

BASKETBALL Rule 3 - Players, Substitutes, and Equipment

Section 5 - Team Members' Equipment, Apparel

Article 1 - The referee shall not permit any team member to wear equipment or apparel which, in his/her judgment, is dangerous or confusing to other players or is not appropriate.

Article 2 - Guards, casts, braces, and compression sleeves must meet the following guidelines:

- a. A guard, cast or brace made of hard and unyielding substance such as, but not limited to, leather, plaster, plastic, or metal shall **not** be worn on the elbow, hand, finger, wrist or forearm, even though covered with soft padding.
- b. Hard and unyielding items (guards, casts, braces, etc.) on the upper arm or shoulder must be padded with a closed-cell, slow recovery foam padding no less than 1/2" thick.
- c. Knee & ankle braces which are unaltered from the manufacturer's original design/production are permitted and do not require any additional padding/covering.
- d. A protective face mask may be worn and made of hard material, but must be worn molded to the face with no protrusions.
- e. Must be worn for medical reasons.

Article 3 – Arm sleeves, knee sleeves, lower leg sleeves and tights are permissible:

- a. Anything worn on the arm and/or leg is a sleeve, except a knee brace, and shall meet the color restrictions. The sleeves/tights shall be black, white, beige or the predominant color of the uniform and the same color sleeves/tights shall be worn by teammates.

All sleeves/tights shall be the same solid color.

Meet the logo requirements in 3-6.

Note: In general, a brace is defined as anything that contains hinges and/or straps or an opening over the knee cap.

Article 4 – Wristbands and headwear shall meet the following guidelines:

- a. Headbands and sweatbands shall be white, black, beige, or a single solid **school** color provided all team members are wearing the same color for each item for each participant.

b. A headband is any item that goes around the entire head. If worn, only one headband is permitted, it must be worn on the forehead/crown, it must be nonabrasive and unadorned, and it must be a maximum of 3 inches.

c. If worn, only one wristband is permitted on each wrist, each must be worn on the arm below the elbow, each must be moisture absorbing, nonabrasive and unadorned, and each must be a maximum of 4 inches.

d. Rubber, cloth or elastic bands, may be used to control hair. Pre-wrap is considered a hair device and may be used without color restrictions. Hard items, including, but not limited to, beads, barrettes and bobby pins, are prohibited.

e. Head decorations and headwear, except those specified above, are prohibited.

Exception: State associations may on an individual basis allow a player to participate while

wearing a head covering, if it meets the following criteria:"

a. For medical or cosmetic reasons - In the event a participant is required by a licensed medical physician to cover his/her head with a covering or wrap, the physician's statement is required before the state association can approve a covering or wrap which is not abrasive, hard or dangerous to any other player and which is attached in such a way it is highly unlikely it will come off during play.

b. For religious reasons - In the event there is documented evidence provided to the state association that a participant may not expose his/her uncovered head, the state association may approve a covering or wrap which is not abrasive, hard or dangerous to any other player and which is attached in such a way it is highly unlikely it will come off during play.

Article 7 - Compression shorts may be worn if the length is above the knee and they are of a single color similar to the predominant color of the pants/skirt. Undergarment or tights shall not extend below the knee.

Article 8 - Jewelry is prohibited. Religious or **medical alert medals** are not considered jewelry. A religious medal must be taped and worn under the uniform. ***A medical alert bracelet** must be taped and may be visible.