

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/11/2019 04:54 PM
 Iowa Girls & Boys State Track Meet 2019 - 5/16/2019 to 5/18/2019
 Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 7 Girls 100 Meter Dash 4A (24)

=====
 Thursday 5/16/2019 - 6:37 PM

State Record: 11.49 2018 Sydney Milani, Southeast Polk
 All-Time: 11.49 2018 Syndey Milani, Southeast Polk
 Name Year School

=====
 Heat 1 Prelims

1	Anisia Smith	09 Cedar Falls
2	Hannah Stuelke	09 CR Washingto
3	Janyla Hoskins	11 DUB Hempstea
4	Kerris Roberts	12 WAT East
5	Jill Bennett	12 Linn-Mar
6	Hannah Wilson	11 Ankeny Cent
7	Erika Canada	12 DSM Lincoln
8	Riawna Hunter	12 DSM, North

Heat 2 Prelims

1	Katie Girsch	10 Bettendorf
2	Avery Horner	09 Bettendorf
3	Ariana Hill	12 DVPT, North
4	Darby Thomas`	12 CB, A Lincol
5	Eva Van De Mortel	10 Ankeny
6	Madelyn Solomon	12 WAT West
7	Sydney Fuller	12 North Scott
8	Grace Gioffredi	09 Indianola

Heat 3 Prelims

1	Angel Baylark	11 Burlington
2	Cheyenne Mitchell	12 CR Kennedy
3	Melina Hegelheimer	12 Ames
4	Holly Duax	09 SC, West
5	Mytika Mayberry	10 Ankeny
6	Madie Andorf	12 Prairie, CR
7	Hailey Klein	12 DUB Hempstea
8	Kelsey Wood	12 Pleasant Val

Event 15 Girls 200 Meter Dash 4A (24)

=====
 Thursday 5/16/2019 - 4:30 PM

State Record: 23.69 2018 Sydney Milani, Southeast Polk
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk
 Name Year School

=====
 Heat 1 Prelims

1	Samantha Milani	11 SE Polk
2	Lindsey Sires	10 Cedar Falls
3	Juru Okwaramoi	12 Dowling Cath
4	Darby Thomas`	12 CB, A Lincol
5	Peyton Steva	12 IC, West
6	Lineya Wells	10 SC, East
7	Eva Van De Mortel	10 Ankeny

8	Hannah Wilson	11	Ankeny Cent
Heat 2 Prelims			
1	Destiny Lottie	12	DSM, Hoover
2	Temira Goods	11	DSM, Hoover
3	Jada Williams	09	Mason City
4	Holly Duax	09	SC, West
5	Mikala Sidney	12	Ankeny
6	Ariana Hill	12	DVPT, North
7	Ainsley Schlicher	10	Waukee
8	Anisia Smith	09	Cedar Falls
Heat 3 Prelims			
1	Riawna Hunter	12	DSM, North
2	Olivia Lewis	11	Bettendorf
3	Cheyenne Mitchell	12	CR Kennedy
4	Kerris Roberts	12	WAT East
5	Jill Bennett	12	Linn-Mar
6	Jocee Morris	10	DSM, Rooseve
7	Natalie Harris	09	Waukee
8	Gretta Hartz	11	SE Polk

Event 23 Girls 400 Meter Dash 4A (24)

Thursday 5/16/2019 - 7:10 PM

State Record: 52.90 2018 Sydney Milani, Southeast Polk

All-Time: 52.90 2018 Sydney Milani, Southeast Polk

Name	Year	School
------	------	--------

Section 1 Timed Finals

1	Molly Bannister	09	Waukee
2	Emily Schmidt	09	Linn-Mar
3	Leah Tietjens	10	Ames
4	Annika Skogman	10	Bettendorf
5	Brooke Maxwell	10	DSM Lincoln
6	Sydni Wendling	12	Ankeny
7	Sofia Utsinger	10	Bettendorf
8	Julia Martinez-Lohf	09	Urbandale

Section 2 Timed Finals

1	Kaitlyn Powell	09	DVPT, West
2	Kate Timboe	12	Dowling Cath
3	Bailey Blake	11	Indianola
4	Audrey Biermann	09	Epworth, WD
5	Grace Bookin-Nosbisch	11	Ottumwa
6	Riawna Hunter	12	DSM, North
7	Avery Kamienski	12	Johnston
8	Devon Dunson	10	IC, Liberty

