

# IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

printed: 10/21/2022 11:45 AM

## EVENT ENTRIES

### #4 Class 2A Boys 5000M

#	Name	Yr	Team
960	Seth Countryman	SO	Anamosa
961	Shea Keister	SR	Anamosa
962	Brent Crabb	FR	Chariton
963	David Crabb	JR	Chariton
964	Connor Dixon	JR	Chariton
965	Bradley Hobbs	JR	Chariton
966	Samuel Kerns	SO	Chariton
967	Dreavin Shenefield	JR	Chariton
968	Blane Wallace	SR	Chariton
969	Grant Barr	JR	Clarinda
970	Forrest Eberly	SR	Clarinda
971	Rylan Henke	SR	Clarinda
972	Alex Lihs	JR	Clarinda
973	Jonah Norton	JR	Clarinda
974	Treyton Schaapherder	JR	Clarinda
975	Kyle Wagoner	SO	Clarinda
976	Dominic Bigalk	JR	Crestwood Cresco
977	AJ Bonnesen	SR	Danville/New London
978	Cauy Garrett	SR	Danville/New London
979	Shinn Isaac	FR	Danville/New London
980	Rylan Martin	SR	Danville/New London
981	Nick Powell	SO	Danville/New London
982	Jackson Shacklett	SO	Danville/New London
983	Talan Whaley	JR	Danville/New London
984	Trevor Baas	SO	Denver
985	Jayden Herrmann	SR	Denver
986	Talan LaFrentz	SO	Denver
987	Jack Mulert	SR	Denver
988	Neal Pinter	JR	Denver
989	Maxwell Schwandt	SR	Denver
990	Gabe Swales	SO	Denver
991	Aaron Fynaardt	SR	Des Moines Christian
992	Jack Gummert	JR	Des Moines Christian
993	Collin Houg	JR	Des Moines Christian
994	Curren Johnson	SR	Des Moines Christian
995	Jack McPartland	JR	Des Moines Christian
996	Jaden Sisler	SO	Des Moines Christian
997	Caleb Ten Pasa	FR	Des Moines Christian
998	Drake Weland	SR	Eagle Grove
999	Parker Engel	JR	East Sac County
1000	Landon Sporrer	FR	East Sac County
1001	Sam Seddon	SR	Eddyville-Blakesburg-Fr
1002	Parker Duitsman	JR	Estherville Lincoln Cent
1003	Ethan Bertram	FR	Forest City
1004	Silas Gann	FR	Forest City
1005	Ethan Johnson	SR	Forest City

