

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa

Drake Stadium

Performance List

Event 1 Girls 100 Meter Dash 1A (24) Prelims

Thursday 5/16/2019 - 6:30 PM

State Record: 12.25 5/21/2015 Katie Maschmann, Montezuma

All-Time: 11.49 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed	Time
1 Osborn, Madison	12	Alburnett	12.50	1
2 Wall, Samantha	12	Maquoketa Valley	12.66	2
3 Siebens, Shaylee	12	Akron-Westfield	12.78	1
4 Loesch, Ellie	12	S Winn, Calmar	12.83	1
5 Blaha, Jordyn	11	St. Albert, CB	12.93	1
6 Nelson, Makenna	11	Nashua-Plainfld	13.01	1
7 Grapp, Ashley	12	Don Bosco	13.02	2
8 Yahnke, Emily	11	Highland	13.03	3
9 Cooper, Kennedy	12	Whiting	13.06	2
10 Alesch, Toni	12	Graet-T/Ruth-Ayr	13.07	1
11 Jenness, Annika	09	South O'Brien	13.11	2
12 Van Wyhe, Regan	09	Cent Lyon	13.12	3
13 Houge, Alexis	09	Collins-Maxwell	13.14	1
14 Elvert, Grace	12	C-Wheatland	13.20	4
15 McElmeel, Alyssa	10	C-Wheatland	13.23	5
16 Brown, Reese	09	Wayne, Corydon	13.25	1
17 Foelske, Makenzie	09	Nashua-Plainfld	13.26	2
18 Yoder, Suzanna	12	Ia Mennonite	13.29	6
19 Wille, Mary Kate	12	Central, Elkader	13.30	3
20 Wallis, Hailey	12	Grundy Center	13.32	2
21 Dusanek, Emma	12	Midland, Wyoming	13.33	7
22 Sickelka, Wylee	12	South O'Brien	13.40	4
23 Ahrenholtz, Alexa	10	IKM-Manning	13.44	1
24 McFarland, Reagan	09	Lynnville-Sully	13.63	1

Event 9 Girls 200 Meter Dash 1A (24) Prelims

Thursday 5/16/2019 - 4:20 PM

State Record: 24.48 5/22/2010 Alex Gochenour, Logan-Magnolia

All-Time: 23.68 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed	Time
1 Osborn, Madison	12	Alburnett	25.89	1
2 Wall, Samantha	12	Maquoketa Valley	26.00	2
3 Loesch, Ellie	12	S Winn, Calmar	26.53	1
4 Wetering, Shateah	11	Montezuma	26.56	1
5 Alesch, Toni	12	Graet-T/Ruth-Ayr	26.74	1
6 Sallee, Kylee	10	Hudson	26.83	1
7 Sickelka, Willa	09	South O'Brien	26.88	2
8 Siebens, Shaylee	12	Akron-Westfield	27.02	1
9 Fingalsen, Kessa	12	Central Sprngs	27.10	1
10 Grapp, Ashley	12	Don Bosco	27.11	2
11 Elvert, Grace	12	C-Wheatland	27.25	3
12 Willett, Emma	11	Belle Plaine	27.31	2
13 Blaha, Jordyn	11	St. Albert, CB	27.31	1
14 Mutombo, Liz	12	HM-Sanborn	27.33	3
15 Schutte, Summer	12	MFL MarMac	27.45	3
16 Yoder, Suzanna	12	Ia Mennonite	27.47	4

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 9 ... (Girls 200 Meter Dash 1A (24) Prelims)

Name	Year	School	Seed Time	
17 Clevenger, Kelly	09	Riverside, Oak	27.50	1
18 Klunder, Sara	11	Hudson	27.52	3
19 Nielsen, Kaitlynn	11	Earlham	27.59	1
20 McElmeel, Alyssa	10	C-Wheatland	27.61	5
21 Walker, Maggie	10	Newell-Fonda	27.64	2
22 Brown, Reese	09	Wayne, Corydon	27.74	2
23 Nelson, Makenna	11	Nashua-Plainfld	27.84	2
24 Zaiger, Abigail	09	Audubon	27.85	2

Event 17 Girls 400 Meter Dash 1A (24)

Thursday 5/16/2019 - 7:00 PM

State Record: 55.75 5/16/2013 Ellie Herzberg, Manson NW We
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed Time	
1 Wetering, Shateah	11	Montezuma	58.49	1
2 Fehr, Rachel	10	WB-Mallard	58.49	1
3 Weinheimer, Reagan	11	Nodaway Vall	59.31	1
4 Portch, Ryann	11	AHSTW	59.76	2
5 Barthelman, Summer	12	Sigourney	59.89	2
6 Jensen, Drew	12	Midland, Wyoming	1:00.65	1
7 Yoder, Suzanna	12	Ia Mennonite	1:01.02	2
8 Houge, Alexis	09	Collins-Maxwell	1:02.19	1
9 Peters, Makayla	11	Kee, Lansing	1:02.33	1
10 Duncan, Maddy	11	Sidney	1:02.45	1
11 Peterson, Tara	10	Stanton	1:02.75	3
12 Hanna, Taylor	10	Saint Ansgar	1:02.87	1
13 Martin, Sydnie	09	Wapsie Val, F	1:03.08	2
14 Harders, Lydia	09	HM-Sanborn	1:03.18	2
15 Kilburg, Kiah	10	Lisbon	1:03.66	3
16 Degen, Laurel	12	Bishop Garrigan	1:03.88	4
17 Kenyon, Bailey	11	Manson NW Web	1:03.88	3
18 Chicoine, Emily	11	South O'Brien	1:03.92	5
19 Keller, Megan	10	Murray	1:03.96	1
20 Stanerson, Carly	09	English Valleys	1:03.97	3
21 Goodsmann, Kaelyn	09	Prince of Peace	1:05.07	4
22 Doud, Riley	09	Earlham	1:05.07	2
23 Alberts, Caitlin	10	Lynnville-Sully	1:05.11	4
24 Sobieski, Alli	12	Lawton-Bronson	1:05.95	1

Event 25 Girls 800 Meter Run 1A (24)

Saturday 5/18/2019 - 10:30 AM

State Record: 2:09.60 5/20/2006 Brooke Dinsdale, North Tama
 All-Time: 2:07.18 2016 Joy Ripslinger, Assumption

Name	Year	School	Seed Time	
1 Brennan, Katie	12	Kee, Lansing	2:24.49	1
2 Fisher, Aubrie	12	AGWSR	2:24.64	1
3 Blazek, Jalyssa	09	Turkey Val, JJ	2:24.93	2
4 Portch, Ryann	11	AHSTW	2:25.43	1
5 Staal, Emily	11	Central City	2:26.12	1
6 Sievers, Bailey	10	Newell-Fonda	2:26.65	1

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 25 ... (Girls 800 Meter Run 1A (24))

Name	Year	School	Seed Time
7 Lucas, Emma	12	Bedford	2:26.81 1
8 Lapke, Violet	11	Logan-Magnolia	2:28.13 2
9 Morrison, Kylie	11	Logan-Magnolia	2:28.55 3
10 Fehr, Rachel	10	WB-Mallard	2:28.67 1
11 Thygesen, Hannah	09	Audubon	2:29.05 2
12 Noah, Katie	10	Earlham	2:29.82 1
13 Hawkins, Rachel	11	B-G-M, Brook	2:30.41 1
14 McClure, Alexia	10	Cardinal, Eldon	2:31.09 2
15 Staal, Janelle	12	Central City	2:31.45 2
16 Einertson, Josie	12	Nwood-Kensett	2:31.46 2
17 Hansen, Morgan	11	Hudson	2:32.15 1
18 Schutte, Hannah	12	MFL MarMac	2:32.45 3
19 Wedeking, Kori	11	Clarksville	2:32.72 3
20 Kilburg, Halle	11	Marquette Cath	2:33.46 3
21 Eick, Aubrey	10	Nashua-Plainfld	2:33.73 4
22 Duwa, Cari	11	Pekin	2:34.08 3
23 Bontrager, Leah	09	Ia Mennonite	2:34.80 4
24 Klingsborg, Madison	11	North Butler	2:35.28 5

Event 33 Girls 1500 Meter Run 1A (24)

