

IHSGAU State Swimming and Diving Championship - 11/5/2004 to 11/6/2004

Results

Event 1 Women 1 mtr Diving

State Record: 535.70 * 1982 Mary Fischbach

Name	Yr School	Finals Score
1 Meghan Sievertsen	SR CR Kennedy	470.95
2 Veronica Rydze	SO IC City High	444.80
3 Jordan Jesse	SR Cedar Falls	414.30
4 Deidre Freeman	JR Grinnell	411.65
5 Stephanie Crowley	SR CR Jefferson	409.35
6 Amber Hoerner	SR Dubuque Senior	385.10
7 Colleen Fowler	SR CR Washington	382.00
8 Chloe Mellecker	SR IC West	369.55
9 Alicia Owens	SR Dubuque Hempstea	366.40
10 Libby Utesch	SR Ames	364.75
11 Mary Atchison	SR Wdm Valley	362.85
12 Alison Stahler	FR Davenport West	362.50
13 Brianne Bumpus	SO Johnston/Urban	360.15
14 Amanda Fisher	JR IC West	339.90
15 Kylie McAnally	SO Newton	339.15
16 Lauren Naeve	FR Ames	318.40
17 Kari Angwin	SR Clinton	240.05
18 Bridget Perkins	FR Pleasant Valley	224.00
19 Lynsi Pasutti	SR Dowling Catholic	223.35
20 Ashley Marron	SR SC East	222.80
21 Baylee Davidson	JR Boone	138.65
22 Meredith Cooney	SR DM Roosevelt	132.95
23 Tammy Schmidt	SR Davenport West	125.50
24 Danielle Brimeyer	JR Dubuque Wahlert	106.30

Event 2 Women 200 Yard Medley Relay

State Record: 1:48.40 * 2002 West Des Moines Valley

Nelson, Nathanson, Schulte, Best

Team	Relay	Finals Time
1 Ankeny		1:50.37
1) Nicky Wieben SR	2) Jaryn Studer FR	
3) Marin Bisdorf JR	4) Amanda Johnson SO	
27.20 31.36	26.91 24.90	
2 Linn-Mar		1:50.45
1) Jessica Day FR	2) Hayley Fry SR	
3) Emilie Reeves FR	4) Megan Burkman SR	
28.00 29.27	27.64 25.54	
3 Wdm Valley		1:50.54
1) Alexa Mehesan FR	2) Kayla Bowcutt SR	
3) Ella Doerge JR	4) Jeana Studer JR	
29.24 29.75	25.38 26.17	
4 Pleasant Valley		1:51.54
1) Ramsey Vens SR	2) Becky Bonar SR	
3) Erin Mykleby FR	4) Caitlin Ray FR	
27.28 31.70	26.96 25.60	
5 Cedar Falls		1:51.68
1) Abby Girard JR	2) Josie Itzen SO	
3) Maggie Rickert JR	4) Amanda Firman JR	
28.13 32.39	27.02 24.14	
6 CR Washington		1:54.13
1) Holly Broadwater SR	2) Kari Kolsrud SO	
3) Amy Hadow JR	4) Claire Mattison JR	
29.17 32.75	26.59 25.62	

7 Johnston/Urban		1:54.32
1) Krista Tippin FR	2) Maggie Mountsier JR	
3) Alex Frakes JR	4) Tara Lee FR	
29.45 32.85	26.92 25.10	
8 Lewis Central		1:54.72
1) Tessa Edwards JR	2) Lindsey Behrens JR	
3) Samantha Stivers FR	4) Shanna Delfs SO	
30.30 31.45	27.55 25.42	
9 CR Kennedy		1:54.93
1) Erin Voelschow FR	2) Tamara Dunham FR	
3) Catie Baker FR	4) Katie Fairlie SR	
30.20 33.16	27.17 24.40	
10 Dubuque Wahlert		1:55.23
1) Sara Kessler JR	2) Paula Osterberger FR	
3) Jodi Knaeble JR	4) Alexia Murray SR	
30.82 32.54	27.51 24.36	
11 CR Prairie/Will.		1:55.92
1) Jennifer St. John SO	2) Stacia Johns JR	
3) Annie Jones SR	4) Rachel Halder JR	
30.91 31.63	27.58 25.80	
12 Bettendorf		1:56.22
1) Liz Adams SO	2) Allison Miller SR	
3) Lauren Lehenbauer SR	4) Melissa Kilfoy SR	
30.90 32.08	27.92 25.32	
13 Ottumwa		1:57.19
1) Vicky Corbin SR	2) Jennifer Parker SR	
3) Katy Jay JR	4) Katie Young FR	
30.32 33.51	28.14 25.22	
14 Dowling Catholic		1:57.31
1) Tyrrell Dupey SR	2) Amelia Payne SO	
3) Dree Latoure SO	4) Caitlin Lickteig SR	
31.33 32.09	27.95 25.94	
15 CR Jefferson		1:57.49
1) Jessica Robinson SO	2) Kelsey Hoepfner JR	
3) Whitney Gorsegner SO	4) Sadie Bajet JR	
30.40 32.96	27.38 26.75	
16 Fairfield		1:57.57
1) Amanda Kuiken JR	2) Natalie Horras JR	
3) Jean Matzen JR	4) Molly McMahon JR	
30.06 34.16	27.99 25.36	
17 Tipton		1:57.58
1) Melissa Lafrenz JR	2) Jackie Osborn JR	
3) Elizabeth O'Donnell JR	4) Megan Grunder SO	
30.73 32.23	28.67 25.95	
18 Marshalltown		1:58.04
1) Andrea Duncan FR	2) Kelsey Meyer-Davis FR	
3) Kate Watson JR	4) Jane Collison JR	
30.92 31.91	28.64 26.57	
19 Mason City		1:58.54
1) Jenna Dixon SO	2) Rachel Busch JR	
3) Stacie Ogaard JR	4) Whitney Miller FR	
30.93 32.56	28.19 26.86	
20 Muscatine		1:59.32
1) Emily Monahan JR	2) Lisa Eichelberger SR	
3) Alison Krieger JR	4) Elizabeth Jindrich JR	
30.80 33.56	29.36 25.60	

