

FIVE-PLAYER CAREER LEADERS

(Current year seniors not included in career records)

UPDATED: 6/17/19 — COACHES: HELP US WITH CORRECTIONS: As always – whenever a list like this is compiled, someone is inadvertently left out. Please submit any additions to Jason Eslinger at jasoneslinger@ighsau.org. Thanks to those that have submitted corrections/additions.. Please send any career/single season numbers that might make these listed to me as I'll update this list when time allows.

CAREER TOTAL POINTS

Elle Ruffridge, Pocahontas Area (2014-17)	2951	Shelley Sheetz, Cedar Rapids Kennedy (1987-1991)	1831
Deb Remmerde, Rock Valley (1999-2003)	2756	Erin Richards, Mason City (1995-1998)	1826
Jennifer Jorgensen, SE Webster-Grand (2005-2008)	2708	Wendy Ausdemore, Tri-Center (2002-05)	1812
Anne O'Neil, Cedar Rapids Kennedy (1996-2000)	2494	Monica Huelman, Vinton-Shellsburg (1992-1996)	1809
Jennifer Goetz, Cardinal Stritch (1999-2003)	2433	Kate Galligan, Cedar Rapids Jefferson (1988-1992)	1797
Kala Kuhlmann, Charter Oak-Ute (2002-2006)	2337	Grace Berg, Indianola (2014-18)	1784
Margo Muhlbauer, IKM (2002-2006)	2304	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	1784
Lindsay Hoehns, Twin Cedars (2005-2010)	2253	Morgan Paige, Marion (2005-2010)	1777
Hallie Christofferson, Exira (2005-2010)	2247	Ellie Peterson, Cedar Falls (1998-2002)	1773
Sara Stribe, Carroll (1994-1998)	2245	Amy Meggers, IKM (1996-2000)	1773
Nicole Miller, North Linn (2011-2015)	2207	Logan Hughes, Shenandoah (2016-19)	1769
Stephanie Rich, Washington (1997-2001)	2205	Alison Rohdy, Harmony (1991-1995)	1767
Ashley Joens, Iowa City High (2014-18)	2158	Brittany Lange, Sac (2002-05)	1756
Liz Trauger, Twin River Valley (2002-2006)	2115	Lindsay Anderson, New London (1994-1998)	1755
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	2026	Stacey Schutjer, WCLT (2005-2008)	1754
Lindsey Meder, Solon (1994-1998)	2057	Kesley Cermak, Norwalk (2004-2007)	1751
Amber Harrington, Davenport North (2005-2010)	2035	Chelsea Thomas, Pleasantville (2004-2008)	1748
Kayla Waskow, Dunkerton (2004-2008)	2031	Jessica Nikkel, Lynnville-Sully (1995-1999)	1743
Mary Berdo, Washington (1992-1996)	2026	Angela Bock, Iowa Mennonite (1995-1999)	1743
Nina Smith, Waterloo West (1995-1999)	1992	Tori Hazard, Janesville (2014-17)	1737
Linda Lappe, Winfield-Mt. Union (1994-1998)	1987	Danielle Grabe, Cedar Rapids Prairie (1996-2000)	1733
Jessica Gerhart, Sentral (1999-2003)	1983	Tarah Cullin, Fort Madison Aquinas	1729
Tammi Blackstone, Cherokee (1992-1996)	1961	Jordan Henningsen, Alta (2007-2011)	1716
Tiffany Reedy, Union (1998-2002)	1942	Jill Johnson, Rockwell City-Lytton (2000-2004)	1711
Rachel Yeggy, Highland (2002-2006)	1941	Zoe Young, West Des Moines Valley (2016-19)	1710
Abby Roe, Van Buren (1992-1996)	1923	Jessica Mennen, Hampton-Dumont (1996-2000)	1710
Kary Dawson, Sibley-Ocheyedan (1993-1997)	1922	Kiah Stokes, Linn-Mar (2007-2011)	1704
Jamie Boyd, Underwood (2000-2004)	1920	Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1701
Alexis Conaway, MOC-Floyd Valley (2010-2014)	1901	Ann Cavey, North Cedar (1994-1998)	1698
Christa Subbert, Stanton (2003-2007)	1901	Marsha Frese, CR Reigs & CR Wash. (1986-1990)	1692
Megan Meyer, Mason City (2016-19)	1888	Amy Herig, Dubuque Senior (1991-1995)	1685
Amanda Zimmerman, Ballard (2006-2009)	1886	Lori Tumblee, Starmont (1998-2002)	1680
Jessie Pauley, OABCIG (2008-2012)	1873	Kristi Moser, Maple Valley-A-O (1993-1997)	1669
Ashtyn Veerbeek, Western Christian (2014-18)	1871	Mikayla Nachazel, Springville (2014-18)	1662
Shellie Mossman, Carroll (2002-2006)	1859	Ashley Miller, Tipton (2003-2007)	1654
Molly Tideback, Waterloo Columbus (1985-1988)	1859	Teresa Wessling, Guthrie Center (1995-1999)	1644
Shelly Hembera, Cedar Valle Christian (2011-2015)	1859	Macy Williams, Fremont-Mills (2011-2015)	1642
Clarie Marburger, Perry (2011-2015)	1853	Arika Wooldridge, Center Point-Urbana (2013-16)	1640
Zoey Artist, CAM (1994-1998)	1845	Samantha Harrington, Nashua-Plainfield (2004-2007)	1638
Michelle Lund, Sioux City Bishop Heelan (2004-08)	1837	Julia Fleecs, Glidden-Ralston (2014-17)	1637
Carleigh Paup, Paton-Churdan (2012-16)	1833	Kristin Turk, Des Moines Lincoln (2004-07)	1636
		Hattie Davidson, Northwood-Kensett (2013-16)	1636

Erin Wibholm, West Marshall (1997-2001)	1634	Andrea Larson, Mediapolis (2011-15)	1513
Linda Sayavongchanh, DM Lincoln (1998-2002)	1630	Brittany Alfredson, Woodbury Central (2004-08)	1511
Brianne Schoonover, Fredericksburg (1994-1998)	1630	Katie Schechinger, IKM/IKM-Manning	1507
Wendy Sobaski, Pekin (1993-1997)	1629	Autumn Feaker, Solon (1990-1994)	1506
Jill Martin, Norwalk (1999-2003)	1628	Jessica Vande Kooi, Hinton (1999-2003)	1505
Lexy Koudelka, Nevada (2014-18)	1625	Ashley Arndorfer, Algona Garrigan (1998-2002)	1503
KJ Veldman, Spirit Lake (2010-2013)	1625	Emily Reeder, CB Abraham Lincoln (1996-2000)	1502
Amanda Moser, Maple Valley-Anthon-Oto (1998-2002)	1622	Kim Marlow, Oelwein (1999-2003)	1502
Kenzie Cunard, Logan-Magnolia (2014-18)	1621	Erin Dohrmann, Sioux City North (1997-2003)	1499
Rylee Menster, Springville (2014-18)	1607	Jade Rogers, Cedar Rapids Kennedy (2005-10)	1499
Anne Straate, Postville (1998-2002)	1603	Miranda Boekhout, Marcus-Meriden-Cleghorn (2000-04)	1497
Erin Maher, Davenport Assumption (1985-1989)	1601	Kaylee Blake, IKM-Manning (2010-2013)	1496
Angie Schinstock, Central Lee (1996-2000)	1599	Kadie Subbert, Stanton (2007-2011)	1495
Mackenzie Morrison, Martensdale St. Marys (2006-2010)	1599	Sammy Blum, Rock Valley (2014-17)	1494
Katie Eiben, Springville (2006-2009)	1598	Amber Nicole Buch, Fairfield (2014-18)	1493
Lisa Kriener, St. Ansgar (1997-2001)	1596	Kelsey Maffin, Van Meter (1999-2003)	1491
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	1594	Megan Ripperton, Lone Tree (1997-2001)	1488
Mackenzie Roberts, Van Meter (2014-17)	1594	Konnor Sudmann, Treynor (2016-19)	1488
Kelsey Keizer, Okoboji (2002-2005)	1593	Maddie Jones, South Central Calhoun (2016-19)	1486
Ally Disterhoft, Iowa City West (2009-2012)	1590	Katie Miller, Solon (1994-1998)	1485
Tanya Meyer, Sioux City West (2010-2014)	1590	Kim Trine, Burlington Notre Dame (1994-1998)	1485
Jenny Ogden, Moulton-Udell (1998-2002)	1590	Chelsea Poppens, Aplington-Parkersburg (2006-09)	1484
Mackenzie Meyer, Mason City (2013-16)	1589	Angie Schreurs, WDM Valley (1991-1995)	1484
Ellie Friesen, Osage/Crestwood (2014-18)	1586	Olivia Larsen, Newell-Fonda (2016-19)	1482
Shelby Spates, Van Buren (1999-2003)	1584	Madison Gettler, CAM (2016-19)	1480
Beth Marvin, Preston (1997-2001)	1581	Karen Schulte, Norway & CR Jefferson (1989-1993)	1479
Bailey Beckman, Panorama (2016-19)	1579	Ashton Yossi, Dallas Center-Grimes (2007-2011)	1477
Kayla Lincoln, West Central Maynard (2003-2007)	1577	Stacy Frese, Cedar Rapids Washington (1991-1995)	1477
Sarah Ryan, North Mahaska (2002-05)	1576	Jordan Gronewold, Carlisle (2005-2010)	1475
Kari Fitzpatrick, Edgewood-Colesburg (2011-2015)	1575	Brooke Scharn, Sioux Central (2007-10)	1473
Amy Young, Preston (1997-2001)	1575	Serena Parker, Shenandoah (2011-2015)	1468
Lori Nowachek, Midland (1997-2001)	1575	Chelsea Goedken, Cascade (2000-2002)	1468
Sienna Durr, Grinnell (2014-18)	1561	Kennedy Core, Pleasantville (2011-2015)	1468
Taylor Hickey, Burlington Notre Dame (2011-2015)	1560	Lindsay Smith, Central DeWitt (2008-11)	1467
Ashley Freerksen, Dowling Catholic (1999-2003)	1559	Keri Hanson, CWL (1997-2001)	1467
Samantha Reiser, Waukon (2002-2005)	1559	Kaylee Parks, Central Springs (2014-18)	1465
Bailey Arnburg, West Central Valley (2011-2015)	1556	Carrie Norman, Lynnville-Sully (1995-1999)	1460
Madison Weekly, Benton (2010-2013)	1552	Renee Maneman, Newell-Fonda (2010-2014)	1458
Mackenzie Rogers, Mediapolis (2014-18)	1552	Kalli Richardson, NE Hamilton (2010-2013)	1457
Aimee Osborne, Sidney (2008-11)	1551	Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	1456
Maya Johnson, Mediapolis (2016-19)	1549	Alicia Mahmens, Northeast (1996-2000)	1456
Jasmine Demers, Storm Lake St. Mary's (2010-2014)	1545	Maureen Head, Iowa City West (1996-2000)	1454
Andrew Clark, Guthrie Center (2003-2007)	1544	Kandy Beemer, Bedford (2002-2005)	1452
Kylie Williamson, Bondurant-Farrar (1995-1999)	1542	Paige Bradford, Davenport North (2014-18)	1451
Ashley Arlen, Cascade (2004-08)	1542	Sara Goodman, West Marshall (1999-2003)	1450
Madison Dreckman, LeMars (2016-19)	1541	Alee Hugen, Twin Cedars (2010-2013)	1450
Elle Herzberg, Manson-NW Webster (2010-2014)	1540	Shari Davis, Denver (1995-1999)	1446
Paige Danner, Ar-We-Va (2010-2014)	1539	Carah Drees, Westwood (2016-19)	1446
Taylor Greenfield, Ballard (2008-2011)	1536	Alysa Klein, Okoboji (2001-2004)	1445
Miranda Murphy, North Polk (2010-14)	1536	Megan Keefe, Clear Lake (1999-2003)	1445
Alli Masters, Central Decatur (2016-19)	1533	Mary Halvorson, Waukon (2005-2010)	1444
Brittini Donaldson, Sioux City North (2007-11)	1526	Ali Devries, Bellevue Marquette (2001-05)	1442
Kate Hartman, Northwood-Kensett (2006-2010)	1525	Leah Miller, Lawton-Bronson (2008-2012)	1442
Tana Colt, Akron-Westfield (2003-2007)	1525	Megan Howard, North Polk (2006-10)	1439
Mariah Criswell, Winterset (2011-2015)	1524	Lacey Corcoran, Johnston (1995-1999)	1437
Jenna Boelter, Algona Garrigan (2014-18)	1520	Kelli Nelson, Exira (2001-2004)	1436
Abby Richardson, Storm Lake St. Marys (2004-2007)	1519	Emma Atwood, Central Decatur (2016-19)	1434
Abby Emmert, Winterset (2000-2004)	1518	Steffi Cunard, Logan-Magnolia/H. Christian (2011-2015)	1434
Jamie Armstrong, Essex (1993-1997)	1516	Keanna Levy, Waterloo West (1999-2003)	1434
Cortney Kettmann, Bellevue Marquette (1997-2001)	1515	Allison Kruger, South O'Brien (1995-1999)	1434
Jennifer Rochelle, CB St. Albert (1997-2001)	1515	Emilee Danner, Ar-We-Va (2016-19)	1429

Amy Swisher, Cedar Falls (1996-2000)	1425	Chelsea Matthias, Wapsie Valley (1998-2002)	1358
Cassandra Boston, Des Moines Hoover (2002-06)	1424	Kristyn Ferris, Charles City (2001-2004)	1351
Julie Rittgers, WDM Valley (1987-1991)	1423	Morgan Muhlbauer, IKM-Manning (2011-2015)	1351
Kate Walker, Red Oak (2011-2015)	1423	Paige Greiner, Williamsburg (2010-2014)	1351
Jayme Olson, Bettendorf (1990-1994)	1422	Brittani Kozik, Belle Plaine (1999-2003)	1350
Ky Petersen, AHST (1993-1996)	1421	Ali Browning, Iowa City Regina (2005-2010)	1350
Tracy Paustian, Davenport West (1997-2001)	1417	Kendra DeJong, Unity Christian (2005-09)	1348
Maddie Oliver, Roland-Story	1416	Addie Oberman, Northeast (2010-14)	1347
Lindsey Petersen, Missouri Valley (1997-2000)	1416	Katie Lindeman, Grundy Center (2013-16)	1346
Alissa Brown, Jesup (2010-2014)	1415	Gabie Doud, Ballard (2013-2016)	1346
Keanna Levy, Waterloo West (1999-2004)	1415	Emily Westrand, Essex (2006-2009)	1346
Trisha Heiden, Northeast Hamilton (1993-1995)	1415	Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	1344
Faith Troshynski, Manson-NW Webster (2013-16)	1414	Morgan Straight, Belle Plaine (2013-16)	1333
Leah Hetzler, Moulton-Udell (1996-2000)	1413	Lindsey Fischbach, Carroll (2000-2002)	1332
Jenny Dorman, Pella (2005-08)	1406	Taylor Feldman, West Liberty (2006-2009)	1331
Lacey Geitzenauer, Sentral (1999-2003)	1406	Katie Dentlinger, Coon Rapids-Bayard (2008-12)	1325
Madelyn Deitchler, Treynor (2015-18)	1400	Sam Abens, Knoxville (2005-2010)	1323
Erica Schlotfeldt, Rock Valley (1999-2003)	1399	Tarah Cullen, Fort Madison Aquinas (2002-2005)	1322
Cathy Kain, Saydel (2005-09)	1399	Jordan Waddell, Guthrie Center (2003-2007)	1321
Katie Kosters, Crestwood (1996-2000)	1397	Haley Birks, South Central-Calhoun (2011-2015)	1320
Emily Lange, Wilton	1395	Heather Cunard, Missouri Valley (2003-2007)	1320
Katie Sorrell, Winfield-Mt. Union (1994-1998)	1394	Amber Schubert, Sergeant Bluff-Luton (2011-2015)	1320
Marsha Frese, Cedar Rapids Washington (1987-90)	1394	Kelsey Nickerson, Ottumwa (2008-2012)	1319
Melissa Krueger, Lone Tree (1989-1993)	1393	Kelli Freeman, WDM Valley (1996-2000)	1317
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	1392	Kortney Drake, Wilton	1317
Gena Fihr, Lynnville-Sully (1992-1996)	1392	Chanda Zomermaand, Unity Christian (2012-16)	1316
Randi Peterson, Cedar Falls (1994-1998)	1391	Kara Haugen, Waterloo Columbus (1991-1995)	1316
Jaime Printy, Linn-Mar (2006-2009)	1391	Ellen Gallagher, Woodbury Central (2010-2014)	1314
Amy Breen, Fairfield (1989-1993)	1391	Brooke Wolterstorff, Western Christian (2009-2013)	1314
Kendra De Jong, Unity Christian (2004-2009)	1390	Katelyn Oney, Cedar Rapids Washington (2005-08)	1314
Crystal Davis, Twin Cedars (2004-2008)	1389	Olivia Godfrey, Panorama (2010-2014)	1314
Sara Weirather, Central Lee (1999-2003)	1388	Ali DeVries, Bellevue Marquette (2002-2005)	1313
Kameo Pope, Belle Plaine (2010-2014)	1383	Jocelyn Coleman, Essex (2007-2010)	1312
Jadyn Spencer, Waterloo West (2008-2011)	1383	Katie Jensen, English Valleys (2001-2005)	1312
Morgan Nelson, Colo-Nesco (1998-2002)	1381	Malarie Gilley, East Greene (2007-2011)	1311
Ashley Williams, Lawton-Bronson (2010-2014)	1380	Christy Holtkamp, Central Lee (1989-1993)	1311
Tina Zitterich, Gilbert (1993-1997)	1379	Rachel Madrigal, Decorah (2004-2007)	1310
Brooke Bollmeyer, Hinton (1998-2002)	1379	Anna Kiel, Unity Christian (2012-16)	1308
Katie Morse, Tri-Center (1997-00)	1379	Grace Vander Weide, WDM Valley (2011-2015)	1304
Katelynn Tracy, Moravia (2010-13)	1378	Nelia Olson, IKM (2004-07)	1303
Elisha Turek, CB Abraham Lincoln (1999-2003)	1377	Sofia Iwobi, Fairfield Maharishi (2003-06)	1303
Meghan Brue, Underwood, 2000-2004)	1376	Taylor Frederick, Harlan (2013-2016)	1300
Emily Cline, Harmony (1992-95)	1373	Kia Rasmussen, IKM-Manning (2014-18)	1299
Millie Niggeling, Sioux City Bishop Heelan (2005-2010)	1373	Marni Jacobsen, Spencer (2004-2008)	1297
Ellie Spelhaug, Pleasant Valley (2014-18)	1372	Jessica Leix, Newton (1992-1994)	1296
Jessica Hansen, West Monona (2005-2008)	1372	Mackenzie Knox, Madrid (1999-2003)	1294
Rylee Olsen, New London (2000-04)	1372	Morgan Shuey, Southwest Valley (2016-19)	1294
Nicole VanderPol, Grundy Center (2002-2005)	1369	Autumn McDanel, Moravia (2013-2016)	1291
Annie Heithoff, CB St. Albert (1993-1997)	1369	Ally Jensen, Ballard (2006-2009)	1291
Jennifer Schmann, Newell-Fonda (2001-05)	1368	Chloe Rick, Marion (2014-18)	1289
Elizabeth Sneed, Malvern (1999-2003)	1366	Rachel Gosselnk, Iowa Christian Academy (2002-06)	1285
Laura TerHark, Algona (2007-2011)	1365	Leah Hetzler, Moulton-Udell (1996-2000)	1284
Chandran Duffy, Kee (2004-07)	1364	Emma Staudt, Rockford (2014-17)	1282
Deha Peyton, Linn-Mar (1988-1992)	1364	Nicky Wieben, Ankeny (2002-05)	1280
Marissa Schroeder, Marquette Catholic (2014-17)	1363	Rachele Clark, Des Moines East (1987-1991)	1280
Sara Goodman, West Marshall (1999-2003)	1362	Michelle Voigts, Clarion-Goldfield (2003-07)	1277
Rylee Voss, English Valleys (2011-15)	1362	Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	1277
Hallie Linhart, Central Decatur (2011-2015)	1362	Michelle Kumrow, Hubbard-Radcliffe (2000-2004)	1275
Chelsey Luhring, A-Parkersburg, Grundy Center (02-05)	1361	Erin Goldsmith, Dallas Center-Grimes (2005-08)	1247
Mika Rodewald, Manson-NW Webster (2007-2010)	1359	Autumn Bartel, Cherokee (2001-2005)	1274
Dani Thrush, Keokuk (1992-1995)	1358	Abbee Dickman, SCMT (2001-2004)	1273

