler Englin	SR	Garner-Hayfield-Ventur
758	Zach Flatebo	JR	Garner-Hayfield-Ventur
759	Caleb Good	JR	Garner-Hayfield-Ventur

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#7 Class 2A Boys 5000M (cont'd)

#	Name	Yr	Team
760	Connor Hammitt	SR	Garner-Hayfield-Ventur
761	Ty Heller	SO	Garner-Hayfield-Ventur
762	Jonah Pringnitz	SO	Garner-Hayfield-Ventur
763	Austin Vander Werf	SR	Interstate 35 Truro
764	Karsten Nuehring	JR	Jesup
765	Nathan Pint	JR	Jesup
766	Grant Kennedy	SO	Mediapolis
767	Mason Lindeen	FR	Mediapolis
768	Logan Rosas	SR	Mediapolis
769	Owen Schmidgall	SR	Mediapolis
770	Will Schmidgall	FR	Mediapolis
771	Simon Wendel	SO	Mediapolis
772	Solomon Zaugg	SR	Mediapolis
773	Jacob Schellhorn	JR	MFL MarMac
774	Jacob Donaldson	SR	Mid-Prairie Wellman
775	Daniel Rodgers	SR	Mid-Prairie Wellman
776	Jesse Stultz	SO	Mid-Prairie Wellman
777	Emmett Swartzentruber	JR	Mid-Prairie Wellman
778	Maxon Swartzentruber	FR	Mid-Prairie Wellman
779	Jayse Yoder	JR	Mid-Prairie Wellman
780	Preston Yutzy	JR	Mid-Prairie Wellman
781	Aedan Althoff	SO	Monticello
782	Alex Oswald	SR	Monticello
783	Konner Barat-Klimesh	SR	Oelwein
784	Landon Dowd	SO	Oelwein
785	Benjamin Driscoll	SR	Oelwein
786	Gabe Driscoll	SO	Oelwein
787	Conall Sauser	JR	Oelwein
788	Caleb Schunk	JR	Oelwein
789	Keshaun Williams	SO	Oelwein
790	Elijah Graves	SO	Okoboji Milford
791	Trigg Heimdal	JR	Okoboji Milford
792	Akron Jostand	SR	Okoboji Milford
793	Ray Kaiser	SO	Okoboji Milford
794	Lane Larson	JR	Okoboji Milford
795	Evan Osler	JR	Okoboji Milford
796	Drew Sandven	SR	Okoboji Milford
797	Coby DeRaad	SO	PCM Monroe
798	Shaun Bos	SR	Pella Christian
799	Paxton Bouma	SO	Pella Christian
800	Deacon Branderhorst	JR	Pella Christian
801	Tysen DeVries	SR	Pella Christian
802	Logan Gallaher	SO	Pella Christian
803	Eli Hoksbergen	JR	Pella Christian
804	Sawyer Meinders	SO	Pella Christian
805	Emmanuel Grass	FR	Red Oak

#7 Class 2A Boys 5000M (cont'd)

#	Name	Yr	Team
806	Evan Voga	JR	Roland-Story Story City
807	Caleb Huff	JR	Sheldon Community
808	Michael Wassenaar	JR	Sheldon Community
809	Brayden Kramber	SR	Sioux Central Sioux Ra
810	Lucos Wernimont	FR	Sioux Central Sioux Ra
811	Redge Potts	JR	South Central Calhoun
812	Dietrich Dirks	JR	Spirit Lake
813	Eric Fechter	SR	Spirit Lake
814	Brandon Hughes	JR	Spirit Lake
815	Riley Sorenson	SR	Spirit Lake
816	Oliver Thompson	FR	Spirit Lake
817	Carter Trautman	SO	Spirit Lake
818	Keegan Vandehoef	FR	Spirit Lake
819	Caleb Bohlmann	SO	Tipton
820	Clay Bohlmann	JR	Tipton
821	Ezra Landman	SR	Unity Christian Orange
822	Daylen Mulder	SR	Unity Christian Orange
823	Tyler Rozenboom	JR	Unity Christian Orange
824	Lane Scholten	JR	Unity Christian Orange
825	Eli Schreurs	SO	Unity Christian Orange
826	Stephen Schreurs	SR	Unity Christian Orange
827	Ethan Wynia	JR	Unity Christian Orange
828	Luka Hulse	JR	Van Meter
829	Leif Allen	FR	Vinton-Shellsburg
830	Jack Blais	SO	Vinton-Shellsburg
831	Zachary Dickenson	SO	Vinton-Shellsburg
832	Zach Klopping	JR	Vinton-Shellsburg
833	Eli Page	SR	Vinton-Shellsburg
834	Aldin Swanson	SR	Vinton-Shellsburg
835	Alex Torres	SO	Vinton-Shellsburg
836	Connor Cahoon	SR	Waukon
837	Skyler Dugan	SR	Waukon
838	Wyatt Gulla	SR	Waukon
839	Caleb Helgerson	JR	Waukon
840	Brandon Leppert	SO	Waukon
841	Colton O'Neill	SO	Waukon
842	Isaac Reisinger	JR	Waukon
843	Nile Busch	SO	Williamsburg
844	Wes Hulseberg	SR	Williamsburg