Saturday 5/18/2019 - 2:45 PM

State Record: 4:35.87 5/24/2014 Rebekah Topham, Griswold
 All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name	Year	School	Seed Time
1 Fisher, Aubrie	12	AGWSR	4:59.68 1
2 Staal, Emily	11	Central City	5:00.19 1
3 Lucas, Emma	12	Bedford	5:05.35 1
4 Weaver, McKenna	12	West Fork	5:10.99 2
5 Sporrer, Taylor	11	Logan-Magnolia	5:12.22 2
6 Staal, Janelle	12	Central City	5:13.75 2
7 Carlson, Addy	12	Saint Ansgar	5:13.86 3
8 Davidson, Lindsey	11	Nwood-Kensett	5:14.00 4
9 Wedeking, Kori	11	Clarksville	5:14.02 5
10 Matthews, Chloe	10	Nashua-Plainfld	5:14.03 6
11 Brown, Lexi	12	New London	5:14.24 1
12 Knutson, J'Lyn	10	Melcher-Dallas	5:14.27 1
13 Meyer, Haley	09	Kee, Lansing	5:15.36 1
14 Regenwether, Jessica	10	Hudson	5:15.63 1
15 Einertson, Josie	12	Nwood-Kensett	5:16.50 7
16 Shaw, Cheyenne	11	N Mahaska	5:17.56 2
17 Derscheid, Lauren	09	Pekin	5:18.48 3
18 Laumeyer, Emily	09	Pekin	5:19.41 4
19 Adams, Charli	12	Griswold	5:20.50 1
20 Kilburg, Halle	11	Marquette Cath	5:20.65 3
21 Thomann, Madison	10	Highland	5:20.98 4
22 Landwehr, Abby	12	St. Edmond, FD	5:21.04 1
23 Stahl, Taylor	09	Grundy Center	5:21.66 2
24 Goth, Kaitlyn	11	MMCRU	5:23.96 1

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 41 Girls 3000 Meter Run 1A (24)

Thursday 5/16/2019 - 3:20 PM

State Record: 9:56.54 5/16/2013 Leah Seivert, Sibley-Ochey

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School	Seed Time	
1 Lucas, Emma	12	Bedford	10:39.09	1
2 Fisher, Aubrie	12	AGWSR	10:52.10	1 Conv
3 Sporrer, Taylor	11	Logan-Magnolia	10:54.39	2
4 Knutson, J'Lyn	10	Melcher-Dallas	11:00.97	1
5 Staal, Emily	11	Central City	11:06.64	1 Conv
6 Brown, Lexi	12	New London	11:09.65	1
7 Shaw, Cheyenne	11	N Mahaska	11:14.22	2
8 Weaver, McKenna	12	West Fork	11:15.88	2
9 Davidson, Lindsey	11	Nwood-Kensett	11:18.86	3
10 Regenwether, Jessica	10	Hudson	11:20.36	1
11 Carlson, Addy	12	Saint Ansgar	11:26.04	4
12 Goth, Kaitlyn	11	MMCRU	11:28.80	1
13 Boulton, Elise	10	Montezuma	11:31.46	3
14 Landwehr, Abby	12	St. Edmond, FD	11:31.48	1
15 Kilburg, Halle	11	Marquette Cath	11:33.98	2 Conv
16 Moline, Madalyn	10	Manson NW Web	11:36.17	2
17 Derscheid, Lauren	09	Pekin	11:37.38	4
18 Sporrer, Courtney	09	Logan-Magnolia	11:37.63	3
19 Ratliff, Lauren	12	Baxter	11:39.67	2
20 Feldmann, Paige	10	Janesville	11:39.68	5
21 Slater, Grace	09	Audubon	11:41.18	1
22 Broers, Sophia	10	Nodaway Vall	11:43.69	2
23 Thomson, Brenna	12	Baxter	11:45.52	3
24 Walleser, Rachel	11	Kee, Lansing	11:56.19	1

Event 49 Girls 100 Meter Hurdles 1A (24) Prelims

Friday 5/17/2019 - 3:40 PM

State Record: 14.07 5/21/2010 Alex Gochenour, Logan-Magnol

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School	Seed Time	
1 Shike, Lexi	10	Nodaway Vall	15.83	1
2 Atwood, Emma	12	Cent Decatur	15.87	1
3 Diggins, Olivia	11	Logan-Magnolia	15.99	1
4 Miller, Olivia	11	Tripoli	16.13	1
5 Hoepner, Holly	10	AHSTW	16.28	2
6 Coover, Marian	11	B-G-M, Brook	16.32	1
7 Moore, JayLyn	09	Clayton Ridge	16.34	2
8 Garber, Lizzie	10	BCLUW	16.36	1
9 Ryerson, Emily	11	West Hancock	16.39	1
10 Donlea, Lauren	09	E Buchanan	16.43	1
11 Luft, Leslie	11	Ar-We-Va	16.56	3
12 Bell, Riley	11	Cent Decatur	16.56	2
13 Hughes, Olivia	12	BCLUW	16.62	2
14 Livermore, Sydney	11	Gehlen Cath, L	16.65	1
15 Mantz, Kenzie	12	Belle Plaine	16.68	3
16 Aulwes, Lily	11	Edgewd-Colesburg	16.68	3

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 49 ... (Girls 100 Meter Hurdles 1A (24) Prelims)

Name	Year	School	Seed Time	
17 Fessler, Makia	12	West Fork	16.77	1
18 Hinnners, Hannah	12	Seymour	17.00	3
19 Schlumbohm, Sutton	11	Cent Lyon	17.04	2
20 Magill, Sloane	12	Sigourney	17.04	2
21 Demers, Danika	09	St. Mary's, SL	17.06	2
22 Woerdehoff, Tiffany	10	Gehlen Cath, L	17.09	3
23 Spicer, Kali	12	Springville	17.09	2
24 Larsen, Olivia	12	Newell-Fonda	17.10	4

Event 57 Girls 400 Meter Hurdles 1A (24)

Friday 5/17/2019 - 5:20 PM

State Record: 1:02.14 5/22/2009 Sara Stoakes, N Tama
 All-Time: 57.30 1975 Debbie Esser, Woodbine

Name	Year	School	Seed Time	
1 Hoepner, Holly	10	AHSTW	1:06.38	1
2 Peterson, Tara	10	Stanton	1:07.34	2
3 Barthelman, Summer	12	Sigourney	1:07.49	1
4 Yeakel, Callie	12	Cent Lyon	1:08.51	1
5 Demers, Danika	09	St. Mary's, SL	1:08.57	1
6 Chicoine, Emily	11	South O'Brien	1:09.18	2
7 Deitchler, Ciera	12	Central, Elkader	1:09.38	1
8 Pfaltzgraff, Katelyn	10	AGWSR	1:09.38	1
9 Williams, Lauren	09	St. Albert, CB	1:09.45	1
10 Klaes, Julia	12	Riceville	1:09.52	2
11 Johnson, Holley	11	Lone Tree	1:09.88	1
12 Kelly, Kennedy	09	West Hancock	1:10.17	3
13 Fessler, Makia	12	West Fork	1:10.42	3
14 Mudderman, Reagan	09	Kee, Lansing	1:10.57	2
15 Hinnners, Hannah	12	Seymour	1:10.60	1
16 Larsen, Olivia	12	Newell-Fonda	1:10.99	2
17 Marsh, Hannah	10	English Valleys	1:11.33	2
18 Klingenberg, Madison	11	North Butler	1:11.73	4
19 McNeill, Molly	11	East Union	1:11.75	2
20 Janssen, Tianna	12	Glidden-Ralston	1:11.81	3
21 Kane, Nichole	12	Springville	1:11.96	2
22 Kasap, Clare	09	Earlham	1:11.98	3
23 Larsen, Ella	10	Newell-Fonda	1:12.03	3
24 Paxson, Kenna	09	BCLUW	1:12.89	1

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims

Thursday 5/16/2019 - 7:40 PM

State Record: 1:05.44 5/17/2012 Gehlen Cath, L, Gehlen Cath
 K Langel, N Ryan, M Whitehead, S Rohe
 All-Time: 1:00.61 2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau

Team	Relay	Seed Time	
1 BCLUW		1:07.57	1
1) Kruse, Kiersten 11	2) Pekarek, Payton 11	3) Hughes, Olivia 12	4) Garber, Lizzie 10
5) Paxson, Kenna 09	6) Engle, Madison 12		

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 66 ... (Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims)