### #4 Class 2A Boys 5000M (cont'd)

#	Name	Yr	Team
1006	Parker Sharp	SR	Forest City
1007	Carson Strukel	SR	Forest City
1008	Jadyn Welch	SR	Forest City
1009	Josiah Welch	SR	Forest City
1010	Bronson Buitenwerf	SR	Garner-Hayfield-Ventur
1011	Zach Flatebo	SO	Garner-Hayfield-Ventur
1012	Caleb Good	SO	Garner-Hayfield-Ventur
1013	Connor Hammitt	JR	Garner-Hayfield-Ventur
1014	Garrett Heller	SR	Garner-Hayfield-Ventur
1015	Jonah Pringnitz	FR	Garner-Hayfield-Ventur
1016	Scylar Schulze	SR	Garner-Hayfield-Ventur
1017	Kaden Lynch	JR	GCGR Grundy Center
1018	Emerson Vokes	FR	GCGR Grundy Center
1019	Lane Henrichs	SR	GLR-CL
1020	Noah Hinote	SO	Greene County
1021	Mason Maiers	SR	Interstate 35 Truro
1022	Ben Reyes	SR	Interstate 35 Truro
1023	Austin Vander Werf	JR	Interstate 35 Truro
1024	Nathan Pint	SO	Jesup
1025	Tyler Bratkowski		Mediapolis
1026	Jeff Campbell	SR	Mediapolis
1027	Mak Kennedy	SR	Mediapolis
1028	Ben Rice		Mediapolis
1029	Logan Rosas		Mediapolis
1030	Owen Schmidgall	JR	Mediapolis
1031	Solomon Zaugg	JR	Mediapolis
1032	Blake Creed	SR	Mid-Prairie Wellman
1033	Daniel Rodgers	JR	Mid-Prairie Wellman
1034	Jordan Stock	SR	Mid-Prairie Wellman
1035	Jesse Stultz	FR	Mid-Prairie Wellman
1036	Emmett Swartzentruber	SO	Mid-Prairie Wellman
1037	Nathan Wallington	SR	Mid-Prairie Wellman
1038	Preston Yutzy	SO	Mid-Prairie Wellman
1039	Chesney Capron	SR	Monticello
1040	Peyton Anderson	SR	New Hampton
1041	Benjamin Driscoll	JR	Oelwein
1042	Gabe Driscoll	FR	Oelwein
1043	Ray Gearhart	SR	Oelwein
1044	Conall Sauser	SO	Oelwein
1045	Caleb Schunk	SO	Oelwein
1046	Jacob Sullivan	SR	Oelwein
1047	Keshaun Williams	FR	Oelwein
1048	Trigg Heimdal	SO	Okoboji Milford
1049	Christian Hesse	SR	Okoboji Milford
1050	Dakota Hesseltine	SR	Okoboji Milford
1051	Dylan Jones	SR	Okoboji Milford

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### #4 Class 2A Boys 5000M (cont'd)

#	Name	Yr	Team
1052	Akron Jostand	JR	Okoboji Milford
1053	Evan Osler	SO	Okoboji Milford
1054	Drew Sandven	JR	Okoboji Milford
1055	Paxton Bouma	FR	Pella Christian
1056	Deacon Branderhorst	SO	Pella Christian
1057	Tysen DeVries	JR	Pella Christian
1058	Ben Gosselink	SR	Pella Christian
1059	Sawyer Meinders	FR	Pella Christian
1060	Shaun Oosterheert	JR	Pella Christian
1061	Kaden Van Wyngarden	SR	Pella Christian
1062	Oscar Hanson	JR	Southeast Valley Gowri
1063	Cooper Nuss	SR	Southeast Valley Gowri
1064	Brandon Hughes	SO	Spirit Lake
1065	Charlie Sieck	SR	Starmont West Central
1066	Caleb Bohlmann	FR	Tipton
1067	Clay Bohlmann	SO	Tipton
1068	Brody Deerberg	SR	Tipton
1069	Maxson Fogg	SO	Tipton
1070	Jett Kamberling	FR	Tipton
1071	Ty Nichols	SR	Tipton
1072	Andrew Shumaker	JR	Tipton
1073	Mason Yochum	SR	Treynor
1074	Jonathon Breems	SR	Unity Christian Orange
1075	Ezra Landman	JR	Unity Christian Orange
1076	Iain Monroe	SR	Unity Christian Orange
1077	Daylen Mulder	JR	Unity Christian Orange
1078	Lane Scholten	SO	Unity Christian Orange
1079	Stephen Schreurs	JR	Unity Christian Orange
1080	Ethan Wynia	SO	Unity Christian Orange
1081	Lincoln Bainbridge	FR	Van Buren County
1082	Luka Hulse	SO	Van Meter
1083	Connor Cahoon	JR	Waukon
1084	Skyler Dugan	JR	Waukon
1085	Wyatt Gulla	JR	Waukon
1086	Josh Keenan	SR	Waukon
1087	Nate Keenan	SR	Waukon
1088	Nathan O'Neill	SR	Waukon
1089	Isaac Reisinger	SO	Waukon
1090	Sam Meester	SR	West Lyon Inwood
1091	Noah DeWeerd	JR	Western Christian Hull