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Results

(Event 2 Women 200 Yard Medley Relay)

Team	Relay	Finals Time
21 Dubuque Senior		1:59.95
1) Amanda Coffin SO	2) Kristin Crawford JR	
3) Meghan Wallis JR	4) Caroline Egan SR	
31.98 32.33	29.86 25.78	
22 SC East		2:00.10
1) Autumn Peck SR	2) Hillary Gibson JR	
3) Abby Moes SR	4) Danielle Protexter JR	
31.79 32.97	28.75 26.59	
23 Dubuque Hempstea		2:00.76
1) Elise Woerderhoff SO	2) Chelsea Griswold SR	
3) Larkin Accinelli JR	4) Lindsey Hosier SR	
32.36 33.73	28.28 26.39	
24 Davenport Centra		2:00.94
1) Ellen Archer JR	2) Sarah Collins JR	
3) Caroline Howell SR	4) Kaila Jenaman JR	
30.29 32.34	31.28 27.03	

Event 3 Women 200 Yard Freestyle

State Record: 1:51.81 * 1996		Stacey Wertz		
Name	Yr School	Finals Time		
1 Sam Goldstein	SR Pleasant Valley	1:54.87		
27.07 29.27	29.53 29.00			
2 Megan Lonergan	SR Bettendorf	1:54.96		
27.26 29.35	29.68 28.67			
3 Ashley Lawler	JR IC West	1:55.95		
27.20 29.56	29.59 29.60			
4 Michaela Heinz	FR SC East	1:57.76		
27.67 29.52	29.98 30.59			
5 Kelsey Noah	FR Charles City	1:57.84		
27.41 30.04	30.40 29.99			
6 Lauren Talman	SR IC West	1:59.06		
27.24 29.82	30.81 31.19			
7 Erin Anderson	SR Bettendorf	1:59.07		
27.67 30.14	30.70 30.56			
8 Aubrey Welp	JR DM North	1:59.09		
27.28 29.75	31.06 31.00			
9 Lisa Nathanson	FR Wdm Valley	1:59.10		
26.96 29.42	31.32 31.40			
10 Kaitlyn Kubat	FR Dowling Catholic	2:00.01		
27.66 29.75	31.04 31.56			
11 Anja Dekkers	SO Ames	2:00.91		
27.74 30.59	31.40 31.18			
12 Chelsea Hartman	FR IC West	2:01.17		
28.08 30.44	31.78 30.87			
13 April Mangrich	SO CR Jefferson	2:01.88		
28.01 30.56	31.55 31.76			
14 Amy Schneider	SR Dubuque Wahlert	2:02.24		
28.49 30.81	31.89 31.05			
15 Jennifer Berge	SR Pleasant Valley	2:02.56		
28.14 30.37	32.04 32.01			
16 Kelsey Schomburg	SO Lewis Central	2:02.81		
28.78 30.91	32.11 31.01			
17 Kelcie McKain	JR Indianola	2:03.12		
28.33 30.59	31.94 32.26			
*18 Kelly McCullough	SO Spencer	2:03.44		
29.06 31.14	31.48 31.76			

*18 Whitney Arthofer	FR Dubuque Senior	2:03.44
27.72 30.51	32.64 32.57	
20 Alexa Mehesan	FR Wdm Valley	2:03.64
28.20 31.05	32.42 31.97	
21 Ashley Matteson	SO CR Prairie/Will.	2:03.72
28.36 30.62	32.11 32.63	
22 Alexa Armstrong	SR Dubuque Hempstea	2:04.35
27.85 30.99	32.47 33.04	
23 Caitlyn Carlyle	SO Carroll	2:04.41
27.82 31.18	33.08 32.33	
24 Marissa Sudweeks	FR Lewis Central	2:04.63
29.47 31.15	32.11 31.90	

