

2018 Iowa State Track & Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa
Drake Stadium
Performance List

Event 5 Girls 100 Meter Dash 3A (24) Prelims

Thursday 5/17/2018 - 6:37 PM

State Record: 12.08 5/18/2017 Keaton Kester, ADM, Adel
All-Time: 11.5h 1985 Natasha Kaiser, Des Moines Roosevelt

Name	Year	School	Seed	Time
1	Ellie Masten	12 Benton Comm	12.03	1
2	Libby Wedewer	10 Wahlert, Dub	12.05	1
3	Keaton Kester	12 ADM, Adel	12.09	1
4	Emily Vos	12 Pella	12.28	2
5	Carly King	11 Assumption	12.30	1
6	Tarynn Rodman	10 Norwalk	12.49	1
7	Katie Saner	11 Crestwood	12.50	1
8	Ya' Mia Ailes-Primes	12 Keokuk	12.50	2
9	Bailey Hasken	12 Wahlert, Dub	12.54	2
10	Emma Perkins	10 Carroll	12.61	2
11	Haley Flaws	12 Webster City	12.73	1
12	Aricka Lambson	12 Carlisle	12.81	2
13	Brynne Valkosky	12 Decorah	12.81	2
14	Colleen Klostermann	09 Central DeWitt	12.86	3
15	Roselande Vanderhoff	09 Pella	12.90	3
16	Alexa Chase	09 Algona	13.04	2
17	Lindsey Campbell	09 Keokuk	13.07	3
18	Whitney Weiss	12 Denison-Schlswg	13.08	3
19	Khaylor Fleck	10 Solon	13.09	4
20	Francine Jackson	12 Marion	13.13	5
21	Ashley Murrow	12 DC-Grimes	13.14	3
22	Ally Kline	10 Gilbert	13.14	3
23	Lona Hoogeveen	12 Boy-Hul/Rock Val	13.21	1
24	Katelyn Nissen	11 Spencer	13.41	2

Event 13 Girls 200 Meter Dash 3A (24) Prelims

Thursday 5/17/2018 - 4:30 PM

State Record: 24.59 2015 Kari Dufoe, ADM, Adel
All-Time: 23.97 2018 Syndey Milani, Southeast Polk

Name	Year	School	Seed	Time
1	Keaton Kester	12 ADM, Adel	25.02	1
2	Carly King	11 Assumption	25.21	1
3	Emily Vos	12 Pella	25.22	1
4	Annika Pingel	12 Pella	25.23	2
5	Katie Saner	11 Crestwood	25.53	1
6	Ya' Mia Ailes-Primes	12 Keokuk	25.56	2
7	Ellie Mendlik	12 Denison-Schlswg	25.67	2
8	Libby Wedewer	10 Wahlert, Dub	25.67	1
9	Anna Sherman	12 Wahlert, Dub	25.76	2
10	Abbey Jackson	10 Knoxville	25.87	3
11	Hannah Anderson	10 Washington	26.02	3
12	Olivia Nebergall	10 Anamosa	26.19	3
13	Fiona Buresh	09 Decorah	26.22	2
14	Emma Perkins	10 Carroll	26.35	3
15	Sadey Allgood	11 Glenwood	26.55	4
16	Lea Nelson	11 Assumption	26.56	4

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Event 13 ... (Girls 200 Meter Dash 3A (24) Prelims)

Name	Year	School	Seed Time	
17 Haley Flaws	12	Webster City	26.61	1
18 Tarynn Rodman	10	Norwalk	26.67	1 Conv
19 Taylor Vanderholt	12	Norwalk	26.68	2 Conv
20 Sydney Hoover	10	Algona	26.78	2
21 Sarah Schminke	11	Vinton-Shellbrg	26.81	3
22 Brooke Berns	10	Decorah	26.83	4
23 Emma Kenkel	11	Storm Lake	28.07	1
24 Payton Ahrenstorff	11	Spirit Lake	28.33	2

Event 21 Girls 400 Meter Dash 3A (24)

Thursday 5/17/2018 - 7:10 PM

State Record: 54.73 5/19/2016 Diana Slight, Boone
 All-Time: 53.70 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed Time	
1 Carly King	11	Assumption	57.81	1
2 Madison Jochum	11	Bishop Heelan	58.66	1
3 Ellie Mendlik	12	Denison-Schlswg	58.67	1
4 Maria Gorham	12	North Polk	58.98	1
5 Erin Kerkhoff	11	Solon	59.00	1
6 Kaylee Hosch	11	Independence	1:00.38	1
7 Laney Fitzpatrick	09	Assumption	1:01.07	2
8 Shelby Hulsebus	12	Benton Comm	1:01.67	1
9 Emma Kenkel	11	Storm Lake	1:01.72	2
10 Abbey Jackson	10	Knoxville	1:01.81	2
11 Madyln Danner	11	Boone	1:01.88	1
12 Cierra Lacina	11	Clear Crk-Amana	1:02.07	3
13 Taylor Vanderholt	12	Norwalk	1:02.35	2
14 Sidney Vancil	12	Perry	1:02.60	3
15 Sadie Juergens	11	ADM, Adel	1:02.64	2
16 Brooklyn Huberty	11	SB-Luton	1:02.86	3
17 Alaina Schmidt	10	Wahlert, Dub	1:02.88	2
18 Olivia Battle	10	Decorah	1:03.07	2
19 Cari Pickup	10	Maquoketa	1:03.28	3
20 Hadyn Miller	10	Ia Falls-Alden	1:03.30	2
21 Madison Willson	11	CPU	1:03.32	3
22 Rian Knapp	10	Wahlert, Dub	1:03.50	4
23 Ashley Blommers	09	Pella	1:03.54	4
24 Megan Sterbenz	09	DC-Grimes	1:03.70	4

Event 29 Girls 800 Meter Run 3A (24)

Saturday 5/19/2018 - 10:50 AM

State Record: 2:07.51 5/21/2016 Joy Ripslinger, Assumption
 All-Time: 2:07.18 2016 Joy Ripslinger, Assumption, Dav

Name	Year	School	Seed Time	
1 Ellie Friesen	12	Crestwood	2:21.02	1
2 Jenna Galligan	12	Decorah	2:22.18	2
3 Grace Juhl	11	Ia Falls-Alden	2:22.65	1
4 Brett Schneider	12	Fort Madison	2:22.78	1
5 Maddy Juhl	11	Ia Falls-Alden	2:22.99	2
6 Corinne Gadiant	11	Anamosa	2:23.34	1

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Event 29 ... (Girls 800 Meter Run 3A (24))

Name	Year	School	Seed Time
7	Laney Fitzpatrick	09 Assumption	2:25.44 2
8	Sadie Juergens	11 ADM, Adel	2:26.02 1
9	Katie Keitges	10 Knoxville	2:26.20 1
10	Grace Horst	11 Vinton-Shellbrg	2:26.46 3
11	Caroline McMartin	10 Pella	2:26.47 2
12	Ellie Osterberger	12 Wahlert, Dub	2:26.50 2
13	Holly Hohmann	12 Wahlert, Dub	2:26.67 3
14	Camille Mac	09 IC, Liberty	2:26.70 3
15	Maggie Pollard	12 Gilbert	2:26.89 3
16	Makenna Hudson	10 Creston	2:26.94 2
17	Claire Duncan	12 Anamosa	2:27.33 4
18	Cara Heuer	10 Gilbert	2:27.64 4
19	Sidney Vancil	12 Perry	2:28.22 1
20	Madison Jochum	11 Bishop Heelan	2:28.46 1
21	Maggie Jennings	10 Mt Pleasant	2:28.70 4
22	Raegan Andersen	11 Denison-Schlswg	2:28.82 3
23	Sophie Blanchard	12 North Polk	2:29.46 2
24	Amber Aesoph	10 Bishop Heelan	2:31.00 2

Event 37 Girls 1500 Meter Run 3A (24)

Saturday 5/19/2018 - 3:00 PM

State Record: 4:39.00 5/20/2017 Joy Ripslinger, Assumption
 All-Time: 4:26.39 2011 Shelby Houlihan, Sioux City East