### #6 Class 3A Boys 5000M

#	Name	Yr	Team
137	Hubie Chaplin	JR	ADM Adel
138	Isaac Chapman	SO	ADM Adel
139	Desmarais Harrison	SR	ADM Adel
140	Keegan Holdmeyer	SO	ADM Adel
141	Hunter Landphair	JR	ADM Adel
142	Pierson Lee	SR	ADM Adel
143	Torin Timmerman	SO	ADM Adel
144	Ryan Stundahl	SR	Algona
145	Devon Fields	SO	Atlantic
146	Kamden Brown	SO	Carlisle
147	Ezra DeCleene	JR	Carlisle
148	Chase Gach	JR	Carlisle
149	Logan Howard	SR	Carlisle
150	Brody Roth	JR	Carlisle
151	Kael Streeter	FR	Carlisle
152	Zach Streeter	JR	Carlisle
153	Caleb Olson	SO	Central DeWitt
154	Xander Graeser	SO	Charles City
155	Nick Williams	SO	Charles City
156	Jamie Hayes	JR	Clear Creek-Amara
157	Brock Hilsman	SO	Clear Creek-Amara
158	Logan Kafer	JR	Clear Creek-Amara
159	Cameron Kimm	SR	Clear Creek-Amara
160	Isaac Sorensen	SO	Clear Creek-Amara
161	Peyton Stadler	SR	Clear Creek-Amara
162	Thomas Stiltner	JR	Clear Creek-Amara
163	Jack Crane	SR	Clear Lake
164	Richard Gonzalez	SO	Denison Community
165	Thomas Blair	SR	Epworth Western Dubu
166	Derek Fangmann	SR	Epworth Western Dubu
167	Isaiah Hammerand	SR	Epworth Western Dubu
168	Drew Meyer	SR	Epworth Western Dubu
169	Levi Meyer	SR	Epworth Western Dubu
170	Quentin Nauman	FR	Epworth Western Dubu
171	Brody Staner	SO	Epworth Western Dubu
172	John Cottrell	JR	Fort Madison
173	Nolan Guzman	FR	Fort Madison
174	Castille Johnstun	SO	Fort Madison
175	Peyton Lambert	FR	Fort Madison
176	Mason McLey	FR	Fort Madison
177	Jacob Shottenkirk	SO	Fort Madison
178	Riley Tripp	FR	Fort Madison
179	Emmett Barber	SO	Gilbert
180	Harrison Kraehling	JR	Gilbert
181	Zain Mueller	JR	Gilbert
182	Carson Squiers	FR	Gilbert

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### #6 Class 3A Boys 5000M (cont'd)

#	Name	Yr	Team
183	Preston Stensland	FR	Gilbert
184	William Wadsley	SR	Gilbert
185	Nolan Weber	SR	Gilbert
186	Dillon Anderson	SR	Glenwood
187	Kevin Coots	FR	Glenwood
188	Jackson Griffin	SR	Glenwood
189	Liam Hays	JR	Glenwood
190	Bryant Keller	JR	Glenwood
191	Preston Slayman	SR	Glenwood
192	Andrew Smith	JR	Glenwood
193	Isaac Rankin	FR	Knoxville
194	Jacob Greving	JR	Kuemper Catholic Carro
195	Ryan North	JR	Kuemper Catholic Carro
196	Trace Obbink	JR	LeMars
197	Marshall Arkfeld	SO	Lewis Central
198	Jaxon Brewer	SO	Lewis Central
199	Kade Diercks	JR	Lewis Central
200	Ethan Eichhorn	JR	Lewis Central
201	Asher Rodenburg	FR	Lewis Central
202	Richard Selken	SO	Lewis Central
203	Drew White	SR	Lewis Central
204	Cooper Cook	JR	Marion
205	Jordan Fischer	JR	Marion
206	Jace Fopma	SR	Marion
207	Chris Oberbroeckling	SR	Marion
208	Jedidiah Osgood	SR	Marion
209	Jakob Regennitter	SR	Marion
210	Jarred Regennitter	SR	Marion
211	Nathan Anderson	SO	Moc-Floyd Valley
212	Micah DeYoung	SR	Moc-Floyd Valley
213	Thatcher Doughan	FR	Moc-Floyd Valley
214	Isaiah Hulshof	SR	Moc-Floyd Valley
215	Trevor Mirande	SO	Moc-Floyd Valley
216	Micah Schmidt	SO	Moc-Floyd Valley
217	Ian Van Der Werff	SO	Moc-Floyd Valley
218	Ben Carthey	JR	Mount Pleasant
219	Zach Fall	SR	Mount Vernon-Lisbon
220	Junior Krob	SR	Mount Vernon-Lisbon
221	Seamus O'Connor	SO	Mount Vernon-Lisbon
222	Grady Olberding	SO	Mount Vernon-Lisbon
223	Klayten Perreault	JR	Mount Vernon-Lisbon
224	Wesley Sadler	SO	Mount Vernon-Lisbon
225	Dawson Scheil	FR	Mount Vernon-Lisbon
226	Carter Holland	JR	Nevada
227	Grant Aspengren	JR	North Polk Alleman
228	Nolan Mandernach	JR	North Polk Alleman

