

EXAM FORMAT

Place	Question	Answer Choice 1	Answer Choice 2	Answer Choice 3	Answer Choice 4	Rule Reference
1	During an inspection of the field, the referees note that the team areas are not marked. What is the correct procedure?	At the conclusion of the match, the referee should notify the state association.	The match will not start until the team areas are properly marked.	The match will begin without the proper markings.	Both A and C.	1-5-1
2	Pads on soccer goals:	Shall be white.	Must contain the NOCSAE seal of approval.	Must cover the entire height of the goal post.	May have the school logo displayed on each pad.	1-4-1
3	During their inspection of the field, the referees note that the portable goals are not secured, anchored or counterweighted. The home team's coach says that this is the first time all year that this has been considered a problem. What should be the referee's response?	The goals must be secured, anchored or counterweighted before the match may begin.	The match may begin without the goals being secured, anchored, or counterweighted, but the referees must report this to the state association.	The match may begin without the goals being secured, anchored, or counterweighted, but the referees should report this to the home team's head coach and ask that the goals be properly secured for subsequent games.	Since previous referees have allowed matches to be played at this site without the goals being secured, anchored, or counterweighted, the referees should take no further action.	1.4.1 SITUATION B
4	Prior to the match beginning, whether the field is unsafe for play and the match should be canceled is the responsibility of:	The visiting coach.	The host athletic director.	The host coach.	The referee.	1-7
5	During inspection of the game balls supplied by the home team, the referees note that the balls do not have the NFHS Authenticating Mark.	This is not permitted and the match may not begin until the referees obtain balls from the home or visiting team that have the NFHS Authenticating Mark.	This is not permitted. If neither team has three similar quality game balls with the NFHS Authenticating Mark, the game may be played with balls chosen by the referee from those available. This should be reported to the state association.	This is not permitted. If no game balls with the NFHS Authenticating Mark are available, the game may be begin if the home team can provide game balls with the NCAA or FIFA logo on them.	This is permitted.	2-1; 2-2-5
6	Which of the following is not required to be submitted on a team roster?	A player's number.	A player's first name.	A player's last name.	A player's position.	3-1-3
7	Player A10 who is not on the roster scores a goal. The referee should:	Add A10 to the roster and allow the goal.	Add A10 to the roster but disallow the goal.	Add A10 to the roster, allow the goal and caution Team A coach.	Disallow the goal and caution A10 for illegal substitution.	3-1-3 SITUATION A
8	A6 has banged heads with an opponent while trying to head a high ball. The referee has stopped play and has determined that A6 has signs and symptoms of a possible concussion. The referee requires A6 to leave the field and informs his coach that he may have suffered a concussion. Per Iowa concussion procedures and protocols:	The referee should not allow A6 to return to the match under any circumstances.	The referee should allow A6 to return to the match only after receiving written documentation from a licensed health care provider that a concussion was not sustained.	The referee should allow A6 to return to the game if his coach has him report in per 3-4-1.	The referee should not allow A6 to return until the opponent is able to return.	Iowa Concussion Protocols (On-Line Rules Meeting)
9	B10 is apparently injured. The referee has stopped play and summoned the Team B trainer onto the field of play.	Neither coach may give coaching instruction to his or her players during the injury stoppage.	The Team A coach may give instruction to the Team A players but the Team B coach must only attend to the injured player.	The Team B coach may only give instructions to the substitute for B10.	Both coaches may give their teams coaching instructions.	3.3.2 SITUATION H
10	During the cautioning and/or disqualification of bench personnel:	Substitutes who have properly reported before the caution and/or disqualification may be beckoned onto the field by the referee.	Only those substitutes who have reported in from the non-offending team may be beckoned onto the field.	No substitutes are permitted at this time.	Any player or bench personnel may substitute at this time.	3-4-1d; 3-3-3e
