

2018 Iowa State Track & Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa
Drake Stadium
Performance List

Event 7 Girls 100 Meter Dash 4A (24) Prelims

Thursday 5/17/2018 - 12:57 PM

State Record: 11.69 5/18/2017 Kerris Roberts, WAT East
All-Time: 11.5h 1985 Natasha Kaiser, Des Moines Roosevelt

Name	Year	School	Seed	Time
1	Sydney Milani	12 SE Polk	11.55	1
2	Darby Thomas`	11 CB, A Lincoln	11.91	1
3	Elma Vojic	12 Waukee	12.05	1
4	Kerris Roberts	11 WAT East	12.21	1
5	Jill Bennett	11 Linn-Mar	12.22	2
6	Eriana Brown	12 DSM, East	12.26	2
7	Eva van de Mortel	09 Ankeny	12.31	3
8	Grace Matera	12 Valley, WDM	12.35	2
9	Janyla Hoskins	10 DUB Hempstead	12.36	1
10	Stevie Lambe	12 DUB Senior	12.38	2
11	Jasmine Rumley	10 Ankeny	12.38	4
12	Amaria Kirby	12 Pleasant Valley	12.39	1
13	MiAsia Bergmann	12 CR Jefferson	12.42	3
14	Alanna Muhammad	12 WAT East	12.46	4
15	Skyler Shellmyer	12 Urbandale	12.48	2
16	Caitlyn Jones	11 CB, T Jefferson	12.52	3
17	Saffie Dennis	11 DSM, Hoover	12.52	3
18	Madeline Andorf	11 Prairie, CR	12.58	3
19	Sydney Fuller	11 North Scott	12.66	2
20	Raenice Hilderbrand	11 Prairie, CR	12.73	4
21	Cheyenne Mitchell	11 CR Kennedy	12.73	5
22	Aniya Hickman	10 Valley, WDM	12.75	4
23	Hannah Wilson	10 Ankeny Cent	12.77	5
24	Kenna Inlay	10 SC, East	12.77	4

Event 15 Girls 200 Meter Dash 4A (24) Prelims

Thursday 5/17/2018 - 10:50 AM

State Record: 24.09 5/18/2017 Kerris Roberts, WAT East
All-Time: 23.97 2018 Syndey Milani, Southeast Polk

Name	Year	School	Seed	Time
1	Sydney Milani	12 SE Polk	24.00	1
2	Darby Thomas`	11 CB, A Lincoln	24.59	1
3	Jill Bennett	11 Linn-Mar	25.20	1
4	Eriana Brown	12 DSM, East	25.37	1
5	Juru Okwaramoi	11 Dowling Cath	25.41	2
6	Olivia Hubler	12 Linn-Mar	25.55	2
7	MiAsia Bergmann	12 CR Jefferson	25.63	3
8	Grace Matera	12 Valley, WDM	25.67	2
9	Chell Claire	12 DSM, Roosevelt	25.72	2
10	Stevie Lambe	12 DUB Senior	25.75	1
11	Cheyenne Mitchell	11 CR Kennedy	25.84	4
12	Caitlyn Jones	11 CB, T Jefferson	25.92	3
13	Riawna Hunter	11 DSM, North	25.95	3
14	Erin McQuillen	11 Bettendorf	26.10	1
15	Jasmine Rumley	10 Ankeny	26.16	3
16	Gretta Hartz	10 SE Polk	26.29	4

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Event 15 ... (Girls 200 Meter Dash 4A (24) Prelims)

Name	Year	School	Seed Time	
17 Lina Sakabu	11	DSM, Hoover	26.29	5
18 Kirstin Skriver	12	Prairie, CR	26.33	2
19 Kaitlyn Mulder	12	SC, North	26.40	4
20 Ainsley Schlicher	09	Waukee	26.45	4
21 Lineya Wells	09	SC, East	26.48	5
22 Kathryn Pierick	10	Dowling Cath	26.64	6
23 Morgan Sterrett	11	Cedar Falls	26.66	5
24 Madison Eberhart	12	Clinton	26.74	2

Event 23 Girls 400 Meter Dash 4A (24)

Thursday 5/17/2018 - 1:30 PM

State Record: 54.84 5/18/2017 Payton Wensel, Linn-Mar
 All-Time: 53.70 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed Time	
1 Sydney Milani	12	SE Polk	53.61	1
2 Payton Wensel	12	Linn-Mar	55.79	1
3 Lauren Van Dyke	12	SC, East	58.17	1
4 Stevie Lambe	12	DUB Senior	58.51	1
5 Kaitlyn Mulder	12	SC, North	59.13	2
6 Grace Bookin-Nosbisch	10	Ottumwa	59.62	2
7 Breazi Preston	12	DSM, Hoover	59.71	2
8 Bailey Blake	10	Indianola	59.75	1
9 Dee Dee Pryor	11	Urbandale	59.92	3
10 Natalie Clement	10	SE Polk	59.98	3
11 Kirstin Skriver	12	Prairie, CR	1:00.02	3
12 Kate Timboe	11	Dowling Cath	1:00.25	4
13 Angel Baylark	10	Burlington	1:00.34	4
14 Riawna Hunter	11	DSM, North	1:00.70	4
15 Kierra Bishop	11	Ottumwa	1:00.86	5
16 Megan Witte	10	Lewis Central	1:01.12	5
17 Julia Benson	12	Waukee	1:01.20	2
18 Rachel Nagel	10	CR Jefferson	1:01.27	2
19 Ainsley Schlicher	09	Waukee	1:01.32	3
20 Claire Wubben	12	Ankeny Cent	1:01.75	4
21 Anna Giudici	12	Dowling Cath	1:01.77	6
22 Paige Kvale	12	Cedar Falls	1:01.88	3
23 Sophie Curtis	10	Pleasant Valley	1:02.04	1
24 Emma Johnson	11	Bettendorf	1:02.56	2

Event 31 Girls 800 Meter Run 4A (24)

Saturday 5/19/2018 - 11:00 AM

State Record: 2:08.15 5/21/2011 Shelby Houlihan, SC, East
 All-Time: 2:07.18 2016 Joy Ripslinger, Assumption, Dav

Name	Year	School	Seed Time	
1 Lily Campbell	12	Waukee	2:15.82	1
2 Allison Bookin-Nosbisch	10	Ottumwa	2:16.28	1
3 Deniz Ince	11	IC, West	2:17.65	2
4 Lauren Van Dyke	12	SC, East	2:18.09	1
5 Logan Akason	12	Waukee	2:19.52	2
6 Carollin Mellin	10	Ottumwa	2:19.72	3

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Event 31 ... (Girls 800 Meter Run 4A (24))

	Name	Year	School	Seed Time	
7	Bailey Nock	12	IC, West	2:20.39	4
8	Kelsey Schweizer	11	Dowling Cath	2:21.43	2
9	Macy Gaskill	09	Urbandale	2:22.61	3
10	Megan Fleming	11	DSM, Roosevelt	2:23.72	3
11	Jadyn Forbes	11	Indianola	2:23.75	4
12	Sydnee Miller	11	Dowling Cath	2:24.67	4
13	Mackenzie Michael	10	Cedar Falls	2:25.69	1
14	Lauren Miller	11	DUB Senior	2:25.70	5
15	Abby Riley	11	Pleasant Valley	2:25.98	1
16	Abbi Lafrenz	10	North Scott	2:26.60	2
17	Sydney Milani	12	SE Polk	2:27.08	1
18	Kayla Owens	10	Urbandale	2:27.74	5
19	Breanna Vermeer	10	Bettendorf	2:28.02	3
20	Caroline Ross	12	Cedar Falls	2:28.03	2
21	Mackenzie Laughlin	12	Johnston	2:28.59	2
22	Meghan Trimble	12	Ankeny	2:28.86	5
23	Rachel Rhoads	11	Newton	2:29.56	6
24	Emma Holesinger	10	DUB Hempstead	2:29.66	6

Event 39 Girls 1500 Meter Run 4A (24)

Saturday 5/19/2018 - 3:07 PM

State Record: 4:27.76 5/23/2015 Stephanie Jenks, Linn-Mar
 All-Time: 4:26.39 2011 Shelby Houlihan, Sioux City East

