

STATE COED TRACK MEET – 2018

Girls' State Meet Records & All-Time Bests through State Qualifying Meets.
Performances recorded in tenths are hand-timed; those in hundredths are fully automatic. Converted yardage time to a metric time appears in parenthesis.

100 METER DASH

Iowa State Meet Record: 11.69, Kerris Roberts, Waterloo East, 2017 (Prelims)

Iowa All-time Best: 11.5, Natasha Kaiser, Des Moines Roosevelt, 1985

Class 4-A Record: 11.60, Kerris Roberts, Waterloo East,

Regional Leaders: Sydney Milani, Southeast Polk, 11.55 (2nd all-time, faster ever FAT); Darby Thomas, Council Bluffs Abraham Lincoln, 11.91; Elma Voljic, Waukee, 12.05.

Highest Returnee from 2017 State Meet: 1. Kerris Roberts, Waterloo East, 11.88; 3. Darby Thomas, Council Bluffs Abraham Lincoln, 12.33; 5. Jill Bennett, Linn-Mar, 12.62.

Notes: Milani's 11.55 ranks second all-time ... Kerris Roberts 11.69 ranks third all-time ... Darby Thomas' best of 11.83 ranks 13th all-time

Class 3-A Record: 12.08, Keaton Kester, ADM, 2017 (Prelims)

Regional Leaders: Ellie Masten, Benton, Community, 12.03; Libby Wedewer, Dubuque Wahlert, 12.05; Keaton Kester, ADM, 12.09

Highest Returnees from 2017: 1. Keaton Kester, ADM, 12.18; 2. Carly King, Davenport Assumption, 12.18; 3. Emily Vos, Pella, 12.42; 5. Ellie Masten, Benton Community, 12.52

Notes: Kester was the Class 2A 100 meter champion in at Earlham (12.51) in 2016 ... Kester's best of 11.93 ranks 23rd all-time; Carly King's Drake time of 11.99 is tied for 24th all-time.

Class 2-A Record: :12.14, Natalie Halfman, St. Ansgar, 2015 (Prelims)

Regional Leaders: Cora Comer, AHSTW, 12.57; Krayton Allen, Sumner-Fredericksburg, 12.63; Anna Winterrowd, OABCIG, 12.72

Highest Returnee from 2017: 2. 2. Krayton Allen, Sumner-Fredericksburg, 12.49; 8. Meagan Blomgren, Van Meter, 13.16.

Class 1A Record: :12.15, Katie Maschmann, Montezuma, 2015 (Prelims)

Regional Leaders: Rylan Santi, Madrid, 12.56; Shaylee Siebens, Akron-Westfield, 12.56; Ellie Loesch, South Winneshiek, 12.57

Highest Returnee from 2017: 2. Autum Barthelman, Sigourney, 12.77; 6. Haley Coats, HLV, 13.04; 7. Hailey Wallis, Grundy Center, 13.12.

Notes: Madrid's Rylan Santi was the 2017 100 meter champion in 2017 (12.49) ... South Winneshiek's Ellie Loesch placed seventh in 2A in 2017 (13.13).

2018 Drake Relays Champion: Carly King, Davenport Assumption, 11.99; **NOTE: Kerris Roberts of Waterloo East was the Drake Relays 100 meter champ in 2016 (11.77) and 17 (11.87).**

200 METER DASH

Iowa State Meet Record: 24.09, Kerris Roberts, Waterloo East, 2017 (prelims)

Iowa All-time Best: 23.79, Sydney Milani, Southeast Polk, 2018 (broke Debbie Esser's record of 24.0, set in 1975)

Class 4-A Record: 24.09, Kerris Roberts, Waterloo East, 2017 (Prelims)

Regional Leaders: Sydney Milani, Southeast Polk, 24.00; Darby Thomas, Council Bluffs Abraham Lincoln, 24.59; Jill Bennett, Linn-Mar, 25.20

Highest Returnee from 2017: 1. Kerris Roberts, Waterloo East, 24.21; 2. Sydney Milani, Southeast Polk, 24.66; 3. Darby Thomas, Council Bluffs Abraham Lincoln, 24.92; 6. Stevie Lambe, Dubuque Senior, 25.99; 7. Eriana Brown, Des Moines East, 26.12

Notes: *Milani owns the state all-time record in the 200, 23.97 ... Kerris Roberts' 24.09 time ranks third on Iowa's all-time list ... Kerris Roberts is seeking her third-straight 4A 200 meter title ... Darby Thomas' best time of 24.33 ranks 8th on the Iowa all-time list.*

Class 3-A Record: 24.59, Kari Dufoe, ADM, 2015 (Prelims)

Regional Leaders: Keaton Kester, ADM, 25.02; Carly King, Davenport Assumption, 25.21; Emily Vos, Pella, 25.22

Highest Returnee from 2017: 1. Keaton Kester, ADM, 24.72; 2. Carly King, Davenport Assumption, 25.25; 3. Emily Vos, Pella, 25.27; 4. Annika Pingel, Pella, 25.27; 8. Anna Sherman, Dubuque Wahlert, 25.93.

Note: *ADM's Keaton Kester was the 2A 200-meter dash champion at Earlham in 2016 and is seeking her third 200 title ... Carly King's best time of 24.70 ranks tied for 24th on Iowa's all-time best list ... the top four finishers in last year's 200 final (Kester, King, Vos, Pingel) had the four fastest state qualifying times.*

Class 2-A Record: 24.49, Hannah Willms, Dike-New Hartford, 2009 (Prelims)

Regional Leaders: Alysa Shirkey, Davis County, 25.95; Megan Carley, Treynor, 25.96; Jordyn Pester, MVOACOU, 26.06

Highest Returnee from 2017: 8. Alysa Shirkey, Davis County, 27.40.

Class 1-A Record: 24.48, Alex Gochenour, Logan-Magnolia, 2010

Regional Leaders: Rylan Santi, Madrid, 25.99; Alyssa Pfadenhauer, Danville, 26.24; Ellie Loesch, South Winneshiek, 26.35.

Highest Returnee from 2017: 1. Hayley Heitman, Clayton Ridge, 26.46; 2. Kathryn Luers, Danville, 26.55; 4. Alyssa Pfadenhauer, Danville, 26.73; 5. Rylee Menster, Springville, 26.83; 6. Toni Alesch, Graettinger-Terril/Ruthven-Ayrshire, 27.10

Notes: Madrid's Rylan Santi was the Class 2A 200 meter champion for Madrid in 2017 ... all four champions from 2017 return.