Team	Relay	Seed Time
2 Belle Plaine		1:07.96 2
1) Montgomery, Dani 12	2) Bohlen, Olivia 09	3) Willett, Emma 11
5) Varo, Carly 12	6) Tegeler, Alyssa 09	4) Mantz, Kenzie 12
3 Gehlen Cath, L		1:08.43 1
1) Livermore, Sydney 11	2) Hill, Kate 11	3) Roder, Molly 10
5) Langel, Katelyn 12		4) Woerdehoff, Tiffany 10
4 Cent Decatur		1:08.91 1
1) Bell, Riley 11	2) Dale, Lyndsey 10	3) Lindsey, Maizee 11
5) Nordyke, Morgan 11	6) O'Dell, Carleigh 10	4) Atwood, Emma 12
5 Nodaway Vall		1:09.13 1
1) DeVault, Maddax 09	2) Yonker, Natalie 10	3) Lonsdale, Reba 12
5) Lonsdale, Rose 09	6) Christensen, Joslyn 12	4) Shike, Lexi 10
6 West Hancock		1:09.42 1
1) Leerar, Rachel 10	2) Smith, Shae 10	3) Kelly, Kennedy 09
5) Hiscocks, Riley 11	6) Rosin, Grace 10	4) Ryerson, Emily 11
7 Sigourney		1:09.60 1
1) Clarahan, Heidi 11	2) Goldman, Rylee 09	3) Magill, Sloane 12
5) Stuhr, Megan 11	6) Hammes, Stacia 11	4) Barthelman, Summer 12
8 Edgewd-Colesburg		1:09.61 1
1) Tibbott, Allison 12	2) Aulwes, Ella 09	3) Rausch, Hailey 09
5) Hansel, Kelsey 09	6) Voss, Erica 12	4) Aulwes, Lily 11
9 Cent Lyon		1:09.93 2
1) Van Beek, Naliya 11	2) Heimensen, Hayden 10	3) Yeakel, Callie 12
5) Baker, Maycie 09		4) Schlumbohm, Sutton 11
10 Earlham		1:10.19 2
1) Kasap, Clare 09	2) Knight, Kaitlyn 10	3) Jensen, Emma 10
5) Turnbull, Jocelyn 11	6) Mineart, Morgan 09	4) Smith, Rachel 11
11 West Fork		1:10.88 1
1) Fessler, Makenzie 10	2) Jones, Rachael 12	3) Suntken, Alex 09
5) Peterson, Keanna 11	6) Lau, Tia 10	4) Fessler, Makia 12
12 Bishop Garrigan		1:11.21 3
1) Rosenmeyer, Gracie 10	2) Rosenmeyer, Reese 10	3) Degen, Laurel 12
5) Elsbecker, Gracie 10	6) Deike, Lillie 09	4) Grandgenett, Emma 09
13 Maquoketa Valley		1:11.33 1
1) Ries, Leah 09	2) Hogan, Kailyn 11	3) Sands, Caelyn 09
5) Hillers, Kendra 09	6) Ott, Kennedy 09	4) Beaman, Payton 10
14 E Buchanan		1:11.55 2
1) Donlea, Olivia 11	2) Hersom, Lily 10	3) Hoffman, Erica 11
5) Riniker, Lexi 11	6) Anderegg, Lacy 09	4) Donlea, Lauren 09
15 Alburnett		1:11.57 3
1) Smith, Latyse 11	2) Franklin, Sydney 10	3) Carolan, Hailey 09
5) Winterowd, Lilly 09	6) Heims, Raegen 10	4) Schuster, Madison 11
16 Collins-Maxwell		1:11.58 3
1) Moody, Shasta 12	2) Cheville, Gracie 12	3) Wierson, Josie 12
5) Stover, Trinity 11	6) Kahler, Emma 11	4) Fricke, Avery 09
17 B-G-M, Brook		1:11.60 2
1) VanErsevelde, Rylie 11	2) Hawkins, Rachel 11	3) Puls, Sophie 09
5) Moel, Taylor 10	6) Austin, Isabelle 10	4) Coover, Marian 11
18 Central, Elkader		1:11.63 2
1) Wiley, Kaitlyn 09	2) Beatty, Brandy 09	3) Moore, Bella 11
5) Tieden, Brittni 10	6) Kluesner, Maci 10	4) Jaster, Mckenna 10

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 66 ... (Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims)

Team	Relay	Seed Time
19 Clayton Ridge		1:11.90 3
1) Harwick, Anna 11	2) Breitbart, Victoria 12	3) Christianson, Emilie 10
5) Pierce, Mara 09	6) Harber, Whitley 09	4) Moore, JayLyn 09
20 Fremont-Mills		1:11.92 1
1) Gartner, Mckayla 12	2) Howard, Kenna 10	3) Alley, Lydia 11
5) Bartles, Elizabeth 11	6) Fichter, Damita 12	4) Reed, Kendall 11
21 Sioux Ctrl, SR		1:12.37 2
1) Mueller, Madielynn 10	2) Jessen, Jenna 10	3) Boettcher, Karly 11
5) Krager, Taylor 10	6) Grimes, Patricia 10	4) Fahlander, Kally 11
22 Central Sprngs		1:12.50 2
1) Fessler, Kaylea 09	2) Klemesrud, Kristina 11	3) Sliger, Caitlin 12
5) Risvold, Cloey 12	6) Klemesrud, Karlie 09	4) Rozell, Georgie 09
23 Griswold		1:12.51 2
1) Main, Jordyn 09	2) Mundorf, Josie 10	3) Amos, Jocelyn 11
5) Pennock, Haylee 10	6) Potter, Makenna 12	4) Ogg, Hope 10
24 Glidden-Ralston		1:12.59 3
1) Hannasch, Emma 12	2) Klocke, Jenna 11	3) Dreessen, Alicen 09
5) Whitver, Hannah 11	6) Wallace, Gretchen 10	4) Janssen, Tianna 12

Event 70 Girls 4x100 Meter Relay 1A (24) Prelims**Friday 5/17/2019 - 6:20 PM**

State Record: 49.95 5/19/2007 Ventura, Ventura
M Smith, A Schuler, B Imhoff, J Hale
All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
CR Jefferson Tied in 2015

Team	Relay	Seed Time
1 South O'Brien		51.86 1
1) Dau, Hannah 10	2) Sickelka, Wylee 12	3) Struve, Sydney 11
5) Jenness, Annika 09	6) Hintz, Taryn 11	4) Sickelka, Willa 09
2 Collins-Maxwell		52.04 1
1) Fricke, Avery 09	2) Houge, Alexis 09	3) Stover, Trinity 11
5) Kahler, Emma 11	6) Moody, Shasta 12	4) Jones, Jane'e 09
3 Highland		52.11 1
1) Schneider, Sarah 12	2) Stokes, Aly 12	3) Thomann, Kristy 12
5) Miller, Abbie 12	6) Sands, Jenna 10	4) Yahnke, Emily 11
4 Tripoli		52.11 1
1) Miller, Olivia 11	2) Harms, Samara 12	3) Steere, Ellie 11
5) Bernard, Hannah 10	6) Flaig, Taylor 11	4) Lobeck, Brianna 11
5 Nodaway Vall		52.26 1
1) Yonker, Jena 10	2) Shike, Lexi 10	3) Weinheimer, Reagan 11
5) Yonker, Natalie 10	6) Tkach, Mariya 10	4) DeVault, Maddax 09
6 Riverside, Oak		52.48 2
1) Bluml, Izzy 09	2) Brown, Emily 10	3) Bluml, Gracie 11
5) Hensley, Ella 10	6) Petersen, Abi 11	4) Clevenger, Kelly 09
7 Central Sprngs		52.51 1
1) Pinske, Braxton 11	2) Wyborny, Macy 09	3) Harms, Alivea 09
5) Sliger, Caitlin 12	6) Coleman, Ellie 10	4) Fingalsen, Kessa 12
8 Central, Elkader		52.63 2
1) Wille, Maddy 10	2) Deitchler, Ciera 12	3) Beatty, Brandy 09
5) Wiley, Kaitlyn 09	6) Jaster, Mckenna 10	4) Wille, Mary Kate 12

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 70 ... (Girls 4x100 Meter Relay 1A (24) Prelims)

