

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/10/2024 05:26 PM
Iowa Girls & Boys State Track Meet 2024 - 5/16/2024 to 5/18/2024
Des Moines, Iowa
Drake Stadium
Meet Program

Event 3 Girls 100 Meter Dash 2A (24)

Thursday 5/16/2024 - 12:50 PM

State Record: 12.06 5/20/2023 Jaidyn Sellers, Panorama
All-Time: 11.49 2018 Sydney Milani, Southeast Polk
Name Year School

Heat 1 Prelims

1	Charley Curtis	10	Crestwood
2	Hayden Thomas	09	Woodward-Gra
3	Jayden Cravatta	12	Camanche
4	Rachel Kacmarynski	09	Pella Christ
5	Anna Heynen	12	Unity Chrst,
6	Jacey Johnston	10	Osage
7	Abigale Chapman	11	Chariton
8	Alli Sheldahl	11	South Hardin

Heat 2 Prelims

1	Avery Wilson	10	Sioux Ctrl,
2	Ayden Feske	12	Eagle Grove
3	Amanda Davis	11	Pocahon Area
4	Eden Moore	12	Van Meter
5	Miley Wells	10	Okoboji, Mil
6	Morgan Karr	10	PCM, Monroe
7	Molly Moore	11	Centerville
8	Sydney Brouwer	12	Lawton-Brons

Heat 3 Prelims

1	Macey Jones	12	W Lyon, Inwo
2	Audrey Girard	12	W Marshall
3	Addison Westergard	11	W Sioux Hwar
4	Jovi Evans	10	Mid-Prairie,
5	Jerzee Knight	11	Clarinda
6	Addison Adam	11	Cardinal, El
7	Julija Miletic	12	Kingsley-Pie
8	Alivia Chambers	10	Northeast, G

Event 11 Girls 200 Meter Dash 2A (24)

Thursday 5/16/2024 - 10:40 AM

State Record: 24.49 5/21/2009 Hannah Willms, Dike-NH
All-Time: 23.68 2018 Sydney Milani, Southeast Polk
Name Year School

Heat 1 Prelims

1	Miranda Neighbor	10	Alburnett
2	Audrey Girard	12	W Marshall
3	Kamryn Lande	11	Roland-Story
4	Meredith Van Wyk	10	Pella Christ
5	Eden Moore	12	Van Meter
6	Jacey Johnston	10	Osage
7	Rachel Schany	10	Emmetsburg
8	Kyndra Gramstad	11	W Lyon, Inwo

Heat 2 Prelims

1	Addison Adam	11	Cardinal, El
2	Molly Shafer	11	Eddyvl-Blake
3	Krishana Allen	11	Okoboji, Mil
4	Jaselyne Anderson	12	Estherville-
5	Anthea Leupold	09	Spirit Lake

6	Lela Haveman	11	Lawton-Brons
7	Avery Recker	10	Regina, IC
8	Amanda Davis	11	Pocahon Area

Heat 3 Prelims

1	Hailee Pesek	12	New Hampton
2	Jocelyn O'Neal	10	Red Oak
3	Jordan Tegeler	09	Northeast, G
4	Jerzee Knight	11	Clarinda
5	Jovi Evans	10	Mid-Prairie,
6	Anna Heynen	12	Unity Chrst,
7	Macie Graves	11	Dike-NH
8	Addison Rubendall	10	Lawton-Brons

Event 19 Girls 400 Meter Dash 2A (24)

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 Thursday 5/16/2024 - 1:20 PM

State Record: 53.96 5/20/2010 Hannah Willms, Dike-NH
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk
 Name Year School

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 Section 1 Timed Finals

1	Cici Herrick	09	S Hamilton
2	Ella Howell	09	Louisa-Musc
3	Abby Scott	11	Spirit Lake
4	Kyndra Gramstad	11	W Lyon, Inwo
5	Kennedy Schumacher	12	Durant
6	Raelyn Steinmeyer	09	Grundy Cente
7	Chloe Judisch	12	South Cent C
8	Claire Weaver	09	Forest City