400 METER DASH

Iowa State Meet Record: 53.96, Hannah Willms, Dike-New Hartford, 2010

Iowa All-time Best: 53.61, Sydney Milani, Southeast Polk, 2018

Class 4-A Record: 54.84, Payton Wensel, Linn-Mar, 2017

Regional Leaders: Sydney Milani, Southeast Polk, 53.61 (Iowa All-Time Best); Payton Wensel, Linn-Mar, 55.79; Lauren Van Dyke, Sioux City East, 58.17

Highest Returnee from 2017: 1. Payton Wensel, Linn-Mar, :54.84; 2. Sydney Milani, Southeast Polk, 55.57; 9. Kaitlyn Mulder, Sioux City North, 59.06.

Notes: *Sydney Milani set the Iowa all-time best twice this season. She broke the old mark of 53.96, set by Dike-New Hartford's Hannah Willms in 2010, by running 53.70 on April 24 in Grinnell. She broke that record at last Thursday's state qualifying meet ... Linn-Mar's Payton Wensel owns the 4A state meet record ... Wensel is shooting to become the fourth girl to win four 400 meter titles, joining WDM Valley's Carrie Hoeman (94-97) Atlantic's Cortney Jacobs (2001-04) and Willms (07-10) ... Wensel's career best in the 400 is 54.84, ranking 7th on the Iowa all-time list.*

Class 3-A Record: 54.73, Dianna Slight, Boone, 2016

Regional Leaders: Carly King, Davenport Assumption, 57.81; Madison Jochum, Bishop Heelan, 58.66; Ellie Mendlik, Denison-Schleswig, 58.67.

Highest Returnee from 2017: 2. Madison Jochum, Bishop Heelan, 56.53; 3. Carly King, Davenport Assumption, 56.55; 5. Ellie Mendlik, Denison-Schleswig, 58.18; 6. Erin Kerkhoff, Solon, 58.76; 7. Shelby Hulsebus, Benton Community, 1:01.67; 8. Taylor Vanderholt, Norwalk, 1:03.35

Class 2-A Record: 53.96, Hannah Willms, Dike-New Hartford, 2010

Regional Leaders: Jordyn Pester, MVAOCHU, 58.49; Lily Peterson, Alta/Aurelia, 59.38; Karley Larson, Underwood, 1:00.05;

Highest Returnees from 2017: 1. Lily Peterson, Alta/Aurelia, 57.74; 2. Grace Proesch, North Cedar, 58.39; 4. Devyn Kemble, Panorama, 58.80; 7. Brenna Jacobs, Osage, 1:00.28.

Notes: *Lily Peterson of Alta-Aurelia is the defending Class 1A champion ... Jordyn Pester was the 1A champion for Maple Valley-Anthon-Oto in 2017.*

Class 1-A Record: 55.75, Ellie Herzberg, Manson-NW Webster, 2013

Regional Leaders: Alyssa Pfadenhauer, Danville, 59.00; Shateah Wetering, Montezuma, 59.25; Rachel Fehr, West Bend-Mallard, 1:00.02.

Highest Returnee from 2017: 2. Shateah Wetering, Montezuma, 57.87; 3. Alyssa Pfadenhauer, Danville, 58.57; 5. Regan Sylvester, Sioux Central, 59.91; 6. Maddy Duncan, Sidney, 1:00.65; 7. Macie Boots, HLV, 1:00.84.

800 METER RUN

Iowa State Meet Record: 2:07.51, Joy Ripslinger, Davenport Assumption, 2016

Iowa All-time Best: 2:07.18, Joy Ripslinger, Davenport Assumption, 2017

Class 4-A Record: 2:08.15, Shelby Houlihan, Sioux City East, 2011

Regional Leaders: Lily Campbell, Waukee, 2:15.82; Allison Bookin-Nosbisch, Ottumwa, 2:16.28; Deniz Ince, Iowa City West, 2:17.65.

Highest Returnee from 2017: 1. Mackenzie Michael, Cedar Falls, 2:11.54; 2. Lily Campbell, Waukee, 2:11.78; Lauren Van Dyke, Sioux City East, 2:15.71; 5. Kelsey Schweizer, Dowling Catholic, 2:17.71; 6. Logan Akason, Waukee, 2:17.77; 7. Deniz Ince, Iowa City West, 2:21.04.

Notes: *Sydney Milani's best time of 2:11.35 ranks 19th on the Iowa AT list ... Cedar Falls' Mackenzie Michael, the sophomore defending champ, owns the 21st fastest 800 at 2:11.54 ... Waukee's Lily Campbell's PR of 2:11.78 ranks 24th on the Iowa AT list.*

Class 3-A Record: 2:07.51, Joy Ripslinger, Davenport Assumption, 2016

Regional Leaders: Ellie Friesen, Crestwood, 2:21.02; Jenna Galligan, Decorah, 2:22.18; Grace Juhl, Iowa Falls-Alden, 2:22.65

Highest Returnee from 2017: 2. Ellie Friesen, Crestwood, 2:15.93; 5. Katie Keitges, Knoxville, 2:18.95; 8. Brett Schneider, Fort Madison, 2:21.14

Class 2-A Record: 2:12.12, Ashley Miller, Tipton, 2007

Regional Leaders: Anna Hostetler, Mid-Prairie, 2:24.11; Devyn Kemble, Panorama, 2:24.15; Sophia Jungling, Aplington-Parkersburg, 2:24.88.

Highest Returnee from 2017: 1. Anna Hostetler, Mid-Prairie, 2:14.75; 3. Paige Holub, Monticello, 2:17.83; 5. Marie Hostetler, Mid-Prairie, 2:19.21; 6. Cassie Cox, North Cedar, 2:20.25; 8. Suzanne Putze, KP-WC, 2:24.06.

Notes: *Anna Hostetler is seeking her second-straight title in the 2A 800 meters.*

Class 1-A Record: 2:09.60, Brooke Dinsdale, North Tama, 2006

Regional Leaders: Emily Staal, Central City, 2:25.71; Katie Brennan, Kee, 2:26.31; Janette Schraft, East Mills, 2:26.32.

Highest Returnee from 2017: 1. Janette Schraft, East Mills, 2:19.84

Notes: *Janette Schraft is the defending Class 1A champion in the 800 meters ... three of the four 800 champions (Mackenzie Michael (4A), Anna Hostetler (2A) & Janette Schraft (1A)) return from 2017.*

2018 DRAKE RELAYS CHAMPION: Sydney Milani, Southeast Polk, 2:11.35

1,500 METER RUN

Iowa State Meet Record: 4:27.76, Stephanie Jenks, Linn-Mar, 2015

Iowa All-time Best: 4:26.39, Shelby Houlihan, Sioux City East, 2011

Class 4-A Record: 4:27.76, Stephanie Jenks, Linn-Mar, 2015

Regional Leaders: Sydney Schaffer, Waukee, 4:51.85; Logan Akason, Waukee, 4:52.32; Lilly Geelan, Linn-Mar, 4:53.38.

