



**Like A Girl.**

# Iowa Girl Award

## 2022-2023 School Year Application

The Iowa Girl Award honors graduating female student-athletes who have distinguished themselves throughout their high school careers in the areas of academic achievement, athletics excellence, service and leadership.

The IGHSAU encourages each member school to honor its top graduating female student-athlete whose experiences as a scholar, an athlete and a leader in her school and in her community have influenced her life and empowered her to have a positive impact on others.

### Eligibility for the Iowa Girl award:

- The nominee must have competed and earned a varsity letter in an IGHSAU sanctioned sport.
- The nominee must have a minimum cumulative grade-point average of 2.50 on a 4.00 scale.
- The nominee must be a graduating senior in the year the award is presented.

### Awards schedule:

- The Iowa Girl selected by her school will receive a medallion for presentation at the school.
- Member school nomination(s) must be submitted to the IGHSAU by **FRIDAY, APRIL 21, 2023**.
- Please send this page with the completed information to Ben Van Wyk, [ben@ighsau.org](mailto:ben@ighsau.org). No other information is required.

## 2023 Iowa Girl Award

Name of Nominee: \_\_\_\_\_

Nominee Email: \_\_\_\_\_

High School: \_\_\_\_\_

Nominated By: \_\_\_\_\_

Position / Title: \_\_\_\_\_

Nominator Email: \_\_\_\_\_

**Iowa Girl Award**

**Nominator Worksheet**

**Please consider information from the following areas when determining your school's choice for the Iowa Girl Award. IT IS NOT NECESSARY TO FILL OUT AND RETURN THIS INFORMATION. EACH SCHOOL IS FREE TO SELECT THE RECIPIENT OF THE IOWA GIRL AWARD.**

**Athletic Involvement & Achievements (Year/Title/Award or Info)**

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**Non-Sport Extra Curricular Involvement & Achievements (Year/Title/Award or Info)**

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**Academic Involvement & Achievements (Year/Title/Award or Info)**

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**Community Involvement & Achievements (Year/Title/Award or Info)**

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**Anything else you would like to add...**

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