Event 4 Women 200 Yard IM

State Record: 2:06.10 * 1995		Sarah Dougall		
Name	Yr School	Finals Time		
1 Hayley Fry	SR Linn-Mar	2:06.95		
28.14 33.29	34.87 30.65			
2 Jaryn Studer	FR Ankeny	2:12.44		
28.97 34.27	37.79 31.41			
3 Kayla Bowcutt	SR Wdm Valley	2:12.51		
29.30 33.49	37.49 32.23			
4 Stacia Johns	JR CR Prairie/Will.	2:14.27		
28.76 35.19	39.25 31.07			
5 Liz Horvat	SO Pleasant Valley	2:14.71		
28.95 33.14	41.21 31.41			
6 Lindsey Behrens	JR Lewis Central	2:15.01		
28.48 35.08	39.19 32.26			
7 Abby Girard	JR Cedar Falls	2:15.53		
28.40 32.74	42.31 32.08			
8 Erin Mykleby	FR Pleasant Valley	2:16.86		
28.34 33.16	42.09 33.27			
9 Josie Itzen	SO Cedar Falls	2:17.09		
29.12 35.72	41.57 30.68			
10 Annie Jones	SR CR Prairie/Will.	2:17.10		
29.36 34.97	41.66 31.11			
11 Amanda Johnson	SO Ankeny	2:17.62		
28.81 34.24	40.76 33.81			
12 Abby Moes	SR SC East	2:18.22		
30.03 33.94	41.78 32.47			
13 Zuzana Kralovicova	JR CB Abe Lincoln	2:19.15		
28.89 34.29	42.33 33.64			
14 Kari Kolsrud	SO CR Washington	2:19.52		
30.80 36.90	39.40 32.42			
15 McKensie Carr	SO Wdm Valley	2:20.12		
30.25 36.47	41.62 31.78			
16 Ellen Archer	JR Davenport Centra	2:21.08		
29.65 34.51	44.43 32.49			
17 Patty Kautz	FR Davenport North	2:21.12		
30.14 36.35	41.62 33.01			
18 Rachel Nathanson	JR Wdm Valley	2:21.41		
30.26 36.56	40.81 33.78			
19 Molly Slavin	SR Bettendorf	2:21.75		
31.03 37.64	40.21 32.87			
20 Amber Daugherty	SO Ankeny	2:22.15		
29.08 34.99	43.94 34.14			
21 Brooke Van Meetereen	FR Lewis Central	2:22.95		
30.64 34.60	44.39 33.32			

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(Event 4 Women 200 Yard IM)

Name	Yr	School	Finals Time
22 Bethany Nicoll	JR	Cedar Falls	2:22.99
32.39	35.44	43.12	32.04
23 Allison Miller	SR	Bettendorf	2:23.05
30.92	38.44	40.12	33.57
24 Caitlin Sims	SR	DM Roosevelt	2:24.48
30.32	35.61	44.72	33.83

Event 5 Women 50 Yard FreestyleState Record: **24.03 * 1997** Katie Galligan

Name	Yr	School	Finals Time
1 Nicky Wieben	SR	Ankeny	24.35
2 Amanda Firman	JR	Cedar Falls	24.71
3 Jessica Day	FR	Linn-Mar	24.85
4 Mattie Thompson	SR	Cedar Falls	25.00
5 Clarie Dupey	SO	Dowling Catholic	25.08
6 Hannah Smith	FR	Johnston/Urban	25.09
7 Jennifer Kuiken	JR	Fairfield	25.11
8 Marin Bisdorf	JR	Ankeny	25.27
9 Alexia Murray	SR	Dubuque Wahlert	25.33
10 Maggie Rickert	JR	Cedar Falls	25.34
11 Hannah Sebek	SO	Lewis Central	25.41
12 Whitney Gorsegner	SO	CR Jefferson	25.47
13 Katie Fairlie	SR	CR Kennedy	25.54
14 Kyrie Jorgenson	SO	Decorah	25.62
15 Jennie Domino	SO	Charles City	25.63
16 Lyra Wikert	JR	Newton	25.65
17 Kaitlyn Clark	JR	DM Hoover	25.73
18 Theresa Kerr	JR	Dowling Catholic	25.76
19 Tara Lee	FR	Johnston/Urban	25.79
20 Shanna Delfs	SO	Lewis Central	25.85
21 Melissa Kilfoy	SR	Bettendorf	26.08
22 Melissa Lafrenz	JR	Tipton	26.12
23 Alyssa Schwenk	JR	Ottumwa	26.16
24 Joy Carroll	JR	Carroll	26.28
25 Justine Carroll	JR	Carroll	26.33

Event 6 Women 100 Yard ButterflyState Record: **56.31 * 1984** Ann Walker

Name	Yr	School	Finals Time
1 Ella Doerge	JR	Wdm Valley	57.50
26.44	31.06		
2 Amy Hadow	JR	CR Washington	1:00.70
28.50	32.20		
3 Lauren Lehenbauer	SR	Bettendorf	1:01.34
29.04	32.30		
4 Catie Baker	FR	CR Kennedy	1:01.55
28.34	33.21		
5 Melissa Kilfoy	SR	Bettendorf	1:02.22
28.93	33.29		
6 Shannon Nelson	SR	Davenport West	1:02.28
28.42	33.86		
7 Jennie Domino	SO	Charles City	1:02.34
29.09	33.25		
8 Katy Jay	JR	Ottumwa	1:02.45
28.56	33.89		