Name	Year	School	Seed Time
1	Ellie Friesen	12 Crestwood	4:49.30 1
2	Adrianna Katcher	10 CPU	4:53.52 2
3	Mckenzie Logan	09 IC, Liberty	4:59.93 1
4	Camille Mac	09 IC, Liberty	5:00.52 2
5	Grace Horst	11 Vinton-Shellbrg	5:02.48 3
6	Shayla Betts	10 Decorah	5:02.72 4
7	Lauren Juhl	11 Ia Falls-Alden	5:03.55 1
8	Bryce Gidel	10 Humboldt	5:03.64 2
9	Kacie Rewerts	10 Nevada	5:03.66 3
10	Amelia Leshner	12 North Polk	5:03.68 1 Conv
11	Cassidy Ihns	11 Crestwood	5:03.70 5
12	Emma Hughes	09 Glenwood	5:04.68 1
13	Ashlin Young	10 Algona	5:04.71 4
14	Jenna Morey	10 Spencer	5:05.56 1
15	Amber Aesoph	10 Bishop Heelan	5:05.76 2
16	Abby Ryon	10 Mt Pleasant	5:05.80 3
17	Emma Duncan	12 Anamosa	5:05.83 1
18	Ashley Bloomquist	11 Fairfield	5:06.64 4
19	Kiki Connell	09 Charles City	5:06.80 6
20	Aunna Huseman	10 Wahlert, Dub	5:06.95 2
21	Sadie Juergens	11 ADM, Adel	5:08.81 2
22	Katie Keitges	10 Knoxville	5:13.20 1
23	Callie Frakes	10 S Tama Cty	5:15.09 2
24	Megan Sievers	11 Carlisle	5:17.58 2 Conv

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Event 45 Girls 3000 Meter Run 3A (24)

Thursday 5/17/2018 - 3:35 PM

State Record: 9:55.37 5/18/2017 Joy Ripslinger, Assumption

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School	Seed Time	
1	Ellie Friesen	12 Crestwood	10:30.14	1
2	Adrianna Katcher	10 CPU	10:35.71	2
3	Cassidy Ihns	11 Crestwood	10:38.13	3
4	Camille Mac	09 IC, Liberty	10:42.13	1
5	Kacie Rewerts	10 Nevada	10:42.31	1
6	Bryce Gidel	10 Humboldt	10:44.70	2
7	Amber Aesoph	10 Bishop Heelan	10:50.78	1
8	Abby Ryon	10 Mt Pleasant	10:50.94	2
9	Lauren Juhl	11 Ia Falls-Alden	10:51.40	3
10	Kiki Connell	09 Charles City	10:54.16	4
11	Kourtney Delperdang	11 Spirit Lake	10:56.51	2
12	Ashley Bloomquist	11 Fairfield	10:57.93	3
13	Emma Earles	12 Wahlert, Dub	10:59.62	1
14	Hallie Kephart	11 Marion	11:02.39	2
15	Alixandra Oliver	09 Wahlert, Dub	11:05.31	3
16	Taylor McCreedy	09 Atlantic	11:07.45	1
17	Elisa Fisher	10 Spencer	11:07.68	3
18	Mckenzie Logan	09 IC, Liberty	11:08.63	4
19	Megan Sievers	11 Carlisle	11:14.23	1
20	Maggie Pollard	12 Gilbert	11:18.75	4
21	Natalie Paulson	11 DC-Grimes	11:21.92	2
22	Katie Keitges	10 Knoxville	11:23.19	1
23	Anjali Jones	10 Grinnell	11:24.82	2
24	Emma Hughes	09 Glenwood	11:32.27	2

Event 51 Girls 100 Meter Hurdles 3A (24) Prelims

Friday 5/18/2018 - 3:50 PM

State Record: 14.70 2011 R Peth; K Phipps, WSR; Mt Pleas

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School	Seed Time	
1	Grace Martensen	11 Benton Comm	14.88	1
2	Sienna Durr	12 Grinnell	15.10	2
3	Theresa Lampe	12 Xavier, CR	15.25	1
4	Aricka Lambson	12 Carlisle	15.32	1
5	Emily Holterhaus	11 Pella	15.44	3
6	Taylor Cannon	10 IC, Liberty	15.47	1
7	Sarah Frett	10 DC-Grimes	15.73	2
8	Annie Leopold	10 Mt Vernon	15.74	2
9	Abigail Holmes	10 Algona	15.74	1
10	Catherine Yeoman	12 Mt Vernon	15.75	3
11	Aubrey Jones	10 Xavier, CR	15.80	4
12	Jocelyn Haack	11 Carlisle	15.81	3
13	Kylee Neighbors	10 Grinnell	16.09	4
14	Sami Schepers	12 ADM, Adel	16.21	1
15	Bella Knutson	09 Decorah	16.25	1
16	Lily Groat	09 Humboldt	16.26	2

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Event 51 ... (Girls 100 Meter Hurdles 3A (24) Prelims)

Name	Year	School	Seed Time	
17 Olivia Hamilton	12	Spencer	16.29	1
18 Lillia Tate	12	Keokuk	16.31	2
19 Lydia Berns-Schweingruber	10	Gilbert	16.37	3
20 Sadie Ruzicka	12	Charles City	16.39	3
21 Grace Syverson	11	Decorah	16.39	2
22 Carsyn Vance	12	DC-Grimes	16.42	4
23 Audrey Arnold	10	Glenwood	16.43	2
24 Abby Borth	10	Spencer	16.78	2

Event 59 Girls 400 Meter Hurdles 3A (24)

Friday 5/18/2018 - 5:30 PM

State Record: 1:02.53 5/21/2010 Holly Salzbrenner, Mt Vernon/Li
All-Time: 57.3h 1975 Debbie Esser, Woodbine

Name	Year	School	Seed Time	
1 Katie Nimrod	12	Decorah	1:04.90	1
2 Emma Kelderman	11	Oskaloosa	1:05.88	1
3 Emily Holterhaus	11	Pella	1:06.22	2
4 Elsie Thoreson	10	Pella	1:06.45	3
5 Gabbi Bullard	10	Solon	1:06.79	1
6 Maggie Cristoforo	10	Mt Pleasant	1:06.86	1
7 Chloe Hansen	11	Harlan	1:06.92	1
8 Anna Kenny	11	ADM, Adel	1:07.09	2
9 Cari Pickup	10	Maquoketa	1:07.79	2
10 Brett Schneider	12	Fort Madison	1:07.90	2
11 Clare Broderick	10	Wahlert, Dub	1:07.90	3
12 Olivia Hamilton	12	Spencer	1:08.02	1
13 Emma Zoet	09	Boy-Hul/Rock Val	1:08.23	2
14 Aluna Olaniyi	12	Fairfield	1:08.45	3
15 Aricka Lambson	12	Carlisle	1:08.85	1 Conv
16 Madyln Danner	11	Boone	1:09.00	1
17 Luci Swarthout	12	Chariton	1:09.26	4
18 Vanessa Gunderson	11	Denison-Schlswg	1:09.35	3
19 Ashley Telleen	11	Washington	1:09.75	4
20 Sophie Nicol	12	Solon	1:09.99	4
21 Lauren Becker	09	Glenwood	1:10.40	4
22 Madison Sexton	12	Decorah	1:10.81	2
23 Macy Mixdorf	11	Clear Lake	1:11.26	2
24 Jocelyn Haack	11	Carlisle	1:11.49	2 Conv

Event 68 Girls 4x100 Meter Shuttle Hurdle 3A (24) Prelims

Thursday 5/17/2018 - 8:00 PM

State Record: 1:03.13 2016 Pella, Pella
K Pingel, E Holterhaus, E Thoreson, C McKinstrey
All-Time: 1:00.61 5/18/2017 Waukee, Waukee
S Winger, M Gray, L Nelson, H Schau

Team	Relay	Seed Time	
1 Benton Comm		1:05.52	1
1) Laura Maschino 12	2) Elizabeth Masten 12	3) Mallory Thys 10	4) Grace Martensen 11
5) Ashtynn Lohrer 10			

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Event 68 ... (Girls 4x100 Meter Shuttle Hurdle 3A (24) Prelims)

