

Dear Cross Country Coaches and Athletic Directors-

We have just a few items to address prior to the start of practice next Monday, August 10.

- 1) The online cross country rules meeting is now available on both the IHSAA and IGHSAU web site at the following link: https://apps.iahsaa.org/secure/ccrulesmeeting_start.php. Head coaches have until Thursday, August 27 to view the rules meeting. Head coaches who do not view the meeting will not be able to coach in the state qualifying meet or state meet.
- 2) Guidance related to COVID-19 was posted last week and sent to all coaches and athletic directors. In case you missed that email, that information can be found at the following link: <https://www.iahsaa.org/covid-19-fall-cross-country/>. We are working on coordinating our schedules to have a Zoom with coaches and ADs like we did for baseball and softball. Once a date and time are set, we will send out the link.
- 3) We have been asked about design/color requirements for teams electing to wear masks. Masks will be treated the same as socks. As long as the mask is not offensive and unsporting, they will be allowed.
- 4) All 7-12 cross country coaches (head, assistant, paid, volunteer) are reminded to view the NFHS course, "Concussion in Sports," prior to first day of practice. Viewing this course is a requirement from the BOEE. Coaches who do not view this course are at risk to potentially losing their coaching authorization. If you have any questions regarding this requirement or course, please contact Todd Tharp or Chelsea Clark at the IHSAA office.
- 5) Preliminary classifications are listed both the IHSAA and IGHSAU web sites. The preliminary classifications do not consider schools sharing for one gender and not the other when it comes to finding the break point for each classification. . Please take a look at the classification list to see if your school is listed correctly for either having or not having a sharing agreement. Just a reminder that schools wishing to enter or dissolve a cooperative agreement must do so by 5:00 PM, Friday, August 14.
- 6) All athletic directors and boys and girls coaches were sent this email. Please check the online directory on the member school link to make sure the correct name(s) and corresponding email addresses are entered for your head coaches, as we will send multiple memos during the season and want to make sure that all interested parties receive the information.

Have a great start to the season next Monday. If any questions come up during the season, please do not hesitate to contact either office.

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IHSAA Assistant Director

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