9 Amber Daugherty	SO	Ankeny	1:02.52
28.32	34.20		
10 Andrea Schubert	SO	IC West	1:02.61
29.11	33.50		
11 Jodi Knaeble	JR	Dubuque Wahlert	1:02.68
28.87	33.81		
12 Alex Frakes	JR	Johnston/Urban	1:02.93
28.76	34.17		
13 Krista Tippin	FR	Johnston/Urban	1:03.10
29.32	33.78		
14 Samantha Stivers	FR	Lewis Central	1:03.26
28.88	34.38		
*15 Annie Jones	SR	CR Prairie/Will.	1:03.32
29.63	33.69		
*15 Lindsy Garner	JR	Cedar Falls	1:03.32
29.46	33.86		
17 Larkin Accinelli	JR	Dubuque Hempstea	1:03.49
29.62	33.87		
18 Joanie Panec	FR	Cedar Falls	1:03.55
29.94	33.61		
19 Zuzana Kralovicova	JR	CB Abe Lincoln	1:03.58
28.99	34.59		
20 Erin Mykleby	FR	Pleasant Valley	1:03.70
28.03	35.67		
21 Maggie Rickert	JR	Cedar Falls	1:03.94
28.40	35.54		
22 Kate Watson	JR	Marshalltown	1:04.03
29.19	34.84		
23 Ally Green	JR	Bettendorf	1:04.10
29.07	35.03		
24 Emilie Reeves	FR	Linn-Mar	1:04.47
30.32	34.15		

Event 7 Women 100 Yard FreestyleState Record: **51.56 * 1996** Stacey Wertz

Name	Yr	School	Finals Time
1 Nicky Wieben	SR	Ankeny	52.99
25.73	27.26		
2 Sam Goldstein	SR	Pleasant Valley	53.10
25.95	27.15		
3 Jessica Day	FR	Linn-Mar	53.61
26.70	26.91		
4 Holly Broadwater	SR	CR Washington	54.40
26.41	27.99		
5 Mattie Thompson	SR	Cedar Falls	54.62
26.47	28.15		
6 Alexa Mehesan	FR	Wdm Valley	54.98
26.62	28.36		
7 Clarie Dupey	SO	Dowling Catholic	55.03
26.60	28.43		
8 Kaitlyn Kubat	FR	Dowling Catholic	55.06
26.56	28.50		
9 Ramsey Vens	SR	Pleasant Valley	55.21
26.23	28.98		
10 Lisa Nathanson	FR	Wdm Valley	55.38
26.66	28.72		
11 Caitlyn Carlyle	SO	Carroll	55.47
26.79	28.68		

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(Event 7 Women 100 Yard Freestyle)

Name	Yr	School	Finals Time	
*12 Michaela Heinz	FR	SC East	55.70	
26.98	28.72			
*12 Alexia Murray	SR	Dubuque Wahlert	55.70	
26.84	28.86			
*14 Josie Itzen	SO	Cedar Falls	55.83	
27.06	28.77			
*14 Jennifer Kuiken	JR	Fairfield	55.83	
26.24	29.59			
16 Lindsay Lee	SR	Johnston/Urban	56.28	
26.72	29.56			
17 Patty Kautz	FR	Davenport North	56.35	
27.28	29.07			
18 Alexa Armstrong	SR	Dubuque Hempstea	56.88	
27.14	29.74			
19 Hannah Sebek	SO	Lewis Central	56.96	
27.05	29.91			
20 Emily Kramer	FR	Ankeny	57.22	
27.61	29.61			
21 Theresa Kerr	JR	Dowling Catholic	57.59	
26.81	30.78			
22 Leah Doolan	SR	Ottumwa	57.64	
27.83	29.81			
23 Lyra Wikert	JR	Newton	57.78	
26.86	30.92			
24 Alyssa Schwenk	JR	Ottumwa	58.61	
28.15	30.46			

Event 8 Women 500 Yard Freestyle

State Record: 4:56.97 * 1993 Sheri Theisen

Name	Yr	School	Finals Time	
1 Megan Lonergan	SR	Bettendorf	5:03.23	
27.44	29.23	30.15	30.73	
30.95	31.01	30.93	31.18	
31.26	30.35			
2 Ashley Lawler	JR	IC West	5:05.42	
27.96	30.15	31.04	31.28	
30.92	31.22	31.15	31.38	
30.67	29.65			
3 Lauren Lehenbauer	SR	Bettendorf	5:14.14	
28.87	30.51	31.25	31.37	
31.71	32.04	32.05	32.26	
32.22	31.86			
4 Liz Horvat	SO	Pleasant Valley	5:16.23	
28.91	30.58	31.43	31.89	
31.98	32.56	32.44	32.70	
32.31	31.43			
5 Aubrey Welp	JR	DM North	5:17.08	
27.96	30.83	31.54	32.08	
32.25	32.48	32.72	32.90	
32.83	31.49			
6 Chelsea Hartman	FR	IC West	5:17.17	
28.26	30.40	31.69	32.14	
32.18	32.65	32.78	32.70	
32.87	31.50			