Highest Returnees from 2017: 1. Bailey Nock, Iowa City West, 4:39.48; 2. Helen Gould, WDM Valley, 4:46.62; 4. Logan Akason, Waukee, 4:47.60; 6. Sydney Schaeffer, Waukee, 4:48.65; 8. Jessica McKee, Johnston, 4:49.37.

Notes: *Iowa City West's Bailey Nock is seeking her second-straight 1500 meter crown in 4A.*

Class 3-A Record: 4:39.00, Joy Ripslinger, Davenport Assumption, 2017

Regional Leaders: Ellie Friesen, Crestwood, 4:49.30; Adrianna Katcher, Center Point-Urbana, 4:53.52; McKenzie Logan, Iowa City Liberty, 4:49.93.

Highest Returnee from 2017: 2. Ellie Friesen, Crestwood, 4:41.48; 3. Adrianna Katcher, Center Point-Urbana, 4:43.56; 5. Katie Keitges, Knoxville, 4:44.05; 6. Amelia Leshner, North Polk, 4:45.89; 7. Bryce Gidel, Humboldt, 4:48.08.

Notes: *Crestwood's Ellie Friesen PR is 4:31.11, which ranks 7th all-time in the 1500.*

Class 2-A Record: 4:33.41, Anna Hostetler, Mid-Prairie, 2017

Regional Leaders: Anna Hostetler, Mid-Prairie, 4:51.76; Marie Hostetler, Mid-Prairie, 4:52.78; Kate Crawford, ACGC, 5:01.20.

Highest Returnee from 2017: 1. Anna Hostetler, Mid-Prairie, 4:33.41 (2A record); 2. Marie Hostetler, Mid-Prairie, 4:36.81; 3. Sophia Jungling, Aplington-Parkersburg, 4:40.61; 6. Paige Holub, Monticello, 4:51.51; 7. Kate Crawford, ACGC, 4:52.88; 8. Madeline Rhomberg, Cascade, 4:54.46

Notes: *Anna Hostetler is seeking her third-straight 2A 1500 meter crown ... the Hostetler sisters both rank in the Iowa HS Top 25 all-time list in the 1500 ... Anna's PR is 4:32.10 ranks 10th all-time ... Marie's 4:36.81 ranks 20th.*

Class 1-A Record: 4:35.87, Rebekah Topham, Griswold, 2014

Regional Leaders: Janette Schraft, East Mills, 4:58.69; Emma Lucas, Bedford, 5:01.86; McKenna Weaver, West Fork, 5:06.86.

Highest Returnee from 2017: 1. Janette Schraft, East Mills, 4:54.36; 2. Aubrie Fisher, AGWSR, 4:55.77; 5. McKenna Weaver, West Fork, 4:58.94; 6. Kori Wedeking, Clarksville, 4:59.48.

Notes: *Janette Schraft is seeking her second-straight 1500 meter title.*

2018 DRAKE RELAYS CHAMPION: Ellie Friesen, Crestwood, 4:31.11

3,000 METER RUN

Iowa State Meet Record: 9:24.67, Stephanie Jenks, Linn-Mar, 2014

Iowa All-time Best: 9:24.67, Stephanie Jenks, Linn-Mar, 2014

Class 4-A Record: 9:24.67, Stephanie Jenks, Linn-Mar, 2014

Regional Leaders: Jessica McKee, Johnston, 10:35.01; Brooklyn McKee, Johnston, 10:35.16; Sydney Schaffer, Waukee, 10:35.82.

Highest Returnee from 2017: 1. Bailey Nock, Iowa City West, 10:03.22; 2. Jessica McKee, Johnston, 10:20.88; 4. Sydney Schaffer, Waukee, 10:30.99; 7. Helen Gould, WDM Valley, 10:36.47

Notes: *Iowa City West's Bailey Nock seeks her second-straight 4A 3000 meter state title.*

Class 3-A Record: 9:55.37, Joy Ripslinger, Davenport Assumption, 2017

Regional Leaders: Ellie Friesen, Crestwood, 4:49.30; Adrianna Katcher, Center Point-Urbana, 4:53.53; McKenzie Logan, Iowa City Liberty, 4:59.93.

Highest Returnees from 2017: 2. Adrianna Katcher, Center Point-Urbana, 9:56.19; 3. Ellie Friesen, Crestwood, 10:14.76; 5. Bryce Gidel, Humboldt, 10:29.30; 6. Megan Sievers, Carlisle, 10:31.58;

Notes: *Crestwood's Ellie Friesen ranks 13th on the Iowa all-time list with a time of 9:50.44 ... Center Point-Urbana's Adriana Katcher's PR of 9:56.19 ranks 24th on the Iowa AT list.*

Class 2-A Record: 9:47.52, Anna Hostetler, Mid-Prairie 2017

Regional Leaders: Kate Crawford, ACGC, 10:42.12; Ella Waddle, Panorama, 10:48.74; Anna Hostetler, Mid-Prairie, 11:15.07.

Highest Returnee from 2017: 1. Anna Hostetler, Mid-Prairie, 9:47.52 (2A Record); 2. Marie Hostetler, Mid-Prairie, 9:52.50; 5. Kate Crawford, ACGC, 10:30.70; 6. Cam Reeg, Bellevue, 10:34.76; 8. Jill Vonnahme, Pocahontas Area, 10:40.02.

Notes: Anna Hostetler seeks her second-straight 3000 title in 2A ... her 9:47.52 time from last year ranks 8th all-time ... Marie Hostetler's runner-up finish from 2017 ranks 14th on the Iowa all-time list ... Anna Hostetler was the 2017 Drake Relays champion in the 3000.

Class 1-A Record: 9:56.54, Leah Sievert, Sibley-Ocheyedan, 2013

Regional Leaders: Emma Lucas, Bedford, 10:44.78; Emily Staal, Central City, 10:52.42; Aubrie Fisher, AGWSR, 10:57.33.

Highest Returnee from 2017: 1. Janette Schraft, East Mills, 10:36.29; 2. Kori Wedeking, Clarksville, 10:38.52; 4. Aubrie Fisher, AGWSR, 10:54.02; 5. Emma Lucas, Bedford, 10:56.52; 6. Katie Brennan, Kee, 10:59.50; 7. McKenna Weaver, West Fork, 11:05.22.