11	The goalkeeper must have a number on the back of the jersey and on the front of the jersey or pants.	TRUE	FALSE			4-1-1h(1)

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12	The home team and the away team cannot both wear the same colored shorts.	TRUE	FALSE			4-1-1a
13	Visiting Team B is wearing white jerseys and socks. B1 is wearing a black long-sleeve undershirt, B2 is wearing a black short-sleeve undershirt, B3 is wearing black tights and B4 is wearing a black arm sleeve.	B2 is wearing illegal equipment as all players must wear the same length of undershirt.	This is legal.	Illegal. Visible apparel is required to match the predominant color of the uniform.	B4 is wearing illegal equipment as arm sleeves are not permitted.	4-4-1a, d
14	During the game, the referee notices several players with untucked jerseys. The referee should:	Caution the offending players for improper uniform.	Caution the head coach for having players with improper uniforms.	Warn the players and have them tuck their jerseys in.	Do nothing, as jerseys are not required to be tucked to the shorts.	4-1-1a
15	Head coverings worn for medical/cosmetic reasons are permitted provided:	The covering is not abrasive, hard or dangerous to another player.	The covering is highly unlikely to come off during play.	Prior approval by the state association is given.	All of the above.	4-2-11
16	Prior to the game, the referee is informed that player B4 must maintain a covered head for religious reasons. Which of the following is an appropriate head covering.	A baseball cap.	A leather doo rag.	A hijab.	A bandanna covering the head which is knotted in back.	4-2-10
17	State association approval is required for a player to wear a head covering for religious reasons.	TRUE	FALSE			4-2-10
18	B17 is wearing a cast that is completely covered and padded with closed-cell, slow recovery foam padding no less than 1/2-inch thick. The referee should:	Verify B17 has a doctor's permission slip before allowing B17 to play.	Allow B17 to play as this is permitted by rule.	Request a certified athletic trainer or physician inspect and approve the cast and padding prior to B17 being allowed to play.	Not permit B17 to play.	4-2-1c
19	Goalkeepers are required to:	Have a 6-inch number on the back and front of their jersey.	Have a 6-inch number on the back and a 4-inch number on the front of their jersey, pants, or shorts.	Have a 6-inch number on the back and no number on the front of their jersey, pants, or shorts.	Have no numbers on their jersey.	4-1-1h(1)
20	Player A from the visiting team enters the game wearing two different colored socks.	This is permitted.	Both socks must be the same color.	This is permitted if the whole team is wearing two different colored socks.	This is permitted as long as the socks contrast with the home team's white socks.	4-1-1b; 4-3
21	The first time in a game that a player from Team B is found to be wearing illegal equipment, the coach of Team B is to cautioned	TRUE	FALSE			4-3
22	During the game, the referee notices that B30 has tape on her ear lobes. Closer observation indicates that there are earrings underneath the tape. The referee should:	Immediately stop the game, caution the Team B coach and require B30 to leave the game.	Wait until the next stoppage, and since this is the first caution for illegal equipment, caution the Team B coach and require B30 to leave the game.	Wait until the next stoppage, feel B30's ear lobes to check for earrings under the tape and, if so, caution the Team B coach and require B30 to leave the game.	Since the referee did not notice the tape before the game, the referee should take no action.	4-3; 18-1-1t
23	An identifiable supporter of the home team seated in the designated spectator area is screaming profanities at the nearest assistant referee in disagreement with a decision about offside made by the assistant referee. The referee should:	Stop play and direct the spectator to leave the facility.	Stop play and request that the home school administration take appropriate action.	Stop play and inform the spectator that the assistant referee's decision was correct.	Allow play to continue and ignore the supporter's language.	5-3-2e
24	B14 takes a shot on goal, with the goalkeeper A1 out of position. A3, however, extends her arm into the path of the ball, deflecting it to B9. B9 shoots and the ball enters the goal.	The referee should award Team B a penalty kick and caution A3 for unsporting conduct.	The referee should award Team B a penalty kick and disqualify A3 for serious foul play.	The referee should allow the goal and caution A3 for unsporting conduct.	The referee should allow the goal and disqualify A3 for serious foul play.	5.3.1 SITUATION A; 12-8-1f