	Name	Year	School	Seed Time	
1	Sydney Schaffer	10	Waukee	4:51.85	1
2	Logan Akason	12	Waukee	4:52.32	2
3	Lilly Geelan	09	Linn-Mar	4:53.38	1
4	Brooklyn McKee	10	Johnston	4:53.99	1
5	Bailey Nock	12	IC, West	4:55.37	1
6	Jessica McKee	12	Johnston	4:55.47	2
7	Helen Gould	11	Valley, WDM	4:55.59	3
8	Isabel Buchanan	12	DSM, Roosevelt	4:57.27	3
9	Ella Popenhagen	10	CR Kennedy	4:57.29	2
10	Emma Gordon	12	Ankeny Cent	4:57.59	4
11	Deniz Ince	11	IC, West	4:57.98	2
12	Magda McGowan	09	SE Polk	4:58.38	4
13	Reagan Gorman	11	CR Washington	4:58.44	3
14	Hannah Brown	10	DUB Hempstead	4:59.18	3
15	Paige Blackford	11	SE Polk	5:00.12	5
16	Mia Rampton	12	DUB Senior	5:02.39	4
17	Jaine Meilander	11	Dowling Cath	5:02.96	1
18	Edmondson Claire	10	DUB Senior	5:02.98	5
19	Mallory Lafever	11	Pleasant Valley	5:03.58	1
20	Savana Alt	09	Ankeny Cent	5:04.53	5
21	Emma Davison	12	Mason City	5:04.70	6
22	Molly Flood	12	Dowling Cath	5:05.42	2
23	Trinity Borland	12	Bettendorf	5:05.95	2
24	Mackenzie Michael	10	Cedar Falls	5:06.84	4

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Event 47 Girls 3000 Meter Run 4A (24)

Thursday 5/17/2018 - 9:55 AM

State Record: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School	Seed Time	
1	Jessica McKee	12 Johnston	10:35.01	1
2	Brooklyn McKee	10 Johnston	10:35.16	2
3	Sydney Schaffer	10 Waukee	10:35.82	1
4	Deniz Ince	11 IC, West	10:39.49	1
5	Edmondson Claire	10 DUB Senior	10:39.52	2
6	Bailey Nock	12 IC, West	10:39.55	3
7	Hannah Brown	10 DUB Hempstead	10:41.90	4
8	Peyton Kelderman	09 Waukee	10:42.27	2
9	Helen Gould	11 Valley, WDM	10:42.41	3
10	Alex Robran	12 Ankeny	10:42.97	3
11	Reagan Gorman	11 CR Washington	10:50.92	1
12	Micah Poellet	09 Linn-Mar	10:57.45	2
13	Heather Hostager	12 DUB Hempstead	10:58.09	5
14	Trinity Borland	12 Bettendorf	10:59.56	1
15	Anna Hertz	12 Cedar Falls	11:00.83	3
16	Maddy Minard	11 Pleasant Valley	11:06.83	2
17	Amelia Morrow	12 IC, City High	11:07.41	6
18	Jeanne Peters	10 Ankeny Cent	11:12.25	4
19	Izzy Gorton	09 DUB Senior	11:18.39	7
20	Lauren Buechel	10 Pleasant Valley	11:22.08	3
21	Esti Brady	10 IC, City High	11:22.27	8
22	Madison Larsen	12 Cedar Falls	11:22.49	4
23	Abby Huls	10 Urbandale	11:26.56	1
24	Bella Heidesch	11 Dowling Cath	11:40.28	2

Event 55 Girls 100 Meter Hurdles 4A (24) Prelims

Friday 5/18/2018 - 10:10 AM

State Record: 14.27 5/23/2014 Mary Young, Urbandale

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School	Seed Time	
1	Sydney Winger	12 Waukee	14.37	1
2	Isabel Ingram	12 Ames	14.45	1
3	MiAsia Bergmann	12 CR Jefferson	14.64	1
4	Juru Okwaramoi	11 Dowling Cath	14.68	1
5	McKenna Davidson	12 SE Polk	15.08	2
6	Cassie Yardley	12 Valley, WDM	15.10	3
7	Katie Petersen	10 Ankeny Cent	15.18	2
8	Elayna Bahl	12 Epworth, WD	15.18	1
9	Najat Bresh	11 DSM, East	15.21	3
10	Anna Keplinger	12 Waukee	15.29	4
11	Esther Ubadigbo	10 DSM, Roosevelt	15.29	5
12	Mira Bacille	10 Dowling Cath	15.33	2
13	Kitra Bell	12 IC, West	15.37	2
14	Malea Daugherty	10 Ankeny	15.39	6
15	Grace Burken	12 Cedar Falls	15.44	2
16	Peyton Steva	11 IC, West	15.48	3

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Event 55 ... (Girls 100 Meter Hurdles 4A (24) Prelims)

Name	Year	School	Seed Time	
17 Rayna Sickels	09	Indianola	15.52	7
18 Chana Northrup	10	Linn-Mar	15.55	3
19 Sydney Davis	12	Cedar Falls	15.64	4
20 Ellie Spelhaug	12	Pleasant Valley	15.73	1
21 Caroline Schaeckenbach	10	IC, City High	15.78	4
22 Macee Buss	12	Ames	15.81	4
23 Hayley Hartman	12	CB, A Lincoln	16.01	3
24 Jaeda Bowling	09	Bettendorf	16.06	2

Event 60 Girls 400 Meter Hurdles 4A (24)

Friday 5/18/2018 - 11:50 AM

State Record: 1:00.82 5/18/2008 AG Bradford, Davenport North
 All-Time: 57.3h 1975 Debbie Esser, Woodbine

Name	Year	School	Seed Time	
1 Payton Wensel	12	Linn-Mar	1:02.41	1
2 Isabel Ingram	12	Ames	1:04.73	1
3 Skyler Shellmyer	12	Urbandale	1:05.39	1
4 Caroline Schaeckenbach	10	IC, City High	1:05.64	1
5 Clare Basala	09	Pleasant Valley	1:06.72	1
6 Dee Dee Pryor	11	Urbandale	1:06.97	2
7 Grace Larkins	09	SE Polk	1:06.98	2
8 Kate Bannister	11	Waukee	1:07.01	1
9 Anna Giudici	12	Dowling Cath	1:07.13	3
10 Paige Hanson	12	SC, East	1:07.96	4
11 Jolynn Harris	12	DSM Lincoln	1:07.97	3
12 Mya Moore	10	Valley, WDM	1:08.00	4
13 Karri Pippett	12	Ankeny Cent	1:08.39	2
14 Kiara Malloy-Salgado	09	IC, West	1:08.43	2
15 Hayley Hartman	12	CB, A Lincoln	1:08.68	5
16 Rachel Berkland	12	Newton	1:08.79	3
17 Sydney Davis	12	Cedar Falls	1:09.17	2
18 Anna Keplinger	12	Waukee	1:09.26	4
19 Sarah Bosch	11	Ankeny	1:09.47	5
20 Emily Wood	09	Pleasant Valley	1:09.61	2
21 Lillian Reynolds	09	IC, City High	1:09.79	3
22 Pattanasia Wilson	09	DSM, Hoover	1:09.82	5
23 Ashely Donovan	11	DUB Senior	1:10.69	4
24 Lauren Dirth	10	Muscatine	1:10.86	3

Event 69 Girls 4x100 Meter Shuttle Hurdle 4A (24) Prelims

Thursday 5/17/2018 - 9:20 AM

State Record: 1:00.61 5/18/2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau
 All-Time: 1:00.61 5/18/2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau

Team	Relay	Seed Time	
1 Waukee		1:02.52	1
1) Addie Drees 10	2) Anna Keplinger 12		
5) Abby Vogel 10	3) JanJay Peters 11		
	4) Sydney Winger 12		
	6) Kynzi Winger 09		