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#4 Class 1A Boys 5000M

#	Name	Yr	Team
419	Bo Arrasmith	SR	ACGC
420	Lance Bunde	SR	ACGC
421	Tate Fever	SO	ACGC
422	Noah Kading	JR	ACGC
423	Preston Kent	FR	ACGC
424	Andrew Mahaffey	SR	ACGC
425	Gavin Sloss	JR	ACGC
426	Jacob Launderville	SO	Alta-Aurelia
427	Alex Davis	SO	Ankeny Christian Acade
428	Cayden Fry	SO	Ankeny Christian Acade
429	Zachary Gardner	FR	Ankeny Christian Acade
430	Thomas Hurst	JR	Ankeny Christian Acade
431	Landon Nehring	SR	Ankeny Christian Acade
432	Luke Reitsma	SO	Ankeny Christian Acade
433	Daniel Schoening	SR	Ankeny Christian Acade
434	Max Handorf	FR	Baxter
435	Matt Richardson	JR	Baxter
436	Cayden White	JR	BCLUW Conrad
437	Danny Dudzik	SO	Beckman Catholic Dyer
438	Adam Gaul	SO	Beckman Catholic Dyer
439	Steffen Goerd	FR	Beckman Catholic Dyer
440	Cole Luensmann	SO	Beckman Catholic Dyer
441	Andrew Salrin	SR	Beckman Catholic Dyer
442	Andrew Schlarmann	SO	Beckman Catholic Dyer
443	Jacob Schlarmann	SR	Beckman Catholic Dyer
444	Payton Griebel	SR	Bellevue
445	Dane Gorham	FR	Boyer Valley Dunlap
446	Logan Riedesel	JR	Calamus-Wheatland
447	Gavin Ryner	JR	Central Springs
448	Jace Matern	JR	Columbus Catholic Wat
449	Damian Vergara	SR	Columbus Community
450	Carter Fesler	SR	Danville
451	Noah Horn	SO	Danville
452	Nick Powell	JR	Danville
453	Jackson Shacklett	JR	Danville
454	Isaac Shinn	SO	Danville
455	Yaley Trevor	SO	Danville
456	Talan Whaley	SR	Danville
457	Dawson Braet	FR	Earlham
458	Donovan Braet	SO	Earlham
459	Carson Maly	JR	Earlham
460	Cooper Michael	SR	Earlham
461	David Nichols	FR	Earlham
462	Blake Petersen	JR	Earlham
463	Blake Tiemeyer	JR	Earlham
464	Noah Valenzuela	SR	East Buchanan Winthro

#4 Class 1A Boys 5000M (cont'd)