Notes: *Janette Schraft seeks her third 1A 3000 meter title (10:48.20 in 2016, 10:36.39 in 2017).*

2017 DRAKE RELAYS CHAMPION: Ellie Friesen, Crestwood, 9:50.44.

100 METER HURDLES

Iowa State Meet Record: 14.07, Alex Gochenour, Logan-Magnolia, 2010

Iowa All-time Best: 13.9, Alex Gochenour, Logan-Magnolia, 2010

Class 4-A Record: 14.27, Mary Young, Urbandale, 2014

Regional Leaders: Sydney Winger, Waukee, Isabel Ingram, Ames, 14.45; MiAsia Bergmann, Cedar Rapids Jefferson, 14.64.

Highest Returnee from 2017: 5. Najat Bresh, Des Moines East, 14.89; 7. Isabel Ingram, Ames, 15.08; Elayna Bahl, Western Dubuque, 15.23.

Notes: *Waukee's Sydney Winger ranks fourth on the Iowa all-time list (14.19) ... Ames' Isabel Ingram ranks 9th (14.43) ... Juru Oswaramoi of Dowling Catholic ranks 25th (14.77) on the Iowa all-time list.*

Class 3-A Record: 14.70, Rachel Peth, Waverly-Shell Rock, 2011 & Kelsi Phipps, Mt. Pleasant, 2015 (Prelims)

Regional Leaders: Grace Martensen, Benton Community, 14.88; Sienna Durr, Grinnell, 15.10; Theresa Lampe, Cedar Rapids Xavier.

Highest Returnees from 2017: 1. Grace Martensen, Benton Community, 14.85, 2. Sienna Durr, Grinnell, 14.95; 5. Aricka Lambson, Carlisle, 15.53; 7. Jocelyn Haack, Carlisle, 15.83; 8. Catherine Yeoman, Mt. Vernon, 15.83.

Notes: *Benton's Grace Martensen is the defending 100 hurdle champion ... Martensen ranks 12th on the Iowa all-time list with a time of 14.85.*

Class 2-A Record: 14.33, Alex Gochenour, Logan-Magnolia, 2009

Regional Leaders: Morgan Johnk, Panorama, 15.29; Heather Boeckenstedt, Beckman Catholic, 15.47; Hannah Irlbeck, Kuemper Catholic, 15.80.

Highest Returnees from 2017: 5. Morgan Johnk, Panorama, 16.17.

Class 1-A Record: 14.07, Alex Gochenour, Logan-Magnolia, 2010 (Prelims)

Regional Leaders: Autum Barthelman, Sigourney, 15.39; Sailor Hinegardner, Baxter, 16.05; Marian Coover, BGM, 16.11.

Highest Returnees from 2017: 1. Autum Barthelman, Sigourney, 15.26; 8. Marian Coover, BGM, 19.76

Notes: *Autum Barthelman is the defending 1A champion.*

2018 DRAKE RELAYS CHAMPION: Sydney Winger, Waukee, 14.31

400 METER HURDLES

Iowa State Meet Record: 1:00.82, AG Bradford, Davenport North, 2008

Iowa All-time Best: 57.3, Debbie Esser, Woodbine, 1975

Class 4-A Record: 1:00.82, AG Bradford, Davenport North,

Regional Leaders: Payton Wensel, Linn-Mar, 1:02.41; Isabel Ingram, Ames, 1:04.73; Skyler Shellmyer, Urbandale, 1:05.39.

Highest Returnee from 2017: 2. Payton Wensel, Linn-Mar, 1:02.27; 5. Kate Bannister, Waukee, 1:05.35; 7. Sydney Davis, Cedar Falls, 1:06.04.

Note: *Payton Wensel's 1:002.25 at the Drake Relays ranks second on the Iowa all-time list.*

Class 3-A Record: 1:02.53, Holly, Salzbrenner, Mount Vernon-Lisbon, 2010

Regional Leaders: Katie Nimrod, Decorah, 1:04.90; Emma Kelderman, Oskaloosa, 1:05.88; Emily Holterhaus, Pella, 1:06.22.

Highest Returnee from 2017: 1. Katie Nimrod, Decorah, 1:03.48; 4. Emily Holterhaus, Pella, 1:07.03; 6. Jocelyn Haack, Carlisle, 1:07.09; 7. Gabbi Bullard, Solon, 1:07.22.

Notes: Katie Nimrod is the defending 3A champion. She was runner-up in 2016.

Class 2-A Record: 1:02.62, Alex Gochenour, Logan-Magnolia, 2011

Regional Leaders: Anmarie Stuit, Unity Christian, 1:06.10; Margo Chipps, PCM, 1:06.11; Morgan Fopma, Pella Christian, 1:06.98.

Highest Returnee from 2017: 5. Anmarie Stuit, Unity Christian, 1:06.74; 7. Mikayla Turek, Unity Christian, 1:07.45; 8. Ryin Lehmann, North Fayette Valley, 1:07.87.

Class 1-A Record: 1:02.14, Sara Stoakes, North Tama, 2009

Regional Leaders: Macie Boots, HLV, 1:05.13; Carson McSorley, New London, 1:05.21; Callie Yeakel, Central Lyon, 1:07.96.

Highest Returnee from 2017: 1. Summer Barthelman, Sigourney, 1:05.19; 2. Macie Boots, HLV, 1:05.50; 3. Carson McSorley, New London, 1:06.40; 7. Olivia Miller, Tripoli, 1:09.19; 8. Clara Schaaf, Fremont-Mills, 1:09.23.

2017 DRAKE RELAYS CHAMPION: Payton Wensel, Linn-Mar, 1:00.25 (Drake Relays Record & two-time Drake champion)

SHUTTLE HURDLE RELAY

Iowa State Meet Record: 1:00.61, Waukee, 2017

Iowa All-time Best: 1:00.61, Waukee, 2017

Class 4-A Record: 1:00.61, Waukee, 2017

Regional Leaders: Waukee, 1:02.52; Ames, 1:03.41, Cedar Falls, 1:05.99.

Highest Returnee from 2017: 1. Waukee, 1:00.61 (Iowa all-time record), 2. Dowling Catholic, 1:03.19; 4. Ankeny Centennial, 1:06.05; 5. Southeast Polk, 1:06.74; 6. Ankeny, 1:12.42.

Notes: *Defending champion Waukee's season-best 1:02.52 time ranks ninth all-time ... Dowling Catholic 1:03.04 ranks 13th*

Class 3-A Record: 1:03.13, Pella, 2016

Regional Leaders: Benton Community, 1:05.52; Cedar Rapids Xavier, 1:06.19; Carlisle, 1:06.88.

Highest Returnee from 2017: 1. Benton Community, 1:04.78; 3. Mt. Vernon, 1:05.37; 4. Carlisle, 1:05.66; 7. Charles City, 1:07.37; Solon, 1:07.81.