Section 3 Timed Finals

1	Lineya Wells	10	SC, East
2	Rachel Nagel	11	CR Jefferson
3	Auriona Kimbrough	12	Cedar Falls
4	Mackenzie Michael	11	Cedar Falls
5	Allison Bookin-Nosbisch	11	Ottumwa
6	Gabby Cortez	09	Prairie, CR
7	Grace Larkins	10	SE Polk
8	Lily Haars	09	Linn-Mar

Event 31 Girls 800 Meter Run 4A (24)

Saturday 5/18/2019 - 11:00 AM

State Record: 2:08.15 5/21/2011 Shelby Houlihan, SC, East
 All-Time: 2:07.18 2016 Joy Ripplinger, Assumption
 Name Year School

Section 1 Timed Finals

1	Elly Burds	10	Epworth, WD
2	Sydnee Miller	12	Dowling Cath
3	Abby Riley	12	Pleasant Val
4	Kaylee Leicht	11	DUB Hempstea
5	Aleah Tenpas	09	Johnston
6	Sarah DeFaux	09	Bettendorf
7	Olivia Hamblin	11	CR Kennedy
8	Emma Holesinger	11	DUB Hempstea
9	McKenzie Logan	10	IC, Liberty
10	Megan Fleming	12	DSM, Rooseve
11	Holyn Doran	11	Pleasant Val
12	Macy Gaskill	10	Urbandale

Section 2 Timed Finals

1	Paige Blackford	12	SE Polk
2	Sydney Schaffer	11	Waukee
3	Allison Bookin-Nosbisch	11	Ottumwa
4	Mackenzie Michael	11	Cedar Falls
5	Ashlyn Keeney	09	IC, Liberty
6	Grace Bookin-Nosbisch	11	Ottumwa
7	Jessica Caraway	11	Waukee
8	Claire Edmondson	11	DUB Senior
9	Kiara Malloy-Salgado	10	IC, West
10	Magda McGowan	10	SE Polk
11	Kaia Downs	09	SC, East
12	Alex Radcliffe	09	SC, East

Event 39 Girls 1500 Meter Run 4A (24)

Saturday 5/18/2019 - 3:08 PM

State Record: 4:27.76 5/23/2015 Stephanie Jenks, Linn-Mar
 All-Time: 4:26.39 2011 Shelby Houlihan, SC East
 Name Year School

Section 1 Timed Finals

1	Paige Blackford	12	SE Polk
2	Lillian Schmidt	10	DUB Senior
3	Ashlyn Keeney	09	IC, Liberty
4	Claire Edmondson	11	DUB Senior
5	Micah Poellet	10	Linn-Mar
6	Brooklyn McKee	11	Johnston
7	Camille Mac	10	IC, Liberty
8	Helen Gould	12	Valley, WDM
9	Hannah Brown	11	DUB Hempstea
10	Sydney Schaffer	11	Waukee
11	Camille Jackson	11	Ames
12	Kaia Downs	09	SC, East
13	Mallory Lafever	12	Pleasant Val
14	Mattison Plummer	10	SE Polk
15	Isabella Heikes	10	Johnston
16	Lauren Schulze	10	Valley, WDM
17	Lilly Geelan	10	Linn-Mar

18	Isabelle Schaffer	11	Waukee
19	Ella Popenhagen	11	CR Kennedy
20	Maddy Minard	12	Pleasant Val
21	Carollin Mellin	11	Ottumwa
22	Hannah Beintema	09	Bettendorf
23	Erica Buettner	10	IC, West
24	Macy Gaskill	10	Urbandale

Event 47 Girls 3000 Meter Run 4A (24)

Thursday 5/16/2019 - 3:35 PM

State Record: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School
------	------	--------