### #6 Class 3A Boys 5000M (cont'd)

#	Name	Yr	Team
229	Alik McIlravy	JR	North Polk Alleman
230	Max Spora	SR	North Polk Alleman
231	Zach Spora	SR	North Polk Alleman
232	Austin Stierman	SR	North Polk Alleman
233	Ethan Stierman	SR	North Polk Alleman
234	Devon Browne	SO	Pella
235	Canaan Dunham	FR	Pella
236	Chase Lauman	SR	Pella
237	Zack Neumann	SR	Pella
238	Noah Schuknecht	FR	Pella
239	Cooper Vande Voort	SR	Pella
240	Nathan VanderWaal	JR	Pella
241	Evan Janzen	SR	Sergeant Bluff-Luton
242	Easton VanDenBerg	SR	Sioux Center
243	Wyatt Applegarth	JR	Solon
244	Grant Bumsted	JR	Solon
245	Evan Burg	SO	Solon
246	Brick Kabela	JR	Solon
247	Camden Lyons	FR	Solon
248	Lawsin Sinwell	JR	Solon
249	Michael Yeomans	JR	Solon
250	James Brant	JR	South Tama County Ta
251	Tommy Tynnismaa	JR	South Tama County Ta
252	Luiz Martinez	JR	Storm Lake
253	Joel Ramirez-Parra	FR	Storm Lake
254	Elijah Blix	SR	Vinton-Shellsburg
255	Eli Page	JR	Vinton-Shellsburg
256	Jayden Brookins	FR	Wahlert Dubuque
257	Kyle Powers	SO	Wahlert Dubuque
258	Tyler Alderton	SO	Washington
259	Micah Rees	JR	Washington
260	Caleb Hoins	SR	Waverly-Shell Rock
261	Mason Back	SR	Winterset
262	Eli Cowman	JR	Winterset
263	Ethan Easter	SR	Winterset
264	Luke Heithoff	SR	Winterset
265	Sam Hensley	JR	Winterset
266	Collin Kessler	SO	Winterset
267	Liam Sutton	JR	Winterset

