



Iowa Girl Award

Like A Girl.

2024-2025 School Year Application

The Iowa Girl Award honors graduating female student-athletes who have distinguished themselves throughout their high school careers in the areas of academic achievement, athletics excellence, service and leadership.

The IGHSAU encourages each member school to honor its top graduating female student-athlete whose experiences as a scholar, an athlete and a leader in her school and in her community have influenced her life and empowered her to have a positive impact on others.

Eligibility for the Iowa Girl award:

- The nominee must have competed and earned a varsity letter in an IGHSAU sanctioned sport.
- The nominee must have a minimum cumulative grade-point average of 2.50 on a 4.00 scale.
- The nominee must be a graduating senior in the year the award is presented.
- Each school gets one nominee. Please confer within your athletic department as needed.

Awards schedule:

- The Iowa Girl selected by her school will receive a medallion for presentation at the school.
- The medallion will be mailed directly to the school, with attention to the Activities Director.
- Member school nomination(s) must be submitted to the IGHSAU by **FRIDAY, APRIL 25, 2025**.
- Please send this page with the completed information to Ben Van Wyk, ben@ighsau.org. No other information is required.

2024-2025 Iowa Girl Award

Name of Nominee: _____

High School: _____

Nominated By: _____

Position / Title: _____

Nominator Email: _____