

**2022 IOWA CLASS 3A STATE QUALIFIER - WEST
DELAWARE**

Manchester, IA

Host: West Delaware

Wednesday, October 19, 2022

MEET OFFICIALS

Meet Director:

Matt Weis

Timing:

Shannon Event Timings

**OFFICIAL MEET REPORT**

printed: 10/19/2022 4:30 PM

**Race #1
HS Girls 5K****Final Results****RACE SUMMARY**

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Solon	40	1-6-7-11-15(20)(44)	1:39:24	19:53	2:00.1
2 Clear Creek-Amana	76	2-9-13-24-28(39)(50)	1:41:51	20:23	2:00.1
3 Clear Lake	83	3-12-18-19-31(33)(34)	1:41:50	20:22	2:05.0
4 Wahlert Dubuque	107	5-8-10-36-48(65)(70)	1:43:39	20:44	2:04.0
5 Decorah	126	16-17-26-32-35(41)(42)	1:45:02	21:01	0:54.0
6 Marion	162	22-25-37-38-40(43)(60)	1:46:34	21:19	0:31.9
7 Xavier Cedar Rapids	164	4-21-23-55-61(64)(67)	1:47:19	21:28	3:28.8
8 Waverly-Shell Rock	165	14-29-30-45-47(53)(59)	1:46:18	21:16	1:32.2
9 Charles City	260	27-51-54-62-66(68)(69)	1:52:11	22:27	2:19.7
10 West Delaware Mancheste	277	49-52-56-57-63(72)	1:52:33	22:31	1:19.4
11 Vinton-Shellsburg	322	46-58-71-73-74(75)	2:01:27	24:18	5:00.4
DNP Hampton-Dumont-CAL					
DNP Independence					
DNP West Delaware Mancheste					
DNP Vinton-Shellsburg					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 YOUNG, Kayla	SR	Solon	1	18:32.59	---	5:58.1	3:42.5
2 BARKER, Haidyn	SR	Clear Creek-Amana	2	19:08.81	36.22	6:09.7	3:49.8
3 DOUGHAN, Addison	SO	Clear Lake	3	19:09.88	37.29	6:10.1	3:50.0
4 ARNOLD, Emma	SR	Xavier Cedar Rapid	4	19:42.73	1:10.14	6:20.7	3:56.5
5 MURPHY, Lucy	FR	Wahlert Dubuque	5	19:52.75	1:20.16	6:23.9	3:58.6
6 MAAS, Lydia	JR	Hampton-Dumont-C	-	19:54.37	1:21.78	6:24.4	3:58.9
7 DEE, Sydney	SO	Solon	6	20:00.94	1:28.35	6:26.5	4:00.2
8 FEDERSPIEL, Gracie	JR	Solon	7	20:06.56	1:33.97	6:28.3	4:01.3
9 TAKES, Lilah	SR	Wahlert Dubuque	8	20:10.18	1:37.59	6:29.5	4:02.0
10 KINZENBAW, Sara	SO	Clear Creek-Amana	9	20:10.92	1:38.33	6:29.7	4:02.2
11 GRAHAM, Lilian	SO	Wahlert Dubuque	10	20:11.01	1:38.42	6:29.8	4:02.2
12 FIALA, Mary	SR	Solon	11	20:11.03	1:38.44	6:29.8	4:02.2
13 MCLAUGHLIN, Emily	JR	Clear Lake	12	20:12.06	1:39.47	6:30.1	4:02.4
14 BARKER, Kira	SO	Clear Creek-Amana	13	20:19.36	1:46.77	6:32.5	4:03.9
15 BOCHMANN, Sydney	JR	Waverly-Shell Rock	14	20:21.10	1:48.51	6:33.0	4:04.2
16 WILLIAMS, Ashlyn	JR	Solon	15	20:32.69	2:00.10	6:36.7	4:06.5
17 SIMON, Ana	FR	Decorah	16	20:33.37	2:00.78	6:37.0	4:06.7
18 LOSEN, Danielle	JR	Decorah	17	20:33.57	2:00.98	6:37.0	4:06.7
19 FEUERBACH, Anna	JR	Clear Lake	18	20:34.83	2:02.24	6:37.4	4:07.0
20 STEINBRON, Rebekah	SO	Clear Lake	19	20:37.53	2:04.94	6:38.3	4:07.5
21 DUSTER, Mara	SR	Solon	(20)	20:51.48	2:18.89	6:42.8	4:10.3
22 DEEGAN, Mia	FR	Xavier Cedar Rapid	21	20:55.62	2:23.03	6:44.1	4:11.1
23 ANDRESEN, Sydney	JR	Marion	22	21:00.09	2:27.50	6:45.6	4:12.0

