**Important Volleyball Information** – Please continue to check the Volleyball section under the Coaches & Administrators’ tab on the IGHSAU website. This is where you will find information for coaches and athletic directors throughout the season (i.e. season updates, memos, postseason information, etc.). FYI…This Volleyball section is different from the main Volleyball section on our website, which is geared towards the general public.

**NFHS Spandex Rule Modification** – Due to a supply chain shortage of match-permissible spandex in some areas of the country, state associations have been given the authority to issue a modification to NFHS Volleyball Rule 4-2-1f. The IGHSAU will allow the modification to Rule 4-2-1f, PROVIDED the player has tried to find legal uniform bottoms but has been unable to due to the supply chain shortage. The modification will allow for multiple logos along the waistband **ONLY**, while maintaining the requirement that all uniform bottoms must be like-colored. The modification does not permit more than one manufacturer’s logo greater than 2 ¾ square inches on any other part of the uniform bottom or uniform top.

If you have a player that is unable to find legal spandex, please inform the match officials of your player’s need to utilize the modification to Rule 4-2-1f prior to your match.

**NFHS Hair Adornment Rule Modification** – Rule 4-1-6 – While the NCAA and USA Volleyball have rules language that allows for hair adornments, these items are noncompliant per NFHS rules. The NFHS Volleyball Rules Committee is sensitive to how this rule is enforced. The committee strongly believes equipment rule compliance begins with coach/player education and responsibility to ensure all players are properly equipped falls directly on head coaches.

In the instance a player is found to be wearing a hair adornment(s) not meeting the requirements of Rule 4-1-6, the following steps may be taken by the officials to avoid disqualification or cutting out of secured hair adornments:

1. Official shall notify head coach of the rule violation when the noncompliant hair adornment is identified.
   - a. If the adornment can easily be removed, it must be removed before the athlete can compete.
   - b. If the adornment cannot easily be removed, the player must secure the hair adornment(s) in a way that will not pose a risk to the athlete or their teammates.
2. The athlete will be allowed to compete in that match with adornment removed or secured.
3. At the conclusion of the match, the state association shall be notified by the official.
4. The state association shall inform the athletic director/head coach that their team must be legally equipped to participate in the next match.

**Regional Host Site Availability** – If your school would like to host Regional Volleyball please have your athletic director do so by Friday, September 10th.

**Varsity Scoring** – Varsity dual scoring will be five sets played to 25, except for the deciding sets to be played to 15. During triangulars and quads, 2 out of 3 sets played to 25 or 3 out of 5 sets to 25 are acceptable. Regular season tournament pool play is 2 of 3 sets to 21 with the deciding set to 15. Semi-final and final round matches may be 2 of 3 or 3 of 5 to 21 or 25 points with the deciding set to 15 points. Round robin format tournaments must use pool play scoring.

**Jewelry** – Players may NOT use plugs, strings, rubber spacers, plastic spacers, straws, retainers, etc. in lieu of the
actual piece of jewelry during competitions. All items (metal or otherwise) are considered jewelry and not permitted per NFHS rule. Daith piercings (for migraines) are permitted to be worn, provided the school's athletic director has obtained permission by providing a doctor's note to the IGHSAU stating a medical need for the piercing.

**Set/Match Limit** – There is no set limit per date, however there is a match limit per date. Players may not play in more than six matches per date. Example: If a JV player plays in the JV match at 5:00 p.m. on a Tuesday and plays immediately after that in the 7:00 p.m. varsity match, that counts as two matches on that date and one match played for each level of competition.

**Date Allowance** – Volleyball players are allowed to play fourteen dates per level of competition. Example: A freshman is permitted to play fourteen 9th grade dates as well as fourteen JV dates. Likewise, a JV player is permitted to play fourteen JV dates as well as fourteen varsity dates. This rule is not in place to allow top-level varsity players the opportunity to play fourteen varsity dates at each level, rather to help teams with limited rosters field sub-varsity teams in hopes of creating more sub-varsity participation opportunities.

**Varsity Bound/QuikStats** – It is required to submit varsity volleyball stats on Varsity Bound/QuikStats. QuikStats is checked every Tuesday during the regular season. Complete statistical information must be included in every check and all matches played through Saturday of the previous week must be included in each week's update. If you encounter an issue and are not able to meet the QuikStats entry deadline, please contact Lisa at lisa@ighsau.org for an extension.

**Sub-Varsity Scoring (junior high, 9th and 10th grade, JV)** – Rally scoring must be used but point requirements and time limits can be determined prior to the start of the match. No scoring cap may be used. Two timeouts are allowed per set. The winning team must win by two points. The let serve shall be used.

**Milestones** – The IGHSAU would like to recognize volleyball players for any significant achievement on its Twitter page. Please contact Jason Eslinger (jasoneslinger@ighsau.org) if your player reaches a significant milestone (1000 kills, 1000 assists, etc.), breaks a school record or does something noteworthy.

Best of luck as you continue through your season!

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