Team	Relay			Seed Time
9	Pekin			52.70 1
	1) Roth, Cate 11	2) Ledger, Ellie 12	3) Linder, Emilee 11	4) Wittrock, Sophie 10
	5) Dahlstrom, Mackenzie 09	6) Wright, Zoey 12		
10	Earlham			52.74 1
	1) Beatty, Allison 09	2) Nielsen, Kaitlynn 11	3) Leporte, Tara 12	4) Smith, Rachel 11
	5) Knight, Kaitlyn 10	6) Terry, Mia 09		
11	Edgewd-Colesburg			52.76 3
	1) Tibbott, Allison 12	2) Aulwes, Lily 11	3) Voss, Erica 12	4) Aulwes, Ella 09
	5) Hansel, Kelsey 09	6) Rausch, Hailey 09		
12	Nashua-Plainfld			52.93 2
	1) Nelson, Makenna 11	2) Richards, Alannah 10	3) Bienemann, Brianna 12	4) Foelske, Makenzie 09
	5) Hyde, Abbie 09	6) Fisher, Libby 11		
13	Martndsl-StMarys			52.95 2
	1) Amfahr, Katelyn 12	2) Archibald, Jensen 11	3) Satokangas, Emmi 12	4) Sweet, Hannah 12
	5) Keller, Kylie 10	6) Rose, Cassie 12		
14	Hudson			53.08 2
	1) Gaskill, Jada 10	2) Christopher, Kenzie 09	3) Michael, Madison 09	4) Klunder, Sara 11
	5) Henderson, Abi 12	6) Bergmeier, Lexi 11		
15	Sidney			53.10 1
	1) Daffer, Jaden 12	2) Larsen, Olivia 11	3) DeFroment, Ally 11	4) Duncan, Maddy 11
	5) Laumann, Makenna 09	6) Brumbaugh, Presley 11		
16	BCLUW			53.11 3
	1) Grant, Kaylee 09	2) Kruse, Kiersten 11	3) Garber, Lizzie 10	4) Hughes, Olivia 12
	5) Pekarek, Payton 11	6) Gardiner, Dahlia 09		
17	W Monona			53.21 1
	1) Williams, Ariyah 10	2) Gaukel, Jasmine 12	3) Rotnicke, Ariel 12	4) McCall, Mallory 10
	5) Struble, Meilla 09	6) Haynes, Makayla 09		
18	Don Bosco			53.33 4
	1) Steimel, Brooke 12	2) Steimel, Abby 09	3) Kimball, Lauren 10	4) Grapp, Ashley 12
	5) McMahon, Emma 10	6) Reiter, Lexie 10		
19	Dunkerton			53.40 5
	1) Swanson, Savannah 10	2) Rindels, Julia 11	3) Hesse, Izzy 09	4) Tisue, Macey 10
	5) Fettkether, Lily 11	6) Conger, Katie 10		
20	Alburnett			53.46 2
	1) Volesky, Kylie 12	2) Winterowd, Lilly 09	3) Comried, Remington 12	4) Neighbor, Megan 10
	5) Schuster, Madison 11	6) Graubard, Madison 10		
21	Easton Valley			53.56 3
	1) Stoll, Sydney 11	2) Thines, Paige 10	3) Kilburg, Sara 12	4) Wilhelm, Macy 11
	5) Messerich, Kierra 11	6) Driscoll, Sarah 11		
22	Lynnville-Sully			53.65 2
	1) Ehresman, Kaleah 11	2) McFarland, Reagan 09	3) Loftus, Mallory 11	4) Jansen, Korinne 10
	5) James, Aliya 09	6) Huyser, Dylann 10		
23	Akron-Westfield			53.74 2
	1) Colt, Chloe 09	2) Toben, Natalie 10	3) Wilken, Hailey 10	4) Siebens, Shaylee 12
	5) Wilken, Emmalee 09	6) Nemesio, Tori 10		
24	Woodbine			53.75 2
	1) Van Pelt, Oakley 09	2) Clark, Jayde 12	3) Foster, Amanda 10	4) Hamblen, Kerragen 12
	5) Kerger, Riley 09	6) Steinkuehler, Alexa 10		

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 78 Girls 4x200 Meter Relay 1A (24)**Friday 5/17/2019 - 4:30 PM****State Record: 1:44.79 2004****Ar-We-Va, Ar-We-Va****J. Kock, A. Neumann, C. Stoelk, K. Bierl****All-Time: 1:39.24 5/22/2015****CR Jefferson, CR Jefferson****A Ranschau, J Blue, M Meese, L Schneekloth**

Team	Relay			Seed Time
1 Cent Lyon				1:48.70 1
1) Schlumbohm, Sutton 11	2) Van Wyhe, Regan 09	3) Petersen, Elle 12	4) Yeakel, Callie 12	
5) Borman, Kiaha 10	6) Metzger, Kiley 11			
2 Central Sprngs				1:48.72 1
1) Pinske, Braxton 11	2) Wyborny, Macy 09	3) Harms, Alivea 09	4) Fingalsen, Kessa 12	
5) Sliger, Caitlin 12	6) Fessler, Kaylea 09			
3 Alburnett				1:48.76 1
1) Volesky, Kylie 12	2) Neighbor, Megan 10	3) Comried, Remington 12	4) Osborn, Madison 12	
5) Schuster, Madison 11	6) Neighbor, Jenna 12			
4 Tripoli				1:48.94 1
1) Miller, Olivia 11	2) Harms, Samara 12	3) Steere, Ellie 11	4) Lobeck, Brianna 11	
5) Bernard, Hannah 10	6) Flaig, Taylor 11			
5 South O'Brien				1:49.03 2
1) Sickelka, Wylee 12	2) Hintz, Taryn 11	3) Struve, Sydney 11	4) Sickelka, Willa 09	
5) Dau, Hannah 10	6) Jenness, Annika 09			
6 S Winn, Calmar				1:49.67 2
1) Kriener, Ashley 12	2) Sabelka, Eryn 09	3) Hageman, Shira 12	4) Loesch, Ellie 12	
5) Houdek, Emma 10	6) Frana, Mary 10			
7 Belle Plaine				1:50.43 1
1) Willett, Emma 11	2) Bohlen, Olivia 09	3) Tegeler, Alyssa 09	4) Toennies, Laura 11	
5) Dodd, Shaylee 12	6) Bohlen, Ashton 12			
8 Gehlen Cath, L				1:50.52 1
1) Livermore, Sydney 11	2) Langel, Katelyn 12	3) Woerdehoff, Tiffany 10	4) Hill, Kate 11	
5) Heying, Lauren 09	6) Sitzmann, Larissa 09			
9 Martndsl-StMarys				1:50.75 1
1) Keller, Kylie 10	2) Sweet, Hannah 12	3) Satokangas, Emmi 12	4) Archibald, Jensen 11	
5) Amfahr, Katelyn 12	6) Dunn, Morgan 11			
10 Earlham				1:50.89 2
1) Leporte, Tara 12	2) Kasap, Clare 09	3) Smith, Rachel 11	4) Nielsen, Kaitlynn 11	
5) Beatty, Allison 09	6) Jensen, Emma 10			
11 Sioux Ctrl, SR				1:50.97 2
1) Mueller, Maggie 11	2) Gomez, Diana 09	3) Krager, Taylor 10	4) Fahnlander, Kally 11	
5) Feely, Alyssa 11	6) Mueller, Madielynn 10			
12 Graet-T/Ruth-Ayr				1:51.08 3
1) Alderson, Macy 09	2) Sorenson, Kate 09	3) Hough, Madie 11	4) Alesch, Toni 12	
5) Kluever, Sierra 10	6) Hall, Claudia 10			
13 W Monona				1:51.26 3
1) Haynes, Makayla 09	2) Struble, Tayah 10	3) Rotnicke, Ariel 12	4) McCall, Mallory 10	
5) Miller, Hannah 10	6) Williams, Ariyah 10			
14 Central, Elkader				1:51.28 3
1) Deitchler, Ciera 12	2) Wille, Maddy 10	3) Beatty, Brandy 09	4) Wille, Mary Kate 12	
5) Wiley, Kaitlyn 09	6) Jaster, Mckenna 10			
15 Montezuma				1:51.29 1
1) Massengale, Brianna 11	2) Reynolds, Katie 09	3) Gatton, Riley 12	4) Krousie, Ash 09	
5) Mckeag, Maddy 11	6) Wetering, Shanae 09			

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 78 ... (Girls 4x200 Meter Relay 1A (24))

	Team	Relay	Seed Time
16	Highland		1:51.39 2
	1) Schneider, Sarah 12	2) Stokes, Aly 12	3) Thomann, Kristy 12
	5) Brand, Alli 11	6) Sands, Jenna 10	4) Yahnke, Emily 11
17	Nashua-Plainfld		1:51.51 2
	1) Nelson, Makenna 11	2) Bienemann, Brianna 12	3) Richards, Alannah 10
	5) Hyde, Abbie 09	6) Rinken, Haley 10	4) Foelske, Makenzie 09
18	IKM-Manning		1:52.34 1
	1) Opperman, Jodi 12	2) Ahrenholtz, Alexa 10	3) Branning, Lexi 11
	5) Cadwell, Bianca 09	6) Lesle, Kamryn 11	4) Cadwell, Gabby 12
19	West Central, M		1:52.41 4
	1) Gordon, Aaliyah 09	2) Scott, Naomi 10	3) Lickiss, Kylee 10
	5) Hepperle, Rosita 11	6) Van Hyfte, Hannah 11	4) Squires, Marlee 10
20	Riverside, Oak		1:52.48 2
	1) Bluml, Izzy 09	2) Bluml, Gracie 11	3) Brown, Emily 10
	5) Hensley, Ella 10	6) Hackett, Kya 10	4) Clevenger, Kelly 09
21	Collins-Maxwell		1:52.56 2
	1) Fricke, Avery 09	2) Stover, Trinity 11	3) Cheville, Gracie 12
	5) Houge, Alexis 09	6) Wierson, Josie 12	4) Jones, Jane'e 09
22	Nodaway Vall		1:52.70 3
	1) Yonker, Jena 10	2) DeVault, Maddax 09	3) Yonker, Natalie 10
	5) Shike, Lexi 10	6) Longobardi, Haley 10	4) Weinheimer, Reagan 11
23	Easton Valley		1:52.92 3
	1) Stoll, Sydney 11	2) Thines, Paige 10	3) Wilhelm, Macy 11
	5) Klemme, Maddi 10	6) Rittmer, Hally 12	4) Kilburg, Sara 12
24	Logan-Magnolia		1:53.35 1
	1) Goodrich, Abby 12	2) Nolting, Ruby 09	3) Armstrong, Kaelin 12
	5) Evans, Amelia 09	6) Christians, Alexis 12	4) Reisz, Cambria 12

