

Talk about giving your team a lift off the bench -- freshman Ryle Goebel does just that for Center Point-Urbana and she was at her best in the Class 3A quarterfinals.

Goebel scored 19 points on 9-for-11 shooting, grabbed six rebounds and came up with six steals to lead the Stormin' Pointers past West Marshall 67-31 and into the semifinals for the fourth straight year.

Adriana Katcher added 17 points for the winners, who are again one step from the championship game and hoping for better results this time. Center Point-Urbana lost to eventual state champion Marion in last year's 4A semifinals, fell to eventual champion Pocahontas in the 2017 3A semis and lost to a good Nevada team in the 2016 3A semifinals.

They'll try again at 3:15 p.m. Thursday, taking a 22-2 record against Des Moines Christian.

The Stormin' Pointers advanced with outstanding pressure defense which they extended all over the court. They came up with 20 steals, forced 30 turnovers and scored 31 points off those turnovers.

Goebel, long and lean at 5-feet-11, was in the middle of things when Center Point-Urbana took control early.

She came off the bench midway through the first quarter with her team leading 4-3 and promptly stole the ball and took it for a layup. She followed that with three more baskets in the next 2 1/2 minutes, sparking a 29-4 run that stretched the lead to 33-7.

Goebel finished with 16 points in the opening half, which ended with the Pointers ahead 41-11. West Marshall showed some life with a 15-point third quarter, but the Trojans were simply too far behind to make it a game.

Kayla Cripps led West Marshall with 13 points and Karlyn Snider scored nine. The Trojans finished 14-8 in game number 1,001 for veteran coach Fred Zeller. Zeller is the victory leader among active coaches with 678 in 45 seasons, including 29 at West Marshall.