

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/11/2019 04:53 PM
 Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
 Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 3 Girls 100 Meter Dash 2A (24)

=====
 Thursday 5/16/2019 - 12:50 PM

State Record: 12.14 5/21/2015 Natalie Halfman, Saint Ansgar
 All-Time: 11.49 2018 Sydney Milani, Southeast Polk
 Name Year School

=====
 Heat 1 Prelims

1	McKenna Hohenadel	09	Louisa-Musc
2	Alysa Shirkey	11	Davis County
3	Kiersten Fisher	10	Southeast Va
4	Anna Winterrowd	10	OABCIG
5	Natalee Greenfield	11	Sioux Center
6	Kasey Pelzer	11	Pleasantvill
7	Neveah Hildebrandt	10	Northeast, G
8	Leah Holub	11	Monticello

Heat 2 Prelims

1	Alyssa Pfadenhauer	12	Danville
2	Natalie Lausen	12	Estherville-
3	Jade Ridgely	09	South Cent C
4	Katie Saner	12	Crestwood
5	Hana Wedemeier	10	Sumner-Fredr
6	Jasmyn Bush	11	Union, LaPor
7	Helaina Hillyard	11	Mediapolis
8	Emma Westphal	09	Western Chri

Heat 3 Prelims

1	Courtney Harle	11	Clarion-Gold
2	Meredith Street	09	Osage
3	Kelly Proesch	10	North Cedar
4	Melinda Puumala	12	E Marshall
5	Camille Zwiefel	09	Cherokee, Wa
6	Mackenzie Blomgren	12	Van Meter
7	Erica Nikkel	11	Pella Christ
8	Savana Fuller	12	ACGC

Event 11 Girls 200 Meter Dash 2A (24)

=====
 Thursday 5/16/2019 - 10:40 AM

State Record: 24.49 5/21/2009 Hannah Willms, Dike-NH
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk
 Name Year School

=====
 Heat 1 Prelims

1	Kelly Proesch	10	North Cedar
2	Jade Ridgely	09	South Cent C
3	Alyssa Pfadenhauer	12	Danville
4	Katie Saner	12	Crestwood
5	Kennedy Kramer	10	W Lyon, Inwo
6	Natalee Greenfield	11	Sioux Center
7	Jayde Barto	11	KP-WC

8	Eden Barrett	10	Dike-NH
Heat 2 Prelims			
1	Helaina Hillyard	11	Mediapolis
2	Meredith Street	09	Osage
3	Meg Koenig	11	Durant
4	Anna Winterrowd	10	OABCIG
5	Kassidy Bremer	12	Panorama
6	Hana Wedemeier	10	Sumner-Fredr
7	Kiersten Fisher	10	Southeast Va
8	Lindsey Banowetz	11	Bellevue
Heat 3 Prelims			
1	Mallory Badding	11	Kuemper Cath
2	Hannah Olson	11	Estherville-
3	Sierra Foster	11	PCM, Monroe
4	Alysa Shirkey	11	Davis County
5	Megan Carley	12	Treynor
6	Mary Kate Bandstra	12	Pella Christ
7	Erin Schieltz	10	Madrid
8	Riley Christoffer	11	Estherville-

Event 19 Girls 400 Meter Dash 2A (24)

Thursday 5/16/2019 - 1:20 PM

State Record:	53.96	5/20/2010	Hannah Willms, Dike-NH
All-Time:	52.90	2018	Sydney Milani, Southeast Polk
Name		Year	School

Section 1 Timed Finals

1	Olivia Steffen	10	Panorama
2	Inga Dovre	10	Williamsburg
3	Megan Niewoehner	12	Sumner-Fredr
4	Jade Ridgely	09	South Cent C
5	Meridian Snitker	09	Waukon
6	Kelsey Drake	09	Wilton
7	Abby Ryan	10	Durant
8	Jordyn Gilpin	12	MO Valley

Section 2 Timed Finals

1	Kortney Drake	12	Wilton
2	Allison Waterman	12	Denver
3	Maya Herman	09	Van Meter
4	Katie Saner	12	Crestwood
5	Taylor Kvale	09	Dike-NH
6	Alyssa Bohr	09	N Fayette Va
7	Alayna Bakke	12	DSM Christia
8	Abby Welter	11	Cascade