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### #8 Class 4A Boys 5000M

#	Name	Yr	Team
393	Ahmed Aldamak	JR	Ames
394	Zachary Lenkaitis	SO	Ames
395	Jake Bosch	JR	Ankeny
396	Tate Brownsberger	SO	Ankeny
397	Aidan Farrell	JR	Ankeny
398	Levi Hill	SR	Ankeny
399	Ike Smith	FR	Ankeny
400	Abel Squires	JR	Ankeny
401	Ethan Zuber	SO	Ankeny
402	Aj Schermerhorn	JR	Ankeny Centennial
403	Chase Wakefield	JR	Bettendorf
404	AJ Willey	FR	Bettendorf
405	Colby Cryer	SR	Cedar Falls
406	Gavin Denholm	SR	Cedar Falls
407	John Ferguson	SO	Cedar Falls
408	Luke Hartman	JR	Cedar Falls
409	Colin Johnson	SR	Cedar Falls
410	Connor Martin	SO	Cedar Falls
411	Jaden Merrick	FR	Cedar Falls
412	Jacob Bruns	JR	Cedar Rapids Kennedy
413	Slader Buckheister	FR	Cedar Rapids Kennedy
414	Adam Gray	FR	Cedar Rapids Kennedy
415	Henry McMahan	JR	Cedar Rapids Kennedy
416	Reece Murray	JR	Cedar Rapids Kennedy
417	Reuben Schlaak	SO	Cedar Rapids Kennedy
418	Miles Wilson	SR	Cedar Rapids Kennedy
419	Aj Angus	JR	Dallas Center-Grimes
420	Jack Every	JR	Dallas Center-Grimes
421	Aj Acheson	FR	Des Moines Roosevelt
422	Will Beaumont	JR	Des Moines Roosevelt
423	Owen Marett	SO	Des Moines Roosevelt
424	Matthew Bootman	JR	Dowling Catholic West
425	Max DeRocher	JR	Dowling Catholic West
426	Jack Flori	SO	Dowling Catholic West
427	Jackson Heidesch	SR	Dowling Catholic West
428	Nick Klocke	SR	Dowling Catholic West
429	Flynn Milligan	SR	Dowling Catholic West
430	Owen Wolfe	SO	Dowling Catholic West
431	Charlie Driscoll	JR	Dubuque Hempstead
432	Micah Fern	FR	Dubuque Hempstead
433	Will Houselog	SO	Dubuque Hempstead
434	Zack Johnson	JR	Dubuque Hempstead
435	Brandon Kass	SO	Dubuque Hempstead
436	Caleb Kass	SR	Dubuque Hempstead
437	John Maloney	JR	Dubuque Hempstead
438	Noah Carey	SR	Iowa City City High

### #8 Class 4A Boys 5000M (cont'd)

#	Name	Yr	Team
439	Braeden Marker	SR	Iowa City City High
440	Owyn Noble	JR	Iowa City City High
441	Ayman Noreldaim	SR	Iowa City City High
442	Ammon Smith	SR	Iowa City City High
443	Truman Thompson	SR	Iowa City City High
444	Ford Washburn	SR	Iowa City City High
445	Aidan Decker	JR	Iowa City Liberty
446	Noah Gregoire	SO	Iowa City Liberty
447	Seth Cheney	SR	Iowa City West
448	Moustafa Tia	SO	Iowa City West
449	Jack Coen	JR	Johnston
450	Carson Lane	SR	Johnston
451	Garrett Ness	SO	Johnston
452	Aidan O'Connor	SR	Johnston
453	Brayden Picken	JR	Johnston
454	Jaxson Plumb	SR	Johnston
455	Holden Schug	SO	Johnston
456	Luke Steffen	SR	Linn-Mar Marion
457	Jess Cornick	SR	Mason City
458	Nik Davis	SR	North Scott Eldridge
459	Tony Anania	SO	Norwalk Community
460	Jack Brown	SR	Norwalk Community
461	Noah Buhrow	JR	Norwalk Community
462	Donovan Card	SR	Norwalk Community
463	Will Chase	SR	Norwalk Community
464	Ben Hanson	SR	Norwalk Community
465	Teegan Kralik	FR	Norwalk Community
466	Luke Knepp	SR	Pleasant Valley
467	Andrew Miller	SR	Pleasant Valley
468	Jacob Mumey	SR	Pleasant Valley
469	Tyler Nels	JR	Pleasant Valley
470	Jack Perry	SO	Pleasant Valley
471	Carl Rekow	JR	Pleasant Valley
472	Max Sorgenfrey	JR	Pleasant Valley
473	Harrison Allard	SR	Prairie Cedar Rapids
474	Bennett Allred	SO	Prairie Cedar Rapids
475	Zach Cooper	SR	Prairie Cedar Rapids
476	Anson Fauchier	SR	Prairie Cedar Rapids
477	Landon Kahler	JR	Prairie Cedar Rapids
478	Nick Lee	SO	Prairie Cedar Rapids
479	Jaxon Sickels	SR	Prairie Cedar Rapids
480	Raul Gomez	SR	Sioux City North
481	Beshanena Gutema	SR	Sioux City North
482	Natneal Kifle	JR	Sioux City North
483	Steven Kling	JR	Sioux City North
484	Abubekar Kumbi	JR	Sioux City North

