

2023 Soccer Season Information

Online Rules Meeting: All head varsity soccer coaches must view the online Coaches Rules Meeting by April 7th or by their first match, whichever occurs first. Failure by any head soccer coach to view the online rules meeting may result in sanctions. The Coaches' Rules Meeting is on Bound in the IGHS AU section under Soccer.

Practice and Playing Dates:

First Practice Date: March 13

First Competition Date: March 27

2022 Classification:

Class 3A – 40 teams

Class 2A – 48 teams

Class 1A – 72 teams

Regional Tournament Dates:

Class 1A: May 17, 19, 23, 25

Class 2A: May 19, 23, 25

Classes 3A: May 19, 23, 25

State Tournament – May 31, June 2, 3:

The State Soccer Tournament will be held at Cownie Soccer Complex in Des Moines.

NEW: The 2023 State Girls' Soccer Tournament will coincide with the Boys' State Soccer Tournament this year. The girls will compete Wednesday, Friday and Saturday of the State Tournament week. The boys' teams will compete on Tuesday, Thursday and Saturday of the State Tournament week.

Match Limitations: Each school is allowed 17 matches. No more than five matches may be played in one tournament, and no more than three matches can be played in one day. An individual player may not play more than six halves in a calendar day.

Scrimmages: Each school is allowed one scrimmage to be used anytime during the entire season.

Jamborees: Each school is allowed one 40-minute half jamboree. The jamboree is permitted between the first date of practice and the date the school plays its first match.

Uniform Reminder: Home team wears dark jerseys and socks and the visiting team wears solid white jerseys and solid white socks. Dark jerseys are defined as any color which contrasts with white. Undergarments can be a different solid color than the uniform, although the length and color of the undergarments must be the same for all members of the team. Uniform numbers shall be a solid contrasting color to the jersey and clearly visible.

Complete Match Ending in Tie: A match that has met the complete match requirements (one half of play completed) but has ended due to weather/facility/injury may be recognized as a complete match, even if it ends in a tie. *By NFHS rule: the head referee shall declare it an official game if one complete half or more of the game has been played. If less than one-half of the game has been played, then game may be rescheduled...from suspension of play according to state association adoption.*

Overtime Protocol: IGHSAU regular season tournament matches are required to have an overtime. **IGHSAU regular season tournament matches must play overtime before going to kicks from the mark.** (Only IHSA regular season tournament matches may go directly to kicks from the mark.) Preapproved criteria is not acceptable to determine a winner if the match is tied at the end of regulation.

Rainout Protocol:

- Regular Season – It is the responsibility of the host institution, up until the moment the game begins, to judge whether or not the condition of the field, the elements and other conditions affecting the safety of the field of play allow for a safe game to begin. Once the game begins and until it ends, the determination of whether or not a game may be safely continued shall be made by the head referee (the head referee may consult with host management and coaches as well).
- Regional Tournament – The regular season weather protocol should be followed. With one addition, if the game needs to be rescheduled, then it shall be played the next day. The IGHSAU must be contacted immediately to approve the rescheduling.
- State Tournament – IGHSAU tournament coordinator and the head official(s) will make weather determinations and communicate with participating teams.

Site Availability: If you would like your soccer complex considered for a Regional Tournament site, please have your athletic director fill out the site availability form in the online forms in Varsity Bound by April 4th.

QuikStats/Bound: Varsity coaches are required to submit their varsity roster and schedule through Quikstatsiowa.com before March 27th. **Varsity coaches are required to have their individual game results updated on QuikStats/Bound every Tuesday during the regular season.** Coaches are also expected to update their Quikstats/Bound throughout the Regional Tournament series. Failure to submit the required information by the mandatory dates may result in the suspension of the coach.

Corner Kicks: Corner kicks for varsity teams will be tracked this year. Schools will be required to enter the number of corner kicks taken by their team during each varsity game. There will be a required field in Varsity Bound/QuikStats for corner kicks.

PK/OT: There will be a required field in Bound/QuikStats for teams to indicate if their game went to penalty kicks or OT.

Online Post-Match Report: The IGHSAU has a post-match soccer survey to gather information from coaches and officials following each of their matches. Please take a moment to fill out the 4-question form following each of your soccer matches. More information to follow.

Entering Daily Scores: Daily scores will be posted on the IGHSAU website. Please enter your score on QuikStats/Varsity Bound as soon as your match ends. When you hit submit, the score should post automatically on the IGHSAU Soccer score page and on the [@ighsauscores](https://twitter.com/ighsauscores) Twitter account.

During the course of the season, the IGHSAU makes mention of superlative accomplishments from our female student-athletes. If you have a significant accomplishment you would like to mention (school record broken, coaching milestone wins, etc.), let us know and we'll do our best to mention your athletes' accomplishments on our Twitter account. Email Jason Eslinger any news at jasoneslinger@ighsau.org.

Regional/State Tournament Entry Forms: Regional roster forms will be on Bound IGHSAU portion in the soccer section. Schools are required to print, complete and submit the form to their Regional tournament host five days (or as early as possible) prior to the match.

Awards: State qualifier medals and banner will be presented at each Regional Final site after the completion of the match to each state qualifying team and \$300 meal allowance. Schools over 125 miles will receive a housing stipend of \$450/night.

Each State participant team will receive a trophy, which will be presented following each team's final game.

State Tournament Travel Expense: The IGHSAU will reimburse State qualifying schools for travel expenses at the rate of \$1.25 per mile one way per team.

Soccer questions can be directed to Gary Ross, IGHSAU Soccer Administrator, at 515-401-1842 or gross@ighsau.org.