Notes: *Benton is the defending 3A Champion.*

Class 2-A Record: 1:05.29, West Fork, 2011

Regional Leaders: Beckman Catholic, 1:07.50; North Cedar, 1:08.03; Monticello, 1:08.64.

Highest Returnees from 2017: 2. Cascade, 1:05.72; 3. Beckman, 1:06.53; 6. Underwood, 1:09.44; 7. East Marshall, 1:09.46; 8. Emmetsburg, 1:09.60

Class 1-A Record: 1:05.44, Gehlen Catholic, 1:05.44, 2012 (prelims)

Regional Leaders: 1. Sigourney, 1:07.79; BCLUW, 1:08.30; Lynnville-Sully, 1:08.35.

Highest Returnee from 2017: 1. Sigourney, 1:08.40; 2. Gehlen Catholic, 1:08.99; 3. Fremont-Mills, 1:09.15; 4. Sioux Central, 1:09.31; 6. Lynnville-Sully, 1:10.13; 7. BGM, 1:10.37.

Note: *Defending champion Sigourney returns last year's state champion quartet (Summer Barthelman, Leah Carter, Sloane Magill & Autum Barthelman)*

2018 DRAKE RELAYS CHAMPION: Dowling Catholic, 1:03.14

4 x 100 METER RELAY

Iowa State Meet Record: 47.89, Iowa City West, 2010

Iowa All-time Best: 47.55, Des Moines Roosevelt, 2012 & Cedar Rapids Jefferson, 2015

Class 4-A Record: 47.89, Iowa City West, 2010 (Prelims)

Regional Leaders: Ankeny, 49.08; Pleasant Valley, 49.10; Waukee, 49.32.

Highest Returnee from 2017: 1. Waterloo East, 48.00; 2. Ankeny, 48.62; 4. Waukee, 48.77; 5. Linn-Mar, 48.96; 6. Waterloo West, 49.01; 8. Des Moines Hoover, 49.21.

Notes: *Waterloo East seeks its third-straight 4A 4x100 title ... Linn-Mar's PR this season is 48.18, ranking 16th on the Iowa All-Time list.*

Class 3-A Record: 48.46, Dubuque Wahlert, 2017

Regional Leaders: Dubuque Wahlert, 48.64; Benton Community, 48.89; Pella, 49.22.

Highest Returnees from 2017: 1. Dubuque Wahlert, 48.46; 2. Pella, 48.99; 3. Benton Community, 49.02; 6. ADM, 50.42; 6. Dallas Center-Grimes, 50.83.

Notes: *Dubuque Wahlert's season best 4x100 time of 48.30 ranks 18th on the Iowa all-time list.*

Class 2-A Record: 49.30, North Polk, 2008

Regional Leaders: Sumner-Fredericksburg, 51.05; Beckman Catholic, 51.47; Van Buren, 51.70.

Highest Returnee from 2017: 1. Cascade, 49.65; 3. Sumner-Fredericksburg, 51.00; 4. Davis County, 51.05; Monticello, 51.08; 7. Western Christian, 51.55.

Class 1-A Record: 49.95, Ventura, 2007

Regional Leaders: Alburnett, 51.72; Sigourney, 51.73; Highland, 51.78.

Highest Returnee from 2017: 3. Danville, 51.27; 4. Sigourney, 51.44; 5. Alburnett, 51.50; 6. Sioux Central, 51.68; 8. Wapsie Valley, 52.32.

2018 DRAKE RELAYS CHAMPION: Linn-Mar, 48.18

4 x 200 METER RELAY

Iowa State Meet Record: 1:39.24, Cedar Rapids Jefferson, 2015

Iowa All-time Best: 1:39.24, Cedar Rapids Jefferson, 2015

Class 4-A Record: 1:39.24, Cedar Rapids Jefferson, 2015

Regional Leaders: Pleasant Valley, 1:43.52; Ames, 1:43.93; Cedar Falls, 1:44.08.

Highest Returnee from 2017: 1. Southeast Polk, 1:41.27; 2. Waukee, 1:41.93; 4. Des Moines Hoover, 1:43.83; 5. Dowling Catholic, 1:44.29; 6. Waterloo West, 1:44.41; 7. Waterloo East, 1:44.47; .

Class 3-A Record: 1:41.50, Davenport Assumption, 2016

Regional Leaders: Dubuque Wahlert, 1:42.51; Pella, 1:43.34; Benton Community, 1:43.57.

Highest Returnee from 2018: 1. Dubuque Wahlert, 1:41.77; 2. Benton, 1:42.22; 3. Pella, 1:44.38; 4. Davenport Assumption, 1:44.77; 5. Mount Vernon, 1:46.10; 6. Decorah, 1:46.66; 8. Marion, 1:49.33.

Notes: Dubuque Wahlert is seeking its seventh 4x200 meter title in 11 years and second straight ... Wahlert's season best time of 1:42.03 ranks 18th on the Iowa all-time list.

Class 2-A Record: 1:42.94, North Polk, 2008

Regional Leaders: Sumner-Fredericksburg, 1:46.52; PCM, 1:46.71; Beckman Catholic, 1:48.80.

Highest Returnee from 2018: 1. Cascade, 1:44.65; 3. West Marshall, 1:47.31; 5. Pella Christian, 1:47.31; 7. OABCIG, 1:48.38; 8. Cherokee, 1:49.34.

Notes: Defending champion Cascade seeks its third straight 2A 4x200 title and the seventh in eight years.

Class 1-A Record: 1:44.79, Ar-We-Va, 2004 (Prelims)

Regional Leaders Danville, 1:48.95; Highland, 1:49.25; Central Elkader, 1:49.87

Highest Returnee from 2017: 1. Danville, 1:47.16; 4. Alburnett, 1:49.51; 7. Janesville, 1:49.62; 8. Sioux Central, 1:49.68.

2018 DRAKE RELAYS CHAMPION: Dubuque Wahlert, 1:42.03 (2nd straight Drake title)

4 x 400 METER RELAY

Iowa State Meet Record: 3:48.39, Sioux City East, 2009

Iowa All-time Best: 3:48.39, Sioux City East, 2009

Class 4-A Record: 3:48.39, Sioux City East, 2009

Regional Leaders: Southeast Polk, 4:01.41; Des Moines Roosevelt, 4:02.71; Waukee, 4:03.11

Highest Returnee from 2017: 1. Southeast Polk, 3:52.26; 2. Cedar Falls, 3:53.33; 3. Waukee, 3:59.40; 4. Pleasant Valley, 4:01.04; 7. Dowling Catholic, 4:04.00; 8. Ankeny, 4:09.17.

Notes: Defending champion SE Polk ran 3:52.09 this season, ranking 7th-fastest on the Iowa all-time lists

Class 3-A Record: , 3:53.05, MOC-Floyd Valley, 2014

Regional Leaders: Decorah, 4:02.21; Dubuque Wahlert, 4:03.70; Anamosa, 4:06.01.