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Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
24 RICHMOND, Keira	SO	Xavier Cedar Rapid	23	21:00.39	2:27.80	6:45.7	4:12.1
25 TECKLENBURG, Harper	SO	Clear Creek-Amana	24	21:02.29	2:29.70	6:46.3	4:12.5
26 OROZCO, Kendall	JR	Marion	25	21:02.74	2:30.15	6:46.4	4:12.5
27 STORHOFF, Brynn	JR	Decorah	26	21:04.73	2:32.14	6:47.1	4:12.9
28 MCINROY, Harper	SR	Charles City	27	21:06.59	2:34.00	6:47.7	4:13.3
29 ROGERS, Kiera	JR	Clear Creek-Amana	28	21:08.90	2:36.31	6:48.4	4:13.8
30 SMITH, Emma	SO	Waverly-Shell Rock	29	21:09.15	2:36.56	6:48.5	4:13.8
31 DAHLQUIST, Ramey	JR	Waverly-Shell Rock	30	21:12.26	2:39.67	6:49.5	4:14.5
32 HEESCH, Jady	SR	Clear Lake	31	21:14.82	2:42.23	6:50.3	4:15.0
33 SANDHORST, Lily	SO	Decorah	32	21:22.78	2:50.19	6:52.9	4:16.6
34 ENGLIN, Lauren	FR	Clear Lake	(33)	21:23.86	2:51.27	6:53.2	4:16.8
35 HAUGE, Alexis	JR	Clear Lake	(34)	21:25.58	2:52.99	6:53.8	4:17.1
36 SKRADE, Annalise	SR	Decorah	35	21:27.33	2:54.74	6:54.3	4:17.5
37 BELLINI, Olivia	FR	Wahlert Dubuque	36	21:27.49	2:54.90	6:54.4	4:17.5
38 DIETZ, Alena	SO	Marion	37	21:28.21	2:55.62	6:54.6	4:17.6
39 MOORE, Elise	FR	Marion	38	21:30.07	2:57.48	6:55.2	4:18.0
40 WYANT, Raegan	SO	Clear Creek-Amana	(39)	21:30.78	2:58.19	6:55.4	4:18.2
41 CORDES, Kyra	SO	Marion	40	21:31.98	2:59.39	6:55.8	4:18.4
42 ANDERSON, Rebecca	SR	Decorah	(41)	21:37.05	3:04.46	6:57.5	4:19.4
43 STEVENS, Natalie	FR	Decorah	(42)	21:38.98	3:06.39	6:58.1	4:19.8
44 FITCH, Laura	SO	Marion	(43)	21:39.36	3:06.77	6:58.2	4:19.9
45 SHEELEY, Ella	SO	Solon	(44)	21:39.81	3:07.22	6:58.3	4:20.0
46 KENT, Jailyn	SO	Waverly-Shell Rock	45	21:41.47	3:08.88	6:58.9	4:20.3
47 PRIMROSE, Olivia	SO	Vinton-Shellsburg	46	21:49.72	3:17.13	7:01.5	4:21.9
48 RESSLER, Reaghan	SO	Independence	-	21:51.81	3:19.22	7:02.2	4:22.4
49 BODENSTEINER, Brenna	JR	Waverly-Shell Rock	47	21:53.22	3:20.63	7:02.7	4:22.6
50 KING, Claire	FR	Wahlert Dubuque	48	21:56.69	3:24.10	7:03.8	4:23.3
51 LEWIN, Brooke	SR	West Delaware Ma	49	21:58.89	3:26.30	7:04.5	4:23.8
52 LEIGHTON-DICK, Eva	SO	Clear Creek-Amana	(50)	22:03.92	3:31.33	7:06.1	4:24.8
53 USHER, Cloey	SR	Charles City	51	22:04.92	3:32.33	7:06.4	4:25.0
54 HOGAN, Emma	JR	West Delaware Ma	52	22:04.98	3:32.39	7:06.4	4:25.0
55 ROHNE, Jenna	FR	Waverly-Shell Rock	(53)	22:14.71	3:42.12	7:09.6	4:26.9
56 STAUDT, Lauren	JR	Charles City	54	22:18.25	3:45.66	7:10.7	4:27.7
57 BIRD, Teaghan	JR	Hampton-Dumont-C	-	22:24.83	3:52.24	7:12.8	4:29.0
58 MALONEY, Nora	JR	Xavier Cedar Rapid	55	22:27.84	3:55.25	7:13.8	4:29.6
59 SCHMITZ, Izzy	JR	West Delaware Ma	56	22:33.66	4:01.07	7:15.7	4:30.7
60 RICH, Faith	SR	West Delaware Ma	57	22:37.08	4:04.49	7:16.8	4:31.4
61 WEETS, Ellie	SO	Vinton-Shellsburg	58	22:37.37	4:04.78	7:16.9	4:31.5
62 JEROME, Cece	JR	Waverly-Shell Rock	(59)	22:39.05	4:06.46	7:17.4	4:31.8
63 MEYER, AudryElla	SO	Marion	(60)	22:39.90	4:07.31	7:17.7	4:32.0
64 HAMBLY, Lily	SO	Hampton-Dumont-C	-	23:03.08	4:30.49	7:25.1	4:36.6
65 COSGROVE, Alma	SR	Xavier Cedar Rapid	61	23:11.47	4:38.88	7:27.9	4:38.3
66 BOSS, Maggie	JR	Charles City	62	23:14.72	4:42.13	7:28.9	4:38.9
67 LITTERER, Faith	SR	West Delaware Ma	63	23:18.21	4:45.62	7:30.0	4:39.6
68 MEYER, Jaclyn	SR	Xavier Cedar Rapid	(64)	23:22.33	4:49.74	7:31.3	4:40.5
69 VAN OTTERLOO, Anna	SR	Wahlert Dubuque	(65)	23:23.91	4:51.32	7:31.9	4:40.8

