

IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA
Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

printed: 10/21/2022 11:45 AM

EVENT ENTRIES

#7 Class 4A Girls 5000M

#	Name	Yr	Team
268	Meredith Frandsen	FR	Ames
269	Claire Helmers	SO	Ames
270	Cameron Moon	SR	Ames
271	Lauren Risdal	SO	Ames
272	Payton Stewart	SR	Ames
273	Marley Turk	SO	Ames
274	Sydney Turk	SR	Ames
275	Drew Beason	SO	Ankeny
276	Paige Beason	SR	Ankeny
277	Gwen Briggs	JR	Ankeny
278	Alex Gloviak	SR	Ankeny
279	Sophia Graber	SO	Ankeny
280	Brylee Moyer	SR	Ankeny
281	Raegan Prendergast	FR	Ankeny
282	Cora DenHartog	SO	Ankeny Centennial
283	Julia Flick	SO	Ankeny Centennial
284	Bella Hodges	SO	Ankeny Centennial
285	Anika Mohrhauser	SO	Ankeny Centennial
286	Kylee Patterson	FR	Ankeny Centennial
287	Anja Peck	JR	Ankeny Centennial
288	Rondi Quass	SR	Ankeny Centennial
289	Annabelle Everding	SO	Bettendorf
290	Emily See	JR	Bettendorf
291	Anna Becker	JR	Cedar Falls
292	Maddie Gallagher	JR	Cedar Falls
293	Rachel Mandt	SR	Cedar Falls
294	Anna Scannell	SR	Cedar Falls
295	Josee Simonson	SO	Cedar Falls
296	Jaden Swarts	SR	Cedar Falls
297	Zoe Zylstra	SO	Cedar Falls
298	Makenna Hetrick	JR	Cedar Rapids Washing
299	Maddy Stevens	SO	Dallas Center-Grimes
300	Merin Crowder	SR	Davenport Central
301	Dylan Moeller	SO	Davenport Central
302	Kylie Daily	JR	Davenport West
303	Ada Bogdanski	FR	Des Moines Roosevelt
304	Adrienne Buettner-Cabl	SR	Des Moines Roosevelt
305	Elena Gentry	JR	Des Moines Roosevelt
306	Meredith Gentry	FR	Des Moines Roosevelt
307	Abi Hahn	SR	Des Moines Roosevelt
308	Arianna Jackson	SR	Des Moines Roosevelt
309	Charlotte McCoy	FR	Des Moines Roosevelt
310	Lauryn Frerichs	SR	Dowling Catholic West
311	Sally Gaskell	SR	Dowling Catholic West
312	Liv Hall	JR	Dowling Catholic West
313	Elise Huegerich	FR	Dowling Catholic West

#7 Class 4A Girls 5000M (cont'd)

