



Iowa Girls High School Athletic Union

Cross Country Classifications

Pink = Existing Coop from 2023 season Green = New Coop

Class	School Name	Enrollment	Cooperative Sharing
Class 4A			
1	Valley, West Des Moines	2290	
3	Des Moines, Lincoln	1823	
4	Johnston	1791	
2	Southeast Polk	1712	
5	Linn-Mar, Marion	1676	
6	Waukee, Northwest	1582	
7	Des Moines, Roosevelt	1521	
8	Ankeny Centennial	1517	
9	Des Moines, East	1480	
10	Iowa City, City High	1426	West Branch
11	Waterloo, West	1424	
12	Cedar Falls	1346	
13	Waukee	1335	
14	Ankeny	1332	
15	Sioux City, North	1311	
16	Prairie, Cedar Rapids	1294	
17	Cedar Rapids, Kennedy	1282	
18	Pleasant Valley	1274	
19	Marshalltown	1242	
20	Cedar Rapids, Jefferson	1232	

			Morning Star Academy, Rivermont Collegiate, New City Classical, Coram Deo
21	Bettendorf	1201	
22	Dubuque, Senior	1166	
23	Dubuque, Hempstead	1162	
24	Sioux City, East	1160	
25	Iowa City, West	1135	
26	Ames	1106	
27	Ottumwa	1101	
28	Muscatine	1091	
29	Davenport, West	1088	
30	Des Moines, North	1078	
31	Davenport, Central	1057	
32	Dowling Catholic, West Des Moines	1024	
33	Council Bluffs, Abraham Lincoln	1012	
34	Sioux City, West	1002	
35	Davenport, North	989	
36	Urbandale	969	
37	Cedar Rapids, Washington	944	
38	Iowa City, Liberty	921	
39	Indianola	878	
40	Council Bluffs, Thomas Jefferson	876	
41	Waterloo, East	834	
42	Burlington	821	
43	Mason City	809	
44	Fort Dodge	807	
45	Norwalk	789	
46	Dallas Center-Grimes	779	
47	North Scott, Eldridge	776	
48	Lewis Central	747	
Class 3A			

1	Clinton	723	
2	Epworth, Western Dubuque	667	
3	Des Moines, Hoover	660	
4	Storm Lake	648	St. Mary's, Storm Lake
5	Newton	638	
6	Kuemper Catholic	620	Carroll
7	Bondurant-Farrar	610	
8	Pella	599	
9	Waverly-Shell Rock	599	
10	Denison-Schleswig	596	
11	Marion	590	Isaac Newton Christian Academy
12	Clear Creek Amana	587	
13	Carlisle	561	
14	Le Mars	550	
15	Boone	549	
16	Spencer	545	
17	Mount Vernon (Mount Vernon-Lisbon)	524	Lisbon
18	ADM, Adel	523	
19	North Polk, Alleman	487	
20	Oskaloosa	464	
21	Fort Madison	462	Holy Trinity Catholic
22	Glenwood	453	
23	Keokuk	451	
24	Perry	444	
25	Decorah	435	
26	Ballard	432	
27	Iowa Falls - Alden (Iowa Falls-Alden/AGWSR)	431	AGWSR, Ackley
28	Xavier, Cedar Rapids	429	
29	Sergeant Bluff-Luton	420	
30	Mount Pleasant	418	
31	Bishop Heelan Catholic, Sioux City	412	

32	Winterset	411	
33	Central DeWitt	408	
34	Webster City	407	
35	Gilbert	390	
36	Maquoketa	390	
37	Knoxville	387	
38	Independence	386	
39	Charles City	383	
40	Creston	374	
41	Grinnell	374	
42	MOC-Floyd Valley	374	
43	Sioux Center	373	
44	Nevada	371	
45	Atlantic	367	
46	Harlan Community	367	
47	Benton Community	363	
48	Wahlert, Dubuque	356	
49	Clear Lake	354	
50	Algona	352	
51	Humboldt	350	
52	West Delaware, Manchester	350	
53	Solon	348	
54	Boyden-Hull (Boyden-Hull/Rock Valley)	344	Rock Valley
55	Hampton-Dumont -CAL	344	
56	Saydel	340	
57	Center Point-Urbana	330	
58	Washington	329	
59	Assumption, Davenport	328	
60	Fairfield	328	
61	Des Moines Christian	321	
62	South Tama County, Tama	315	
63	Williamsburg	315	

