

# IOWA HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Fort Dodge, IA

Lakeside Golf Course

10/28/2022 - 10/29/2022



OFFICIAL MEET REPORT

printed: 10/23/2024 10:08 PM

## EVENT ENTRIES

### #2 Class 3A Boys 5000M

#	Name	Yr	Team
140	Isaac Chapman	SR	ADM Adel
141	Robbie Hall	JR	ADM Adel
142	Dain Holdmeyer	FR	ADM Adel
143	Shay Holdmeyer	SR	ADM Adel
144	Ty Landphair	JR	ADM Adel
145	Max Marple	SO	ADM Adel
146	Torin Timmerman	SR	ADM Adel
147	Gavin Weber	JR	Algona
148	Ryan Bang	SO	Assumption Davenport
149	Tim Bassier	SO	Assumption Davenport
150	Drew Caldwell	SO	Assumption Davenport
151	Geno Delpreore	SR	Assumption Davenport
152	Connor Frink	SR	Assumption Davenport
153	Tristen Gray	SR	Assumption Davenport
154	John Murphy	JR	Assumption Davenport
155	Max Davidson	JR	Ballard
156	Austin Vance	FR	Ballard
157	Andres Gonzalez	SR	Bishop Heelan Catholic
158	Clark Bennett	FR	Bondurant-Farrar
159	Nyle Davis	SR	Bondurant-Farrar
160	Preston Francois	SO	Bondurant-Farrar
161	Grady Gibson	SO	Bondurant-Farrar
162	Ryler Hanson	FR	Bondurant-Farrar
163	Jack Rieck	JR	Bondurant-Farrar
164	Brady Sanger	JR	Bondurant-Farrar
165	Kamden Brown	SR	Carlisle
166	Judah DeCleene	JR	Carlisle
167	Ryan Rushing	SR	Carlisle
168	Sevastian Soto	SR	Carlisle
169	Kael Streeter	JR	Carlisle
170	Talan Walstrom	SR	Carlisle
171	Torren Walstrom	JR	Carlisle
172	Carter Easton	SR	Center Point-Urbana
173	Lucas Johnston	JR	Central DeWitt
174	Liam Kinrade	SO	Central DeWitt
175	Caleb Olson	SR	Central DeWitt
176	Kyle Olson	SO	Central DeWitt
177	Keegan Peterson	SR	Central DeWitt
178	Parker Petsche	SR	Central DeWitt
179	Adam Wilke	JR	Central DeWitt
180	Xander Graeser	SR	Charles City
181	Nick Williams	SR	Charles City
182	Brock Hilsman	SR	Clear Creek-Amana
183	Micah Johnson	FR	Clear Creek-Amana
184	Carson Meskimen	FR	Clear Creek-Amana
185	Nic Schieltz	JR	Clear Creek-Amana

### #2 Class 3A Boys 5000M (cont'd)

#	Name	Yr	Team
186	Isaac Sorensen	SR	Clear Creek-Amana
187	Jackson VanHorn	JR	Clear Creek-Amana
188	Kyle Vogel	FR	Clear Creek-Amana
189	Gavin Roske	SO	Clear Lake
190	Davis Coppola	SR	Decorah
191	Thomas Hammel	SR	Decorah
192	Landyn Hook	SR	Decorah
193	D'mitry Lesser	SR	Decorah
194	Garrett See	JR	Decorah
195	Mitchell Stemper	JR	Decorah
196	Grant Zilka	SR	Decorah
197	Kevin Sanchez	SO	Denison-Schleswig
198	Dillon Dorenkamp	SO	Des Moines Christian
199	Josh Hagenberg	SR	Des Moines Christian
200	Luke Hagenberg	SR	Des Moines Christian
201	Ben Nyberg	SR	Des Moines Christian
202	Jaden Sisler	SR	Des Moines Christian
203	Josiah Sisler	SO	Des Moines Christian
204	Caleb Ten Pas	JR	Des Moines Christian
205	Quentin Nauman	JR	Epworth Western Dubu
206	Jacob Shottenkirk	SR	Fort Madison
207	Riley Tripp	JR	Fort Madison
208	John Artz	SR	Gilbert
209	Emmett Barber	SR	Gilbert
210	Logan Bleich	SO	Gilbert
211	Emrick Ryan	JR	Gilbert
212	Carson Squiers	JR	Gilbert
213	Preston Stensland	JR	Gilbert
214	Jacob Tallman	SO	Gilbert
215	Aaron Blanchard	SO	Grinnell
216	Cadel Conner	JR	Grinnell
217	Gideon Conner	SO	Grinnell
218	Liam Crites	JR	Grinnell
219	Harrison Laug	SR	Grinnell
220	Isaac Sandquist	SO	Grinnell
221	Aden Wolfe	SO	Grinnell
222	Isaac Rankin	JR	Knoxville
223	Aaron Lee	SR	LeMars
224	Nathan Anderson	SR	Moc-Floyd Valley
225	Crystian Dokter	FR	Moc-Floyd Valley
226	Thatcher Doughan	JR	Moc-Floyd Valley
227	Gerrit Hulstein	SR	Moc-Floyd Valley
228	Isaac Hummel	SO	Moc-Floyd Valley
229	Micah Schmidt	SR	Moc-Floyd Valley
230	Ian Van Der Werff	SR	Moc-Floyd Valley
231	Anthony Armstrong	SO	Mount Vernon-Lisbon

