

BASKETBALL Rule 3 - Players, Substitutes, and Equipment

Section 5 - Team Members' Equipment, Apparel

Article 1 - The referee shall not permit any team member to wear equipment or apparel which, in his/her judgment, is dangerous or confusing to other players or is not appropriate.

Article 2 - Guards, casts, braces, and compression sleeves must meet the following guidelines:

- a. A guard, cast or brace made of hard and unyielding substance such as, but not limited to, leather, plaster, plastic, or metal shall **not** be worn on the elbow, hand, finger, wrist or forearm, even though covered with soft padding.
- b. Hard and unyielding items (guards, casts, braces, etc.) on the upper arm or shoulder must be padded with a closed-cell, slow recovery foam padding no less than 1/2" thick.
- c. Knee & ankle braces which are unaltered from the manufacturer's original design/production are permitted and do not require any additional padding/covering.
- d. A protective face mask may be worn and made of hard material, but must be worn molded to the face with no protrusions.
- e. Must be worn for medical reasons.

Article 3 – Arm sleeves, knee sleeves, lower leg sleeves and tights are permissible:

- a. Anything worn on the arm and/or leg is a sleeve, except a knee brace, and shall meet the color restrictions. The sleeves/tights shall be black, white, beige or the predominant color of the uniform and the same color sleeves/tights shall be worn by teammates.

All sleeves/tights shall be the same solid color.

Meet the logo requirements in 3-6.

Note: In general, a brace is defined as anything that contains hinges and/or straps or an opening over the knee cap.

Article 4 – Wristbands and headwear shall meet the following guidelines:

- a. Headbands and sweatbands shall be white, black, beige, or a single solid **school** color provided all team members are wearing the same color for each item for each participant.
- b. A headband is any item that goes around the entire head. If worn, only one headband is permitted, it must be worn on the forehead/crown, it must be nonabrasive and unadorned, and it must be a maximum of 3 inches.
- c. If worn, only one wristband is permitted on each wrist, each must be worn on the arm below the elbow, each must be moisture absorbing, nonabrasive and unadorned, and each must be a maximum of 4 inches.
- d. Rubber, cloth or elastic bands, may be used to control hair. Pre-wrap is considered a hair device and may be used without color restrictions. Hard items, including, but not limited to, beads, barrettes and bobby pins, are prohibited.
- e. Head decorations and headwear, except those specified above, are prohibited.

Exception: State associations may on an individual basis allow a player to participate while

wearing a head covering, if it meets the following criteria:"

- a. For medical or cosmetic reasons - In the event a participant is required by a licensed medical physician to cover his/her head with a covering or wrap, the physician's statement is required before the state association can approve a covering or wrap which is not abrasive, hard or dangerous to any other player and which is attached in such a way it is highly unlikely it will come off during play.
- b. For religious reasons - In the event there is documented evidence provided to the state association that a participant may not expose his/her uncovered head, the state association may approve a covering or wrap which is not abrasive, hard or dangerous to any other player and which is attached in such a way it is highly unlikely it will come off during play.

Article 7 - Compression shorts may be worn if the length is above the knee and they are of a single color similar to the predominant color of the pants/skirt. Undergament or tights shall not extend below the knee.

Article 8 - Jewelry is prohibited. Religious or **medical alert medals** are not considered jewelry. A religious medal must be taped and worn under the uniform. ***A medical alert bracelet** must be taped and may be visible.