#	Name	Yr	Team
465	Jacob Driskill	SR	East Union Afton
466	Gage Heyne	JR	English Valleys North E
467	Tony Racine	SR	Essex
468	Milton Burkhart	JR	Grand View Christian S
469	Morgan Cipale	SR	Grand View Christian S
470	Cody Dorscher	JR	Griswold
471	Brayden Davie	SO	Grundy Center
472	Sullivan Dirks	SR	Grundy Center
473	Kaden Lynch	SR	Grundy Center
474	Dalton Oltman	FR	Grundy Center
475	Tyler Venenga	SR	Grundy Center
476	Emerson Vokes	SO	Grundy Center
477	Brayden Wallis	JR	Grundy Center
478	George Vargas	SR	Hartley-Melvin-Sanborn
479	Lane Sams	SR	IKM-Manning
480	Justin Wagner	SO	Kee Lansing
481	Stephen Brandenburg	SO	Lake Mills
482	Joseph Charlson	FR	Lake Mills
483	Knute Rogne	SO	Lake Mills
484	Justin Rygh	SR	Lake Mills
485	Caleb Skogen	FR	Lake Mills
486	Hayden Thompson	SO	Lake Mills
487	Kade Van Roekel	JR	Lake Mills
488	Colton Alberts	FR	Lynnville-Sully
489	Hendrick Lowry	JR	Lynnville-Sully
490	Caleb Berberich	FR	Madrid
491	Brody Buck	JR	Madrid
492	Tate Lawson	JR	Madrid
493	Ethan Loutzenheiser	SR	Madrid
494	Cavin Pehl	SO	Madrid
495	Blake Renze	JR	Madrid
496	Clay Warson	SR	Madrid
497	Kenyon Baker	SO	Maquoketa Valley Delhi
498	Brady Eike	JR	Maquoketa Valley Delhi
499	George Livingston	SR	Maquoketa Valley Delhi
500	Arion Rave	JR	Maquoketa Valley Delhi
501	Matthew Schaul	JR	Maquoketa Valley Delhi
502	Christian Choate	SR	Martensdale-St. Marys
503	Isaiah Wheeldon	FR	Martensdale-St. Marys
504	Lucas Braun	JR	MMCRU
505	Kaden Galles	SR	MMCRU
506	Adam Henrich	JR	Newman Catholic Maso
507	Ezra Almelien	FR	North Butler Greene
508	Gavin Grunhovd	JR	North Iowa Buffalo Cent
509	Brayden Veiseth	SR	North Mahaska New Sh
510	Gavyn Morphew	SR	North Union

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#4 Class 1A Boys 5000M (cont'd)

#	Name	Yr	Team
511	Jude Benbow	JR	Ogden
512	Jordan Benjamin	SO	Ogden
513	Thomas Bergstrom	FR	Ogden
514	Caden Lerdal	JR	Ogden
515	Sage Seeger	SR	Ogden
516	Brady Van Sickle	JR	Ogden
517	Carson Van Sickle	SR	Ogden
518	Noah Poldberg	JR	Panorama Panora
519	Mason Dahlstrom	FR	Pekin
520	Lane Fariss	FR	Pekin
521	Ben Guise	SR	Pekin
522	Brady McWhirter	JR	Pekin
523	Cole Millikin	SO	Pekin
524	Dylan Sobaski	JR	Pekin
525	Jaedon Wolver	SR	Pekin
526	Kurt Kuhnen	JR	Pleasantville
527	Ryan Greve	FR	Prince of Peace Catholi
528	Ambrose Nuxoll	SR	Regina Iowa City
529	Colin Olney	SR	Regina Iowa City
530	Howie O'Rourke	SO	Regina Iowa City
531	Riordan Smith	SR	Regina Iowa City
532	Matt Takacs	SR	Regina Iowa City
533	Samuel Welter	JR	Regina Iowa City
534	Evan White	SO	Regina Iowa City
535	Brody Henderson	SO	Riverside Oakland
536	Dawson Henderson	SO	Riverside Oakland
537	Mason McCready	SR	Riverside Oakland
538	Ben Byers	SO	Sibley-Ocheyedan
539	Aiden De Zeeuw	SR	Sibley-Ocheyedan
540	Cole Dykstra	JR	Sibley-Ocheyedan
541	David Poppen	JR	Sibley-Ocheyedan
542	Cale Reiter	JR	Sibley-Ocheyedan
543	Carter Vos	SO	Sibley-Ocheyedan
544	Triston Vos	SO	Sibley-Ocheyedan
545	Carter Buttry	FR	Sidney
546	Abe Conway	SR	South Winneshiek
547	Jacob Boswell	JR	St. Albert Council Bluffs
548	Parker Heisterkamp	JR	St. Albert Council Bluffs
549	Ben Krohn	FR	St. Albert Council Bluffs
550	Joey Mazzella	FR	St. Albert Council Bluffs
551	Brady Smith	SO	St. Albert Council Bluffs
552	Jackson Walter	FR	St. Albert Council Bluffs
553	Owen Wise	SR	St. Albert Council Bluffs
554	Jonah Carlson	SO	St. Edmond Fort Dodge
555	Thomas Cosgrove	SR	St. Edmond Fort Dodge
556	Thomas Knobbe	SO	St. Edmond Fort Dodge

