



Iowa Girls' High School Athletic Union

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Volleyball Memo #1 August 8, 2022

Happy First Day of Practice! Please take a minute to read over the items below pertaining to the 2022 Volleyball Season.

2022 Season Manual: General information for the 2022 season regarding practices, scrimmage allowances, playing dates, etc. can be found in the [2022 Volleyball Season Manual](#) on the IGHSAU website. Please take time to review that information as needed.

2022 Season Prospectus: The [2022 Volleyball Prospectus](#) is available on the IGHSAU website. Please return to Jason Eslinger (jasoneslinger@ighsau.org) by August 19th.

2022 Final Classifications: Final classifications for the 2022 season are scheduled to be posted this Friday (8/12). Please double-check your schools' BEDS number on the [Tentative Classification](#) previously posted on 7/12 on our website.

Bound Directory / Email Notifications: ADs – please check to ensure that your volleyball coach is receiving this memo. If they are not, please update your directory on Bound! We use that listing for our mass email communication for memos, pairings, pairing changes, weekly ratings, etc.

Concussion Management Course – All junior high and high school coaches (**paid and volunteer**) are required to view the course [Concussion in Sports](#) before the first official day of practice in the first sport they coach.

Coaches Online Rules Meeting – The Coaches Rules Meeting is available on Bound under the IGHSAU tab. This must be completed before your first competition or by September 12th. ALL head varsity coaches must view the Rules Meeting. **Failure to view the Rules Meeting by the deadline may result in that head coach not being allowed to coach their team during the 2022 post-season tournament series.** Upon completion of the rules meeting video, your certificate will appear. Screenshot it for your records. Bound is working on making it a downloadable PDF for convenience in saving the file.

Site Availability – To be considered for hosting regional tournament matches, athletic directors need to apply via the Site Availability form on Bound. All schools are eligible to apply to host and must do so by September 9th.

Season Stats on Bound: Coaches are required to submit varsity volleyball stats on Bound. Bound will be checked every Tuesday during the regular season. Complete statistical information must be included for all matches played through Saturday of the previous week. Rosters (height, number, year in school, etc.) must be included on your team's Bound page. **Complete season schedules must be updated by the first reporting date (August 16).**

Rule Books – Schools are provided one NFHS Rules Book this year. Schools will not be sent line-up cards, scoresheets and libero tracking sheets. These items are available on the IGHSAU website in the Volleyball section under the Coaches & Administrators tab. Additional NFHS Rules Books may be purchased from the IGHSAU for \$8 or via the NFHS website (nfhs.org). Scorebook covers are available from the IGHSAU for \$7. Please contact Sherry Tegtmeier (Sherry@ighsau.org) to purchase additional NFHS rules books and scorebook covers.

Team Roster / Lineup Sheets: There is a new, fillable version of the [team roster & lineup sheet](#) available on our website. Please print that off for use this season.

Team Bench Guidance: Per recommendation from the Volleyball Advisory Committee, ***uniformed players on the bench are permitted to stand as long as they are in an unplayable area (defined as the end of the bench area) and provided both teams have the same accommodations. Lines should not wrap around the baseline.*** As general guidance, players standing at the end of the bench should be behind the basketball court sideline (in most facility set-up scenarios) and should not wrap around the basketball baseline. If these parameters cannot be met, players will be required to sit on the bench. Please be sure to review all [2022 Iowa Rule Adaptations](#) on our website.

2022 State Tournament: We are excited to host the 2022 State Volleyball Tournament at Xtream Arena in Coralville this season! A general schedule for the [2022 State Tournament](#) can be found on our website. More detailed information regarding hotels, arena information, spectator information, etc. will be posted later in the season.

If you have any questions, please contact me at ben@ighsau.org or 515-401-1837.

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Volleyball Administrator