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	Team	Relay	Seed Time	
2	Ames		1:03.41	1
	1) Hope Morken 11	2) Athena Song 12	3) Isabel Ingram 12	4) Macee Buss 12
	5) Jewels Buss 10	6) Olivia Peterson 10		
3	Cedar Falls		1:05.99	1
	1) Lily Becker 11	2) Anaya Barney 09	3) Grace Burken 12	4) Sydney Davis 12
	5) Dalilah Galvez 11	6) Lauryn Bennett 09		
4	Ankeny Cent		1:06.00	2
	1) Katie Petersen 10	2) Meg Ridout 11	3) Karri Pippett 12	4) Calea Jones 10
	5) Sophie Lampe 09	6) Kayla Eilander 10		
5	IC, West		1:06.25	1
	1) Peyton Steva 11	2) Amy Liao 09	3) Matayia Tellis 09	4) Kitra Bell 12
	5) Kia Noibi 12	6) Leah Elliott 12		
6	Dowling Cath		1:06.31	1
	1) Mallory Wilson 10	2) Christina Odir 12	3) Olivia Gehrke 10	4) Mira Bacille 10
	5) Juru Okwaramoi 11	6) Anna Giudici 12		
7	SE Polk		1:06.88	2
	1) Angela Willoughby 12	2) Liz Pierce 11	3) Alex Donohoe 12	4) McKenna Davidson 12
	5) Isabelle Severs 09	6) Vina Bui 10		
8	IC, City High		1:07.04	2
	1) Jordan Sekafetz 09	2) Kate Swenning 11	3) Jae Dancer 09	4) Caroline Schaeckenbach 10
	5) Lillian Reynolds 09	6) Natalie Green 09		
9	Valley, WDM		1:07.05	3
	1) Chastity Louis 11	2) Cassie Yardley 12	3) Libby Blosser 10	4) Mya Moore 10
	5) Emma Nau 09	6) Alise Kuennen 10		
10	CB, A Lincoln		1:07.54	2
	1) Jocelyn Hendrix 10	2) Darby Thomas` 11	3) Taylan Keefer 10	4) Hayley Hartman 12
	5) Ysa Fonseca 10	6) Bernice Monge 09		
11	Pleasant Valley		1:08.13	1
	1) Carli Spelhaug 11	2) Adrea Arthofer 11	3) Jazmyn Whitfield 12	4) Ellie Spelhaug 12
	5) Emily Wood 09	6) Paige Berst 09		
12	DSM, Roosevelt		1:08.16	3
	1) Chell Claire 12	2) Jada Morris 11	3) Jhamae Morales 09	4) Esther Ubadigbo 10
	5) Leslie Delgado 09	6) Eunique Adair 09		
13	CR Kennedy		1:08.81	2
	1) Alexis Peterson 12	2) Sarah Nolting 11	3) Hannah Wieland 10	4) Natalie McAllister 12
	5) Emma Herold 10	6) Haley Spurgeon 09		
14	Linn-Mar		1:08.92	3
	1) Chloe McNeese 12	2) Jaslyn Riherd 10	3) Sadie Staker 10	4) Chana Northrup 10
	5) Gretchen Gehrls 10	6) Kayla Micek 12		
15	Indianola		1:09.02	4
	1) Kassie Baker 10	2) Rayna Sickels 09	3) Lexi Pollock 10	4) Hannah Burrows 12
	5) Kylie McVey 09	6) Ellie McCoy 09		
16	Bettendorf		1:09.07	2
	1) Maggie Cullum 10	2) Alli Dykstra 11	3) Grace Gasper 09	4) Jaeda Bowling 09
	5) Brooke McGee 10	6) Gillian Borden 10		
17	Newton		1:09.37	5
	1) Abbie Barr 11	2) Kate Callaghan 09	3) Liz McVey 12	4) Morgann Eide 12
	5) Rachel Berkland 12	6) Liv Whitten 10		
18	Ankeny		1:09.85	6
	1) Ella Hawkins 11	2) Malea Daugherty 10	3) Elle Dalton 09	4) Shelby Romig 09
	5) Emma Kach 11	6) Beth Scoular 11		

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Team	Relay	Seed Time
19 Johnston		1:10.26 4
1) Ciara Wheeler 09	2) Matayah Naylor 11	3) Hala Abu-Assaf 11
5) Halle Van Roekel 10	6) Katina Christofferson 09	4) Leah Johnson 11
20 Muscatine		1:10.26 3
1) Lexi Hirt 09	2) Maddie Beik 12	3) Lauren Dirth 10
5) Callie Kellett 11	6) Olivia Fourneau 12	4) Hallie Hanssen 09
21 Prairie, CR		1:10.34 3
1) Brie Fuller 12	2) Sarah Schmitt 11	3) Jessa Day 09
5) Ashton Catlett 11	6) Morgan Lewis 12	4) Anna Millard 10
22 North Scott		1:10.38 4
1) Avery Rowlands 11	2) Tarynn Kuehl 10	3) Dana Loussaert 11
5) Emma Morgan 11	6) Emily Gehring 10	4) Brittany Bullock 12
23 Burlington		1:10.83 4
1) Tarae Warner 12	2) Dionna Knotts 12	3) Bailey Skidmore 10
5) Madison Bunton 09		4) Alli Bivens 11
24 CR Jefferson		1:11.74 4
1) Meghan Prohaska 11	2) Carlee Traywick 09	3) Osnaika Augustin 10
5) Laine Comer 09		4) Zoey DeCapria 09

Event 76 Girls 4x100 Meter Relay 4A (24) Prelims**Friday 5/18/2018 - 12:50 PM**

State Record: 47.89 5/19/2010 Iowa City West, Iowa City West
M Cronbaugh, C Hoagland, S Williams, J Gehrke
All-Time: 47.55 4/28/2012 DM, Roosevelt; CR Jeff, DMR, CRJ

Team	Relay	Seed Time
1 Ankeny		49.08 1
1) Eva van de Mortel 09	2) Peyton Daugherty 12	3) Mytika Mayberry 09
5) Macy Filling 09	6) Sydney Brenning 09	4) Jasmine Rumley 10
2 Pleasant Valley		49.10 1
1) Kira Arthofer 12	2) Harmony Creasy 09	3) Adrea Arthofer 11
5) Alexa Neal 12	6) Jazmyn Whitfield 12	4) Amaria Kirby 12
3 Waukee		49.32 2
1) Sehansa Karunatilaka 09	2) Sydney Winger 12	3) Elma Vojic 12
5) Emma Schossow 10	6) Abby Benson 11	4) Delaney Taylor 11
4 Cedar Falls		49.36 1
1) Nicole Geerdes 12	2) Morgan Sterrett 11	3) Leah Longnecker 11
5) Raelynn Smith 10	6) Lindsey Sires 09	4) Emerson Green 10
5 Ames		49.43 1
1) Hannah Buckels 11	2) Melina Hegelheimer 11	3) Bianca Sorrentino 10
5) Teagan Lipsey 10	6) Athena Song 12	4) Amara Lipsey 12
6 WAT West		49.53 2
1) Madelyn Solomon 11	2) TaJanik Williams 10	3) Ta'Mara Roby 12
5) Claresa Allison 11	6) Destiny Claus-Davis 11	4) Zoey Thune 12
7 WAT East		49.61 3
1) Shamyia Jenkins 12	2) Amanee Clark 11	3) Jasmine Dunn 12
5) Kerris Roberts 11	6) Aaliyah Meeks 10	4) Alanna Muhammad 12
8 DSM, Hoover		49.68 2
1) Nyakota Ding 12	2) Temira Goods 10	3) Lina Sakabu 11
5) Taylan Olson 12	6) Zipporah Hurst 10	4) Saffie Dennis 11
9 Valley, WDM		49.70 3
1) Aniya Hickman 10	2) Nya Bottley 09	3) Jayda Allen 10
5) Audrey Hronich 10	6) Rachel Sinclair 12	4) Cassie Yardley 12