Section 1 Timed Finals

1	Helen Gould	12	Valley, WDM
2	Ashlyn Keeney	09	IC, Liberty
3	Brooklyn McKee	11	Johnston
4	Claire Edmondson	11	DUB Senior
5	Micah Poellet	10	Linn-Mar
6	Isabella Heikes	10	Johnston
7	Lauren Schulze	10	Valley, WDM
8	Mattison Plummer	10	SE Polk
9	Lillian Schmidt	10	DUB Senior
10	Ella Popenhagen	11	CR Kennedy
11	Camille Jackson	11	Ames
12	Chloe Skidmore	10	Linn-Mar
13	Reagan Gorman	12	CR Washingto
14	Paige Wageman	09	Cedar Falls
15	Hannah Brown	11	DUB Hempstea
16	Camille Mac	10	IC, Liberty
17	Rowan Boulter	09	IC, City Hig
18	Isabelle Schaffer	11	Waukee
19	Kendall White	10	Prairie, CR
20	Lilly Boge	09	Epworth, WD
21	Chloe Greig	12	Pleasant Val
22	Peyton Kelderman	10	Waukee
23	Rylee Blake	11	Muscatine
24	Morgan Graybill	11	Ankeny Cent

Event 55 Girls 100 Meter Hurdles 4A (24)

Friday 5/17/2019 - 3:50 PM

State Record: 14.12 2018 Sydney Winger, Waukee

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School
------	------	--------

Heat 1 Prelims

1	Matayah Naylor	11	Johnston
2	Mira Baccile	11	Dowling Cath
3	Caroline Schaeckenbach	11	IC, City Hig
4	Peyton Steva	12	IC, West
5	Najat Bresh	12	DSM, East
6	Esther Ubadigbo	11	DSM, Rooseve
7	Zoey Stark	11	Waukee
8	Maddy McFarland	09	Cedar Falls

Heat 2 Prelims

1	Chana Northrup	11	Linn-Mar
2	Kiya Wulf	12	DVPT, West
3	Juru Okwaramoi	12	Dowling Cath
4	Darby Thomas`	12	CB, A Lincol
5	Katie Petersen	11	Ankeny Cent
6	Mackenzie Carney	09	Ames
7	Jaeda Bowling	10	Bettendorf
8	Meg Ridout	12	Ankeny Cent

Heat 3 Prelims

1	Rayna Sickels	10	Indianola
2	Sophie Curtis	11	Pleasant Val
3	Addie Drees	11	Waukee
4	Taylor Cannon	11	IC, Liberty
5	Kajsa Gerkens	11	CR Kennedy
6	Jewels Buss	11	Ames
7	Julia Shonka	10	DSM, Hoover
8	Shelby Romig	10	Ankeny

Event 60 Girls 400 Meter Hurdles 4A (24)

Friday 5/17/2019 - 5:30 PM

State Record: 1:00.15 2018 Payton Wensel, Linn-Mar

All-Time: 57.30 1975 Debbie Esser, Woodbine

Name Year School

Section 1 Timed Finals

1	Ashley Allen	12	Dowling Cath
2	Clare Basala	10	Pleasant Val
3	Katie Baerenwald	09	SE Polk
4	Kiara Malloy-Salgado	10	IC, West
5	Ellie Dalton	10	Ankeny
6	Isabelle Woody	09	IC, Liberty
7	Joey Werling	09	Indianola
8	Taylor Buhr	09	Pleasant Val

Section 2 Timed Finals

1	Sadie Staker	11	Linn-Mar
2	Amy Liao	10	IC, West
3	Mya Moore	11	Valley, WDM
4	Ashley Donovan	12	DUB Senior
5	Sarah Bosch	12	Ankeny
6	Sammie Schaben	09	Ames
7	Anaya Barney	10	Cedar Falls
8	Lillian Reynolds	10	IC, City Hig

Section 3 Timed Finals

1	Hannah Thomas	11	Mason City
2	Hope Morken	12	Ames
3	Kajsa Gerkens	11	CR Kennedy
4	Caroline Schaeckenbach	11	IC, City Hig
5	Kate Bannister	12	Waukee
6	Millie Hill	10	Ankeny Cent
7	Grace Larkins	10	SE Polk
8	Mallory Drake	09	Waukee

Event 69 Girls 4x100 Meter Shuttle Hurdle 4A (24)

Thursday 5/16/2019 - 8:00 PM

State Record: 1:00.61 2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau
 All-Time: 1:00.61 2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau

School

```

=====
Heat 1 Prelims
  1 CR Kennedy
  3 Waukee
  5 Valley, WDM
  7 SC, West
Heat 2 Prelims
  1 DVPT, West
  3 Ames
  5 Cedar Falls
  7 Marshalltown
Heat 3 Prelims
  1 Pleasant Valley
  3 IC, West
  5 Johnston
  7 Indianola
Heat 4 Prelims
  1 Prairie, CR
  3 IC, City High
  5 IC, Liberty
  7 Linn-Mar
Heat 5 Prelims
  1 North Scott
  3 Dowling Cath
  5 SE Polk
  7 DVPT, Central
Heat 6 Prelims
  1 Bettendorf
  3 Ankeny
  5 Ankeny Cent
  7 SC, East
  
```

Event 76 Girls 4x100 Meter Relay 4A (24)

Friday 5/17/2019 - 6:30 PM

State Record: 47.89 5/19/2010 Iowa City West, Iowa City West
 All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
 CR Jefferson Tied in 2015

School

```

=====
Heat 1 Prelims
  1 Prairie, CR
  2 SC, East
  3 Linn-Mar
  4 WAT East
  5 Waukee
  6 WAT West
  7 Epworth, WD
  8 CR Jefferson
Heat 2 Prelims
  1 Valley, WDM
  2 Ankeny Cent
  
```

- 3 Cedar Falls
- 4 Ankeny
- 5 Pleasant Valley
- 6 SC, West
- 7 SE Polk
- 8 IC, Liberty

Heat 3 Prelims

- 1 Johnston
- 2 IC, City High
- 3 Dowling Cath
- 4 Ames
- 5 DSM, Hoover
- 6 Bettendorf
- 7 DUB Hempstead
- 8 North Scott

Event 84 Girls 4x200 Meter Relay 4A (24)

=====
 Friday 5/17/2019 - 4:45 PM

State Record: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
 A Ranschau, J Blue, M Meese, L Schneekloth
 All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
 A Ranschau, J Blue, M Meese, L Schneekloth

School
 =====

Section 1 Timed Finals

- 1 Indianola
- 2 Epworth, WD
- 3 Mason City
- 4 IC, West
- 5 North Scott
- 6 Valley, WDM
- 7 WAT West
- 8 SC, East

Section 2 Timed Finals

- 1 Prairie, CR
- 2 DUB Hempstead
- 3 WAT East
- 4 Dowling Cath
- 5 Cedar Falls
- 6 Johnston
- 7 IC, City High
- 8 CR Kennedy

Section 3 Timed Finals

- 1 Ankeny
- 2 Bettendorf
- 3 Waukee
- 4 Pleasant Valley
- 5 Ames
- 6 Linn-Mar
- 7 SE Polk
- 8 DSM, Hoover

Event 92 Girls 4x400 Meter Relay 4A (24)

=====
 Friday 5/17/2019 - 7:20 PM

State Record: 3:48.49 5/20/2009 Sioux City East, Sioux City East

All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
S Houlihan, R Mikulicz, E McCarthy, E Dougherty

School

=====
Heat 1 Prelims

- 1 Ankeny
- 2 Pleasant Valley
- 3 Ottumwa
- 4 Linn-Mar
- 5 IC, City High
- 6 Ankeny Cent
- 7 IC, Liberty
- 8 Mason City

Heat 2 Prelims

- 1 DUB Hempstead
- 2 Ames
- 3 Bettendorf
- 4 SE Polk
- 5 Waukee
- 6 Epworth, WD
- 7 Indianola
- 8 SC, East

Heat 3 Prelims

- 1 SC, North
- 2 CB, A Lincoln
- 3 Johnston
- 4 Cedar Falls
- 5 Dowling Cath
- 6 Prairie, CR
- 7 DSM, Hoover
- 8 Valley, WDM

Event 100 Girls 4x800 Meter Relay 4A (24)

=====
Thursday 5/16/2019 - 5:25 PM

State Record: 9:09.34 2018 Waukee, Waukee
L Campbell, J Caraway, M Groathouse, L Akason
All-Time: 9:09.09 2001 Iowa City West, Iowa City West
School

=====
Section 1 Timed Finals

- 1 SC, North
- 2 IC, City High
- 3 SC, East
- 4 Urbandale
- 5 Cedar Falls
- 6 DUB Hempstead
- 7 Ankeny
- 8 IC, Liberty
- 9 DVPT, Central
- 10 Ankeny Cent
- 11 CB, A Lincoln
- 12 Indianola

