

## Girl's Wrestling Event Formats

The following information will help you determine the proper competition format to follow depending on the level you wish your event to represent (Varsity or JV).

**Not all formats are necessarily viable for varsity level events.**

***In order to meet the Varsity/JV requirements for a same day event, you may have to run 2 events simultaneously with 1 event being a Varsity format and the other being a JV format.***

### **Varsity Definition:**

- All wrestlers have an equal chance to compete against each other in a single NFHS weight class bracket
- All wrestlers will represent their weight class from the weigh-in that day
- More than 1 entry from a school is allowed in the varsity bracket
- No separation criteria can be used to create different brackets within a weight class
  - This ensures there is validity to the win/loss record from the event
- Round robin brackets can only be used when all competitors of a weight class can fit in 1 bracket of 7 or less wrestlers

### **JV Definition:**

- All wrestlers will be able to compete a **specified number of times** using multiple formats
  - There are numerous bracket formats to choose from in Trackwrestling when creating your event.
- PLEASE MAKE NOTE OF WEIGHT CLASS VARIANCES TO KEEP COMPETITION WITHIN 1 WEIGHT CLASS
  - Trackwrestling does NOT automatically do this for you
  - Tournament directors will need to double check the weight groupings to ensure everyone is competing within 1 weight class.

### **Junior Varsity Weigh-In Option**

- ***New for the 2024-25 Season***
- Modifications to the current weigh-in procedure for lower level (non-varsity) competitions. Guidelines will now reflect the following:
  - Schools will be allowed to use home weigh-ins for non-varsity competition only.
  - Coaches must create and use a Pre-Meet Weigh-In Form through the Trackwrestling site.
  - Schools must send electronically or present the completed weigh-in form on site.
  - The weigh-in must take place on the same day as the competition.
  - Host schools must use NFHS established weight classes.
  - Home weigh-ins as any other weigh-in will impact a decent plan.

### **Traditional Bracketed Event**

- Athletes participate in a traditional bracket with winners moving forward and losers going to the backside of a bracket.
- More than one participant per school can be entered
- Wrestlers are placed in the bracket via established seeding criteria
  - Seeding criteria can be followed directly from trackwrestling information, coach seeding meeting, committee, etc.
- TRADITIONAL BRACKETS ALLOW ALL COMPETITORS EQUAL CHANCE TO COMPETE AGAINST ONE ANOTHER AND ADVANCE THROUGH THE BRACKET.
- There are numerous brackets to choose from to fit your needs. You can also run different brackets in your event to fit the number of participants you have in the weight class.
- Wrestlers within 1 weight class could be combined to create a bracket consisting of more competitors for matches

### **Round Robin Events - VARSITY**

- If this is a varsity event, all wrestlers in a weight class will need to fit in 1 weight class with equal chance to wrestle everyone in the bracket.
- Separation criteria would NOT need to be utilized since all athletes, regardless of ability, would compete against each other.
- Varsity level, round robin events, can NOT split weight classes
- Competitors could move up or down 1 weight class to even out brackets based on NFHS rules of competition
- Competitors can NOT move up or down 2 weight classes due to NFHS regulations.
- Round robin brackets can only be used when all competitors of a weight class can fit in 1 bracket of 6 or less wrestlers

### **Round Robin Events- Junior Varsity**

- Separation criteria would be allowed to pair wrestlers based on ability
- Weight classes can be split to create brackets based on the designated number of matches desired.
  - Madison block would potentially do this for you if you should choose that method.
- Competitors could move up or down 1 weight class to even out brackets based on NFHS rules of competition
  - NOTE - The tournament director would be responsible for ensuring the above NFHS rules are followed.
- Competitors can NOT move up or down 2 weight classes.

### **Scramble Pairings**

- ***This format will NOT qualify as a varsity level competition event***
  - Scramble pairings do not ensure all wrestlers in a weight class will compete against each other at an event

- Due to this feature of scramble competition, there would be an unfair win/loss record that would break down the validity of the win/loss percentage for regional seeding.
- The scramble pairing format can be used for JV level events when a designated number of matches is desired.
  - NOTE - determining a desired number of matches can also be done by choosing the correct **bracket format**. The benefit of this would be your matches will follow a consistent order throughout your event. You can even assign to the same mat all day to decrease the confusion for new wrestlers.