Event 86 Girls 4x400 Meter Relay 1A (24) Prelims

Friday 5/17/2019 - 7:00 PM

State Record: 3:58.28 5/19/2007 Valley Community Elgin, Valley Commu
A Spain, M Moyle, M Metzger, K McCartney
All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
S Houlihan, R Mikulicz, E McCarthy, E Dougherty

	Team	Relay	Seed Time
1	Kee, Lansing		4:10.33 1
	1) Walleser, Makayla 12	2) Mitchell, Jada 10	3) Peters, Makayla 11
	5) Mudderman, Reagan 09	6) Meyer, Haley 09	4) Brennan, Katie 12
2	Montezuma		4:12.93 1
	1) Reynolds, Katie 09	2) Gatton, Riley 12	3) Krousie, Ash 09
	5) Massengale, Brianna 11	6) Mckeag, Maddy 11	4) Wetering, Shateah 11
3	Newell-Fonda		4:13.14 1
	1) Sievers, Bailey 10	2) Sievers, Macy 09	3) Larsen, Olivia 12
	5) Larsen, Ella 10	6) Wilken, Camryn 12	4) Walker, Maggie 10
4	S Winn, Calmar		4:13.73 2
	1) Sabelka, Eryn 09	2) Loesch, Ellie 12	3) Kriener, Ashley 12
	5) Massman, Olivia 12	6) Conway, Mary 12	4) Hageman, Shira 12
5	Gehlen Cath, L		4:13.98 2
	1) Langel, Katelyn 12	2) Livermore, Sydney 11	3) Hill, Kate 11
	5) Bogen, Emma 09		4) Heying, Lauren 09

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

Event	Team	Relay	Seed Time
6	Maquoketa Valley		4:14.17 1
	1) Beaman, Payton 10	2) Chesnut, Kylie 09	3) Hunt, Amaya 09
	5) Knipper, Allison 11	6) Whittenbaugh, Emerson 10	4) Wall, Samantha 12
7	W Monona		4:14.37 3
	1) Struble, Tayah 10	2) Rotnicke, Ariel 12	3) Struble, Meilla 09
	5) Haynes, Makayla 09	6) Miller, Hannah 10	4) McCall, Mallory 10
8	Sioux Ctrl, SR		4:15.31 4
	1) Mueller, Maggie 11	2) Krager, Taylor 10	3) Mueller, Madielynn 10
	5) Lonning, Emma 10	6) Willeford, Alyssa 10	4) Fahlander, Kally 11
9	Midland, Wyoming		4:16.11 2
	1) Dusanek, Emma 12	2) Rupp, Ella 10	3) Hacke, Ari 10
	5) Bahnsen, Taylor 11	6) Folkers, Kayla 12	4) Jensen, Drew 12
10	Cent Lyon		4:16.86 1
	1) Waagmeester, Whitney 10	2) Metzger, Kiley 11	3) Borman, Kiaha 10
	5) Struckman, Shania 11	6) Yeakel, Callie 12	4) Petersen, Elle 12
11	Earlham		4:17.08 1
	1) Kasap, Clare 09	2) Luke, Rachel 12	3) Noah, Katie 10
	5) Terry, Mia 09	6) Schaffer, Carly 09	4) Doud, Riley 09
12	AHSTW		4:17.09 1
	1) Hoepner, Holly 10	2) Welsh, Talia 10	3) Cornejo, Kelsi 11
	5) Harris, Claire 10	6) Draman, Jade 10	4) Portch, Ryann 11
13	Grundy Center		4:17.33 1
	1) Luhring, Kyah 11	2) Flater, Brooke 12	3) Lindeman, Sarah 12
	5) Dole, Bella 09	6) Wallis, Paiton 09	4) Wallis, Hailey 12
14	HM-Sanborn		4:18.76 2
	1) Harders, Lydia 09	2) VanderVeen, Anna 09	3) Riedemann, Jennie 12
	5) Mutombo, Liz 12	6) Lux, Trinity 12	4) Lux, Jasmine 09
15	Audubon		4:19.16 2
	1) Zaiger, Abigail 09	2) Hermansen, Aleah 09	3) Thygesen, Hannah 09
	5) Sporrer, Kodie 10	6) Nielsen, Katelyn 10	4) Slater, Grace 09
16	Belle Plaine		4:19.69 2
	1) Willett, Emma 11	2) Bohlen, Olivia 09	3) Bohlen, Ashton 12
	5) Dodd, Shaylee 12	6) Tegeler, Alyssa 09	4) Toennies, Laura 11
17	Pekin		4:19.99 2
	1) Eubanks, Sarah 09	2) Loper, Hollie 12	3) Wright, Zoey 12
	5) Duwa, Cari 11	6) Laumeyer, Emily 09	4) Duwa, Remi 11
18	WB-Mallard		4:20.09 3
	1) Banwart, Briley 10	2) Fehr, Monika 10	3) Gehrt, Isabell 12
	5) Fehr, Julia 10	6) Fogarty, Tori 10	4) Fehr, Rachel 10
19	Logan-Magnolia		4:20.97 1
	1) Morrison, Kylie 11	2) Goodrich, Abby 12	3) Christians, Alexis 12
	5) Sporrer, Courtney 09	6) Diggins, Olivia 11	4) Lapke, Violet 11
20	Cent Decatur		4:21.21 2
	1) O'Dell, Carleigh 10	2) Martin, Lauren 09	3) Bell, Riley 11
	5) Saxton, Lauren 11	6) Bethards, Carson 09	4) Atwood, Emma 12
21	Saint Ansgar		4:21.85 1
	1) Davis, Meaghann 10	2) Hanna, Taylor 10	3) Minnis, Madison 11
	5) Bork, Lauren 10	6) Brown, Ella 10	4) Carlson, Addy 12
22	Bishop Garrigan		4:22.46 4
	1) Degen, Laurel 12	2) Noonan, Katie 11	3) Meister, Maddie 11
	5) Thul, Emma 12	6) Fogarty, Emma 11	4) Elsbecker, Gracie 10

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

Team	Relay	Seed Time
23 Turkey Val, JJ		4:22.92 3
1) Weber, Josie 09	2) Schmidt, Kourtney 09	3) Kruse, Cambree 09
5) Busta, Breanna 11	6) Byrne, Jaycie 10	4) Blazek, Jalyssa 09
24 Nwood-Kensett		4:23.05 2
1) Einertson, Josie 12	2) Davidson, Lindsey 11	3) Conlin, Ruthie 10
5) Hopperstad, Laura 12	6) Pangburn, Peyton 11	4) Hengesteg, Carly 09

Event 94 Girls 4x800 Meter Relay 1A (24)

Thursday 5/16/2019 - 5:00 PM

State Record: 9:28.33 5/17/2007 Valley Community Elgin, Valley Commu
A Spain, M Moyle, D Bushman, K McCartney
All-Time: 9:09.09 2001 Iowa City West, Iowa City West