	Team	Relay	Seed Time
2	Xavier, CR		1:06.19 1
	1) Aubrey Jones 10	2) Anna Parr 12	3) Brianna Yanga 10
	5) Samantha Triplett 10	6) Libby Arnold 10	4) Theresa Lampe 12
3	Carlisle		1:06.88 1
	1) Delaney Schnathorst 10	2) Cameron Mesecher 11	3) Jocelyn Haack 11
	5) Tristine Viers 10	6) Morgan Lose 10	4) Aricka Lambson 12
4	Mt Vernon		1:06.89 2
	1) Annie Rhomberg 11	2) Lauren Ryan 09	3) Natalie Welch 09
	5) Catherine Yeoman 12	6) Rory Light 11	4) Annie Leopold 10
5	Decorah		1:07.16 1
	1) Grace Syverson 11	2) Ambria Piphio 10	3) Katie Bjergum 10
	5) Emily Franzen 12	6) Madison Sexton 12	4) Bella Knutson 09
6	DC-Grimes		1:07.26 2
	1) Sarah Frett 10	2) Abby Ryan 12	3) Katelyn Knudsen 10
	5) Lillian Berger 09	6) Nicole Mercial 09	4) Carsyn Vance 12
7	Grinnell		1:07.48 2
	1) Lexi Hart 11	2) Maddison Jones 10	3) Kylee Neighbors 10
	5) Laynie Van Nevel-Clark 09	6) Daysi Harris 10	4) Sienna Durr 12
8	Solon		1:07.83 3
	1) Gabbi Bullard 10	2) Rachael Nelson 11	3) Peyton Sands 10
	5) Sophie Nicol 12	6) Selma Kleinsmith 09	4) Molly Duckett 12
9	IC, Liberty		1:08.08 1
	1) Elizabeth Davis 10	2) Jada Murphy 10	3) Breeyn Gryp 12
	5) Chaise Lange 09	6) Dazzia Caston-Gonzalez 09	4) Taylor Cannon 10
10	Algona		1:08.14 1
	1) Baelyn Johnson 11	2) Jaclyn Reding 10	3) Teylor Rindone 12
	5) Cearra Crosser 10	6) Emma Hjelle 12	4) Abigail Holmes 10
11	Spencer		1:08.53 1
	1) Olivia Hamilton 12	2) Madi Stave 10	3) Leah Schon 10
	5) Ashlyn Nissen 11	6) Lakota Neuman 09	4) Abby Borth 10
12	Denison-Schlswg		1:08.65 1
	1) Alex Mohr 11	2) Lexi Oudekirk 12	3) Jaime Ibarra 09
	5) Cierra Kastner 09		4) Vanessa Gunderson 11
13	Waverly-SR		1:08.72 2
	1) Krissa Larson 12	2) Haley Eckerman 10	3) Reagan Dahlquist 09
	5) Avery Buseman 12	6) Abby Bechtel 11	4) Britney Young 10
14	Humboldt		1:08.82 2
	1) Jori Hajek 09	2) Kailee Dettmann 09	3) Claire Varangkounh 10
	5) Emily Zaugg 09	6) Ebonie Bakken 11	4) Lily Groat 09
15	Charles City		1:09.03 3
	1) Lynn Hoeft 10	2) Tayler Schmidt 12	3) Alex Litterer 10
	5) Liz Fiser 10	6) Sami Heyer 11	4) Sadie Ruzicka 12
16	Mt Pleasant		1:09.11 2
	1) Maddie Williamson 11	2) Karsyn Lamm 09	3) Kalynn Batey 12
	5) Lyndi Vantiger 11	6) Tuesday Krabill 12	4) Serenity Keomanivong 10
17	ADM, Adel		1:09.13 2
	1) Kristen Baier 11	2) Abigail Calligan 11	3) Holland Zwank 10
	5) Mikayla Klein 11	6) Abby Gonzalez 09	4) Sami Schepers 12
18	Boy-Hul/Rock Val		1:09.16 2
	1) Kylie Vermeer 10	2) Emma Zoet 09	3) Saddle Ribbens 10
	5) Laiken Koerselman 09	6) Audrey Kreun 11	4) Brooke Zylstra 10

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Team	Relay	Seed Time
19 Glenwood		1:09.23 3
1) Audrey Arnold 10	2) Marissa Ausdemore 09	3) Sami Parr 10
5) Arianna Springer 12	6) Savanna Mixan 12	4) Taryn Bertini 10
20 Norwalk		1:09.63 3
1) Abbie Davitt 10	2) Gianna Belizzi 11	3) Torie LaQuatte 12
5) Camryn Gilchrist 10	6) Maya Hjeldon 11	4) Abbie Bunch 11
21 Fairfield		1:10.10 3
1) Carin Corrick 12	2) Aluna Olaniyi 12	3) Kristen Daugherty 12
5) Carly Ferrel 10	6) Allison Rebling 10	4) Malory Jones 11
22 Gilbert		1:10.21 3
1) Lydia Berns-Schweingruber 10	2) Eleanor Lopez 10	3) Bree Richard 12
5) Eva Anderson 10	6) Haleigh Hadley 10	4) Tyzha Clark 11
23 LeMars		1:10.51 3
1) Brooke Alesch 11	2) Jordyn Davison 10	3) Jaiden Davison 11
5) Karlee Schiff 09		4) Kady Leusink 10
24 Clear Lake		1:10.54 4
1) Olivia Amos 11	2) Macy Mixdorf 11	3) Ashley Archer 11
5) Sky Toyne 10		4) Makia Fessler 11

Event 74 Girls 4x100 Meter Relay 3A (24) Prelims**Friday 5/18/2018 - 6:30 PM**

State Record: 48.46 5/20/2017 Wahlert, Dub, Wahlert, Dub
J Ganshirt, A Sherman, L Wedewer, B Hasken
All-Time: 47.55 4/28/2012 DM, Roosevelt; CR Jeff, DMR, CRJ

Team	Relay	Seed Time
1 Wahlert, Dub		48.64 1
1) Libby Wedewer 10	2) Anna Sherman 12	3) Clare Broderick 10
5) Ariana Yaklich 09	6) Aliyah Carter 10	4) Bailey Hasken 12
2 Benton Comm		48.89 1
1) Gabbi Garman 12	2) Ellie Masten 12	3) Elizabeth Masten 12
5) Lauren Slouha 11	6) Laura Maschino 12	4) Grace Martensen 11
3 Pella		49.22 2
1) Metsje Miller 11	2) Roselande Vanderhoff 09	3) Paighton Malek 12
5) Emily Vos 12	6) Evie Armstrong 11	4) Annika Pingel 12
4 Keokuk		49.87 1
1) Lindsey Campbell 09	2) Megan Giesler 10	3) Miracle Ailes 09
5) Lillia Tate 12	6) Tamera Mooror 11	4) Ya' Mia Ailes-Primes 12
5 Washington		50.01 2
1) Leah Marek 10	2) Isabel Bailey 11	3) Jenah Greiner 11
5) Demeri Bell 10	6) Michaela Hoffman 12	4) Hannah Anderson 10
6 Decorah		50.55 1
1) Allie Hafner 12	2) Rylea Ranum 12	3) Brynne Valkosky 12
5) Fiona Buresh 09	6) Grace Syverson 11	4) Rose Gullekson 11
7 Norwalk		50.71 1 Conv
1) Tarynn Rodman 10	2) Maya Hjeldon 11	3) Shae Campbell 12
5) Abbie Bunch 11	6) Gianna Belizzi 11	4) Taylor Vanderholt 12
8 DC-Grimes		50.79 2 Conv
1) Abby Ryan 12	2) Abby Weddle 12	3) Ashley Murrow 12
5) Katelyn Knudsen 10	6) Tristyn Paup 11	4) Sarah Frett 10
9 Spencer		51.20 1
1) Ashlyn Nissen 11	2) Nadine Johnson 11	3) Abbie Brown 12
5) Mollie Williams 10	6) Nichelle Lagunes-Cervantes 10	4) Katelyn Nissen 11

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Event 74 ... (Girls 4x100 Meter Relay 3A (24) Prelims)