Jenny Noll, Muscatine (1988-1992)	1272	Tricia Floyd, Vinton (1985-1988)	1230
Megan Hendricks, Clear Lake (2000-2004)	1271	Jennifer Perkins, Fort Dodge St. Ed. (1994-1998)	1227
Brenda Frese, CR Washington (1985-1988)	1271	Jessica Balek, Mason City Newman (2009-2012)	1225
Rachele Monroe, Union (2002-2006)	1270	Kellie Metz, Tri-County (1996-2000)	1222
Molly Goodenbour, Waterloo West (1985-1989)	1270	Mary Halverson, Coon Rapids-Bayard (2008-2012)	1222
Samantha Domeyer, Clayton Ridge (2014-17)	1270	Amanda Brainerd, Central DeWitt (2013-2016)	1221
Daneille Wubbens, Charles City (2003-2006)	1269	Rachel Smith, Iowa Mennonite (1991-1995)	1221
Katie Maguire, Trenor (1998-2002)	1269	Abbie Brown, Eldora-NewProvidence (1993-1996)	1221
Shelby Reicks, Turkey Valley (2014-17)	1266	Kristi Anderson, CB Abraham Lincoln (1985-1988)	1221
Haleigh Hempen, Aplington-Parkersburg (2010-13)	1265	Jamie Elbert, Indianola (2006-2009)	1220
Marina Keck, Kingsley-Pierson	1264	Katie Nieuwsma, Pella Christian (2005-2008)	1220
Jen Parsons, Clay Central-Everly (2002-2005)	1261	Kelcie Bormann, Preston (2007-2011)	1218
Michelle Burvee, Waterloo Columbus (1996-2000)	1260	Lindsay Chettinger, Sergeant Bluff-Luton (2000-04)	1216
Amber Kirschbaum, Spirit Lake (2006-2009)	1259	Jill Eggers, West Marshall (1997-2001)	1215
Jen Keitel, Central DeWitt (2008-2011)	1258	Angel Robertson, Vinton (1987-1991)	1215
Becky Avery, Clear Lake (1996-2000)	1257	Danielle Graham, Dunkerton	1214
Hannah Fuller, West Des Moines Valley (2014-17)	1255	Jessie Dirks, Monticello (2000-2004)	1214
Lori Bjork, Johnston (2001-2005)	1253	Traci Ollendieck, Crestwood (1999-2003)	1214
Marla Metzger, Valley Community (2006-2009)	1252	Kalee Modlin, Knoxville (1998-2002)	1209
Betsy Funk, Urbandale (1998-2002)	1252	Kayla Chapman, Treynor (2016-19)	1209
Stephanie McCannon, WP Marquette (1988-1992)	1252	Mackenzie Small, Hinton (2007-2010)	1207
Robin Threatt, CR Jefferson (1985-1988)	1251	Fran Reis, Perry (1994-1998)	1207
Ali Rorah, Maquoketa (1998-2002)	1250	Carolyn Holm, Sigourney (2007-2010)	1206
Missy Baker, Des Moines Lincoln (1985-1988)	1250	Anna Yung, Fort Dodge St. Edmond (2011-2015)	1206
Logan Ehlers, Shenandoah (2014-17)	1248	Jamie Hoover, Twin River Valley (1999-2003)	1204
Casey Spree, Aplington-Parkersburg (1994-1998)	1248	Katie Reihman, Iowa Valley (1999-2003)	1204
Kristin Shields, Murray (2004-2007)	1248	Jill Foster, North Tama (1996-2000)	1204
Melissa Kroll, CB St. Albert (1993-1997)	1248	Kayla Moran, Maple Valley-AO (2011-15)	1202
Carrie Larson, Tipton (2001-2005)	1248	Brittany Peterson, Spencer (2006-2009)	1200
Logan Ehlers, Shenandoah (2014-2017)	1248	Laurie Busching, Nashua-Plainfield (2004-2007)	1199
Emily Newton, Diagonal (2016-19)	1248	Natalie Hackbarth, Algona (2005-2010)	1198
Laura Knudtson, Lake Milles (2014-18)	1247	Alissa Dennis, Ballard (1996-2000)	1198
Aubrey Hauswirth, Pocahontas Area (2003-06)	1247	Jackie Aanes, Valley Community (1997-2000)	1197
Jamie Hoover, Twin River Valley (1999-2003)	1247	Taylor Smith, Central Decatur (2006-2009)	1197
Kortney Hilsabeck, West Central Maynard (1997-2001)	1246	Megan Murphy, North Polk (2010-14)	1197
Ashley Zobel, OA-BCIG (2008-2011)	1245	Abbie Hauptert, CMB (2011-14)	1196
Jennie Lillis, WDM Dowling (1996-2000)	1245	Kayla Morgan, Maple Valley-Anthon-Oto (2011-2015)	1194
Lindsay Overman, Boyden-Hull (1997-2001)	1245	Kylan Loney, Ames (1997-2001)	1194
Faith Meyer, Pocahontas Area (2014-17)	1244	Brooke Whitchee, Janesville (1999-2003)	1190
Susan Kies, Newell-Fonda (2005-2010)	1244	Alyssa Wiebel, Benton Community (2013-16)	1190
Deja Jackson, Grinnell (2011-2015)	1242	Tammy Brauer, CR Kennedy (1990-1994)	1190
Amanda Smith, Decorah (1994-1998)	1242	Brielle Baker, Creston (2016-19)	1189
Ashley Dugan, Edgewood-Colesburg (1999-2003)	1239	Kaely Hummel, Cherokee (2011-2015)	1189
Audrey Faber, Dowling Catholic (2011-2015)	1239	Teri Vander Beek, Lynnville-Sully (1999-2003)	1189
Johanna Myers, Burlington Notre Dame (2014-17)	1239	Blaire Thomas, Waterloo West (2011-2014)	1187
Bobbi Burrows, Bondurant-Farrar	1237	Cathy Reiter, Union (2005-2009)	1186
Sarah Anderson, Tri-Center (2002-2005)	1237	Crystal Anderson, Forest City (1997-2001)	1186
Josie Kopal, Lawton-Bronson (2009-2013)	1237	Mika Rodawald, Manson-NW Webster (2005-2010)	1184
Tanaeya Worden, Sioux City North (2003-2007)	1236	Megan Peschong, Okoboji (2013-2016)	1184
Elly Arganbright, Panora (2007-2010)	1235	Kate Cline, Valley Community (1995-98)	1183
Nicole Strasko, Roland-Story (2006-2009)	1235	Morgan VanDerSloot, Storm Lake/OABCIG (2008-12)	1180
Kayla Henke, Cherokee (2002-2006)	1234	Amy Klostermann, West Delaware (1999-03)	1180
Beth Mathes, Melcher-Dallas (1999-2003)	1234	Mindy Hutchcroft, AGWSR (2003-2007)	1180
Kelsey Hora, Highland (2014-2017)	1233	Kayla Gesink, Western Christian (2007-2011)	1180
Susan Kies, Newell-Fonda (2006-10)	1233	Gabby Reyerson, West Marshall (2013-16)	1179
Kayleen Beck, BGM (2011-2015)	1233	Jessica Vanderleest, Solon (1996-1999)	1177
Brittini Donaldson, Sioux City North (2007-2011)	1232	Emily Holterhaus, Pella (2016-19)	1176
Carly Pagel, Sumner-Fredericksburg (2009-2012)	1232	Kassidy DeJong, Unity Christian (2011-2015)	1176
NaTracia Ceaser, Waterloo West (2016-19)	1231	Taylor Rodenburgh, West Sioux (2014-17)	1176
Barb Bennett, Ames (1993-1997)	1231	Tracy Hardee, Bedford (1995-1999)	1175
Hillari Jennings, North Central (1993-1997)	1230	Jade Lynn Vlotho, West Sioux (2009-2013)	1174

Jamie Cavey, North Cedar (1997-2001)	1173	Amber Simon, West Liberty (1998-2002)	1136
Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	1172	Ashley Sickles, Crestwood (2004-2008)	1135
Brianna Mensen, Maquoketa Valley (2014-17)	1172	Abby Wedemeier, West Central Maynard	1135
Janine Gremmel, Dubuque Wahlert (1984-1988)	1172	LeAnn Farmer, Waco (1990-1994)	1135
Molly Nelson, Fort Dodge (1994-1998)	1172	Heather Kapler, Crestwood (1993-1997)	1135
Kirstin Nelson, Oelwein (2005-2009)	1172	Stephanie Howe, Northeast (1999-2003)	1134
Jess McDowell, AGWSR (2005-2009)	1171	Anna Volter, Decorah (2002-2005)	1133
Grace Blomstedt, Red Oak (2011-2015)	1170	Tashika Lewis, Des Moines North (1990-1994)	1132
Kylan Straight, Logan-Magnolia (2014-18)	1170	Jesi Barrett, Guthrie Center (1998-2002)	1131
Kayla Goodchild, Clay Central-Everly (2000-2004)	1169	Lindsey Vande Wall, PCM (2006-2009)	1130
Kim Parker, Aurelia (1998-2002)	1169	Madison Baier, South Tama (2009-12)	1129
Sara Lincoln, Central Decatur (2006-2009)	1168	Kelly Houser, Riceville (1999-2003)	1129
Marly Bussa, Camanche (2014-2018)	1167	Jessie Biggs, Ottumwa (1999-2003)	1128
Samantha Meyers, Grundy Center (2009-13)	1167	Shauna Boles, Murray (1996-2000)	1126
Tonia Tauke, CB Abraham Lincoln (1992-1996)	1167	Lela Sellers, Minnesota/CR Kennedy (2013-16)	1126
Tess Myer, Mount Ayr (2004-2009)	1167	Taryn Williams, Fremont-Mills (2011-2015)	1125
Kim Wilken, Treynor (1993-1996)	1167	Kelsey Homewood, Iowa City Regina (2000-04)	1125
Dawn Rayner, Lone Tree (1988-1992)	1167	Stacy Makoben, Durant (1985-1989)	1124
Melissa Eighmy, Mount Ayr (1994-1998)	1166	Brooke Nelson, Colo-Nesco (2002-2006)	1124
Heather Best, Davenport West (1991-1995)	1162	Jescenia Mosley, Essex (2014-17)	1122
Tember Schechinger, IKM-Manning (2008-2012)	1161	Tedi Andrews, Kingsley-Pierson	1121
Slone Masters, Storm Lake (2006-2010)	1159	Rachel Wedemeier, West Central Maynard (1999-2003)	1120
Leah Buhmann, West Central Maynard (1993-1997)	1159	Alison Huss, Bellevue Marquette (2001-05)	1120
Morgan Walker, Sioux Central (2009-2012)	1159	Jalyssa Ceasar, Sioux City North (2005-2009)	1120
Brittney Carlson, Oskaloosa, (2003-2006)	1157	Annie Fagen, East Greene (1993-1997)	1120
Briana Lage, SCMT/West Fork (2006-2009)	1154	Olivia Sulentic, Interstate-35 (2009-12)	1119
Mallory Cunard, Missouri Valley (2006-2009)	1154	Jamie Gesink, Western Christian (2011-2015)	1119
Caitlin Bisinger, Midland (2007-2010)	1154	Erika Massner, Wapello (2009-12)	1119
Kaitlyn Volesky, Mount Vernon (2014-17)	1154	Jessie Fitzwater, Moulton-Udell (1996-2000)	1118
Rachel Freland, West Marshall/PCM (2011-15)	1153	Beth Skogen, Lake Mills (1993-1997)	1117
Pam Iverson, Denison-Schleswig (1994-1998)	1153	Brianna James, Lynnville-Sully (2009-12)	1116
Toni Ratliff, Shenandoah (2003-2007)	1152	Faith Vincent, Colo-Nesco, (2016-19)	1116
Dani Gass, Sioux City East (2001-05)	1152	Amanda Eekhoff, Western Christian (2000-2004)	1115
Tiffany Bormann, Preston (2005-2009)	1151	Angie Ryan, Solon (1992-1995)	1115
Samantha Uhlenkamp, Central City (2014-17)	1151	Amy Smith, Lone Tree (2004-2007)	1115
Paityn Hagberg, Cherokee, (2014-18)	1150	Jenna Clark, Roland-Story (2014-18)	1112
Noreen Morrow, Harris-Lake Park (2010-2014)	1150	Emily Wenstrand, Essex (2004-2007)	1112
Kelsey Powell, Bondurant-Farrar (2001-2004)	1150	Haley Puk, Waterloo West (2011-2014)	1112
Natalie Bright, WDM Dowling (1994-1998)	1150	Christie Vogelgesang, Tipton (1988-1992)	1112
Ashley Tull, North Linn (2014-18)	1149	Christina Voss, Ankeny (2002-04)	1112
Nichole Robison, Sioux City West (1996-2000)	1147	Nicole Denman, Ballard (1998-2002)	1112
Megan Keefe, Clear Lake (1999-2003)	1146	Kiana Barney, Cedar Falls (2014-18)	1111
Ellie Ritscher, Benton (2003-2007)	1146	Emily Treptow, Jesup (2016-19)	1110
Tarah Colt, Akron-Westfield (2001-2005)	1146	Jordan Gillenwater, Council Bluffs AL (2008-2011)	1110
Kendal Brown, Moravia (2013-2016)	1145	Alyssa Green, Cedar Rapids Washington (2003-06)	1110
Emily Dolan, East Buchanan (1996-2000)	1145	Trish Miller, Newell-Fonda (1996-2000)	1108
Marival Rivera, Muscatine (1985-1989)	1145	Sarah Larsen, IKM (1993-1996)	1108
Allison Starr, Wellsburg-St. Rock (1993-1996)	1144	Tiffany Roby, Twin Cedars (2010-14)	1108
Jacqui Kalin, Sioux City North (2003-2007)	1143	Angie Froehlich, Algona Garrigan (1996-2000)	1108
Kristen Lipps, Algona (2005-2010)	1143	Gina Gunsolley, Diagonal (2002-2005)	1107
Lauren Miller, English Valleys (2011-2015)	1142	Carrie Stromley, Rockwell-Swaledale (1997-2001)	1107
Katelyn McCunniff, Waterloo Columbus (2004-07)	1142	Kate Hanneman, Center Point-Urbana (1993-1995)	1106
Kamryn Finley, Cedar Falls (2014-18)	1141	Breianna Klein, Murray (2016-19)	1105
Shelby Graves, Davis County (2010-2014)	1141	Abby Wisecup, Sergeant Bluff-Luton (2016-19)	1105
Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	1141	Mackenzie Bigbee, Williamsburg (2008-2012)	1105
Bridget Yoerger, Hinton (2001-2005)	1139	Renee Roelfs, Mediapolis (1997-2001)	1105
Lindsay Beran, HLV	1139	Camryn Reeg, Bellevue (2014-18)	1102
Katie Vander Molen, Pella (2015-18)	1137	Anna Sweeting, Highland (2007-2011)	1098
Caitlyn Ward, Sidney (2016-19)	1137	Mikkell Korver (1997-2001)	1097
Jaime Hoegh, Atlantic (1999-2003)	1137	Amana Simmons, Des Moines Lincoln (1989-1993)	1097
Amanda Frost, Denver (2005-2010)	1137	Meredith Cunningham, Knoxville (2011-2015)	1097

Jamie Imboden, Earlham (2006-2009)	1096	Kim Shoars, St. Ansgar (1997-2000)	1066
Brittany Holdsworth, Carroll (2009-2013)	1096	Abby Reinhard, Eldora-New Providence (1999-2003)	1066
Elsa Anderson, Des Moines Christian (2011-2015)	1095	Kelley Trimble, West Branch (2010-2012)	1066
Cassidy Breon, Sergeant Bluff-Luton (2008-2012)	1095	Felicity Jackson, CAM (2014-17)	1066
Casey McDermott, Newton (2004-2007)	1094	Dereree Stubbe, Clarke (2016-19)	1066
Courtney VanHouweling, PCM (2011-2015)	1094	Emma Dau, Spirit Lake (2011-2015)	1065
MacKenzie Westcott, Williamsburg (2004-2008)	1094	Jodi Purdy, Winterset (2001-2005)	1065
Shea Fuller, West Des Moines Valley (2016-19)	1093	Raegan Boothe, Central Decatur (2014-17)	1064
Madison Forbes, Lone Tree (2014-17)	1093	Rachel Struve, South O'Brien (2010-2014)	1063
Kristi Feldman, West Liberty (2010-2013)	1093	Rebecca Mulliken, Waco (1990-1994)	1061
Christine Logsdon, Keokuk C. Stritch (1988-1992)	1092	Sarah Larsen, Mid-Prairie (1998-2002)	1061
Rachael Mesner, Rockwell-Swaledale (1997-2001)	1091	Natalie Potter, Moulton-Udell (2009-2013)	1060
Ashlton Connelly, Emmetsburg (2011-2015)	1090	Dani Benson, West Marshall (2002-2006)	1060
Aftin Phylfe, Waverly-Shell Rock (2009-2013)	1090	Johanna Vaske, Algona Garrigan (2014-18)	1059
Morgan Meyer, Sentral (2004-07)	1090	Courtney Coffin, Burlington Notre Dame (2011-2015)	1059
Shelby Rodman, Whiting (2010-2014)	1090	Krystal Grundmeier, Belmond-Klemme (1998-2002)	1058
Ashley Hagedorn, IKM-Manning (2006-2010)	1089	Sidney Beckman, Panorama (2010-2013)	1058
Kaisha Brown, Spirit Lake (2004-2008)	1087	Steph Reiter, Union (2004-2008)	1057
Jessica Stanek, Tripoli (1999-2003)	1087	Beth Driscoll, Linn-Mar (1990-1994)	1056
Barb Franke, CedarFalls (1987-1991)	1087	Joanne Woepping, Columbus (1989-1993)	1056
Lexi Ackerman, Central Lyon (2009-2013)	1087	Bridget Doeden, Sibley-Ocheyedan (2010-2014)	1056
Erica Junod, Ankeny (1995-1999)	1087	Jackie Olson, MOC-Floyd Valley (1992-1996)	1055
Taylor Benshoof, Winterset (2010-2013)	1086	Leslie Budak, Norway and Benton (1988-1992)	1054
Lana Otting, Cascade (2004-2008)	1086	Macy Harris, Grinnell (2016-19)	1053
Kinzee Hansen, CWL (1993-1997)	1086	Ebby Prewitt, Des Moines Christian (2013-16)	1052
Cari Cimmiyotti, St. Ansgar (2001-2004)	1085	Kari Mutschler, AGWSR (2003-2007)	1052
Kim Hansen, Cedar Falls (1997-2001)	1085	Karter Miller, CAL (2010-2014)	1052
Angie Eichhorst, Marion (1985-1988)	1084	Carissa Stiefel, Burlington (1989-1993)	1052
Mary Holmes, Cedar Rapids Regis (1985-1989)	1084	Rachel Binneboese, MOC-Floyd Valley (1993-1997)	1052
Jenny Vogel, Jesup (1995-1999)	1083	Jami Bertelsen, Missouri Valley (1996-2000)	1052
Lindsey Pleuss, Boone (1997-2001)	1083	Summer Gordon, Sioux City North/West (2007-2011)	1051
Dana Weerheim, West Sioux (2008-2012)	1083	Erica Hoehns, Twin Cedars	1050
Jackee Meyer, Belmond-Klemme (2014-16)	1081	MaKayla Augustine, Bishop Heelan (2009-2013)	1049
Cassie Chubb, Saydel (2012-16)	1081	Meg Tierney, Union (1997-2000)	1048
Kjerstin Back, Lake Mills (1998-2002)	1081	Britni Freed, Hinton (2006-2009)	1047
Kristine Munden, Aurelia (2003-2007)	1081	Devyn Kemble, Panorama (2014-18)	1047
Paige McAfee, CAM (2016-19)	1079	Ashley Hansen, Newton (2000-03)	1046
Kim Schwartz, Hinton (1993-1997)	1078	Angie Mohr, Dubuque Senior (1986-1990)	1046
Adria Sheil-Brown, Central DeWitt (1996-2000)	1076	Michelle Mahmens, Northeast (1995-1999)	1046
Stacy Schlumbohm, West Sioux (1993-1997)	1076	Laura Johnson, Cedar Falls (2005-2010)	1046
Trisha Nesbitt, Ames (2005-2009)	1075	Andee Martin, Westwood (2016-19)	1046
Ashley Nally, Bedford (1999-2002)	1075	Allison Emrich, Vinton-Shellsburg (2008-11)	1045
Maria Gonzalez, West Hancock (2013-16)	1075	Julie Kaesbauer, Dubuque Hempstead (1984-1987)	1045
Emily Ivory, Bettendorf (2014-18)	1075	Hannah Stafford, Pocahontas Area (2010-2014)	1044
Abi Weideman, Iowa Falls-Alden (2006-2009)	1074	Amber DeRiemacker, West Liberty (1996-2000)	1044
Kristen Weber, Earlham (2012-2015)	1074	Peyton Olson, Mason City Newman (2014-18)	1043
Maci Griffith, Vinton-Shellsburg (2013-2016)	1074	Maya Johnson, Mediapolis (2014-18)	1042
Rachel Mercer, Kingsley-Pierson (2013-16)	1074	Casie Christensen, North Polk (2006-2009)	1041
Shayla Peters, Madrid (2014-18)	1073	Kandy Beemer, Bedford (2002-05)	1041
Hannah Redenius, Battle Creek-Ida Grove (2006-09)	1072	Shayla Dean, Colo-Nesco (2011-2015)	1040
Brittany Fish, Marion (2006-2010)	1072	Traci Keller, Central Lee (2010-2013)	1040
Lindsey Reis, Coon Rapids-Bayard (2005-09)	1071	Kris Neuberger, Garner-Hayfield (1993-1997)	1040
Kate Letkewicz, Waterloo West (2011-2014)	1071	Melanie Willadsen, Pleasant Valley (1987-1991)	1040
Lauren Hedlund, Hinton (2010-2014)	1070	Sam Norris, Martensdale St. Marys (2007-2011)	1040
Shayla Barnes, Roland-Story (2006-2009)	1069	Steph Botkin, Cedar Rapids Kennedy (2011-2015)	1039
Jewell Gasteiger, Lake Mills (2014-18)	1069	Jen Allen, Grinnell (2003-2006)	1038
Kelly Keerar, West Hancock (2014-18)	1068	Cheyann Adamson, Highland (2013-16)	1038
Lindsey Boldt, Mount Pleasant (2002-2006)	1068	Rachel Wedemeier, West Central (1999-2003)	1037
Briana Schauble, Kingsley-Pierson (2004-09)	1067	Kelsie Willert, St. Ansgar (2012-16)	1037
Kaitlin Rosenbeck, Guthrie Center (2005-2010)	1066	Kalli Rasmussen, IKM-Manning (2011-2015)	1037
Jill Walters, North Scott (2002-2006)	1066	Janey Botkins, Durant (2013-16)	1036

