

2020-21 Bowling Manual
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IGHSAU WEBSITE

All tournament information, including a copy of this manual, tournament site information, and other pertinent information can be found on the IGHSAU website in the Swimming & Diving Coaches and Administrators section.

RULES

The IHSAA/IGHSAU will rule on any situation arising, which is not covered specifically by the IHSAA/IGHSAU/IBF Guidelines, the IHSAA Handbook, or the United States Bowling Congress High School Division rule book.

USBC RULE CHANGES FOR 2020-2021 HIGH SCHOOL BOWLING

Rule 18 - USBC will temporarily allow the use of isopropyl alcohol, aka rubbing alcohol on the outer surface of the ball at any time during USBC certified competition.

Rules 106a and 106b USBC will temporarily allow individual teams to compete on a single lane without the requirement to rotate lanes after each frame.

DEFINITIONS

IHSAA – Iowa High School Athletic Association

IGHSAU-Iowa Girls' High School Athletic Union

IBF-Iowa Bowling Federation

USBC-United States Bowling Congress

SANCTIONED TEAM

- a. Employ a fully certified coach
- b. Be eligible for postseason play
- c. Shall follow all rules and regulations of the IHSAA/IGHSAU.

IMPORTANT DATES

Nov 9 – First Practice

Nov 23 – First Competition

Participation

School sanctioned teams shall be allowed to compete against sanctioned teams only.

CLASSIFICATION

The top 30 schools will be Class 3A, the next 30 schools will be Class 2A, and the rest will be Class 1A

QUIK STATS IOWA

Coaches are required to post statistics to Quikstats. Failure to do so has consequences from the IHSAA/IGHSAU. Staff will check to see if statistics have been posted. Staff will check to make sure schools are in compliance on the following dates:

Tuesday, December 15, 2020

Tuesday, January 12, 2021

Tuesday, January 26, 2021

Tuesday, February 9, 2021

Regular Season Limitations

Playing Dates: 12 (Exception: Teams will be permitted an additional date to accommodate a new bowling school in acquiring a complete schedule. The additional date is required to be approved by the Iowa High School Athletic Association).

Team: Two (2) matches per day at any level.

Individual: Six (6) games in a calendar day. Note: 5 Baker games =1 game

UNIFORMS

Pants - Shall be a long pant, similar in color (no blue jeans) or a skirt may be worn.

Shirts:

- Shall be identical
- Shall have a collar – Mock turtleneck shirts are considered to be a collared shirt.
- Shall have no advertising
- Identification on the front or back can be either the participant's first or last name, or school name/nickname if owned by the school.
- Identification on the back of the shirt may be school name/nickname/logo. Note: The IBF logo is permitted on the front of the shirt.

Hats - no hats are allowed.

If a player is not in an appropriate uniform and it cannot be corrected immediately, the player will be disqualified and the team will use an absentee score for the game in which that bowler is participating.

FREQUENTLY ASKED QUESTIONS REGARDING BOWLING BALL CLEANING

While bowling in USBC competition, a bowling ball cannot:

- Have the surface altered by the use of an abrasive.
- Be cleaned with any liquid substance or cleaning agent.
- Have any foreign material on it including, but not limited to, powder, rosin, marker, or paint.

All bowling balls so altered or cleaned must be removed from the competition. Note: Should a foreign substance appear on the outer surface of a bowling ball that cannot be removed with a dry towel, an approved cleaner may be used with consent from a league or tournament officer.

When may I alter the surface of my bowling ball?

You are permitted to sand, polish, or clean the surface of your bowling ball before the start of competition. However, once tournament or league play begins, altering the surface of a bowling ball is strictly prohibited. This includes balls that have not yet been introduced into play. ***NOTE FOR 2020-21 SEASON: Rule 18 - USBC will temporarily allow the use of isopropyl alcohol, aka rubbing alcohol on the outer surface of the ball at any time during USBC certified competition.***

When does competition start?

Competition starts once any bowler throws a ball for score in a league or tournament.

Can I pat my ball with rosin or powder if I wipe the ball before it is delivered?

No. Wiping the ball with a towel does not make the ball compliant with the rule. Patting a ball with a product is adding a foreign substance to the ball and cannot be done during competition. A product can only be applied to a bowler's hand and not leave residue on the surface of the ball.