7 Kelsey Noah	FR	Charles City	5:23.31	
28.56	31.72	32.48	32.40	
32.71	32.59	33.42	33.86	
33.58	31.99			
8 Lauren Talman	SR	IC West	5:23.54	
28.29	30.56	31.87	32.48	
32.97	33.33	33.32	34.30	
33.38	33.04			
9 Megan Harding	JR	Wdm Valley	5:25.32	
29.21	31.36	32.06	32.73	
32.84	32.92	33.40	33.90	
33.87	33.03			
10 Kelly McCullough	SO	Spencer	5:27.10	
29.35	32.20	33.21	33.41	
33.31	33.57	33.49	33.39	
33.36	31.81			
11 Michelle Bergeson	FR	Marshalltown	5:27.16	
29.23	32.67	33.07	33.49	
33.62	33.38	33.52	33.36	
33.26	31.56			
12 Jackie Itzen	SO	Cedar Falls	5:27.57	
29.04	31.60	32.94	33.38	
33.56	33.77	34.32	34.27	
33.39	31.30			
13 Jennifer Berge	SR	Pleasant Valley	5:28.02	
30.33	32.39	33.22	33.33	
33.19	33.40	33.45	33.22	
33.19	32.30			
14 Marissa Sudweeks	FR	Lewis Central	5:29.85	
30.29	32.82	33.43	33.50	
33.66	33.66	34.16	33.16	
33.31	31.86			
15 Anja Dekkers	SO	Ames	5:30.10	
29.58	32.61	33.20	33.85	
33.78	33.73	33.73	34.05	
33.65	31.92			
16 April Mangrich	SO	CR Jefferson	5:31.34	
29.77	32.30	32.82	33.31	
33.39	33.73	34.19	34.26	
34.40	33.17			
17 Whitney Arthofer	FR	Dubuque Senior	5:31.77	
29.36	31.44	32.86	33.68	
33.86	33.79	34.35	34.63	
34.28	33.52			
18 Erin Voelschow	FR	CR Kennedy	5:33.05	
30.56	33.21	33.65	33.97	
33.74	33.89	33.92	33.75	
33.63	32.73			
19 Amy Schneider	SR	Dubuque Wahlert	5:33.98	
29.63	32.46	33.54	33.83	
34.17	34.60	34.45	34.27	
34.23	32.80			
20 Ashley Matteson	SO	CR Prairie/Will.	5:36.72	
29.74	32.62	33.43	34.14	
34.22	34.35	34.94	34.57	
34.96	33.75			

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(Event 8 Women 500 Yard Freestyle)

Name	Yr	School	Finals Time	
21 Kelsey Schomburg	SO	Lewis Central	5:38.34	
			29.72	32.49
			33.37	33.78
			33.99	34.47
			34.74	35.30
			35.46	35.02
22 Allie Griffiths	SR	Des Moines East	5:38.81	
			29.25	32.69
			33.79	34.31
			34.58	34.67
			34.92	35.15
			35.40	34.05
23 Hannah Lytle	SO	Ankeny	5:44.25	
			30.76	33.02
			34.55	35.17
			35.54	35.91
			34.98	35.93
			35.06	33.33
24 Amanda Eastwood	JR	Marshalltown	5:51.19	
			29.90	33.05
			34.13	35.29
			35.76	36.05
			37.23	37.00
			36.74	36.04

Event 9 Women 200 Yard Freestyle Relay

State Record: 1:37.55 * 1996 Cedar Falls

Peterson, Peterson, Galligan, Cook

Team	Relay	Finals Time
1 Cedar Falls		1:38.77
	1) Amanda Firman JR	
	2) Mattie Thompson SR	
	3) Maggie Rickert JR	
	4) Josie Itzen SO	
	24.81 24.58	24.58 24.80
2 Linn-Mar		1:40.18
	1) Jessica Day FR	
	2) Caitlin Kuempel SO	
	3) Megan Burkman SR	
	4) Hayley Fry SR	
	24.91 25.83	25.96 23.48
3 Johnston/Urban		1:40.57
	1) Hannah Smith FR	
	2) Tara Lee FR	
	3) Lindsay Lee SR	
	4) Alex Frakes JR	
	25.80 25.22	25.03 24.52
4 Dowling Catholic		1:41.10
	1) Clarie Dupey SO	
	2) Dree Latoure SO	
	3) Theresa Kerr JR	
	4) Kaitlyn Kubat FR	
	25.73 25.71	25.03 24.63
5 Ankeny		1:41.21
	1) Marin Bisdorf JR	
	2) Amanda Johnson SO	
	3) Emily Kramer FR	
	4) Nicky Wieben SR	
	25.51 25.80	25.84 24.06
6 Fairfield		1:41.62
	1) Amanda Kuiken JR	
	2) Jean Matzen JR	
	3) Molly McMahan JR	
	4) Jennifer Kuiken JR	
	25.91 25.68	25.49 24.54
7 Pleasant Valley		1:41.80
	1) Erin Mykleby FR	
	2) Caitlin Ray FR	
	3) Sam Goldstein SR	
	4) Liz Horvat SO	
	25.55 26.19	24.61 25.45
8 Wdm Valley		1:42.69
	1) Lisa Nathanson FR	
	2) Jeana Studer JR	
	3) Kayla Bowcutt SR	
	4) McKensie Carr SO	
	25.57 26.48	25.31 25.33
9 CR Kennedy		1:42.83
	1) Tamara Dunham FR	
	2) Catherine Crew FR	
	3) Catie Baker FR	
	4) Katie Fairlie SR	
	25.95 26.14	26.20 24.54