	Team	Relay	Seed Time
10	Algona		51.41 1
	1) Sam Hood 12	2) Sydney Hoover 10	3) Abby Groen 11
	5) Alexa Chase 09	6) Alyssa Hentges 10	4) Abigail Holmes 10
11	Glenwood		51.43 1
	1) Devon Bomer 12	2) Jaeda Wilson 10	3) Abi Schultz 11
	5) Emily Todd 12	6) Elle Scarborough 09	4) Bailey Ostrander 11
12	Marion		51.44 2
	1) Chloe Trca 11	2) Maddie Knapp 11	3) Maddy Redmond 11
	5) Karis Holley 12	6) Livvy Draves 11	4) Francine Jackson 12
13	Webster City		51.44 2
	1) Marisa Garrels 12	2) Zoey Woodle 11	3) Ashlyn Hay 10
	5) Makena Keller 10	6) Tatum Goings 10	4) Haley Flaws 12
14	Solon		51.45 3
	1) Cayley Annis 10	2) Molly Duckett 12	3) Sophie Nicol 12
	5) Peyton Sands 10	6) Khaylor Fleck 10	4) Erin Kerkhoff 11
15	CPU		51.64 2
	1) LaMia Sisk 12	2) Nicki Thomas 10	3) Rylee Clark 11
	5) Kari Daubs 11	6) Madison Willson 11	4) Callyn Fox 11
16	Boy-Hul/Rock Val		51.67 2
	1) Lona Hoogveen 12	2) Britney Rus 12	3) Emma Zoet 09
	5) Kenzie Zomer 10	6) Sydney Damstra 10	4) Lizzy Blum 10
17	Denison-Schlswg		51.69 2
	1) Alex Mohr 11	2) Tia Petersen 10	3) Cierra Kastner 09
	5) Ellie Mendlik 12	6) Paige Kastner 09	4) Whitney Weiss 12
18	ADM, Adel		51.91 3
	1) Carley Osgood 09	2) Elle Hook 10	3) Sami Schepers 12
	5) Anna Kenny 11	6) Lizzy Lohmann 10	4) Keaton Kester 12
19	W Burlington/ND		51.99 3
	1) Hope Ward 10	2) Annaka Harris 09	3) Sydney Marlow 09
	5) Addy Kellen 10	6) Kelyin Chng 11	4) Kerrigan Belger 09
20	Vinton-Shellbrg		52.03 3
	1) Hanna Timmerman 10	2) Sarah Schminke 11	3) Becca Steffen 11
	5) Geordyn Webster 09	6) Grace Horst 11	4) Hannah Kalous 12
21	Mt Vernon		52.04 4
	1) Ella Wischmeyer 10	2) Natalie Welch 09	3) Rory Light 11
	5) Catherine Yeoman 12	6) Lauren Ryan 09	4) Annie Rhomberg 11
22	Carroll		52.20 4
	1) Jordyn Wardell 12	2) Emma Tunning 12	3) Brenna Simmons 12
	5) Jada Snyder 11	6) Josie Pate 12	4) Emma Perkins 10
23	Mt Pleasant		52.28 4
	1) Dani Broeker 12	2) Kalynn Batey 12	3) Lyndi Vantiger 11
	5) Karsyn Lamm 09	6) Maddie Williamson 11	4) Avery Sutter 09
24	Central DeWitt		52.39 5
	1) Colleen Klostermann 09	2) Isabelle Hawkins 12	3) Morgan Machovec 09
	5) Lauren Wisco 11	6) Nicole Marvin 12	4) Jordan Auliff 09

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Event 82 Girls 4x200 Meter Relay 3A (24)**Friday 5/18/2018 - 4:45 PM****State Record: 1:41.50 2016****Davenport Assumption****M King, R Jennings, J Harris, M Carroll****All-Time: 1:39.24 5/22/2015****CR Jefferson, CR Jefferson****A Ranschau, J Blue, M Meese, L Schneekloth**

Team	Relay	Seed Time
1 Wahlert, Dub 1) Libby Wedewer 10 5) Alaina Schmidt 10	2) Anna Sherman 12 6) Nicole Tranel 09	3) Clare Broderick 10 4) Bailey Hasken 12 1:42.51 1
2 Pella 1) Metsje Miller 11 5) Emily Vos 12	2) Paighton Malek 12 6) Emily Holterhaus 11	3) Elsie Thoreson 10 4) Annika Pingel 12 1:43.34 1
3 Benton Comm 1) Grace Martensen 11 5) Lauren Slouha 11	2) Ellie Masten 12 6) Tanasiah Walker 11	3) Shelby Hulsebus 12 4) Elizabeth Masten 12 1:43.57 2
4 Keokuk 1) Tamera Moorer 11 5) Lillia Tate 12	2) Lindsey Campbell 09 6) Megan Giesler 10	3) Miracle Ailes 09 4) Ya' Mia Ailes-Primes 12 1:45.91 1
5 Decorah 1) Fiona Buresh 09 5) Sarah Mikkelson 12	2) Allie Hafner 12 6) Brynne Valkosky 12	3) Rylea Ranum 12 4) Rose Gullekson 11 1:45.94 1
6 Washington 1) Leah Marek 10 5) Brynn Beenblossom 09	2) Isabel Bailey 11 6) Cierra Miller 10	3) Ashley Telleen 11 4) Jenah Greiner 11 1:47.47 2
7 Assumption 1) Lea Nelson 11 5) Anna Possehl 10	2) Mary Grace Carroll 12 6) Peyton Seberg 09	3) Peyton Hanley 11 4) Olivia Lansing 11 1:47.76 3
8 Solon 1) Molly Duckett 12 5) Taylor Ryan 11	2) Cayley Annis 10 6) Erin Kerkhoff 11	3) Khaylor Fleck 10 4) Abby Smith 11 1:47.83 2
9 Marion 1) Chloe Treca 11 5) Maddie Knapp 11	2) Riley Wright 09 6) Allie Donohue 10	3) Maddy Redmond 11 4) Livvy Draves 11 1:47.92 3
10 Spencer 1) Ashlyn Nissen 11 5) Allie Halverson 11	2) Katelyn Nissen 11 6) Mollie Williams 10	3) Nadine Johnson 11 4) Abbie Brown 12 1:48.89 1
11 CPU 1) LaMia Sisk 12 5) Kari Daubs 11	2) Katherine Daubs 12 6) Callyn Fox 11	3) Nicki Thomas 10 4) Rylee Clark 11 1:49.36 2
12 Glenwood 1) Sadey Allgood 11 5) Jaeda Wilson 10	2) Elle Scarborough 09 6) Grace Presley 12	3) Devon Bomer 12 4) Bailey Ostrander 11 1:49.44 1
13 Algona 1) Sam Hood 12 5) Abigail Holmes 10	2) Alexa Chase 09 6) Alyssa Hentges 10	3) Abby Groen 11 4) Sydney Hoover 10 1:49.64 1
14 Boy-Hul/Rock Val 1) Lona Hooegeveen 12 5) Emma Zoet 09	2) Sydney Damstra 10 6) Kenzie Zomer 10	3) Britney Rus 12 4) Lizzy Blum 10 1:49.95 2
15 Atlantic 1) Taylor Hansen 11 5) Pluma Pross 10	2) Alyssa Derby 09 6) Charity Williams 12	3) Jessica Hartwig 12 4) Haley Rasmussen 09 1:50.06 2

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Event 82 ... (Girls 4x200 Meter Relay 3A (24))

	Team	Relay	Seed Time
16	Independence		1:50.56 3
	1) Sydney Hearn 11	2) Izzy Dunlap 12	3) Taylor Wendt 11
	5) Kaylee Hosch 11	6) Allie Jo Zieser 10	4) Madison Larson 11
17	LeMars		1:50.58 3
	1) Annie Ellis 11	2) Haylee Cooper 11	3) Katie McAllister 12
	5) Shaunna Schietler 10		4) Chloe Calhoun 10
18	W Burlington/ND		1:50.60 4
	1) Hope Ward 10	2) Annaka Harris 09	3) Addy Kellen 10
	5) Kerrigan Belger 09	6) Kelyin Chng 11	4) Sydney Marlow 09
19	Mt Vernon		1:50.60 4
	1) Ella Wischmeyer 10	2) Natalie Welch 09	3) Rory Light 11
	5) Lauren Ryan 09	6) Addisen Santee 10	4) Annie Rhomberg 11
20	DC-Grimes		1:50.85 1
	1) Katelyn Knudsen 10	2) Ashley Murrow 12	3) Ally Ferguson 12
	5) Courtney Stanley 09	6) Sami Sterbenz 11	4) Abby Weddle 12
21	Central DeWitt		1:51.30 5
	1) Colleen Klostermann 09	2) Morgan Machovec 09	3) Crystal Burke 10
	5) Julia Campbell 12	6) Savannah Meyne 09	4) Carly Small 10
22	Carroll		1:51.39 3
	1) Emma Perkins 10	2) Emma Tunning 12	3) Taylor Mohr 11
	5) Josie Pate 12	6) Brenna Simmons 12	4) Jordyn Wardell 12
23	Bond-Farrar		1:51.69 2
	1) Abi Hall 10	2) Alexis Crook 09	3) Kennedy Bohn 12
	5) Cierra Culbertson 09	6) Alyssa Fick 09	4) Paige Walke 11
24	Gilbert		1:53.09 2
	1) Bailey Barrientos 10	2) Makayla Houser 12	3) Riley Nelson 11
	5) Ally Kline 10	6) Tori Strong 11	4) Cara Heuer 10