#4 Class 1A Boys 5000M (cont'd)

#	Name	Yr	Team
557	Erik Larson	FR	St. Edmond Fort Dodge
558	Liam Shannon	JR	St. Edmond Fort Dodge
559	Anthony Valles	SO	St. Edmond Fort Dodge
560	Drake Yurkovac		St. Edmond Fort Dodge
561	Brennan Boden	JR	Tri-Center Neola
562	Lincoln Bainbridge	SO	Van Buren County
563	Aidan Brady	SO	Wapsie Valley Fairbank
564	Aidan Shannon	SR	Wapsie Valley Fairbank
565	Kohlby Newsom	JR	Winfield-Mt. Union
566	Adam Barry	JR	Woodbine Community
567	Landon Bendgen	SR	Woodbine Community
568	Trey Burgmeyer	SR	Woodbine Community
569	Evan Estrada	JR	Woodbine Community
570	Xander Johnson	JR	Woodbine Community
571	Thomas Tremel	SR	Woodbine Community
572	Gunner Wagner	JR	Woodbine Community

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EVENT ENTRIES

#2 Class 4A Boys 5000M

#	Name	Yr	Team
131	Erik Anderson	SR	Ames
132	Brennen Bhavé	JR	Ames
133	Isaiah Knight	JR	Ames
134	Jake Bosch	SR	Ankeny
135	Tate Brownsberger	JR	Ankeny
136	Aidan Farrell	SR	Ankeny
137	Nicholas Robie	JR	Ankeny
138	Ike Smith	SO	Ankeny
139	Abel Squires	SR	Ankeny
140	Ethan Zuber	JR	Ankeny
141	Davis Johnson	SO	Ankeny Centennial
142	Cohen Moll	SO	Ankeny Centennial
143	Mark Nelson	JR	Ankeny Centennial
144	Brendan Owens	SR	Ankeny Centennial
145	Aj Schermerhorn	SR	Ankeny Centennial
146	Sean Thomas	JR	Ankeny Centennial
147	Brayden Vander Wilt	JR	Ankeny Centennial
148	AJ Willey	SO	Bettendorf
149	Ahmed Aldamak	SR	Cedar Falls
150	Kieran DeGroote	JR	Cedar Falls
151	John Ferguson	JR	Cedar Falls
152	Luke Hartman	SR	Cedar Falls
153	Connor Martin	JR	Cedar Falls
154	Jaden Merrick	SO	Cedar Falls
155	Charlie Wiering	SO	Cedar Falls
156	Jacob Bruns	SR	Cedar Rapids Kennedy
157	Slader Buckheister	SO	Cedar Rapids Kennedy
158	Adam Gray	SO	Cedar Rapids Kennedy
159	Henry McMahan	SR	Cedar Rapids Kennedy
160	Lincoln McMahan	SO	Cedar Rapids Kennedy
161	Reece Murray	SR	Cedar Rapids Kennedy
162	Reuben Schlaak	JR	Cedar Rapids Kennedy
163	Aj Angus	SR	Dallas Center-Grimes
164	Elias Arbuckle	JR	Dallas Center-Grimes
165	Jack Every	SR	Dallas Center-Grimes
166	Graham Ibeling	FR	Dallas Center-Grimes
167	Colin Mandernach	SO	Dallas Center-Grimes
168	Alex Pries	SR	Dallas Center-Grimes
169	Cael Ramsey	SO	Dallas Center-Grimes
170	Zack Ryan	FR	Davenport Central
171	JC Nuci	FR	Davenport North
172	Zack Stoermer	SR	Des Moines Abraham Li
173	Aj Acheson	SO	Des Moines Roosevelt
174	Owen Marett	JR	Des Moines Roosevelt
175	Matthew Bootman	SR	Dowling Catholic West
176	Brody Burr	JR	Dowling Catholic West