Section 2 Timed Finals

- 1 DUB Senior
- 2 Johnston
- 3 SE Polk

- 4 Dowling Cath
- 5 Ottumwa
- 6 Waukee
- 7 Linn-Mar
- 8 Bettendorf
- 9 Prairie, CR
- 10 IC, West
- 11 Pleasant Valley
- 12 Epworth, WD

Event 114 Girls 800 Sprint Medley 4A (24)

=====
 Saturday 5/18/2019 - 9:36 AM

State Record: 1:43.64 2018 Linn-Mar, Linn-Mar
 A Rolle, O Hubler, J Bennett, P Wensel
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
 A Rolle, O Hubler, J Bennett, P Wensel

School

=====
 Section 1 Timed Finals

- 1 Valley, WDM
- 2 SC, East
- 3 IC, Liberty
- 4 DUB Hempstead
- 5 Burlington
- 6 Johnston
- 7 CB, A Lincoln
- 8 DSM Lincoln

Section 2 Timed Finals

- 1 Mason City
- 2 Indianola
- 3 North Scott
- 4 Prairie, CR
- 5 Ankeny Cent
- 6 Bettendorf
- 7 IC, City High
- 8 Ankeny

Section 3 Timed Finals

- 1 Waukee
- 2 Dowling Cath
- 3 Epworth, WD
- 4 Pleasant Valley
- 5 Cedar Falls
- 6 Ames
- 7 SE Polk
- 8 Linn-Mar

Event 122 Girls High Jump 4A (24)

=====
 Thursday 5/16/2019 - 4:30 PM

State Record: 5-08.25 5/19/2009 Khanishah Williams, Burlington
 All-Time: 6-01 2010 Hannah Wilms, Dike-NH
 Name Year School

=====
 Flight 1 Finals

- | | | | |
|---|-----------------|----|--------------|
| 1 | Calea Jones | 11 | Ankeny Cent |
| 2 | Alia Vanderhoef | 10 | IC, City Hig |

3	Kennady Mills	10	SE Polk
4	Sabrina Leistikow	11	Cedar Falls
5	Grace Tubbs	12	Clinton
6	Jalyiah Miller	11	DSM Lincoln
7	Emily Wood	10	Pleasant Val
8	Lauren Blake	09	Indianola
9	Kara Krahn	12	Johnston
10	Gabby Himes	11	Marshalltown
11	Carly Boss	12	Waukee
12	Sophie Lampe	10	Ankeny Cent
13	Kirstin Sykes	12	SC, East
14	Meredith Bahl	09	Epworth, WD
15	Jada Morris	12	DSM, Rooseve
16	Taylor Peterson	12	Prairie, CR
17	Kyley Vondrak	09	SC, East
18	Auriona Kimbrough	12	Cedar Falls
19	Anne Guest	10	Ottumwa
20	Annika Braaten	11	Bettendorf
21	Claudia Johnson	11	Bettendorf
22	Sara Hoskins	11	Pleasant Val
23	Mira Baccile	11	Dowling Cath
24	Layanna Green	10	Waukee

Event 130 Girls Long Jump 4A (24)

Friday 5/17/2019 - 4:30 PM

State Record: 19-08

Waller/Thomas, CRW/CBAL

All-Time: 19-10.25 2014

Lexus Lovan, Urbandale

Name

Year School

Flight 1 Finals

1	Hannah Thomas	11	Mason City
2	Emily Merksick	12	Lewis Centra
3	Ava Andrews	10	Prairie, CR
4	Aaliyah Williams	10	DSM, East
5	Ella Johnson	09	DUB Hempstea
6	Kennady Mills	10	SE Polk
7	Brooklyn Woods	09	Waukee
8	Ella Cook	10	IC, City Hig
9	Emalee Ryder	11	DUB Hempstea
10	Isabella Scheid	12	Waukee
11	Valieghja Wright	09	WAT East
12	Brooklyn Johnson	09	DVPT, Centra

