



Iowa Girls' High School Athletic Union

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www.ighsau.org

2024 IGHS AU SUPER REGIONAL & STATE WRESTLING SCHEDULE

Super Regional Tournament: January 26, 2024

- Regions 1 and 2 - Sioux City, Tyson Events Center
- Regions 3 and 4 - Des Moines, HyVee Hall
- Regions 5 and 6 - Cedar Rapids, Alliant Energy PowerHouse
- Regions 7 and 8 – Mason City, High School/Fieldhouse

Super Regional Schedule:

- 6:30 AM Pass Gate opens for athletes, coaches, managers, cheerleaders, workers
- 8:00 AM Weigh-ins and skin checks begin
- 9:00 AM Doors open to spectators
- 10:00 AM Wrestling begins
- 8:00 PM Estimated finish time

STATE TOURNAMENT SCHEDULE:

February 1st & 2nd, Xtream Arena, Coralville

Thursday, February 1

7:00 AM- Green State Fieldhouse -Athlete Pass Gate doors open to athletes/coaches/cheerleaders

8:00 AM - Weigh-ins (athletes, line-up at 7:45am)- Court 4 of Green State Fieldhouse

Morning Session - 8 mats (10:00 AM - 3:00 PM)

First Round, Second Round & 1st Wrestleback

Evening Session- 8 mats (6:00 PM - 9:00 PM)

Quarterfinals & 2nd Wrestleback o 3rd Wrestleback

Friday, February 2

7:00 AM- Green State Fieldhouse -Athlete Pass Gate doors open to athletes/coaches/cheerleaders

8:00 AM - Weigh-ins (athletes, line-up at 7:45am)- Court 4 of Green State Fieldhouse

Morning Session- 6 mats (10:00 AM - 2:00 PM)

Semi-Finals & 4th Wrestleback o 5th Wrestleback o 6th Wrestleback o 7th place matches

Evening Session/Finals- 3 mats (6:00 PM - 9:00 PM)

Presentation of IWCOA Awards o Grand March o Championship, 3rd place, 5th place matches o

Awards Presentations – All weight classes, immediately following the conclusion of all wrestling

Medals will be awarded to the 1st-8th place finishers for all weight classes. Team trophies will be awarded to the 1st-3rd place teams.