#2 Class 4A Boys 5000M (cont'd)

#	Name	Yr	Team
177	Max DeRocher	SR	Dowling Catholic West
178	Jack Flori	JR	Dowling Catholic West
179	Josh Mohan	JR	Dowling Catholic West
180	Nicholas Paulsen	SO	Dowling Catholic West
181	Owen Wolfe	JR	Dowling Catholic West
182	Charlie Driscoll	SR	Dubuque Hempstead
183	Micah Fern	SO	Dubuque Hempstead
184	Matthew Hanselman	SR	Dubuque Hempstead
185	Zack Johnson	SR	Dubuque Hempstead
186	Brandon Kass	JR	Dubuque Hempstead
187	Owen Leitzen	JR	Dubuque Hempstead
188	John Maloney	SR	Dubuque Hempstead
189	Jack Kirman	SO	Dubuque Senior
190	Reed Robbins	SO	Indianola
191	Owyn Noble	SR	Iowa City City High
192	Aidan Decker	SR	Iowa City Liberty
193	Keegan Decker	FR	Iowa City Liberty
194	Noah Gregoire	JR	Iowa City Liberty
195	Lars Hildebrand	FR	Iowa City Liberty
196	Hayden Johnsen	JR	Iowa City Liberty
197	Jacob Madsen	JR	Iowa City Liberty
198	William Thompson	SR	Iowa City Liberty
199	Cade Benson	SR	Iowa City West
200	Michael Lee	SR	Iowa City West
201	Sam Showers	JR	Iowa City West
202	Moustafa Tia	JR	Iowa City West
203	Brice Wahe	JR	Iowa City West
204	Jack Coen	SR	Johnston
205	Jack Crossland	FR	Johnston
206	Garrett Ness	JR	Johnston
207	Ben Neville	SR	Johnston
208	Brayden Picken	SR	Johnston
209	Calahan Rourke	SR	Johnston
210	Holden Schug	JR	Johnston
211	Riley Kuhn	SR	Linn-Mar Marion
212	James Johnson	SR	Marshalltown
213	Preston Johnson	FR	Marshalltown
214	John Moellers	JR	Marshalltown
215	Tony Anania	JR	Norwalk Community
216	Noah Buhrow	SR	Norwalk Community
217	Henry Groos	JR	Norwalk Community
218	Teegan Kralik	SO	Norwalk Community
219	Corbin Oswald	JR	Norwalk Community
220	Sam Parker	SO	Norwalk Community
221	Grant Wallace	JR	Norwalk Community
222	Kamran Foad	FR	Pleasant Valley

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#2 Class 4A Boys 5000M (cont'd)

#	Name	Yr	Team
223	Cameron Gotto	JR	Pleasant Valley
224	Joe Knepp	SO	Pleasant Valley
225	Tyler Nels	SR	Pleasant Valley
226	Jack Perry	JR	Pleasant Valley
227	Carl Rekow	SR	Pleasant Valley
228	Max Sorgenfrey	SR	Pleasant Valley
229	Bennett Allred	JR	Prairie Cedar Rapids
230	Natneal Kifle	SR	Sioux City North
231	Connor Schultz	JR	Sioux City North
232	Brice McNeley	SR	Southeast Polk
233	Landon Hartley	SR	Urbandale
234	Ashton Hensley	SO	Urbandale
235	Tommy Hensley	SR	Urbandale
236	Drew Johnson	SR	Urbandale
237	Gavin Moore	SR	Urbandale
238	Sidney Shide	JR	Urbandale
239	Blake Smith	JR	Urbandale
240	Sean Bendinger	JR	Valley West Des Moines
241	Jackson Bergman	SR	Valley West Des Moines
242	Jack Cavan	SR	Valley West Des Moines
243	Jacob Forney	SR	Valley West Des Moines
244	Evan McClinton	SR	Valley West Des Moines
245	Frank McEvoy	SR	Valley West Des Moines
246	Jonathan Owen	JR	Valley West Des Moines
247	Harry Abbott	SO	Waukee
248	Dashiell Coyier	JR	Waukee
249	Carter Hoskins	FR	Waukee
250	Joseph Lawry	JR	Waukee
251	Ben Peterson	FR	Waukee
252	Jalen Taha	SR	Waukee
253	Jonas VanDis	JR	Waukee
254	Joel Bloomer	SR	Waukee Northwest
255	Aidan Cooper	SR	Waukee Northwest
256	Kellan Croatt	JR	Waukee Northwest
257	Zack Janulewicz	JR	Waukee Northwest
258	Owen Line	SR	Waukee Northwest
259	Zak Shlomi	SO	Waukee Northwest
260	Kellen Tuyls	SO	Waukee Northwest