Event 90 Girls 4x400 Meter Relay 3A (24) Prelims

Friday 5/18/2018 - 7:20 PM

State Record: 3:53.05 2014 MOC-Floyd Valley, MOC-FV
R Muilenburg, D Heimensen, K Landhuis, A Conaway
All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
S Houlihan, R Mikulicz, E McCarthy, E Dougherty

	Team	Relay	Seed Time
1	Decorah		4:02.21 1
	1) Sarah Mikkelson 12	2) Brooke Berns 10	3) Jenna Galligan 12
	5) Fiona Buresh 09	6) Shayla Betts 10	4) Katie Nimrod 12
2	Wahlert, Dub		4:03.70 1
	1) Kaylee Osterberger 12	2) Ellie Osterberger 12	3) Molly McDonald 10
	5) Rian Knapp 10	6) Alaina Schmidt 10	4) Holly Hohmann 12
3	Anamosa		4:06.01 2
	1) Olivia Nebergall 10	2) Kassie Behnke 12	3) Claire Duncan 12
	5) Gabby Gadiant 10	6) Sammy Prybil 11	4) Corinne Gadiant 11
4	Solon		4:07.28 3
	1) Khaylor Fleck 10	2) Abby Smith 11	3) Cayley Annis 10
	5) Taylor Ryan 11	6) Gabbi Bullard 10	4) Erin Kerkhoff 11
5	Independence		4:07.39 2
	1) Kaylee Hosch 11	2) Taylor Wendt 11	3) Izzy Dunlap 12
	5) Jady Schulttz 10	6) Mary Puffett 10	4) Madison Larson 11

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Event 90 ... (Girls 4x400 Meter Relay 3A (24) Prelims)

Event	Team	Relay	Seed Time	
6	Assumption		4:08.31	1
	1) Peyton Hanley 11	2) Olivia Lansing 11	3) Laney Fitzpatrick 09	4) Carly King 11
	5) Grace Rohlf 12	6) Lea Nelson 11		
7	Pella		4:10.35	1
	1) Emily Holterhaus 11	2) Caroline McMartin 10	3) Elsie Thoreson 10	4) Erica Halstead 12
	5) Annika Pingel 12	6) Ashley Blommers 09		
8	Mt Pleasant		4:10.40	2
	1) Kendall Dascher 10	2) Delaney McDowell 12	3) Taylor Murray 12	4) Maggie Cristoforo 10
	5) Cristina Carthey 09	6) Avery Sutter 09		
9	Marion		4:10.61	4
	1) Lexi Woode 11	2) Riley Wright 09	3) Allie Donohue 10	4) Livvy Draves 11
	5) Maddie Knapp 11	6) Chloe Trca 11		
10	Central DeWitt		4:11.11	5
	1) Crystal Burke 10	2) Julia Campbell 12	3) Savannah Meyne 09	4) Carly Small 10
	5) Lauryn Ginter 09	6) Alina Manvelova 10		
11	Waverly-SR		4:11.46	3
	1) Emma Hoins 09	2) Britney Young 10	3) Krissa Larson 12	4) Jayme Willemssen 12
	5) Brylee Folkerts 10	6) Bethany Abben 11		
12	Denison-Schlswg		4:11.99	1
	1) Raegan Andersen 11	2) Paige Andersen 09	3) Vanessa Gunderson 11	4) Ellie Mendlik 12
	5) Morgan Goslar 11			
13	Bishop Heelan		4:12.38	1
	1) Brooke Doohen 12	2) Callie Doohen 12	3) Emma Hutchinson 09	4) Madison Jochum 11
	5) Annie Jensen 12	6) Sam McGowan 12		
14	Mt Vernon		4:13.11	6
	1) Rory Light 11	2) Lauren Ryan 09	3) Ella Wischmeyer 10	4) Ella Brase 11
	5) Marissa Cranston 12	6) Addisen Santee 10		
15	W Burlington/ND		4:13.74	3
	1) Kelyin Chng 11	2) Addy Kellen 10	3) Morgan Flowers 11	4) Sydney Marlow 09
	5) Hope Ward 10	6) Katie Jackson 11		
16	Creston		4:13.76	2
	1) Kiersten Latham 12	2) Stephanie Hemsworth 12	3) Brielle Baker 11	4) Makenna Hudson 10
	5) Ashley Reynard 10	6) Brittany Linch 10		
17	North Polk		4:14.01	1 Conv
	1) Eva Schoenberg 10	2) Maria Gorham 12	3) Sierra Lambert 12	4) Amelia Leshar 12
	5) Kennedy Wendel 11	6) Sophie Blanchard 12		
18	Ia Falls-Alden		4:14.27	1
	1) Hadyn Miller 10	2) Maddy Juhl 11	3) Lauren Juhl 11	4) Grace Juhl 11
	5) Ellie Meyer 09	6) McKenzie Barr 11		
19	Spencer		4:14.84	2
	1) Mollie Williams 10	2) Allie Halverson 11	3) Jenna Dirx 12	4) Morgan Roberts 12
	5) Abby Weeks 11	6) Grace Hamilton 10		
20	LeMars		4:14.84	2
	1) Katie McAllister 12	2) Haylee Cooper 11	3) Emily Carlson 10	4) Chloe Calhoun 10
	5) Kara Albrecht 10			
21	Washington		4:15.42	4
	1) Leah Marek 10	2) Jenah Greiner 11	3) Hannah Anderson 10	4) Ashley Telleen 11
	5) Isabel Bailey 11	6) Brooke Stout 12		
22	Grinnell		4:15.94	2
	1) Sienna Durr 12	2) Madison Luther 11	3) Daysi Harris 10	4) Addyson Petig 10
	5) Morgan Peak 09	6) Keelie Eitel 09		

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Event 90 ... (Girls 4x400 Meter Relay 3A (24) Prelims)

Team	Relay	Seed Time
23 DC-Grimes		4:16.15 2 Conv
1) Ashley Ferguson 10	2) Miranda Muhlstein 09	3) Lexi Smith 12
5) Grace Mikota 09	6) Megan Sterbenz 09	4) Sami Sterbenz 11
24 Humboldt		4:18.22 2
1) Gabby Kent 12	2) Tabitha Jergens 12	3) Mady Lange 10
5) Claire Varangkounh 10	6) Lily Groat 09	4) Bryce Gidel 10