Adrienne Trauger, Twin River Valley (1999-2003)	1036
Jordyn Moser, Harlan (2013-16)	1035
Katie Meyer, Belmont-Klemme (1998-2002)	1034
Pamela Masker, Underwood (2000-2004)	1034
Madison Wauters, Winerset (2016-19)	1034
Katie Sobotka, Diagonal (2014-18)	1033
Kayla Pirtle, Cedar Rapids Washington (1991-1995)	1033
Ashley Hansen, Newton (1997-2003)	1033
Kayla Pirtle, Cedar Rapids Washington (2002-05)	1033
Kaitlyn Johnson, Van Buren (2011-2015)	1032
Molly Parrott, Lewis Central (1994-1998)	1032
Madie Sorensen, Adair-Casey/Indianola (2014-18)	1031
Andrea Robertson, Vinton-Shellsburg (1992-1996)	1030
Hannah Sitzmann, SL SM/Gehlen Catholic (2010-14)	1030
Jena Bamrick, Rockwell-Swaledale (2004-2007)	1029
Ashton Moody, Hinton (2008-2011)	1028
Katie Almeida, Shenandoah (1997-2001)	1027
Nicole Burgin, Oelwein (2010-2014)	1026
Megan Walrath, Central Lee (2003-2006)	1026
Darcy Waldron, Cedar Rapids LaSalle (1988-1992)	1025
Whitney Stevens, Valley Community (1996-99)	1025
Barb Cole, Muscatine (1985-1988)	1024
Danikah Grobe, AHSTW (2011-2015)	1023
Jessica Kruger, AGWSR (1995-99)	1023
Kerri Carpenter, Tipton (1991-1995)	1023
Denise Sump, Clarinda (1993-1996)	1023
Alison Nagel, Fort Dodge St. Edmond (2006-10)	1022
Lisa Frese, Norway (1986-1990)	1022
Emma Kelchen, Bellevue (2014-18)	1021
Jena Blint, New London (2003-2007)	1021
Michelle Nason, IC West & IC High (1986-1990)	1021
Amy Steenhoek, Pella (1996-99)	1020
Ashton Glaus, Morningstar & Bettendorf (2011-15)	1020
Beth Wastson, Elk Horn-Kimballton (1998-2002)	1020
Kaci Klenk, Mediapolis (1990-1994)	1020
Heather Hook, Grundy Center (2009-13)	1020
Kayla Lindenmeyer, Bedford (2010-2013)	1019
Megan Ryan, North Mahaska (1998-2001)	1019
Kristi De Jager, MOC-Floyd Valley (1994-98)	1019
Laura Rowan, Hampton-Dumont (1999-2003)	1019
Morgan Johnson, Earlham (2010-14)	1019
Ashley Kovarik, Crestwood (2006-2010)	1018
Corinna Schropp, New London (1997-2001)	1018
Peg Loecke, West Delaware (1987-1991)	1017
Tracie Olerich, Des Moines Lincoln (1988-1992)	1017
Sara Fedler, Holy Trinity Catholic	1016
Molly Boylan, Exira (2006-2009)	1016
Linissa Bowman, Preston (1997-2001)	1016
Maddie Disney, Clarion-Goldfield-Dows (2013-16)	1016
Holly Halstead, Hudson (2008-11)	1015
Brenna Lanser, Lynnville-Sully (2014-17)	1015
Abbie Ackerman, Central Lyon (2006-2009)	1015
Savanna Thornton, Bedford	1014
Leah Riley, North Fayette (2004-2007)	1014
Aubrie Fisher, AGWSR (2016-19)	1014
Sarah Matus, Springville (2011-2015)	1012
Heidy Pems, Dubuque Wahlert (1990-1994)	1012
Allison Cooper, Ventura (1993-1996)	1012
Emma Krier, Remsen St. Mary's (2007-2011)	1012
Carie O'Brien, Independence (1989-1993)	1011
Tracy Reed, Riverside (1995-1999)	1011

Sarah Schmidt, Cedar Rapids Prairie (2016-2019)	1009
Jenny Anderson, Winfield-Mt. Union (1994-1998)	1009
Kim McCaffrey, Carroll (1994-1996)	1009
Jenny Siebrecht, Carroll (2000-2002)	1009
Megan Linskens, Clarke (2016-19)	1009
Grace Rehstrom, Sioux Central (2008-2011)	1008
Melissa Haglund, Northeast Hamilton (2000-2004)	1008
Carson Fisk, Lynnville-Sully (2016-19)	1007
Jodi Putman, Bellevue (1991-1995)	1007
Stacy Boerema, Clinton (1998-2002)	1006
Angie Carnahan, Ottumwa (1990-1994)	1005
Emily Cecil, Harmony (1993-1997)	1004
Kate Sievers, East Central (1999-2003)	1004
Jodi Nikkel, Lynnville-Sully (2001-05)	1003
Val Feller, Preston (1992-1996)	1003
Katie Hemphill, South Hamilton (2008-2011)	1003
Whitney VanderMaten, Boyden-Hull (2008-2012)	1003
Dana Kester, Jesup (1996-2000)	1003
Hannah Lau, Garner-Hayfield-Ventura (2014-17)	1003
Ashley Babbitt, Earlham (2003-2006)	1002
Heather Block, George-Little Rock (1995-99)	1002
Kelsi Phipps, Mount Pleasant (2011-2015)	1002
Shelby Bailey, East Buchanan (2006-2010)	1001
Teri Blood, West Marshall (1994-1998)	1001
Kendall Brown, Moravia (2013-16)	1000
Erin Gerke, Newell-Fonda (2014-17)	1000
Sara Wittenburg, Tripoli (1996-2000)	1500+
Kristin Popovics, Marion (1996-2000)	1500+
Amber Sobotka, Diagonal (1994-1998)	1600+
Kylene Stamps, Diagonal	1200+
Katie Maguire, Treynor (1998-2002)	1200+
Natalie White, Dubuque Senior (2002-2005)	1200+
Amanda Focht, Villisca (2010-2013)	1000+
Jill Vanderhoof, Villisca (2010-2013)	1000+
Taylor Shull, Mount Pleasant (2008-2013)	1000+

SEASON TOTAL POINTS

Deb Remmerde, Rock Valley, 2003	859
Ellie Ruffridge, Pocahontas Area, 2017	840
Abby Roe, Van Buren, 1996	817
Margo Muhlbauer, IKM, 2006	811
Liz Trauger, Twin River Valley, 2006	805
Jennifer Jorgensen, SE Webster-Grand, 2007	804
Ashley Joens, Iowa City High, 2018	798
Jennifer Jorgensen, SE Webster-Grand, 2008	794
Caitlin Clark, Dowling Catholic, 2019	781
Deb Remmerde, Rock Valley, 2002	770
Elle Ruffridge, Pocahontas Area, 2016	766
Trisha Heiden, Northeast Hamilton, 1995	762
Lindsey Meder, Solon, 1998	742
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739
Amber Harrington, Davenport North, 2010	737
Elle Ruffridge, Pocahontas Area, 2015	733
Shelby Hembera, Cedar Valley Christian, 2014	730
Nicole Miller, New London, 2015	716
London Vais, Adair-Casey, 2014	707
Hallie Christofferson, Exira, 2010	704
Janel Grimm, Montezuma, 1994	695
Jennifer Goetz, Cardinal Stritch, 2003	695
Molly Tideback, Waterloo Columbus, 1987	692

Elle Ruffridge, Pocahontas Area, 2016	766
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739

Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	733
Deb Remmerde, Rock Valley, 2001	667
Jennifer Jorgensen, Southeast Webster-Grand	653
Kary Dawson, Sibley-Ocheyedan, 1995	644
Kala Kuhlmann, Charter Oak-Ute, 2004	643

Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	612
Liz Trauger, Twin River Valley, 2003	609
Lindsay Hoehns, Twin Cedars, 2007	576
Anne O'Neil, Cedar Rapids Kennedy, 1997	552
Ellie Peterson, Cedar Falls, 1999	501

CAREER FIELD GOAL PERCENTAGE

Tammi Blackstone, Cherokee, 1996	869-1168	.744
Angella Welch, DM Lincoln, 1996	352-493	.714
Erin Wibholm, West Marshall, 2001	666-942	.707
Nina Smith, Waterloo West, 1999	831-1169	.702
Lisa Reitsma, Western Christian, 1994	389-561	.693
Tonia Tauke, CB Abraham Lincoln, 1996	576-837	.688
Ellie Peterson, Cedar Falls, 2002	733-1074	.682

FIELD GOAL PERCENTAGE

Yearly Leaders

2019 — Sharon Goodman, Crestwood	21	210-302	.695
2018 — Sharon Goodman, Crestwood	26	228-305	.748
2017 — Aimee Adams, Kuemper Catholic	23	141-195	.723
2016 — Beth Atwood, Pekin	25	189-267	.708
2015 — Grace Berg, Indianola	22	136-199	.683
2014 — Bailey Kibsgaard, Clear Lake	25	87-132	.659
2013 — Aftin Phylfe, Waverly-Shell Rock	25	141-199	.709
2012 — Kellie Schmit, West Hancock	26	165-237	.696
2011 - Kiah Stokes, Linn-Mar	25	259-375	.691
2010 — Carli Tritz, Sioux City Heelan	27	242-367	.659
2009 — Kiah Stokes, Linn-Mar	25	173-245	.714
2008 — Kristen Twait, Manson-NW Webster	23	97-140	.693
2007 — McKenya Johnson, DM Roosevelt	21	92-134	.690
2006 — Jessica Hunecke, Cherokee	26	173-245	.706
2005 — Michelle Lund, Heelan Catholic	16	145-164	.884
2004 — Stephanie Chelleen, DM Lincoln	23	177-348	.714
2003 — Jenny Bridgewater, Benton	19	105-152	.691
2002 — Ellie Peterson, Cedar falls	21	168-240	.700
2001 — Erin Wibholm, West Marshall	25	180-235	.766
2000 — Erin Wibholm, West Marshall	27	201-278	.723
1999 — Nina Smith, Waterloo West	26	279-364	.766
1998 — Brie Noonan, Maquoketa Valley	19	106-140	.757
1997 — Casey Spree, Aplington-Parkersburg	19	169-236	.716
1996 — Tammi Blackstone, Cherokee	21	256-33	.769
1995 — Tammi Blackstone, Cherokee	20	255-324	.787
1994 — Tammi Blackstone, Cherokee	20	228-311	.733
1993 — Lisa Reitsma, Western Christian	24	177-245	.722
1992 — Kerri Delaney, Waterloo West	23	235-346	.679
1991 -- Sarah Pearson, WDM Dowling	12	117-178	.657

1990 -- Lisa Freese, Norway	20	183-27	.685
1989 -- Katie McFadden, Marshalltown	20	136-190	.716
1988 -- Molly Tideback, Waterloo Columbus	25	227-354	.641
1987 -- Molly Tideback, Waterloo Columbus	26	288-421	.684
1986 -- Robin Threatt, CR Jefferson	27	130-212	.613
1985 -- Juli Campbell, Linn-Mar	26	183-319	.574

All-Time Leaders

Michelle Lund, Sioux City Heelan, 2005	16	145-164	.884
Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Tammi Blackstone, Cherokee, 1996	21	256-330	.769
Erin Wibholm, West Marshall, 2001	25	180-235	.766
Nina Smith, Waterloo West, 1999	26	279-364	.766
Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Katie Greller, MOC-Floyd Valley, 1996	19	79-103	.753
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Kim Hanson, Cedar Falls, 2001	26	176-241	.730
Alison Magel, Pella, 1996	13	75-103	.728
Erin Wibholm, West Marshall, 2000	23	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Kelly Erickson, Midland, 1995	20	163-226	.721
Michelle Burvee, Waterloo Columbus, 1998	23	188-261	.720
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stokes, Linn-Mar, 2009	25	173-246	.717
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Katie McFadden, Marshalltown, 1989	20	136-190	.716
Shari Davis, Denver, 1999	27	216-302	.715
Stephanie Chelleen, DM Lincoln, 2004	23	177-348	.714
Aftin Phylfe, Waverly-Shell Rock	25	141-199	.709
Shari Davis, Denver, 1997	23	161-227	.709
Andrea Milner, Griswold, 1998	17	85-120	.708
Beth Atwood, Pekin, 2016	25	189-267	.708
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703
Shari Davis, Denver, 1998	21	155-221	.701
Ellie Peterson, Cedar Falls, 2002	21	168-240	.700
Kelsey Sukovaty, Manson-NW Webster	21	152-217	.700
Nina Smith, Waterloo West, 1998	20	174-249	.699

Junior Leaders

Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Erin Wibholm, West Marshall, 2000	27	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703

Sophomore Leaders

Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stoekes, Linn-Mar, 2009	25	173-246	.717

Freshman Leaders

Michelle Lund, Heelan Catholic, 2005	16	145-164	.884
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Amanda Zimmerman, Ballard, 2006	27	207-296	.697
Grace Berg, Indianola, 2015	22	136-199	.683

Nina Smith, Waterloo West, 1996 21 163-245 .665

TOTAL FIELD GOALS

Season Leaders

Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Trisha Heiden, NE Hamilton, 1995	27	309-493	.627
Abby Roe, Van Buren, 1996	21	307-703	.437
Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Karen Schulte, CR Jefferson, 1993	27	297-469	.633
Amber Harrington, Davenport North, 2010	21	296-589	.503
Jennifer Jorgensen, SE Webster-G, 2008	26	296-481	.615
Lindsey Meder, Solon, 1998	27	295-479	.616
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Elle Ruffridge, Pocahontas Area, 2017	28	287-493	.582
Jennifer Goetz, Cardinal Stritch, 2003	16	287-450	.637
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Brenda Frese, CR Washington, 1988	26	282-496	.569
Nina Smith, Waterloo West, 1999	26	279-364	.766
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Janel Grimm, Montezuma, 1994	24	276-424	.651
Ashley Joens, Iowa City High, 2018	26	275-445	.618
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Jessica Nikkel, Lynnville-Sully, 1999	29	268-399	.672
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Ann Cavey, North Cedar, 1998	25	265-416	.637
Nicole Miller, North Linn, 2015	27	264-489	.540
Trisha Heiden, NE Hamilton, 1994	24	260-414	.628
Jody Dean, Postville, 1995	24	260-560	.464
Jodi Putman, Bellevue, 1995	24	260-430	.605

Junior Leaders

Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409

Sophomore Leaders

Deb Remmede, Rock Valley, 2001	27	268-493	.544
Kala Kuhlmann, 2004, Charter Oak-Ute	23	255-480	.531
Molly Tideback, Waterloo Columbus, 1986	25	251-410	.612
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Jennifer Jorgensen, SE Webster, 2006	26	244-411	.593

Freshman Leaders

Liz Trauger, Twin River Valley, 2003	24	228-367	.621
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Elle Ruffridge, Pocahontas Area, 2014	25	200-406	.493
Brittany Heins, Postville, 2003	24	198-319	.621
Anne O'Neil, CR Kennedy, 1997	21	194-391	.496

FIELD GOALS ATTEMPTED

Season Leaders

Abby Roe, Van Buren, 1996	21	307-703	.437
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Amber Harrington, Davenport North, 2010	21	296-589	.503
Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Jody Dean, Postville, 1995	24	260-560	.464
Shelley Sheetz, CR Kennedy, 1991	27	249-551	.452
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Alison Lucy, Treynor, 1994	28	256-544	.471
Emilee Earlywine, West Harrison, 2013	23	149-543	.274
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Kary Dawson, Sibley-Ocheyedan, 1996	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Kami Kuhlman, Charter Oak-Ute, 2007	22	194-526	.368

Junior Leaders

Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Kary Dawson, Sibley-Ocheyedan, 1966	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Margo Muhlbauer, IKM, 2005	27	257-506	.508

Sophomore Leaders

Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Caitlin Clark, Dowling Catholic, 2018	23	221-491	.450
Tashika Lewis, DM North, 1992	23	161-487	.331

Freshman Leaders

Lindsay Anderson, New London, 1993	20	147-450	.327
Macy Williams, Fredmont-Mills, 2012	23	135-442	.305
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Chrislyn Carr, Davenport West, 2015	21	167-417	.400
Elle Ruffridge, Pocahontas Area, 2014	25	200-406	.493

CAREER FREE THROW PCT

Deb Remmerde, Rock Valley, 2003	257-269	.955
Jaime Printy, Linn-Mar, 2009	319-360	.886
Erin Richards, Mason City, 1998	330-375	.880
Riley Kilbride, Burlington Notre Dame, 2016	301-343	.878
Mary Berdo, Washington, 1996	410-484	.847
Paige Greiner, Williamsburg, 2014	271-321	.844
Kaisha Brown, Spirit Lake, 2008	257-307	.837
Kellsey Bolte, Battle Creek-Ida Grove	305-370	.824
Julie Rittgers, WDM Vlakey, 1991	331-402	.823
Jessica Leix, Newton, 1994	196-239	.820
Erin Maher, Davenport Assumption, 1985	283-346	.818

FREE THROW PERCENTAGE

Yearly Leaders

2019 — Grace Flanagan, North Linn	23	61-68	.897
2018 — Rylie Rucker, North Scott	23	55-62	.887
2017 — Krystal Tranel, Dubuque Wahlert	16	65-70	.916
2016 — Riley Kilbride, Burlington ND	25	105-116	.905
2015 — Riley Kilbride, Burlington ND	25	85-93	.914

2014 — Grace VanderWeide, WDM Valley	24	80-87	.920
2013 — Paige Greiner, Williamsburg	24	80-89	.899
2012 - Liz Skotowski, Mount Vernon	22	45-48	.938
2011 — Paige Greiner, Williamsburg	24	59-69	.855
2010 — Andrea Anderson, MOC-Floyd Valley	23	41-46	.891
2009 — Jaime Printy, Linn-Mar	25	91-101	.911
2008—Jaime Printy, Linn-Mar	25	99-110	.900
2007—Mindy Hutchcroft, AGWSR	25	62-69	.900
2006—Katelyn McCunniff, W. Columbus	14	79-84	.941
2005—Ally Weaver, Iowa City West	21	61-70	.871
2004—Chelsie Luhning, Grundy Center	25	77-85	.906
2003—Sam Reiser, Waukon	19	58-60	.967
2002--Deb Remmerde, Rock Valley	29	83-84	.988
2001--Deb Remmede, Rock Valley	27	66-69	.957
2000--Jenny Laursen, Sac City	19	76-89	.854
1999--Erica Junod, Ankeny	27	122-142	.859
1998--Erin Richards, Mason City	19	73-76	.961
1997--Erin Richards, Mason City	22	103-120	.858
1996--Mary Berdo, Washington	25	160-181	.884
1995--Mary Berdo, Washington	23	121-139	.871
1994--Mindi Andringa, Pella Christian	20	48-52	.923
1993--Melissa Krueger, Lone Tree	21	54-65	.831
1992--Melissa Krueger, Lone Tree	22	57-62	.919
1991--Julie Rittgers, WDM Valley	18	108-120	.900
1990--Terry Whitlow, Louisa-Muscatine	17	55-65	.846
1989--Lori French, CB Abraham Lincoln	17	35-42	.833
1988--Erin Maher, Davenport Assumption	22	117-137	.854
1987--Brenda Frese, CR Washington	23	78-89	.876
1986--Sue Beavers, WDM Valley	18	60-74	.811
1985--Linda Hillebrand, Davenport West	20	42-48	.875

All-Time Leaders

Deb Remmerde, Rock Valley, 2002	29	83-84	.988
Sam Reiser, Waukon, 2003	19	58-60	.967
Erin Richards, Mason City, 1998	19	73-76	.961
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Deb Remmerde, Rock Valley, 2003	29	79-83	.951
Katelyn McCunniffs, W'loo Columbus, 2006	14	79-84	.941
Liz Skotowski, Mount Vernon, 2012	22	45-48	.938
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
Krystal Tranel, Dubuque Wahlert, 2017	16	65-70	.929
Grace Vander Weide, WDM Valley, 2014	25	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Elle Ruffridge, Pocahontas Area, 2017	28	109-119	.916
Riley Kilbridge, Burlngton Notre Dame, 2015	25	85-93	.914
Riley Kilbride, Burlington Notre Dame, 2016	25	105-116	.905
Chelsie Luhning, Grundy Center, 2004	25	77-85	.906
Bridget O'Malley, Dowling Catholic, 2003	23	47-52	.904
Elle Ruffridge, Pocahontas Area, 2016	27	140-155	.903
Amy Hamilton, Ames, 2006	20	64-71	.901
Jaime Printy, Linn-Mar, 2008	25	99-110	.900
Julie Rittgers, WDM Valley, 1991	18	108-120	.900
Paige Greiner, Willaimsburg, 2013	24	80-89	.899
Mindy Hutchcroft, AGWSR	25	62-69	.899
Grace Flanagan, North Linn, 2019	23	61-68	.897
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893
Jessie Pauley, OA-BCIG, 2012	27	98-110	.891
Andrew Anderson, MOC-Floyd Valley, 2010	23	41-46	.891
Alicia Wright, Urbandale, 2007	23	58-65	.890
Tiffany Reedy, Union, 2002	24	89-100	.890
Amanda Brainerd, Central DeWitt, 2016	20	88-99	.889