64	Clarke, Osceola	311	
Class 2A			
1	Notre Dame, Burlington (Burlington Notre Dame/West Burlington)	311	West Burlington
2	Greene County	308	Paton Churdan
3	Vinton-Shellsburg	302	
4	Centerville	301	
5	Woodbury Central (WC-KP-RV)	301	Kingsley-Pierson, River Valley
6	Spirit Lake	295	
7	Chariton	293	
8	Okoboji, Milford	291	
9	West Liberty	291	
10	Anamosa	288	
11	Cherokee, Washington	282	
12	Waukon	282	
13	Davis County, Bloomfield	281	
14	Albia	279	
15	Mid-Prairie, Wellman	279	
16	Estherville Lincoln Central	277	
17	Crestwood, Cresco	270	
18	George-Little Rock (George-Little Rock/Central Lyon)	264	Central Lyon
19	PCM	261	
20	Sheldon	260	
21	Unity Christian, Orange City	259	
22	Southeast Valley, Gowrie	258	
23	Oelwein	256	
24	Central Lee, Donnellson	251	
25	Eagle Grove	249	
26	Clarinda	244	

27	Mediapolis	244	
28	North Fayette Valley	243	
29	Roland-Story, Story City	243	
30	OABCIG	241	
31	Red Oak	241	
32	New Hampton	240	
33	Camanche	239	
34	Forest City	239	
35	Monticello	238	
36	Western Christian, Hull	234	
37	Union, LaPorte City	232	
38	West Marshall, State Center	232	
39	Clarion-Goldfield-Dows	229	
40	Tipton	229	
41	Van Meter	225	
42	Garner-Hayfield-Ventura	223	
43	Wilton	223	
44	Osage	222	
45	Shenandoah	222	
46	West Lyon, Inwood	219	
47	Dike-New Hartford	217	
48	Alburnett	215	
49	Pella Christian	213	
50	Cardinal, Eldon	210	
51	Jesup	210	
52	MVAOCOJ	209	
53	Northeast, Goose Lake	209	
54	Denver	208	
55	MFL MarMac	207	
56	Interstate 35, Truro	206	
57	Woodward-Granger	206	
58	Starmont (Starmont/West Central)	201	West Central, Maynard
59	Aplington-Parkersburg	198	

60	Eddyville-Blakesburg-Fremont	195	
61	Pocahontas Area	193	
62	Postville	193	
63	Grundy Center	192	
64	East Sac County	191	
65	West Central Valley, Stuart	190	
66	Manson Northwest Webster	188	
67	Lawton-Bronson	186	
68	South Hardin	186	
69	Sumner-Fredericksburg	186	
70	Hudson	185	
71	Hinton	184	
72	Cascade, Western Dubuque	183	
Class 1A			
1	Central Springs	181	
2	East Marshall, LeGrand	181	
3	Missouri Valley	181	
4	West Sioux, Hawarden	181	
5	Beckman Catholic, Dyersville	179	
6	Pleasantville	179	
7	Treynor	179	
8	Central Decatur, Leon	178	
9	Grand View Christian School	178	
10	Regina, Iowa City	178	
11	Tri-Center, Neola	178	
12	Louisa-Muscatine	177	
13	Ogden	177	
14	Underwood	177	
15	South Central Calhoun	176	
16	Emmetsburg	174	
17	Durant	173	

18	Ridge View	173	
19	Sioux Central, Sioux Rapids	173	
20	Panorama, Panora	171	
21	Belmond-Klemme	169	
22	Columbus Catholic, Waterloo	168	
23	Van Buren County	164	
24	Lake Mills	162	
25	Bellevue	161	
26	AHSTW, Avoca	160	
27	Earlham	160	
28	MMCRU	160	
29	Sibley-Ocheyedan	160	
30	Maquoketa Valley, Delhi	159	
31	North Mahaska, New Sharon	159	
32	Columbus Community, Columbus Junction	158	
33	Westwood, Sloan	158	
34	Colfax-Mingo	157	
35	Alta-Aurelia	155	
36	Logan-Magnolia	155	
37	North Butler, Greene	155	
38	South Hamilton, Jewell	155	
39	Hartley-Melvin-Sanborn	154	
40	Danville	152	
41	South Winneshiek, Calmar	151	
42	West Fork, Sheffield	149	
43	Wapsie Valley, Fairbank	148	
44	ACGC	147	
45	Pekin	146	
46	Nodaway Valley	145	
47	IKM-Manning	144	
48	Akron-Westfield	142	
49	B-G-M, Brooklyn	142	

