

2024 Volleyball Exam Study Guide							
NOTE: In the exam situations, Team S = serving team; Team R = receiving team.							
Additionally, LF = left front; CF = center front; RF = right front; RB = right back; CB = center back; LB = left back.							
Video Url	Question Position	Question	Answer 1	Answer 2	Answer 3	Answer 4	Rule Reference
	1	A volleyball match:	A. Consists of two teams of six players on a rectangular court.	B. Has a maximum of three minutes between sets unless an intermission is used.	C. Shall be forfeited when a team has fewer than six players to start the match, unless the state association determines otherwise.	D. All of the above.	1-1, 1-2-2, 1-5-4
	2	The prematch procedure shall include:	A. The home team selecting its team bench.	B. A coin toss to determine who serves and who receives.	C. A conference conducted by the officials with only team captains.	D. Both A and B.	1-6-1, 1-6-2, 1-6-3
	3	The center line:	A. Must be continuous and 2 inches (or 5 centimeters) wide.	B. Must be solid.	C. May be shadow-bordered 2 inches (or 5 centimeters) wide.	D. Both A and C.	2-1-4, 2-1-4 NOTE
	4	The coaching zone is defined by:	A. The area near the sideline between the attack line and the center line.	B. The libero replacement zone and the area beyond the end line and sideline extended.	C. The area near the sideline between the attack	D. Not a defined area.	2-1-9
	5	Team A submits a lineup listing a starting number that no team member is wearing. The team substitutes a player with a legal number into that position. Team A is:	A. Not charged with a substitution.	B. Charged with a substitution.	C. Charged with a substitution and an unnecessary delay (administrative yellow).	D. Not charged with a substitution, but assessed an unnecessary delay (administrative yellow).	7-1-4a(1)
	6	Which of the following is incorrect concerning the net?	A. The net antennas shall be attached to the net in line with the outside edge of the sideline.	B. The height of the net shall be 7 feet, 6 inches for girls.	C. The height of the net shall be 7 feet, 11 5/8 inches for boys.	D. The net measured at the ends shall not exceed the standard height by more than 3/4 inch.	3-1-4, 3-1-5

7	Which of the following equipment must be padded?	A. Standards	B. Net support floor/wall cables	C. First Referee's platform	D. All must be padded.	3-1-3
8	Which of the following jewelry is allowed?	A. Hoop earrings.	B. No jewelry is allowed.	C. Stud(s) or post(s) above the chin.	D. String or commemorative bracelets.	4-1-7
9	Assistant officials include:	A. Scorer, first referee and line judges.	B. Libero tracker, line judges and scorer.	C. Line judges, second referee and timer.	D. None of the above.	5-1-1
10	If a net fault is whistled by the second referee, the second referee will:	A. Indicate the player committing the fault, then the nature of the fault. B. Indicate the nature of the play.	B. Indicate the nature of the play.	C. Indicate the nature of the fault, then the player committing the fault. D. First mirror the first referee.	D. First mirror the first referee.	5-2-1b
11	A team is allowed _____ substitutions per set.	A. 15	B. 18	C. unlimited	D. 20	10-3-2
12	After an injury a coach has 30 seconds to:	A. Complete a legal libero replacement for the injured libero and may substitute for the replacement player.	B. Leave the player in the set with play beginning immediately.	C. Take a team time-out if the team has not used its allotted time-outs.	D. All are correct.	11-4-1
13	The first referee is the head official who shall:	A. In the spirit of good sporting conduct, promptly handle any unexpected situation.	B. Make decisions on matters not specifically covered by the rules.	C. Have general supervision of officials.	D. All of the above.	5-4-3a(1), (2), (4)
14	Which of the following is a responsibility of the scorer?	A. Enter on the scoresheet the uniform numbers of the starting players in proper service order.	B. Notify the first referee during play when there is a discrepancy with the score.	C. Record libero replacements and substitutions.	D. Time the prematch warm-up period.	5-6-1c
15	It is permissible for a player to compete with which piece of equipment:	A. An elbow brace that extends more than halfway down the forearm.	B. A knee brace that has been altered from the manufacturer's original design.	C. A protective face mask made of hard material that is molded to the face with no protrusions.	D. A cast made of plaster on the hand.	4-1-1, 4-1-2, 4-1-3, 4-1-4