Flight 2 Finals

1	Erin McQuillen	12	Bettendorf
2	Shelby Romig	10	Ankeny
3	Catie Brosius	12	Epworth, WD
4	Te'Nia Ansley	09	IC, City Hig
5	Sarah Albaugh	09	Cedar Falls
6	Harmony Creasy	10	Pleasant Val
7	Katie Severt	12	IC, West
8	Carli Spelhaug	12	Pleasant Val
9	Angel Baylark	11	Burlington
10	Dimia Burrell	11	Linn-Mar
11	Emerson Green	11	Cedar Falls
12	Darby Thomas`	12	CB, A Lincol

Event 138 Girls Discus Throw 4A (24)

Thursday 5/16/2019 - 2:00 PM

State Record: 156-04 5/17/2008 Taylor Freeman, Iowa City We

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

Flight 1 Finals

1	Madison Fleckenstein	12	DUB Hempstea
2	Ali Palmersheim	11	SC, East
3	Caitlyn Miller	10	SC, North
4	Kaylee Sartell	11	SE Polk
5	Hannah Stuelke	09	CR Washingto
6	Kit Stoelk	12	Urbandale
7	Portia Jones	10	DSM, East
8	Hailey Hoogers	12	SC, North
9	Cindy Gabriel-Flores	12	DVPT, Centra
10	Madison Green	11	Valley, WDM
11	Sarah Breitsprecker	10	SE Polk
12	Hanna Gray	12	Johnston

Flight 2 Finals

1	Lucy Turner	11	CB, A Lincol
2	Allie Hittner	12	Dowling Cath
3	Kelly Klinge	11	DSM Lincoln
4	Myah Brinker	09	Cedar Falls
5	Miranda Jones	10	IC, Liberty
6	Kassie Baker	11	Indianola
7	April Czarnecki	12	Urbandale
8	Zanila Terrell	12	DVPT, North
9	Avelyn Burger	10	Waukee
10	Kat Moody	12	Waukee
11	Lauren Payne	11	Lewis Centra
12	Alivia Bauer	11	Indianola

Event 146 Girls Shot Put 4A (24)

Friday 5/17/2019 - 2:00 PM

State Record: 47-01.50 5/20/2016 Erika Hammond, Clinton

All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name Year School

Flight 1 Finals

1	Kacee Gollob	12	Fort Dodge
2	Portia Jones	10	DSM, East
3	Ella Stagg	09	Ames
4	Grace Jellison	11	CR Jefferson
5	Macie Mays	10	Indianola
6	Madison Green	11	Valley, WDM
7	Brooklynn Smith	09	WAT West
8	Hanna Gray	12	Johnston
9	Lucy Turner	11	CB, A Lincol
10	Hope Wagner	11	SC, West
11	Donna-Lyn Capistrano	12	SE Polk
12	KeaVonna Rumley	11	DVPT, Centra

Flight 2 Finals

1	Kimberly Powell	11	Clinton
2	Zanila Terrell	12	DVPT, North

3	Jeany Toingar	11	Linn-Mar
4	Ilah Perez-Johnson	11	Pleasant Val
5	Precious Daley	11	DSM, Rooseve
6	April Czarnecki	12	Urbandale
7	Grace Tobin	11	Mason City
8	Arionnah Sonii	09	IC, West
9	Lauren Payne	11	Lewis Centra
10	Alivia Bauer	11	Indianola
11	Salima Omari	11	IC, West
12	Kat Moody	12	Waukee

Event 151 Girls Distance Medley 4A (24)

Friday 5/17/2019 - 3:00 PM

State Record: 4:00.39 2009

Sioux City East, Sioux City East

All-Time: 3:55.82 2017

Assumption, Assumption

School

Section 1 Timed Finals

- 1 WAT East
- 2 Marshalltown
- 3 Linn-Mar
- 4 CR Kennedy
- 5 Dowling Cath
- 6 DUB Hempstead
- 7 Epworth, WD
- 8 Ames

Section 2 Timed Finals

- 1 Pleasant Valley
- 2 Indianola
- 3 Ankeny Cent
- 4 Bettendorf
- 5 Johnston
- 6 Prairie, CR
- 7 DUB Senior
- 8 North Scott

Section 3 Timed Finals

- 1 Cedar Falls
- 2 DSM, Roosevelt
- 3 Waukee
- 4 SE Polk
- 5 IC, Liberty
- 6 IC, City High
- 7 Valley, WDM
- 8 Ottumwa