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#	Name	Yr	Team
485	Gabe Nash	SR	Sioux City North
486	Connor Schultz	SO	Sioux City North
487	Rylan Althof	JR	Southeast Polk
488	Luke Bartlett	SO	Southeast Polk
489	Brock Johnson	SO	Southeast Polk
490	Bruce Johnson	JR	Southeast Polk
491	Aydin McNeley	JR	Southeast Polk
492	Brice McNeley	JR	Southeast Polk
493	Carson Owens	SR	Southeast Polk
494	Andrew Donoho	SR	Urbandale
495	Nate Hammerand	JR	Urbandale
496	Tommy Hensley	JR	Urbandale
497	Evan Leggett	SR	Urbandale
498	Sidney Shide	SO	Urbandale
499	Blake Smith	SO	Urbandale
500	Ethan Smith	SR	Urbandale
501	Jackson Bergman	JR	Valley West Des Moines
502	Jack Cavan	JR	Valley West Des Moines
503	Jacob Forney	JR	Valley West Des Moines
504	Will Johnson	SR	Valley West Des Moines
505	Aidan Limback	SR	Valley West Des Moines
506	Evan McClinton	JR	Valley West Des Moines
507	Jonathan Owen	SO	Valley West Des Moines
508	Garrett Weber	SR	Waukee
509	Joel Bloomer	JR	Waukee Northwest
510	Aidan Cooper	JR	Waukee Northwest
511	Kal Hoppe	SR	Waukee Northwest
512	Zack Janulewicz	SO	Waukee Northwest
513	Cael Klinkenborg	SR	Waukee Northwest
514	Drew Lehman	SR	Waukee Northwest
515	Kellen Tuyls	FR	Waukee Northwest

### #2 Class 1A Boys 5000M

#	Name	Yr	Team
667	Bo Arrasmith	JR	ACGC
668	Lance Bunde	JR	ACGC
669	Tyconder Ellis	SR	ACGC
670	Noah Kading	SO	ACGC
671	Andrew Mahaffey	JR	ACGC
672	Justin Reinhart	SR	ACGC
673	Gavin Sloss	SO	ACGC
674	Braden Sonksen	SR	Alta-Aurelia
675	Daniel Schoening	JR	Ankeny Christian Acad
676	Matt Richardson	SO	Baxter
677	Cayden McLeland	SR	BCLUW Conrad
678	Eli Johnson	FR	Bedford
679	Payton Griebel	JR	Bellevue
680	Kaden Guenther	JR	Bellevue
681	Connor Kilburg	FR	Bellevue
682	Gabe Manders	SO	Bellevue
683	Ben Meyer	JR	Bellevue
684	Aiden Onken	SR	Bellevue
685	Ben Steinbeck	SR	Bellevue
686	Isaac Swenson	SR	Belmond-Klemme
687	Gavin Swift	SR	Bishop Garrigan Algona
688	Patrick Heffernan	SR	Boyer Valley Dunlap
689	Lane Cook	SO	Cascade Western Dubu
690	Ben Gehl	SR	Cascade Western Dubu
691	Andrew Kaalberg	SO	Cascade Western Dubu
692	Adam Knepper	SR	Cascade Western Dubu
693	Nathaniel Manternach	JR	Cascade Western Dubu
694	Max Nadeau	SR	Cascade Western Dubu
695	Trenten Topping	SO	Cascade Western Dubu
696	Erik Flores	SR	Clayton Ridge Guttenbe
697	Colton Hoeger	FR	Clayton Ridge Guttenbe
698	Nate Meier	SR	Clayton Ridge Guttenbe
699	Gavin Moser	SR	Clayton Ridge Guttenbe
700	Jackson Patino	SR	Clayton Ridge Guttenbe
701	Keaton Reimer	SR	Clayton Ridge Guttenbe
702	Jesus Tabora-Lara	SO	Clayton Ridge Guttenbe
703	Ethan Haus	SR	Collins-Maxwell
704	Damian Vergara	JR	Columbus Community
705	Carson Maly	SO	Earlham
706	Blake Tiemeyer	SO	Earlham
707	Noah Valenzuela	JR	East Buchanan Winthro
708	Carter Brummel	JR	East Marshall LeGrand
709	Brock Curtis	SR	East Marshall LeGrand
710	Chandler Curtis	FR	East Marshall LeGrand
711	Kaleb Grant	JR	East Marshall LeGrand
712	Cale Hungerford	JR	East Marshall LeGrand

