



Iowa Girls' High School Athletic Union

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Volleyball Memo #3 September 26, 2022

I hope this memo finds everyone doing well! We are a mere three weeks away from the start of regional play! Wishing you all the best in the upcoming stretch runs of your season! Only a few items this week. We will send out a final memo in a few weeks leading up to regional play.

Season Stats on Bound: Continue to be prompt in entering your stats and finals scores on Bound. For the most part, entry has been quite good over the course of the season. I understand sometimes there are camera issues / statistician discrepancies that you need to work through. Please continue to communicate with me if you are having any issues. Stats are due every Tuesday at 4:30 for all matches played through Saturday of the previous week.

Warm-Ups: A couple different items to note during the 17-min warm-up period:

1. Rule 4.1 Situation states “...for purposes of risk minimization, any individual actively taking part in team warm-ups [must] be in proper attire.” This includes (4.1.c) wearing tennis shoes. We’re seeing students/athletes helping with warm-ups while in flip-flops and even bare feet. They must have tennis shoes on when assisting with warm-ups.
2. During the opponents’ 6:00 net time, your team may pepper / hit down balls beyond the end line. This should be a controlled event. Balls should not be getting the playing court area. Teams should not be assisting in shagging balls for the other team during mid-week matches (permissible on Saturday tournaments).

Student Sections:

1. Coaches & ADs - be mindful of where your student sections are located during a match. They should **NOT** be located directly behind the opponent’s bench.
2. No fans should be seated on the bottom row of bleachers.
3. Keep spectators, particularly student sections, off the floor until all teams have exited the playing court. For the sake of athlete safety, allow teams to shake hands at the net and exit the floor before any spectator enters that area.

Lineup Sheets: Again... when filling out your line-up sheets, **DO NOT** simply put “Serving Team” and “Receiving Team” on set 1 and set 2. Coaches should fill out each set accordingly.

Regional Assignments: Regional assignments will be released the afternoon of October 7th. Assignments will be posted on our website and published on Twitter.

State Tournament Central: We will launch our State Volleyball Tournament Central page on our website next Monday, 10/3. With state being at a new location and venue, we want to ensure everyone attending has all the information they need.

Finish well! Don’t hesitate to contact me with any questions.

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