16	A ball becomes dead and out of bounds when:	A. The ball touches a wall.	B. The ball touches the net antenna.	C. The ball touches the floor completely outside the court's boundary lines.	D. All are correct.	2-3a, b, c
17	Barrettes and other adornments in the hair are legal if they:	A. Are less than 1 inch in length.	B. Do not increase risk to the player, teammates or opponent(s) and are securely fastened.	C. Match the color of the team uniform.	D. All are correct.	4-1-6a
18	Line judges shall:	A. Report to the first referee no less than 20 minutes before the scheduled start time.	B. Stand near the intersection of the left sideline and the end line.	C. Stand up on the referee's platform.	D. Both A and B.	5-9-1a, 5-9-2a & b
19	Which of the following would make a uniform bottom illegal?	A. Single manufacturer's logo/trademark/reference on the waistband.	B. Multiple manufacturer's logo/trademark/reference on the waistband.	C. A different-colored uniform bottom from the rest of the team.	D. School logo no more than 2 1/4 square inches.	4-2-1f, i
20	What is it called when opposing players commit a rule violation at the same time?	A. A fault.	B. A double fault.	C. Multiple faults.	D. A double hit.	9-7-2
21	Which of the following is not a responsibility of the second referee during the set?	A. Assist the first referee by making sure a whistle is blown for each dead ball.	B. Determine the alignment of players on the receiving team at the moment of serve.	C. Whistle for each serve.	D. Signal how many time-outs each team has used at the beginning and the completion of a charged time-out.	5-5-3b, (3) (4) (16)
22	The attack is considered complete when the:	A. Attacking team has completed three hits.	B. Attacking team has had the opportunity to complete the attack.	C. The ball is falling near the net, and in the referee's judgment, no legal member of the attacking team could make a play on the ball.	D. All are correct.	9-6-4

23	Which of the following scenarios have the potential to be screens?	A. A player on the serving team waves arms and jumps while the ball is served on a low trajectory over the player.	B. A player moves sideways or stands close to the server preventing the receiving team from seeing contact of the serve.	C. A group of two or more players, on the serving team, stand close together and the ball is served directly over them.	D. All would be potential screening.	6-5-1,2
24	A replay may be declared when:	A. A double whistle occurs on the serve.	B. A player intentionally serves the ball prior to the referee's signal.	C. The ball contacts a backboard hanging in the vertical position over a playable area, and in the judgment of the referee, the ball would have remained in play.	D. Both A and C.	9-8-1b & h
25	Which of the following statements is true regarding the lineup?	A. One of the six starting players on the lineup sheet, or the libero, must be designated as the playing captain by placing a "C" next to the player's number.	B. Lineup must be submitted to the second referee no later than two minutes before the timed pre-match warmup ends.	C. Only one libero may be designated per set on the lineup sheet prior to each set.	D. All are true.	7-1-2a, b, c
26	The following are true regarding the serve except:	A. A server may only serve when in the right back position.	B. A server shall not touch the end line at the instant the ball is contacted for serve.	C. A server must complete the serve within eight (8) seconds.	D. A server is granted one re-serve during each time of service.	8-1-1, 8-1-2, 8-1-3, 8-2-1, 8-1-5
27	Which of the following is permitted after a replay is signaled by the first referee?	A. A time-out request.	B. A substitution request.	C. A libero replacement.	D. None of the above.	9-8-2
28	Proper substitution procedure includes:	A. The substitute remaining in the substitution zone until the second referee releases the substitute and player.	B. The substitute remaining in the substitution zone until the first referee releases the substitute and player.	C. The substitute using the substitution zone, which is located along the sideline between the attack line and the serving line of the team's playing area.	D. None of the above.	10-2-3, 10-2-4
29	An assistant coach may stand in which of the following situations?	A. During a dead ball in the coaching zone when one assistant coach is already standing.	B. During a live ball to review the accuracy of the score with the second referee.	C. During a dead ball in the coaching zone if no other assistant coach is standing.	D. During a dead ball to request a time-out.	12-2-6