Section 2 Timed Finals

1	Jenna Vonnahme	12	Pocahon Area
2	Jocelyn O'Neal	10	Red Oak
3	Reagan Seuntjens	11	MVAOCO
4	Olivia Phillips	11	I-35, Truro
5	Marisa Kehoe	12	Monticello
6	Taylor Davis	09	Hudson
7	Maria Kruse	12	Beckman
8	Kinsley Hackman	11	New Hampton

Section 3 Timed Finals

1	Jordan Tegeler	09	Northeast, G
2	Rachel Schany	10	Emmetsburg
3	Jaselyne Anderson	12	Estherville-
4	Abby George	11	Albia
5	Bailey Vos	10	Pella Christ
6	Kate Shafer	11	Eddyvl-Blake
7	Jacey Johnston	10	Osage
8	Ella Hein	09	Tipton

Event 27 Girls 800 Meter Run 2A (24)

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 Saturday 5/18/2024 - 10:40 AM

State Record: 2:12.12 5/19/2007 Ashley Miller, Tipton
 All-Time: 2:06.52 2021 Ainsley Erzen, Carlisle
 Name Year School

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 Section 1 Timed Finals

1	Grace Storjohann	10	Grundy Cente
2	Linnea Bloom	11	Sioux Ctrl,
3	Laura Streck	09	Van Meter
4	Grace Hamann	09	West Branch
5	Mollie Hansen	10	Hudson
6	Greta Sieren	12	Mid-Prairie,
7	Teryn Hansen	10	Northeast, G

8	Brynn Albertsen	10	Union, LaPor
9	Zoey Osmundson	10	Woodward-Gra
10	Kaylee Mesz	09	Lawton-Brons
11	Danika Rieks	09	Ia Falls-Ald
12	Hailey Homan	11	Denver

Section 2 Timed Finals

1	Chloe Judisch	12	South Cent C
2	Abby George	11	Albia
3	Brooklyn Fryar	12	Van Meter
4	Noelle Steines	11	Tipton
5	Alivia Edens	12	Tipton
6	Clare Wright	12	Jesup
7	Caroline Van Utrecht	11	Eddyvl-Blake
8	Paige Prazak	11	Central Sprn
9	Ava Krutsinger	10	Chariton
10	Kaycee Pittman	10	Greene Count
11	Marisa Kehoe	12	Monticello
12	Addison Liston	11	Unity Chrst,

Event 35 Girls 1500 Meter Run 2A (24)

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 Saturday 5/18/2024 - 2:22 PM

State Record: 4:33.41 5/20/2017 Anna Hostetler, Mid-Prairie,
 All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name	Year	School
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Section 1 Timed Finals

1	Laura Streck	09	Van Meter
2	McKenna Montgomery	10	Albia
3	Clare Wright	12	Jesup
4	Hillary Trainor	12	Sumner-Fredr
5	Noelle Steines	11	Tipton
6	Olivia Hoogland	12	Unity Chrst,
7	Grace Hamann	09	West Branch
8	Hallie Kelchen	10	Cascade
9	Ashlyn Sauser	09	Oelwein
10	Danielle Hostetler	12	Mid-Prairie,
11	Alyssa Richman	11	Manson NW We
12	Ruby Greving	10	Regina, IC
13	Abby Fleming	12	Mid-Prairie,
14	Julia Mertz	12	Beckman
15	Addison Liston	11	Unity Chrst,
16	Ava Remley	10	Anamosa
17	Emma McCoy	11	Van Meter
18	Kinze Shea	12	Crestwood
19	Laura Owen	11	Tipton
20	Scarlett Byrnes	10	Osage
21	Abi Teeter	10	PCM, Monroe
22	Amilia Condon	11	Union, LaPor
23	Meryl Casady	10	DSM Christia
24	Chloe Judisch	12	South Cent C

Event 43 Girls 3000 Meter Run 2A (24)