25	Team B's head coach receives a second caution and is disqualified. The referee shall:	Display both the yellow and the red card at the same time in the same hand.	Immediately display the red card.	Display the yellow card indicating the subsequent caution immediately followed by a red card.	Display no card but immediately request the coach to leave the vicinity.	5-3-1g

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26	The pregame conference shall be attended by the following people:	The opposing captains are the only ones required to attend the pregame conference with the head referee.	The head referee is not required to hold a pregame conference.	The pregame conference must be attended by the each team's head coach, captains, and the head referee.	The opposing coaches and assistant referee are the only ones required to attend the pregame conference.	5-2-2d
27	The game officials are observed using flags with buzzer/beeper capabilities during a match. The use of these flags is:	Prohibited.	Allowed unless the state association has expressly prohibited such equipment.	Allowed only if both coaches agree.		5-1-3f
28	The game officials are observed using headset communication to speak with each other during a match. The use of this equipment is:	Prohibited.	Allowed unless the state association has expressly prohibited such equipment.	Allowed only if both coaches agree.		5-1-3f
29	The jurisdiction of the officials shall begin:	No later than 15 minutes prior to the start of the game.	On arrival at the field of play and its immediate surroundings.	As soon as the game starts.	As soon as the referee enters the field of play.	5-1-2
30	Which statement does not allow an official to caution or disqualify a player?	During the pregame introduction of players because the game has not started.	During an injury stoppage.	When the clock has stopped following a scored goal.	After the game has ended and the official has left the jurisdiction of the field of play and its immediate surroundings.	5-1-2
31	The referee observes a foul, but does not penalize it because she perceives an advantage, however, the advantage does not develop.	The referee will let play continue because the advantage was given	The referee will stop play, caution the player who committed the original foul and restart with an indirect free kick.	The referee will stop play, caution the player who committed the original foul and restart with a direct free kick.	The referee shall immediately stop play and penalize the original foul.	5-3-1d
32	The home team shall provide at least two ball holders for the match.	TRUE	FALSE			6-1-1
33	If a goal kick is touched twice by the kicker before another player has touched the ball, what is the proper penalty?	The goal kick is taken again.	Yellow card to the kicker and the kick is taken again.	Indirect kick from the spot of the infraction.	Direct kick taken from the closest position outside of the penalty area.	6-1-1
34	Due to inclement weather, both coaches agree to shorten the periods of the game. This may be done:	Only before the game begins.	Only during the first period.	Only after one half of the game has been played.	Before the game begins or before the beginning of the second half.	7-1-2
35	A player is cautioned and the referee orders the clock to be stopped.	The official timer restarts the clock when the cautioned player leaves the field.	Time is restarted when the ball is put into play.	Time is restarted when the referee blows the whistle.	As soon as the substitute enters the field, time is restarted.	7-4-2
36	In the last five minutes of a game, Team A is in the lead and requests a substitution.	Make Team A play short.	Allow the substitution and the clock is not stopped.	Stop the clock for the substitution.	Caution the coach for unsporting behavior.	7-4-3
37	A pass by A2 to A3 strikes the referee who is standing in the penalty area. The ball remains on the field of play and is controlled by B2. What is the appropriate restart?	Indirect free kick.	Throw-in.	Drop ball to the team that last touched the ball prior to hitting the referee.	Drop ball to the defending goalkeeper.	9-1-1(b); 9-2-1(e); 9-2-3(c)
38	Player A1 is on an attack, kicks the ball and it deflects off the referee to Player B1. What is the appropriate procedure?	The official should let play continue, so as not to disrupt the advantage by Team A.	The officials should stop play and award an indirect free kick to Team A.	The officials should stop play and award an indirect free kick to Team B.	The officials should stop play and conduct a drop ball with one player from Team A at the position where it was last touched by the official.	9-1-1(b)3; 9-2-3