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#	Name	Yr	Team
232	Chasen Caskey	SO	Mount Vernon-Lisbon
233	Danny Dye	FR	Mount Vernon-Lisbon
234	Seamus O'Connor	SR	Mount Vernon-Lisbon
235	Grady Olberding	SR	Mount Vernon-Lisbon
236	Wesley Sadler	SR	Mount Vernon-Lisbon
237	Dawson Scheil	JR	Mount Vernon-Lisbon
238	Dawson Lemke	JR	Nevada
239	Cooper Lenz	SO	Newton
240	Brett Postel	SR	North Polk Alleman
241	Devon Browne	SR	Pella
242	Kaiden Browne	SR	Pella
243	Canaan Dunham	JR	Pella
244	Jonah Ebersole	SO	Pella
245	Mason Gaulke	JR	Pella
246	Aren Hellbusch	SR	Pella
247	Noah Schuknecht	JR	Pella
248	Matthew Dahm	FR	Sioux Center
249	Caden Kooiker	SO	Sioux Center
250	Raymond Landegent	FR	Sioux Center
251	Brock Lehman	FR	Sioux Center
252	Marco MoralesLopez	SO	Sioux Center
253	Micah VandeVegte	SR	Sioux Center
254	Karson Work	SO	Sioux Center
255	Anders Holmes	FR	Solon
256	Barrett Jesina	JR	South Tama County Ta
257	Rylei Koppie	JR	Spencer
258	Joel Ramirez-Parra	JR	Storm Lake
259	Jayden Brookins	JR	Wahlert Dubuque
260	Tyler Alderton	SR	Washington
261	Ethan Hotchkiss	SO	Washington
262	Teag Miller	FR	Washington
263	Andrew Rees	JR	Washington
264	Jace Sanders	SR	Washington
265	Parker Tschantz	FR	Washington
266	Sawyer Tschantz	JR	Washington
267	Austin Soldwisch	SR	Waverly-Shell Rock
268	Cole Hotopp	SR	Winterset
269	Collin Kessler	SR	Winterset
270	Andrew Allen	FR	Xavier Cedar Rapids
271	Kaleb Wilgenbusch	SR	Xavier Cedar Rapids

### #1 Class 3A Girls 5000M

#	Name	Yr	Team
1	Elliotte Von Roden	FR	ADM Adel
2	Annika Larson	SR	Ballard
3	Brynn Wilson	SR	Ballard
4	Addison Bertrand	JR	Bishop Heelan Catholic
5	Emmalyn Thomas	SO	Boone
6	Elyse Zwart	SR	Boyden-Hull
7	Grace Estling	SO	Center Point-Urbana
8	Sydney McCormick	SR	Center Point-Urbana
9	Ashlyn Appleby	FR	Central DeWitt
10	Kira Barker	SR	Clear Creek-Amana
11	Sara Kinzenbaw	SR	Clear Creek-Amana
12	Kylee Colby	FR	Clear Lake
13	Addison Doughan	SR	Clear Lake
14	Lauren Englin	JR	Clear Lake
15	Brooklyn Heesch	JR	Clear Lake
16	Saylor Schmitt	SO	Clear Lake
17	Rebekah Steinbron	SR	Clear Lake
18	Jezzie Thompson	SO	Clear Lake
19	Alli Haskell	FR	Clinton
20	Carryn Sattler	JR	Clinton
21	Reese Strunk	SO	Creston
22	Riley Christopher	FR	Decorah
23	Brinlee Courtney	SO	Decorah
24	Leah Garcia-Prats	FR	Decorah
25	Deborah Hougen	JR	Decorah
26	Raelyn Newhouse	FR	Decorah
27	Olivia Volkmann	SO	Decorah
28	Amelia Wadsworth	SR	Decorah
29	Lola Mendlik	SR	Denison-Schleswig
30	Alexa Tremblay	SR	Denison-Schleswig
31	Meryl Casady	JR	Des Moines Christian
32	Charlotte Erzen	JR	Des Moines Christian
33	Gabby Grove	SR	Des Moines Christian
34	Sammie Miesen	FR	Des Moines Christian
35	Stella Pothoven	SO	Des Moines Christian
36	Sienna Stec	SO	Des Moines Christian
37	Reagan Zimmer	SR	Des Moines Christian
38	Avery Rump	JR	Fort Madison
39	Keira Andersen	JR	Gilbert
40	Sophia Bleich	SR	Gilbert
41	Kaitlyn Dear	JR	Gilbert
42	Sarah Feddersen	SR	Gilbert
43	Mia Kautman	SR	Gilbert
44	Raya Mueller	JR	Gilbert
45	Abby Patel	SR	Gilbert
46	Grace Berglund	SO	Glenwood