Casey Huber, Denver, 2004	25	80-90	.889
Lucy Montgomeroy, WDM Valley, 2010	23	80-90	.889
Lindsey Meder, Solon, 1998	27	94-106	.887
Rylie Rucker, North Scott, 2018	23	55-62	.887
Liz Reschly, Davenport Central, 1992	15	62-70	.886
Nicole McDermott, Cascade, 2019	25	85-96	.885
Taylor McBroom, Mormon Trail	17	46-52	.885
Codee Myers, Ankeny, 2016	20	69-78	.885
Mary Berdo, Washington, 1996	25	160-181	.884
Erin Richards, Mason City, 1996	21	83-94	.883
Kassidi Steel, North Mahaska, 2018	32	59-67	.881
Caroline Waite, Ames, 2019	22	52-49	.881
Grace Renaud, Iowa Falls-Alden	21	74-84	.881
Kelli Goodrich, Iowa City West, 2007	21	44-50	.880
Natalie Moon, Denver, 2004	25	73-83	.880
Mollie Sir, Crestwood, 2009		51-58	.879
Michelle Junod, Ankeny, 1996	22	94-107	.879
Taylor Houska, East Sac Country, 2019	23	86-98	.878
Dani Craig, Iowa City West, 2013	24	50-57	.877
Brenda Frese, CR Washington, 1987	23	78-89	.876
Linda Hillebrand, Davenport West, 1987	23	78-89	.876

Junior Leaders

Deb Remmerde, Rock Valley	29	83-84	.988
Krystal Tranel, Dubuque Wahlert	16	65-70	.923
Grace Vander Weide, WDM Valley, 2014	24	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Riley Kilbride, Burlington-ND, 2015	25	85-98	.914

Sophomore Leaders

Sam Reiser, Waukon, 2003	19	58-60	.967
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
LaTracia Ceaser, Waterloo West	22	67-75	.893
Erin Richards, Mason City, 1996	21	83-94	.883

Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.890
Paige Greiner, Williamsburg, 2011	24	59-69	.855
Erin Richards, Mason City, 1995	22	71-85	.835
Shelby Schmidt, Battle Creek-IG, 2004	25	55-67	.821
Ally Disterhoft, Iowa City West, 2010	23	48-59	.814
Anne O'Neil, CR Kennedy, 1997	21	124-154	.805

TOTAL FREE THROWS

Season Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 14	23	216-290	.745
Ashley Joens, Iowa City High, 2018	26	204-254	
Jennifer Jorgensen, SE Webster-Grand, 08	26	197-258	.764
Rachele Clark, DM East, 1991	21	190-252	.754
Shelby Hembera, CValley Christian, 2014	23	184-302	.609'
Johanna Myers, Burlington-ND	25	182-200	.910
London Vais, Adair-Casey, 2014	27	181-215	.842
Kaylee Mehrhoff, Centerville, 2010	23	178-225	.791
Kelsie Hoehns, Twin Cedars	23	175-224	.778
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Allison Bailey, Kingsley-Pierson, 2017	26	164-202	.812

Autumn Barthelman, Sigourney, 2017	25	164-242	.678
Courtney Strait, CR Kennedy, 2012	23	162-196	.827
Jayme Olson, Bettendorf, 1994	25	161-214	.752
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Mary Berdo, Washington, 1996	25	160-181	.884
Holly Hinderman, Mason City Newman	24	158-213	.742
Sara Goodman, West Marshall, 2003	21	158-206	.767
Liz Trauger, Twin River-Valley, 2005	27	157-196	.801
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Amy Meggers, IKM, 2000	28	157-208	.755
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Makenzie Zeitler, Van Buren, 2012	23	156-211	.739
Missy Miller, Tipton, 2008	22	156-232	.672
Ellen Gallagher, Woodbury Central, 2014	25	154-189	.815
Bobbi Bayer, Eddyville-Blakesburg	23	154-195	.790
Amber Sobotka, Diagonal, 1998	22	154-211	.730
Courtney Burr, Lone Tree, 2010	24	154-224	.688
Kristyn Ferris, Charles City, 2004		154	
Steffi Cunard, Heartland Christian, 2014	24	153-185	.827
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Ivy Swarouth, Chariton, 2018	22	152-180	.844
Jordan Henningsen, 2011	21	152-189	.804
Ashtyn Veerbeek, Western Christian, 2017	26	151-188	.803
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Tiffany Treiber, Maple Valley-AO, 2004	20	151-238	.634
RhondaWenzel, CAL,1994	20	151-246	.614

Junior Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Shelby Hembera, Heartland Christian, 2014	22	184-302	.609
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Autumn Barthelman, Sigourney, 2017	25	164-242	.678

Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Kaylee Mehrhoff, Centerville, 2008	23	146-186	.785

Freshman Leaders

Ashley Joens, Iowa City High, 2015	23	160-228	.702
Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893
Rachel Gosselink, Iowa Christian, 2003	21	131-206	.636

FREE THROWS ATTEMPTED

Season Leaders

Shelby Hembera, Cedar Valley Christian, 14	22	184-302	.609
Jennifer Jorgensen, SE Webster-Grand, 2007	27	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 2014	23	216-290	.745
Natalie Deming, North Mahaska, 2006		136-290	.469
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SW Webster-Grand, 2008	26	197-258	.763

Ashley Joens, Iowa City High, 2018	26	204-254	.803
Rachele Clark, DM East, 1991	23	190-252	.754
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rhonda Wenzel, CAL, 1994	20	151-246	.614
Autum Barthelman, Sigourney, 2017	25	164-242	.687
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Tiffany Treiber, Maple Valley-AO, 2004	20	151-238	.634
Sara Stribe, Carroll, 1997	26	143-236	.606
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Cortney Kettman, Bell. Marquette, 2000	23	109-233	.468
Missy Miller, Tipton, 2008	22	156-232	.672
Lindsay Hoehns, Twin Cedars, 2009	22	149-231	.645
Cortney Kettman, Bell. Marquette, 2001	23	123-231	.532
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Katelin Adams, North Iowa, 2019	22	128-227	.564
Kaylee Merrhoff, Centerville, 2010	23	178-225	.791
Karen Hutson, Logan-Magnolia	24	143-225	.636
Kelsie Hoehns, Twin Cedars, 2006	23	175-224	.777
Brooke Bennett, Twin River Valley, 2011	23	135-223	.605
Courtney Burr, Lone Tree	24	154-223	.688
Dianna Porzio, CAL, 2016	21	114-221	.516
Emalee Funderman, Maple Valley-AO, 2016	23	149-218	.683

Junior Leaders

Shelby Hembera, C Valley Christian, 2014	22	184-302	.609
Jennifer Jorgensen, SE Webster-Grand, 2007	27	232-291	.797
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Autum Barthelman, Sigourney, 2017	25	164-242	.678
Sara Stribe, Carroll, 1997	26	143-236	.606

Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Rachel Gosselink, Iowa Christian, 2004	22	124-206	.602
Amy Breen, Fairfield, 1992	16	123-206	.597

Freshman Leaders

Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Rachel Gosselink, Iowa Christian, 2003	21	131-206	.636
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693
Kelsey Cermak, Norwalk, 2004	23	122-187	.652

CAREER THREE POINT GOALS

Elle Ruffridge, Pocahontas Area, 2017	466
Deb Remmerde, Rock Valley, 2003	353
Maya Johnson, Mediapolis, 2019	327
Laura TerHark, Algona, 2011	321
Jenna Boelter, Algona Garrigan 2018	278
Ellie Friesen, Osage/Crestwood, 2018	270
Sam Abens, Knoxville, 2010	268
Brittany Lange, Sac City, 2005	260
Chandra Zomermaand, Unity Christian, 2016	258
Jill Walters, North Scott, 2006	255
Kali Rasmussen, IKM-Manning, 2015	253
Brittany Fish, Marion, 2010	250
Sarah Matus, Springville, 2015	239
Ashley Zobel, OA-BCIG, 2011	236

Jordan Waddell, Guthrie Center, 2007	235
Madeline Wilkins, Grinnell, 2017	233
Kelli Freeman, WDM Valley, 2000	231
Mary Berdo, Washington, 1996	229
Kelcie Bormann, Preston, 2011	228
Megan Meyer, Mason City, 2019	227
Erin Goldsmith, Dallas Center-Grimes (2005-2008)	224
Maya Johnson, Mediapolis, 2018	221
Lori Nowachek, Midland, 2001	221
Ally Jensen, Ballard 2009	220
Janey Botkins, Durant (2013-16)	220
Kandy Beemer, Bedford (2002-05)	218
Wendi Sobaski, Pekin, 1997	215
Haley Vesey, Indianola (2014-17)	212
Beth Ehlers, Sioux Central, 2007	212
Kelly Friedrich, Ames (2016-18)	210
Taylor Feldman, West Liberty	210
Samantha Harrington, Nashua-Plainfield, 2007	209
Emily Ivory, Bettendorf, 2018	209
Erica Schlotfeldt, Rock Valley, 2003	208
Mackenzie Rogers, Mediapolis, 2018	208
Jenna Clark, Roland-Story, 2018	208
Marly Bussa, Camanche, 2018	208
Heather Lauman, Farragut, 2003	207
Madison Weekly, Benton, 2013	205
Rachel Mercer, Kingsley-Pierson, 2017	205
Faith Troshynski, Manson-NW Webster, 2013-16)	203
Kenzie Cunard, Logan-Magnolia, 2014-18	202
Paityn Hagberg, Cherokee, 2014-18	200
Shayla Barnes, Roland-Story, 2009	200
Madison Dreckman, LeMars, 2019	199
Naomi Jackson, Grinnell, 2019	198
Stacy Frese, Cedar Rapids Washington, 1995	198
Kylie Vogel, Camanche, 2014	198
Kary Dawson, Sibley-Ocheyedan, 1997	196
Johanna Myers, Burlington Notre Dame, 2017	196
Sydney Wycoff, Ankeny Centennial (2014-18)	193
Kia Rasmussen, IKM-Manning, 2018	192
Cassandra Jones, Van Meter 2017	192
Aubrie Fisher, AGWSR, 2019	191
Kennedy Core, Pleasantville, 2015	191
Stephanie Rich, Washington, 2001	187
NaTracia Ceaser, Waterloo West 2019	187
Autumn McDanel, Moravia, 2016	186
Kamryn Reeg, Bellevue, 2018	186
Claire Ausman, Nevada, 2017	184
Stephanie Kunard, Logan-Magnolia (2015)	182
Melissa Krueger, Lone Tree (1990-93)	181
Lauren Hedrick, Mason City Newman, 2010	179
Hannah Stafford, Pocahontas Area, 2014	178
Faith Vincent, Colo-Nesco, 2019	177
Casey Breitbart, Dubuque Hempstead, 2005	177
Melissa Krueger, Lone Tree, 1992	177
Cassandra Boston, Des Moines Hoover, 2006	176
Brook Witcher, Janesville, 2003	175
Emily Wassom, Spencer, 2008	175
Megan Linskens, Clarke, 2019	175
Natalie Vance, Roland-Story, 2014	174
Payton Rhone, Colfax-Mingo, 2019	174
Alexis Bunkers, Remsen St. Marys', 2014	173
KJ Veldman, Spriti Lake, 2013	173

Alexis Bunkers, Remsen St. Mary's (2012-15)	173
Heather Laumann, Farragut, 2003	173
Emma Stewart, Newell-Fonda, 2019	172
Maci Overmhole, Kuemper Catholic, 2019	171
Ali Devries, Bellevue Marquette, 2005	171
Amy Stoll, Spalding Catholic, 2010	169
Kelsey Nickerson, Ottumwa, 2012	169
Jaime Printy, Linn-Mar, 2009	168
Faith Meyer, Pocahontas Area, 2017	168
Mindy Petersen, EH-Kimballton, 1997	168
Mikkell Korver, MOC-Floyd Valley, 2001	166
Laura Knudtson, Lake Mills, 2018	166
Paige Willman, Remsen St. Mary's (2014-17)	166
Amy Young, Preston, 2001	165
Lori Nowachek, Midland, 2001	165
Shea Fuller, West Des Moines Valley, 2019	165
Molly Sanders, Ames, 2015	164
Amy Huyser, Lynnville-Sully, 2000	164
Brittany Kozak, Belle Plaine, 2003	164
Emilee Danner, Ar-We-Ca, 2019	163
Erin Maher, Davenport Assumption, 1989	162
Mackenzie Roberts, Van Meter, 2017	162
Jessie Dirks, Monticello, 2004	162
Morgan Paige, Marion, 2010	162
Peyton Olson, Mason City Newman (2014-18)	162
Grace Vander Weide, West Des Moines Valley, 2015	161
Dani Thrush, Keokuk, 1995	160
Savanna Thornton, Bedford (2010-2013)	160

TOTAL THREE POINT GOALS

Yearly Leaders

2019 — Maya Johnson, Mediapolis	23	106-232	.457
2018 — Maya Johnson, Mediapolis	24	109-245	.445
2017 — Elle Ruffridge, Pocahontas Area	28	157-289	.543
2016 — Elle Ruffridge, Pocahontas Area	27	114-252	.452
2015 — Elle Ruffridge, Pocahontas Area	27	116-267	.434
2014 — Elle Ruffridge, Pocahontas Area	25	79-215	.367
2013 — Kali Rasmussen, IKM-Manning	25	82-197	.416
2012 — Emily Bell, Algona Garrigan	25	77-226	.341
2011 — Abbey Albrecht, Kuemper Catholic	25	74-168	.440
2010 - Laura TerHark, Algona	26	77-198	.389
2009 — Laura TerHark, Algona	24	85-214	.397
2008—Laura TerHark, Algona	23	86-206	.417
2007— Erin Goldsmith, DC-Grimes	22	68-145	.470
2006—Jordan Waddell, Guthrie Center	23	77-238	.323
2005—Brittany Lange, Sac City	25	86-186	.462
2004—Amy Larson, Denison-Schleswig	25	80-192	.417
2003—Deb Remmerde, Rock Valley	29	144-260	.541
2002—Deb Remmerde, Rock Valley	29	91-155	.581
2001—Jane Vandevanter, Guthrie Center	24	79-268	.295
2000—Kelli Freeman, WDM Valley	19	93-252	.369
1999—Kelli Freeman, WDM Valley	22	89-	
1998—Alissa Julius, Unity Christian	17	63-151	.417
1997--Mindy Petersen, EH-Kimballton	24	75-225	.333
1996--Mary Berdo, Washington	25	76-176	.432
1995--Mary Berdo, Washington	23	80-151	.530
1994--Denise Wilson. Tri-Center	21	68-162	.420
1993--Dani Thrush, Keokuk	25	68-162	.420
1992--Shelley Delger, DM Lincoln	23	61 -133	.459

1991 --Melissa Krueger, Lone Tree	19	60-124	.484
1990--Lynette Seaton, Anamosa	20	51 -148	.345
1989--Erin Maher, Dav. Assumption	21	70-139	.504
1988--Alisha Smith, Waterloo Central	19	43-121	.355
1987--Erin Maher, Dav. Assumption	21	70-139	.504
1986--Tracy Fazio, WDM Valley	19	26-59	.441
1985--Chris Seastrand, Dub. Hempstead	22	12--	

All-Time Single Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Maya Johnson, Mediapolis, 2019	23	106-232	.438
Jenna Boelter, Bishop Garrigan, 2018	25	96-230	.417
Kelli Freeman, WDM Valley, 2000	22	93-252	.369
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Kayba Laube, Marion, 2019	25	90-194	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Kelli Freeman, WDM Valley, 1999	22	89-	
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Laura TerHark, Algona, 2008	23	86-206	.417
Brittany Lange, Sac City, 2004	25	86-186	.472
Erica Schlotfeldt, Rock Valley, 2002	29	85-171	.497
Laura TerHark, Algona	24	85-214	.397
Johanna Myers, Burlington-ND, 2017	25	83-249	.333
Kali Rasmussen, IKM-Manning, 2013	25	82-197	.416
Grace Flanagan, North Linn, 2019	23	82-207	.396
Brooke Witcher, Janesville, 2002	23	82-218	.376
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Mandy Willems, AGWSR, 2018	23	81-172	.471
Madeline Wilkins, Grinnell, 2017	24	81-181	.448
Sarah Matus, Springville, 2015	27	80-179	.447
Janey Botkins, Durant, 2016	24	80-193	.415
Mary Berdo, Washington, 1995	23	80-151	.530
Amy Larson, Denison-Schleswig, 2004	25	80-192	.417
Justine Malenke, Unity Christian, 2019	25	80-197	.406
Kennedy Wallace, Iowa City Regina, 2018	26	79-207	.382
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Maggie Phipps, North Polk, 2019	26	79-213	.436
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Taylor Houska, East Sac, 2018	22	78-201	.388
Anna Brown, Waukee, 2018	24	78-184	.424
Denise Wilson, Tri-Center, 1994	21	78-288	.342
Katie Kutzman, East Marshall, 2005	25	78-177	.440
Madeline Wilkins, Grinnell, 2015	23	78-195	.400
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	.421
Abby Holmes, Algona, 2018	24	77-195	.395
Mia Hoogeveen, West Lyon, 2018	23	77-206	.374
Laura TerHark, Algona, 2010	26	77-198	.389
Erika Douma, Western Christian, 2014	28	77-206	.374
Hannah Stafford, Pocahontas Area, 2014	25	77-214	.360
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Jordan Waddell, Gurthrie Center, 2006	23	77-238	.323
Mary Crompton, Iowa City Regina, 2016	26	76-166	.458
Mary Crompton, Iowa City Regina, 2017	27	76-161	.472
Naomi Jackson, Grinnell, 2019	22	76-202	.376
Mackenzie Rogers, Mediapolis, 2016	22	76-189	.402
Sam Abens, Knoxville, 2010	24	76-198	.384

Abbey Albrecht, Kuemper Catholic, 2010	25	76-164	.463
Chandra Zomermaand, Unity Christian, 2015	27	76-175	.434
Darby Massner, Mediapolis	26	75-171	.439
Mary Berdo, Washington, 1996	25	76-176	.432
Jessie Pauley, OA-BCIG, 2012	27	75-173	.434
Heather Laumann, Farragut, 2003	22	75-190	.395
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Mindy Petersen, EH-Kimballton, 1997	24	75-225	.333
Ellie Friesen, Osage, 2016	25	75-173	.434
Payton Harmsen, Western Christian, 2016	27	75-197	.381
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.349

Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Kayba Laube, Marion, 2019	25	90-195	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332

Sophomore Leaders

Elle Ruffridge, Pocahontas, 2016	27	116-267	.434
Laura TerHark, Algona	24	85-214	.397
Kali Rasmussen, IKM-Manning	25	82-197	.416
Maggie Phipps, North Polk, 2019	26	79-213	.371
Abby Holmes, Algona	24	77-206	.374

Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	.417
Ellie Friesen, Osage, 2015	25	84-210	.400
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	.429
Elise Boulton, Montezuma, 2018	24	70-183	.383

THREE POINT GOAL ATTEMPTS

Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Denise Wilson, Tri-Center, 1994	21	78-288	.271
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Johanna Myers, Burlington-ND, 2017	25	83-249	.400
Laura TerHark, Algona, 2011	23	73-247	.296
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Jordan Waddell, Guthrie Center, 2006		77-238	.324
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.318
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Jen Allen, Grinnell, 2005	24	73-233	.313
Maya Johnson, Mediapolis, 2019	23	106-232	.457
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Sydney Dryer, Pleasant Valley, 2014	23	72-231	.361

Jenna Boelter, Algona Garrigan, 2018	25	96-230	.417
Jordan Waddell, Guthrie Center, 2005	25	73-229	.319
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Mindy Petersen, EH-Kimballton, 1997	23	75-225	.333
Lauren Hedrick, Mason City Newman, 2008		52-220	.236
Kelli Freeman, WDM Valley, 2000	19	81-222	.365
Erin Wentzien, Gladbrook-Reinbeck, 2013	22	48-217	.220
Allison Sievers, AHST, 1996	24	48-218	.220
Brooke Witcher, Janesville, 2002	23	82-218	.376
Kali Lasher, Charles City, 2013	23	58-215	.270
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Laura TerHark, Algona, 2009	24	85-214	.397
Lori Nowachek, Midland, 2000	22	69-214	.322
Maggie Phipps, North Polk, 2019	26	79-213	.371
Allison Fast, Clarinda, 2016	22	58-210	.276
Ellie Friesen, Osage, 2015	25	84-210	.400
Jordan Waddell, Gurthrie Center, 2007		65-210	.323
Jenna Bork, Bishop Heelan, 2014	24	71-210	.338
Suzanna Yoder, Iowa Mennonite, 2018	22	65-209	.311
Megan Swanson, Gladbrook-Reinbeck, 18	24	40-208	.192
Kennedy Wallace, Iowa City Regina, 2018	26	79-207	.382
Ashley Hagedorn, IKM, 2008	25	58-207	.280
Grace Flanagan, North Linn, 2019	23	82-207	.396
Kali Rasmussen, IKM-Manning, 2015	25	70-207	.338

Junior Leaders

Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291

Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Jordan Waddell, Guthrie Center, 2005	25	73-229	.319
Laura TerHark, Algona, 2009	24	85-214	.397
Maggie Phipps, North Polk, 2019	26	79-213	.371

Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Ellie Friesen, Osage, 2015	25	84-210	.400
Laura TerHark, Algona, 2008	23	86-206	.417
Macy Williams, Fremont-Mills, 2012	23	57-197	.289
Emily Danner, AR-WE-VA, 2016	22	58-187	.310

THREE POINT PERCENTAGE

Season Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Erin Maher, Davenport Assumption, 1986	21	25-38	.658
Allison Noland, Belmont-Klemme	20	55-85	.647
Courtnei Regan, Durant, 2005	20	33-52	.635
Karrie Vander Sluis, Sheldon, 1995	20	32-52	.615
Karlin Sedlacek, CB Abraham Lin., 1990	24	46-75	.613
Andrea Schupbach, W'loo Columbus, 2006	11	17-28	.607
Su Ann Woods, Bennett, 2001	22	24-40	.600
Ashley Joens, Iowa City High, 2018	26	44-74	.594
Deb Remmerde, Rock Valley, 2002	29	91-155	.587