10 Carroll		1:43.21
	1) Justine Carroll JR	
	2) Joy Carroll JR	
	3) Ann McMinimee JR	
	4) Caitlyn Carlyle SO	
	27.01 25.83	25.50 24.87
11 Dubuque Hempstea		1:43.44
	1) Alexa Armstrong SR	
	2) Elise Woerderhoff SO	
	3) Lindsey Hosier SR	
	4) Chelsea Griswold SR	
	25.97 26.24	26.01 25.22
12 Bettendorf		1:43.47
	1) Melissa Kilfoy SR	
	2) Ally Green JR	
	3) Erin Anderson SR	
	4) Megan Lonergan SR	
	26.37 26.08	25.80 25.22
13 Dubuque Wahlert		1:43.61
	1) Alexia Murray SR	
	2) Amy Schneider SR	
	3) Teresa Derby SO	
	4) Jodi Knaeble JR	
	25.22 25.96	26.59 25.84
14 Lewis Central		1:43.64
	1) Shanna Delfs SO	
	2) Abbey Evans FR	
	3) Samantha Stivers FR	
	4) Hannah Sebek SO	
	26.34 26.39	25.69 25.22
15 Dubuque Senior		1:43.79
	1) Caroline Egan SR	
	2) Jade Butler JR	
	3) Kristin Crawford JR	
	4) Whitney Arthofer FR	
	26.51 26.04	25.76 25.48
16 Charles City		1:44.36
	1) Molly Kelly SR	
	2) Jennie Domino SO	
	3) Rachel Davis SR	
	4) Kelsey Noah FR	
	26.84 26.11	25.79 25.62
17 Ottumwa		1:44.50
	1) Alyssa Schwenk JR	
	2) Katie Young FR	
	3) Katy Jay JR	
	4) Jennifer Parker SR	
	26.51 25.50	26.41 26.08
18 CR Washington		1:44.85
	1) Katelin Oney FR	
	2) Molly Milden SR	
	3) Claire Mattison JR	
	4) Amy Hadow JR	
	26.77 26.46	25.84 25.78
19 Muscatine		1:45.00
	1) Susan Martin JR	
	2) Mackenzie Murray SO	
	3) Kristen Mohnssen JR	
	4) Elizabeth Jindrich JR	
	26.60 26.06	26.45 25.89
20 IC West		1:45.78
	1) Taryn Rosenquist SR	
	2) Ashley Lawler JR	
	3) Chelsea Hartman FR	
	4) Lauren Talman SR	
	27.78 25.57	27.12 25.31
21 CR Prairie/Will.		1:46.15
	1) Rachel Halder JR	
	2) Jackie Armstrong FR	
	3) Ashley Matteson SO	
	4) Stacia Johns JR	
	26.60 27.10	26.63 25.82
22 CR Jefferson		1:46.16
	1) Whitney Gorseger SO	
	2) Sadie Bajet JR	
	3) Jessica Robinson SO	
	4) April Mangrich SO	
	26.39 27.47	25.94 26.36
23 Mason City		1:47.03
	1) Rachel Busch JR	
	2) Jenna Dixon SO	
	3) Stacie Ogaard JR	
	4) Whitney Miller FR	
	26.75 26.34	27.06 26.88

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Results

(Event 9 Women 200 Yard Freestyle Relay)

Team	Relay	Finals Time
24 Newton		1:47.75
1) Christy Hodges SR	2) Sarah Thomas SO	
3) Chelsy Croson SR	4) Lyra Wikert JR	
26.94	26.75 28.28 25.78	