Section 3 Timed Finals

1	Cassie Cox	12	North Cedar
2	Emilee Heynen	10	Western Chri
3	Sophia Jungling	11	Aplntn-Parks
4	Kennedy Kramer	10	W Lyon, Inwo
5	Erika Kuntz	09	KP-WC
6	Mikayla Turek	12	Unity Chrst,
7	Alexis Jensen	10	Dike-NH
8	Alyssa Pfadenhauer	12	Danville

Event 27 Girls 800 Meter Run 2A (24)

Saturday 5/18/2019 - 10:40 AM

State Record: 2:12.12 5/19/2007 Ashley Miller, Tipton
 All-Time: 2:07.18 2016 Joy Ripplinger, Assumption

Name	Year	School
=====		
Section 1 Timed Finals		
1	Kate	Crawford 11 ACGC
2	Macy	Engelson 09 South Hardin
3	Gwen	Steffen 10 Panorama
4	Macay	Van'tHul 11 Western Chri
5	Emma	Drake 11 Woodward-Gra
6	Emma	Squiers 12 Beckman
7	Megan	Johnson 11 Aplntn-Parks
8	Sophie	Spargur 11 Davis County
9	Miya	Messerich 11 Northeast, G
10	Kaylee	Knaack 11 R View/R Val
11	Lily	Anderson 12 Cherokee, Wa
12	Amanda	Smith 12 Tipton
Section 2 Timed Finals		
1	Taylor	Kvale 09 Dike-NH
2	Marie	Hostetler 11 Mid-Prairie,
3	Madeline	Rhomberg 12 Cascade
4	Natalie	O'Connor 09 Jesup
5	Amanda	Treptow 09 Jesup
6	Bailey	Nelson 12 Western Chri
7	Erika	Kuntz 09 KP-WC
8	Sophia	Jungling 11 Aplntn-Parks
9	Grace	Schaefer 11 Williamsburg
10	Mitzi	Evans 09 Mid-Prairie,
11	Lexi	Duffy 09 Okoboji, Mil
12	Allison	Waterman 12 Denver

Event 35 Girls 1500 Meter Run 2A (24)

Saturday 5/18/2019 - 2:53 PM

State Record: 4:33.41 5/20/2017 Anna Hostetler, Mid-Prairie,
 All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name	Year	School
=====		
Section 1 Timed Finals		
1	Ella	Waddle 10 Panorama
2	Kate	Crawford 11 ACGC
3	Natalie	O'Connor 09 Jesup
4	Marie	Hostetler 11 Mid-Prairie,
5	Sophia	Jungling 11 Aplntn-Parks
6	Madeline	Rhomberg 12 Cascade
7	Addison	Parrott 10 Danville
8	Emily	Treptow 12 Jesup
9	Lexi	Duffy 09 Okoboji, Mil
10	Emily	Haverdink 09 MOC-FV
11	Peyton	Pogge 10 Tri-Center
12	Whitney	Minderhoud 11 Western Chri
13	Madison	Schiernbeck 12 OABCIG
14	Tori	Castle 11 Treynor
15	Taylor	Winegarden 09 Williamsburg
16	Cassidy	Ihns 12 Crestwood
17	Hope	Dohlman 12 Crestwood

18	Angelina Evans	11	Mid-Prairie,
19	Grace Girard	12	W Marshall
20	Emily Jackson	09	New Hampton
21	Reece Johnson	09	Roland-Story
22	Jimena Fierro	11	West Liberty
23	Abbi Goering	09	I-35, Truro
24	Amanda Smith	12	Tipton

Event 43 Girls 3000 Meter Run 2A (24)

Thursday 5/16/2019 - 9:40 AM

State Record: 9:47.52 5/18/2017 Anna Hostetler, Mid-Prairie,

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School
------	------	--------