#	Name	Yr	Team
314	Avery Muller	JR	Dowling Catholic West
315	Meredith Schultz	SR	Dowling Catholic West
316	Abby Ziegert	JR	Dowling Catholic West
317	Sophia Dallal	SR	Dubuque Hempstead
318	Maddie Digman	SR	Dubuque Hempstead
319	Julia Gehl	JR	Dubuque Hempstead
320	Evie Henneberry	SO	Dubuque Hempstead
321	Keelee Leitzen	JR	Dubuque Hempstead
322	Brooke O'Brien	SR	Dubuque Hempstead
323	Natalie Schlichte	SR	Dubuque Hempstead
324	Emma Chesterman	FR	Dubuque Senior
325	Emily Gorton	SO	Dubuque Senior
326	Georgia Harms	SR	Dubuque Senior
327	Claire Hoyer	SO	Dubuque Senior
328	Nevaeh Kessler	FR	Dubuque Senior
329	Leah Klapatauskas	JR	Dubuque Senior
330	Kaitlyn Miller	JR	Dubuque Senior
331	Gracie Foster	JR	Indianola
332	Emily Naughton	SR	Indianola
333	Erin Anderson	SR	Iowa City City High
334	Abigail Burns	FR	Iowa City City High
335	Nina Kuhlmann	SO	Iowa City City High
336	Nicole Peterson	SO	Iowa City City High
337	Nina Peterson	SO	Iowa City City High
338	Ani Wedemeyer	SO	Iowa City City High
339	Iris Wedemeyer	SR	Iowa City City High
340	Maggie Burry	JR	Johnston
341	Audrey Dummermuth	FR	Johnston
342	Micah Fitzgerald	FR	Johnston
343	Krissy Spear	JR	Johnston
344	Olivia Verde	JR	Johnston
345	Abigail Wharton	JR	Johnston
346	Alyx Woodley	FR	Johnston
347	Rachel Adamson	SR	Linn-Mar Marion
348	Jordyn Beck	SR	Linn-Mar Marion
349	Ally Buck	JR	Linn-Mar Marion
350	Addie Domer	FR	Linn-Mar Marion
351	Chloe Egbert	FR	Linn-Mar Marion
352	Bethany Northrup	SR	Linn-Mar Marion
353	Abbey Vezina	SR	Linn-Mar Marion
354	Audra Mulholland	JR	Mason City
355	Kaitlyn Knoche	SR	North Scott Eldridge
356	Peyton Madison	JR	North Scott Eldridge
357	Breelie Mauro	SR	Norwalk Community
358	Grace Boleyn	SO	Pleasant Valley
359	Josie Case	JR	Pleasant Valley

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#	Name	Yr	Team
360	Jaylee Duncan	FR	Pleasant Valley
361	Sophia Foad	SO	Pleasant Valley
362	Gretchen Highberger	SR	Pleasant Valley
363	Lexi Minard	JR	Pleasant Valley
364	Lydia Sommer	SR	Pleasant Valley
365	Olivia Divoky	FR	Prairie Cedar Rapids
366	Keirra Hess	JR	Prairie Cedar Rapids
367	Elizabeth Jordan	SR	Sioux City North
368	Taylor Barbour	SO	Southeast Polk
369	Alyssa Bartlett	SO	Southeast Polk
370	Carli Bennett	JR	Southeast Polk
371	Jenna Francois	SR	Southeast Polk
372	Ivy Glendening	JR	Southeast Polk
373	Libby Hartz	JR	Southeast Polk
374	Jacie Mitchell	SR	Southeast Polk
375	Sophia Huber	SR	Urbandale
376	Norah Seeley	JR	Urbandale
377	Greta Bergman	FR	Valley West Des Moines
378	Addison Dorenkamp	JR	Valley West Des Moines
379	Coco Kooker	SO	Valley West Des Moines
380	Klaire Lietz	SO	Valley West Des Moines
381	Autumn Mills	SO	Valley West Des Moines
382	Raegan Reuter	FR	Valley West Des Moines
383	Cali Trygstad	SR	Valley West Des Moines
384	Anna Barry	SR	Waukee
385	Emma Baumgart	SR	Waukee
386	Hayden Beyer	FR	Waukee
387	Sydney Burrier	FR	Waukee
388	Michelle McConkey	FR	Waukee
389	Bella Webb	SR	Waukee
390	Mallory Wurth	SO	Waukee
391	Finley Habgood	JR	Waukee Northwest
392	Lillian Sundet	JR	Waukee Northwest