Event 98 Girls 4x800 Meter Relay 3A (24)**Thursday 5/17/2018 - 5:25 PM**

**State Record: 9:17.72 5/20/2010 Mt Vernon/Lisbon, Mt Vernon/Li
H Salzbrenner, K Cochrane, K Canning, A Wilson**

All-Time: 9:09.09 2001 Iowa City West, Iowa City West

Team	Relay	Seed Time
1 Anamosa		9:36.52 1
1) Claire Duncan 12	2) Maggie McQuillen 10	3) Emma Duncan 12
5) Abby Fairbanks 10	6) Madalyn Heims 09	4) Corinne Gadiant 11
2 Ia Falls-Alden		9:43.32 1
1) Maddy Juhl 11	2) Ellie Meyer 09	3) Lauren Juhl 11
5) Patience Kauzlarich 12	6) Hadyn Miller 10	4) Grace Juhl 11
3 Wahlert, Dub		9:47.95 2
1) Aunna Huseman 10	2) Abigail Klauer 09	3) Holly Hohmann 12
5) Grace Lueken 10	6) Kaylee Osterberger 12	4) Ellie Osterberger 12
4 Mt Vernon		9:51.03 3
1) Jorie Randall 09	2) Aubrey Frey 10	3) Summer Brand 10
5) Kyli Orr 12	6) Caroline See 10	4) Ella Brase 11
5 Decorah		9:52.95 1
1) Jenna Galligan 12	2) Shayla Betts 10	3) Sarah Mikkelson 12
5) Cassidy Carolan 11	6) Brooke Courtney 10	4) Leila Johnson 09
6 Mt Pleasant		9:56.39 1
1) Maggie Cristoforo 10	2) Maggie Jennings 10	3) Delaney McDowell 12
5) Cristina Carthey 09	6) Abby Ryon 10	4) Taylor Murray 12
7 Waverly-SR		9:57.06 2
1) Emma Hoins 09	2) Emma Wagoner 12	3) Anna Hoins 11
5) Britney Young 10	6) Libby Dix 11	4) Jayme Willemsen 12
8 Glenwood		9:58.08 1
1) Lauren Becker 09	2) Kate Kaufman 12	3) Danielle Hardcastle 11
5) Emma Hughes 09	6) Katelyn Malcom 12	4) Abby McIntyre 09
9 Creston		9:59.91 2
1) Peyton Rice 09	2) Brielle Baker 11	3) Morgan Buxton 09
5) Ali Christensen 09	6) Molly Sickels 09	4) Makenna Hudson 10
10 Pella		10:00.15 1
1) Erica Halstead 12	2) Ashley Blommers 09	3) Makayla Kruse 11
5) Caroline McMartin 10	6) Chelsea Jorgensen 09	4) Tirzah Wittenberg 10
11 Crestwood		10:01.23 3
1) Emily Friesen 12	2) Rachel Steffen 10	3) Hope Dohlman 11
5) Brynn Bodermann 12	6) Sarah Mashek 11	4) Cassidy Ihns 11
12 North Polk		10:01.40 1
1) Sierra Lambert 12	2) Sophie Blanchard 12	3) Kennedy Wendel 11
5) Grace Croat 10	6) Emily Patterson 11	4) Amelia Leshner 12
13 DC-Grimes		10:01.59 2
1) Ashley Ferguson 10	2) Miranda Muhlstein 09	3) Grace Mikota 09
5) Emma Angus 09	6) Natalie Paulson 11	4) Sami Sterbenz 11

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Event 98 ... (Girls 4x800 Meter Relay 3A (24))

	Team	Relay	Seed Time	
14	Spencer		10:02.70	1
	1) Grace Hamilton 10	2) Abby Weeks 11	3) Morgan Roberts 12	4) Jenna Morey 10
	5) Jenna Dirckx 12	6) Allie Halverson 11		
15	ADM, Adel		10:03.11	3
	1) Hannah Welch 09	2) Julia Case 09	3) Abby Gonzalez 09	4) Sadie Juergens 11
	5) Anna Kenny 11	6) Kerilyn Schmidt 09		
16	Assumption		10:03.38	2
	1) Grace Rohlf 12	2) Erin McMullen 10	3) Taylor Quick 10	4) Samantha Scodeller 09
	5) Brooke Menke 10	6) Laney Fitzpatrick 09		
17	Harlan		10:10.73	4
	1) Abby Alberti 10	2) Kara Rueschenberg 12	3) Liv Freund 09	4) Greichaly Kaster 11
	5) Olivia Andersen 09	6) Abi Baldwin 09		
18	Central DeWitt		10:11.47	4
	1) Julia Campbell 12	2) Carly Small 10	3) Alina Manvelova 10	4) Katie Fox 11
	5) Hannah Payne 10	6) Maddie Peterson 11		
19	Charles City		10:12.58	4
	1) Gillian King 12	2) Whitney Martin 11	3) Sami Heyer 11	4) Marley Hagarty 09
	5) Mackenzy Bilharz 10	6) Kiki Connell 09		
20	LeMars		10:14.73	2
	1) Kara Albrecht 10	2) Chloe Calhoun 10	3) Paige Washburn 10	4) Sarah Meis 10
	5) Maddie Hurt 11			
21	Carlisle		10:16.42	3
	1) Lexxi Link 09	2) Molly Hoekstra 10	3) Madi Hoekstra 12	4) Megan Sievers 11
	5) Cameron Mesecher 11	6) Jocelyn Haack 11		
22	Benton Comm		10:19.80	2
	1) Paige King 11	2) Lauren Woeste 10	3) Hailee Ricklefs 09	4) Jaden Thys 09
	5) Katelyn Buscher 09	6) Shelby Hulsebus 12		
23	Denison-Schlschw		10:23.69	5
	1) Adriana Marquez 11	2) Morgan Goslar 11	3) Paige Andersen 09	4) Raegan Andersen 11
	5) Vanessa Gunderson 11			
24	Gilbert		10:24.06	2
	1) Allison Weiler 10	2) Rachel Sents 10	3) Hannah Thatcher 11	4) Callie Folkmann 10
	5) Cara Heuer 10	6) Justine Rosburg 12		

Event 112 Girls 800 Sprint Medley 3A (24)**Saturday 5/19/2018 - 9:24 AM****State Record: 1:46.46 2016****Wahlert Dubuque, Wahlert Dubu****J Ganshirt, A Osterberger, L Sherman, K Fricano****All-Time: 1:44.89 5/23/2015****Pleasant Valley, Pleasant Valley****E Paul, J Simon, E Whigham, A Swanson**

	Team	Relay	Seed Time	
1	Benton Comm		1:48.23	1
	1) Gabbi Garman 12	2) Elizabeth Masten 12	3) Ellie Masten 12	4) Shelby Hulsebus 12
	5) Laura Maschino 12	6) Lauren Slouha 11		
2	Pella		1:49.09	2
	1) Metsje Miller 11	2) Paighton Malek 12	3) Elsie Thoreson 10	4) Annika Pingel 12
	5) Emily Vos 12	6) Roselande Vanderhoff 09		
3	Wahlert, Dub		1:49.22	1
	1) Ariana Yaklich 09	2) Bailey Hasken 12	3) Anna Sherman 12	4) Kaylee Osterberger 12
	5) Clare Broderick 10	6) Holly Hohmann 12		

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Event 112 ... (Girls 800 Sprint Medley 3A (24))

Event	Team	Relay	Seed Time
4	Decorah		1:49.62 1
	1) Allie Hafner 12	2) Brynne Valkosky 12	3) Rylea Ranum 12
	5) Brooke Berns 10	6) Rose Gullekson 11	4) Katie Nimrod 12
5	Denison-Schlswg		1:50.39 1
	1) Whitney Weiss 12	2) Tia Petersen 10	3) Alex Mohr 11
	5) Vanessa Gunderson 11	6) Paige Andersen 09	4) Ellie Mendlik 12
6	Solon		1:51.07 2
	1) Cayley Annis 10	2) Molly Duckett 12	3) Abby Smith 11
	5) Taylor Ryan 11	6) Khaylor Fleck 10	4) Erin Kerkhoff 11
7	Norwalk		1:51.58 1
	1) Shae Campbell 12	2) Gianna Belizzi 11	3) Taylor Vanderholt 12
	5) Maya Hjeldon 11	6) Ella Apana-Stipe 09	4) Tarynn Rodman 10
8	Bishop Heelan		1:52.44 1
	1) Katie Rizk 12	2) Elsy Meis 12	3) Callie Doohen 12
	5) Ellie Cropley 12	6) Molly Saltzman 11	4) Madison Jochum 11
9	Marion		1:52.67 3
	1) Chloe Trca 11	2) Maddy Redmond 11	3) Riley Wright 09
	5) Maddie Knapp 11	6) Allie Donohue 10	4) Livvy Draves 11
10	Assumption		1:52.75 1
	1) Anna Possehl 10	2) Mary Grace Carroll 12	3) Olivia Lansing 11
	5) Lea Nelson 11	6) Peyton Hanley 11	4) Laney Fitzpatrick 09
11	Independence		1:53.13 2
	1) Sydney Hearn 11	2) Allie Jo Zieser 10	3) Madison Larson 11
	5) Izzy Dunlap 12	6) Taylor Wendt 11	4) Kaylee Hosch 11
12	Glenwood		1:53.31 2
	1) Jaeda Wilson 10	2) Bailey Ostrander 11	3) Sadey Allgood 11
	5) Abi Schultz 11	6) Devon Bomer 12	4) Elle Scarborough 09
13	LeMars		1:53.46 2
	1) Halie Schwartz 12	2) Annie Ellis 11	3) Katie McAllister 12
	5) Haylee Cooper 11		4) Chloe Calhoun 10
14	DC-Grimes		1:53.57 2
	1) Abby Ryan 12	2) Abby Weddle 12	3) Ashley Murrow 12
	5) Katelyn Knudsen 10	6) Ashley Ferguson 10	4) Sami Sterbenz 11
15	Boone		1:53.83 1
	1) Caitlynn Shadle 12	2) Emily Wingert 09	3) Ellen Castle 11
	5) Bailey Price 09	6) Maggy Muller 11	4) Madyln Danner 11
16	Boy-Hul/Rock Val		1:54.07 3
	1) Kenzie Zomer 10	2) Sydney Damstra 10	3) Lona Hoogveen 12
	5) Sydney TeSlaa 09	6) Morgan Van Der Brink 12	4) Lizzy Blum 10
17	Keokuk		1:54.18 2
	1) Lindsey Campbell 09	2) Megan Giesler 10	3) Tamera Moorer 11
	5) Lillia Tate 12	6) Tiana Stokes 10	4) Miracle Ailes 09
18	Clear Crk-Amana		1:54.22 3
	1) Riley Hennes 12	2) Andrea Roller 12	3) Karsyn Stratton 10
	5) Madelynn Langridge 12	6) Abby Stevens 09	4) Cierra Lacina 11
19	W Burlington/ND		1:54.42 3
	1) Kerrigan Belger 09	2) Annaka Harris 09	3) Hope Ward 10
	5) Addy Kellen 10	6) Kelyin Chng 11	4) Sydney Marlow 09
20	CPU		1:54.44 3
	1) LaMia Sisk 12	2) Nicki Thomas 10	3) Rylee Clark 11
	5) Kari Daubs 11	6) Katherine Daubs 12	4) Chloe Neighbor 11