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EVENT ENTRIES**#9 Class 3A Boys 5000M**

#	Name	Yr	Team
984	Isaac Chapman	JR	ADM Adel
985	Robbie Hall	SO	ADM Adel
986	Shay Holdmeyer	JR	ADM Adel
987	Hunter Landphair	SR	ADM Adel
988	Max Marple	FR	ADM Adel
989	Sam Peters	SR	ADM Adel
990	Torin Timmerman	JR	ADM Adel
991	Bennett Whetstone	SR	Atlantic
992	Kamden Brown	JR	Carlisle
993	Ezra DeCleene	SR	Carlisle
994	Chase Gach	SR	Carlisle
995	Joshua Lancaster	SR	Carlisle
996	Brody Roth	SR	Carlisle
997	Kael Streeter	SO	Carlisle
998	Talan Walstrom	JR	Carlisle
999	Brady Freeman	SR	Central DeWitt
1000	Elston Lindner	SR	Central DeWitt
1001	Caleb Olson	JR	Central DeWitt
1002	Kyle Olson	FR	Central DeWitt
1003	Keegan Peterson	JR	Central DeWitt
1004	Adam Wilke	SO	Central DeWitt
1005	Ben Zimmer	SR	Central DeWitt
1006	Xander Graeser	JR	Charles City
1007	Nick Williams	JR	Charles City
1008	Jamie Hayes	SR	Clear Creek-Amana
1009	Brock Hilsman	JR	Clear Creek-Amana
1010	Logan Kafer	SR	Clear Creek-Amana
1011	Nicholas Schieltz	SO	Clear Creek-Amana
1012	Isaac Sorensen	JR	Clear Creek-Amana
1013	Thomas Stiltner	SR	Clear Creek-Amana
1014	Jackson VanHorn	SO	Clear Creek-Amana
1015	Grant Zilka	JR	Decorah
1016	Quentin Nauman	SO	Epworth Western Dubu
1017	Jacob Shottenkirk	JR	Fort Madison
1018	Emmett Barber	JR	Gilbert
1019	Logan Bleich	FR	Gilbert
1020	Harrison Kraehling	SR	Gilbert
1021	Zain Mueller	SR	Gilbert
1022	Carson Squiers	SO	Gilbert
1023	Preston Stensland	SO	Gilbert
1024	Jacob Tallman	FR	Gilbert
1025	Liam Hays	SR	Glenwood
1026	Bryant Keller	SR	Glenwood
1027	Bryce Keller	SO	Glenwood
1028	Bodhi Langille	FR	Glenwood
1029	Maverick Mixan	SR	Glenwood

#9 Class 3A Boys 5000M (cont'd)