30	Which of the following statements is correct regarding a time-out?	A. An assistant coach may verbalize or signal for a time-out.	B. A head coach or playing captain may verbalize or signal for a time-out.	C. A team non-captain may verbalize or signal for a time-out.	D. A head coach may request a time-out during a live ball.	11-2-1
31	All of the following are correct, except:	A. A time-out will last for a maximum of sixty (60) seconds.	B. Each team is limited to four (4) time-outs per set.	C. A time-out may be called by the head coach during a dead ball.	D. A time-out may be called prior to the start of a set.	11-2-1, 11-2-2, 11-2-3
32	If using an intermission in a best three-of-five sets match, it shall be:	A. Between the first and second sets.	B. Between the second and third sets.	C. Between the third and fourth sets.	D. Between the fourth and fifth sets.	11-5-2
33	Which of the following are examples of legal uniform numbers?	A. The numbers are the same color as the uniform with a clearly contrasting border not to exceed 1/2 inch in width.	B. The numbers clearly contrast from the uniform and include a border not to exceed 1/2 inch in width.	C. The numbers clearly contrast from the uniform and do not have a border.	D. B and C are legal uniform numbers.	4-2-4c
34	The first referee signals for the serve. The server tosses the ball and it hits the backboard. What is the correct call?	A. A re-serve.	B. An illegal serve.	C. A service fault.	D. Unsporting conduct.	8-1-6
35	At the moment of the serve, which statement about player positioning is not true?	A. All players, including the libero, shall be in the correct serving order.	B. All players, including the libero, are not required to be in the correct serving order.	C. No player, other than the server, may have any part of the body touching the floor outside of the boundary lines.	D. All players, except the server, shall be within the team's playing court and boundary lines.	6-4-3a, b
36	For illegal alignment, loss of rally/point is awarded to the opponent for:	A. Positioning, at the moment of a legal serve, of any player other than the server, outside the boundaries of the playing area.	B. Overlapping by players other than the server at the moment a legal serve occurs.	C. Both A and B.	D. None of the above.	6-4 PENALTIES
37	Which statement is correct regarding an unruly spectator disrupting the set?	A. The first referee gives a yellow card to the coach of the team for whom the fan is yelling.	B. The first referee approaches the spectator and tells the spectator to leave the facility.	C. The first referee suspends the set until the host management resolves the situation, then play continues.	D. The second referee approaches the spectator and tells the spectator to leave the facility.	12-3

38	Which is NOT considered unsporting conduct for a coach:	A. Abusing the re-serve rule.	B. Making any excessive requests designed to disrupt the set.	C. Disrespectfully addressing, baiting or taunting anyone involved in the contest.	D. All of the above are considered unsporting conduct for a coach.	12-2-8
39	Which of the following is true for substitution requests?	A. Substitution requests can be made prior to the start of the set.	B. Substitutions requests can be made during a live ball.	C. Substitution requests can be made by an assistant coach.	D. Substitution requests can be made by a player on the court.	10-1-4
40	Which of the following statements is false regarding music and/or sound effects?	A. Music/sound effects are permitted prior to start of the set.	B. Music/sound effects are permitted during warm-ups.	C. Music/sound effects are permitted during play.	D. Music/sound effects are permitted during time-outs.	1-8
41	A referee shall stop play when:	A. A ball is played over a nonplayable area and the player has a body part in contact with a playable area at the same time the ball is contacted.	B. The ball contacts a cable used to retract a ceiling-suspended net system.	C. The ball contacts any part of a backboard or its supports, over the playable area.	D. Both Band C.	2-4-1d, e
42	In the case of an injury/illness to the libero during the set and the libero cannot continue to play, the head coach is permitted to:	A. Replace the libero with any player on the bench.	B. Complete a legal libero replacement and request a substitution for another player on the court during the injury time-out.	C. Complete a legal libero replacement for the injured/ill player and may substitute for the replacement player.	D. Take as much time as needed to decide if the player can continue play.	11-4-1b
43	When a player changes uniforms due to blood or damage, the following is true:	A. If the number changes, the roster is corrected.	B. No penalty is assessed.	C. A loss of a time-out will be assessed to the offending team.	D. A and B are correct.	4-2-3 NOTE, 7-1 PENALTY NOTE
44	The first referee shall whistle and direct players to their respective end lines prior to the first set. What players are permitted to stand on their respective end lines?	A. Any rostered player.	B. Starting players only.	C. Starting players and libero only.	D. Non-starting players only.	5-4-3c(1)