#5 Class 3A Girls 5000M

#	Name	Yr	Team
1	Hannah Desmarais	SO	ADM Adel
2	Haley James	FR	ADM Adel
3	Gracelyn Martens Sinn	JR	ADM Adel
4	Paige Mattes	JR	ADM Adel
5	Alaina Nelson	FR	ADM Adel
6	Mackealin Sutton	SO	ADM Adel
7	Geneva Timmerman	SR	ADM Adel
8	Moriah Knapp	SR	Algona
9	Emerson Quick	JR	Assumption Davenport
10	Belle Berg	JR	Atlantic
11	Claire Pellett	JR	Atlantic
12	Ava Rush	SR	Atlantic
13	McKenzie Dee	FR	Ballard
14	Annika Larson	SO	Ballard
15	Raegan Loewe	SO	Ballard
16	Paityn Noe	SR	Ballard
17	Ava Richardson	SO	Ballard
18	Avelyn Vance	JR	Ballard
19	Brynn Wilson	SO	Ballard
20	Jaida Lyons	JR	Benton Community
21	Maddie Demke	JR	Bishop Heelan Catholic
22	Ashleigh Jochum	FR	Bishop Heelan Catholic
23	Ellie Ritz	SR	Bishop Heelan Catholic
24	Grace Roerig	FR	Bishop Heelan Catholic
25	Delaney Saulsbury	SO	Bishop Heelan Catholic
26	Brooklyn Stanley	JR	Bishop Heelan Catholic
27	Scarlett Walsh	JR	Bishop Heelan Catholic
28	Elyse Zwart	SO	Boyden-Hull
29	Maya Bergstrom	JR	Carlisle
30	Sophia Carney	FR	Carlisle
31	Marie Daggett	JR	Carlisle
32	Kira Fisk	SO	Carlisle
33	Riley Gach	FR	Carlisle
34	Hannah McGraw	SR	Carlisle
35	Riley Sievers	SR	Carlisle
36	Madison Bockenstedt	SO	Center Point-Urbana
37	Sophia Gentz	SR	Center Point-Urbana
38	Deni Katcher	FR	Center Point-Urbana
39	Sydney McCormick	SO	Center Point-Urbana
40	Lily Miller	FR	Center Point-Urbana
41	Julia Paine	SO	Center Point-Urbana
42	Emma Wilkerson	JR	Center Point-Urbana
43	Haidyn Barker	SR	Clear Creek-Amana
44	Kira Barker	SO	Clear Creek-Amana
45	Sara Kinzenbaw	SO	Clear Creek-Amana
46	Eva Leighton-Dick	SO	Clear Creek-Amana

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#5 Class 3A Girls 5000M (cont'd)

#	Name	Yr	Team
47	Kiera Rogers	JR	Clear Creek-Amana
48	Harper Tecklenburg	SO	Clear Creek-Amana
49	Raegan Wyant	SO	Clear Creek-Amana
50	Addison Doughan	SO	Clear Lake
51	Lauren Englin	FR	Clear Lake
52	Anna Feuerbach	JR	Clear Lake
53	Alexis Hauge	JR	Clear Lake
54	Jadyn Heesch	SR	Clear Lake
55	Emily McLaughlin	JR	Clear Lake
56	Rebekah Steinbron	SO	Clear Lake
57	Lola Mendlik	SO	Denison Community
58	Alyssa Klein	JR	Epworth Western Dubu
59	Bella Meyers	SO	Epworth Western Dubu
60	Addison Rump	FR	Fort Madison
61	Avery Rump	FR	Fort Madison
62	Keira Andersen	FR	Gilbert
63	Claire Grandgenett	SO	Gilbert
64	Nora Kalvik	SR	Gilbert
65	Abby McGuire	SR	Gilbert
66	Abby Patel	SO	Gilbert
67	Clare Stahr	JR	Gilbert
68	Sarah Thatcher	JR	Gilbert
69	Madelyn Berglund	SO	Glenwood
70	Emerson Griffin	SR	Glenwood
71	Haylee Hughes	FR	Glenwood
72	Lauren Hughes	JR	Glenwood
73	Ryley Nebel	SR	Glenwood
74	Breckyn Petersen	SO	Glenwood
75	Brooklyn Schultz	SO	Glenwood
76	Lydia Maas	JR	Hampton-Dumont-CAL
77	Kayla Anderson	SO	Harlan
78	Taylor Bieker	JR	Harlan
79	Jenna Gessert	SR	Harlan
80	Brylee Schechinger	SO	Harlan
81	Emily Schechinger	JR	Harlan
82	Lily Schechinger	FR	Harlan
83	Lindsey Sonderman	SO	Harlan
84	Brynn Malo	FR	Humboldt
85	Teah Miller	SR	Iowa Falls-Alden/AGWS
86	Nakia Ollivierre	FR	Iowa Falls-Alden/AGWS
87	Marie Dea	JR	Kuemper Catholic Carro
88	Makenzie DeRocher	FR	LeMars
89	Olivia Bahrke	FR	Moc-Floyd Valley
90	Aryana Dokter	SR	Moc-Floyd Valley
91	Biyanca Dokter	SR	Moc-Floyd Valley
92	Rachel Haverdink	FR	Moc-Floyd Valley