Can I clean my ball with an approved cleaner during practice?

You can clean your ball with an approved cleaner during practice unless otherwise specified by league or tournament rules.

If I take a ball out of my bag that I have not bowled with, can I clean it with an approved cleaner?

No, approved cleaners cannot be used once competition has begun. This rule applies to balls from a bowler's bowling bag, locker or car, etc. We suggest you clean all your bowling balls before the start of competition. ***NOTE FOR 2020-21: USBC will temporarily allow the use of isopropyl alcohol, aka rubbing alcohol on the outer surface of the ball at any time during USBC certified competition.***

A tournament consists of singles and baker events. The singles event is bowled first immediately followed by the bakers. Can I "alter the surface of" my bowling ball between events?

No. Rule 18 does not allow the outer surface of any bowling ball to be altered after the start of competition. Since the tournament is conducting singles and bakers concurrently, you cannot alter the surface of the bowling ball between events. ***NOTE FOR 2020-21: USBC will temporarily allow the use of isopropyl alcohol, aka rubbing alcohol on the outer surface of the ball at any time during USBC certified competition.***

Can a bowler use an abrasive, cleaner, or polish on just the track or only just a portion of the track of the ball?

No. USBC specifications require that the entire surface of the ball be prepared uniformly. Preparing the surface of a ball in any other manner would be a violation of Rule 17a, Item 1. The penalty for a violation of this rule can include disqualification, forfeiture, removal from the league, and/or suspension of USBC membership.

What happens if a bowler uses a cleaner, abrasive, or puts a foreign substance on the ball?

If the bowler was not aware of the rule, the ball is removed from competition. The bowler also should be given an explanation of the rule. Conversely, if the bowler knows a ball cannot be cleaned, patted with rosin or powder, or use an abrasive, the ball must be removed from competition and the games are subject to forfeiture. If there is a question as to whether a bowler knew the rule or not, the league board of directors makes the determination. If the bowler refuses to remove the ball from competition, the games are subject to forfeiture.

If my ball comes back with residue on it and I cannot clean it with my dry towel, rag, or shammy, can I use an approved cleaner?

Yes, provided you get permission from a league officer or tournament official. If you clean your ball without prior permission, you may be asked to remove the ball from competition, and/or the games may be subject to forfeiture.

When I have permission to clean my ball, may I clean the entire ball?

Yes, you may clean the entire surface of a bowling ball.

GAMESMANSHIP

The Bowling Advisory Committee and the administrative staffs are concerned about “gamesmanship” being used in bowling competition. Accordingly, the Advisory Committee recommended and both Boards adopted the following rule: “Coaches shall remain two feet behind the approach area and not be in a position that impedes the competitive bowlers.” There is no reason why coaches or non-competitors should be in any position to disrupt bowlers. We will monitor this practice and stricter restrictions may be imposed. Coaches, take care of this so your governing bodies won’t have to impose further restrictions.

BOWLER’S AREA

The host school is responsible for designating a bowler’s area during the match.

Authorized Personnel

The coach(es), participating bowlers and bowling center staff as needed, are the only persons authorized to be in the bowler's area during a match. Substitutes and other interested parties must remain behind the area defined as the bowler's area.

A. Team Structure:

1. A varsity or junior varsity team shall consist of no more than 6 bowlers. A team may have an unlimited number of reserve bowlers. Each of the six-team members will bowl individual games with the best 5 two game total pin scores being used to determine the team individual total.
2. A legal lineup may consist of a minimum of 3 bowlers and 2 vacancies or subs.
3. Coaches may change player(s) on a team after a game but not in the middle of a game.
4. Six (6) bowlers will bowl two regular games of competition and five (5) bowlers 5 games (one equivalent game) of 5 person Baker Format. (See Substitution Rule)