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 Thursday 5/16/2024 - 9:40 AM

State Record: 9:47.52 5/18/2017 Anna Hostetler, Mid-Prairie,
 All-Time: 9:23.60 4/25/2024 Addison Dorenkamp, Valley

Name	Year	School
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Section 1 Timed Finals

1	Ava Remley	10	Anamosa
2	Danielle Hostetler	12	Mid-Prairie,
3	Noelle Steines	11	Tipton

4	McKenna Montgomery	10	Albia
5	Laura Streck	09	Van Meter
6	Hillary Trainor	12	Sumner-Fredr
7	Hallie Kelchen	10	Cascade
8	Kinze Shea	12	Crestwood
9	Mackenzie Wilson	11	Jesup
10	Alyssa Richman	11	Manson NW We
11	Abby Fleming	12	Mid-Prairie,
12	Taitlin Koch	12	W Central Va
13	Meryl Casady	10	DSM Christia
14	Amilia Condon	11	Union, LaPor
15	Scarlett Byrnes	10	Osage
16	Izzy Houts	12	Dike-NH
17	Eva Fleshner	10	Woodward-Gra
18	Julia Mertz	12	Beckman
19	Iris Melody	10	South Cent C
20	Lauren Youngblut	12	Union, LaPor
21	Katie Young	10	Unity Chrst,
22	Rachel Putze	10	Kingsley-Pie
23	Hailey Egbert	11	Shenandoah
24	Adison Frerichs	12	Okoboji, Mil

Event 50 Girls 100 Meter Hurdles 2A (24)

Friday 5/17/2024 - 10:20 AM

State Record: 14.33 5/23/2009 Alex Gochenour, Logan-Mag.

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School
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Heat 1 Prelims

1	Jailyn Petersen	11	Union, LaPor
2	Kinsey Mohwinkle	12	Aplntn-Parks
3	Rowan Jensen	12	Ridge View
4	Morgan Karr	10	PCM, Monroe
5	Miranda Neighbor	10	Alburnett
6	Kate Green	11	Cascade
7	Isabelle Janssen	09	Ia Falls-Ald
8	Cameron Johnson	12	Waukon

Heat 2 Prelims

1	Burkli Harkins	10	Van Meter
2	Quinn Wilkinson	10	Sioux Ctrl,
3	Reese Naeve	10	Regina, IC
4	Annie Metzger	11	W Lyon, Inwo
5	Bailey Boeve	10	Hinton
6	Taydem Graden	11	Ogden
7	Chloe Denton	11	Shenandoah
8	Sara Mead	10	Jesup

Heat 3 Prelims

1	Haedyn Rebelsky	11	Van Meter
2	Ryleigh Waldstein	11	Sioux Ctrl,
3	Cara Schiltz	11	Estherville-
4	Leah Bolluyt	09	Spirit Lake
5	Hadley Hardersen	11	DSM Christia
6	Addi Hindt	12	Southeast Va
7	Molly Shafer	11	Eddyvl-Blake
8	Behla Schmidt	12	Mid-Prairie,

Event 58 Girls 400 Meter Hurdles 2A (24)

Friday 5/17/2024 - 12:00 PM

State Record: 1:01.72 5/19/2023 Clara Teigland, Treynor

All-Time: 57.30 1975 Debbie Esser, Woodbine

Name	Year	School
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Section 1 Timed Finals

1	Liliana Cortes	11	Postville
2	Payton Trapp	09	Kingsley-Pie
3	Taylor Ries	11	New Hampton
4	Emma Bose	10	Jesup
5	Hadley Hardersen	11	DSM Christia
6	Lainey Shelangoski	12	Durant
7	Molly Roling	11	Cascade
8	Makenna Paulsen	10	AHSTW