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39	What happens when the referee inadvertently sounds the whistle?	Realizing the error, the referee verbally directs "play on" to the players to continue play.	The referee stops play and awards a dropped ball to the a player of the team last in possession, or to the defending team's goalkeeper if the ball was in the penalty area, when play was stopped.	The referee stops play and awards an indirect kick to the team in possession.	The referee should do nothing and allow play to continue.	9-2-1c
40	During the course of play near the touchline, the official notes that Player A is running outside the field of play and is playing the ball, which is inside the field of play.	The referee shall award an indirect kick for the violation.	The ball continues to be in play.	The referee shall stop play and give the ball back to Team A for a throw-in.	The referee shall award a throw-in to Team B.	9-1-2e
41	In which case should a goal be allowed?	A portion of the ball is on the goal line.	A portion of the ball is beyond the goal line.	The entire ball is beyond the goal line.		10-1-1
42	The ball goes directly into the opponent's goal from a corner kick. The referee should:	Disallow the goal.	Allow the goal only if the ball was played twice before entering the goal.	Allow the goal.		10-1-2e
43	A10 is in an offside position. After receiving a pass from B7, B9 accidentally passes the ball to A10. A10 should be:	Penalized for being offside and award an indirect free kick to Team B.	Issued a caution for being offside and award an indirect free kick to Team B.	Allowed to continue with play.	Awarded a drop ball.	11-1-4 SITUATION A
44	During normal movement of play, A1, an offensive player, steps off the field to avoid being called for offside. What is the ruling?	Illegal. Offside should be called on A1.	Illegal. A1 should be cautioned for he action.	Legal. A1 can leave the field if for the sole purpose of not being offside.	Illegal. Team A's head coach should be cautioned.	11.1.2 SITUATION C
45	A4 is in an offside position on the opponent's half of the field. A4 returns to his or her own half of the field and receives the ball directly from A5.	Legal. A4 is no longer offside upon return to his or her own half of the field.	Illegal. A4 is still defined as offside.	Illegal. A4 should be cautioned for unsporting play.		11.1.4 SITUATION F
46	B19 is standing in an offside position. B12 kicks the ball forward but the ball deflects off A11 to B19. B19 should be:	Allowed to continue with the play as long as B19 passes the ball to B12.	Allowed to continue with play.	Penalized for being offside.	Issued a caution for being offside.	11-1-4b, DIAGRAM 12
47	Player A, who is in an offside position, receives the ball from a goal kick by A2.	The assistant referee raises the flag to indicate offside.	The assistant referee indicates offside violation and the referee stops play and awards an indirect free kick.	There is no violation and play is allowed to continue.	Stop play and retake the goal kick.	11-1-2
48	Player A2 is in an offside position when player A3 takes a shot on goal which the goalkeeper attempts to save and rebounds from the goalkeeper to A2. A2 shoots and scores. Ruling?	Disallow the goal and award an indirect free kick to Team B.	Allow the goal.	Disallow the goal and award a goal kick to Team B.	Disallow the goal and award a penalty kick to Team A.	11-1-4
49	A14 is running toward the goal. Her teammate, A12, kicks the ball toward A14. A14 did not see the ball coming and the ball strikes her in the back of the hand as her hand is at her side. The proper call would be to:	Award an indirect free kick to Team B for incidental contact.	Award a direct free kick to Team B.	Allow play to continue as the handling was incidental, but issue a caution to the player at the next stoppage of play.	Allow play to continue.	12-2
50	A2 in the penalty area is advancing the ball toward his opponent's goal with an obvious goal-scoring opportunity. B3 grabs A2's shirt and A2 does not score a goal.	Award Team A a penalty kick and disqualify B3 for denying an obvious goal-scoring opportunity.	Award Team A a penalty kick.	Award Team A a penalty kick and caution B3 for denying an obvious goal-scoring opportunity.	Award Team A a corner kick.	12-8-2d(3)