B. Competition Format:

1. Round 1 (approximately 35 minutes) Two Games: Six (6) players bowl straight individual 10 frame scoring. Between rounds, both teams assemble on one pair of lanes. The top five (5) two-game total pins from Round 1 are added to each team's first frame of Round 2. (If scoring units will not accept total pins from Round 1, enter the difference between both teams total for Round 1.) Cross-lane bowling procedures will be used for Round 1.
2. Round 2 (approximately 45 minutes) Five Games Baker format (one equivalent game): As games progress, total pins are always visible on the scorer. Substitutions AND BOWLING ORDER CHANGES may be made in this round BETWEEN GAMES. Coaches will have the opportunity to create a new bowling order prior to each Baker game. For example: Player A could be the first bowler in game #1, the second bowler in game #2, not bowl in game #3, be the third bowler in game #4, and be the fourth bowler in game #5. Teams will bowl all frames of each Baker game on one lane, switching lanes only between games.
3. The total combined pinfall of both rounds wins the match. In case of a tie, there will be a roll-off consisting of one Baker game to determine the winner.

C. Playing Format:

1. Team Presentation: A team is expected to present a legal lineup on the lanes at the scheduled starting time for each match.
2. Practice Balls: Bowlers will be allowed two (2) deliveries per lane for both regular season and tournament play. Bowlers are not permitted to bowl on the same day, prior to a competition, in the bowling center where the competition is to be held with the exception of

PE classes and school and youth sponsored events or programs. A bowler that violates this provision will not be allowed to compete in the given event.

3. Lineups: Coaches shall post their roster five minutes before the scheduled start time. Teams bowling on the odd-numbered lanes will enter their lineup first.
4. Absentee/Vacancy: An absentee/Vacancy score of zero (0) shall be given when a team has a legal lineup but less than a full lineup at the start of any game in the series. Two or more members are required for team format.
5. Conduct of Coaches, Players, and Spectators: IGHSAU/IHSAA Policy will be enforced.
 - a. All bowlers will remain in the immediate bowling area while competition is in progress.
 - b. Bowlers will be expected to follow the previous bowler promptly and will be required to bowl as soon as the one lane to their right is clear.
 - c. Unsportsmanlike conduct, including but not restricted to vulgar language or abuse of equipment or facilities is not permitted. Violators are subject to disqualification.
 - d. Foul Line: The foul line shall be observed during match play. Awards will not be issued if automatic foul detecting devices or a human foul judge is not used. When a player deliberately fouls, the player shall receive zero pin fall for that frame.
6. Scorekeeping: Score keeping will be performed by a computer/automatic scoring unit in centers so equipped. If a center is not equipped with automatic scoring, an independent, non-biased third party will perform scoring. It will be the responsibility of coaches to verify that scores are complete and accurate. Coaches must sign official score records and leave a copy with the tournament official.

No electronic use (cell phone, iPod, mp3 player, etc) is permitted in competition area during warm-up or competition. Failure to follow this rule will result in disqualification of bowler and a score of 0 for the game. **Note: At the conclusion of the game in which disqualification occurred a substitute may be allowed to enter the competition to replace the disqualified bowler.**

Bowling out of Rotation/Order: Any ball(s) thrown out of order will be scored as a zero. Example: If bowler #3 bowls in place of bowler #2, then bowler #3 receives a zero for their next designated turn for any ball(s) thrown in the incorrect frame. Bowler #2 will bowl the frame in which they were supposed to bowl.

NON-SCHOOL COMPETITION

If approved by the school, it is permissible for student-athletes to participate in youth and/or adult bowling leagues during the bowling season. Student-athletes are never to accept cash while participating in these leagues but may receive merchandise from the bowling proprietor. Student-athletes are responsible for knowing the rules regarding potential violations and their amateur status in the sport of bowling.

POSTSEASON PLAY

Only IHSAA/IGHSAU sanctioned schools shall be allowed to participate in postseason play

STATE QUALIFYING TOURNAMENT

1. State qualifying tournaments will be held on Monday, Tuesday, February 15, 2021, for boys' teams, and Tuesday, February 16, 2021 for girls' teams.
2. Class 3A- 5 Joint qualifying sites with 6 teams at each site. 8 teams will qualify for the state meet. The 5 teams with the highest pin count at each qualifying meet will be an automatic qualifier for the state meet. The 3 at-large qualifiers will be based on the highest pin count of the remaining teams from all 5 joint qualifying meets.

