The Iowa Girls High School Athletic Union will be using TrackWrestling to seed the state wrestling tournament. Each weight class will be seeded using a computerized system – with oversight provided by the IGHSAU – and each wrestler will be seeded.

CRITERIA

The criteria used by TrackWrestling to determine seeds gives points to qualifiers based on the following factors, listed in order of their use, and in comparison, to every other wrestler in that bracket:

- 1. Head-to-head competition
- 2. Competition against common opponents
- 3. Returning state champion
- 4. Returning second- or third-place finisher in previous season (equal value)
- 5. Returning fourth- through eighth-place finisher from previous season (valued in order)
- 6. Regional Place
- 7. Returning state qualifier in previous season
- 8. Winning percentage in the current season

When compared to every other wrestler in their bracket, qualifiers receive point(s) for their criteria advantage, reaching a maximum of 31 points per bracket. You earn a point against a wrestler once a criteria is met. If Wrestler A has head-to-head over B, then A gets the point. If they split, then the criteria will move to Common opponent and so on down the line until a criteria is either pushed one way or another. If no decision can be made using the criteria and winning percentages are the same, each wrestler receives a half-point (0.5 point).