Team	Relay	Seed Time
1 Kee, Lansing		10:07.95 1
1) Peters, Makayla 11	2) Meyer, Haley 09	3) Walleser, Makayla 12
5) Mudderman, Reagan 09	6) Walleser, Rachel 11	4) Brennan, Katie 12
2 Central City		10:09.20 1
1) Uhlenkamp, Sariann 12	2) Silver, Alyssa 12	3) Staal, Janelle 12
5) Whitson, Jacklyn 12	6) Flitsch, Katie 09	4) Staal, Emily 11
3 Earlham		10:12.54 1
1) Luke, Rachel 12	2) Zweigart, Kaylee 12	3) Schaffer, Carly 09
5) Stiles, Alissa 10	6) Luellen, Kayt 11	4) Noah, Katie 10
4 Pekin		10:13.82 1
1) Duwa, Cari 11	2) Duwa, Remi 11	3) Laumeyer, Emily 09
5) Black, Maddie 09	6) Fariss, Lilly 09	4) Loper, Hollie 12
5 Newell-Fonda		10:16.32 1
1) Sievers, Macy 09	2) Morenz, Megan 11	3) Wilken, Camryn 12
5) Larsen, Olivia 12	6) Gutierrez Cobley, Eli 12	4) Sievers, Bailey 10
6 St. Edmond, FD		10:19.24 1
1) Shelly, Caroline 09	2) Alstott, Emma 09	3) Landwehr, Abby 12
5) Aljets, Aleksandria 09	6) Galles, Avery 10	4) Bemrich, Aubrey 10
7 Cent Lyon		10:21.53 2
1) Waagmeester, Whitney 10	2) Struckman, Shania 11	3) Metzger, Kiley 11
5) Yeakel, Callie 12	6) Davis, Kaylee 09	4) Krull, Brooklyn 09
8 Hudson		10:23.24 1
1) Hansen, Morgan 11	2) Hansen, Maddie 09	3) Henderson, Naomi 11
5) Regenwether, Jessica 10	6) Grady, Addison 09	4) Selenke, Sophie 11
9 Saint Ansgar		10:23.56 1
1) Bork, Lauren 10	2) Urbatsch, Gracie 10	3) Peterson, Haley 09
5) Carlson, Addy 12	6) Witt, Addy 11	4) Anderson, Hali 10
10 Manson NW Web		10:24.34 3
1) Troshynski, Chloe 11	2) Herzberg, Sophie 12	3) Condon, Paige 09
5) Ruhland, Samantha 12	6) Moline, Madalyn 10	4) Kenyon, Bailey 11
11 Lawton-Bronson		10:27.44 2
1) Ricke, Kaitlyn 12	2) McKenna, Bailey 11	3) Teager, Lilly 11
5) Ricke, Emma 09	6) Rohan, Lillie 11	4) Harris, Sloane 12
12 Grundy Center		10:27.52 2
1) Lindeman, Sarah 12	2) Dole, Bella 09	3) Wallis, Paiton 09
5) Beck, Emma 09	6) Flater, Brooke 12	4) Stahl, Taylor 09
13 Bishop Garrigan		10:27.99 4
1) Noonan, Katie 11	2) Fogarty, Emma 11	3) Cink, Madelyn 12
5) Rosenmeyer, Reese 10	6) Degen, Laurel 12	4) Meister, Maddie 11

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 94 ... (Girls 4x800 Meter Relay 1A (24))

	Team	Relay	Seed Time	
14	S Winn, Calmar		10:28.02	2
	1) Kriener, Ashley 12	2) Sabelka, Eryn 09	3) Massman, Olivia 12	4) Taylor, Kayley 09
	5) Hageman, Shira 12	6) Ward, Melissa 12		
15	Nashua-Plainfld		10:28.35	2
	1) Carpenter, Jennah 09	2) Carpenter, Faith 11	3) Matthews, Chloe 10	4) Eick, Aubrey 10
	5) Levi, Jayne 11	6) Levi, Kara 09		
16	Audubon		10:28.70	1
	1) Thygesen, Hannah 09	2) Hermansen, Aleah 09	3) Zaiger, Abigail 09	4) Slater, Grace 09
	5) Sporrer, Kodie 10	6) Vorm, Madison 10		
17	MMCRU		10:29.03	3
	1) Olson, Faith 11	2) Dreckman, Emily 09	3) Reuter, Ellie 09	4) Harpenau, Taylor 09
	5) Goth, Kaitlyn 11	6) Specht, Nicole 11		
18	Logan-Magnolia		10:29.94	1
	1) Lapke, Violet 11	2) Sporrer, Taylor 11	3) Christians, Alexis 12	4) Morrison, Kylie 11
	5) Sporrer, Courtney 09	6) Thompson, Emilie 10		
19	Marquette Cath		10:31.09	2
	1) Kettmann, Allison 09	2) Koos, Kaylee 09	3) Beauchamp, Holly 09	4) Kilburg, Halle 11
	5) Litterer, Hannah 10	6) Callaghan, Emma 10		
20	Montezuma		10:32.56	2
	1) Mckeag, Maddy 11	2) Conger, Shelby 11	3) Boulton, Elise 10	4) Reynolds, Katie 09
	5) Larmore, Allyson 09	6) VanDerHart, Haley 09		
21	N Tama, Traer		10:37.82	3
	1) Kvidera, Molly 12	2) Kopriva, Takoa 11	3) Breakenridge, Jules 09	4) Gorder, Carlie 11
	5) Kucera, Katelyn 11	6) Aghabekyan, Elina 12		
22	IKM-Manning		10:40.30	2
	1) Cadwell, Bianca 09	2) Doyel, Macie 09	3) Mullen, McKenna 09	4) Beerman, Emma 10
	5) Danner, Lauren 10	6) Cadwell, Gabby 12		
23	HM-Sanborn		10:40.36	5
	1) VanderVeen, Anna 09	2) Harders, Lydia 09	3) Dorhout, Johanna 11	4) Lux, Jasmine 09
	5) Schnurr, Kourtney 12	6) Otto, Madison 09		
24	Lisbon		10:42.35	3
	1) Bock, Emma 11	2) Morningstar, Grace 11	3) Bennett, Sam 11	4) Kilburg, Kiah 10
	5) Baxa, Brynnley 10	6) Clark, Grace 12		

Event 108 Girls 800 Sprint Medley 1A (24)**Saturday 5/18/2019 - 9:00 AM**

State Record: 1:48.80 5/23/2015 Hudson, Hudson
L Kolterman, A Mosley, D Reicherts, M Bell
All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
A Rolle, O Hubler, J Bennett, P Wensel

	Team	Relay	Seed Time	
1	Montezuma		1:51.30	1
	1) Massengale, Brianna 11	2) Gatton, Riley 12	3) Krousie, Ash 09	4) Wetering, Shateah 11
	5) Reynolds, Katie 09	6) Wetering, Shanae 09		
2	Alburnett		1:51.42	1
	1) Volesky, Kylie 12	2) Comried, Remington 12	3) Neighbor, Megan 10	4) Osborn, Madison 12
	5) Winterowd, Lilly 09	6) Schuchmann, Maddy 12		
3	Nodaway Vall		1:52.43	1
	1) Yonker, Jena 10	2) Shike, Lexi 10	3) DeVault, Maddax 09	4) Weinheimer, Reagan 11
	5) Kuhns, Mallory 11	6) Rhoads, Erin 10		

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 108 ... (Girls 800 Sprint Medley 1A (24))

Event	Team	Relay	Seed Time
4	Cent Lyon		1:53.39 1
	1) Schlumbohm, Sutton 11	2) Van Wyhe, Regan 09	3) Petersen, Elle 12
	5) Van Beek, Naliya 11	6) Borman, Kiaha 10	4) Yeakel, Callie 12
5	Grundy Center		1:53.43 1
	1) Dole, Bella 09	2) Flater, Brooke 12	3) Luhring, Kyah 11
	5) Willis, Kylie 12	6) Newton, Bailey 09	4) Wallis, Hailey 12
6	WB-Mallard		1:53.54 2
	1) Hoskins, Kayla 10	2) Fehr, Kara 10	3) Gehrt, Isabell 12
	5) Fehr, Monika 10		4) Fehr, Rachel 10
7	AHSTW		1:53.72 2
	1) Hoepner, Holly 10	2) Cornejo, Kelsi 11	3) Welsh, Talia 10
	5) Henriksen, Kaitlynne 11	6) Denning, Claire 10	4) Portch, Ryann 11
8	Central, Elkader		1:53.99 1
	1) Wille, Maddy 10	2) Beatty, Brandy 09	3) Wille, Mary Kate 12
	5) Wiley, Kaitlyn 09	6) Jaster, Mckenna 10	4) Deitchler, Ciera 12
9	Collins-Maxwell		1:54.25 2
	1) Fricke, Avery 09	2) Stover, Trinity 11	3) Jones, Jane'e 09
	5) Cheville, Gracie 12	6) Wierson, Josie 12	4) Houge, Alexis 09
10	South O'Brien		1:54.43 3
	1) Dau, Hannah 10	2) Struve, Sydney 11	3) Sickelka, Wylee 12
	5) Bauer, Kenna 09	6) Hintz, Taryn 11	4) Sickelka, Willa 09
11	Newell-Fonda		1:54.78 1
	1) Sievers, Macy 09	2) Stewart, Emma 12	3) Larsen, Ella 10
	5) Sievers, Bailey 10	6) Larsen, Olivia 12	4) Walker, Maggie 10
12	Kee, Lansing		1:54.80 2
	1) Mitchell, Jada 10	2) Peters, Makayla 11	3) Meyer, Haley 09
	5) Johnson, Alexis 10	6) Brennan, Katie 12	4) Walleser, Makayla 12
13	BCLUW		1:55.02 3
	1) Kruse, Kiersten 11	2) Hughes, Olivia 12	3) Speicher, Fiona 09
	5) Garber, Lizzie 10	6) Messerly, Betula 10	4) Thompson, Katie 12
14	Midland, Wyoming		1:55.03 2
	1) Rupp, Ella 10	2) Hacke, Ari 10	3) Dusanek, Emma 12
	5) Bahnsen, Taylor 11	6) Folkers, Kayla 12	4) Jensen, Drew 12
15	Belle Plaine		1:55.10 4
	1) Dodd, Shaylee 12	2) Mantz, Kenzie 12	3) Tegeler, Alyssa 09
	5) Varo, Carly 12	6) Willett, Emma 11	4) Toennies, Laura 11
16	W Monona		1:55.25 2
	1) Williams, Ariyah 10	2) Rotnicke, Ariel 12	3) Haynes, Makayla 09
	5) Struble, Tayah 10	6) Martinez, Enya 11	4) McCall, Mallory 10
17	Easton Valley		1:55.45 3
	1) Stoll, Sydney 11	2) Thines, Paige 10	3) Kilburg, Sara 12
	5) Himmelreich, Emma 11	6) Klemme, Maddi 10	4) Wilhelm, Macy 11
18	Sidney		1:55.66 1
	1) Daffer, Jaden 12	2) Larsen, Olivia 11	3) DeFroment, Ally 11
	5) Laumann, Makenna 09	6) Brumbaugh, Presley 11	4) Duncan, Maddy 11
19	Martndsl-StMarys		1:55.78 1
	1) Amfaher, Katelyn 12	2) Satokangas, Emmi 12	3) Sweet, Hannah 12
	5) Puderbaugh, Kate 09	6) Keller, Kylie 10	4) Archibald, Jensen 11
20	Tripoli		1:55.82 3
	1) Harms, Samara 12	2) Flaig, Taylor 11	3) Lobeck, Brianna 11
	5) Bernard, Hannah 10	6) Miller, Olivia 11	4) Steere, Ellie 11