#5 Class 3A Girls 5000M (cont'd)

#	Name	Yr	Team
93	Sarah May	SO	Moc-Floyd Valley
94	Teagan Tracy	FR	Moc-Floyd Valley
95	Elin Van Der Werff	SO	Moc-Floyd Valley
96	Hailey Bock	SO	Mount Vernon-Lisbon
97	Edith Dawson	FR	Mount Vernon-Lisbon
98	Emrie Johnson	SO	Mount Vernon-Lisbon
99	Lourdes Mason	SR	Mount Vernon-Lisbon
100	Gabi Moehlman	SR	Mount Vernon-Lisbon
101	Kiersten Swart	FR	Mount Vernon-Lisbon
102	Laura Swart	SR	Mount Vernon-Lisbon
103	Hadley Kruse	SO	Newton
104	Mya Bond	FR	North Polk Alleman
105	Liza Schaffer	SR	North Polk Alleman
106	Tierney Carter	FR	Oskaloosa
107	Autumn Blink	JR	Pella
108	Sophia Boonstra	JR	Pella
109	Marissa Ferebee	FR	Pella
110	Lizzie Neumann	FR	Pella
111	Tess Paulsen	JR	Pella
112	Macy Schroeder	JR	Pella
113	Jacie Trine	JR	Pella
114	Corrine Mccord	SO	Sioux Center
115	Kendra Zeutenhorst	JR	Sioux Center
116	Sydney Dee	SO	Solon
117	Mara Duster	SR	Solon
118	Gracie Federspiel	JR	Solon
119	Mary Fiala	SR	Solon
120	Ella Sheeley	SO	Solon
121	Ashlyn Williams	JR	Solon
122	Kayla Young	SR	Solon
123	Peyton Morey	SO	Spencer
124	Lilian Graham	SO	Wahlert Dubuque
125	Lucy Murphy	FR	Wahlert Dubuque
126	Lilah Takes	SR	Wahlert Dubuque
127	Alyvia Anderson	SO	Washington
128	Angeline Anderson	FR	Washington
129	Iris Dahl	FR	Washington
130	Quincy Griffis	SO	Washington
131	Kendall Hinrichsen	SO	Washington
132	Lauren Horak	SO	Washington
133	Isabella Lujan	SO	Washington
134	Sydney Bochmann	JR	Waverly-Shell Rock
135	Morgan Sutton	JR	Winterset
136	Emma Arnold	SR	Xavier Cedar Rapids

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EVENT ENTRIES**#3 Class 2A Girls 5000M**