Highest Returnee from 2017: 1. Decorah, 3:56.09; 2. Solon, 3:58.62; 3. Dubuque Wahlert, 3:59.31; 5. Bishop Heelan, 4:04.26; 6. Pella, 4:04.38; 7. Mt. Vernon, 4:04.70; Independence, 4:06.34.

Notes: *Decorah seeking its third-straight 4x400 title.*

Class 2-A Record: 3:55.52, Cascade, 2012

Regional Leaders: North Cedar, 4:07.44; Cascade, 4:08.67; Underwood, 4:09.19

Highest Returnee from 2017: 1. Western Christian, 4:01.78; 2. PCM, 4:04.19; 3. North Cedar, 4:04.73; 4. Monticello, 4:05.60; 5. Cascade, 4:06.10; 6. West Branch, 4:06.33; 8. Sioux Center, 4:09.36.

Class 1-A Record: 3:58.28, Valley Community, 2007

Regional Leaders: Danville, 4:11.88; Kee, 4:13.23; South Winneshiek, 4:14.79.

Highest Returnees from 2017: 3. Central Lyon, 4:11.15; 4. Grundy Center, 4:11.21; 5. Montezuma, 4:12.87; 7. Northwood-Kensett, 4:14.81; 8. Gehlen Catholic, 4:15.47.

2018 DRAKE RELAYS CHAMPION: Southeast Polk, 3:52.09 (2nd-straight Drake crown)

4 x 800 METER RELAY

Iowa State Meet Record: 9:09.90, Urbandale, 2016

Iowa All-time Best: 9:09.09, Iowa City West, 2001

Class 4-A Record: 9:09.90, Urbandale, 2016

Regional Leaders: Ottumwa, 9:32.60; Waukee, 9:34.43; Southeast Polk, 9:35.15/

Highest Returnees from 2017: 1. Waukee, 9:15.17; 2. Dowling Catholic, 9:24.85; 3. Cedar Falls, 9:25.06; 5. Ottumwa, 9:32.89; 7. Southeast Polk, 9:38.47; 8. Johnston, 9:44.16.

Note: *Waukee is the defending 4A 4x800 champion ... Waukee's 9:15.80 time this year ranks 13th on the all-time list ... Iowa City West's 9:18.22 time this year ranks 25th on the 4x800 all-time list.*

Class 3-A Record: 9:17.72, Mount Vernon-Lisbon, 2010

Regional Leaders: Anamosa, 9:36.52; Iowa Falls-Alden, 9:43.32; Dubuque Wahlert, 9:47.95.

Highest Returnees from 2017: 1. Gilbert, 9:35.65; 2. Dubuque Wahlert, 9:37.33; 4. Spencer, 9:41.56; 5. Decorah, 9:45.66; 6. Davenport Assumption, 9:47.02; 7. North Polk, 9:49.74; 8. Mt. Vernon, 9:49.78.

Note: *Defending champion Gilbert seeking its third 4x800 title in four years.*

Class 2-A Record: 9:25.23, Monticello, 2016

Regional Leaders: Kingsley-Pierson/Woodbury Central, 9:57.03; Western Christian, 9:57.73; Monticello, 10:02.41.

Highest Returnees from 2017: 1. Monticello, 9:26.97; 2. Mid-Prairie, 9:33.36; 4. Cascade, 9:43.71; 5. Okoboji, 9:44.47; 7. PCM, 9:52.87.

Note: *Monticello is seeking its third-straight 4x800 meter relay crown.*

Class 1-A Record: 9:28.33, Valley Community, 2007

Regional Leaders: Central Elkader, 10:11.17; Hudson, 10:11.90; South Winneshiek, 10:12.81.

Highest Returnee from 2018: 1. Central Elkader, 9:54.64; 4. Marquette Catholic, 10:04.92; 6. AGWSR, 10:09.17; 7. Central City, 10:16.44; 8. Hudson, 10:17.64.

Notes: *Central Elkader seeking its third-straight 4x800 title.*

2018 DRAKE RELAYS CHAMPION: Waukee, 9:15.60

Sprint Medley Relay

Iowa State Meet Record: 1:44.89, Pleasant Valley, 2015

Iowa All-time Best: 1:44.07, Linn-Mar, 2018

Class 4-A Record: 1:44.89, Pleasant Valley, 2015

Regional Leaders: Linn-Mar, 1:45.22; Burlington, 1:47.98; Pleasant Valley, 1:48.27.

Highest Returnees from 2017: 1. Waukee, 1:45.77; 2. Linn-Mar, 1:46.03; 3. Pleasant Valley, 1:46.99; 5. Bettendorf, 1:48.56; 7. Waterloo West, 1:50.30; 8. Dowling Catholic, 1:50.53.

Notes: Linn-Mar set the Iowa all-time record at the Drake Relays ... Southeast Polk's 2018 time of 1:45.25 sits fifth on the Iowa all-time list ... Waukee 1:46.51 time is 23rd on the Iowa all-time list.

Class 3-A Record: 1:46.46, Dubuque Wahlert, 2016

Regional Leaders: Benton Community, 1:48.23; Pella, 1:49.09; Dubuque Wahlert, 1:49.22.

Highest Returnee from 2017: 1. Pella, 1:47.90; 2. Bishop Heelan, 1:48.31; 3. Davenport Assumption, 1:48.84; 4. Dubuque Wahlert, 1:49.08; 5. Decorah, 1:49.35; 6. Boone, 1:49.39; 7. Benton Community, 1:50.14.

Class 2-A Record: 1:46.35, Dike-New Hartford, 2010

Regional Leaders: Aplington-Parkersburg, 1:51.66; 2. MVAOCOU, 1:51.71; Denver, 1:52.38.

Highest Returnees from 2017: 1. Aplington-Parkersburg, 1:52.05; 2. Alta/Aurelia, 1:52.30; 3. Denver, 1:52.60; 4. Cascade, 1:52.62; 5. Pella Christian, 1:52.77; 7. North Cedar, 1:53.09;

Class 1-A Record: 1:48.80, Hudson, 2015

Regional Leaders: Danville, 1:50.21; HLV, 1:51.01; Montezuma, 1:51.46

Highest Returnees from 2017 1. Danville, 1:51.50; 3. Sioux Central, 1:53.00; 4. Alburnett, 1:53.45; 5. Montezuma, 1:53.73; 6. Grundy Center, 1:54.37; 7. Janesville, 1:54.42; 8. Springville, 1:54.69.