3. Class 2A- 5 Joint qualifying sites with 6 teams at each site. 8 teams will qualify for the state meet. The 5 teams with the highest pin count at each qualifying meet will be an automatic qualifier for the state meet. The 3 at-large qualifiers will be based on the highest pin count of the remaining teams from all 5 joint qualifying meets.
4. Class 1A- 7 Joint qualifying sites with 6-8 teams at each site depending on the number of schools. 8 teams will qualify for the state meet. The 7 teams with the highest pin count at each qualifying meet will be an automatic qualifier for the state meet. The 1 at-large qualifier will be based on the highest pin count of the remaining teams from all 7 joint qualifying meets.
5. A team champion will advance from each state qualifying tournament.
6. The state qualifying tournament individual champion will advance from each state qualifying tournament along with the next five (5) highest pin total count (based on the two individual game scores) statewide. There will be a minimum of twelve (12) individual qualifiers from each class. All ties will qualify.
7. State Qualifying Tournaments: Admission price is \$6.00.

STATE QUALIFYING/STATE TEAM ROSTER

NEW FOR 2020-21: Each team entering the state qualifying meet will be allowed to enter six (6) individual bowlers and one (1) substitute for the meet. Additionally, each of the eight (8) teams that qualify for the state tournament will be allowed to enter six (6) individual bowlers and one (1) substitute.

STATE QUALIFYING TEAM ENTRY FEE

NEW FOR 2020-21: Each school entering the joint state qualifying meet will be required to send an entry fee of \$10 per bowler to the manager of the host facility. Each team entering the joint state qualifying meet is able to enter six bowlers plus one substitute.

STATE QUALIFYING RECOMMENDATIONS (NOT REQUIRED)

1. It would be preferred that lanes are drawn as the schools arrive at the site.
2. The host school cannot draw a lane until one other school has arrived.
3. Oil pattern is shared with participating schools.
4. Allow 2 practice balls per lane prior to each playing format. (2 prior to Individual and 2 prior to Baker).

STATE QUALIFYING TOURNAMENT

AWARDS

State Qualifying Tournament - Team Champion will receive a banner and six (6) team champion medals. Individual champions will receive a champion medal. Each site will be mailed "Ticket Punched" posters. Auto team and individual qualifiers will receive "Ticket Punched" posters.

EXPENSES

No expenses will be paid for state qualifying bowling.

2021 STATE TOURNAMENT

The State Tournament will be held at the Cadillac Lanes in Waterloo.

Monday, February 22nd

8:30 AM - Class 1A Girls State Tournament

2:00 PM – Class 2A Girls State Tournament

Tuesday, February 23rd

8:30 AM – Class 3A Girls State Tournament

2:00 PM – Class 3A Boys State Tournament

Wednesday, February 24th

8:30 AM – Class 2A Boys State Tournament

2:00 PM – Class 1A Boys State Tournament

Doors will open one hour prior to the parade of teams. ***(Note: Spectator information is subject to change due to COVID-19. Information will be distributed to schools if changes occur)***

Both individual and team awards will be presented at the conclusion of bowling. The facility will be cleared at the end of each competition.

1. A team champion will be awarded based on the highest pin total count.
2. An individual champion will be awarded. Everyone will be eligible for the individual award. At the conclusion of regular play the individual champion and place winners will be determined. The two game total will determine the champion and place winners.
3. Three bowling balls will be permitted in the bowling area.
4. State Tournament: Adults & Students--\$10.00

STATE AWARDS

Girls State Champions- Team Champion will receive a champion trophy, and six (6) team champion medals. Team runner-up will receive a runner-up trophy, and six (6) runner-up medals. Third place will receive a trophy, banner and six (6) third-place medals. All participating teams will receive a picture plaque.

Boys' Individual Champion will receive a trophy. Runner-up through 10th place will receive a medal.

STATE EXPENSES

Schools with state tournament individual qualifiers will receive \$.44 per mile one way. Schools with a qualifying state tournament team will receive \$1.25 per mile one way.

SPECTATORS

All spectators at state-sponsored tournaments shall wear shirts and shoes. Shirts shall extend to the waist-area.

Use of "laser light" pens by a spectator shall result in immediate ejection from the facility.