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### #2 Class 1A Boys 5000M (cont'd)

#	Name	Yr	Team
713	Patrick Slifer	SR	East Marshall LeGrand
714	Joe Terrones	SR	East Marshall LeGrand
715	Jacob Driskill	JR	East Union Afton
716	Gage Heyne	SO	English Valleys North E
717	Gavin Andersen	SR	Heartland Christian
718	Zach Spersma	SR	Hinton
719	Reed Hinners	SR	IKM-Manning
720	Kasche Huehn	SO	IKM-Manning
721	Nathan Johnson	SR	IKM-Manning
722	Caden Keller	SR	IKM-Manning
723	Camden Morris	FR	IKM-Manning
724	Abe Polzien	SO	IKM-Manning
725	Lane Sams	JR	IKM-Manning
726	Justin Wagner	FR	Kee Lansing
727	Stephen Brandenburg	FR	Lake Mills
728	Lucas Oldenkamp	SO	Lake Mills
729	Knute Rogne	FR	Lake Mills
730	Justin Rygh	JR	Lake Mills
731	Hayden Thompson	FR	Lake Mills
732	Kade Van Roekel	SO	Lake Mills
733	Alejandro Vazquez-Per	SO	Lake Mills
734	Tyson McDole	SR	Lamoni
735	Theo Moseman	SR	Lawton-Bronson
736	James Gruver	SR	Lynnville-Sully
737	Zach Morningstar	SR	Lynnville-Sully
738	Brody Buck	SO	Madrid
739	Colton Kniffen	SR	Madrid
740	Ethan Loutzenheiser	JR	Madrid
741	Trendan Peasley	SR	Madrid
742	Cavin Pehl	FR	Madrid
743	Blake Renze	SO	Madrid
744	Clay Warson	JR	Madrid
745	Lane Moline	SR	Manson Northwest Web
746	Matthew Schaul	SO	Maquoketa Valley Delhi
747	Jacob Schellhorn	SO	MFL MarMac
748	Kaden Galles	JR	MMCRU
749	Ryan Kelly	SR	Newman Catholic Maso
750	Joey Ringo	SR	Newman Catholic Maso
751	Doug Berg	SR	Nodaway Valley
752	Owen Almelien	SR	North Butler Greene
753	Gavin Grunhovd	SO	North Iowa Buffalo Cent
754	Luke Barth	FR	North Linn Troy Mills
755	Levi Benesh	FR	North Linn Troy Mills
756	Caleb Bildstein	SO	North Linn Troy Mills
757	Carter Folkers	SR	North Linn Troy Mills
758	Sawyer Long	FR	North Linn Troy Mills