Event 10 Women 100 Yard Backstroke

State Record: 57.09 * 1993		Jocelyn Wright		
Name	Yr School	Finals Time		
1 Abby Girard	JR Cedar Falls	58.66		
28.67	29.99			
2 Ramsey Vens	SR Pleasant Valley	59.35		
28.36	30.99			
3 Ella Doerge	JR Wdm Valley	59.82		
29.06	30.76			
4 Abby Moes	SR SC East	1:01.48		
29.56	31.92			
5 Krista Tippin	FR Johnston/Urban	1:02.53		
30.54	31.99			
6 Amanda Johnson	SO Ankeny	1:02.78		
30.69	32.09			
7 Andrea Schubert	SO IC West	1:02.79		
31.31	31.48			
8 Ellen Archer	JR Davenport Centra	1:02.87		
30.45	32.42			
9 Jen Daugherty	FR Ankeny	1:02.89		
30.38	32.51			
10 Hannah Smith	FR Johnston/Urban	1:03.11		
30.40	32.71			
11 Chelsea Hartwig	FR Boone	1:03.39		
30.78	32.61			
12 Jennifer St. John	SO CR Prairie/Will.	1:04.04		
31.24	32.80			
13 Michelle Lacy	FR Ankeny	1:04.18		
31.01	33.17			
14 Erin Voelschow	FR CR Kennedy	1:04.35		
31.71	32.64			
15 Tessa Edwards	JR Lewis Central	1:04.65		
31.31	33.34			
16 Amanda Kuiken	JR Fairfield	1:05.02		
31.46	33.56			
17 Sara Kessler	JR Dubuque Wahlert	1:05.23		
31.31	33.92			
18 Kelcie McKain	JR Indianola	1:05.35		
31.66	33.69			
19 Jessica Robinson	SO CR Jefferson	1:05.46		
31.74	33.72			
20 Brooke Van Meetereen	FR Lewis Central	1:05.60		
31.57	34.03			
21 Bethany Nicoll	JR Cedar Falls	1:06.17		
32.30	33.87			
22 Meritt Suchomel	SO Tipton	1:06.20		
31.94	34.26			
23 Taylor Seemuth	SO IC City High	1:06.29		
31.88	34.41			
24 Emily Keller	SR Des Moines Linco	1:07.15		
32.01	35.14			

Event 11 Women 100 Yard Breaststroke

State Record: 1:03.96 * 11/7/2003		Hayley Fry		
Name	Yr School	Finals Time		
1 Hayley Fry	SR Linn-Mar	1:04.54		
30.60	33.94			
2 Kayla Bowcutt	SR Wdm Valley	1:05.75		
31.12	34.63			
3 Jaryn Studer	FR Ankeny	1:08.76		
32.57	36.19			
4 Catie Baker	FR CR Kennedy	1:08.92		
31.82	37.10			
*5 Stacia Johns	JR CR Prairie/Will.	1:09.32		
32.64	36.68			
*5 Lindsey Behrens	JR Lewis Central	1:09.32		
32.27	37.05			
7 Shannon Nelson	SR Davenport West	1:09.36		
32.30	37.06			
8 Kelsey Meyer-Davis	FR Marshalltown	1:09.50		
32.57	36.93			
9 Amelia Payne	SO Dowling Catholic	1:09.97		
32.84	37.13			
10 Holly Broadwater	SR CR Washington	1:10.25		
32.62	37.63			
11 Sarah Collins	JR Davenport Centra	1:10.46		
33.36	37.10			
12 Kristin Crawford	JR Dubuque Senior	1:11.11		
33.46	37.65			
13 Andria Wachs	JR Fort Dodge	1:11.49		
33.41	38.08			
14 Jackie Osborn	JR Tipton	1:11.50		
33.27	38.23			
15 Allison Miller	SR Bettendorf	1:11.60		
33.53	38.07			
16 Maggie Mountsier	JR Johnston/Urban	1:11.84		
33.22	38.62			
17 Lindsy Garner	JR Cedar Falls	1:12.04		
33.93	38.11			
18 Rachel Nathanson	JR Wdm Valley	1:12.24		
33.51	38.73			
19 Rachel Busch	JR Mason City	1:12.38		
33.89	38.49			
20 McKensie Carr	SO Wdm Valley	1:12.90		
34.39	38.51			
21 Larkin Accinelli	JR Dubuque Hempstea	1:12.96		
34.15	38.81			
22 Paula Osterberger	FR Dubuque Wahlert	1:13.88		
34.46	39.42			
23 Ashley Lambson	FR Johnston/Urban	1:14.43		
34.22	40.21			
--- Mackenzie Murray	SO Muscatine	DQ		

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Results

Event 12 Women 400 Yard Freestyle Relay**State Record: 3:34.28 * 1999 Bettendorf****E. Petty, S. Schoening, L. Taylor, A. Clark**