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	Team	Relay	Seed Time	
10	IC, City High		49.75	1
	1) Emma Clark 11	2) Azzura Sartini-Rideout 10	3) Ayana Lindsey 09	4) Emma Cooper 11
	5) Tiara Green 12	6) Kate Swenning 11		
11	Prairie, CR		49.76	2
	1) Sophie Feahn 12	2) Raenice Hilderbrand 11	3) Brie Fuller 12	4) Madeline Andorf 11
	5) Lauren Lacy 10	6) Brylee Yirkovsky 12		
12	DUB Hempstead		49.92	3
	1) Hailey Klein 11	2) Audra Steil 12	3) Emalee Ryder 10	4) Janyla Hoskins 10
	5) Megan Hammerand 10	6) Skylynn Reding 10		
13	Dowling Cath		50.04	1
	1) Mira Bacille 10	2) Roz Heuchendorf 11	3) Olivia Gehrke 10	4) Kathryn Pierick 10
	5) Juru Okwaramoi 11	6) Mallory Wilson 10		
14	Linn-Mar		50.07	4
	1) Chana Northrup 10	2) Meliah Hanna 09	3) Olivia Hubler 12	4) Jill Bennett 11
	5) Payton Wensel 12	6) Anna Huggins 10		
15	Ankeny Cent		50.16	3
	1) Meg Ridout 11	2) Katie Petersen 10	3) Betsy Ridout 12	4) Katie Saddoris 12
	5) Hannah Wilson 10	6) Calea Jones 10		
16	SC, East		50.26	2
	1) Myerra Parker 11	2) Lineya Wells 09	3) Allyson Smith 11	4) Kenna Inlay 10
	5) Paige Hanson 12	6) Laken Gardner 10		
17	Epworth, WD		50.37	4
	1) Ella Schindler 09	2) Paige Hollenback 11	3) Addie Ulbrich 12	4) Auna Allen 12
	5) Catie Brosius 11	6) Carley Steffen 11		
18	Urbandale		50.46	3
	1) Elle Brownell 11	2) Hope Johnson 11	3) Dee Dee Pryor 11	4) Skyler Shellmyer 12
	5) Emory Widlowski 12	6) Amara Marks 09		
19	Burlington		50.60	5
	1) Ariana Baylark 09	2) Tarae Warner 12	3) Callie Anderson 11	4) Angel Baylark 10
	5) Alli Bivens 11	6) Dionna Knotts 12		
20	Bettendorf		50.61	2
	1) Maggie Erpelding 10	2) Katie Girsch 09	3) Emma Ostrom 12	4) Maddi Banks 12
	5) Eleanor Drexler 12	6) Olivia Lewis 10		
21	North Scott		50.75	3
	1) Sydney Fuller 11	2) Brooke Kruse 10	3) Camryn Hanson 10	4) Brooke Corson 11
	5) Tarynn Kuehl 10	6) Avery Rowlands 11		
22	IC, West		50.76	6
	1) Katie Severt 11	2) Matayia Tellis 09	3) Peyton Steva 11	4) Isyss Shaw 09
	5) Kitra Bell 12	6) Mia Dillingham 10		
23	DSM Lincoln		51.24	4
	1) Brandie Paye 11	2) Tiffani Nguyen 09	3) Jalyiah Miller 10	4) Erika Canada 11
	5) Riko Ohmura 12	6) Stephanie Jaimes 11		
24	CR Kennedy		51.29	5
	1) Jaylise Clark 10	2) Natalie McAllister 12	3) Jurnee Rose-Johnson 12	4) Cheyenne Mitchell 11
	5) Sarah Nolting 11	6) Anafer Milsap 11		

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Event 84 Girls 4x200 Meter Relay 4A (24)**Friday 5/18/2018 - 11:05 AM**

State Record: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
A Ranschau, J Blue, M Meese, L Schneekloth

All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
A Ranschau, J Blue, M Meese, L Schneekloth

Team	Relay				Seed Time
1 Pleasant Valley					1:43.52 1
1) Kira Arthofer 12	2) Amaria Kirby 12	3) Adrea Arthofer 11	4) Harmony Creasy 09		
5) Morgan Ramirez 10	6) Carli Spelhaug 11				
2 Ames					1:43.93 1
1) Hannah Buckels 11	2) Melina Hegelheimer 11	3) Bianca Sorrentino 10	4) Teagan Lipsey 10		
5) Athena Song 12	6) Isabel Ingram 12				
3 Cedar Falls					1:44.08 1
1) Auriona Kimbrough 11	2) Morgan Sterrett 11	3) Leah Longnecker 11	4) Emerson Green 10		
5) Nicole Geerdes 12	6) Raelynn Smith 10				
4 Waukee					1:44.09 1
1) Sehansa Karunatilaka 09	2) Kate Bannister 11	3) Delaney Taylor 11	4) Elma Vojic 12		
5) Sydney Winger 12	6) Ainsley Schlicher 09				
5 Dowling Cath					1:44.63 1
1) Kathryn Pierick 10	2) Roz Heuchendorf 11	3) Olivia Gehrke 10	4) Margaret Tobias 09		
5) Juru Okwaramoi 11	6) Mira Bacille 10				
6 SC, East					1:45.12 2
1) Lineya Wells 09	2) Kenna Inlay 10	3) Allyson Smith 11	4) Paige Hanson 12		
5) Lauren Van Dyke 12	6) Myerra Parker 11				
7 WAT West					1:45.16 2
1) Madelyn Solomon 11	2) Tajanik Williams 10	3) Ta'Mara Roby 12	4) Claesa Allison 11		
5) Zoey Thune 12	6) Shiila Robinson 11				
8 Ankeny Cent					1:45.60 2
1) Betsy Ridout 12	2) Megan Gray 12	3) Calea Jones 10	4) Katie Saddoris 12		
5) Karri Pippett 12	6) Kathryn Vortherms 09				
9 DSM, Hoover					1:45.63 2
1) Saffie Dennis 11	2) Temira Goods 10	3) Lina Sakabu 11	4) Nyakota Ding 12		
5) Breazi Preston 12	6) Taylan Olson 12				
10 Valley, WDM					1:45.89 3
1) Nya Bottley 09	2) Rachel Sinclair 12	3) Grace Matera 12	4) Audrey Hronich 10		
5) Cassie Yardley 12	6) Jayda Allen 10				
11 DSM, East					1:46.11 3
1) Alicia Vasquez 10	2) Kimeisha Star 10	3) Deala Brown 12	4) Eriana Brown 12		
5) Najat Bresh 11	6) Tialla King 09				
12 Bettendorf					1:46.21 2
1) Maddi Banks 12	2) Maggie Erpelding 10	3) Emma Ostrom 12	4) Katie Girsch 09		
5) Olivia Lewis 10	6) Eleanor Drexler 12				
13 IC, City High					1:46.66 2
1) Emma Clark 11	2) Ayana Lindsey 09	3) Emma Cooper 11	4) Sydney DePrenger 12		
5) Tiara Green 12	6) CeCe Kelly-Harvey 09				
14 Epworth, WD					1:46.66 1
1) Jenna Burds 11	2) Carley Steffen 11	3) Addie Ulbrich 12	4) Cassie Hermsen 12		
5) Catie Brosius 11	6) Ella Schindler 09				
15 DUB Hempstead					1:46.67 3
1) Audra Steil 12	2) Megan Hammerand 10	3) Julia Meehan 12	4) Janyla Hoskins 10		
5) Emalee Ryder 10	6) Laney Herman 10				

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Event 84 ... (Girls 4x200 Meter Relay 4A (24))

	Team	Relay	Seed Time
16	WAT East		1:47.80 3
	1) Alanna Muhammad 12	2) Amanee Clark 11	3) Jasmine Dunn 12
	5) Aliyah Franklin 09	6) Aariona Ezell 10	4) Shamyia Jenkins 12
17	Burlington		1:48.00 4
	1) Ariana Baylark 09	2) Madison Bunton 09	3) Alize Johnson 11
	5) Jakayla Fleming 09	6) Angel Baylark 10	4) Callie Anderson 11
18	SE Polk		1:48.11 4
	1) Samantha Milani 10	2) Sydney McNeeley 09	3) Abbi Cataldo 09
	5) Natalie Clement 10	6) McKenna Davidson 12	4) Kennady Mills 09
19	Prairie, CR		1:48.78 5
	1) Madeline Andorf 11	2) Mya Dodge 09	3) Sarah Schmitt 11
	5) Raenice Hilderbrand 11	6) Lauren Lacy 10	4) Sophie Feahn 12
20	Johnston		1:49.19 5
	1) Emma Roethler 09	2) Samantha Strauss 09	3) Chloe Fehn 11
	5) Avery Kamienski 11	6) Grace Kamara 09	4) Christina Jackson 11
21	Clinton		1:49.89 3
	1) Meghan Hill 09	2) Montaya Ford 10	3) Tahlicia Bailey 10
	5) Olivia Calvin 12	6) Bricchet Tate 11	4) Madison Eberhart 12
22	DSM, Roosevelt		1:50.21 4
	1) Tori Hall 12	2) Eunique Adair 09	3) Halley Bocker 12
	5) Chell Claire 12	6) Kori Holman 12	4) Jhamae Morales 09
23	Linn-Mar		1:50.47 4
	1) Olivia Hubler 12	2) Meghan Mather 11	3) McKenna Flood 12
	5) Meliah Hanna 09	6) Lauren Gorsich 09	4) Anna Huggins 10
24	Ankeny		1:50.80 5
	1) Elle Dalton 09	2) Megan Utterback 11	3) Naomi Casady 10
	5) MaKenna Drea 09	6) Macy Filling 09	4) Sydney Brenning 09