51	During halftime, the referee notices that the visiting team's head coach is showing his players a video of action from the first half on his tablet. What action should be taken?	Dismiss the coach.	Take no action.	Report the incident to the state association.	Caution the coach.	12-8-1 SITUATION C
52	A throw-in by Player A goes directly to her own goalkeeper, who catches the ball with her hands. The referee should:	Take no action as this is allowed.	Award an indirect free kick to the opponent.	Retake the throw-in.	Award a throw-in to the opposing team.	12-7-4 PENALTY

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53	Goalkeeper B1 deflects a hard shot. B1 bends over and picks up the ball before it is touched by an opposing player in the penalty area. The referee should award an indirect kick to Team A, which is:	The correct call.	Not the corrected call as the referee should allow play to continue.	Not the correct call as a penalty kick should be awarded.	Not the correct call as a drop ball should be awarded.	12-7-2
54	A2 is advancing the ball toward the opponent's goal with an obvious goal-scoring opportunity. B3, who is attempting to play the ball, fouls A2, who is outside the penalty area and does not score a goal.	Award Team A a penalty kick and disqualify B3 for denying an obvious goal-scoring opportunity.	Award Team A a penalty kick and caution B3 for denying an obvious goal-scoring opportunity.	Award Team A a direct kick and caution B3 for denying an obvious goal-scoring opportunity.	Award Team A a direct kick and disqualify B3 for denying an obvious goal-scoring opportunity.	12-8-2d(3)
55	A player shall be disqualified (red card) for:	Disproportionate and unnecessary force against an opponent while playing the ball.	Deliberately handling the ball (other than the goalkeeper) attempting to prevent a goal and the goal is not scored.	Committing a foul, attempting to deny an obvious goal-scoring opportunity and the goal is not scored.	All of the above.	12-8-2d
56	A12 has been cautioned by the referee for unsporting behavior. While A12 is still on the field and before substitute A9 is beckoned onto the field by the referee, A12 directs insulting language to the referee.	A12 should receive a second caution and be disqualified for receiving a second caution. A9 can replace A12.	A12 should receive a second caution and be disqualified for receiving a second caution. A12 cannot be replaced by A9.	A12 has already been cautioned and cannot be shown a second card in this situation.	A12's actions are all part of the cautioning process and the referee should ignore his language.	12-8-2f
57	During the taking of a penalty kick, A7 uses several stutter-steps but does not interrupt the approach to the ball. The ball enters the goal. The referee should:	Allow the goal and restart with a kickoff by the defending team.	Disallow the goal and retake the kick.	Disallow the goal and restart with an indirect kick for Team B.	Disallow the goal, caution A7 for unsporting play and restart with an indirect kick for Team B.	14-1-4
58	On a throw-in, the ball is in play:	When it leaves the hands of the thrower.	When it touches the playing surface.	When it leaves the hands of the thrower and breaks the plane of the touchline.	When it touches a second player.	15-1-4
59	At the taking of a corner kick, the defending players must be:	10 yards from the ball.	10 yards from the corner flag.	10 yards from the quarter circle.	10 yards from the ball unless they are marking an opponent who is not taking the kick.	17-1-2
60	If the referee fails to signal the kick is indirect and the ball goes directly into the opponent's goal, the result shall be:	Retake the indirect free kick.	Award a goal to the kicking team.	A goal kick to the opposing team; goal is not allowed.	Drop ball.	13-3-4
61	The kicker may not play the ball until it has been:	Touched by another player.	Played by another player.	Touched and played by another player.	None of the above.	13-3-3
62	Player A2 takes a penalty kick during the game. The ball rebounds off the goalpost directly to A2 who shoots and scores.	The referee shall allow the goal.	The referee shall not allow the goal restart with an indirect kick.	The referee shall not allow the goal and restart with a goal kick.	The referee shall order the kick retaken.	14-1-5
63	During the taking of a penalty kick, A3 uses a feint to one direction and comes to a complete stop and then kicks the ball into the goal. The referee should:	Allow the goal and restart with a kickoff by the defending team.	Disallow the goal and retake the kick.	Disallow the goal and restart with an indirect kick for Team B.	Disallow the goal, caution A3 for unsporting play and restart with an indirect kick for Team B.	14-1-4)b)