Section 1 Timed Finals

1	Whitney Minderhoud	11	Western Chri
2	Ella Waddle	10	Panorama
3	Peyton Pogge	10	Tri-Center
4	Marie Hostetler	11	Mid-Prairie,
5	Kate Crawford	11	ACGC
6	Cassidy Ihns	12	Crestwood
7	Addison Parrott	10	Danville
8	Emily Haverdink	09	MOC-FV
9	Anessa Schoo	12	Sheldon
10	Tori Castle	11	Treynor
11	Jimena Fierro	11	West Liberty
12	Annalee Bartles	10	Regina, IC
13	Allison Renfro	12	Mediapolis
14	Karle Kramer	09	Monticello
15	Madison Kelchen	12	Cascade
16	Ruth Jennings	09	Williamsburg
17	Grace Girard	12	W Marshall
18	Kaitlin Wille	12	Williamsburg
19	Trinity Etzel	09	Monticello
20	Kiley Chapman	10	North Cedar
21	Chloe Ristau	09	Denver
22	Madison Schiernbeck	12	OABCIG
23	Abbi Goering	09	I-35, Truro
24	Abbey McConeghey	11	Colfax-Mingo

Event 50 Girls 100 Meter Hurdles 2A (24)

Friday 5/17/2019 - 10:00 AM

State Record: 14.33 5/23/2009 Alex Gochenour, Logan-Mag.

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School
------	------	--------

Heat 1 Prelims

1	Hannah Irlbeck	12	Kuemper Cath
2	Drew Becker	12	Oelwein
3	Roxy Denton	11	Shenandoah
4	Paige Kisley	10	Osage
5	Melinda Puumala	12	E Marshall
6	Addie McDermott	12	Beckman
7	Margo Chipps	10	PCM, Monroe
8	Makenna Kleinhesselink	09	Sheldon

Heat 2 Prelims

1	Jordan Simon	11	Cascade
2	Kaiya Luneckas	11	West Branch
3	Morgan Johnk	12	Panorama
4	Heather Boeckenstedt	12	Beckman
5	Madeline Hinz	11	Garner-Hay/V
6	Hailey Foxhoven	11	Emmetsburg
7	Jessica Flaherty	12	Alta/Aurelia
8	Keitra Cabinboy	12	Okoboji, Mil

Heat 3 Prelims

1	Emma Cochran	12	Chariton
2	Linsey Ford	12	Wilton
3	Ellie Rickertsen	09	Northeast, G
4	Kelsey Koch	12	Forest City
5	Kiersten Fisher	10	Southeast Va
6	Kelly Proesch	10	North Cedar
7	Jessica Sump	11	Pocahon Area
8	Hailey Cavan	11	S Hamilton

Event 58 Girls 400 Meter Hurdles 2A (24)

Friday 5/17/2019 - 11:40 AM

State Record: 1:02.62 5/20/2011 Alex Gochenour, Logan-Mag

All-Time: 57.30 1975 Debbie Esser, Woodbine

Name Year School

Section 1 Timed Finals

1	Taylor Wedemeyer	12	Clarinda
2	Natalie Barth	11	Van Meter
3	Brooke Shafer	10	Eddyvl-Blake
4	Kaiya Luneckas	11	West Branch
5	Megan Juffer	09	Sioux Center
6	Claire Yaw	09	MOC-FV
7	Erica Rowe	11	Underwood
8	Alexis Pingel	09	Cherokee, Wa

Section 2 Timed Finals

1	Morgan Uhlenhopp	12	PCM, Monroe
2	Sydney Olson	11	Sheldon
3	Elizabeth Gibbs	09	Cascade
4	Delaney Joyce	10	Emmetsburg
5	Annie Gahan	10	Regina, IC
6	Zoe Miller	11	Jesup
7	Margo Chipps	10	PCM, Monroe
8	Kendall Leinenmann	09	Clarion-Gold

Section 3 Timed Finals

1	Kayla Cripps	12	W Marshall
2	Ellie Rickertsen	09	Northeast, G
3	Taylor Kvale	09	Dike-NH
4	Mikayla Turek	12	Unity Chrst,
5	Melinda Puumala	12	E Marshall
6	Ryin Lehmann	12	N Fayette Va
7	Jaylen Votroubek	11	West Branch
8	Ireland Pollock	10	Denver

Event 67 Girls 4x100 Meter Shuttle Hurdle 2A (24)

Thursday 5/16/2019 - 9:00 AM

State Record: 1:05.29 5/21/2011 West Fork, S, West Fork, S
 S Weiland, B Fleshner, L Peterson, T Twedt
 All-Time: 1:00.61 2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau

School

```
=====
Heat 1 Prelims
 1 Oelwein
 3 Beckman
 5 Sheldon
 7 Pleasantville
Heat 2 Prelims
 1 S Hamilton
 3 Emmetsburg
 5 North Linn
 7 Central Lee
Heat 3 Prelims
 1 Cherokee, Wash
 3 Cascade
 5 Osage
 7 Union, LaPorte C
Heat 4 Prelims
 1 Panorama
 3 West Branch
 5 Sioux Center
 7 Shenandoah
Heat 5 Prelims
 1 Tipton
 3 Garner-Hay/Vent
 5 Underwood
 7 Greene County
Heat 6 Prelims
 1 Waukon
 3 PCM, Monroe
 5 Van Meter
 7 Sumner-Fredrksbg
```

Event 72 Girls 4x100 Meter Relay 2A (24)

Friday 5/17/2019 - 12:40 PM

State Record: 49.30 5/17/2008 North Polk, North Polk
 S Humphrey, C Christensen, M Moeckly, J Andreassen
 All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
 CR Jefferson Tied in 2015

School

```
=====
Heat 1 Prelims
 1 Pocahon Area
 2 Van Buren
 3 Cherokee, Wash
 4 OABCIG
 5 Williamsburg
 6 Pleasantville
 7 Northeast, GL
 8 West Branch
Heat 2 Prelims
 1 Greene County
```

- 2 Treynor
- 3 Pella Christian
- 4 Mid-Prairie, W
- 5 Sioux Center
- 6 Sumner-Fredrksbg
- 7 Denver
- 8 Dike-NH

Heat 3 Prelims

- 1 Beckman
- 2 Union, LaPorte C
- 3 Panorama
- 4 Estherville-LC
- 5 Madrid
- 6 Osage
- 7 Cascade
- 8 Alta/Aurelia

Event 80 Girls 4x200 Meter Relay 2A (24)

=====
 Friday 5/17/2019 - 10:50 AM

State Record: 1:42.94 5/16/2008 North Polk, North Polk
 S Humphrey, C Christensen, M Moeckly, J Andreassen
 All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
 A Ranschau, J Blue, M Meese, L Schneekloth

School
 =====

Section 1 Timed Finals

- 1 Greene County
- 2 Pleasantville
- 3 Van Meter
- 4 Dike-NH
- 5 Van Buren
- 6 Osage
- 7 KP-WC
- 8 Tipton

Section 2 Timed Finals

- 1 Wapello
- 2 Mid-Prairie, W
- 3 Union, LaPorte C
- 4 Pella Christian
- 5 Cherokee, Wash
- 6 Denver
- 7 Cascade
- 8 Madrid

Section 3 Timed Finals

- 1 Pocahon Area
- 2 Williamsburg
- 3 Sumner-Fredrksbg
- 4 Estherville-LC
- 5 Treynor
- 6 Sioux Center
- 7 OABCIG
- 8 PCM, Monroe

Event 88 Girls 4x400 Meter Relay 2A (24)

=====
 Friday 5/17/2019 - 1:20 PM

State Record: 3:55.52 5/19/2012 Cascade, WD, Cascade, WD
 A Green, A Meyer, T Helmle, A Gibbs
 All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
 S Houlihan, R Mikulicz, E McCarthy, E Dougherty
 School

=====
 Heat 1 Prelims
 1 Louisa-Musc
 2 Madrid
 3 Panorama
 4 KP-WC
 5 Van Meter
 6 Okoboji, Milford
 7 Clarion-Golddfd-Dows
 8 Tri-Center

Heat 2 Prelims
 1 Roland-Story
 2 Forest City
 3 Williamsburg
 4 Sioux Center
 5 Cascade
 6 Jesup
 7 Tipton
 8 PCM, Monroe

Heat 3 Prelims
 1 N Fayette Val
 2 Emmetsburg
 3 North Linn
 4 Dike-NH
 5 Western Christ
 6 Waukon
 7 Treynor
 8 New Hampton

Event 96 Girls 4x800 Meter Relay 2A (24)

=====
 Thursday 5/16/2019 - 11:20 AM

State Record: 9:25.23 5/19/2016 Monticello, Monticello
 P Holub, K Anderson, J Patterson, C Gadiant
 All-Time: 9:09.09 2001 Iowa City West, Iowa City West
 School