Event 92 Girls 4x400 Meter Relay 4A (24) Prelims

Friday 5/18/2018 - 1:40 PM

State Record: 3:48.49 5/20/2009 **Sioux City East, Sioux City East**
S Houlihan, R Mikulicz, E McCarthy, E Dougherty

All-Time: 3:48.39 5/23/2009 **Sioux City, East, Sioux City, E**
S Houlihan, R Mikulicz, E McCarthy, E Dougherty

	Team	Relay	Seed Time
1	SE Polk		4:01.41 1
	1) Tarryn Hill 10	2) Grace Larkins 09	3) Gretta Hartz 10
	5) Mattison Plummer 09	6) Magda McGowan 09	4) Natalie Clement 10
2	DSM, Roosevelt		4:02.71 1
	1) Esther Ubadigbo 10	2) Chell Claire 12	3) Kori Holman 12
	5) Isabel Buchanan 12	6) Zoe Fry 10	4) Megan Fleming 11
3	Waukee		4:03.11 2
	1) Delaney Taylor 11	2) JanJay Peters 11	3) Jessica Caraway 10
	5) Julia Benson 12	6) Ainsley Schlicher 09	4) Lily Campbell 12
4	Ottumwa		4:03.45 1
	1) Carollin Mellin 10	2) Kierra Bishop 11	3) Grace Bookin-Nosbisch 10
	5) Katie Nelson 10	6) Kylee Spurgeon 12	4) Allison Bookin-Nosbisch 10
5	Cedar Falls		4:05.79 1
	1) Auriona Kimbrough 11	2) Greta Berte 09	3) Maddy Lenaerts 11
	5) Sydney Davis 12	6) Mackenzie Michael 10	4) Paige Kvale 12

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Event 92 ... (Girls 4x400 Meter Relay 4A (24) Prelims)

	Team	Relay	Seed Time
6	Epworth, WD		4:06.01 2
	1) Addie Ulbrich 12	2) Cassie Hermsen 12	3) Jordan Burds 11
	5) Paige Hollenback 11	6) Elly Burds 09	4) Jenna Burds 11
7	Pleasant Valley		4:06.52 1
	1) Emily Wood 09	2) Ellie Spelhaug 12	3) Kira Arthofer 12
	5) Adrea Arthofer 11	6) Harmony Creasy 09	4) Clare Basala 09
8	IC, City High		4:06.56 3
	1) Kinsee Brands 12	2) Sydney DePrenger 12	3) Tiara Green 12
	5) Caroline Schaeckenbach 10	6) Ayana Lindsey 09	4) CeCe Kelly-Harvey 09
9	SC, East		4:06.93 1
	1) Paige Hanson 12	2) Taylor Copple 12	3) Allyson Smith 11
	5) Lineya Wells 09	6) Laken Gardner 10	4) Lauren Van Dyke 12
10	Ames		4:07.80 2
	1) Teagan Lipsey 10	2) Athena Song 12	3) Bianca Sorrentino 10
	5) Amara Lipsey 12	6) Melina Hegelheimer 11	4) Isabel Ingram 12
11	Bettendorf		4:07.86 2
	1) Emma Johnson 11	2) Erin McQuillen 11	3) Brooke Lofgren 11
	5) Allison Whitaker 11	6) Maddi Banks 12	4) Breanna Vermeer 10
12	Johnston		4:08.84 3
	1) Avery Kamienski 11	2) Samantha Strauss 09	3) Mackenzie Laughlin 12
	5) Kara Krahn 11	6) Avery Carnahan 09	4) Chloe Fehn 11
13	Indianola		4:09.35 3
	1) Jadyne Forbes 11	2) Bailey Blake 10	3) Leah Blake 11
	5) Grace Berg 12	6) Kylie McVey 09	4) Celia Askelsen 12
14	DSM, Hoover		4:10.19 4
	1) Breazi Preston 12	2) Aaliyah Battle 10	3) Temira Goods 10
	5) Shiggo Shadin 11	6) Pattanasia Wilson 09	4) Rebekah Bourland 12
15	Dowling Cath		4:10.41 2
	1) Margaret Tobias 09	2) Kate Timboe 11	3) Anna Giudici 12
	5) Jaine Meilander 11	6) Nora Matt 09	4) Kelsey Schweizer 11
16	WAT West		4:10.91 2
	1) Amari Burt 11	2) Jallea Dillard 11	3) Carley Caughron 09
	5) Claesa Allison 11	6) Laura Hepworth 09	4) Shiila Robinson 11
17	Prairie, CR		4:11.32 4
	1) Kirstin Skriver 12	2) Emma Copeland 11	3) Carli Reittinger 10
	5) Lindsey Barnes 09	6) Anika Pizarik 10	4) Sarah Schmitt 11
18	Ankeny Cent		4:11.90 4
	1) Megan Gray 12	2) Kathryn Vortherms 09	3) Claire Wubben 12
	5) Emma Gordon 12	6) Ellie Wilson 10	4) Karri Pippett 12
19	Linn-Mar		4:13.27 3
	1) Anna Huggins 10	2) Leah Gorsich 09	3) Lauren Gorsich 09
	5) Chloe Skidmore 09	6) Lindsay Ginger 09	4) Dimia Burrell 10
20	DUB Hempstead		4:13.66 5
	1) Erin McGrath 12	2) Emma Coates 10	3) Julia Meehan 12
	5) Kaylee Leicht 10	6) Ella Heim 09	4) Grace Ries 11
21	DSM Lincoln		4:13.70 5
	1) Brooke Maxwell 09	2) Mya Winters 09	3) Caitlyn Lucht 12
	5) Tiffani Nguyen 09	6) Stephanie Jaimes 11	4) Jolynn Harris 12
22	Lewis Central		4:14.12 3
	1) Maegan Holt 12	2) McKenna Paulsen 10	3) Madison Albers 10
	5) Olivia Greelis 12	6) Kylee Dunphy 11	4) Megan Witte 10

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Event 92 ... (Girls 4x400 Meter Relay 4A (24) Prelims)

Team	Relay	Seed Time
23 CB, A Lincoln		4:16.47 4
1) Kerrigan Keefer 10	2) Lexi Thomas 12	3) Hayley Hartman 12
5) Claire Jones 12	6) Kensi LaSale 11	4) Rylee Fichter 12
24 Ankeny		4:17.01 5
1) Sydni Wendling 11	2) Sarah Bosch 11	3) Holly Trimble 11
5) Scout Bergwall 11	6) Eva van de Mortel 09	4) Madeline Murphy 09

Event 100 Girls 4x800 Meter Relay 4A (24)

Thursday 5/17/2018 - 11:45 AM

State Record: 9:09.90 5/19/2016 Urbandale, Urbandale
All-Time: 9:09.09 2001 M Cole, T Moreno, J Noah, E Prescott
Iowa City West, Iowa City West

