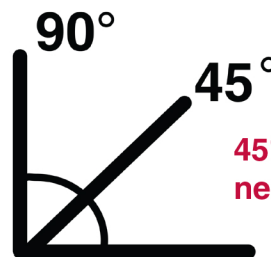
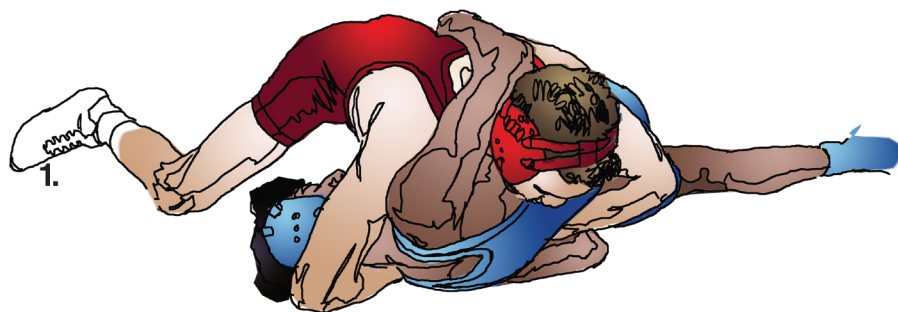


1. **Wrestler A** restrains **Wrestler B** above 46° this does not meet near-fall criteria

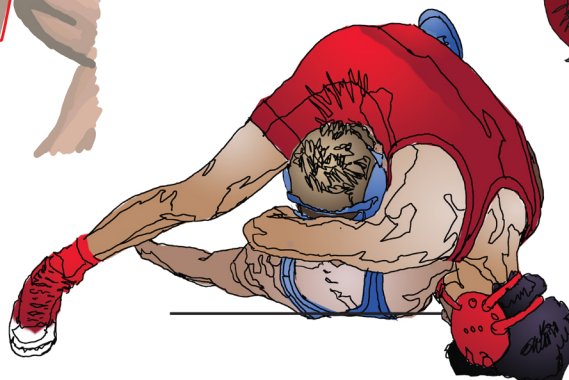
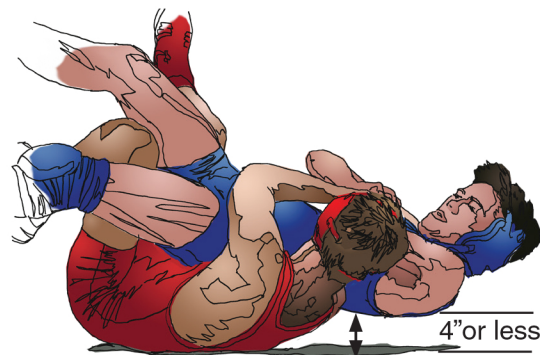
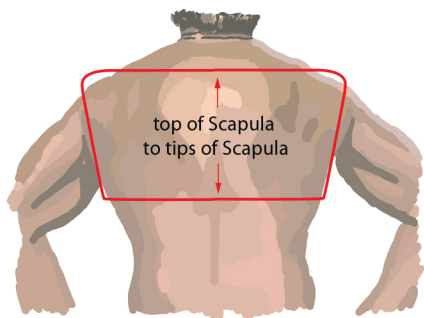


45° or less start nearfall count

Rule 5-11-2a: Criteria for a near-fall occurs when any part of both shoulders or both scapulae of the defensive wrestler are held **within 4 inches** of the mat or less; or when one shoulder or scapulae of the defensive wrestler is touching the mat and the other shoulder or scapulae is held at **45 degrees or less** with the mat; or when the defensive wrestler is held in a **high bridge or on both elbows**.



2. **Wrestler A** restrains **Wrestler B** at or below a 45° angle while the other shoulder is held in contact with the mat. **2 continuous seconds earns a 2-point NF, 3-continuous seconds earn 3-point NF, 4 continuous seconds earns a 4-point NF.**



3. / 4. **Wrestler A** restrains **Wrestler B's** pinning area within 4 inches of the mat. This is near-fall criteria.