45	Which of the following fault penalties are false?	A. For a double fault during a live-ball play, a loss of rally/point is awarded to the opponent.	B. For a double fault during a dead ball, the penalty is assessed against the serving team followed by the receiving team with both teams rotating.	C. For a simultaneous fault during a dead ball, all applicable penalties are accessed.	D. For a multiple fault, only one penalty is assessed (loss of rally/point).	9-7 PENALTIES
46	Unless state association rules determine otherwise, a match shall be declared a forfeit when:	A. A disqualified individual violates conduct rules following disqualification.	B. A team refuses to play when directed to do so by the first referee.	C. A coach is removed for unsporting conduct and no school personnel is present to assume responsibility for the team.	D. All of the above.	1-5-2
47	Which of the following statement(s) is true regarding the volleyball?	A. The volleyball shall include the NFHS Authenticating Mark.	B. The volleyball shall be spherical with a laceless molded cover.	C. The volleyball shall measure at least 21 inches but no more than 24 inches in circumference.	D. AandBaretrue.	3-2-1, 3-2-3
48	When should a scoresheet be supplied to the officials' table?	A. At least 5 minutes before the match.	B. At least 10 minutes before the match.	C. At least 15 minutes before the match.	D. At least 20 minutes before the match.	3-3-1
49	Failure to submit a roster to the second referee at the pre-match conference results in the following penalty:	A. An administrative red card shall be assessed at the start of the set.	B. An unnecessary delay (administrative yellow card) shall be assessed at the start of the set.	C. Offending team is charged a time-out.	D. A loss of rally/point is given to the offending team.	7-1 PENALTIES
50	Once a first referee signals for service, which of the following requests is permitted prior to the ball being served?	A. Libero replacement	B. Substitution	C. Time-out	D. None of the above	8-1-6

<a href="https://exam-creator.s3.amazonaws.com/volleyball/Getting referee attention-7be904851a6b423c8bd84e3ad2eab8de.mp4">https://exam-creator.s3.amazonaws.com/volleyball/Getting referee attention-7be904851a6b423c8bd84e3ad2eab8de.mp4</a>	51	What signal is being demonstrated by the line judge?	A. Antenna Violation	B. Service Line Fault	C. Obtaining R1's Attention	D. Inbounds	Line Judge Signal #3
<a href="https://exam-creator.s3.amazonaws.com/volleyball/Volleyball Exam - Question 2-3e4a8b4c67c543539490c312aba30244.mp4">https://exam-creator.s3.amazonaws.com/volleyball/Volleyball Exam - Question 2-3e4a8b4c67c543539490c312aba30244.mp4</a>	52	The first ball contact by player No. 11 is an illegal contact.	A. True	B. False			9-4-8b



<a href="https://exam-creator.s3.amazonaws.com/volleyball/AndreasMunsterJV-a9bc0c9924e641238dee37fb816476e1.mp4">https://exam-creator.s3.amazonaws.com/volleyball/AndreasMunsterJV-a9bc0c9924e641238dee37fb816476e1.mp4</a>	53	<p>What is the correct call when judging the action of the setter dump in red assuming that the ball is not completely above the height of the net?</p>	<p>A. The setter's contact is legal.</p>	<p>B. The setter's contact is illegal.</p>			9-4-5
<a href="https://exam-creator.s3.amazonaws.com/volleyball/Game17-CA118493-de70829924e3420ebba6229c28a0641a.mp4">https://exam-creator.s3.amazonaws.com/volleyball/Game17-CA118493-de70829924e3420ebba6229c28a0641a.mp4</a>	54	<p>Does the libero in white commit a back-row attack violation?</p>	<p>A. Yes, contact is made in front of the attack line and is a fault regardless of where the ball is in relation to the height of the net.</p>	<p>B. No, contact is made when the ball is partially below the height of the net.</p>			9-5-6

<a href="https://exam-creator.s3.amazonaws.com/volleyball/Game3-WantaghvsNiagaraWinfield-e44df47a9ae5490f8a93aceb9ca64c25.pdf">https://exam-creator.s3.amazonaws.com/volleyball/Game3-WantaghvsNiagaraWinfield-e44df47a9ae5490f8a93aceb9ca64c25.pdf</a>	55	Which of the following statements is true regarding the assistant coach on the near-side?	A. The assistant coach is standing legally throughout the play in the coaching zone.	B. The assistant coach is standing illegally throughout the play in the coaching zone.			12-2-6
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