Team	Relay	Seed Time
1 Ottumwa		9:32.60 1
1) Carolin Mellin 10	2) Meghan Coulter 09	3) Allison Bookin-Nosbisch 10
5) Abby Bowers 11	6) Isabelle Mellin 09	4) Grace Bookin-Nosbisch 10
2 Waukee		9:34.43 1
1) Jessica Caraway 10	2) Carolyn Olney 09	3) Lindsey Kelderman 09
5) Logan Akason 12	6) Lily Campbell 12	4) Megan Groathouse 11
3 SE Polk		9:35.15 1
1) Tarryn Hill 10	2) Grace Larkins 09	3) Magda McGowan 09
5) Jaycie Elliott 09	6) Mattison Plummer 09	4) Paige Blackford 11
4 IC, West		9:40.99 2
1) Kiara Malloy-Salgado 09	2) Erica Buettner 09	3) Katie Hoefler 09
5) Deniz Ince 11	6) Claire Ronnebaum 12	4) Bailey Nock 12
5 Ankeny Cent		9:43.60 2
1) Emma Gordon 12	2) Sophia Lee 10	3) Megan Gray 12
5) Emma Peck 12	6) Kathryn Vortherms 09	4) Savana Alt 09
6 Dowling Cath		9:44.74 1
1) Kelsey Schweizer 11	2) Kate Timboe 11	3) Sydnee Miller 11
5) Jaine Meilander 11	6) Carolyn Fink 11	4) Molly Flood 12
7 IC, City High		9:46.34 3
1) Kinsee Brands 12	2) Anna Lindower 11	3) Lillian Reynolds 09
5) Amelia Morrow 12	6) Jae Dancer 09	4) CeCe Kelly-Harvey 09
8 CR Kennedy		9:48.10 1
1) Kaelyn Ryan 11	2) Ella Popenhagen 10	3) Olivia Hamblin 10
5) Sarah Grams 09		4) Hannah Fusselman 12
9 Bettendorf		9:48.29 1
1) Breanna Vermeer 10	2) Brooke Lofgren 11	3) Alexis Beine 11
5) Nyah Block 12	6) Madison Temple 10	4) Rylee Ramstack 11
10 Ankeny		9:49.30 3
1) Madeline Murphy 09	2) Scout Bergwall 11	3) Megan Bosch 09
5) Sarah Bosch 11	6) Cierra Fillinger 11	4) Meghan Trimble 12
11 DSM, Roosevelt		9:51.56 4
1) Zoe Fry 10	2) Brennan Drake 12	3) Anna Gilbreath 10
5) Megan Fleming 11	6) Sarah Schott 12	4) Isabel Buchanan 12
12 Cedar Falls		9:51.62 2
1) Emma Clark 09	2) Caroline Ross 12	3) Meg Schmitz 12
5) Mackenzie Michael 10	6) Jayna Freeman 10	4) Paige Kvale 12
13 DUB Senior		9:54.03 4
1) Lauren Miller 11	2) Ashely Donovan 11	3) Mackenzie Gaherty 12
5) Claire Edmondson 10		4) Mia Rampton 12

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Event 100 ... (Girls 4x800 Meter Relay 4A (24))

	Team	Relay	Seed Time	
14	Pleasant Valley		9:55.16	2
	1) Abby Riley 11	2) Clare Basala 09	3) Holyn Doran 10	4) Mallory Lafever 11
	5) Maddy Minard 11	6) Lauren Buechel 10		
15	Urbandale		9:58.21	2
	1) Avery Peterson 12	2) Madi Lynch 09	3) Kayla Owens 10	4) Macy Gaskill 09
	5) Grace Blythe 09	6) Grace Rempe 12		
16	DUB Hempstead		9:58.35	5
	1) Emma Holesinger 10	2) Kaylee Leicht 10	3) Casey Nichols 12	4) Hannah Brown 10
	5) Audrey Franklin 09	6) Heather Hostager 12		
17	Epworth, WD		9:59.79	6
	1) Jordan Burds 11	2) Elly Burds 09	3) Maria Gudenkauf 12	4) Lauren Klein 09
	5) Amber Meyers 11	6) Leah Wille 11		
18	Linn-Mar		10:00.50	3
	1) Lilly Geelan 09	2) Sarah Murphy 09	3) Abby Van Rheenen 12	4) Emma Kelley 11
	5) Chloe Skidmore 09	6) Olivia Genskow 10		
19	Johnston		10:03.86	2
	1) Samantha Strauss 09	2) Abby Hutchins 09	3) Mackenzie Laughlin 12	4) Avery Kamienski 11
	5) Jessica McKee 12	6) Brooklyn McKee 10		
20	Muscatine		10:04.22	3
	1) Moriah Morter 12	2) Emmie Smith 11	3) Emma Maynard 12	4) Lauren Dirth 10
	5) Rylee Blake 10	6) Molly Tigrett 12		
21	CB, A Lincoln		10:08.69	3
	1) Kerrigan Keefer 10	2) Moriah Heilesen 10	3) Claire Jones 12	4) Jeannette Juarez 11
	5) Sam Christiansen 10	6) Hayleigh Vandervelde 10		
22	SC, North		10:24.22	4
	1) Kaitlyn Mulder 12	2) McKenzie Coyle 12	3) Monica Olson 10	4) Emma Kelley 09
	5) Brenda Phillips 11	6) Kylie McElmeel 09		
23	Prairie, CR		10:30.94	7
	1) Bailey Rima 09	2) Haley Duerksen 10	3) Hailey Cooper 09	4) Alissa Neubauer 12
	5) Carli Reitinger 10	6) Sydney Suthers 12		
24	Ames		10:44.09	3
	1) Lauren Matthews 10	2) Caitlyn Hanulikova 10	3) Deleney Ryken 11	4) Fiorella Meyer 11
	5) Madeline Taylor 11			

Event 114 Girls 800 Sprint Medley 4A (24)**Saturday 5/19/2018 - 9:36 AM**

**State Record: 1:44.89 5/23/2015 Pleasant Valley, Pleasant Val
E Paul, J Simon, E Whigham, A Swanson**

**All-Time: 1:44.89 5/23/2015 Pleasant Valley, Pleasant Valley
E Paul, J Simon, E Whigham, A Swanson**

	Team	Relay	Seed Time	
1	Linn-Mar		1:45.22	1
	1) Chana Northrup 10	2) Olivia Hubler 12	3) Jill Bennett 11	4) Payton Wensel 12
	5) Ariana Rolle 12	6) Anna Huggins 10		
2	Burlington		1:47.98	1
	1) Ariana Baylark 09	2) Madison Bunton 09	3) Callie Anderson 11	4) Angel Baylark 10
	5) Jakayla Fleming 09	6) Alize Johnson 11		
3	Pleasant Valley		1:48.27	1
	1) Kira Arthofer 12	2) Amaria Kirby 12	3) Adrea Arthofer 11	4) Harmony Creasy 09
	5) Clare Basala 09	6) Alexa Neal 12		

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Event 114 ... (Girls 800 Sprint Medley 4A (24))

Event	Team	Relay	Seed Time
4	Waukee		1:48.53 1
	1) Sehansa Karunatilaka 09	2) Delaney Taylor 11	3) Elma Vojic 12
	5) Jessica Caraway 10	6) Abby Benson 11	4) Lily Campbell 12
5	Dowling Cath		1:49.01 1
	1) Mallory Wilson 10	2) Roz Heuchendorf 11	3) Olivia Gehrke 10
	5) Kate Timboe 11	6) Juru Okwaramoi 11	4) Margaret Tobias 09
6	Ames		1:49.32 1
	1) Hannah Buckels 11	2) Melina Hegelheimer 11	3) Bianca Sorrentino 10
	5) Athena Song 12	6) Amara Lipsey 12	4) Teagan Lipsey 10
7	DSM, Hoover		1:49.74 2
	1) Nyakota Ding 12	2) Temira Goods 10	3) Lina Sakabu 11
	5) Saffie Dennis 11	6) Destiny Lottie 11	4) Breazi Preston 12
8	Prairie, CR		1:49.75 2
	1) Madeline Andorf 11	2) Raenice Hilderbrand 11	3) Sophie Feahn 12
	5) Lauren Lacy 10	6) Sarah Schmitt 11	4) Kirstin Skriver 12
9	Urbandale		1:49.97 2
	1) Elle Brownell 11	2) Hope Johnson 11	3) Skyler Shellmyer 12
	5) Emory Widlowski 12	6) Amara Marks 09	4) Dee Dee Pryor 11
10	SC, East		1:50.06 3
	1) Kenna Inlay 10	2) Allyson Smith 11	3) Lineya Wells 09
	5) Lauren Van Dyke 12	6) Myerra Parker 11	4) Paige Hanson 12
11	IC, City High		1:50.13 3
	1) Emma Clark 11	2) Emma Cooper 11	3) Tiara Green 12
	5) Azzura Sartini-Rideout 10	6) CeCe Kelly-Harvey 09	4) Ayana Lindsey 09
12	SE Polk		1:50.58 3
	1) Samantha Milani 10	2) Chloe Spring 11	3) Gretta Hartz 10
	5) Samantha Albertson 11	6) Angela Willoughby 12	4) Natalie Clement 10
13	Epworth, WD		1:50.95 4
	1) Auna Allen 12	2) Addie Ulbrich 12	3) Cassie Hermsen 12
	5) Elayna Bahl 12	6) Paige Hollenback 11	4) Jenna Burds 11
14	Ankeny Cent		1:51.00 2
	1) Hannah Wilson 10	2) Betsy Ridout 12	3) Katie Saddoris 12
	5) Katie Petersen 10	6) Megan Gray 12	4) Kathryn Vortherms 09
15	Valley, WDM		1:51.35 4
	1) Jayda Allen 10	2) Rachel Sinclair 12	3) Nya Bottley 09
	5) Mya Moore 10	6) Hayley Chappell 09	4) Grace Matera 12
16	Cedar Falls		1:51.46 2
	1) Nicole Geerdes 12	2) Leah Longnecker 11	3) Morgan Sterrett 11
	5) Emerson Green 10	6) Sydney Davis 12	4) Greta Berte 09
17	Indianola		1:51.79 3
	1) Aryss Forbes 09	2) Rayna Sickels 09	3) Leah Blake 11
	5) Grace Berg 12	6) Celia Askelsen 12	4) Bailey Blake 10
18	North Scott		1:52.21 2
	1) Sydney Fuller 11	2) Brooke Kruse 10	3) Brooke Corson 11
	5) Tarynn Kuehl 10	6) Camryn Hanson 10	4) Abbi Lafrenz 10
19	WAT West		1:52.26 3
	1) Ta'Mara Roby 12	2) Claresa Allison 11	3) TaJanik Williams 10
	5) Madelyn Solomon 11	6) Shiila Robinson 11	4) Zoey Thune 12
20	Johnston		1:52.57 5
	1) Emma Roethler 09	2) Christina Jackson 11	3) Grace Kamara 09
	5) Samantha Strauss 09	6) Avery Kamienski 11	4) Chloe Fehn 11