#	Name	Yr	Team
822	Juliana Brown	JR	Albia
823	Lily Buckingham	SO	Albia
824	Makenna Cronin	JR	Albia
825	Avery Major	JR	Albia
826	McKenna Montgomery	FR	Albia
827	Olivia Sheffield	SO	Albia
828	Serene Thompson	SO	Albia
829	Ava Remley	FR	Anamosa
830	Maria Dudzik	JR	Beckman Catholic Dyer
831	Abby Knepper	SR	Beckman Catholic Dyer
832	Maria Kruse	JR	Beckman Catholic Dyer
833	Julia Mertz	JR	Beckman Catholic Dyer
834	Ellie Recker	SR	Beckman Catholic Dyer
835	Madelyn Reiter	SO	Beckman Catholic Dyer
836	Jordan Thier	SR	Beckman Catholic Dyer
837	Gretchyn Fairlie	SO	Camanche
838	McKenna Benson	SO	Cherokee Washington
839	Megan Courtright	JR	Cherokee Washington
840	Julia Letsche	SR	Cherokee Washington
841	Riley Lubeck	SR	Cherokee Washington
842	Abryl Mongan	FR	Cherokee Washington
843	Ella Simonsen	FR	Cherokee Washington
844	Grace Woodall	FR	Cherokee Washington
845	Mayson Hartley	SR	Clarinda
846	Raenna Henke	SO	Clarinda
847	Amelia Hesse	JR	Clarinda
848	Maya Hunter	FR	Clarinda
849	Addison Moore	SO	Clarinda
850	Richlyn Muff	FR	Clarinda
851	Taylor Rasmussen	FR	Clarinda
852	Madison Hellman	JR	Columbus Catholic Wat
853	Kinze Shea	JR	Crestwood Cresco
854	Karston Nebel	JR	Davis County Bloomfiel
855	Aubrey Decker	JR	Denver
856	Laci Even	SR	Denver
857	Hailey Homan	SO	Denver
858	Avery McIntosh	FR	Denver
859	Anna Mulert	SO	Denver
860	Reeve Ristau	SO	Denver
861	Avery Trunkhill	FR	Denver
862	Meryl Casady	FR	Des Moines Christian
863	Tessa Erzen	SR	Des Moines Christian
864	Gabby Grove	SO	Des Moines Christian
865	Ella Jicinsky	JR	Des Moines Christian
866	Sophia Pothoven	JR	Des Moines Christian
867	Madison Shimp	SR	Des Moines Christian

#3 Class 2A Girls 5000M (cont'd)

#	Name	Yr	Team
868	Reagan Zimmer	SO	Des Moines Christian
869	Izzy Houts	JR	Dike-New Hartford
870	Jaselyn Anderson	JR	Estherville Lincoln Cent
871	Lilian Nelson	SR	Forest City
872	Grace Storjohann	FR	GCGR Grundy Center
873	Hannah Anderson	JR	GLR-CL
874	Kadence Boender	SR	GLR-CL
875	Ella Jager	JR	GLR-CL
876	Molly Konechne	FR	GLR-CL
877	Lexi Landis	JR	GLR-CL
878	Afton Schlumbolm	SR	GLR-CL
879	Mary Schriever	JR	GLR-CL
880	Mackenzie Wilson	SO	Jesup
881	Clare Wright	JR	Jesup
882	Rachel Putze	FR	Kingsley-Pierson/Wood
883	Tabitha Evans	SR	Mid-Prairie Wellman
884	Abby Fleming	JR	Mid-Prairie Wellman
885	Danielle Hostetler	JR	Mid-Prairie Wellman
886	Amara Jones	SR	Mid-Prairie Wellman
887	Dessa Poll	SO	Mid-Prairie Wellman
888	Phoebe Shetler	JR	Mid-Prairie Wellman
889	Greta Sieren	JR	Mid-Prairie Wellman
890	Emma Althoff	SR	Monticello
891	Ava Capron	SO	Monticello
892	Emily Hendricks	SR	Monticello
893	Marisa Kehoe	JR	Monticello
894	Leah Koehler	SO	Monticello
895	Halle Recker	FR	Monticello
896	Leah Schemmel	FR	Monticello
897	Bailey Cox	SR	New Hampton
898	Tegan Dungey	FR	New Hampton
899	Kandice Eggerichs	SR	New Hampton
900	Ella Knutson	FR	New Hampton
901	Campbelle Kolbet	SR	New Hampton
902	Natalie Nosbisch	SO	New Hampton
903	Catherine Pethoud	SR	New Hampton
904	Ava Bilden	JR	North Fayette Valley
905	Braelyn Meyer	SO	North Fayette Valley
906	Cenady Soenksen	SR	Northeast Goose Lake
907	Maryn Frein	JR	Okoboji Milford
908	Scarlett Byrnes	FR	Osage
909	Katelyn Johnston	SR	Osage
910	Abi Teeter	FR	PCM Monroe
911	Amelia Boender	JR	Pella Christian
912	Karis Fikkert	JR	Pella Christian
913	Jaclyn Holmes	JR	Pella Christian

