

## 2025

4/5	July/Aug.	27-3	Unified Iowa High School Activities Federation Non-Contact Period
6	<b>August</b>	11	FB, 4A Golf, B/G Cross Country, VB & Girls Swimming Practice Starts
		13	IHSAA/IGHSAU New Athletic Directors Workshop
		16	IHSSA Judges/Coaches Workshop
10	<b>September</b>	1	Labor Day
12		26	State Debate Clinic
14	<b>October</b>	7	Boys Fall District Golf Meets
		10,11	Boys Fall State Golf Meet
15		11	State Marching Band Festival: North
		17,18	IHSSA Coaches Convention
15		18	State Marching Band Festival: South
16		20,22	Girls Regional Volleyball Tournament, 1A,2A,3A
		21,23	Girls Regional Volleyball Tournament, 4A,5A
		22	Piano Auditions: All State Music Festival
		22	Joint Girls and Boys State Qualifying Cross Country Meets, 3A,4A
		23	Joint Girls and Boys State Qualifying Cross Country Meets, 1A,2A
		24	First Round State Football Playoffs, 8PL, A, 1A, 2A
		25	District Auditions: All-State Music Festival
17		27,29	Girls Regional Volleyball Tournament, 1A,2A
		28	Girls Regional Volleyball Tournament, 3A,4A,5A
		31	First Round State Football Playoffs, Classes 3A, 4A, 5A
		31	Second Round State Football Playoffs, 8PL, A, 1A, 2A
		31	Joint Girls/Boys State Cross Country Meet, 2A,3A
	<b>November</b>	1	Joint Girls/Boys State Cross Country Meet, 4A,1A
		3	Girls Wrestling Practice Starts
18		3-6	Girls State Volleyball Tournament, All Classes
		6	Girls Regional Diving Meet
		6	Quarterfinal Round State Football Playoffs, 8 PL
		7	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		8	Girls Regional Swimming Meet
19		10	Girls Basketball, G/B Bowling, Boys Swimming Practice Starts
		10	IHSAA/IGHSAU New Athletic Directors Workshop, Part 2
		12	Semifinal Round State Football Playoffs, 8 PL
		13	Semifinal Round State Football Playoffs, A, 4A
		14	Semifinal Round State Football Playoffs, 1A, 5A
		14,15	Girls State Swimming & Diving Meet
		15	Semifinal Round State Football Playoffs, 2A, 3A
20		17	Boys Basketball and Wrestling Practice Starts
		20,21	Final Round State Football Playoffs, All Classes
		20-22	All-State Music Festival
21		27	Thanksgiving Day

## 2026

27	<b>January</b>	9,10	State Debate Tournament
29		24	District Speech Contest, Large Group
30		26	Jazz Band State Festival, North, All Classes
		30,31	Girls Wrestling State Qualifying Meet
		31	Jazz Band State Festival, South, All Classes
31	<b>February</b>	2	State Show Choir Festival, All Classes
		3	Regional Dual Team Wrestling Meet, All Classes (Tentative)
		5,6	Girls State Wrestling Tournament
		7	State Speech Contest, Large Group
		7	State Dual Team Wrestling Meet, All Classes
		7	Boys District Swimming Meets
32		9	State Jazz Choir Festival, All Classes