Team	Relay		Finals Time						
1 Cedar Falls					3:38.74	11 Fairfield			3:49.46
1) Amanda Firman JR	2) Mattie Thompson SR					1) Jean Matzen JR	2) Amanda Kuiken JR		
3) Jackie Itzen SO	4) Abby Girard JR					3) Molly McMahon JR	4) Jennifer Kuiken JR		
26.29 54.29	25.97 54.41					27.87 58.56	26.78 57.54		
26.81 55.85	25.71 54.19					27.38 58.01	26.18 55.35		
2 Pleasant Valley					3:39.51	12 Carroll			3:49.83
1) Ramsey Vens SR	2) Jennifer Berge SR					1) Justine Carroll JR	2) Becca Dieter SO		
3) Sam Goldstein SR	4) Liz Horvat SO					3) Sarah Corey JR	4) Caitlyn Carlyle SO		
26.47 55.27	26.88 56.12					27.95 58.95	27.15 57.78		
25.53 53.30	25.73 54.82					27.26 57.59	26.07 55.51		
3 Wdm Valley					3:39.59	13 Charles City			3:50.11
1) Lisa Nathanson FR	2) Alexa Mehesan FR					1) Molly Kelly SR	2) Jennie Domino SO		
3) McKensie Carr SO	4) Ella Doerge JR					3) Maggie Leavens SO	4) Kelsey Noah FR		
26.31 55.08	25.88 54.59					28.80 58.89	26.91 56.78		
27.09 56.79	25.21 53.13					28.22 58.61	26.59 55.83		
4 Bettendorf					3:43.12	14 Dubuque Wahlert			3:50.65
1) Erin Anderson SR	2) Ally Green JR					1) Amy Schneider SR	2) Sara Kessler JR		
3) Lauren Lehenbauer SR	4) Megan Lonergan SR					3) Teresa Derby SO	4) Jodi Knaeble JR		
27.12 55.75	27.01 57.78					27.86 57.21	27.41 57.94		
26.86 55.53	26.03 54.06					26.98 57.96	27.21 57.54		
5 Johnston/Urban					3:43.88	15 CR Prairie/Will.			3:51.27
1) Tara Lee FR	2) Hannah Smith FR					1) Ashley Matteson SO	2) Jacqueline Astor JR		
3) Lindsay Lee SR	4) Alex Frakes JR					3) Jennifer St. John SO	4) Annie Jones SR		
27.38 57.49	26.16 56.40					28.16 58.54	28.01 58.48		
26.11 55.71	25.75 54.28					27.93 58.70	26.18 55.55		
6 IC West					3:44.12	16 Ottumwa			3:51.45
1) Chelsea Hartman FR	2) Ashley Lawler JR					1) Leah Doolan SR	2) Katy Jay JR		
3) Andrea Schubert SO	4) Lauren Talman SR					3) Jennifer Parker SR	4) Alyssa Schwenk JR		
28.02 58.34	26.05 54.67					27.97 58.32	26.95 56.55		
27.24 56.71	26.08 54.40					27.85 59.29	27.27 57.29		
7 Ankeny					3:44.39	17 Dubuque Senior			3:52.10
1) Marin Bisdorf JR	2) Emily Kramer FR					1) Whitney Arthofer FR	2) Meghan Wallis JR		
3) Stephanie Kristensen SO	4) Jaryn Studer FR					3) Jade Butler JR	4) Caroline Egan SR		
26.79 54.69	26.83 56.42					27.82 57.47	27.03 57.59		
26.80 57.25	26.39 56.03					27.69 59.46	27.20 57.58		
8 CR Washington					3:46.96	18 Muscatine			3:52.49
1) Claire Mattison JR	2) Molly Milden SR					1) Susan Martin JR	2) Erika Toyne SR		
3) Kari Kolsrud SO	4) Holly Broadwater SR					3) Elizabeth Jindrich JR	4) Emily Monahan JR		
28.32 58.46	27.27 57.27					28.76 59.07	27.71 58.34		
27.15 56.82	26.00 54.41					27.65 57.57	27.14 57.51		
9 Lewis Central					3:47.44	19 SC East			3:52.98
1) Samantha Stivers FR	2) Kelsey Schomburg SO					1) Michaela Heinz FR	2) Hillary Gibson JR		
3) Hannah Sebek SO	4) Lindsey Behrens JR					3) Danielle Protexter JR	4) Abby Moes SR		
27.62 57.86	27.42 57.62					27.24 55.98	27.63 1:01.03		
27.09 57.21	25.86 54.75					27.81 58.94	26.97 57.03		
10 Dubuque Hempstrea					3:48.31	20 Linn-Mar			3:53.11
1) Alexa Armstrong SR	2) Lindsey Hosier SR					1) Megan Burkman SR	2) Emilie Reeves FR		
3) Larkin Accinelli JR	4) Chelsea Griswold SR					3) Amanda Mickelson SR	4) Ainslee Barnes SR		
27.08 57.01	26.80 57.07					27.60 57.74	27.38 58.36		
27.18 57.70	26.64 56.53					27.64 58.96	27.12 58.05		
						21 Marshalltown			3:53.86
						1) Kate Watson JR	2) Michelle Bergeson FR		
						3) Molly Pollpeter FR	4) Jane Collison JR		
						28.19 58.63	28.64 59.77		
						27.47 57.59	27.36 57.87		

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Results

(Event 12 Women 400 Yard Freestyle Relay)

Team	Relay				Finals Time
22 DM Roosevelt					3:53.99
1) Kelsey Smith SR	2) Jessica Cary SO				
3) Caitlin Sims SR	4) Jackie Hilmes SR				
27.83	58.82	27.83	58.98		
27.09	58.28	27.03	57.91		
23 CR Jefferson					3:55.73
1) Whitney Gorsegner SO	2) Leslie Crandall SR				
3) Jessica Robinson SO	4) April Mangrich SO				
27.58	58.22	28.52	1:00.94		
27.71	58.38	27.81	58.19		
--- Dowling Catholic					DQ
1) Clarie Dupuy SO	2) Dree Latoure SO				
3) Theresa Kerr JR	4) Kaitlyn Kubat FR				
26.46	55.34	26.67	56.57		
25.71	56.29	25.79	54.48		