Carol Lawler, Northeast, 2002	17	17-29	.586
Carol Lawlor, Northeast, 2003	17	17-29	.586
Jenna Durr, Montezuma, 2006	24	25-43	.581
Deb Remmerde, Rock Valley, 2002	26	133-299	.581
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Shannon Pisney, Crestwood, 2018	26	30-52	.577
Theresa Doyle, Fort Dodge St. Edmond, 09	20	27-45	.574
Kelley Trimble, West Branch, 2012	23	39-68	.574
Mary Maeder, Pekin, 2009	21	35-61	.574
Mandy Haight, Winfield-Mt. Union, 1992	20	20-35	.571
Lacey Heiar, Preston, 2001	28	35-62	.565
Amber Banks, Martensdale-SM, 2002	21	39-69	.565
Slye Richardson, Interstate 35, 2016	23	54-96	.563
Jennifer Long, Centerville, 1995	17	36-64	.563
Cori Hutchison, DM Lincoln, 1991	9	19-34	.559
Stacy Schlumbohm, West Sioux, 1996	17	19-34	.559

Junior Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Kelley Trimble, West Branch, 2012	23	39-68	.574

Sophomore Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Jennifer Long, Centerville, 1995	17	36-64	.563

Freshman Leaders

Erin Maher, Davenport Assumption, 1986	21	25-38	.658
Theresa Doyle, Fort Dodge St. Edmond	20	27-47	.574
Lacey Heiar, Preston, 2001	28	35-62	.565
Anna Schmitt, Dubuque Wahlert, 2011	17	17-34	.529
Mary Berdo, Washington, 1993	21	38-72	.528

THREE POINT GOALS PER GAME

Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	5.60
Deb Remmerde, Rock Valley, 2003	29	144-260	4.97
Maya Johnson, Mediapolis, 2019	23	106-232	4.61
Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Kelli Freeman, WDM Valley, 2000	22	93-252	4.23
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89	4.05
Jenna Boelter, Algona Garrigan, 2018	25	96-230	3.84
Sierra Mitchell, Southeast Polk, 2017	23	88-231	3.83
Tonya Clausen, Northeast, 1994	12	45-124	3.75
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Laura TerHark, Algona, 2008	23	86-206	3.74
Denise Wilson, Tri-Center, 1994	21	78-288	3.71
Alissa Julius, Unity Christian, 1998	17	63-151	3.71
Isabelle Gradwell, West Marshall, 2018	24	89-243	3.71
Kayba Laube, Marion, 2019	25	90-195	3.60

Brooke Witcher, Janesville, 2002	23	82-21	3.57
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	3.57
Grace Flanagan, North Linn, 2019	23	80-197	3.56
Beth Ehlers, Sioux Central, 2006	20	71	3.55
Laura Ter Hark, Algona 2009	24	85-214	3.54
Mandy Willems, AGWSR, 2018	23	81-172	3.52
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	3.50
Mary Berdo, Washington, 1995	23	80-151	3.48
Mackenzie Rogers, Mediapolis, 2016	22	76-189	3.45
Naomi Jackson, Grinnell	22	76-202	3.45
Brittany Lange, Sac City, 2005	25	86-186	3.44
Katie Rung, FM Aquinas, 2003	24	82-234	3.42
Heather Laumann, Farragut, 2003	22	75-190	3.41
Amanda Marshall, FM Aquinas, 1996	17	58-136	3.41
Amanda Van Kekerix, BCIG, 2003	21	71-260	3.38
Aubrie Fisher, AGWSR, 2019	21	71-193	3.38
Madeline Wilkins, Grinnell, 2017	24	81-181	3.38
Ellie Friesen, Osage, 2015	25	84-210	3.36
Caroline Waite, Ames, 2019	22	76-202	3.36
Erin Maher, Davenport Assumption, 1989	21	70-139	3.33
Janey Botkins, Durant, 2016	24	80-193	3.33
Kennedy Wallace, Iowa City Regina, 2019	21	70-205	3.33

Junior Leaders

Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89-	4.05
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Kayba Laube, Marion, 2019	25	90-195	3.60

Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Laura TerHark, Algona, 2009	24	85-214	3.54
Mackenzie Rogers, Mediapolis, 2016	22	76-189	3.45
Kali Rasmussen, IKM-Manning, 2013	25	82-197	2.28
Brittany McKowen, Wapsie Valley	22	71-204	3.23

Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	3.74
Ellie Friesen, Osage, 2015	25	84-210	3.36
Elle Ruffridge, Pocahontas Area	25	79-215	3.16
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	3.13
Samanth Abens, Knoxville, 2007	22	65-158	2.95

CAREER REBOUNDS

Rachel Yeggy, Highland (2002-2006)	1533
Jennifer Goetz, Cardinal Stritch (1999-2003)	1397
Hallie Christofferson, Exira (2005-2010)	1320
Kiah Stokes, Linn-Mar (2007-2011)	1239
Kate Hartman, Northwood-Kensett (2005-2010)	1227
Ann Cavey, North Cedar (1994-1998)	1196
Lindsay Hoehns, Twin Cedars (2005-2010)	1190
Jennifer Jorgensen, SE Webster-Grand (2005-08)	1184
Stacey Schutjer, WCLT (2005-2008)	1163
Anna Sweeting, Highland (2007-2011)	1134
Chelsea Poppens, Aplington-Parkersburg (2006-09)	1128
Jocelyn Coleman, Essex (2007-2010)	1124
Katie Dentlinger, Coon Rapids-Bayard (2009-2012)	1104

Malarie Gilley, East Greene (2007-2010)	1104
Kelsey Keizer, Okoboji (2002-2005)	1095
Nicole Strasko, Roland-Story (2006-2009)	1060
Mackenzie Morrison, Martensdale-SM (2005-2010)	1046
Amy Herrig, Dubuque Senior (1991-1995)	1048
Erin Wibholm, West Marshall (1997-2001)	1045
Ashtyn Veerbeek, Western Christian (2014-18)	1041
Maddie Oliver, Roland-Story	1041
Nina Smith, Waterloo West (1995-1999)	1028
Ellie Peterson, Cedar Falls (1998-2002)	1019
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	1016
Serena Parker, Shenandoah (2011-2015)	1015
Chelsea Thomas, Pleasantville (2005-2008)	1012
Ann Straate, Postville (1998-2002)	1008
Jamie Boyd, Underwood (2000-2004)	1007
Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1007
Jessica Gerhart, Sentral (1999-2003)	1000
Beth Marvin, Preston (1997-2001)	999
Aimee Osborne, Sidney (2008-11)	996
Kinzee Hanson, Corwith-Wesley-LuVerne (1993-1997)	992
Jenny Noll, Muscatine (1988-1992)	989
Jessica Nikkel, Lynnville-Sully (1995-1999)	987
Lexy Koudelka, Nevada (2014-18)	985
Jill Foster, North Tama (1996-2000)	981
Kameo Pope, Belle Plaine (2010-2014)	981
Lori Trumblee, Starmont (1998-2002)	976
Leah Hetzler, Moulton-Udell (1996-2000)	974
Katelynn Tracy, Moravia (2010-2013)	974
Kelly Houser, Riceville (1999-2003)	958
Randi Peterson, Cedar Falls (1993-1997)	954
Jade Rogers, Cedar Rapids Kennedy (2005-2010)	952
Sylvia Amlie, Janesville (2010-14)	952
Amy Meggers, IKM (1996-2000)	951
Jasmine Demers, Storm Lake St. Marys (2010-2014)	948
Morgan Christner, New London (2012-15)	939
Abbie Hauptert, CMB (2011-14)	927
Anna Kiel, Unity Christian (2013-16)	927
Erica Armstrong, Clayton Ridge (2011-2015)	925
Rebecca Schroeder, Bellevue (2014-18)	925
Jessica Vander Kooi, Hinton (1999-2003)	923
Amber Kirschbaum, Spirit Lake (2006-2009)	914
Carah Drees, Westwood (2016-19)	908
Ashley Arlen, Cascade (2004-2008)	907
Jenna Sloan, East Buchanan (1999-2003)	903
Ashley Joens, Iowa City High (2014-18)	900
Sara Stribe, Carroll (1994-1998)	893
Shelly Hembera, Cedar Valley Christian (2011-2015)	893
Angie Schinstock, Central Lee (1996-2000)	891
Mikaela Millslagle, Lamoni	891
Wendy Ausdemore, Tri-Center (2002-2005)	886
Jessica Mennen, Hampton-Dumont (1996-2000)	886
Linissa Bowman, Preston (1997-2001)	880
Lindsey Petersen, Missouri Valley (1997-2000)	877
Noreen Morrow, Harris-Lake Park (2010-2014)	877
Tammi Blackstone, Cherokee (1992-1996)	875
Rylee Voss, English Valleys (2011-2015)	875
Kristi Feldman, West Liberty (2009-2013)	871
Katie Morse, Tri-Center (1997-00)	870
Rachel Struve, South O'Brien (2010-1014)	869
Stephanie Rich, Washington (1997-2001)	867
Lexi Groe, Lake Mills (2014-18)	865

Beth Driscoll, Linn-Mar (1990-1994)	865	Ellie Rischer, Benton (2003-2007)	776
Jill Eggers, West Marshall (1997-2001)	852	Katie Schechinger, IKM/IKM-Manning (2006-2009)	776
Madison Baier, South Tama (2009-12)	850	Jill Martin, Norwalk (1999-2003)	775
Kayla Lincoln, West Central Maynard (2003-2007)	850	Alexis Conaway, MOC-Floyd Valley (2010-2014)	775
Kim Parker, Aurelia (1998-2002)	850	Kelsie McClarron, South Page (2014-17)	774
Jena Blint, New London (2004-07)	847	Stefanie Madsen, Sioux Central (2003-2006)	774
Kim Trine, Burlington Notre Dame (1994-1998)	845	Danielle Schlotterbeck, Central City (2006-10)	772
Pam Iverson, Denison-Schleswig (1994-1999)	844	Jessica Hunecke, Cherokee (2002-2006)	771
Megan Frank, Keota (2003-2007)	842	Rachele Clark, Des Moines East (1987-1991)	771
Gabi French, Red Oak (2009-12)	842	Sara Hippen, Union (1997-2001)	770
Keri Hanson, CWL (1997-2001)	840	Ginny Gordon, Moulton-Udell (2004-2008)	770
Carly Pagel, Sumner-Fredericksburg (2009-2012)	840	Callie Kloubec, Springville (2006-2009)	769
Taylor Burdette, Central Lee (2010-2013)	838	Jocelyn Anderson, Prairie Valley (2002-2005)	768
Kelsey Johnkin, Sioux City West (2002-2006)	838	Amanda Moser, Maple Valley-AO (1998-2001)	768
Rachel Thune, Des Moines Christian (2005-2008)	837	Kendal Brown, Moravia (2013-2016)	767
Jackee Meyer, Belmont-Klemme (2014-16)	835	Brooke Scharn, Sioux Central (2007-2010)	765
Chelsea Goedken, Cascade (2000-04)	835	Tiffany Reedy, Union (1999-02)	764
Lisa Kriener, St. Ansgar (1997-2001)	833	Linda Lappe, Winfield-Mt. Union (1994-1998)	763
Megan Peschong, Okoboji (2013-16)	833	Aubrey Hauswirth, Pocahontas Area (2003-06)	763
Betsy Funk, Urbandale (1998-2002)	831	Katie Miller, Solon (1994-1998)	762
Heidi Venghaus, Winfield-Mt. Union (1992-1996)	830	Jessica Vanderleest, Solon (1996-1999)	762
Ashley Dugan, Edgewood-Colesburg (1999-2003)	828	Ali Rorah, Maquoketa (1998-2002)	761
Andrea Clark, Guthrie Center (2003-07)	827	Megan Pretz, Columbus (2010-2013)	759
Shari Davis, Denver (1995-1999)	819	Lisa Gronoski, Waterloo Columbus (1986-1990)	758
Alysa Klein, Okoboji (2001-2004)	818	Emily Newton, Diagonal (2016-19)	757
Megan Hendricks, Clear Lake (2000-2004)	817	Megan Keefe, Clear Lake (1999-2003)	755
Kalee Modlin, Knoxville (1998-2002)	817	Sara Hippen, Union (1997-2001)	753
Jennifer Perkins, FD St.Edmond (1994-1998)	811	Logan Hughes, Shenandoah, 2019	753
Emily Cline, Harmony (1991-1995)	810	Gabby Ryerson, West Marshall (2013-16)	752
Shellie Mossman, Carroll (2003-2006)	809	Rachel Smith, Iowa Mennonite (1991-1995)	751
Grace Berg, Indianola (2014-2018)	807	Josie Kennicott, Union (2002-2006)	751
Casey Spree, Aplington-Parkersburg (1994-1998)	807	Mika Rodewald, Manson-NW Webster (2007-2010)	751
Carolyn Holm, Sigourney (2007-2010)	805	Kate Cline, Valley Community (1995-98)	751
Rylee Eakins, Davis County (2010-2014)	802	Alee Hugen, Twin Cedars (2010-2013)	750
Elsa Anderson, Des Moines Christian (2011-2015)	802	Kayla Goodchild, Clay Central-Everly (2000-04)	749
Delanie Uppena, Midland (2016-19)	801	Rylee Olsen, New London (2000-2004)	749
Lindsay Overman, Boyden-Hull (1997-2001)	801	Roni Miller, Lawton-Bronson (2003-2006)	747
Logan Ehlers, Shenandoah (2014-2017)	799	Sarah Anderson, Tri-Center (2002-2005)	747
Beth Ingersoll, Villisca (2002-2005)	799	Tarah Meyer, West Lyon (2011-2015)	747
Jenny Vogel, Jesup (1998-2002)	798	Paige Bradford, Davenport North (2014-18)	746
Kari Fitzpatrick, Edgewood-Colesburg (2011-2015)	797	Julia Fleecs, Glidden-Ralston (2014-17)	744
Kayla Pirtle, CR Washington (1991-1995)	795	Kaitlyn Volesky, Mount Vernon (2014-17)	741
Heidi Hillyard, Mediapolis (2011-2015)	795	Jenny Ogden, Moulton-Udell (1998-2002)	741
Alissa Brown, Jesup (2010-2014)	795	Bridget Doeden, Sibley-Ocheyedan (2010-2014)	741
Paige Spangenberg, Red Oak (2002-2006)	794	Jackie Kriegel, Iowa Valley (2010-2014)	740
Jessica Balek, Mason City Newman (2009-2012)	792	Andrea Larson, Mediapolis (2011-2015_	739
Barb Franke, Cedar Falls (1987-1991)	792	Millie Niggeling, Sioux City Bishop Heelan (2005-10)	739
Megan Keefe, Clear Lake (1999-2003)	791	Mary Halvorson, Waukon (2005-2010)	737
Maureen Head, Iowa City West (1996-2000)	790	Tanya Meyer, Sioux City West (2010-2014)	735
Tiffany Bormann, Preston (2005-2009)	788	Erin Richards, Mason City (1994-1998)	735
Erica Daniels, Moulton-Udell (1993-1997)	787	Katie Eiben, Springville (2006-2009)	735
Olivia Godfrey, Panorama (2010-2014)	786	Mckenzie Knox, Madrid (1999-2003)	734
Chelsey Dougherty, Belmont-Klemme (2002-2006)	786	Sienna Durr, Grinnell (2014-18)	733
Jamie Cavey, North Cedar (1997-2001)	785	Mariah McPartland, Boone (2011-15)	733
Ashlea Payne, Alta (1998-2002)	781	Christy Holtkamp, Central Lee (1989-1993)	733
Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	780	Amanda Zimmerman, Ballard (2006-2009)	730
Sarah Ryan, North Mahaska (2002-2005)	780	Allie Lamb, English Valleys (2001-2005)	730
Haleigh Hempen, Aplington-Parkersburg (2010-13)	780	Cara Smith, Mount Ayr (1995-1999)	729
Cari Kinzenbaw, HLV (1998-01)	779	Cassie Chubb, Saydel (2012-16)	728
Nicole VanderPol, Grundy Center (2002-2005)	778	Janay Michel, Farragaut (1999-2003)	723
Miranda Murphy, North Polk (2010-2014)	777	Barb Bennett, Ames (1--	722

Jill Johnson, Rockwell City-Lytton (2000-2004)	720	Madi Hanna, Van Meter (2003-07)	669
Sarah Ryan, North Mahaska (2002-2005)	720	Mackenzie Roberts, Van Meter (2014-17)	669
Beth Mathes, Melcher-Dallas (1999-2003)	720	Lisa Tuetken, Monticello (1985-89)	668
Amy Williams, Southeast Warren (2010-2013)	719	Heather Cunard, Missouri Valley (2003-2007)	667
Tammy Brauer, CR Kennedy (1990-1994)	719	Arika Wooldridge, Center Point-Urbana (2013-16)	665
Becky Wiesler, West Sioux (1995-1999)	717	Katie Sorrell, Winfield-Mt. Union (1994-1998)	664
Emily Beerman, CAM (2010-2013)	716	Alli Masters, Central Decatur (2016-19)	663
Amanda Frost, Denver (2005-2010)	716	Emma Chizek, West Hancock (2013-16)	663
Megan Pederson, Lake Mills (2003-2007)	716	Madison Gettler, CAM (2016-19)	659
Brianna James, Lynnville-Sully (2009-12)	716	Lindsey Fischbach, Carroll (2000-2002)	657
Rylee Andresen, Midland (2013-16)	715	Abby Reinert, Eldora-New Providence (1999-2003)	656
Nikki Pasker, North Linn (2004-07)	715	Becky Avery, Clear Lake (1996-2000)	654
Catherine Leonard, Atlantic (2014-2017)	715	Nichole Robinson, SC West (1996-2000)	663
Gena Fiihr, Lynnville-Sully (1992-1996)	715	Monica Huelman, Vinton-Shellsburg (1992-1996)	663
Haley Delperding, Remsen St. Mary's (2014-17)	715	Joanne Woepking, Columbus (1989-1993)	658
Ellen Gallagher, Woodbury Central (2010-2014)	714	Kadie Subbert, Stanton (2007-2011)	657
Christa Subbert, Stanton (2003-2007)	712	Molly Forsythe, Jesup (2002-2005)	656
Nicole Burgin, Oelwein (2010-14)	712	Susie Ciechanowski, Alta (1996-2000)	656
Grace Blomstedt, Red Oak (2011-2015)	711	Tracy Hardee, Bedford (1995-1999)	655
Savannah Domeyer, Clayton Ridge (2014-17)	710	Danielle Jackson, Mediapolis (2005-2009)	655
Erin Dohrmann, Sioux City North (1999-2003)	709	Bethany Weber, Meidapolis (2002-2006)	654
Katie Kusters, Crestwood (1996-2000)	709	Cassie Norman, Central Decatur (2001-04)	654
Danielle Wubbens, Charles Ciy (2003-06)	708	Shelby Spates, Van Buren (1999-2003)	653
Amanda Budden, Spalding Catholic (2003-2006)	707	Carli Murphy, Gehlen Catholic (2011-2015)	652
Betsy Derner, Panorama (2004-2007)	706	Hannah Lau, Garner-Hayfield-Ventura (2014-17)	652
Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	705	Madison Wauters, Winterset (2016-19)	652
Megan Wagaman, Springville (2013-2016)	704	Jenny McCammant, English Valleys (2001-05)	651
Dani Gass, Sioux City East (2003-2006)	702	Taylor Smith, Central Decatur (2006-09)	651
Mackenzie Bigbee, Williamsburg (2008-2012)	701	Colby Lynch, Davis County (2006-2009)	650
Elizabeth Sneed, Malvern (1999-2003)	701	Madison Gonseth, Murray (2013-16)	650
Emily Wynthein, Waterloo Columbus (2010-2013)	701	Jill Bouma, Unity Christian (1998-2002)	650
Kim Marlow, Oelwein (1999-2003)	700	Lisa Frese, Norway (1986-1990)	650
Molly Sima, Vinton-Shellsburg (2002-2005)	700	Aubrey Putman, Wilton	648
Jennifer Schmmann, Newell-Fonda (2002-05)	698	Carrie Shurr, Iowa City High (1987-1991)	649
Jayne Olson, Bettendorf (1990-1994)	696	Gabie Doud, Ballard (2013-2016)	649
Meghan Glawe, Aurelia/Alta-Aurelia (2008-11)	695	Kaylee Blake, IKM-Manning (2010-2013)	647
Hanna Stokes, Clear Creek-Amana (2011-15)	694	Madelyn Deitchler, Treynor (2015-18)	646
Jennie Lillis, WDM Dowling (1996-2000)	691	Mindy Wargo, Tipton (1990-1994)	646
Lauren Hedlund, Hinton (2010-2014)	691	Angela Hatchett, Ottumwa (1988-1992)	646
Kari Mutschler, AGWSR (2003-2007)	690	Mikayal Nachazel, Springville (2014-18)	645
Katie Brown, Spirit Lake (2003-2006)	688	Grace Meyer, Pocahontas Area (2014-17)	644
Jen Keitel, Central DeWitt (2008-2011)	688	Olivia Eckels, East Union (2014-18)	644
Teri Vander Beek, Lynnville-Sully (2004-07)	688	Steffi Cunard, Logan-Magnolia/H. Christian (2011-15)	643
Rachel Wooldrik, Denver (1996-1999)	685	Corrie Bangston, Essex (1999-2002)	642
Leah Buhmann, West Central Maynard (1993-97)	683	Kendyl Gruttemeyer, Bedford (2010-2013)	642
Nicky Wieben, Ankeny (2002-2005)	682	Miranda Boekhout, MMC (2000-2004)	641
Lacey Geitzenauer, Sentral (1999-2003)	682	Steph Kramer, Nashua-Plainfield (1999-2003)	640
Janine Gremmel, Dubuque Wahlert (1984-1988)	680	Alison Rohdy, Harmony (1991-1995)	639
Michelle DeReimacker, West Liberty (1996-2000)	680	Elissa Beckman, Mediapolis (1995-1999)	637
Megan Bradley, FD St. Edmond (1999-2003)	679	Kate Birchmeier, Davis County (2011-2015)	637
Taylor Frederick, Harlan (2013-2016)	677	Melissa Kroll, CB St. Albert (1993-1997)	637
Elisha Turek, CB Abraham Lincoln (1999-2003)	677	Jodi Gruber, Solon (1989-1992)	637
Ali Browning, Iowa City Regina (2006-2010)	676	Claudia Larsen, Newell-Fonda (2011-14)	637
Samantha Meyers, Grundy Center (2009-2013)	676	Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	637
Kristi Anderson, CB Abraham Lincokln (1985-1988)	675	Dani Coover, Belle Plaine (2007-2011)	637
Bailey Halbur, Manning/IKM-Manning (2006-2009)	674	Olivia Barritt, GMG (2011-2015)	636
Shawna Braby, Murray (1997-2001)	672	Lauren Flaherty, Murray (1993-1997)	634
Ky Petersen, AHST (1992-1996)	672	Marissa Schroeder, Marquette Catholic (2014-17)	634
Stephani Atwood, Sigourney (2007-2010)	670	Abby Ytzen, Des Moines Christian (2002-06)	633
Jodi Nikkel, Lynnville-Sully (2001-2005)	670	Laura Rowan, Hampton-Dumont (1999-2003)	633
Alissa Dennis, Ballard (1996-2000)	670	Amy Voss, Newton (2006-09)	631