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#	Name	Yr	Team
914	Metje Michmershuizen	SR	Pella Christian
915	Katy Roose	SR	Pella Christian
916	Joslyn Terpstra	SR	Pella Christian
917	Bailey Vos	FR	Pella Christian
918	Kristin Axman	FR	Pocahontas Area
919	Claire Truesdell	SO	Roland-Story Story City
920	Hailey Egbert	SO	Shenandoah
921	Chloe Judisch		South Central Calhoun
922	Iris Melody	FR	South Central Calhoun
923	Katelyn Krieger	SR	Spirit Lake
924	Hillary Trainor	JR	Sumner-Fredericksburg
925	Alivia Edens	JR	Tipton
926	Chloe Klabo	JR	Tipton
927	Claire Montgomery	SO	Tipton
928	Addie Nerem	JR	Tipton
929	Laura Owen	SO	Tipton
930	Coryn Wallick	SR	Tipton
931	Mack Walter	JR	Tipton
932	Alyssa Kulesa	JR	Treynor
933	Lilly Irwin	JR	Underwood
934	Amilia Condon	SO	Union La Porte City
935	Lauren Youngblut	JR	Union La Porte City
936	Jaidyn De Jong	SO	Unity Christian Orange
937	Elizabeth Hoogland	SO	Unity Christian Orange
938	Olivia Hoogland	JR	Unity Christian Orange
939	Abby Klompier	SO	Unity Christian Orange
940	Megan Te Krony	SR	Unity Christian Orange
941	Mikayla Vollink	JR	Unity Christian Orange
942	Katie Young	FR	Unity Christian Orange
943	Bella Bruins	FR	Van Meter
944	Brooklyn Fryar	JR	Van Meter
945	Olivia Halfpap	FR	Van Meter
946	Clare Kelly	SR	Van Meter
947	Mary Kelly	SR	Van Meter
948	Lizzy McCann	FR	Van Meter
949	Emma McCoy	SO	Van Meter
950	Addie Thompson	FR	West Marshall State Ce
951	Kyrin DeGroot	SO	Western Christian Hull
952	Zada Buchholtz	JR	Williamsburg
953	Analise DeWitt	FR	Williamsburg
954	Ashlyn Hoffman	FR	Williamsburg
955	Macey Marovets	SR	Williamsburg
956	Reagan McMenemy	JR	Williamsburg
957	Maelyn Parsons	SO	Williamsburg
958	Tori Yunggebauer	SR	Williamsburg
959	Audra Coss	FR	Wilton