### #2 Class 1A Boys 5000M (cont'd)

#	Name	Yr	Team
759	Ty Pflughaupt	JR	North Linn Troy Mills
760	Landon Thomsen	FR	North Linn Troy Mills
761	Asher DeBoef	SO	North Mahaska New Sh
762	Lane Harmon	SR	North Mahaska New Sh
763	Andy Knockel	JR	North Mahaska New Sh
764	Nate Sampson	JR	North Mahaska New Sh
765	Clay Thompson	JR	North Mahaska New Sh
766	Brayden Veiseth	JR	North Mahaska New Sh
767	Ben Yang	SO	North Mahaska New Sh
768	Jude Benbow	SO	Ogden
769	Jordan King	SR	Ogden
770	Levi Russo	SR	Ogden
771	Parker Trusler	SR	Ogden
772	Brady Van Sickle	SO	Ogden
773	Carson Van Sickle	JR	Ogden
774	Payton Van Sickle	SR	Ogden
775	Brady McWhirter	SO	Pekin
776	Abdiaziz Ibrahim	JR	Postville Community
777	Marcus Blount	SR	Prince of Peace Catholi
778	Henry Bottorff	SR	Regina Iowa City
779	Dan Maley	SR	Regina Iowa City
780	Joe Maley	SR	Regina Iowa City
781	Colin Olney	JR	Regina Iowa City
782	Aiden O'Neil	JR	Regina Iowa City
783	Riordan Smith	JR	Regina Iowa City
784	Samuel Welter	SO	Regina Iowa City
785	Mason McCready	JR	Riverside Oakland
786	Alejandro Bernal	SR	Sibley-Ocheyedan
787	Ben Byers	FR	Sibley-Ocheyedan
788	Jack Christian	FR	Sioux Central Sioux Ra
789	Joshua Hoffman	SO	Sioux Central Sioux Ra
790	Brayden Kramber	JR	Sioux Central Sioux Ra
791	Alex Kueny	FR	Sioux Central Sioux Ra
792	Nathan Kueny	JR	Sioux Central Sioux Ra
793	Leighton Sippel	SO	Sioux Central Sioux Ra
794	Ethan Wernimont	JR	Sioux Central Sioux Ra
795	Ronan Jimenez	SR	Southeast Warren Liber
796	Rylan Jimenez	SR	Southeast Warren Liber
797	Evan Robertson	SR	Springville
798	Gabriel Barajas	SO	St. Albert Council Bluffs
799	Adam Denny	SR	St. Albert Council Bluffs
800	Parker Heisterkamp	SO	St. Albert Council Bluffs
801	Joe Hughes	SO	St. Albert Council Bluffs
802	Colin Lillie	SR	St. Albert Council Bluffs
803	Brady Smith	FR	St. Albert Council Bluffs
804	Owen Wise	JR	St. Albert Council Bluffs

# IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

printed: 10/21/2022 11:45 AM

## EVENT ENTRIES

### #2 Class 1A Boys 5000M (cont'd)

#	Name	Yr	Team
805	Thomas Cosgrove	JR	St. Edmond Fort Dodge
806	Thomas Knobbe	FR	St. Edmond Fort Dodge
807	Aaron Lursen	SR	St. Edmond Fort Dodge
808	Sam Mericle	JR	St. Edmond Fort Dodge
809	Carter Rial	SR	St. Edmond Fort Dodge
810	Liam Shannon	SO	St. Edmond Fort Dodge
811	Anthony Valles	FR	St. Edmond Fort Dodge
812	Sean McGee	SR	Tri-Center Neola
813	Adric Schmitz	SR	Valley Lutheran
814	Kohlby Newsom	SO	Winfield-Mt. Union
815	Adam Barry	SO	Woodbine Community
816	Landon Bendgen	JR	Woodbine Community
817	Trey Burgermeyer	JR	Woodbine Community
818	Xander Johnson	SO	Woodbine Community
819	Thomas Tremel	JR	Woodbine Community
820	Lane Vennink	SR	Woodbine Community
821	Gunner Wagner	SO	Woodbine Community