=====
 Section 1 Timed Finals

1 Forest City
 2 Roland-Story
 3 Waukon
 4 Panorama
 5 New Hampton
 6 Crestwood
 7 Sumner-Fredrksbg
 8 Mid-Prairie, W
 9 Tipton
 10 Woodward-Grangr
 11 ACGC
 12 Northeast, GL

Section 2 Timed Finals

1 Aplntn-Parksbg

- 2 Cascade
- 3 Sioux Center
- 4 Western Christ
- 5 Jesup
- 6 Tri-Center
- 7 Okoboji, Milford
- 8 Underwood
- 9 Bellevue
- 10 Cherokee, Wash
- 11 North Linn
- 12 Williamsburg

Event 110 Girls 800 Sprint Medley 2A (24)

=====
 Saturday 5/18/2019 - 9:12 AM

State Record: 1:46.35 5/22/2010 Dike-NH, Dike-NH
 A Dove, M Daley, N Hensley, H Willms
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
 A Rolle, O Hubler, J Bennett, P Wensel
 School

=====
 Section 1 Timed Finals

- 1 Cherokee, Wash
- 2 North Linn
- 3 Madrid
- 4 Cascade
- 5 Red Oak
- 6 Tri-Center
- 7 Davis County, B
- 8 Greene County

Section 2 Timed Finals

- 1 Dike-NH
- 2 PCM, Monroe
- 3 Emmetsburg
- 4 Western Christ
- 5 North Cedar
- 6 Northeast, GL
- 7 Pella Christian
- 8 Danville

Section 3 Timed Finals

- 1 Estherville-LC
- 2 Denver
- 3 Unity Chrst, OC
- 4 KP-WC
- 5 W Lyon, Inwood
- 6 Mid-Prairie, W
- 7 Williamsburg
- 8 Regina, IC

Event 118 Girls High Jump 2A (24)

=====
 Friday 5/17/2019 - 11:30 AM

State Record: 5-11 5/22/2009 Hannah Willms, Dike-NH
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford
 Name Year School

=====
 Flight 1 Finals

1	Shae Dillavou	09	Forest City
2	Mallory Becker	09	Jesup
3	Africa Brandon	12	Davis County
4	Myra Bolton	12	Ogden
5	Kayla Cripps	12	W Marshall
6	Mikayla Prusha	11	West Branch
7	Kirsten Dausel	12	OABCIG
8	Inga Dovre	10	Williamsburg
9	Gabrielle Guilford	10	Monticello
10	Kiersten Schmitt	09	Beckman
11	Helaina Hillyard	11	Mediapolis
12	Libby Schwamman	11	Osage
13	Camrin Baird	09	KP-WC
14	Kaylynn Ridgely	11	South Cent C
15	Payten Lode	09	Sheldon
16	Kaylee Shivers	11	Pocahon Area
17	MacKenzie Shields	12	Mount Ayr
18	Chloe Largent	09	ACGC
19	Sydney Durbin	12	OABCIG
20	Jacie Vander Waal	10	Sioux Center
21	Rachel Patton	11	Roland-Story
22	Morgan Johnk	12	Panorama
23	Jaedynn Evans	12	Regina, IC
24	Kiersten Fisher	10	Southeast Va

Event 126 Girls Long Jump 2A (24)

Thursday 5/16/2019 - 11:30 AM

State Record: 18-11.50 5/18/2006 Dani Stipe, Kuem Cath Carrol

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name	Year	School
------	------	--------

Flight 1 Finals

1	Olivia Murry	10	Davis County
2	Jessica Sump	11	Pocahon Area
3	Aubree Bell	09	KP-WC
4	Kelsey Koch	12	Forest City
5	Kaylynn Ridgely	11	South Cent C
6	Emma Meyer	10	W Lyon, Inwo
7	Emy Seeser	10	Camanche
8	Zoe Miller	11	Jesup
9	Alexis Kuecker	11	PCM, Monroe
10	Kelsey Drake	09	Wilton
11	Kylee Sanders	10	Louisa-Musc
12	Brianna Osterson	10	Greene Count