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Event 112 ... (Girls 800 Sprint Medley 3A (24))

	Team	Relay	Seed Time	
21	Algona		1:54.75	2
	1) Sam Hood 12	2) Alexa Chase 09	3) Sydney Hoover 10	4) Abigail Holmes 10
	5) Abby Groen 11	6) Hailey Schmidt 12		
22	Central DeWitt		1:55.05	4
	1) Isabelle Hawkins 12	2) Morgan Machovec 09	3) Colleen Klostermann 09	4) Crystal Burke 10
	5) Julia Campbell 12	6) Carly Small 10		
23	MOC-FV		1:55.26	4
	1) Delanie Niemyer 10	2) Zoe Heemstra 11	3) Molly Van Klompenburg 12	4) Amelia Esser 09
	5) Rynelle Reisma 10	6) Taryn Nothem 09		
24	Humboldt		1:55.30	3
	1) Carlie Thompson 10	2) Jori Hajek 09	3) Mady Lange 10	4) Gabby Kent 12
	5) Rachel Darling 12	6) Tabitha Jergens 12		

Event 120 Girls High Jump 3A (24)

Thursday 5/17/2018 - 4:30 PM

State Record: 5-09 2014 Alexis Conaway, MOC-FV

All-Time: 6-01 2010 Hannah Wilms, Dike-NH

	Name	Year	School	Seed Mark	
1	Madison Harms	11	SB-Luton	5-05.00	1
2	Rylie Todd	10	W Burlington/ND	5-05.00	1
3	Miracle Ailes	09	Keokuk	5-03.00	2
4	Stacey Slaven	11	S Tama Cty	5-03.00	2
5	Reagan Dahlquist	09	Waverly-SR	5-03.00	1
6	Kylee Neighbors	10	Grinnell	5-03.00	1
7	Olivia Nebergall	10	Anamosa	5-02.00	1
8	Taylor Mohr	11	Carroll	5-02.00	1
9	Maria Gorham	12	North Polk	5-02.00	1
10	Emma Kelderman	11	Oskaloosa	5-01.00	3
11	Aliyah Carter	10	Wahlert, Dub	5-01.00	3
12	Haley Flaws	12	Webster City	5-01.00	1
13	Abby Smith	11	Solon	5-01.00	2
14	Lauren Becker	09	Glenwood	5-01.00	2
15	Andrea Roller	12	Clear Crk-Amana	5-01.00	4
16	Danielle Hardcastle	11	Glenwood	5-01.00	3
17	Anna Lucas	12	SB-Luton	5-00.00	3
18	Mallory Nilles	10	Boy-Hul/Rock Val	5-00.00	2
19	Adelynn Ahartz	11	Carlisle	5-00.00	2
20	Emma Bullman	09	Gilbert	5-00.00	2
21	Ambria Piphoo	10	Decorah	5-00.00	2
22	Haleigh Hadley	10	Gilbert	5-00.00	3
23	Emily Franzen	12	Decorah	4-10.00	3
24	Ally Ferguson	12	DC-Grimes	4-10.00	3

Event 128 Girls Long Jump 3A (24)

Friday 5/18/2018 - 4:30 PM

State Record: 18-02.75 5/18/2007

Jennie Clark, Norwalk

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

	Name	Year	School	Seed Mark	
1	Aliyah Carter	10	Wahlert, Dub	18-10.00	1
2	Sienna Durr	12	Grinnell	17-05.25	1
3	Ellen Castle	11	Boone	17-03.50	1

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Event 128 ... (Girls Long Jump 3A (24))

Name	Year	School	Seed	Mark
4	Paighton Malek	12	Pella	17-02.00 2
5	Khaylor Fleck	10	Solon	16-11.50 2
6	Hannah Anderson	10	Washington	16-10.75 1
7	Ashlyn Hay	10	Webster City	16-10.50 2
8	Lauren Slouha	11	Benton Comm	16-10.50 3
9	Katie Saner	11	Crestwood	16-10.00 1
10	Morgan Machovec	09	Central DeWitt	16-08.50 3
11	Lydia Berns-Schweingruber	10	Gilbert	16-07.50 3
12	Jenah Greiner	11	Washington	16-07.00 2
13	Krissa Larson	12	Waverly-SR	16-06.50 2
14	Lyndi Vantiger	11	Mt Pleasant	16-05.25 3
15	Kaylee Hosch	11	Independence	16-04.50 3
16	Sophie Hefel	09	Wahlert, Dub	16-04.00 4
17	Jordan Auliff	09	Central DeWitt	16-03.50 5
18	Sarah Frett	10	DC-Grimes	16-03.00 1
19	Karsyn Stratton	10	Clear Crk-Amana	16-01.50 4
20	Molly Van Klompenburg	12	MOC-FV	16-00.50 1
21	Sam McGowan	12	Bishop Heelan	15-11.00 2
22	Jenna Fagen	10	North Polk	15-10.50 2
23	Haley Rasmussen	09	Atlantic	15-04.50 1
24	Natalie Hansen	12	Winterset	15-02.00 2

Event 136 Girls Discus Throw 3A (24)

Thursday 5/17/2018 - 2:00 PM

State Record: 154-07 2012

All-Time: 179-07 2014

Katelyn Weimerskirch, Wahlert

Kiana Phelps, KP-WC

Name	Year	School	Seed	Mark
1	Ainsley Schrock	10	Clear Crk-Amana	127-01 1
2	Meghan Hettinga	12	MOC-FV	126-08 1
3	Lily Meester	10	Mt Vernon	126-01 1
4	Nicole Jacobson	11	Bishop Heelan	123-06 2
5	Elly Cairney	11	Pella	121-08 2
6	Kelsey Fields	09	Creston	119-07 1
7	Cassidy Nerland	12	Webster City	119-03 1
8	Sophia Dykstra	09	Oskaloosa	118-08 3
9	Claire Sandvig	12	Boone	118-00 2
10	Elle Scarborough	09	Glenwood	117-08 2
11	Sharon Goodman	10	Crestwood	117-08 1
12	Iliyah Moore	11	W Burlington/ND	116-10 1
13	Sydney Loeckle	12	Charles City	115-11 2
14	Brooklyn Cougill	12	Bishop Heelan	115-09 3
15	Sarah Heilesen	11	Denison-Schlswg	114-08 3
16	Ashley Onken	10	Carroll	113-03 4
17	Morgan Montgomery	11	Wahlert, Dub	113-01 2
18	Elli Becicka	11	Solon	112-03 3
19	Lilly Meyer	11	W Delaware	112-03 3
20	Kasi McWhorter	11	Benton Comm	112-02 4
21	Rachel Darling	12	Humboldt	111-04 3
22	Alyssa Striegel	10	Mt Pleasant	106-08 2