Michalyn Mohr, Marion (2011-2015)	631
Erin Neuberger, Garner-Hayfield (1997-2001)	631
Melanie Hopkins, Earlham (2004-2008)	630
Mika Rodewald, Manson-NW Webster (2005-2010)	630
Amber DiRiemacker, West Liberty (1996-2000)	630
Kacy Brumbaugh, Tri-County (2010-2013)	629
Sarah Bartels, Akron-Westfield (1998-2002)	628
Jessica Hansen, West Monona (2005-2008)	628
Jess Schaben, Harlan (2011-15)	627
Lauren Devereaux, Newell-Fonda (2006-09)	627
Jalynn Quigley, Lone Tree (2005-08)	626
Ashley Gordon, Moulton-Udell (2004-2007)	625
Rachel Weedemeier, West Central Maynard (1999-03)	624
Andrea Markey, Colo-Nesco (2003-2006)	624
Michelle Mahmens, Northeast (1994-1998)	624
Ashley Tull, North Linn (2014-18)	623
Mackenzie Westcott, Williamsburg (2004-2008)	623
Audra HONEYMAN, Fremont-Mills & Essex (2001-2003)	622
Jordan Gronewold, Carlisle (2005-2010)	621
Shaya Kellogg, Ames (2009-2013)	621
Tori Hazard, Janesville (2014-17)	620
Steph Marsh, Central DeWitt (1999-2003)	619
Olivia Larsen, Newell-Fonda (2016-19)	619
Bridget Yoerger, Hinton	618
Stacy Boerema, Clinton (1998-2002)	617
Heather Hook, Grundy Center (2009-13)	616
Jescenia Mosley, Essex (2014-17)	616
Danielle Eben, George-Little Rock (2011-2015)	616
Caitlyn Murphy, Gehlen Catholic (2010-2014)	616
Missy Mellecker, Tipton (1984-1988)	616
Katie Kruckenberg, Mason City Newman (2002-05)	616
Jodi DeVries, Aplington-Parkersburg (1993-1996)	615
Amy Klostermann, West Delaware (1999-2003)	614
Peg Loecke, West Delaware (1987-1991)	614
Caitlyn Riese, Colo-Nesco (2010-14)	613
Meg Tierney, Union (1996-2000)	613
Lela Sellers, Minnesota/CR Kennedy (2013-16)	613
Kaylee Becker, Oelwein (2013-2016)	613
Marie Hoeger, Ind St. John & Independence (86-90)	612
Cathy Reiter, Union (2006-2009)	612
Jacque Ingram, Denison-Schleswig (2016-19)	611
Mikayla Galvin, Kee (2013-16)	611
Karen Schulte, Norway & CR Jefferson (1989-1993)	610
Abbie Brown, Eldora-New Providence (1993-1996)	609
Ashley Freerksen, Dowling Catholic (1999-2003)	608
Megan McHugh, Missouri Valley (1999-2003)	608
Kate Walker, Red Oak (2011-2015)	608
Molly Tideback, Waterloo Columbus (1985-1988)	607
Kortney Hilsabeck, West Central Maynard (1997-01)	606
Aftin Phylfe, Waverly-Shell Rock (2009-2013)	605
Laura Johnson, Cedar Falls (2005-2010)	605
Jensen Boger, OABCIG (2010-2014)	603
Katelin Adams, North Iowa (2016-19)	603
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	602
Chelsea Humpal, Decorah (2005-2008)	602
Taylor Greenfield, Ballard (2008-2011)	602
Holly Bock, Mason City Newman (2013-16)	601
Lana Lindstrom, Pleasant Valley (2013-16)	601
Haley Hillyard, Mediapolis (2010-2013)	600
Jennifer Happel, CR Prairie (1992-1996)	600
Amy Breen, Fairfield (1989-1993)	600

Blair Montgomery, Clay Central-Everly

600+

REBOUNDS PER GAME

Yearly Leaders

2019 — Kelsey Fields, Creston	21	296	14.1
2018 — Haley Beminiio, Belmont-Klemme	21	309	14.7
2017 — Taryn Knuth, Johnston	24	314	13.7
2016 — Jolissa Kriegel, BGM	22	298	13.5
2015 — Morgan Christner, New London	23	324	14.1
2014 — Shelby Hembera, C. Valley Christ.	22	360	16.4
2013 — Allison Waters, Underwood	22	240	15.5
2012 — Nicolette Hussen, Colfax-Mingo	21	305	14.5
2011 - Antonea Stuckey, Davenport North	21	371	17.7
2010 - Joscelyn Coleman, Essex	22	420	19.10
2009—Joscelyn Coleman, Essex	25	420	16.80
2008—Lindsay Hoehns, Twin Cedars	21	297	14.14
2007—Lindsay Hoehns, Twin Cedars	22	331	14.39
2006—Nicole Strasko, Roland Story	24	344	14.33
2005—Rachel Yeggy, Highland	26	406	15.62
2004—Rachel Yeggy, Highland	25	469	18.76
2003—Kelly Houser, Riceville	22	353	16.05
2002—Ashlea Payne Albia	21	326	15.52
2001—Jennifer Goetz, Cardinal Strich	27	431	15.96
2000—Jill Foster, North Tama	20	346	17.30
1999—Penny Vander Sanden, West Lyon	22	303	13.77
1998—Leah Hetzler, Moulton-Udell	19	297	15.63
1997--Kinzee Hanson, CWL	20	277	13.85
1996--Lindsay Brown, Lenox	22	307	13.95
1995--Ann Cavey, Lincoln	19	285	15.00
1994--Jenny Childress, Washington	24	314	13.08
1993--Christy Holtkamp, Central lee	24	303	12.63
1992--Tiffany Cox, Sioux City North	18	248	13.78
1991--Liz Henry, Iowa Deaf	19	261	13.74
1990--Liz Henry, Iowa Deaf	17	252	14.82
1989--Marie Hoeger, Independence St. John	17	243	14.29
1988--Shelly Greiner, Clear Creek	20	301	15.05
1987--Melissa Higginbotham, CB TJ	15	192	12.80
1986--Kristi Kincaid, Waterloo West	22	256	11.64
1985--Katie Abrahamson, CR Washington	26	219	8.42

All-Time Single Season Leaders

Joscelyn Coleman, Essex	22	420	19.10
Rachel Yeggy, Highland, 2004	25	469	18.76
Antonea Stuckey, Davenport North, 2011	21	371	17.70
Jill Foster, North Tama, 2000	20	346	17.30
Joscelyn Coleman, Essex, 2009	25	420	16.80
Kate Hartman, Northwood-Kensett	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Kelly Houser, Riceville, 2003	22	353	16.05
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Chelsea Poppens, Ap.-Parkersburg, 2009		380	15.83
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Rachel Yeggy, Highland, 2005	26	406	15.62
Ashlea Payne, Alta, 2002	21	326	15.52
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Allison Waters, Underwood, 2013		240	15.50
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Ashlea Payne, Alta, 2001	19	287	15.11
Shelly Greiner, Clear Creek, 1988	20	301	15.05

Ann Cavey, North Cedar ,1995	19	285	15.00
Kelly Houser, Riceville, 2002	23	344	14.96
Kiah Stokes, Linn-Mar, 2011	25	372	14.90
Liz Henry, Iowa Deaf,1990	17	252	14.82
Kelsey Keitzer, Okoboji, 2004	25	352	14.67
Audra Honeyman, Essex, 2002	22	323	14.68
Angie Schinstock, Central Lee, 1998	19	278	14.63
Kelsey Keizer, Okoboji, 2005	24	350	14.58
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Jennifer Perkins, FD St. Edmond, 1998	17	247	14.53
Nicolette Hussen, Colfax-Mingo, 2012	21	305	14.50
Stefanie Madsen, Sioux Central, 2006	20	290	14.50
Nicole Strasko, Roland-Story	24	345	14.40
Haley Bemino, Belmont-Klemme, 2018	21	309	14.70

Junior Leaders

Joscelyn Coleman, Essex, 2009	24	420	16.80
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Rachel Yeggy, Highland, 2005	26	406	15.62
Ashlea Payne, Alta, 2001	19	287	15.11

Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch	27	431	15.96
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Angie Schinstock, Central Lee, 1998	19	278	14.63

Freshman Leaders

Ann Cavey, Lincoln, 1995	19	285	15.00
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Nicole Strasko, Roland-Story, 2006	24	345	14.40
Lindsay Hoehns, Twin Cedars, 2007	23	331	14.39
Rachel Yeggy, Highland, 2003	22	293	13.32

Single Season Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Joscelyn Coleman, Essex, 2010	22	420	19.10
Hallie Christofferson, Exira, 2010	26	409	15.70
Rachel Yeggy, Highland, 2005	26	406	15.62
Anna Sweeting, Highland, 2010	25	387	15.5
Chelsea Poppens, Ap-Parkesburg, 2009		380	15.83
Kiah Stokes, Linn-Mar, 2011	25	372	14.9
Antonea Stuckey, Davenport North, 2011	21	371	17.7
Rachel Yeggy, Highland, 2006	26	365	14.04
Stacey Schutjer, WCLT, 2007	27	361	13.60
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Kailey Kladivo, North Tama, 2012	26	357	13.7
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Jennifer Jorgensen, SE Webster-Grand 07	26	355	13.65
Stacey Schutjer, WCLT, 2008	26	354	13.61
Kelly Houser, Riceville, 2003	22	353	16.05
Kelsey Keizer, Okoboji, 2004	24	352	14.67
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Antonea Stuckey, Davenport North, 2010	22	351	16.0
Jennifer Goetz, Cardinal Stritch, 2002	27	350	12.96
Kelsey Keizer, Okoboji, 2005	24	350	14.58
Jennifer Jorgensen, SE Webster-Grand, 08 26	348		13.38

Jill Foster, North Tama, 2000	20	346	17.30
Ashtyn Veerbeek, Western Christian, 2018	24	346	14.40
Nicole Strasko, Roland-Story, 2006	24	345	14.40
Katie Dentlinger, Coon Rapids-Bayard	24	344	14.3
Kelly Houser, Riceville, 2002	23	344	14.96
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Barb Franke, Cedar Falls, 1991	27	336	12.44
Jessica Gerhart, Sentral, 2003	24	332	13.83
Lori Trumblee, Starmont, 2002	24	332	13.83
Becky Green, Wayne, 2000	30	330	11.00
Sofia Iwobi, Fairfield Maharishi, 2006	24	332	13.83
Amanda Eekhoff, Western Christian, 2004	23	332	14.22
Latasha Pendleton, Waterloo West, 2003	23	327	14.22
Kiah Stokes, Linn-Mar, 2010	26	332	13.10
Blaire Steenhoek, SE Warren, 2018		329	13.7
Sofia Iwobi, Fairfield Maharishi, 2005	25	326	13.04

Junior Leaders

Joscelyn Coleman, Essex	25	420	16.80
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Rachel Yeggy, Highland, 2005	26	406	15.62
Anna Sweeting, Highland, 2010	25	387	15.5
Stacey Schutjer, WCLT, 2007	27	361	13.60

Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Katie Dentlinger, CR-Bayard, 2010	22	322	14.6
Casey Spree, Aplington-Parkersburg, 1996	26	316	12.15
Sylvia Amlie, Cedar Falls NU High, 2012	24	315	13.7
Ann Cavey, North Cedar, 1996	26	315	12.12

Freshman Leaders

Nicole Strasko, Roland-Story, 2006	20	345	14.40
Lindsay Hoehns, Twin Cedars, 2007	23	331	14.39
Hallie Christofferson, Exira, 2007	25	314	12.56
Jennifer Goetz, Cardinal Strich, 2000		306	14.57
Rachel Yeggy, Highland, 2003	22	293	13.32

CAREER STEALS

Kelli Nelson, Exira (2001-2004)	641
Shayla Dean, Colo-Nesco (2011-2015)	605
Amy Young, Preston (1997-2001)	601
Annie Heithoff, CB St. Albert (1993-1997)	595
Rylee Menster, Springville (2014-18)	581
Autumn Feaker, Solon (1990-1994)	560
Autumn McDanel, Moravia (2013-2016)	560
Missy Hammon, Riceville (1996-2000)	559
Sara Weirather, Central Lee (1999-2003)	544
Cathy Reiter, Union (2006-2009)	522
Kayleen Beck, BGM (2011-2015)	519
Taylor Hickey, Burlington Notre Dame (2011-2015)	519
Stephanie Rich, Washington (1997-2001)	516
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	516
Natalie Raub, Union (1999-2002)	508
Jessica Vande Kooi, Hinton (1999-2003)	506
Brooke Bollmeyer, Hinton	493
Mackenzie Knox, Madrid (1999-2003)	480

Sara Stribe, Carroll (1994-1998)	479	Emma Staudt, Rockford (2014-17)	358
Linda Sayavongchanh, DM Lincoln (1998-2002)	475	Alison Rohdy, Harmony (1991-1995)	358
Carrie Norman, Lynnville-Sully (1995-1999)	471	Jenny Bridgewater, Benton (1999-2003)	357
Kayla Lindenmeyer, Bedford (2010-2013)	459	Katie Corbett, Iowa City Regina (1992-1996)	357
Carleigh Paup, Paton-Churdan (2012-16)	456	Amy Lawson, Spencer (2001-2004)	356
Shelby Reicks, Turkey Valley (2014-17)	455	Taylor Smith, Central Decatur (2006-2009)	356
Alexis Conaway, MOC-Floyd Bailey (2010-2014)	452	Faith Meyer, Pocaontas Area (2014-17)	355
Casey Huber, Denver (2001-2004)	451	Tori Hazard, Janesville (2014-17)	354
Jennifer Gries, EH-Kimballton (1995-1999)	450	Molly Goodenbour, Waterloo West (1985-1989)	354
Olivia Larsen, Newell-Fonda (2016-19)	444	Jill Brant, Garner-Hayfield (1999-2002)	354
Trista Kolder, Aplington-Parkersburg (1997-2001)	443	Victoria Leyh, Janesville (2010-14)	353
Ashley Hagedorn, IKM-Manning (2007-2010)	442	Hallie Christofferson, Exira (2005-2010)	351
Tana Colt, Akron-Westfield (2003-2007)	440	Morgan Nelson, Colo-Nesco (1998-2002)	351
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	437	Grace Meyer, Pocahontas Area (2014-17)	350
Brittani Kozik, Belle Plaine (1999-2003)	434	Demi Diedrich, Northeast (2007-11)	350
Nicki Bradley, Wilton (1990-1994)	431	Ashton Yossi, Dallas Center-Grimes (2007-2011)	350
Kayla Chapman, Treynor (2016-19)	428	Lexi Ackerman, Central Lyon (2009-2013)	350
Christa Subbert, Stanton (2003-2007)	425	Kristin Shields, Murray (2004-2007)	349
Maddie Jones, South Central Calhoun (2016-19)	425	Megan Howard, North Polk (2006-2010)	349
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Kayla Waskow, Dunkerton (2004-2008)	418	Faith Vincent, Colo-Nesco (2016-19)	347
Paige Danner, AHST (2010-2014)	415	Taylor Smith Central Decatur (2005-09)	346
Jennifer Jorgensen, SE Webster-Grand (2005-08)	414	Sarah Larsen, Mid-Prairie (1998-2002)	346
Mackenzie Small, Hinton (2007-2010)	414	Sam Norris, Martinsdale-St. Marys (2006-2011)	344
Megan Ripperton, Lone Tree (1997-2001)	419	Madison Gettler, CAM (2016-19)	343
Molly Turman, Hinton	408	Alli Masters, Central Decatur (2016-19)	342
Linda Lappe, Winfield-Mt. Union (1994-1998)	402	Meg Brandt, Ankeny Centennial (2013-16)	342
Shawna Boles, Murray (1997-2001)	401	Erica Scholtfeldt, Rock Valley (1999-2003)	342
Maddie Tusha, Garner-Hayfield-Ventura (2010-14)	400	Jackie Olson, MOC-Floyd Valley (1992-1996)	342
Ashleigh Neal, Murray (2006-2009)	399	Bridget Yoerger, Hinton	342
Tember Schechinger, IKM-Manning (2000-2012)	398	Erin Dohrmann, Sioux City North (1999-2003)	341
Linissa Bowman, Preston (1997-2001)	398	Renee Maneman, Newell-Fonda (2011-14)	341
Shelby Graves, Davis County (2010-2014)	398	Lindsay Anderson, New London (1992-1996)	339
Kelsey Johnikin, Sioux City West (2002-2006)	398	Melissa Krueger, Lone Tree (1989-1993)	339
Kristin Rasmussen, AGWSR (2003-2007)	397	Grace Rehstrom, Sioux Central (2008-2011)	338
Renae Roelfs, Mediapolis (1997-2001)	394	Cortney Kettmann, Bellevue Marquette (1997-2001)	337
Chelsea Winterboer, Sioux Central (2003-2006)	392	Shelby Johnson, Akron-Westfield (2004-2008)	337
Kary Dawson, Sibley-Ocheyedan (1993-1997)	389	Morgan Straight, Belle Plaine (2013-16)	337
Emilee Danner, Ar-We-Va (2016-19)	387	Abby Wedemier, West Central Maynard (2003-06)	335
Madison Weekly, Benton (2010-2013)	383	Sara Goodman, West Marshall (1999-2003)	334
Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	380	Amber Nicole Buch, Fairfield (2014-18)	332
Kristen Weber, Earlham (2011-2015)	379	Kinzee Hansen, CWL (1993-1997)	332
Ellie Peterson, Cedar Falls (1998-2002)	379	Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	328
Kate Galligan, Cedar Rapids Jefferson (1988-1992)	379	Lindsay Hoehns, Twin Cedars (2005-2010)	328
Angela Bock, Iowa Mennonite (1995-1999)	378	Melissa Eighmy, Mount Ayr (1994-1998)	327
Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	376	Rachel Freland, PCM (2011-2015)	327
Chelsea Poppens, Aplington-Parkersburg (2006-09)	373	Sara Robson, Belmont-Klemme (1994-1997)	325
Andrea Robertson, Vinton-Shellsburg (1992-1996)	369	Leslie Budak, Norway & Benton (1988-1992)	325
Tess Myer, Mount Ayr (2004-2009)	368	Morgan Dornbier, Mason City Newman (2007-10)	325
Maria Gonzalez, West Hancock (2013-16)	367	Lindsey Vande Wall, PCM (2006-2009)	324
Jenny Bridgewater, Benton (1999-2003)	366	Brianne Fink, West Central (1993-1996)	323
Ashley Nally, Bedford (1999-2002)	366	Heather Eiffler, Garner-Hayfield (2002-2005)	322
Devin Laughlin, East Mills (2010-2014)	365	Anna Doering, Waterloo Christian (2010-2014)	321
Sam Reiser, Waukon (2002-2005)	365	Katie Maguire, Treynor (1998-2002)	320
Shelly Scheetz, Cedar Rapids Kennedy (1987-1991)	365	Courtney Van Houweling, PCM (2011-2015)	320
Jenna Frederes, Remsen St. Mary's (2000-2003)	364	Steph Reiter, Union (2004-2008)	318
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	364	Morgan Walker Sioux Central (2008-2011)	318
Mary Berdo, Washington (1992-1996)	364	Marci Clayton, Jesup (1998-2002)	318
Mackenzie Rogers, Mediapolis (2014-18)	362	Kia Rasmussen, IKM-Manning (2014-18)	317
Melissa Krueger, Lone Tree (1990-93)	362	Allison Stracke, Harlan (1998-2002)	317
Jamie Hoover, Twin River Valley (1999-2003)	359	Marly Bussa, Camanche (2014-18)	316