2018 DRAKE RELAYS CHAMPION: Linn-Mar, 1:44.07 (Drake Relays Record & Iowa All-Time Best - 2nd straight Drake title)

Distance Medley Relay

Iowa State Meet Record: 4:00.39, Sioux City East, 2009

Iowa All-time Best: 3:55.82, Davenport Assumption, 2016

Class 4-A Record: 4:00.39, Sioux City East, 2009

Regional Leaders: Iowa City West, 4:10.18; Des Moines Roosevelt, 4:10.52; Waukee, 4:12.34.

Highest Returnee from 2017: 1. Iowa City West, 4:03.21; 2. Waukee, 4:03.49; 3. Dowling Catholic, 4:05.51; 4. Cedar Falls, 4:12.74; 7. Johnston, 4:15.37; 8. Bettendorf, 4:15.38.

Class 3-A Record: 4:03.14, Fairfield, 2006

Regional Leaders: Decorah, 4:13.12; Crestwood, 4:15.27; Anamosa, 4:17.63

Highest Returnee from 2017: 1. Decorah, 4:09.67; 2. Crestwood, 4:11.99; 3. Dubuque Wahlert, 4:12.83; 4. North Polk, 4:13.95; 6. Davenport Assumption, 4:16.53; 7. Knoxville, 4:18.57; 8. ADM, 4:18.59.

Class 2-A Record: 4:06.86, Tipton, 2006

Regional Leaders: Mid-Prairie, 4:17.31; ACGC, 4:20.71; Aplington-Parkersburg, 4:20.71.

Highest Returnees from 2017: 1. Cascade, 4:10.86; 2. Aplington-Parkersburg, 4:12.22; 3. Monticello, 4:12.80;; 7. KP-WC, 4:18.82.

Class 1-A Record: 4:05.37, North Tama, 2007

Regional Leaders: New London, 4:21.27; Kee, 4:24.06; South Winneshiek, 4:24.82.

Highest Returnees from 2017: 6. Nodaway Valley, 4:24.80; 7. North Linn, 4:26.14; 8. Central Elkader, 4:26.33.

DISCUS

Iowa State Meet Record: 172-00, Kiana Phelps, Kingsley-Pierson/WC, 2016

Iowa All-time Best: 179-7, Kiana Phelps, Kingsley-Pierson/WC, 2014

Class 4-A Record: 156-04, Taylor Freeman, Iowa City West, 2008

Regional Leaders: Lea Grady, Davenport Centra, 148-00; Kat Moody, Waukee, 134-05; Josey Stamer, Council Bluffs Thomas Jefferson, 128-07.

Highest Returnee from 2017: 5. Lea Grady, Davenport Central, 125-07; 7. Kat Moody, Waukee, 123-06.

Class 3-A Record: 154-07, Katelyn Weimerskirch, Dubuque Wahlert, 2012

Regional Leaders: Ainsley Schrock, Clear Creek-Amana, 127-01; Meghan Hettinga, MOC-Floyd Valley, 126-08; Lily Meester, Mt. Vernon, 126-01.

Highest Returnees from 2017: 6. Ainsley Schrock, Clear Creek-Amana, 117-08; 8. Brooklyn Cougill, Bishop Heelan, 116-04.

Class 2-A Record: 172-00, Kiana Phelps, Kingsley-Pierson, 2016.

Regional Leaders: Brylie Zeisneiss, South Hardin, 139-07; Jamie Kofron, Tipton, 136-06; Logan Hughes, Shenandoah, 127-06.

Highest Returnee from 2017: 3. Jamie Kofron, Tipton, 128-01; 6. Brylie Zeisneiss, South Hardin, 122-05; 7. Lydia Knapp, Panorama, 120-06; 8. Cassidy Pagel, Sumner-Fredericksburg, 118-08.

Class 1-A Record: 137-11, Wendy Ausdemore, Tri-Center, 2004

Regional Leaders: Kaitlyn Wilder, Dunkerton, 133-07; Mackenzie Goeller, Wapsie Valley, 129-08; Sophie Phillips, Fremont-Mills, 128-03.

Highest Returnees from 2017: 1. Nicole Heeren, North Butler, 123-06; 5. Caitlin Thilges, Bishop Garrigan, 120-04; 8. Kenzie Bengtson, North Iowa, 117-08.

2018 DRAKE RELAYS CHAMPION: Jamie Kofron, Tipton, 143-00.

SHOT PUT

Iowa State Meet Record: 48-08.75, Kiana Phelps, Kingsley-Pierson/WC, 2016

Iowa All-time Best: 53-3.5 Paulette Mitchell, Council Bluffs, 1992

Class 4-A Record: 46-11.75, Danielle Frere, Muscatine, 2008

Regional Leaders: Kat Moody, Waukee, 45-04.25; Lea Grady, Davenport Central, 44-11.50; Chandler Haight, Iowa City West, 44-00.50

Highest Returnees from 2017: 2. Chandler Haight, Iowa City, 42-03.50; 3. Katy Jones, Lewis Central, 40-06; 7. Lea Grady, Davenport Central, 38-01.25.

Notes: *Waukee's Kat Moody owns the 7th best shot put heave in state history at 47-03 ... Moody was the 2017 Drake Relays champion in the shot put.*

Class 3-A Record: 45-5, Brooke Gritters, Pella, 2007

Regional Leaders: Kaleigh DeWaard, Pella, 41-00.5; Jade Hard, Mt. Vernon, 40-06; Emily Troyer, Solon, 40-00.

Highest Returnees from 2017: 3. Kaleigh DeWaard, 39-06; 5. Brooke Kruse, Carlisle, 38-03.75; 7. Hailey Nierling, Decorah, 36-08.

Class 2-A Record: 48-08.75, Kiana Phelps, Kingsley-Pierson/WC, 2016

Regional Leaders: Brylie Zeisneiss, South Hardin, 139-07; Jamie Kofron, Tipton, 136-06; Logan Hughes, Shenandoah, 127-06.

Highest Returnee from 2017: 1. Marin Ehler, North Fayette Valley, 42-04.25; 4. Brylie Zeisneiss, South Hardin, 39-05.75; 5. Jamie Kofron, 39-05.50; Logan Hughes, Shenandoah, 37-02.75.

Notes: Two 2A throwers are listed in the Iowa All-time lists ... South Hardin's Brylie Zeisneiss' 44-08.5 is 17th on the all-time list while Jamie Kofron's 45-05.50 PR ranks tied for 18th.

1-A Record: 42-01.25, NiCole Dobernecker, Charter Oak-Ute, 2011

Regional Leaders: Vanessa Hamlett, Starmont, 40-00.25; Mackenzie Goeller, Wapsie Valley, 39-10.25; Abby Marr, Riceville, 39-06.50.