Section 2 Timed Finals

1	Ava Eddy	10	Aplntn-Parks
2	Annie Metzger	11	W Lyon, Inwo
3	Tiffani Koonce	12	PCM, Monroe
4	Olivia Phillips	11	I-35, Truro
5	Madison Boese	11	Van Meter
6	Bethany Warren	11	Forest City
7	Bailey Nordyke	12	Clarinda
8	Ella Steele	10	Hudson

Section 3 Timed Finals

1	Eden Moore	12	Van Meter
2	Charlotte Pritchard	12	Spirit Lake
3	Laney Wolfswinkel	11	Cherokee, Wa
4	Leah Bolluyt	09	Spirit Lake
5	Morgan Neuroth	12	E Marshall
6	Addie Nerem	12	Tipton
7	Kate Shafer	11	Eddyvl-Blake
8	Preslie Peterson	12	Sioux Ctrl,

Event 67 Girls 4x100 Meter Shuttle Hurdle 2A (24)

Thursday 5/16/2024 - 9:00 AM

State Record: 1:04.67 5/20/2023 Sioux Ctrl, SR, Sioux Ctrl,
R Waldstein, B Webber, B Johannsen, P Peterson
All-Time: 1:00.44 2022 Dowling Catholic, Dowling Catholic
O Kramer, R Leman, A Gaskell, E Okwaramoi

School

Heat 1 Prelims

1 Cent Decatur '1'
3 Ridge View '1'
5 Roland-Story '1'
7 Mid-Prairie, W '1'

Heat 2 Prelims

1 W Marshall '1'
3 Aplntn-Parksbg '1'
5 PCM, Monroe '1'
7 Shenandoah '1'

Heat 3 Prelims

1 OABCIG '1'
3 Cascade '1'
5 Ogden '1'
7 Audubon '1'

Heat 4 Prelims

1 Treynor '1'
3 Sioux Ctrl, SR '1'
5 W Lyon, Inwood '1'
7 E Marshall '1'

Heat 5 Prelims

1 Pleasantville '1'
3 Regina, IC '1'
5 Jesup '1'
7 Southeast Valley '1'

Heat 6 Prelims

- 1 Forest City '1'
- 3 Union, LaPorte C '1'
- 5 Van Meter '1'
- 7 Waukon '1'

Event 72 Girls 4x100 Meter Relay 2A (24)

Friday 5/17/2024 - 12:40 PM

State Record: 49.29 5/22/2021 Northeast, GL, Northeast, GL
P Holst, E Rickertsen, M Tarr, N Hildebrandt
All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
CR Jefferson Tied in 2015

School

Heat 1 Prelims

- 1 Sioux Ctrl, SR '1'
- 2 Denver '1'
- 3 Lawton-Bronson '1'
- 4 Spirit Lake '1'
- 5 Van Meter '1'
- 6 Pella Christian '1'
- 7 South Hardin '1'
- 8 Grundy Center '1'

Heat 2 Prelims

- 1 Alburnett '1'
- 2 Regina, IC '1'
- 3 Dike-NH '1'
- 4 Roland-Story '1'
- 5 Cent Decatur '1'
- 6 Underwood '1'
- 7 S Hamilton '1'
- 8 Northeast, GL '1'

Heat 3 Prelims

- 1 Chariton '1'
- 2 Clarinda '1'
- 3 Cardinal, Eldon '1'
- 4 Forest City '1'
- 5 Okoboji, Milford '1'
- 6 Mid-Prairie, W '1'
- 7 Kingsley-Pierson '1'
- 8 Beckman '1'

Event 80 Girls 4x200 Meter Relay 2A (24)

Friday 5/17/2024 - 11:00 AM

State Record: 1:42.94 5/16/2008 North Polk, North Polk
S Humphrey, C Christensen, M Moeckly, J Andreassen
All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
A Ranschau, J Blue, M Meese, L Schneekloth

School

Section 1 Timed Finals

- 1 AHSTW '1'
- 2 Cardinal, Eldon '1'
- 3 Regina, IC '1'
- 4 Denver '1'
- 5 OABCIG '1'
- 6 Cascade '1'
- 7 DSM Christian '1'
- 8 Crestwood '1'