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Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
70 ECKENROD, Claire	SR	Charles City	66	23:26.25	4:53.66	7:32.6	4:41.3
71 NGUYEN, Teresa	JR	Xavier Cedar Rapid	(67)	23:28.12	4:55.53	7:33.2	4:41.6
72 PRICHARD, Emma	FR	Charles City	(68)	23:31.70	4:59.11	7:34.4	4:42.3
73 ZWEIBOHMER, Mackenzie	JR	Charles City	(69)	23:33.72	5:01.13	7:35.0	4:42.7
74 DEHN, Anna	JR	Wahlert Dubuque	(70)	24:01.63	5:29.04	7:44.0	4:48.3
75 HAISMAN, Molly	SR	Vinton-Shellsburg	71	24:02.41	5:29.82	7:44.2	4:48.5
76 BARDGETT, Noelle	JR	West Delaware Ma	(72)	24:30.72	5:58.13	7:53.4	4:54.1
77 RESSLER, Bella	SR	Independence	-	24:38.93	6:06.34	7:56.0	4:55.8
78 ROLLINGER, Rachel	JR	Vinton-Shellsburg	73	26:06.64	7:34.05	8:24.2	5:13.3
79 BIRKER, Isabel	SO	Vinton-Shellsburg	74	26:50.03	8:17.44	8:38.2	5:22.0
80 SCHWARTZ, Sydney	SR	Independence	-	27:30.55	8:57.96	8:51.2	5:30.1
81 NEWTON, Annabelle	SR	Vinton-Shellsburg	(75)	27:55.56	9:22.97	8:59.3	5:35.1
82 DIETZ, Emma	FR	Hampton-Dumont-C	-	28:27.16	9:54.57	9:09.5	5:41.4