#1 Class 1A Girls 5000M

#	Name	Yr	Team
516	Ava Campbell	SO	ACGC
517	Breyer Anderson	SO	Alta-Aurelia
518	Joelle Arnts	SR	Alta-Aurelia
519	Hayden Berkland	FR	Alta-Aurelia
520	Lainey Buckendahl	FR	Alta-Aurelia
521	Brielle Engelmann	SR	Alta-Aurelia
522	Nora Peterson	SO	Alta-Aurelia
523	Taylor Robertson	JR	Alta-Aurelia
524	Maddy Childs	SR	Ankeny Christian Acade
525	Stefi Beisswenger	SO	Audubon
526	Abby Kemp	SO	BCLUW Conrad
527	Noelle Steines	SO	Calamus-Wheatland
528	Grace Bower	SR	Cascade Western Dubu
529	Ayda DeLaRosa	SR	Cascade Western Dubu
530	Hallie Kelchen	FR	Cascade Western Dubu
531	Delaney Kremer	SO	Cascade Western Dubu
532	Lilly Supple	FR	Cascade Western Dubu
533	Lilly Topping	SR	Cascade Western Dubu
534	Annie Trumm	FR	Cascade Western Dubu
535	Addyson Schreck	SO	Central Decatur Leon
536	Hannah Asche	SR	Central Elkader
537	Jaydin Dettman	JR	Central Elkader
538	Claire Rye	SO	Central Springs
539	Alaina Gourley	FR	Danville
540	Kamryn Sherwood	JR	Danville
541	Carlie Jo Fusco	SR	Durant
542	Lily Dixon	SR	Earlham
543	Hannah Frank	SO	Earlham
544	Mackenzie Harger	FR	Earlham
545	Taylor Jensen	SR	Earlham
546	Amanda Smith	FR	Earlham
547	Olivia Spurling	JR	Earlham
548	Katie Steward	JR	Earlham
549	Hannah Wilson	SO	Fremont-Mills Tabor
550	Sofia Brown	JR	Hudson
551	Mollie Hansen	FR	Hudson
552	Kate Holton	FR	Hudson
553	Desi Lang	FR	Hudson
554	Jasmine Oleson	SR	Hudson
555	Savannah Schneider	JR	Hudson
556	Ella Steele	FR	Hudson
557	Emily Albertsen	SO	IKM-Manning
558	Taylor Beckendorf	SO	IKM-Manning
559	Reagan Garrison	SO	IKM-Manning
560	Lauren Irlbeck	SR	IKM-Manning
561	Maddie Snyder	SR	IKM-Manning

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#	Name	Yr	Team
562	Kaitlynn Spoelstra	SR	IKM-Manning
563	Julianna Stribe	SR	IKM-Manning
564	Jolee Mesz	SR	Lawton-Bronson
565	Jada Cohn	SR	Logan-Magnolia
566	Haedyn Hall	SO	Logan-Magnolia
567	Greylan Hornbeck	SR	Logan-Magnolia
568	Allysen Johnsen	FR	Logan-Magnolia
569	Cora Killpack	JR	Logan-Magnolia
570	Mya Moss	SR	Logan-Magnolia
571	Madison Sporrer	SO	Logan-Magnolia
572	Vivian Zaruba	SO	Lone Tree
573	Olivia Norrish	SO	Lynnville-Sully
574	Greenlee Smock	SR	Lynnville-Sully
575	Katelyn Brandhorst	FR	Madrid
576	Alex Grimm	JR	Madrid
577	Mila Grothus	SO	Madrid
578	Skyler Havlik	SR	Madrid
579	Preslei Pflug	SO	Madrid
580	Piper Steberg	SR	Madrid
581	Emily White	SR	Madrid
582	Preslie Oswald	SR	Manson Northwest Web
583	Alyssa Richman	SO	Manson Northwest Web
584	Tayrn Burbridge	FR	Maquoketa Valley Delhi
585	Karson Oberender	FR	Martensdale-St. Marys
586	Cora Keehner	FR	MFL MarMac
587	Kadence Huck	SO	Nashua-Plainfield
588	Hunter Jones	SR	North Cedar Stanwood
589	Elizabeth Beenken	SR	North Iowa Buffalo Cent
590	Miriam Beenken	JR	North Iowa Buffalo Cent
591	Lauren Hillesland	FR	North Iowa Buffalo Cent
592	Becca Hofmann	JR	North Iowa Buffalo Cent
593	Ava Meinders	FR	North Iowa Buffalo Cent
594	Alyssa Olson	SO	North Iowa Buffalo Cent
595	Mackenzie Bridgewater	SO	North Linn Troy Mills
596	Bryn Collum	SO	North Linn Troy Mills
597	Peyton McMahon	FR	North Linn Troy Mills
598	Abby Michael	FR	North Linn Troy Mills
599	Carly Myers	JR	North Linn Troy Mills
600	Carly Ries	FR	North Linn Troy Mills
601	Meghan Wheatley	JR	North Linn Troy Mills
602	Steil Aly	FR	North Mahaska New Sh
603	Ava Breakenridge	SO	North Tama Traer
604	Jamie Jacobs	JR	North Tama Traer
605	Olivia Ketter	SR	North Tama Traer
606	Grace Lidgett	SR	North Tama Traer
607	Gabby Seda	FR	North Tama Traer