Section 2 Timed Finals

- 1 Mediapolis '1'

- 2 Cherokee, Wash '1'
- 3 Van Meter '1'
- 4 Clarinda '1'
- 5 Dike-NH '1'
- 6 Kingsley-Pierson '1'
- 7 S Hamilton '1'
- 8 Underwood '1'

Section 3 Timed Finals

- 1 Lawton-Bronson '1'
- 2 Forest City '1'
- 3 Spirit Lake '1'
- 4 Pella Christian '1'
- 5 Roland-Story '1'
- 6 Okoboji, Milford '1'
- 7 South Hardin '1'
- 8 Cent Decatur '1'

Event 88 Girls 4x400 Meter Relay 2A (24)

Friday 5/17/2024 - 1:20 PM

State Record: 3:55.52 5/19/2012 Cascade, WD, Cascade, WD

A Green, A Meyer, T Helmle, A Gibbs

All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E

S Houlihan, R Mikulicz, E McCarthy, E Dougherty

School

Heat 1 Prelims

- 1 Sioux Ctrl, SR '1'
- 2 Aplntn-Parksbg '1'
- 3 Albia '1'
- 4 Pella Christian '1'
- 5 Western Christ '1'
- 6 S Hamilton '1'
- 7 Audubon '1'
- 8 Monticello '1'

Heat 2 Prelims

- 1 DSM Christian '1'
- 2 Roland-Story '1'
- 3 Cherokee, Wash '1'
- 4 Eddyvl-Blakes/F '1'
- 5 Van Meter '1'
- 6 Unity Chrst, OC '1'
- 7 Grundy Center '1'
- 8 Estherville-LC '1'

Heat 3 Prelims

- 1 Southeast Valley '1'
- 2 Spirit Lake '1'
- 3 AHSTW '1'
- 4 Forest City '1'
- 5 Tipton '1'
- 6 Hinton '1'
- 7 New Hampton '1'
- 8 South Hardin '1'

Event 96 Girls 4x800 Meter Relay 2A (24)

Thursday 5/16/2024 - 11:20 AM

State Record: 9:24.76 5/16/2019 Western Christ, Wst Christian

B Nelson, M Van'tHul, E Heynen, O Granstra

All-Time: 9:01.47 4/27/2024 Pleasant Valley, Pleasant Valley

A Wedemeyer, A Johnson, K Mowen, G Boleyn

School

Section 1 Timed Finals

- 1 Oelwein '1'
- 2 Cent Lyon '1'
- 3 Sioux Ctrl, SR '1'
- 4 Monticello '1'
- 5 Aplntn-Parksbg '1'
- 6 New Hampton '1'
- 7 Mediapolis '1'
- 8 PCM, Monroe '1'
- 9 Waukon '1'
- 10 Denver '1'
- 11 Regina, IC '1'
- 12 DSM Christian '1'

Section 2 Timed Finals

- 1 AHSTW '1'
- 2 Forest City '1'
- 3 Van Meter '1'
- 4 Tipton '1'
- 5 Unity Chrst, OC '1'
- 6 Albia '1'
- 7 Western Christ '1'
- 8 Hinton '1'
- 9 Union, LaPorte C '1'
- 10 Grundy Center '1'
- 11 Treynor '1'
- 12 Mid-Prairie, W '1'

Event 110 Girls 800 Sprint Medley 2A (24)

Saturday 5/18/2024 - 9:12 AM

State Record: 1:46.35 5/22/2010 Dike-NH, Dike-NH
A Dove, M Daley, N Hensley, H Willms
All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
A Rolle, O Hubler, J Bennett, P Wensel

School

Section 1 Timed Finals

- 1 South Cent Cal '1'
- 2 Northeast, GL '1'
- 3 S Hamilton '1'
- 4 Sioux Ctrl, SR '1'
- 5 Dike-NH '1'
- 6 Beckman '1'
- 7 MVAOCOU '1'
- 8 Camanche '1'