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 108 ... (Girls 800 Sprint Medley 1A (24))

Team	Relay	Seed Time
21 Pekin		1:55.95 2
1) Wittrock, Sophie 10	2) Roth, Cate 11	3) Wright, Zoey 12
5) Duwa, Remi 11	6) Linder, Emilee 11	4) Eubanks, Sarah 09
22 Central Sprngs		1:56.18 1
1) Pinske, Braxton 11	2) Wyborny, Macy 09	3) Fingalsen, Kessa 12
5) Fessler, Kaylea 09	6) Coleman, Ellie 10	4) Harms, Alivea 09
23 Saint Ansgar		1:56.92 2
1) Finberg, Gabby 12	2) Woods, Jaci 09	3) Soltau, Madi 12
5) Schutjer, Tanyon 12	6) Minnis, Madison 11	4) Hanna, Taylor 10
24 Gehlen Cath, L		1:57.02 3
1) Woerdehoff, Tiffany 10	2) Heying, Lauren 09	3) Langel, Katelyn 12
5) Sitzmann, Larissa 09	6) Livermore, Sydney 11	4) Hill, Kate 11

Event 116 Girls High Jump 1A (24)

Friday 5/17/2019 - 4:30 PM

State Record: 5-08.25 5/18/2012 Chaley Rath, Treynor
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford

Name	Year	School	Seed Mark
1 Atwood, Emma	12	Cent Decatur	5-04.00 1
2 Mantz, Kenzie	12	Belle Plaine	5-03.00 2
3 Hill, Lauryn	11	Colo-Nesco	5-03.00 1
4 Steinberger, Hope	11	North Union	5-02.00 1
5 Conger, Shelby	11	Montezuma	5-02.00 1
6 Marshall, Maysun	11	Lisbon	5-02.00 1
7 Carolan, Hailey	09	Alburnett	5-02.00 1
8 Hintz, Taryn	11	South O'Brien	5-01.00 3
9 Nielsen, Sam	09	North Union	5-01.00 2
10 Klemme, Maddi	10	Easton Valley	5-01.00 3
11 Tucker, Kailee	11	Akron-Westfield	5-00.00 1
12 Sallee, Kylee	10	Hudson	5-00.00 3
13 Jackson, Jade	10	CAM, Anita	5-00.00 1
14 Ahrenholtz, Alexa	10	IKM-Manning	5-00.00 2
15 Swenson, Jordan	10	West Fork	5-00.00 1
16 Kuehl, Saari	10	Glad-Reinbeck	5-00.00 4
17 Jellison, Acey	12	Seymour	4-10.00 2
18 LaRue, Julia	12	Wapsie Val, F	4-10.00 1
19 Tieden, Brittni	10	Central, Elkader	4-10.00 2
20 Hansel, Kelsey	09	Edgewd-Colesburg	4-10.00 2
21 Dreckman, Emily	09	MMCRU	4-10.00 2
22 Jensen, Riley	09	Essex	4-10.00 1
23 Krousie, Ash	09	Montezuma	4-10.00 2
24 Poppe, Emma	11	Clarksville	4-10.00 2

Event 124 Girls Long Jump 1A (24)

Thursday 5/16/2019 - 4:30 PM

State Record: 18-08.50 5/15/2008 Jennifer Jorgensen, Southeast We
 All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name	Year	School	Seed Mark
1 Sallee, Kylee	10	Hudson	17-04.75 1
2 Yahnke, Emily	11	Highland	17-02.25 1
3 Barthelman, Summer	12	Sigourney	16-08.50 1

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 124 ... (Girls Long Jump 1A (24))

Name	Year	School	Seed	Mark
4	Bell, Riley	11 Cent Decatur	16-08.25	1
5	Luft, Leslie	11 Ar-We-Va	16-07.25	1
6	Elvert, Grace	12 C-Wheatland	16-06.50	2
7	Luhring, Kyah	11 Grundy Center	16-06.50	2
8	Aulwes, Ella	09 Edgewood-Colesburg	16-04.00	1
9	Stokes, Aly	12 Highland	16-03.50	3
10	Duncan, Maddy	11 Sidney	16-03.25	1
11	Diggins, Olivia	11 Logan-Magnolia	16-02.75	2
12	Brown, Reese	09 Wayne, Corydon	16-01.00	2
13	Graubard, Madison	10 Alburnett	15-11.00	4
14	Amos, Jocelyn	11 Griswold	15-10.75	2
15	Mudderman, Reagan	09 Kee, Lansing	15-10.50	2
16	Alley, Lydia	11 Fremont-Mills	15-09.50	3
17	Hiemes, Macy	09 Starmont	15-09.25	3
18	Bohlen, Olivia	09 Belle Plaine	15-08.75	3
19	Schmidt, Joie	12 Clay Central-Everly	15-08.00	1
20	Massengale, Brianna	11 Montezuma	15-08.00	2
21	Houdek, Emma	10 S Winn, Calmar	15-06.50	4
22	Gardiner, Dahlia	09 BCLUW	15-05.75	4
23	Johnson, Bella	10 Lawton-Bronson	15-04.25	1
24	Bengen, Alisa	12 Janesville	14-11.50	1

Event 132 Girls Discus Throw 1A (24)

Friday 5/17/2019 - 2:00 PM

State Record: 137-11 2004

Wendy Ausdemore, Tri-Center

All-Time: 179-07 2014

Kiana Phelps, KP-WC

Name	Year	School	Seed	Mark
1	Wilder, Kaitlyn	12 Dunkerton	139-02	1
2	Angell, Abigail	10 Central Springs	130-04	1
3	Pope, Kerrigan	09 Pekin	129-00	1
4	Marr, Abby	12 Riceville	125-00	2
5	Phillips, Sophie	12 Fremont-Mills	124-01	1
6	Paulson, Brenna	11 North Iowa	121-09	3
7	Friedrichsen, Anna	11 South O'Brien	121-06	1
8	Trimpe, Madison	12 English Valleys	119-00	2
9	Scheffler, Kinsey	11 AHSTW	118-04	1
10	Hopperstad, Laura	12 Nwood-Kensett	117-10	4
11	Lewis, Farrah	11 Cent Lyon	117-00	2
12	Fichter, Kendra	12 Fremont-Mills	115-07	2
13	Stuhr, Megan	11 Sigourney	113-00	3
14	Flaig, Taylor	11 Tripoli	112-09	2
15	Kane, Sammi	11 Wapsie Val, F	112-01	3
16	Ammons, Emma	12 MFL MarMac	112-00	4
17	Christensen, Jaci	09 Audubon	111-07	2
18	Sherer, Sydney	12 W Harrison	110-08	3
19	Prather, Stephanie	12 Hudson	110-01	1
20	Baldus, Kira	10 Saint Ansgar	109-06	5
21	Little, Miranda	11 Tri-County	109-04	4
22	Jones, Emily	09 Wayne, Corydon	107-08	1

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 132 ... (Girls Discus Throw 1A (24))

Name	Year	School	Seed	Mark
23 Zubrod, Melinda	12	Gehlen Cath, L	106-06	1
24 Green, Abby	12	Easton Valley	105-07	1