With the understanding that a tournament game is held as part of the educational environment, the Board of Control of the IHSAA has adopted the following policies. It is the expectation that the host school enforces these rules regarding unacceptable behavior:

Disrespectful conduct, including profanity, obscene gestures or comments, offensive remarks of a sexual nature, or other actions that demean individuals or the event. Penalty---EJECTION

Throwing articles onto the contest area. Penalty---EJECTION

Entering the contest area in protest or celebration. Penalty---EJECTION

Physical confrontation involving contest officials, coaches/directors, contestants, or spectators.
Penalty---EJECTION

Spectator interference with the event. Penalty---EJECTION
Jumping up and down on the bleachers. Penalty--WARNING/EJECTION

Use of artificial noisemakers, signs, or banners. Penalty---WARNING/EJECTION

Chants or cheers directed at the opponent. Penalty---WARNING/EJECTION

ALCOHOL AND TOBACCO POLICY

No alcohol or tobacco is to be sold or consumed on the grounds of any state tournament venue leased or provided to the Athletic Union for the purpose of conducting a State Championship. Section 123.46 of the Iowa Code states: A person shall not possess or consume alcoholic liquors, wine or beer on public school property or while attending a public or private school-related function. A person shall not be intoxicated or simulate intoxication in a public place. A person violating this subsection is guilty of a simple misdemeanor.

PETS/ANIMALS PROHIBITED

No pets are permitted at events sanctioned by the IGHSAU or IHSA. Any person with a pet will be asked to leave. This policy shall comply with the provisions of Iowa Code 216c in that such a person with a disability or person training an assisted animal has the right to be accompanied by a service dog or an assisted animal under control. The person is liable for damage done to any premises or facility by a service dog or assisted animal.

PRESS ACCOMMODATIONS

All press outlets have been advised to directly contact the tournament manager of a site from which they wish to cover regional tournament games.

Radio stations and newspapers are not obligated to inquire through the IGHSAU nor is the tournament manager obligated to acquire sanction from the IGHSAU for regional tournament coverage.

Television stations are not obligated to acquire sanction from the IGHSAU to tape highlights or to tape a game for 24-hour or more delayed rebroadcast.

CHARITABLE SOLICITATIONS

No fundraising, solicitations, etc. will be permitted within the softball complex. All raffles, bake sales, booster club sales, etc. must take place outside the complex at IGHSAU-sponsored tournament games.

MUSICAL ENTERTAINMENT

Presentation of the National Anthem may be made before the start of state qualifying events. Any live presentation of the Anthem involving more than twelve individuals requires prior IGHSAU approval. When the National Anthem is played, students, participants, and spectators should stand at attention, face the flag, and remove caps/hats. The IGHSAU recommends presenting the flag and playing the Star-Spangled Banner.

Music may be played between events during the meet. Administrators should review the music to determine its appropriateness for the venue, i.e. language, profanity, etc. Host schools are responsible for securing the appropriate copyright license for music played at IGHSAU regionals.

OFFICIAL PROGRAMS FOR TOURNAMENTS

A host school may furnish the official programs for its tournament either on a gratis or sales basis and may retain any profits derived from the sale thereof. Please contact the opponent's school administration before soliciting advertisements from that community's businesses.

REGIONAL TICKET PRICES

Ticket prices during regional tournament play shall be \$6.00 for adults and students (K-12). Do not charge any child who is not yet in school.

ADMINISTRATORS ADMISSION

Administrators (and guest) who hold IGHSAU/IHSAA administrator passes will be admitted to regional and state tournament contests. Administrators (and guest) must enter through the pass gate and show photo identification. At least one administrator present will be expected to supervise their students and crowd.

IOWA GIRLS' HIGH SCHOOL ATHLETIC UNION'S POLICY ON THE PRESENCE OF BLOOD DURING ATHLETIC CONTESTS IN GRADES 7-12

Before competing, cover any open wounds.

When a contest official observes an athlete bleeding during competition, competition shall be stopped on completion of the play or action in progress. Injuries creating visible bleeding shall be treated like any other injury in that the injured athletes shall be removed from the contest for the length of time specified by that sport's injury rule and given proper attention.