Section 2 Timed Finals

- 1 I-35, Truro '1'
- 2 Kingsley-Pierson '1'
- 3 Jesup '1'
- 4 Pocahon Area '1'
- 5 Forest City '1'
- 6 Eddyvl-Blakes/F '1'
- 7 Lawton-Bronson '1'
- 8 New Hampton '1'

Section 3 Timed Finals

- 1 Van Meter '1'
- 2 Roland-Story '1'
- 3 Spirit Lake '1'
- 4 Pella Christian '1'
- 5 Estherville-LC '1'
- 6 AHSTW '1'
- 7 South Hardin '1'
- 8 Unity Chrst, OC '1'

Event 118 Girls High Jump 2A (24)

Friday 5/17/2024 - 11:30 AM

State Record: 5-11 5/22/2009 Hannah Willms, Dike-NH
All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford
Name Year School

Flight 1 Finals

1	Tatum Nebergall	11	Tipton
2	Elaina Hesse	09	Clarinda
3	Emersyn Rentschler	10	W Lyon, Inwo
4	Allison Koch	10	Grundy Cente
5	Ella Van Dyke	11	I-35, Truro
6	Kylee Schuler	11	W Marshall
7	Alaysia McCord	12	Woodward-Gra
8	Grace Neuberger	12	S Hamilton
9	Trista Ohlmeier	11	MVAOCOU
10	Alliya Vratney	11	Anamosa
11	Mikayla Beisel	11	Clarion-Gold
12	Ava Mills	12	Union, LaPor
13	Lexi Isebrand	10	Forest City
14	Willow Ray	09	W Central Va
15	Ayla Barrett	12	PCM, Monroe
16	Maddie Hoogland	11	Unity Chrst,
17	Reese Naeve	10	Regina, IC
18	Grace Hunsberger	10	Colfax-Mingo
19	Madison Stowater	12	Ridge View
20	Molly Shafer	11	Eddyvl-Blake
21	Samantha Lass	11	Ogden
22	Cameron Johnson	12	Waukon
23	Bailey Boeve	10	Hinton
24	Rachel Schany	10	Emmetsburg

Event 126 Girls Long Jump 2A (24)

Thursday 5/16/2024 - 11:30 AM

State Record: 18-11.50 5/18/2006 Dani Stipe, Kuem Cath Carrol
All-Time: 19-10.25 2014 Lexus Lovan, Urbandale
Name Year School

Flight 1 Finals

1	Sara Bjerke	12	Cent Lyon
2	Emma Wolff	11	Aplntn-Parks
3	Morgan Masching	09	Kuemper Cath
4	Avery Banks	09	Van Meter
5	Soiyer Smith	09	Cent Decatur
6	Ava Mills	12	Union, LaPor
7	Kyla Egli	11	Manson NW We
8	Jocelyn O'Neal	10	Red Oak
9	Isabella Schlatter	10	Crestwood
10	Addisyn Pritchard	09	OABCIG
11	Lexi Gilbert	09	Kingsley-Pie
12	Lily Troendle	11	Crestwood

Flight 2 Finals

1	Bailey Boeve	10	Hinton
2	Taydem Graden	11	Ogden
3	Irelynne McNamara	09	MVAOCOU
4	Catie Hook	12	Wilton
5	Sully Hall	09	West Liberty
6	Addyson Jeske	11	Eagle Grove
7	Adalyn Sporleder	11	Roland-Story
8	Emma Becker	12	Cardinal, El

9	Kylie Meier	10	Clarinda
10	Emma Lueck	12	Mid-Prairie,
11	Rachel Schany	10	Emmetsburg
12	Kinsey Mohwinkle	12	Aplntn-Parks

Event 134 Girls Discus Throw 2A (24)

Friday 5/17/2024 - 9:00 AM

State Record: 172-01 5/20/2016 Kiana Phelps, KP-WC

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name	Year	School
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Flight 1 Finals