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	Name	Year	School	Seed	Mark
23	Aldina Husic	12	DC-Grimes	104-09	1
24	Amber Fistler	12	DC-Grimes	100-01	2

Event 144 Girls Shot Put 3A (24)

Friday 5/18/2018 - 2:00 PM

State Record: 45-05 5/18/2007 Brooke Gritters, Pella
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

	Name	Year	School	Seed	Mark
1	Kaeleigh DeWaard	12	Pella	41-00.50	1
2	Jade Hard	11	Mt Vernon	40-06.00	1
3	Emily Troyer	12	Solon	40-00.00	2
4	Kelsey Fields	09	Creston	39-07.00	1
5	Meghan Hettinga	12	MOC-FV	39-01.00	1
6	Brooke Kruse	12	Carlisle	38-08.50	1
7	Lexie Magnani	10	Mt Pleasant	38-01.25	1
8	Jaydyn Palmer	11	CPU	37-05.75	1
9	Cassidy Nerland	12	Webster City	37-03.50	1
10	Lauren Upmeyer	10	Vinton-Shellbrg	37-02.75	2
11	Sarah Heilesen	11	Denison-Schlswg	37-00.75	2
12	Holli Verzani	12	Bishop Heelan	36-11.00	2
13	Grace Bittle	11	Mt Pleasant	36-06.00	2
14	Sydney Biermann	11	Glenwood	36-05.00	3
15	Kristen Reicks	11	Crestwood	36-04.75	3
16	Hailey Nierling	12	Decorah	36-04.50	4
17	Leigh Johnson	12	Fort Madison	36-03.50	3
18	Madison Schumacher	09	Harlan	36-03.00	4
19	Emma Dighton	09	Boone	36-02.50	2
20	Brooklyn Cougill	12	Bishop Heelan	35-11.25	3
21	Bre Wilkerson	12	Spencer	35-11.00	4
22	Caitlynn Shadle	12	Boone	35-09.50	3
23	Alex Hackett	11	Pella	35-07.50	2
24	Sarah Stocker	12	Saydel	34-08.25	2

Event 150 Girls Distance Medley 3A (24)

Friday 5/18/2018 - 3:00 PM

State Record: 4:03.14 5/19/2006 Fairfield, Fairfield
 A Bowers, A Bandy, A Kuiken, J Kuiken
 All-Time: 3:55.82 2017 Assumption, Davenport, Assumption

	Team	Relay	Seed	Time
1	Decorah		4:13.12	1
	1) Fiona Buresh 09	2) Sarah Mikkelson 12	3) Brooke Berns 10	4) Katie Nimrod 12
	5) Allie Hafner 12	6) Shayla Betts 10		
2	Crestwood		4:15.27	2
	1) Brynn Bodermann 12	2) Annie Mast 11	3) Katie Saner 11	4) Ellie Friesen 12
	5) Keelee Andera 10	6) Emily Friesen 12		
3	Anamosa		4:17.63	1
	1) Taylor Zaruba 12	2) Olivia Nebergall 10	3) Gabby Gadiant 10	4) Corinne Gadiant 11
	5) Kassie Behnke 12	6) Jessie Frasher 11		
4	Mt Pleasant		4:17.72	1
	1) Avery Sutter 09	2) Kalynn Batey 12	3) Maggie Cristoforo 10	4) Taylor Murray 12
	5) Kendall Dascher 10	6) Delaney McDowell 12		

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Event 150 ... (Girls Distance Medley 3A (24))

	Team	Relay	Seed Time
5	Wahlert, Dub		4:18.29 2
	1) Molly McDonald 10	2) Aliyah Carter 10	3) Kaylee Osterberger 12
	5) Clare Broderick 10	6) Holly Hohmann 12	4) Ellie Osterberger 12
6	Vinton-Shellbrg		4:18.46 3
	1) Hannah Kalous 12	2) Maddie Erhardt 11	3) Sarah Schminke 11
	5) Hanna Timmerman 10	6) Amelia Birker 10	4) Grace Horst 11
7	Pella		4:19.34 1
	1) Metsje Miller 11	2) Emily Holterhaus 11	3) Erica Halstead 12
	5) Paighton Malek 12	6) Annika Pingel 12	4) Caroline McMartin 10
8	Ia Falls-Alden		4:22.90 1
	1) McKenzie Barr 11	2) Ally Mulford 09	3) Maddy Juhl 11
	5) Anika Jelmeland 09	6) Allie Ford 10	4) Grace Juhl 11
9	CPU		4:23.05 4
	1) Kari Daubs 11	2) Rylee Clark 11	3) Chloe Neighbor 11
	5) Nicki Thomas 10	6) Callyn Fox 11	4) Adrianna Katcher 10
10	Knoxville		4:23.11 2
	1) Emery Neer 11	2) Bree Burton 11	3) Abbey Jackson 10
	5) Maggie Wilkins 09	6) Charlie VerMeer 10	4) Katie Keitges 10
11	Marion		4:23.43 3
	1) Allie Donohue 10	2) Maddie Knapp 11	3) Lexi Woode 11
	5) Hallie Kephart 11	6) Chloe Trca 11	4) Kelsi Huhndorf 12
12	Creston		4:23.73 1
	1) Kiersten Latham 12	2) Cayla Maitlen 12	3) Makenna Hudson 10
	5) Stephanie Hemsworth 12	6) Angelina Chuong 09	4) Brielle Baker 11
13	Assumption		4:24.04 2
	1) Lea Nelson 11	2) Mary Grace Carroll 12	3) Olivia Lansing 11
	5) Peyton Hanley 11	6) Laney Fitzpatrick 09	4) Grace Rohlf 12
14	Mt Vernon		4:24.81 4
	1) Ella Wischmeyer 10	2) Annie Rhomberg 11	3) Rory Light 11
	5) Ella Brase 11	6) Aubrey Frey 10	4) Jorie Randall 09
15	North Polk		4:25.04 1
	1) Eva Schoenberg 10	2) Maria Gorham 12	3) Kennedy Wendel 11
	5) Sierra Lambert 12	6) Sophie Blanchard 12	4) Amelia Leshner 12
16	Oskaloosa		4:25.32 3
	1) Brooke Allen 10	2) Savannah Wiltse 11	3) Emma Kelderman 11
	5) Ava VandeWall 10	6) Veronica Bolibaugh 11	4) Lauren Coon 11
17	ADM, Adel		4:25.75 2
	1) Lizzy Lohmann 10	2) Keaton Kester 12	3) Julia Case 09
	5) Anna Kenny 11	6) Sadie Juergens 11	4) Hannah Welch 09
18	Solon		4:25.90 5
	1) Monet Barnhouse 09	2) Rachael Nelson 11	3) Sophie Nicol 12
	5) Molly Duckett 12	6) Ashley Stinocher 09	4) Gabbi Bullard 10
19	Bishop Heelan		4:26.23 1
	1) Katie Rizk 12	2) Elsy Meis 12	3) Brooke Doohen 12
	5) Madison Jochum 11	6) Ellie Cropley 12	4) Amber Aesoph 10
20	Benton Comm		4:26.88 4
	1) Ashtynn Lohrer 10	2) Alyssa Spina 10	3) Lauren Slouha 11
	5) Paige King 11	6) Tanasiah Walker 11	4) Lauren Woeste 10
21	LeMars		4:27.06 2
	1) Haylee Cooper 11	2) Katie McAllister 12	3) Emily Carlson 10
	5) Sarah Meis 10	6) Maddie Hurt 11	4) Kara Albrecht 10

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	Team	Relay	Seed Time	
22	Spencer		4:27.21	3
	1) Abbie Brown 12	2) Mollie Williams 10	3) Allie Halverson 11	4) Jenna Dirks 12
	5) Abby Weeks 11	6) Morgan Roberts 12		
23	Bond-Farrar		4:27.62	2
	1) Abi Hall 10	2) Paige Walke 11	3) Cierra Culbertson 09	4) Riley Gilroy 09
	5) Kennedy Bohn 12	6) Alyssa Fick 09		
24	Humboldt		4:32.25	2
	1) Rachel Darling 12	2) Mady Lange 10	3) Bryce Gidel 10	4) Gabby Kent 12
	5) Carlie Thompson 10	6) Lauren Erickson 10		