Highest Returnees from 2017: 4. Caitlin Thilges, Bishop Garrigan, 39-06.50; 7. Abby Marr, Riceville, 38-00.75.

2018 DRAKE RELAYS CHAMPION: Jamie Kofron, Tipton, 45-5.5 (first Iowa prep to win the Drake Relays shot and discus since Abby Emsick of Lewis Central won the Drake Relays shot and discus in 2001).

HIGH JUMP

Iowa State Meet Record: 5-11, Hannah Willms, Dike-New Hartford, 2009

Iowa All-time Best: 6-1, Hannah Willms, Dike-New Hartford, 2010

Class 4-A Record: 5-8.25, Khanishah Williams, Burlington, 2009

Regional Leaders: Sara Hoskins, Pleasant Valley, 5-3; Halley Brocker, Des Moines Roosevelt, 5-2; Alexis Hayes, North Scott, 5-2; Meghan Prohaska, CR Jefferson, 5-2; Calea Jones, Ankeny Centennial, 5-2; Annika Braaten, Bettendorf, 5-2.

Highest Returnee from 2017: 2. Skyler Presler, Linn-Mar, 5-4; 4. Alexis Hayes, North Scott, 5-4; 5. Auriona Kimbrough, Cedar Falls, 5-4; 7. Sara Hoskins, Pleasant Valley, 5-2.

Class 3-A Record: 5-7.50, Alexis Conaway, MOC-Floyd Valley, 2011

Regional Leaders: Madison Harms, Sergeant Bluff-Luton, 5-5; Rylie Todd, West Burlington/Notre Dame, 5-5; Miracle Ailes, Keokuk, 5-3; Stacey Slaven, South Tama, 5-3; Reagan Dahlquist, Waverly-Shell Rock, 5-3; Kylee Neighbors, Grinnell, 5-3.

Highest Returnee from 2017: 1. Maria Gorham, North Polk, 5-8; 3. Madison Harms, Sergeant Bluff-Luton, 5-6; 4. Stacey Slaven, South Tama, 5-2

Note: *North Polk's Maria Gorham's 5-8 is tied for 25th on the Iowa all-time list.*

Class 2-A Record: 5-11, Hannah Willms, Dike-New Hartford

Regional Leaders: Cori DeJong, Western Christian, 5-5; Morgan Johnk, Panorama, 5-4; Sydney Durbin, OABCIG, 5-3; Hannah Isley, Albia, 5-3.

Highest Returnees from 2017: 2. Sydney Durbin, OABCIG, 5-4; 4. Cori DeJong, Western Christian, 5-2; Morgan Johnk, Panorama, 5-2; T8. Hannah Isley, 5-00; T8 Elle Olthoff, Okoboji, 5-0; T8. Jessi DeJager, Western Christian, 5-0.

Note: *Megan Durbin of Greene County won the 2016 Class 3A championship in the high jump ... her 5-8 jump is tied for 25th on the Iowa all-time list.*

Class 1-A Record: 5-08.25; Chaley Rath, Treynor, 2012

Regional Leaders; Lexi Jones, West Fork, 5-5; 2. Emma Atwood, Central Decatur, 5-4; Kenzie Mantz, Belle Plaine, 5-2.

Highest Returnees from 2017: 3. Lauryn Hill, Colo-Nesco, 5-0; T3. Lexi Jones, West Fork; T8. Mckenzie Speer, Danville 5-0.

2018 DRAKE RELAYS CHAMPION: Megan Durbin, Greene County, 5-7

LONG JUMP

Iowa State Meet Record: 19-5, LaNeisha Waller, Cedar Rapids Jefferson, 2003

Iowa All-time Best: 19-10.25, Lexus Lovan, Urbandale, 2014

Class 4-A Record: 19-05, LaNeisha Waller, Cedar Rapids Jefferson, 2003

Regional Leaders: Darby Thomas, Council Bluffs Abraham Lincoln, 18-11.75; Aaliyah Williams, Des Moines East, 17-11.50; Emerson Green, Cedar Falls, 17-08.75.

Highest Returnee from 2017: 2. Darby Thomas, Council Bluffs Abraham Lincoln, 18-03; 6. Kitra Bell, Iowa City West, 17-00.25; 8. Carli Spelhaug, Pleasant Valley, 16-05.

Note: *Darby Thomas is a two-time Drake Relays champ in the long jump ...her PR of 19-1.25 ranks 12th on the Iowa all-time list ... 4A qualifier Erin McQuillen's PR of 18-11 in the long jump is tied for 21st on the Iowa all-time list.*

Class 3-A Record: 18-02.50, Jennie Clark, Norwalk, 2007

Regional Leaders: Aliyah Carter, Dubuque Wahlert, 18-10; Sienna Durr, Grinnell, 17-5.25; Ellen Castle, Boone, 17-3.5.

Highest Returnee from 2017: 1. Sienna Durr, Grinnell, 17-10.25; 2. Hannah Anderson, Washington, 17-09.75; 5. Paighton Malek, Pella, 16-11.25

Class 2-A Record: 18-11.5, Dani Stipe, Kuemper Catholic, 2006

Regional Leaders: Ashlyn Albrecht, Sheldon, 17-07; Mikayla Turek, Unity Christian, 17-04.25; Mallory Badding, Kuemper Catholic, 17-03.75.

Highest Returnees from 2017: 2. Ashlyn Albrecht, Sheldon, 17-01.25; 5. Mikayla Turek, Unity Christian, 16-08.25; 6. Meagan Blomgren, Van Meter, 16-07.75.

Class 1-A Record: 18-08.5, Jennifer Jorgensen, SE Webster-Grand, 2008

Regional Leaders: Emily Yahnke, Highland, 17-3; Reagan Happel, Lisbon, 16-8; Rylee Menster, 16-07.50

Highest Returnee from 2017: 1. Rylee Menster, Springville, 16-11; 2. Cherrisse Ward, Iowa Valley, 16-03.75; 3. Kyah Luhning, Grundy Center, 16-2.75; 4. Summer Barthelman, Sigourney, 16-02.25; 5. Lily Liekweg, Janesville, 15-11.50; 6. Kiana Apley, Akron-Westfield, 15-10.25; 7. Clara Schaaf, Fremont-Mills, 15-09.75;

2018 DRAKE RELAYS CHAMPION: Darby Thomas, Council Bluffs Abraham Lincoln, 18-08.5 (2nd-straight Drake title).

2018 GIRLS' COMPETITORS:

Class 1A - 105 schools - 656 participants

Class 2A - 84 schools - 671 participants

Class 3A - 63 schools - 627 participants

Class 4A - 45 schools - 616 Participants

TOTAL SCHOOLS - 297; TOTAL GIRLS' COMPETITORS: 2570