Chelsey Lampe, Highland (2011-2015)	314
Jill Lacey, Hinton	314
Rylee Olson, Osage (2016-19)	314
Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	314
Katie Nieuwsma, Pella Christian (2005-2008)	313
Amy Freese, North Cedar (1993-1996)	313
Kendyl Sorge, Janesville (2011-2015)	313
Maddie Boer, North Linn (2011-2015)	312
Brittany Peterson, Spencer (2005-2009)	312
Tara Van Rees, Lynnville-Sully (2008-2011)	312
Andrea Van Vark, Pella Christian	312
Brittany Peterson, Spencer (2006-2009)	312
Katie Clarke, Adair-Casey (2010-2013)	310
Julie Bex, Highland (1990-94)	310
Konnor Sudmann, Treynor (2016-19)	309
Mykenzie Whitney, Westwood (2014-17)	308
Caitlyn Ward, Sidney (2016-19)	308
Nicole Miller, North Linn (2011-2015)	308
Alicia Mahmens, Northeast (1996-2000)	308
Jordan Gronewold, Carlisle (2005-2010)	308
Kim Schwartz, Hinton	307
Jody Dean, Postville (1993-1995)	307
Tiffany Reedy, Union (1999-02)	306
Morgan Muhlbauer, IKM-Manning (2011-2015)	305
Brianna Mensen, Maquoketa Valley (2014-2017)	305
Jody Roslansky, Harris-Lk Pk (1993-1995)	304
Fran Reis, Perry (1994-1998)	304
Missy Daughenbaugh, DM Lincoln (1985-1988)	300
Kelsey Hora, Highland (2014-17)	300

1996--Sarah Russell, CR Kennedy	21	169	8.05
1995--Jody Dean, Postville	24	207	8.63
1994--Keely Bowman, Kingsley-Pierson	18	166	9.22
1993--Nicki Bradley, Wilton	18	139	7.72
1992--Nicki Bradley, Wilton	19	112	5.89
1991--Leslie Budak, Norway	21	127	6.05
1990--Lanette Brooks, DM Lincoln	18	99	5.50
1989--Angie Slaughter, Iowa City West	21	116	5.52
1988--Dana Hinkhouse, Wilton	19	121	6.37
1987--Missy Daughenbaugh, DM Lincoln	26	158	6.08
1986--Skeeter Myers, Mount Vernon	18	102	5.67
1985--Sharita Couch, Davenport Central	20	119	5.95

All-Time Leaders

Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Kelli Nelson, Exira, 2004	25	192	7.68
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Josie Durr, Solon, 2017	22	164	7.45
Missy Hammon, Riceville, 1998	21	156	7.43
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Kayleen Beck, BGM, 2013	24	174	7.29
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24
Autumn McDaniel, Moravia, 2015	23	165	7.17
Brook Tish, Tri-County, 2004	22	156	7.09
Shayla Dean, Colo-Nesco, 2015	25	176	7.04
Autumn McDaniel, Moravia	22	155	7.04
Missy Hammon, Riceville, 1999	21	147	7.00
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Nicki Bradley, Wilton, 1994	26	180	6.92
Carlie Schaeffer, Chariton, 2017	22	152	6.91
Anny Burdorf, Emmetsburg, 1998	15	103	6.87
Annie Heithoff, CB St. Albert, 1996	24	164	6.83
Olivia Mennen, Hampton-Dumont, 1995	22	150	6.82

STEALS PER GAME

Yearly Leaders

2019 — Payton Slaughter, Cherokee	24	160	6.67
2018 — Lexi Toering, Sioux Center	27	169	6.25
2017 — Josie Durr, Solon	22	164	7.45
2016 — Autumn McDanel, Moravia	25	154	6.16
2015 — Autumn McDanel, Moravia	23	165	7.17
2014 — Autumn McDanel, Moravia	22	155	7.04
2013 - Kayleen Beck, BGM	24	174	7.29
2012 – Makenzie Zeitler, Van Buren	23	155	6.73
2011 – Demi Deidrich, Northeast	26	133	6.04
2010 - Ashley Hagedorn, IKM-Manning	23	153	6.37
2009 — Cathy Reiter, Union	22	146	6.63
2008— Cathy Reiter, Union	22	140	6.36
2007—Cathy Reiter, Union	25	139	5.56
2006—Sofia Iwobi, Maharishi	24	163	6.79
2005—Sam Reiser, Waukon	24	153	6.38
2004—Katie Kilburg, Bellevue	23	288	12.58
2003—Kelli Nelson, Exira	23	209	9.09
2002—Sara Weirather, Central Lee	25	196	7.84
2001—Amy Young, Preston	29	187	6.45
2000—McKenzie Knox, Madrid	23	148	6.43
1999—Missy Hammon, Riceville	21	147	7.00
1998—Missy Hammon, Riceville	21	156	7.43
1997--Annie Heithoff, CB St. Albert	25	190	7.60

Junior Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24

Sophomore Leaders

Missy Hammon, Riceville, 1998	21	156	7.43
Kayleen Beck, BGM, 2013	24	175	7.29
Autumn McDaniel, Moravia, 2014	22	155	7.04
Katie Corbett, Iowa City Regina, 1994	19	125	6.58
Payton Slaughter, Cherokee, 2017	25	164	6.56

Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Amber Terrell, DC-Grimes, 1996	18	108	6.00
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Missy Hammon, Riceville, 1997	22	130	5.91
Liz Trauger, Twin River Valley, 2003	22	123	5.59

TOTAL STEALS

Season Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Sara Weirather, Central Lee, 2002	25	196	7.84
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Kelli Nelson, Exira, 2004	25	192	7.68
Amy Young, Preston, 2001	29	187	6.45
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20
Nicki Bradley, Wilton, 1994	26	180	6.92
Shayla Dean, Colo-Nesco	25	176	7.04
Amy Young, Preston, 2000	28	176	6.28
Kayleen Beck, BGM, 2013	24	175	7.29
Kayla Lindenmeyer, Bedford, 2012	28	171	6.11
Josie Roslansky, Harris-LakePark, 1995	20	171	8.55
Makenzie Zeitler, Van Buren, 2012	23	171	6.73
Shayla Dean, Colo-Nesco, 2014	26	170	6.54
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Lexi Toerking, Sioux Center, 2018	27	169	6.26
Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Amy Lawson, Spencer, 2004	25	165	6.60
Carli Tritiz, Sioux City Bishop Heelan, 2010	27	165	6.11
Josie Durr, Solon, 2017	22	164	7.45
Payton Slaughter, Cherokee, 2017	25	164	6.56
Carrie Norman, Lynnville-Sully, 1999	29	164	5.66
Annie Heithoff, CB St. Albert, 1996	24	164	6.83
Tember Schechinger, IKM-Manning, 2012	27	164	6.07
Autumn McDanel, Moravia, 2015	23	163	7.14
Sofia Iwobi, Maharishi, 2006	24	163	6.79
Jessica VandKooi, Hinton, 2003	24	163	6.79
Shayla Deen, Colo-Nesco, 2013	26	162	6.23
Josie Kopal, Lawton-Bronson, 2013	28	162	5.79

Junior Leaders

Kelli Nelson, Exira, 2002	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20

Sophomore Leaders

Kayleen Beck, BGM, 2013	24	175	7.29
Payton Slaughter, Cherokee, 2017	25	164	6.56
Autumn McDaniel, Moravia, 2014	22	155	7.04
Shayla Dean, Colo-Nesco, 2013	26	162	6.23
Missy Hammon, Riceville, 1998	21	156	7.43

Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Rylee Menster, Springville, 2015	27	144	5.33
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Missy Hammon, Riceville, 1997	22	130	5.91
Taylor Hickey, Burlington ND, 2012	24	130	5.41

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Kiah Stokes, Linn-Mar (2007-2011)	515
Carah Drees, Westwood (2016-19)	503
Jessica Nikkel, Lynnville-Sully (1995-1999)	497
Jocelyn Anderson, Prairie Valley (2002-2005)	485
Mackenzie Morrison, Martensdale-St. Marys (2005-10)	473
Alysa Klein, Okoboji (2001-2004)	454
Rachel Thune, Des Moines Christian (2005-2008)	452
Kameo Pope, Belle Plaine (2010-2014)	424
Katelynn Tracy, Moravia (2010-2013)	406
Elizabeth Jenkins, Saint Ansgar (2014-18)	401
Jenny Noll, Muscatine (1988-1992)	399
Amy Herrig, Dubuque Senior (1991-1995)	397
Maddie Oliver, Roland-Story	337
Brooke Morgan, Dike-New Hartford (2012-15)	391
Lori Trumblee, Starmont (1998-2002)	381
Aimee Osborne, Sidney (2008-11)	352
Miranda Boekhout, MMC (2000-2004)	351
Tammi Blackstone, Cherokee (1992-1996)	347
Mariah McPartland, Boone (2011-2015)	346
Tonia Tauke, CB Abraham Lincoln (1992-1996)	346
Monica Huelman, Vinton-Shellsburg (1992-1996)	339
Jess Schaben, Harlan (2011-15)	338
Madison Baier, South Tama (2009-12)	337
Mia Rosener, Des Moines Christian (2014-17)	330
Stacey Schutjer, WCLT (2005-2008)	327
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	327
Molly Tideback, Waterloo Columbus (1985-1988)	322
Lea Lefebure, Camanche (2014-18)	322
Kendal Brown, Moravia (2013-2016)	320
Katie Morse, Tri-Center (1997-00)	318
Hallie Christofferson, Exira (2005-2010)	313
Quinn Ruth, Adair-Casey (2010-2013)	310
Malarie Gilley, East Greene (2007-2010)	308
Heidi Wener, Murray (1999-2003)	303
Amanda Zimmerman, Ballard (2006-2009)	303
Josie Claassen, GMG (2014-17)	293
Nina Smith, Waterloo West (1995-1999)	291
Betsy Funk, Urbandale (1998-2002)	278
Ann Straate, Postville (1998-2002)	276
Kalee Modlin, Knoxville (1998-2002)	276
Sara Aeschliman, Davis County (1999-2003)	276
Jamie Cavey, North Cedar (1997-2001)	275
Lisa Reitsma, Western Christian (1990-1994)	275
Christy Holtkamp, Central Lee (1989-1993)	273
Jessica Balek, Mason City Newman (2009-2012)	271
Mandi Harms, Shenandoah (1995-1999)	271
Samantha Uhlenkamp, Central City (2014-17)	266
Kayla Lincoln, West Central Maynard (2003-2007)	261
Serena Parker, Shenandoah (2011-2015)	261
Chelsea Poppens, Aplington-Parkersburg (2006-09)	260
Abbie Schutte, Sibley-Ocheyedan (1993-1997)	256
Mackenzie Bigbee, Williamsburg (2008-2012)	254
Ann Cavey, North Cedar (1994-1998)	254
Logan Ehlers, Shenandoah (2014-17)	253
Emily Long, Montezuma (2009-2012)	251
Ashley Sickles, Crestwood (2004-2008)	250
Stephani Atwood, Sigourney (2007-2010)	247
Julie Gallery, East Buchanan, (1993-97)	245
Kelsey McClarnon, South Page (2014-17)	245
Sienna Durr, Grinnell (2014-18)	245

Jodi Gruber, Solon (1988-1992)	243
Gina Schlesselman, Belle Plaine (1999-2003)	242
Alyssa Dunlop, Woodbine (2007-2010)	242
Haley Hillyard, Mediapolis (2010-2013)	239
DeAnn Williams, DM Roosevelt (1985-1989)	238
Kennedy Wohlford, Hampton-Dumont (2011-2015)	238
Lisa Kriener, St. Ansgar (1997-2001)	236
Katie Sorrell, Winfield-Mt. Union (1994-1998)	236
Beth Marvin, Preston (1997-2001)	233
Amelia Ivester, Cedar Rapids Xavier (2014-18)	232
Mikayla Galvin, Kee (2013-16)	232
Kate Kusters, Crestwood (1996-2000)	231
Kayla Pirtle, CR Washington (1991-1995)	231
Sadie Shuck, Hinton (2010-2013)	230
Pam Iverson, Denison-Schleswig (1994-1999)	230
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	226
Kristen De Ronde, Pella Christian	224
Ashtyn Veerbeek, Western Christian (2014-18)	224
Barb Bennett, Ames (1994-1997)	223
Holly Bock, Mason City Newman (2013-2016)	222
Amber Kirschbaum, Spirit Lake (2006-2009)	221
Allie Lamb, English Valleys (2001-2005)	221
Kim Trine, Burlington Notre Dame (1994-1998)	221
Haley Delperding, Remsen St. Mary's (2014-17)	220
Addie Oberman, Northeast (2010-14)	216
Nicky Wieben, Ankeny (2002-2005)	214
Jessica Gerhart, Sentral (1999-2003)	214
Kadie Subbert, Stanton (2007-2011)	213
Jackee Meyer, Belmont-Klemme (2014-16)	213
Brittany Arwine, Dunkerton	207
Jodi DeVries, Aplington-Parkersburg (1993-1996)	206
Amanda Berner, Calamus-Wheatland (1997-2001)	205
Claudia Larsen, Newell-Fonda (2011-14)	204
Rylee Andresen, Midland (2013-16)	204
Shelly DeJong, Unity Christian (1991-93)	204
Rylee Voss, English Valleys (2011-2015)	201
Erin Wibholm, West Marshall (1997-200)	200
Lexy Koudelka, Nevada (2014-18)	200
Tammy Lansing, North Fayette (2004-2007)	200
Alli Masters, Central Decatur (2016-19)	198
Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	197
Grace Blomstedt, Red Oak (2012-2015)	196
Abbie Hauptert, CMB (2011-14)	196
Millie Niggeling, Sioux City Bishop Heelan (2005-10)	196
Elsa Anderson, Des Moines Christian (2011-2015)	195
Ashley Tull, North Linn (2014-18)	194
Emily Beerman, CAM (2010-2013)	192
Lizzy Stachon, Dowling Catholic (2007-2011)	192
Tiffany Cox, Sioux City North (1989-1993)	191
Molly Forsythe, Jesup (2002-2005)	190
Lara Marske, Spencer (1998-2001)	190
Jamie Boyd, Underwood (2000-2004)	188
Rachel Yeggy, Highland (2002-06)	187
Rylee Eakins, Davis County (2010-2014)	187
Janine Gremmel, Dubuque Wahlert(1984-1988)	187
Michelle Krough, Benton (1986-1990)	186
Kiana Barney, Cedar Falls (2014-18)	185
Kylee Burt, Belmont-Klemme (1995-1999)	180
Katie Schmidt, Saydel (2014-18)	179
Katie Kriener, Crestwood (1993-1996)	179
Morgan Salow, West Delaware (2001-05)	178

Tori Hazard, Janesville (2014-17)	178
Tarah Meyer, West Lyon (2011-2015)	176
Andrea Markey, Colo-Nesco (2003-2006)	174
Anna Kiel, Unity Christian (2012-16)	172
Andrea Larson, Mediapolis (2011-2015)	172
Amy Bohner, Underwood (2001-2005)	171
Bailey Halbur, Manning/IKM-Manning (2006-2009)	169
Megan Brandt, Spencer (2002-2006)	169
Tierranny Keahna, South Tama (2013-16)	165
Stephanie Bishop, Muscatine (1992-1994)	165
Michelle Smith, Crestwood (1999-2003)	164
Bethany Weber, Mediapolis (2003-2006)	164
Brianna Konz, Spaling Catholic (2007-2010)	163
Kate Hartman, Northwood-Kensett (2005-2010)	162
Kennedy Brown, Iowa City Regina (2013-2016)	162
Jessica Keefe, Ames (2000-2004)	161
Kara Haugen, Waterloo Columbus (1991-1995)	159
Kristin Martindale, Spencer (2010-2014)	158
Lacey Geitzenaur, Sentral (1999-2003)	157
Ireland Hostetler, Mid-Prairie (2014-17)	156
Samantha Opal, East Mills (2013-16)	156
Kenzie Mantz, Belle Plaine (2016-19)	156
Shari Davis, Denver (1995-1999)	154
Kaitlyn Volesky, Mount Vernon (2014-17)	153
Zoe Young, West Des Moines (2016-19)	152
Jenny DeSmet, HLV (1993-96)	151
Darcy Hirt, Highland (1987-1991)	151
Jennifer Schmann, Newell-Fonda (2001-05)	151
Ali Browning, Iowa City Regina (2005-2010)	150

BLOCKED SHOTS PER GAME

Yearly Leaders

2019 — Taryn Scheuermann, Van Buren	23	181	7.87
2018 — Carah Drees, Westwood	22	169	7.68
2017 — Elizabeth Jenkins, Saint Ansgar	22	155	7.05
2016 — Mia Rosener, DM Christian	24	144	6.00
2015 — Gracey Griglione, I-35	24	115	4.79
2014 — Gracey Griglione, I-35	23	140	6.09
2013 — Brooke Morgan, Dike-New Hartford	23	158	6.87
2012 - Kaz Brown, Cedar Falls	23	13-	5.65
2011 — Katelynn Tracy, Moravia	19	120	6.31
2010 - Megan Flemr, Lone Tree	24	141	5.45
2009 — Kiah Stokes, Linn-Mar	25	160	6.40
2008—Rachel Thune, DM Christian	24	167	6.96
2007—Rachel Thune, DM Christian	25	161	6.44
2006—Madelyn Houser, Gilbert	21	109	5.19
2005—Jocelyn Anderson, Prairie Valley	22	108	4.91
2004—Kayla Ashland, Sheldon	23	147	6.39
2003_Jocelyn Anderson, Prairie Valley	21	148	7.05
2002—Gillian Goering, Waterloo West	14	101	7.21
2001—Alysa Klein, Okoboji	18	104	5.78
2000—Lori Trumblee, Starmont	22	146	6.64
1999—Jenny Hemann, Osage	20	149	7.45
1998—Anna Borman, Sentral	17	109	6.41
1997—Julie Gallery, East Buchanan	17	115	6.76
1996--Jennifer Perkins, FD St. Edmond	19	143	7.53
1995--Amy Herrig, Dubuque Senior	22	136	6.18
1994--Julie Wollesen, Lawton-Bronson	18	148	8.22

1993--Christy Holtkamp, Central Lee	22	116	5.27
1992--Dee Dee Madison, Davenport North	17	104	6.12
1991--Tiffany Cox, Sioux City North	20	113	5.65
1990--Jenny Noll, Muscatine	23	150	6.52
1989--Michelle Krough, Benton	19	86	4.53
1988--DeAnn Williams, DM Roosevelt	22	150	6.82
1987--Molly Tideback, Waterloo Columbus	26	108	4.15
1986--Brenda Johnson, Maquoketa	22	99	4.50
1985--Julie Palmer, Cedar Rapids Regis	21	72	3.43

All-Time Leaders

Julie Wolleson, Lawton-Bronson,1994	18	148	8.22
Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Jennifer Perkins, FD St. Edmond,1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Julie Gallery, East Buchanan,1996	18	130	7.22
Gillian Goering, Waterloo West, 2001	14	101	7.21
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
Rachel Thune, DM Christian, 2008	24	167	6.96
Brooke Morgan, Dike-New Hartford	23	158	6.87
DeAnnWilliams, DM Roosevelt,1988	22	150	6.82
Julie Gallery, East Buchanan, 1997	17	115	6.76
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Lori Trumblee, Starmont, 2000	22	146	6.64
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Carah Drees, Westwood, 2017	23	171	6.57
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Jenny Noll, Muscatine,1990	23	150	6.52
Rachel Thune, DM Christian, 2007	25	161	6.44
Jessie Van Gilder, SE Webster, 1997	16	103	6.44
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Anna Bormann, Sentral, 1998	17	109	6.41
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Kayla Ashland, Sheldon, 2004	23	147	6.39
Sarah Aeschliman, Davis County, 2002	15	95	6.33
Katelynn Tracy, Moravia, 2011	19	120	6.31
Lisa Reitsma, Western Christian, 1994	20	126	6.30
Deb Freking, LeMars,1990	19	118	6.21

Junior Leaders

Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Julie Gallery, East Buchanan, 1996	18	130	7.22
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
DeAnn Willams, DM Roosevelt,1988	22	150	6.82

Sophomore Leaders

Jennifer Perkins, FD St. Edmond,1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Brooke Morgan, Dike-New Hartford	23	158	6.87
Lori Trumblee, Starmont, 2000	22	146	6.64

Freshman Leaders

Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Gracey Griglione, I-35, 2014	23	140	6.09

Alysa Klein, Okoboji, 2001	18	104	5.78
Taryn Scheuermann, Van Buren, 2017	23	132	5.74
Katelynn Tracy, Moravis, 2010	19	105	5.52

TOTAL BLOCKED SHOTS

Season Leaders

Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Mackenzie Morrison, Martensdale-SM, 2011	28	172	6.14
Carah Drees, Westwood, 2018	22	169	7.68
Rachel Thune, DM Christian, 2008	24	167	6.96
Rachel Thune, DM Christian, 2007	25	161	6.44
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.04
Carah Drees, Westwood, 2017	23	151	6.57
Jessica Nikkel, Lynnville-Sully, 1999	29	150	5.17
DeAnn Williams, DM Roosevelt,1988	22	150	6.82
Jenny Noll, Muscatine, 1990	23	150	6.52
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Julie Wolleson, Lawton-Bronson, 1994	18	148	8.22
Kayla Ashland, Sheldon, 2004	23	147	6.39
Lori Trumblee, Starmont, 2000	22	146	6.64
Mia Rosener, Des Moines Christian, 2016	24	144	6.00
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2011	25	141	5.64
Jessica Nikkel, Lynnville-Sully, 1998	27	141	5.22
Jessica Nikkel, Lynnville-Sully, 1997	26	141	5.42
Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
ToniaTauke,CB AbrahamLincoln1995	26	139	5.35