64	The goal to be used for penalty kicks as a part of the overtime procedure is determined by:	Random selection.	Home Team.	Head Referee.	Visiting Team.	SAMPLE TIE-BREAKING PROCEDURE
65	The official signal for a goal scored is:	Blowing the whistle.	Raising both hands above the head.	Stopping the clock.	Stopping the clock and point to the center of the field.	SIGNAL CHART
66	B17 is being replaced on a legal substitution opportunity for her team. What should happen next?	B17 is considered to still be a player until her replacement, B12 takes her position on the field.	B17 is considered to still be a player until her replacement, B12, is beckoned onto the field by the referee.	B17 is considered to still be a player until her replacement, B12, steps onto the field.	B1 is considered to still be a player until she has left the field and the game has been restarted.	18-1-1gg

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67	Defender B7 handles the ball inside the penalty area, deflecting it to A3, who scores. What is the correct procedure?	The referee should disallow the goal, caution B7 and award a penalty kick to Team A.	The referee should allow the goal, disqualify B7 and restart with a kickoff for Team B.	The referee should not allow the goal, disqualify B7 and award a penalty kick to Team A.	The referee should allow the goal, caution B7 and restart with a kickoff for Team B.	12-8-2
68	The referee has awarded Team B a penalty kick. As B4 runs toward the ball to take the kick, A5 enters the penalty area before B4 kicks the ball. The referee should:	Blow the whistle as soon as A5 enters the penalty area.	Allow the play to continue and award a goal if the kick by B4 enters the goal.	Allow the play to continue and award a goal kick if the kick by B4 goes untouched over the goal.	Allow the play to continue and award a corner kick if the kick by B4 is played by the goalkeeper who pushes the ball over the goal line outside of the goal.	14-1-2 PENALTY
69	Team A has been awarded an indirect free kick 22 yards from the Team B goal. Four Team A players are standing near the ball. A8 taps the top of the ball with his foot and the ball does not move. A5 then kicks the ball, which enters the Team B goal without being touched by any other player.	Award the goal.	Have Team A retake the kick.	Award a goal kick to the defending team.	Caution Player A8 for unsporting behavior.	13-3-2; 18-1-1o
70	B9 runs toward the ball, which is rolling on the ground near the right goal post. A3 faces B9, with the ball behind her and extends her arms wide to prevent B9 from running past her to get the ball. A3 does not make physical contact with B9. The ball rolls over the goal line for a goal kick.	A3 is guilty of pushing. The referee should award a penalty kick to Team B.	A3 is guilty of pushing. The referee should award a penalty kick to Team B and disqualify A3 for serious foul play.	A3 is guilty of obstruction. The referee should award an indirect free kick to Team B.	There is no offense, and a goal kick should be awarded.	12-5-1
71	The referee awards a throw-in to Team A. A14 takes the throw, but the ball hits the ground outside the touchline before entering the field. The referee should:	Allow play to continue, ball is in play.	Allow Team A to retake the throw.	Allow the throw-in to Team B from the same location.	Administer a drop ball at the spot where the ball touched the ground.	15-1-5
72	A14 receives a yellow card with 4 minutes left in the second overtime. Neither team scores and the match moves to goals from the mark. The coach from Team A is permitted to list A14 as a player to kick during the goals from the mark.	TRUE	FALSE			Iowa Tie-breaking procedure
73	Team B scores a goal with 6 minutes left in the first overtime. The match is over.	TRUE	FALSE			Iowa Tie-breaking procedure
74	A7 receives a caution for a reckless tackle. Before leaving the field, or before a substitute has been beckoned in, A7 slams the ball down in protest.	Display a red card to A7.	Display a second yellow card and then a red card to A7 and allow a substitute.	Display a second yellow card and then a red card to A7 and not allow a substitute.	Have A7 leave the field for the first caution and take no further action.	12-8-2c; 12-8-1c
75	If during a penalty kick the kick goes directly over the goal line outside the goal and there is a violation by the attacking team, the restart is:	Goal kick.	Retake.	Corner kick.	Indirect free kick.	Penalty Kick Chart