#1 Class 1A Girls 5000M (cont'd)

#	Name	Yr	Team
608	Jacey Welbig	SO	North Union
609	Kayden Spencer	SR	Ogden
610	Mary Fett	FR	Panorama Panora
611	Rena Eubanks	SO	Pekin
612	Audrey Fariss	JR	Pekin
613	Chloe Glosser	FR	Pekin
614	Brooke Miller	SR	Pekin
615	Lauren Steigleder	JR	Pekin
616	Lexi Swearingen	JR	Pekin
617	Brooke Sylvester	SO	Pekin
618	Faith Boileau	JR	Regina Iowa City
619	Ruby Eastman	FR	Regina Iowa City
620	Grace Gaarde	SR	Regina Iowa City
621	Ruby Greving	FR	Regina Iowa City
622	Ellie Johnson	FR	Regina Iowa City
623	Cate Klitgaard	JR	Regina Iowa City
624	Mya Whitaker	SR	Regina Iowa City
625	Jaycie Vohs	JR	Ridge View
626	Carly Henderson	JR	Riverside Oakland
627	Bailey Richardson	FR	Riverside Oakland
628	Madison Brouwer	SR	Sibley-Ocheyedan
629	Teagan Henrichs	JR	Sibley-Ocheyedan
630	Olivia Hensch	JR	Sibley-Ocheyedan
631	Macey Hoekstra	JR	Sibley-Ocheyedan
632	Madison Marco	SR	Sibley-Ocheyedan
633	Bria Wasmund	SR	Sibley-Ocheyedan
634	Alayna Wingate	SR	Sibley-Ocheyedan
635	Linnea Bloom	SO	Sioux Central Sioux Ra
636	Madison Stille	JR	South Hardin
637	Anna Dietzenbach	SR	South Winneshiek
638	Megan Hageman	SR	South Winneshiek
639	Maddi Jansen	FR	South Winneshiek
640	Josie Tieskoetter	JR	South Winneshiek
641	Billie Wagner	SR	South Winneshiek
642	Karissa Wenthold	SO	South Winneshiek
643	Ella Willey	SR	South Winneshiek
644	Kaleigh Harvey	SO	Southeast Warren Liber
645	Reese Duncan	JR	St. Albert Council Bluffs
646	Klara Baker	SR	St. Edmond Fort Dodge
647	Andee Barwin	JR	St. Edmond Fort Dodge
648	Ellie Knox	SO	St. Edmond Fort Dodge
649	Anna Kolacia	SR	St. Edmond Fort Dodge
650	Hannah Landwehr	JR	St. Edmond Fort Dodge
651	Michaela Leiting	JR	St. Edmond Fort Dodge
652	Anna Lursen	FR	St. Edmond Fort Dodge
653	London Miller	FR	Tripoli

IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

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EVENT ENTRIES

#1 Class 1A Girls 5000M (cont'd)

#	Name	Yr	Team
654	Rylee Dunkin	SR	Twin Cedars Bussey
655	Brylee Bellis	SR	Wapsie Valley Fairbank
656	Brooklyn Etringer	SR	Wapsie Valley Fairbank
657	Tyra Schupbach	FR	West Bend-Mallard
658	Chloe Broer	FR	West Monona Onawa
659	Reagan Cogdill	SO	Woodbine Community
660	Adyson Lapel	SO	Woodbine Community
661	Addison Murdock	JR	Woodbine Community
662	Kylie Neligh	JR	Woodbine Community
663	Elise Olson	SO	Woodbine Community
664	Nicole Sherer	SR	Woodbine Community
665	Bailey Steppuhn	FR	Woodbine Community
666	Eva Fleshner	FR	Woodward-Granger