

# STATE TRACK & FIELD RELAY ENTRY FORM

Iowa Girls High School Athletic Union • PO Box 10348, Des Moines, IA 50306



## IMPORTANT

Bring this sheet to the south door of the press box if your running order is ***different than the regional order***. Changes made in running order between preliminaries and finals must also be reported to the south door of the press box.

SCHOOL NAME \_\_\_\_\_ CLASS \_\_\_\_\_

COACH NAME \_\_\_\_\_

### 4x100 Meter Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### 4x200 Meter Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### 4x400 Meter Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### 4x800 Meter Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### 1600 Meter Distance Medley Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### 800 Meter Sprint Medley Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

### Shuttle Hurdle Relay

GR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_