



AD's and Coaches:

Thank you for a wonderful girls' wrestling season. In our third season we feel we have made many improvements but also have a long way to go as we continue to monitor growth, and the many changes associated with the sport. To help us continue to evaluate where we are in Iowa, please take the following two surveys before February 26th.

[End of the Year IGHSAU Survey](#)

[NFHS Survey](#)

We will be meeting with our Wrestling Advisory Committee on March 25th to go over the data from this past season and start planning for the 2025-26 season. Please note that we understand the State Tournament Live Stream was not up to a standard we are proud of and are already addressing that for next season. We also intend to discuss 1A/2A classification numbers and the future addition of a dual tournament. Please make sure to reach out to a representative below if you have anything you would like to have brought to the committee, preferably before March 10th.

AD Chairperson- Taylor Chapman, Spencer

Official- Shawn Angell, Jefferson

Coaches:

Ali Gerbracht, Cedar Falls

Joel Allen, Wahlert Catholic

Erin Hume, Colfax-Mingo

Jake Munson, Solon

Maggie Arnold, Creston

Troy Greder, Ridge View

IWCOA Reps:

Clint Koedam, SBL

Jeff Jager, Central Lyon

Just a reminder we are now in the off season for girls wrestling. Please see out of season coach athlete contact regulations below.

36.15(6) Summer camps and clinics and coaching contacts out of season.

a. School personnel, whether employed or volunteers, of a member or associate member school shall not coach that school's student athletes during the school year in a sport for which the school personnel are currently under contract or are volunteers, outside the period from the official first day of practice through the finals of tournament play. Provided, however, school personnel may coach a senior student from the coach's school in an all-star contest once the senior student's interscholastic athletic season for that sport has concluded. In addition, volunteer or compensated coaching personnel shall not require students to participate in any activities outside the season of that coach's sport as a condition of participation in the coach's sport during its season.

Please go to the following link on the IGHSAU website for more information regarding coach-athlete contact and the different scenarios presented within the athletic space:

[LINK](#)

Lastley, you can find all professional photos taken by the IGHSAU photographer including podium photos [HERE](#).

Congratulations on a great season, please let us know if anything comes up in the off season.

Erin Gerlich, Executive Director

Madison Melchert, Assistant Director