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Event 114 ... (Girls 800 Sprint Medley 4A (24))

Team	Relay	Seed Time
21 DSM, Roosevelt		1:52.74 4
1) Tori Hall 12	2) Jocee Morris 09	3) Jhamae Morales 09
5) Kori Holman 12	6) Chell Claire 12	4) Esther Ubadigbo 10
22 Bettendorf		1:52.79 3
1) Maggie Erpelding 10	2) Katie Girsch 09	3) Emma Ostrom 12
5) Erin McQuillen 11	6) Allison Whitaker 11	4) Emma Johnson 11
23 Ankeny		1:52.92 5
1) Eva van de Mortel 09	2) Peyton Daugherty 12	3) Mytika Mayberry 09
5) Jasmine Rumley 10	6) Kynedee Reha 09	4) Sydni Wendling 11
24 DUB Hempstead		1:53.44 5
1) Hailey Klein 11	2) Emalee Ryder 10	3) Janyla Hoskins 10
5) Megan Hammerand 10	6) Julia Meehan 12	4) Grace Ries 11

Event 122 Girls High Jump 4A (24)

Thursday 5/17/2018 - 11:30 AM

State Record: 5-08.25 5/19/2009 Khanishah Williams, Burlington

All-Time: 6-01 2010 Hannah Wilms, Dike-NH

Name	Year	School	Seed Mark
1 Sara Hoskins	10	Pleasant Valley	5-03.00 1
2 Halley Brocker	12	DSM, Roosevelt	5-02.00 2
3 Alexis Hayes	12	North Scott	5-02.00 3
4 Meghan Prohaska	11	CR Jefferson	5-02.00 1
5 Calea Jones	10	Ankeny Cent	5-02.00 1
6 Annika Braaten	10	Bettendorf	5-02.00 2
7 Piper Watson	12	Mason City	5-01.00 1
8 Skyler Presler	10	Linn-Mar	5-01.00 2
9 Megan Witte	10	Lewis Central	5-01.00 1
10 Carly Boss	11	Waukee	5-01.00 3
11 Auriona Kimbrough	11	Cedar Falls	5-01.00 3
12 Jenna Wagemester	12	Prairie, CR	5-01.00 1
13 Taylor Peterson	11	Prairie, CR	5-00.00 3
14 Regan Mazour	12	Marshalltown	5-00.00 4
15 Maddie Beik	12	Muscatine	5-00.00 4
16 Kayla Schleifman	09	CB, A Lincoln	5-00.00 2
17 Kennady Mills	09	SE Polk	5-00.00 3
18 Leah Tietjens	09	Ames	5-00.00 2
19 Erin McGrath	12	DUB Hempstead	5-00.00 2
20 Sydney McNeeley	09	SE Polk	5-00.00 4
21 Tatiana Hodges-Johnson	11	DSM, East	5-00.00 4
22 Olivia Nahas	09	Dowling Cath	4-10.00 3
23 Monyjok Aywak	12	Dowling Cath	4-10.00 4
24 Cassie Hermsen	12	Epworth, WD	4-10.00 4

Event 130 Girls Long Jump 4A (24)

Friday 5/18/2018 - 11:30 AM

State Record: 19-02.25 2004 LaNeisha Waller, CR Washington

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name	Year	School	Seed Mark
1 Darby Thomas`	11	CB, A Lincoln	18-11.75 1
2 Aaliyah Williams	09	DSM, East	17-11.50 1
3 Emerson Green	10	Cedar Falls	17-08.75 1

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Name	Year	School	Seed	Mark
4	Caitlyn Jones	11	CB, T Jefferson	17-07.25 2
5	Alanna Muhammad	12	WAT East	17-06.50 2
6	Dimia Burrell	10	Linn-Mar	17-06.00 3
7	Kitra Bell	12	IC, West	17-05.50 1
8	Harmony Creasy	09	Pleasant Valley	17-02.75 1
9	Katie Severt	11	IC, West	17-02.50 2
10	Erin McQuillen	11	Bettendorf	17-02.50 2
11	Angel Baylark	10	Burlington	17-02.25 3
12	Cassie Yardley	12	Valley, WDM	17-01.50 1
13	Ayana Lindsey	09	IC, City High	16-11.00 4
14	Shelby Wilfong	09	CB, A Lincoln	16-09.00 3
15	Carli Spelhaug	11	Pleasant Valley	16-08.50 3
16	Lydia Bettis	10	Waukee	16-07.00 2
17	Maegan Holt	12	Lewis Central	16-06.00 4
18	MaLika Peak-Wallace	12	SC, North	16-04.25 5
19	Shamya Jenkins	12	WAT East	16-03.75 4
20	Chloe Spring	11	SE Polk	16-03.50 2
21	Christina Odir	12	Dowling Cath	16-03.25 6
22	Catie Brosius	11	Epworth, WD	16-03.25 5
23	Lexie Williams	11	Bettendorf	16-02.00 4
24	Ella Cook	09	IC, City High	16-01.75 6

Event 138 Girls Discus Throw 4A (24)

Thursday 5/17/2018 - 9:00 AM

State Record: 156-04 5/17/2008 Taylor Freeman, Iowa City We

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name	Year	School	Seed	Mark
1	Lea Grady	12	DVPT, Central	148-00 1
2	Kat Moody	11	Waukee	134-05 1
3	Josey Starner	12	CB, T Jefferson	128-07 1
4	Lauren Payne	10	Lewis Central	121-04 2
5	Kaitlyn Morgan	10	Pleasant Valley	121-00 2
6	Ilah Perez-Johnson	10	Pleasant Valley	120-02 3
7	Alivia Bauer	10	Indianola	119-05 2
8	Chandler Haight	12	IC, West	117-10 1
9	Alex Laufenberg	12	Clinton	117-07 4
10	Alexie Little	10	IC, West	116-06 2
11	Zanila Terrell	11	DVPT, North	115-08 5
12	Grace Erpelding	12	Bettendorf	115-07 6
13	Madison Fleckenstein	11	DUB Hempstead	114-10 3
14	Ali Bestell	12	Newton	114-09 3
15	Madison Green	10	Valley, WDM	112-01 1
16	Hailey Hoogers	11	SC, North	111-00 3
17	April Czarnecki	11	Urbandale	109-08 4
18	Allie Hittner	11	Dowling Cath	106-06 5
19	Hanna Gray	11	Johnston	106-06 2
20	Kyra Ikeda	12	Prairie, CR	106-01 4
21	Ava Bradley	10	DUB Senior	105-06 5
22	Kassie Baker	10	Indianola	105-03 4