50	Mount Ayr	142	
51	Riverside, Oakland	141	
52	Southwest Valley	140	
53	Sigourney	139	
54	Wapello	138	
55	Madrid	137	
56	Clayton Ridge, Guttenberg	136	
57	North Union	135	
58	Wayne, Corydon	135	
59	East Buchanan, Winthrop	134	
60	Nashua-Plainfield	134	
61	North Cedar, Stanwood	134	
62	Midland, Wyoming	133	
63	Springville (Springville-Cedar Valley Christian)	133	Cedar Valley Christian
64	BCLUW, Conrad	132	
65	Newman Catholic, Mason City	130	
66	West Hancock, Britt	130	
67	Woodbine	129	
68	New London	125	
69	Southeast Warren, Liberty Center	125	
70	St. Albert, Council Bluffs	125	
71	Highland, Riverside	124	
72	Northwood-Kensett	124	
73	South O'Brien, Paullina	124	
74	West Monona, Onawa	123	
75	Audubon	121	
76	Saint Ansgar	120	
77	East Union, Afton	118	
78	North-Linn, Troy Mills	118	
79	St. Edmond, Fort Dodge	118	
80	Lynnville-Sully	117	
81	Graettinger-Terril (GTRA)	116	Ruthven Ayrshire

82	WACO, Wayland	115	
83	Fremont-Mills, Tabor	113	
84	Lenox	113	
85	Easton Valley	111	
86	Gladbrook-Reinbeck	111	
87	Iowa Valley, Marengo	110	
88	Martensdale-St Marys	110	
89	Ankeny Christian Academy	109	
90	H-L-V, Victor	107	Tri-County, Thornburg
91	North Tama, Traer	107	
92	Boyer Valley, Dunlap	105	
93	GMG, Garwin	104	
94	Newell-Fonda	104	
95	East Mills	103	
96	Baxter	102	
97	Calamus-Wheatland	102	
98	CAM, Anita	102	
99	Gehlen Catholic, LeMars	102	
100	Janesville	102	
101	Montezuma	102	
102	Turkey Valley, Jackson Junction	101	
103	Edgewood-Colesburg	100	
104	Central, Elkader	99	
105	Coon Rapids-Bayard	99	
106	Sidney	99	
107	Moravia	98	
108	Central City	96	
109	Griswold	96	
110	North Iowa, Buffalo Center	96	
111	Rockford	96	
112	Dunkerton	95	
113	Bedford	94	
114	Belle Plaine	94	

115	English Valleys, North English	94	
116	Lone Tree	94	
117	Riceville	94	
118	Winfield-Mt Union	93	
119	Woodward Academy	93	
120	Don Bosco	92	
121	West Bend-Mallard	90	
122	Colo-NESCO	88	
123	Bishop Garrigan, Algona	87	
124	ExiraElk Horn-Kimballton	82	
125	Twin Cedars, Bussey	81	
126	Collins-Maxwell	80	
127	Melcher-Dallas	79	
128	Tripoli	79	
129	Harris-Lake Park	75	
130	Waterloo Christian School	73	
131	Hillcrest Academy	72	
132	Kee, Lansing	69	
133	Clarksville	68	
134	Siouxland Christian	67	
135	Keota	66	
136	West Harrison, Mondamin	65	
137	Lamoni	62	
138	Stanton	56	
139	Ar-We-Va, Westside	54	Unity Ridge Luthran School
140	Meskwaki Settlement School	53	
141	Trinity Christian	52	
142	Marquette Catholic, Bellevue	51	
143	Heartland Christian	40	
144	Moulton-Udell	39	
145	Prince of Peace Catholic, Clinton	39	
146	Essex	36	
147	St. Mary's, Remsen	36	

148	Valley Lutheran, Cedar Falls	36	
149	Hamburg Charter	35	
150	Orient-Macksburg	29	
151	Whiting	28	
152	Diagonal	18	
153	North Iowa Christian School	15	
154	Joshua Christian Academy	14	
155	Scattergood Friends	14	
156	Clear Lake Classical	13	
157	Empigo Academy	5	
158	Strong Roots	2	