Event 140 Girls Shot Put 1A (24)

Thursday 5/16/2019 - 2:00 PM

State Record: 42-01.25 5/19/2011 NiCole Dobernecker, Chtr Oak-Ute
All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name	Year	School	Seed	Mark
1 Wilder, Kaitlyn	12	Dunkerton	41-09.75	1
2 Hamlett, Vanessa	12	Starmont	41-01.00	2
3 Marr, Abby	12	Riceville	39-08.00	1
4 Chizek, Amanda	11	West Hancock	39-00.00	1
5 Wood, Lexi	10	Manson NW Web	38-11.00	2
6 Hackman, Breanna	09	Nashua-Plainfld	38-04.75	2
7 Fichter, Kendra	12	Fremont-Mills	38-02.75	1
8 Deist, Melissa	11	Audubon	38-02.00	1
9 Thompson, Samantha	11	Westwood, Sloan	37-07.75	1
10 Lewis, Farrah	11	Cent Lyon	37-07.00	3
11 Hinnners, Emily	12	Ar-We-Va	37-02.25	2
12 Smith, Jadeyn	10	Ar-We-Va	37-01.50	3
13 Sherer, Sydney	12	W Harrison	37-01.00	2
14 Kramersmeier, Leah	09	North Iowa	37-01.00	3
15 Helle, Lydia	11	Maquoketa Valley	36-10.00	1
16 Hudson, Anna	11	Winfield-Mt. U	36-08.50	1
17 Cook, Emma	10	E Buchanan	36-08.00	2
18 Beminio, Haley	11	Belmond-Klemme	36-07.75	4
19 Kane, Sammi	11	Wapsie Val, F	36-04.75	3
20 Lander, Lexi	11	W Monona	36-01.25	2
21 Venteicher, Molly	10	CAM, Anita	35-11.75	4
22 Behnken, Mallory	09	CAM, Anita	35-10.00	5
23 Willis, Kylie	12	Grundy Center	35-00.50	1
24 Overgaard, Grace	10	Melcher-Dallas	33-05.25	1

Event 148 Girls Distance Medley 1A (24)

Friday 5/17/2019 - 2:40 PM

State Record: 4:05.37 5/18/2007 North Tama Traer, North Tama T
B Dinsdale, M Halupnick, S Stoakes, B Dinsdale
All-Time: 3:55.82 2017 Assumption, Assumption

Team	Relay	Seed	Time
1 Kee, Lansing		4:21.15	1
1) Mitchell, Jada 10	2) Meyer, Haley 09	3) Wallerer, Makayla 12	4) Brennan, Katie 12
5) Peters, Makayla 11	6) Johnson, Alexis 10		
2 AGWSR		4:25.22	1
1) Hames, Alyssa 10	2) Kuper, MaKenna 10	3) Gerbracht, Ali 11	4) Fisher, Aubrie 12
5) Sperflage, Taylor 10	6) Pfaltzgraff, Katelyn 10		
3 Grundy Center		4:26.05	1
1) Flater, Brooke 12	2) Luhring, Kyah 11	3) Wallis, Hailey 12	4) Stahl, Taylor 09
5) Dole, Bella 09	6) Lindeman, Sarah 12		
4 Turkey Val, JJ		4:26.12	2
1) Weber, Josie 09	2) Schmidt, Karissa 12	3) Schmidt, Kourtney 09	4) Blazek, Jalyssa 09
5) Kruse, Cambree 09	6) Byrne, Jaycie 10		

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019

Des Moines, Iowa
Drake Stadium
Performance List

Event 148 ... (Girls Distance Medley 1A (24))

Event	Team	Relay	Seed Time
5	Tripoli		4:26.25 3
	1) Lobeck, Brianna 11	2) Harms, Samara 12	3) Miller, Olivia 11
	5) Bernard, Hannah 10	6) Flaig, Taylor 11	4) Steere, Ellie 11
6	Hudson		4:27.99 2
	1) Michael, Madison 09	2) Klunder, Sara 11	3) Sallee, Kylee 10
	5) Hansen, Morgan 11	6) Gaskill, Jada 10	4) Regenwether, Jessica 10
7	Cardinal, Eldon		4:28.30 1
	1) Chapin, Kiya 10	2) Lewman, Rachel 11	3) McClure, Alexia 10
	5) Sloan, Allison 09	6) Cloke, Madison 11	4) Pickrell, Sydney 09
8	Clarksville		4:29.73 2
	1) Spree, Madison 11	2) Poppe, Emma 11	3) Behrends, Cheyenne 11
	5) Myers, Bailey 12	6) Essink, Allyson 12	4) Wedeking, Kori 11
9	Pekin		4:30.62 2
	1) Wittrock, Sophie 10	2) Wright, Zoey 12	3) Eubanks, Sarah 09
	5) Roth, Cate 11	6) Duwa, Cari 11	4) Duwa, Remi 11
10	Bedford		4:30.73 1
	1) O'Dell, Hannah 12	2) Valenzuela, Selena 11	3) Tracy, Vivian 10
	5) Sefrit, Macie 10	6) Weed, Kennedy 10	4) Lucas, Emma 12
11	St. Edmond, FD		4:30.83 1
	1) Shelly, Caroline 09	2) Harvey, Gracie 09	3) Galles, Avery 10
	5) McClain, Mya 09	6) Aljets, Aleksandria 09	4) Bemrich, Aubrey 10
12	Nwood-Kensett		4:30.87 3
	1) Parks, Jaela 11	2) Senne, Kayla 10	3) Hengesteg, Carly 09
	5) Davidson, Lindsey 11	6) Conlin, Ruthie 10	4) Einertson, Josie 12
13	Central City		4:31.06 1
	1) Kremer, Lillie 11	2) Owens, Evah 10	3) Bowen, Nyvaeh 11
	5) Rollinger, Shelby 09	6) Skelton, Elise 11	4) Staal, Janelle 12
14	New London		4:31.30 3
	1) Hummell, Jenna 12	2) Lounsbury, Sophie 12	3) Christensen, Aliyah 09
	5) Loyd, Layney 11	6) Krieger, Kara 11	4) Brown, Lexi 12
15	Saint Ansgar		4:31.54 4
	1) Boerjan, Kirsten 10	2) Anderson, Jadyne 12	3) Brown, Ella 10
	5) Soltau, Madi 12	6) Anderson, Hali 10	4) Carlson, Addy 12
16	Newell-Fonda		4:32.12 1
	1) Sievers, Macy 09	2) Stewart, Emma 12	3) Walker, Maggie 10
	5) Morenz, Megan 11	6) Larsen, Ella 10	4) Sievers, Bailey 10
17	North Union		4:32.18 2
	1) Beadle, Cassie 09	2) Von Bank, Vanessa 10	3) Henderson, Lily 09
	5) Deitering, Abby 10	6) Nielsen, Sam 09	4) Steinberger, Hope 11
18	Earlham		4:32.20 1
	1) Leporte, Tara 12	2) Nielsen, Kaitlynn 11	3) Noah, Katie 10
	5) Schaffer, Carly 09	6) Doud, Riley 09	4) Luke, Rachel 12
19	Edgewood-Colesburg		4:32.32 4
	1) Aulwes, Lily 11	2) Hansel, Kelsey 09	3) Aulwes, Ella 09
	5) Hrcirova, Wendy 10	6) Avianeda, Jessica 10	4) Bergan, Delaney 12
20	Logan-Magnolia		4:32.99 2
	1) Diggins, Olivia 11	2) Reisz, Cambria 12	3) Lapke, Violet 11
	5) Morrison, Kylie 11	6) Armstrong, Kaelin 12	4) Sporrer, Courtney 09
21	Midland, Wyoming		4:34.50 2
	1) Rupp, Ella 10	2) Bahnsen, Taylor 11	3) Dusanek, Emma 12
	5) Hacke, Ari 10	6) Jensen, Drew 12	4) Folkers, Kayla 12

Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
Des Moines, Iowa
Drake Stadium
Performance List

Event 148 ... (Girls Distance Medley 1A (24))

	Team	Relay	Seed Time
22	Lone Tree		4:34.59 3
	1) Johnson, Holley 11	2) Chown, Kasey 09	3) Bopp, Macie 11
	5) Norris, Lexi 09	6) Lorack, Arlie 09	4) Patterson, Natalie 11
23	Audubon		4:35.58 1
	1) Nielsen, Katelyn 10	2) Hermansen, Aleah 09	3) Zaiger, Abigail 09
	5) Riebhoff, Mallory 11	6) Vorm, Madison 10	4) Thygesen, Hannah 09
24	B-G-M, Brook		4:35.90 4
	1) Coover, Marian 11	2) Kline, Morgan 10	3) Alexander, Emma 11
	5) Vokoun, Hannah 12	6) Gus, Hannah 10	4) Hawkins, Rachel 11