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Name	Year	School	Seed	Mark
23 Grace Metzger	12	Marshalltown	104-11	1
24 Jeany Toingar	10	Linn-Mar	101-11	2

Event 146 Girls Shot Put 4A (24)

Friday 5/18/2018 - 9:00 AM

State Record: 47-01.50 5/20/2016 Erika Hammond, Clinton
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name	Year	School	Seed	Mark
1 Kat Moody	11	Waukee	45-04.25	1
2 Lea Grady	12	DVPT, Central	44-11.50	1
3 Chandler Haight	12	IC, West	44-00.50	1
4 Lauren Payne	10	Lewis Central	40-07.25	1
5 Katy Jones	11	Lewis Central	40-04.50	2
6 Grace Tobin	10	Mason City	40-03.50	1
7 Shelby Schmidt	12	North Scott	39-10.00	2
8 Sydney Flatness	12	Ankeny	39-07.25	2
9 Salima Omari	10	IC, West	38-07.00	2
10 Josey Starner	12	CB, T Jefferson	38-01.00	3
11 Tonee LaFayette	12	DUB Senior	37-11.50	3
12 Cindy Gabriel-Flores	11	DVPT, Central	37-08.00	3
13 Haley Revell	12	Newton	37-04.50	3
14 Donna Lyn Capistrano	11	SE Polk	36-10.50	2
15 Kaitlyn Morgan	10	Pleasant Valley	36-10.00	4
16 Abigail Myers	12	Waukee	36-08.25	4
17 April Czarnecki	11	Urbandale	36-07.50	4
18 Zaylyn Papouchis	11	Johnston	36-05.50	3
19 Caitlin Spurgin	12	CB, A Lincoln	36-05.50	5
20 Sarah Goldensoph	12	Clinton	36-05.00	5
21 Mari Shavers	12	WAT West	36-03.00	1
22 McKenzie Maahs	12	Epworth, WD	35-11.00	4
23 Zanela Terrell	11	DVPT, North	35-11.00	6
24 Grace Metzger	12	Marshalltown	35-09.50	2

Event 151 Girls Distance Medley 4A (24)

Friday 5/18/2018 - 9:20 AM

State Record: 4:00.39 2009 Sioux City East, Sioux City East
 K Watson, R Mikulicz, E McCarthy, S Houlihan
 All-Time: 3:55.82 2017 Assumption, Davenport, Assumption

Team	Relay	Seed	Time
1 IC, West		4:10.18	1
	1) Katie Severt 11 2) Isyss Shaw 09 3) Kitra Bell 12 4) Deniz Ince 11 5) Kiara Malloy-Salgado 09 6) Bailey Nock 12		
2 DSM, Roosevelt		4:10.52	1
	1) Jhamae Morales 09 2) Chell Claire 12 3) Kori Holman 12 4) Megan Fleming 11 5) Zoe Fry 10 6) Tori Hall 12		
3 Waukee		4:12.34	2
	1) Sehansa Karunatilaka 09 2) Sydney Winger 12 3) Jessica Caraway 10 4) Logan Akason 12 5) Kate Bannister 11 6) Ainsley Schlicher 09		
4 Cedar Falls		4:14.51	1
	1) Auriona Kimbrough 11 2) Nicole Geerdes 12 3) Greta Berte 09 4) Mackenzie Michael 10 5) Morgan Sterrett 11 6) Leah Longnecker 11		

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	Team	Relay	Seed Time
5	Dowling Cath		4:15.23 1
	1) Juru Okwaramoi 11	2) Roz Heuchendorf 11	3) Kelsey Schweizer 11
	5) Margaret Tobias 09	6) Kate Timboe 11	4) Jaine Meilander 11
6	SE Polk		4:15.46 1
	1) Gretta Hartz 10	2) Tarryn Hill 10	3) Grace Larkins 09
	5) Natalie Clement 10	6) Samantha Milani 10	4) Paige Blackford 11
7	IC, City High		4:16.59 2
	1) Emma Cooper 11	2) Ella Cook 09	3) Tiara Green 12
	5) Emma Clark 11	6) Anna Lindower 11	4) CeCe Kelly-Harvey 09
8	Valley, WDM		4:17.41 2
	1) Audrey Hronich 10	2) Rachel Sinclair 12	3) Mya Moore 10
	5) Grace Matera 12	6) Lauren Schulze 09	4) Helen Gould 11
9	Ankeny Cent		4:17.63 3
	1) Betsy Ridout 12	2) Katie Saddoris 12	3) Kathryn Vortherms 09
	5) Claire Wubben 12	6) Megan Gray 12	4) Emma Gordon 12
10	CR Kennedy		4:18.04 2
	1) Addison Parker 09	2) Jurnee Rose-Johnson 12	3) Kaelyn Ryan 11
	5) Sarah Grams 09	6) Anafer Milsap 11	4) Ella Popenhagen 10
11	Johnston		4:19.17 3
	1) Emma Roethler 09	2) Grace Kamara 09	3) Avery Kamienski 11
	5) Samantha Strauss 09	6) Chloe Fehn 11	4) Mackenzie Laughlin 12
12	Bettendorf		4:20.42 1
	1) Maddi Banks 12	2) Maggie Erpelding 10	3) Erin McQuillen 11
	5) Emma Ostrom 12	6) Allison Whitaker 11	4) Breanna Vermeer 10
13	Ames		4:20.58 4
	1) Athena Song 12	2) Brooke Spraggins 09	3) Amara Lipsey 12
	5) Leah Tietjens 09	6) Alexa Jackson 09	4) Juliana Johnson 10
14	DUB Senior		4:21.54 3
	1) Imani Busch 10	2) Sydney Smith 11	3) Taylor Redmond 12
	5) Stevie Lambe 12		4) Claire Edmondson 10
15	Mason City		4:21.91 5
	1) Odeleine Daugherty 11	2) Grace Tobin 10	3) Hannah Thomas 10
	5) Serena Trousdale 11	6) Marcella Sierra 09	4) Emma Davison 12
16	Ankeny		4:21.98 4
	1) Eva van de Mortel 09	2) Peyton Daugherty 12	3) Holly Trimble 11
	5) Madeline Murphy 09	6) Sarah Bosch 11	4) Meghan Trimble 12
17	Prairie, CR		4:22.09 4
	1) Sophie Feahn 12	2) Mya Dodge 09	3) Emma Copeland 11
	5) Madeline Andorf 11	6) Laurdyn Meyer 09	4) Carli Reittinger 10
18	Linn-Mar		4:22.56 3
	1) Lauren Gorsich 09	2) Leah Gorsich 09	3) Dimia Burrell 10
	5) Lilly Geelan 09	6) Meghan Mather 11	4) Chloe Skidmore 09
19	Pleasant Valley		4:22.78 2
	1) Carli Spelhaug 11	2) Morgan Ramirez 10	3) Emily Wood 09
	5) Abby Riley 11	6) Clare Basala 09	4) Mallory Lafever 11
20	Indianola		4:23.24 5
	1) Leah Blake 11	2) Celia Askelsen 12	3) Jadyn Forbes 11
	5) Bailey Blake 10	6) Rayna Sickels 09	4) Grace Berg 12
21	CR Washington		4:25.11 4
	1) Alyssa Bemus 11	2) Ava Klopfenstein 12	3) Emma Witt 12
	5) Sarah Altemeier 12	6) Amaya Nelson 09	4) Reagan Gorman 11

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	Team	Relay		Seed Time	
22	North Scott			4:25.53	3
	1) Sydney Fuller 11	2) Tarynn Kuehl 10	3) Camryn Hanson 10	4) Abbi Lafrenz 10	
	5) Brooke Kruse 10	6) Grace Sindt 09			
23	DUB Hempstead			4:26.53	5
	1) Emalee Ryder 10	2) Laney Herman 10	3) Emma Coates 10	4) Kaylee Leicht 10	
	5) Megan Hammerand 10	6) Heather Hostager 12			
24	CB, A Lincoln			4:29.02	2
	1) Kayla Schleifman 09	2) Jocelyn Hendrix 10	3) Rylee Fichter 12	4) Kerrigan Keefer 10	
	5) Shelby Wilfong 09	6) Moriah Heilesen 10			