#	Name	Yr	Team
1030	Andrew Smith	SR	Glenwood
1031	Ethan West	SR	Glenwood
1032	Noah Hinote	JR	Greene County
1033	Cadel Conner	SO	Grinnell
1034	Liam Crites	SO	Grinnell
1035	Isaac Rankin	SO	Knoxville
1036	Jacob Greving	SR	Kuemper Catholic Carro
1037	Ryan North	SR	Kuemper Catholic Carro
1038	Aaron Lee	JR	LeMars
1039	Trace Obbink	SR	LeMars
1040	Marshall Arkfeld	JR	Lewis Central
1041	Kevin Coots	SO	Lewis Central
1042	Haidyn Cox	SR	Lewis Central
1043	Jackson Cox	JR	Lewis Central
1044	Kade Diercks	SR	Lewis Central
1045	Ethan Eichhorn	SR	Lewis Central
1046	Richard Selken	JR	Lewis Central
1047	Cooper Cook	SR	Marion
1048	Jordan Fischer	SR	Marion
1049	Bennett Kautz	SO	Marion
1050	Nathan Anderson	JR	Moc-Floyd Valley
1051	Thatcher Doughan	SO	Moc-Floyd Valley
1052	Gerrit Hulstein	JR	Moc-Floyd Valley
1053	Isaac Hummel	FR	Moc-Floyd Valley
1054	Trevor Mirande	JR	Moc-Floyd Valley
1055	Micah Schmidt	JR	Moc-Floyd Valley
1056	Ian Van Der Werff	JR	Moc-Floyd Valley
1057	Chasen Caskey	FR	Mount Vernon-Lisbon
1058	Sawyer Feldman	SO	Mount Vernon-Lisbon
1059	Seamus O'Connor	JR	Mount Vernon-Lisbon
1060	Grady Olberding	JR	Mount Vernon-Lisbon
1061	Klayten Perreault	SR	Mount Vernon-Lisbon
1062	Wesley Sadler	JR	Mount Vernon-Lisbon
1063	Dawson Scheil	SO	Mount Vernon-Lisbon
1064	Brian Rohde	JR	Nevada
1065	Javin Doland	JR	Newton
1066	Landon Menninga	SR	Newton
1067	Alik McIlravy	SR	North Polk Alleman
1068	Will Roach	SR	Oskaloosa
1069	Devon Browne	JR	Pella
1070	Canaan Dunham	SO	Pella
1071	Stephen Gaul	SR	Pella
1072	Mason Gaulke	SO	Pella
1073	Aren Hellbusch	JR	Pella
1074	Noah Schuknecht	SO	Pella
1075	Nathan Vander Waal	SR	Pella

IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

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EVENT ENTRIES

#9 Class 3A Boys 5000M (cont'd)

#	Name	Yr	Team
1076	Yonas Andemichael	JR	Perry
1077	Nicholas Dahm	SR	Sioux Center
1078	Kellen Dean	SR	Sioux Center
1079	Logan Foltz	SR	Sioux Center
1080	Caden Kooiker	FR	Sioux Center
1081	Micah VandeVegte	JR	Sioux Center
1082	Hudson Vonk	SR	Sioux Center
1083	Karson Work	FR	Sioux Center
1084	Collin Bumsted	SR	Solon
1085	Grant Bumsted	SR	Solon
1086	Evan Burg	JR	Solon
1087	Brick Kabela	SR	Solon
1088	Spencer Michels	SO	Solon
1089	Lawsin Sinnwell	SR	Solon
1090	Michael Yeomans	SR	Solon
1091	James Brant	SR	South Tama County Ta
1092	Barrett Jesina	SO	South Tama County Ta
1093	Braxten Rohrs	SR	South Tama County Ta
1094	Cade Rosenberger	SR	South Tama County Ta
1095	Holden Schirmer	SR	South Tama County Ta
1096	Tommy Tynnismaa	SR	South Tama County Ta
1097	Nolan McCusker	SO	Spencer
1098	Luiz Martinez	SR	Storm Lake
1099	Joel Ramirez-Parra	SO	Storm Lake
1100	Jayden Brookins	SO	Wahlert Dubuque
1101	Tyler Alderton	JR	Washington
1102	Kael Malichky	SR	Washington
1103	Andrew Rees	SO	Washington
1104	Micah Rees	SR	Washington
1105	Lane Schrock	SR	Washington
1106	Andrew Shepherd	SR	Washington
1107	Sawyer Tschantz	SO	Washington
1108	Austin Soldwisch	JR	Waverly-Shell Rock
1109	Jase Turnis	JR	West Delaware Manche
1110	Zach Wenger	SR	West Delaware Manche
1111	Colin Allen	JR	Winterset
1112	Eli Cowman	SR	Winterset
1113	Gavin Day	JR	Winterset
1114	Sam Hensley	SR	Winterset
1115	Cole Hotopp	JR	Winterset
1116	Collin Kessler	JR	Winterset
1117	Ben Strohbeh	JR	Winterset