1	Lauren Rodgers	11	Woodward-Gra
2	Alivia Tupper	11	Ia Falls-Ald
3	Hannah True	12	Central Sprn
4	Morgan Stecher	12	Louisa-Musc
5	Hillary Ruschy	11	Estherville-
6	Paige Irvine	11	Camanche
7	Ellie Sibbel	12	Kuemper Cath
8	Cynthia Albert	12	Cardinal, El
9	Aliyah Parker	12	Shenandoah
10	Tristin Gorden	09	South Cent C
11	Brigitte Rohrer	12	Union, LaPor
12	Emma Ewalt	11	Greene Count

Flight 2 Finals

1	Ericka Power	12	Osage
2	Ciera Hutton Spieker	12	I-35, Truro
3	Lauren Kounkel	12	Hinton
4	Maya Zappia	12	MO Valley
5	Lauren Travis	10	Spirit Lake
6	Addy Engel	11	Hudson
7	Jadyn Huisman	12	Treynor
8	Kloe Hemmersbach	12	Waukon
9	Hannah Schroeder	10	N Fayette Va
10	Maddie Fischer	12	Anamosa
11	Jana Ter Wee	12	W Lyon, Inwo
12	Fran Travis	12	Spirit Lake

Event 142 Girls Shot Put 2A (24)

Thursday 5/16/2024 - 9:00 AM

State Record: 48-08.75 5/19/2016 Kiana Phelps, KP-WC

All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name	Year	School
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Flight 1 Finals

1	Alivia Tupper	11	Ia Falls-Ald
2	Harper Pacha	10	Mid-Prairie,
3	Cynthia Albert	12	Cardinal, El
4	Delaney Mathews	10	Treynor
5	Korey Hrdlicka	11	Crestwood
6	Fran Travis	12	Spirit Lake
7	Halee Hauswirth	10	Pocahon Area
8	Elian Dzangue	12	Tipton
9	Aliyah Parker	12	Shenandoah
10	Miya Schrock	09	Unity Chrst,
11	Addy Engel	11	Hudson
12	Lynnae Green	11	Shenandoah

Flight 2 Finals

1	Tristin Gorden	09	South Cent C
2	Hannah Schroeder	10	N Fayette Va
3	Kloe Hemmersbach	12	Waukon

4	Ellie Sibbel	12	Kuemper Cath
5	Alex Kitchen	12	Southeast Va
6	Paige Irvine	11	Camanche
7	Brigitte Rohrer	12	Union, LaPor
8	Lauren Kounkel	12	Hinton
9	Alyssa Pierce	11	West Branch
10	Hillary Ruschy	11	Estherville-
11	Jana Ter Wee	12	W Lyon, Inwo
12	Lauren Travis	10	Spirit Lake

Event 149 Girls Distance Medley 2A (24)

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 Friday 5/17/2024 - 9:00 AM

State Record: 4:06.40 5/19/2023 Van Meter, Van Meter
 T Speltz, F Netten, M Kelly, C Kelly
 All-Time: 3:55.82 2017 Assumption, Assumption
 School

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 Section 1 Timed Finals

1 Hudson '1'
 2 Grundy Center '1'
 3 Woodward-Grangr '1'
 4 Hinton '1'
 5 Ia Falls-Alden '1'
 6 W Central Valley '1'
 7 Western Christ '1'
 8 Audubon '1'

Section 2 Timed Finals

1 Treynor '1'
 2 Greene County '1'
 3 Central Sprngs '1'
 4 West Branch '1'
 5 Aplntn-Parksbg '1'
 6 Sioux Ctrl, SR '1'
 7 Cascade '1'
 8 Cherokee, Wash '1'

Section 3 Timed Finals

1 Van Meter '1'
 2 Jesup '1'
 3 Chariton '1'
 4 Tipton '1'
 5 Forest City '1'
 6 Mid-Prairie, W '1'
 7 Unity Chrst, OC '1'
 8 Eddyvl-Blakes/F '1'