Flight 2 Finals

1	Rachel Rinken	11	New Hampton
2	Macy Daufeldt	09	West Liberty
3	Kassidy Bremer	12	Panorama
4	Heather Boeckenstedt	12	Beckman
5	Ivy Hirsch	12	Sumner-Fredr
6	Ashlyn Albrecht	12	Sheldon
7	Mallory Badding	11	Kuemper Cath
8	Katie Saner	12	Crestwood
9	Mikayla Turek	12	Unity Chrst,
10	Kasey Pelzer	11	Pleasantvill
11	Melinda Puumala	12	E Marshall

12 Bailey Beckman 12 Panorama

Event 134 Girls Discus Throw 2A (24)

Friday 5/17/2019 - 9:00 AM

State Record: 172-00 5/20/2016 Kiana Phelps, KP-WC

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

Flight 1 Finals

1	Kendyl Ruschy	10	Estherville-
2	Ellen Mallory	11	MVAOCO
3	Emily Kraft	11	KP-WC
4	Gracie Mobley	11	Mount Ayr
5	Annika Headington	10	Waukon
6	Liz Bierman	10	Tipton
7	Haylee Seidler	10	Underwood
8	Tori Boyse	10	Mid-Prairie,
9	Molly Schany	11	Emmetsburg
10	Brooklynn Olson	10	Greene Count
11	Hailey Gadbow	12	Madrid
12	Madison McDermott	12	ACGC

Flight 2 Finals

1	Marina Diez Pousa	10	Jesup
2	Lily Skartvedt	12	S Hamilton
3	Jenna Pagel	12	Sumner-Fredr
4	Sharon Goodman	11	Crestwood
5	Jill Holub	11	Williamsburg
6	Allison Van Gorp	10	Pella Christ
7	Logan Hughes	12	Shenandoah
8	Lydia Knapp	12	Panorama
9	Shayla Oster	10	Bellevue
10	Jamie Kofron	12	Tipton
11	Megan Niewoehner	12	Sumner-Fredr
12	Brylie Zeisneiss	12	South Hardin

Event 142 Girls Shot Put 2A (24)

Thursday 5/16/2019 - 9:00 AM

State Record: 48-08.75 5/19/2016 Kiana Phelps, KP-WC

All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name Year School

Flight 1 Finals

1	Sara Morales	09	Shenandoah
2	Lily Skartvedt	12	S Hamilton
3	Claire Abbott	11	Northeast, G
4	Ashley Vanfossan	12	Underwood
5	Kristen Reicks	12	Crestwood
6	Shayla Oster	10	Bellevue
7	Lauren Pope	10	Williamsburg
8	Annie Brennan	11	Emmetsburg
9	Samantha McConahay	12	Wapello
10	Madison McDermott	12	ACGC
11	Riley Knobloch	12	W Lyon, Inwo
12	Braedynn Rawlins	12	Colfax-Mingo

Flight 2 Finals

1	Emily Kraft	11	KP-WC
2	Zoe Rus	10	Underwood
3	Payton Jaeger	11	Monticello
4	Renae Schaper	11	W Marshall
5	Allison Van Gorp	10	Pella Christ
6	Breanna Nail	11	Williamsburg
7	Abby Boehm	10	N Fayette Va
8	Annika Headington	10	Waukon
9	Logan Hughes	12	Shenandoah
10	Hailey Gadbow	12	Madrid
11	Brylie Zeisneiss	12	South Hardin
12	Jamie Kofron	12	Tipton

Event 149 Girls Distance Medley 2A (24)

=====
 Friday 5/17/2019 - 9:00 AM

State Record: 4:06.86 5/19/2006 Tipton, Tipton
 C Kotz, B Latare, M Miller, A Miller
 All-Time: 3:55.82 2017 Assumption, Assumption
 School

=====

Section 1 Timed Finals

- 1 North Linn
- 2 W Marshall
- 3 West Branch
- 4 New Hampton
- 5 Louisa-Musc
- 6 Sheldon
- 7 South Hardin
- 8 R View/R Valley

Section 2 Timed Finals

- 1 Forest City
- 2 ACGC
- 3 Western Christ
- 4 Red Oak
- 5 Emmetsburg
- 6 Okoboji, Milford
- 7 Davis County, B
- 8 Tipton

Section 3 Timed Finals

- 1 Jesup
- 2 Panorama
- 3 Aplntn-Parksbg
- 4 Mid-Prairie, W
- 5 Cascade
- 6 Williamsburg
- 7 Treynor
- 8 Tri-Center