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#	Name	Yr	Team
47	Madelyn Berglund	SR	Glenwood
48	Katelyn Harms	SO	Glenwood
49	Haylee Hughes	JR	Glenwood
50	Megan Hughes	SO	Glenwood
51	Maggie McChesney	SO	Glenwood
52	Breckyn Petersen	SR	Glenwood
53	Kyliee Zylstra	SO	Grinnell
54	Sadie Alberti	SO	Harlan
55	Allie Anderson	SO	Harlan
56	Aspen Bieker	FR	Harlan
57	Ava Freund	SO	Harlan
58	Ashlyn Rau	FR	Harlan
59	Brylee Schechinger	SR	Harlan
60	Lindsey Sonderman	SR	Harlan
61	Demi Beaubien	JR	Iowa Falls-Alden
62	Piper Smith	JR	Iowa Falls-Alden
63	Hannah Karre	SR	Keokuk
64	Izzy Hardin	JR	Maquoketa
65	Jayda Carnes	SR	Marion
66	Kyra Cordes	SR	Marion
67	Addison Dabroski	JR	Marion
68	Alena Dietz	SR	Marion
69	Greta Hansen	SR	Marion
70	AudryElla Meyer	SR	Marion
71	Elise Moore	JR	Marion
72	Natalie Anderson	SO	Moc-Floyd Valley
73	Morgan Cleveringa	FR	Moc-Floyd Valley
74	Adriana Gutierrez	SO	Moc-Floyd Valley
75	Rachel Haverdink	JR	Moc-Floyd Valley
76	Kienna Lassen	JR	Moc-Floyd Valley
77	Sarah May	SR	Moc-Floyd Valley
78	Elin Van Der Werff	SR	Moc-Floyd Valley
79	Quintrie Lee	FR	Mount Pleasant
80	Edith Dawson	JR	Mount Vernon-Lisbon
81	Evelyn Moeller	SO	Mount Vernon-Lisbon
82	Rose Pisarik	SO	Mount Vernon-Lisbon
83	Sam Schoff	SR	Mount Vernon-Lisbon
84	Miranda Sellner	SO	Mount Vernon-Lisbon
85	Cora Smith	JR	Mount Vernon-Lisbon
86	Kiersten Swart	JR	Mount Vernon-Lisbon
87	Audrey Muckler	FR	Newton
88	Mya Bond	JR	North Polk Alleman
89	Ellie Bunnell	FR	North Polk Alleman
90	Sophia Campbell	SR	North Polk Alleman
91	Hannah Haaland	JR	North Polk Alleman
92	Alexis Hergenreter	SO	North Polk Alleman

### #1 Class 3A Girls 5000M (cont'd)

#	Name	Yr	Team
93	Caitlin Lentsch	SO	North Polk Alleman
94	Stella Weers	SO	North Polk Alleman
95	Tierney Carter	JR	Oskaloosa
96	Carleigh Altwine	FR	Pella
97	Elsie Brenneman	SO	Pella
98	Ruth Dunham	SO	Pella
99	Marissa Ferebee	JR	Pella
100	Lizzie Neumann	JR	Pella
101	Mara Schiebout	SR	Pella
102	Lizzy VandeVoort	FR	Pella
103	Lily Myers	SO	Perry
104	Adriel Bajema	SO	Sioux Center
105	Molly Isakson	SO	Sioux Center
106	Audrina Jones	SO	Sioux Center
107	Corrine Mccord	SR	Sioux Center
108	Kolby Oldenkamp	JR	Sioux Center
109	Macyn VanAartsen	FR	Sioux Center
110	Kylee Wielenga	SO	Sioux Center
111	Sydney Dee	SR	Solon
112	Kinley Mai	FR	Solon
113	Livya Nelson	FR	Solon
114	Ava Rolwes	SO	Solon
115	Addison Seamans	FR	Solon
116	Ella Sheeley	SR	Solon
117	Falyn Svalstad	SO	Solon
118	Peyton Morey	SR	Spencer
119	Silvia Kampbell	JR	Storm Lake
120	Willa Berning	SO	Wahlert Dubuque
121	Lucy Murphy	JR	Wahlert Dubuque
122	Alyvia Anderson	SR	Washington
123	Angeline Anderson	JR	Washington
124	Iris Dahl	JR	Washington
125	Quincy Griffis	SR	Washington
126	Kendall Hinrichsen	SR	Washington
127	Emma Horak	SO	Washington
128	Lauren Horak	SR	Washington
129	Brynn Kartman	SO	West Delaware Manche
130	Edie Axmear	SO	Williamsburg
131	Channing Becker	FR	Williamsburg
132	Mallory Back	FR	Winterset
133	Morgan Back	JR	Winterset
134	Luci Davis	SR	Winterset
135	Rhania Henderson	SR	Winterset
136	Ava Hope	FR	Winterset
137	Maven Smith	SO	Winterset
138	Natalie Smith	SO	Winterset

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#	Name	Yr	Team
139	Mia Deegan	JR	Xavier Cedar Rapids