Junior Leaders

Taryn Scheuermann, Van Buren	23	181	7.87
Carah Drees, Westwood, 2018	22	169	6.87
Rachel Thune, DM Christian, 2007	25	161	6.44
Elizabeth Jenkins, Saint Ansgar	22	155	7.05
DeAnn Williams, DM Roosevelt,1988	22	150	6.82
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43

Sophomore Leaders

Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Carah Drees, Westwood, 2017	23	151	6.57
Jenny Noll, Muscatine,1990	23	150	6.52

Freshman Leaders

Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Taryn Scheuermann, Westwood, 2017	23	132	5.74
Katelynn Tracy, Moravia, 2010	19	105	5.53
Alysa Klein, Okoboji, 2001	18	104	5.78

CAREER ASSISTS

Elle Ruffridge, Pocahontas Area (2014-17)	802
Jamie Sickles, Wapsie Valley (2002-2006)	793
Mary Berdo, Washington (1992-1996)	745
Mackenzie Rogers, Mediapolis (2014-18)	702
Taylor Hickey, Burlington Notre Dame (2011-2015)	696
Brittany Peterson, Spencer (2006-2009)	683
Ellie Friesen, Osage/Crestwood (2014-18)	681
Linda Lappe, Winfield-Mt. Union (1994-1998)	652
Lindsey Meder, Solon (1994-1998)	625
Jennifer Jorgensen, SE Webster-Grand (2005-08)	621
Gabbie Binion, Davenport Assumption (2004-2008)	599
Chelsey Lamker, MFL-Mar-Mac (2006-2010)	570
Erica Scholtfeldt, Rock Valley (1999-2003)	567
Sara Goodman, West Marshall (1999-2003)	561
Megan Ripperton, Lone Tree (1997-2001)	561
Trista Kolder, Aplington-Parkersburg (1997-2001)	557
Autumn McDanel, Moravia (2013-2016)	552
Lana Otting, Cascade (2004-2008)	552
Shelby Johnson, Akron-Westfield (2004-2008)	540
Renee Maneman, Newell-Fonda (2011-14)	537
Sara Stribe, Carroll (1994-1998)	536
Morgan Flaherty, Pocahontas Area (2000-03)	527
Heather Lauman, Farragut (2001-2003)	523
Shelby Reicks, Turkey Valley (2014-17)	518
Fran Ries, Perry (1994-1998)	516
Carrie Norman, Lynnville-Sully (1995-1999)	515
Andee Martin, Westwood (2016-19)	514
Kylee Hoewood, Iowa City Regina (2005-2010)	511
Amy Lawson, Spencer (2001-2004)	511
Corinna Schropp, New London (1997-2001)	505
Kelsey Homewood, Iowa City Regina (2001-04)	502
Mackenzie Small, Hinton (2007-2010)	501
Stephanie Rich, Washington (1997-2001)	500
Ashley Atwood, Van Buren (2003-2006)	499
Devin Laughlin, East Mills (2010-2014)	498
Lexi Ackerman, Central Lyon (2009-2014)	491
Kristin Rasmussen, AGWSR (2003-2007)	490
Maggie Gorman, Denison-Schleswig (1994-1998)	484
Elizabeth Rocca, Lone Tree (1990-93)	486
Molly Turman, Hinton (1998-2002)	483
Jennifer Goetz, Cardinal Stritch (1999-2003)	482
Amy Diedrich, Northeast (1995-1999)	481
Kelley Westhoff, Dubuque Wahlert (1989-1993)	481
Jackie Olson, MOC-Floyd Valley (1992-1996)	479
Crystal Anderson, Forest City (1997-2001)	479
Autumn Feaker, Solon (1990-1994)	473
Nicole Miller, North Linn (2011-2015)	467
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	467
Kelli Nelson, Exira (2001-2004)	464
Annie Heithoff, CB St. Albert (1993-1997)	461
Elizabeth Rocca, Lone Tree (1989-1993)	460
Shayla Dean, Colo-Nesco (2011-2015)	459

Lindsay Smith, Central DeWitt (2008-2011)	455
Kate Walker, Red Oak, (2011-2015)	455
Maddie Jones, South Central Calhoun (2016-19)	453
Kristin Shields, Murray (2004-2007)	448
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	448
Shellie Mossman, Carroll (2003-2006)	448
Jenna Frederes, Remsen St. Mary's (2000-2003)	447
Rylee Menster, Springville (2014-18)	447
Emily Wassom, Spencer (2004-2008)	447
Aubrey Dolan, East Buchanan (1999-2003)	442
Tina Marshall, Keokuk Cardinal Stritch (1986-1990)	442
Heather Eiffler, Garner-Hayfield (2002-2005)	441
Meghan Brue, Underwood (2001-2004)	441
Kerry Juhlin, Cedar Falls (1997-2001)	437
Ali Hansen, WDM Dowling (1995-1999)	439
Kary Dawson, Sibley-Ocheyedan (1993-1997)	439
Mikkell Korver, MOC—Floyd Valley (1997-01)	435
Kylan Loney, Ames (1997-2001)	431
Kate Galligan, CR Jefferson (1988-1992)	429
Linda Sayavongchanh, DM Lincoln (1998-2002)	428
Zoe Young, West Des Moines Valley (2016-19)	427
Megan Spurgin, FM Aquinas (1990-1994)	425
Trisha Nesbitt, Ames (2005-2009)	424
Kelly Leerar, West Hancock (2014-18)	423
Jen Steines, Central DeWitt (1994-1998)	423
Paige Greiner, Williamsburg (2010-2014)	423
Renae Roelfs, Mediapolis (1997-2001)	420
Megan Wagaman, Springville (2013-2016)	420
Jordan Gronewold, Carlisle (2005-2010)	419
Lana Otting Cascade (2004-07)	417
Kia Rasmussen, IKM-Manning (2014-18)	416
Kirstin Nelson, Oelwein (2005-2009)	415
Kristie Langbehn, Durant(1985-1989)	413
Amy Huyser, Lynnville-Sully (1997-2000)	412
Olivia Olson, Mason City Newman (2007-10)	408
Keri Feilen, CB Abraham Lincoln(1992-1996)	406
Heather Laumann, Farragut (1999-2005)	404
Cortney Kettmann, Bellevue Marquette (1997-2001)	404
Kylan Loney, Ames (1997-2001)	402
Heidi Hillyard, Mediapolis (2011-2015)	401
Molly Pickering, Carlisle (1993-1996)	399
Shelby Graves, Davis County (2010-14)	398
Grace Meyer, Pocahontas Area (2014-17)	398
Shannan Smith, Waterloo West (1990-1994)	397
Lindsey Vande Wall, PCM (2006-2009)	396
Rachel Culp, Newell-Fonda (2006-09)	394
Emily Schweer, Denver (2005-2010)	394
Liz Schnurr, FD St. Edmond (1996-2000)	394
Chelsey Winterboer, Sioux Central (2003-2006)	392
Pamela Masker, Underwood (2001-2005)	391
Molly Goodenbour, Waterloo West (1985-1989)	388
Sara Weirather, Central Lee (1999-2005)	387
Natalie Raub, Union (1999-2002)	385
Julie Bex, Highland (1990-04)	384
Kaisha Brown, Spirit Lake (2004-2008)	383
Erica Huyser, Lynnville-Sully (1993-96)	383
Marina Keck, Kingsley-Pierson	383
Olivia Larsen, Newell-Fonda (2016-19)	380
Sarah Culp, Newell-Fonda (2004-07)	379
Mallory Cunard, Missouri Valley (2006-2009)	378
Angela Bock, Iowa Mennonite (1995-1999)	377

Lauren Christianson, Manson-NW Webster (2007-10)	376	Alison Rohdy, Harmony (1991-1995)	346
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	376	Morgan Muhlbauer, IKM-Manning (2011-2015)	344
Brianna Mensen, Maquoketa Valley (2014-2017)	375	Amy Young, Preston (1997-2001)	344
Abby Emmert, Winterset (2000-2004)	375	Melissa Eighmy, Mount Ayr (1994-1998)	344
Autumn Bartel, Cherokee (2001-2005)	373	Missy Barrier, Tri-Center (2002-2005)	344
Rebecca Lampe, Highlang (2005-08)	373	Jessica Stanek, Tripoli (1999-2003)	343
Carrie Woods, Martensdale-SM (2005-2010)	372	Cass Peterson, Alta (1996-2000)	342
Abby Wedemeier, West Central Maynard (2003-06)	372	Jordan Waddell, Guthrie Center (2003-07)	342
Kylie Vogel, Camanche (2010-14)	371	Rachel Handeland, Clear Lake (1995-1999)	341
Faith Vincent, Colo-Nesco (2016-19)	370	Ashley Nally, Bedford (1999-2002)	341
Christa Subbert, Stanton (2003-2007)	369	Kandy Beemer, Bedford (2002-2005)	341
Jordyn Moser, Harlan (2013-2016)	369	Ashlea Payne, Alta (1998-2002)	341
Erica Junod, Ankeny (1995-1999)	369	Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	340
Katie Etter, Sigourney (2004-2008)	368	Mackenzie Knox, Madrid (1999-2003)	340
Konnor Sudmann, Treynor (2016-19)	367	Ashley Salgado, Ottumwa (2008-2012)	339
Alli Masters, Central Decatur (2016-19)	366	Kayla Gaskill, IKM (2002-2006)	339
Carly Martin, Springville (2006-2009)	365	Alex Mohr, Denison-Schleswig (2016-19)	338
Madison Weekly, Benton (2010-2013)	365	Kelsey Johnikin, Sioux City West (2002-2006)	337
Becca Fisher, Benton (2005-2009)	365	Britny Halleland, Roland-Story	337
Kristen Weber, Earlham (2011-2015)	364	Sam Norris, Martensdale St. Marys (2006-2011)	337
Ashley Hagedorn, IKM-Manning (2007-2010)	364	Becky Strathman, CR Regis & CR Wash (1991-1995)	337
Holly Janssen, Nashua-Plainfield (2002-2005)	363	Tember Schechinger, IKM-Manning (2009-2012)	336
Brittany Lampe, Highland (2000-04)	362	Torie Alexander, Eddyville-Blakesburg-Fremont (2014-18)	336
Morgan Paige, Marion (2005-2010)	362	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	336
Alicia Mahmens, Northeast (1993-1997)	362	Maddie Boer, North Linn (2011-2015)	335
Ally Jensen, Ballard (2006-2009)	362	Emily Frisk, Ames (2011-2015)	334
Katie Nieuwsma, Pella Christian (2005-2008)	360	Tori Hazard, Janesville (2014-17)	333
Kayla Waskow, Dunkerton (2004-2008)	360	Sheri Sutherland, Northeast Hamilton (1994-1997)	331
Samantha Harrington, Nashua-Plainfield (2004-2007)	360	Amber Nicole Buch, Fairfield (2014-18)	331
Erin Fox, Denver (1993-1995)	357	Melissa Krueger, Lone Tree (1990-93)	331
Lauren Miller, English Valleys (2011-15)	357	Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	331
Morgan Flaherty, Pocahontas Area (1999-2003)	357	Kortney Drake, Wilton	331
Jamie Dalbey, Ottumwa (1994-1998)	356	Ashton Moody, Hinton (2008-2011)	330
Felicity Jackson, CAM (2014-17)	356	Dani Thrush, Keokuk (1992-1995)	330
Mollie Kleopfer, Highland (2005-2010)	356	Brittani Kozik, Belle Plaine (1999-2005)	330
Kinzey Dutler, Ridge View (2016-19)	356	Molly Boylan, Exira (2006-2009)	329
Madi Agey, West Des Moines Valley (2011-14)	355	Katie Schechinger, IKM/IKM-Manning (2006-2009)	328
Erin Gerke, Newell-Fonda (2014-17)	355	Madison Dreckman, LeMars (2016-19)	328
Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	355	Jessie Clarahan, Sigourney (1994-1997)	327
Kiersten Pauling, DM Lincoln (1989-1993)	354	Lauren Christianson, Manson-NW Webster (2005-2010)	326
Katie Thompson, Aplington-Parkersburg (2010-2013)	353	Paige O'Neal, Sergeant Bluff-Luton (2007-2011)	325
Elly Arganbright, Panorama (2007-2010)	353	Erin Sheeley, Postville (1999-2003)	325
Abby Musser, Woodward-Granger (2011-2015)	352	Camryn McClintock, Sidney (2016-19)	324
Ashley Zobel, OA-BCIG (2008-2011)	352	Emily Dolan, East Buchanan (1996-2000)	324
Alicia Onnen, Manson-NW Webster (2007-2010)	352	Briana Baker-Bruce, Janesville (2016-19)	323
Janeen Fell, Garner-Hayfield (1999-2003)	351	Christy Hebert, CR Jefferson (1989-1993)	321
Britt Siebels, Anamosa (1989-1993)	351	Amy Freese, North Cedar (1993-1996)	320
Chloe Rice, Marion (2014-18)	351	Casey McDermott, Newton (2004-07)	317
Anna Conover, Lynnville-Sully (1996-99)	350	Lisa Rasmusson, Colo-Nesco (1996-2000)	317
Emma Veentstra, Des Moines Christian (2016-19)	350	McKaya O'Neil, Shenandoah (2014-17)	317
Laura Knudtson, Lake Mills (2014-18)	350	Rebecca Schroeder, Bellevue (2014-18)	317
Tara Van Rees, Lynnville-Sully (2008-2011)	349	Melissa Krueger, Lone Tree (1989-1993)	317
Megan Fetter, West Delaware (1999-2003)	349	Julie Bex, Highland (1990-1994)	317
Morgan Markert, Manson-NW Webster (2007-2010)	349	Megan Peschong, Okoboji (2013-16)	316
Dana Kester, Jesup (1996-2000)	349	Kim Altman, Bettendorf (1988-1992)	316
Molly Sanders, Ames (2011-2015)	348	Brooklyn Allgood, Saydel (2011-15)	315
Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	348	Keisha Cox, Des Moines Lincoln (1990-1994)	313
Janeen Fell, Garner-Hayfield (2000-2003)	347	Sami Stogdill, Central Decatur (2006-2009)	312
Taylor Smith, Central Decatur (2006-2009)	346	Tracy Paustian, Davenport West (1997-2001)	311
Brittany Lange, Sac City (2002-2005)	346	Alexa Wehrle, Louisa-Muscatine (2016-19)	310
Stacy Frese, CR Washington (1991-1995)	346	Chelsey Lampe, Highland (2011-2015)	310

Marla Metzger, Valley Community (2006-2009)	309
Taylor Schafbuch, Belle Plaine (2005-2010)	308
Katie Lorber, New London (2002-2005)	308
Traci Ollendieck, Crestwood (1999-2003)	308
Tess Myer, Mount Ayr (2004-2009)	308
Angie Lloyd, North Mahaska (2001-04)	307
Bailey Stroud, Columbus Community (2014-17)	307
Jessie Biggs, Ottumwa (1999-2003)	307
Shelly Sheetz, Cedar Rapids Kennedy (1987-1991)	306
Traci Ollendieck, Crestwood (1999-2003)	306
Ashley Sieverding, Bellevue Marquette (2001-05)	305
Tracy Paustian, Davenport West (1997-2001)	305
Faith Meyer, Pocahontas Area (2014-17)	304
Taylor Wagner, Harlan (2011-2015)	303
Megan Weirather, Central Lee (2003-2006)	303
Shawna Boles, Murray (1997-2001)	303
Kari Knopf, WDM Dowling (1989-1993)	303
Megan Meyer, Mason City (2016-19)	302
Jill Lacey, Hinton	302
Paul Pugh, Columbus (1996-1999)	302
Brianne Fink, West Central (1993-1996)	302
Leslie Budak, Norway & Benton (1988-1992)	302
Paige Danner, AHST (2010-2014)	302
Aubrie Fisher, AGWSR (2016-19)	301
Cass Peterson, Alta (1994-1998)	300
Savannah Domeyer, Clayton Rlge (2014-17)	301
Jessica VanderKooi, Hinton	301
Kayla Lincoln, West Central Maynard (2003-2007)	301
Jamie Hoover, Twin River Valley (1999-2003)	300

ASSISTS PER GAME

Yearly Leaders

2019 — Helaina Hillyard, Mediapolis	23	172	7.48
2018 — Ellie Friesen, Crestwood	26	245	9.42
2017 — Agatha Beier, Carlisle	23	197	8.61
2016 — Elle Ruffridge, Pocahontas Area	27	230	8.51
2015 — Mackenzie Rogers, Mediapolis	26	200	7.69
2014 — Jaci Stumpf, FD St. Edmond	23	200	8.70
2013 - Lexi Ackerman, Central Lyon	28	232	8.29
2012 — Amanda Busta, Forest City	22	159	7.22
2011 — Ashley Smith, Iowa Falls-Alden	23	164	7.13
2010 — Kylee Homewood, IC Regina	23	190	8.26
2009—Brittany Peterson, Spencer, 2009	25	209	8.36
2008—Jennifer Jorgensen, SE Webster	26	230	8.84
2007—Brittany Peterson, Spencer	22	186	8.45
2006—Gabbie Binion, Dav. Assumption	26	190	7.30
2005—Jamie Sickles, Wapsie Valley	22	198	9.00
2004--Jamie Sickles, Wapsie Valley	23	233	10.13
2003—Jamie Sickles, Wapsie Valley	24	194	8.08
2002—Heather Laumann, Farragut	21	181	8.62
2001—Jill Smith, Aurelia	21	171	8.14
2000—Laura Freitag, Central Lee	25	197	7.88
1999—Lindsey Stoll, Bondurant-Farrar	24	196	8.17
1998—Anny Burdorf, Emmetsburg	15	141	9.40
1997--Lisa Cowling, Clarke	23	204	8.87
1996--Lisa Cowling, Clarke	19	152	8.00
1995--Erin Fox, Denver	24	217	9.04
1994--Mary Berdo, Washington	24	240	10.00
1993--Mary Berdo, Washington	21	191	9.10

1992--Kelley Westhoff, Dubuque Wahlert	22	194	8.82
1991 --Rose Frieburger, Iowa Deaf	16	114	7.13
1990--Tina Marshall, Cardinal Stritch	20	210	10.50
1989--Tina Marshall, Cardinal Stritch	22	174	7.91
1988--Kristie Langbehn, Durant	21	154	7.33
1987--Sara Liebscher, Dav. Assumption	14	88	6.29
1986--Jeannie Caroway, Maquoketa	23	165	7.17
1985--Linda Hillebrand, Davenport West	20	90	4.50

All-Time Leaders

Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Ellie Friesen, Crestwood, 2018	26	245	9.42
Anny Burdorf, Emmetsburg, 1998	15	141	9.40
Mary Berdo, Washington, 1993	21	191	9.10
Erin Fox, Denver, 1995	24	217	9.04
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Lisa Cowling, Clarke, 1997	23	204	8.87
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Britt Siebels, Anamosa, 1993	16	140	8.75
Jaci Stumpf, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Agatha Baier, Carlisle, 2017	23	197	8.61
Elle Ruffridge, Pocahontas, 2016	27	230	8.51
Brittany Peterson, Spencer, 2007	22	186	8.45
Brittany Peterson, Spencer, 2009	25	209	8.36
Jill Smith, Aurelia, 2002	22	184	8.36
Lexi Ackerman, Central Lyon	28	232	8.29
Kylee Homewood, IC Regina, 2010	23	190	8.26
Lindsay Courtney, Creston, 1997	19	157	8.26
Brittany Lampe, Highland, 2004	25	205	8.20
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Jill Smith, Aurelia, 2001	21	171	8.14
Maggie Gorman, Denison-Schleswig, 1997	22	178	8.09
Zoey Artist, CAM, 1977	23	186	8.09

Junior Leaders

Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Kelly Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Jaci Stumpf, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51

Sophomore Leaders

Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Mackenzie Rogers, Mediapolis, 2016	22	174	7.91
Jodie Biestedt, Sentral, 1999	22	170	7.73
Brittany Heines, Postville, 2004	15	115	7.67

Freshman Leaders

Mary Berdo, Washington, 1993	21	191	9.10
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
TiffanyWimberly, Melcher-Dallas, 1996	19	135	7.11
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80

TOTAL ASSISTS

Season Leaders

Ellie Friesen, Crestwood, 2018	26	245	9.42
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Lexi Ackerman, Central Lyon, 2013	28	232	8.29
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Erin Fox, Denver, 1995	24	217	9.04
Laura Freitag, Central Lee, 2000	28	212	7.57
Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Brittany Peterson, Spencer, 2009	25	209	8.36
Gabbie Binion, Davenport Assumption, 08	27	209	7.74
Linda Lappe, Winfield-Mt. Union, 1998	28	208	7.43
Brittany Lampe, Highland, 2004	15	205	8.20
Lisa Cowling, Clarke, 1997	23	204	8.87
Elle Ruffridge, Pocahontas Area, 2017	28	203	7.25
Mackenzie Neely, Roland-Story, 2009	26	202	7.76
Jaci Stumpf, Fort Dodge St. Edmond, 2014	23	200	8.70
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Elle Ruffridge, Pocahontas Area, 2015	27	199	7.37
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Agatha Baier, Carlisle, 2017	23	197	8.57
Zoey Artist, CAM, 1997	23	197	8.09
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.84

Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Taylor Hickey, Burlington Notre Dame, 203126	194		7.46

Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jaci Stumpf, Fort Dodge St. Edmond, 2014	23	200	8.70
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82

Sophomore Leaders

Mary Berdo, Washington, 1994	24	240	10.00
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Elle Ruffridge, Burlington ND, 2015	27	199	7.37
Taylor Hickey, Burlington ND, 2013	26	194	7.46
Sara Goodman, West Marshall, 2001	25	188	7.52

Freshman Leaders

Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mary Berdo, Washington, 1993	21	191	9.10
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80
Taylor Hickey, Burlington ND, 2012	24	156	6.50