		12	Girls Regional Basketball Tournament, 1A
		13	Boys District Basketball Tournament, 1A
		14	Girls Regional Basketball Tournament,2A,3A
		14	Boys State Swimming Meet
		14	District Wrestling Meets, All Classes
33		16,19	Boys District Basketball Tournament, 1A,2A
		16,17	Joint Girls and Boys State Qualifying Bowling Tournaments, All Classes
		17,20	Girls Regional Basketball Tournament, 1A,2A
		18-21	State Individual Wrestling Meet, All Classes
		18,21	Girls Regional Basketball Tournament, 3A,4A,5A
		21	IHSSA All-State Festival, Large Group
		23	Girls/Boys Track Practice Starts
34		23,26	Boys Substate Basketball Tournament, 3A
		23,27	Boys Substate Basketball Tournament, 4A
		23-25	State Co-Ed Bowling Tournament, All Classes
		24	Girls Regional Basketball Tournament, 4A,5A
		24	Boys District Basketball Tournament, 1A,2A
		25	Girls Regional Basketball Tournament, 1A,2A
		28	Boys Substate Basketball Tournament, 1A,2A
		28	District Speech Contest, Individual Events
35	<b>March</b>	2	Boys Substate Basketball Tournament, 3A
		2-7	Girls State Basketball Tournament, All Classes
		3	Boys Substate Basketball Tournament, 4A
36		9-13	Boys State Basketball Tournament, All Classes
		13,14	State Speech Contest, Individual Events
37		16	G/B Golf, G/B Tennis, G/B Soccer Practice Starts
38		28	State Music Festival, Solos and Ensembles, 3A
39		30	IHSSA Individual Events All-State Festival
41	<b>April</b>	11	State Music Festival, Solos and Ensembles, 2A
42		18	State Music Festival, Solos and Ensembles, 1A,4A
44	<b>May</b>	4	Baseball & Softball Practice Starts
		8	State Music Festival, Large Group, 2A,4A Orchestra-Quad Cities Area Only
		8	State Music Festival, Large Group, 1A,3A
		9	State Music Festival, Large Group,2A,4A
45		11	Boys District Individual Tennis Meets, All Classes
		13	Boys Sectional Golf Meets, All Classes
		13	Girls Regional Individual Tennis Meets, All Classes
		14	Joint Girls and Boys State Qualifying Track Meets, All Classes
		15	Girls Regional Golf Meets, 1A,2A
		15	Boys Substate Team Tennis Meets, All Classes
		16	Girls Regional Team Tennis Meets, All Classes
46		18	Boys District Golf Meets , All Classes
		19	Girls Regional Team Tennis Meets, All Classes
		19	Boys Substate Soccer Tournament, Class 1A
		20	Girls Regional Soccer Tournament, 1A
		20	Girls Regional Golf Meets, All Classes
		20	Boys Substate Team Tennis Meets, All Classes
		21-23	State Co-Ed Track Meet, All Classes
		21	Boys Substate Soccer Meets, All Classes
		22	Girls Regional Soccer Tournament, 2A,3A
		23	Girls 1st Round State Team/Regional Team Tennis Meets, All Classes
47		25	Memorial Day
		26	Girls 1st Round State Team Tennis, 1A if needed
		26,28	Boys Substate Soccer Meets, All Classes
		26	Girls Regional Soccer Tournament, All Classes
		26,27	Boys State Tennis Meet, All Classes
		27,28	Boys State Golf Meet, All Classes
		28	Girls Regional Soccer Tournament, All Classes

		28,29	Girls State Golf Meet, All Classes
		29,30	Girls State Individual Tennis Meet, All Classes
48	June	1,3,5	Girls State Soccer Tournament, All Classes
		1	Boys State Team Tennis Meet, All Classes
		2,4,6	Boys State Soccer Tournament, All Classes
		2	Girls State Team Tennis Meet, All Classes
49		9	State Co-Ed Golf Meet
		9	State Co-Ed Tennis Meet
52	<b>July</b>	1	Boys District Baseball Tournament, 1A
1		3	Boys District Baseball Tournament, 1A,2A
		6	Girls Regional Softball Tournament, 1A,2A
		7	Boys District Baseball Tournament, 1A,2A
		8	Girls Regional Softball Tournament, 1A,2A
		9	Girls Regional Softball Tournament, 3A,4A,5A
		10	Boys District Baseball Tournament, 3A
		10	Boys Substate Baseball Tournament, 4A
		10	Girls Regional Softball Tournament, 1A,2A
		11	Boys District Baseball Tournament, 1A,2A
		11	Girls Regional Softball Tournament, 3A,4A,5A
2		13	Boys District Baseball Tournament, 3A
		13	Boys Substate Baseball Tournament, 4A
		13	Girls Regional Softball Tournament, 1A,2A
		14	Girls Regional Softball Tournament, 3A,4A,5A
		15	Boys Substate Baseball Tournament, 1A, 2A
		16	Boys Substate Baseball Tournament, 3A, 4A
3		20-24	Boys State Baseball Tournament, All Classes
		20-24	Girls State Softball Tournament, All Classes
4/5	July/Aug.	26-2	Unified Iowa High School Activities Federation Non-Contact Period