When a contest official observes an excessive amount of blood on a participant or their uniform that participant shall leave the contest for the length of time specified by the sport's injury rule and the blood shall be wiped from the participant and/or their uniform. If a team does not wish to remove the player from the game, one of its charged time-outs may be used during which time the blood shall be wiped from the contestant. If the blood appears immediately prior to a quarter, halftime, or overtime intermission, sideline personnel may use such intermission to wipe the blood from the contestant. For those sports not having a specific injury rule, the official shall allow sideline personnel to wipe the blood off the athlete and play shall be resumed. An excessive amount of blood is that amount that could be easily transferred from one athlete to another.

Any time a contest is stopped due to blood being present, any washable surfaces (i.e. gym floor, pool deck, equipment) contaminated with blood shall be properly cleaned using OSHA accepted standards and procedures before competition resumes

Athletes should render first-aid to themselves or first-aid shall be administered by sideline personnel, not by contest officials. The risk of contracting the AIDS virus as a contest official or participant is minimal. There are no documented cases of AIDS being transmitted through athletic participation.

CONCUSSIONS

Due to the increased focus on minimizing the risk for athletes exhibiting signs, symptoms and behaviors of a concussion, the National Federation of State High School Associations (NFHS) has placed the following language in all sports rule books beginning in 2010-11.

“An athlete who exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness confusion, or balance problems) shall be immediately removed from the contest and shall not return to play (that day) until cleared by an appropriate health-care professional.”

NFHS SUGGESTED CONCUSSION MANAGEMENT

No athlete should return to participation (RTP) on the same day of a concussion.

Any athlete suspected of having a concussion should be evaluated by an appropriate health-care professional that day.

Any athlete with a concussion should be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.

After medical clearance, RTP should follow a stepwise protocol with provisions for delayed RTP based upon return of any signs or symptoms.

The following protocol is intended to implement the NFHS concussion rule in Iowa and minimize the risk of any athlete who is exhibiting signs, symptoms and behaviors of a concussion.

Education of contest officials, school coaches and other appropriate school personnel, contestants, parents, and appropriate health-care professionals.

The IGHSAU will provide a variety of educational materials developed by organizations knowledgeable about concussions to help the above individuals recognize the signs, symptoms and behaviors of a possible concussion, appropriately manage concussions.

Removing an injured athlete from competition and deciding whether he or she has sustained a concussion.

The contest officials' responsibility is to recognize an athlete who may have an injury and remove him or her from the contest. Once they have removed the athlete from the contest the officials' responsibility for the athlete's safety is over and the athlete is in the care of the school's coach(es) and any appropriate health-care professional(s) the school designates to provide care.

If an athlete is exhibiting signs, symptoms and behaviors consistent with a concussion she or he shall not return to competition for the remainder of that day until cleared by an appropriate health-care professional. If an appropriate health-care professional is not available, the athlete shall not return to competition the remainder of the day.

NOTE 1: Each local school needs to determine who (either individually or by group) they consider to be appropriate health-care professional(s) qualified to decide if an athlete exhibiting signs, symptoms and behaviors of a concussion may return to competition on the same day the injury occurred. Schools may develop a formal process for return to competition on the day of injury, including requirements for written clearance by the appropriate health-care professional(s) the school has designated. Medical experts in concussion management believe appropriate health-care professionals making these decisions should have extra training in sports-related concussions.

The athlete's parents/guardians should be contacted regarding the athlete's injury and it should be recommended an appropriate health-care provider evaluates the athlete before he or she returns to any type of practice and/or competition.

Return to participation (practice and competition) protocol should be followed as determined by an appropriate health-care professional before allowing an athlete who has been concussed to return to any kind of participation (practice and/or competition).

Note 2: Each local school needs to determine who (either individually or by group) they consider to be the appropriate health-care professional(s) qualified to release a concussed athlete to any kind of participation (practice and/or competition). Schools may develop a formal process for return to participation following concussion, including requirements for written clearance by the appropriate health-care professional(s) the school has designated. Medical experts in concussion management believe appropriate health-care professionals making these decisions should have extra training in sports-related concussions.

In cases where the IGHS AU have designated an appropriate health-care professional for their sponsored events/tournaments, the decision of that health-care professional regarding an athlete who is exhibiting signs, symptoms and behaviors consistent with a concussion returning to competition at any time during those events/tournaments shall not be overruled.