

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 7 Girls 100 Meter Dash 4A (24) Prelims

	Name	Year	School	Seed	Time
1	Sydney Milani	12	SE Polk	11.55	1
2	Darby Thomas`	11	CB, A Lincoln	11.91	1
3	Elma Vojic	12	Waukee	12.05	1
4	Kerris Roberts	11	WAT East	12.21	1
5	Jill Bennett	11	Linn-Mar	12.22	2
6	Eriana Brown	12	DSM, East	12.26	2
7	Eva van de Mortel	09	Ankeny	12.31	3
8	Grace Matera	12	Valley, WDM	12.35	2
9	Janyla Hoskins	10	DUB Hempstead	12.36	1
10	Stevie Lambe	12	DUB Senior	12.38	2
11	Jasmine Rumley	10	Ankeny	12.38	4
12	Amaria Kirby	12	Pleasant Valley	12.39	1
13	MiAsia Bergmann	12	CR Jefferson	12.42	3
14	Alanna Muhammad	12	WAT East	12.46	4
15	Skyler Shellmyer	12	Urbandale	12.48	2
16	Caitlyn Jones	11	CB, T Jefferson	12.52	3
17	Saffie Dennis	11	DSM, Hoover	12.52	3
18	Madeline Andorf	11	Prairie, CR	12.58	3
19	Sydney Fuller	11	North Scott	12.66	2
20	Cheyenne Mitchell	11	CR Kennedy	12.73	5
21	Raenice Hilderbrand	11	Prairie, CR	12.73	4
22	Aniya Hickman	10	Valley, WDM	12.75	4
23	Hannah Wilson	10	Ankeny Cent	12.77	5
24	Kenna Inlay	10	SC, East	12.77	4

## Event 15 Girls 200 Meter Dash 4A (24) Prelims

	Name	Year	School	Seed	Time
1	Sydney Milani	12	SE Polk	24.00	1
2	Darby Thomas`	11	CB, A Lincoln	24.59	1
3	Jill Bennett	11	Linn-Mar	25.20	1
4	Eriana Brown	12	DSM, East	25.37	1
5	Juru Okwaramoi	11	Dowling Cath	25.41	2
6	Olivia Hubler	12	Linn-Mar	25.55	2
7	MiAsia Bergmann	12	CR Jefferson	25.63	3
8	Grace Matera	12	Valley, WDM	25.67	2
9	Chell Claire	12	DSM, Roosevelt	25.72	2
10	Stevie Lambe	12	DUB Senior	25.75	1
11	Cheyenne Mitchell	11	CR Kennedy	25.84	4
12	Caitlyn Jones	11	CB, T Jefferson	25.92	3
13	Riawna Hunter	11	DSM, North	25.95	3
14	Erin McQuillen	11	Bettendorf	26.10	1
15	Jasmine Rumley	10	Ankeny	26.16	3
16	Gretta Hartz	10	SE Polk	26.29	4
17	Lina Sakabu	11	DSM, Hoover	26.29	5
18	Kirstin Skriver	12	Prairie, CR	26.33	2
19	Kaitlyn Mulder	12	SC, North	26.40	4
20	Ainsley Schlicher	09	Waukee	26.45	4
21	Lineya Wells	09	SC, East	26.48	5
22	Kathryn Pierick	10	Dowling Cath	26.64	6

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 15 ... (Girls 200 Meter Dash 4A (24) Prelims)

	Name	Year	School	Seed Time	
23	Morgan Sterrett	11	Cedar Falls	26.66	5
24	Madison Eberhart	12	Clinton	26.74	2

## Event 23 Girls 400 Meter Dash 4A (24)

	Name	Year	School	Seed Time	
1	Sydney Milani	12	SE Polk	53.61	1
2	Payton Wensel	12	Linn-Mar	55.79	1
3	Lauren Van Dyke	12	SC, East	58.17	1
4	Stevie Lambe	12	DUB Senior	58.51	1
5	Kaitlyn Mulder	12	SC, North	59.13	2
6	Grace Bookin-Nosbisch	10	Ottumwa	59.62	2
7	Breazi Preston	12	DSM, Hoover	59.71	2
8	Bailey Blake	10	Indianola	59.75	1
9	Dee Dee Pryor	11	Urbandale	59.92	3
10	Natalie Clement	10	SE Polk	59.98	3
11	Kirstin Skriver	12	Prairie, CR	1:00.02	3
12	Kate Timboe	11	Dowling Cath	1:00.25	4
13	Angel Baylark	10	Burlington	1:00.34	4
14	Riawna Hunter	11	DSM, North	1:00.70	4
15	Kierra Bishop	11	Ottumwa	1:00.86	5
16	Megan Witte	10	Lewis Central	1:01.12	5
17	Julia Benson	12	Waukee	1:01.20	2
18	Rachel Nagel	10	CR Jefferson	1:01.27	2
19	Ainsley Schlicher	09	Waukee	1:01.32	3
20	Claire Wubben	12	Ankeny Cent	1:01.75	4
21	Anna Giudici	12	Dowling Cath	1:01.77	6
22	Paige Kvale	12	Cedar Falls	1:01.88	3
23	Sophie Curtis	10	Pleasant Valley	1:02.04	1
24	Emma Johnson	11	Bettendorf	1:02.56	2

## Event 31 Girls 800 Meter Run 4A (24)

	Name	Year	School	Seed Time	
1	Lily Campbell	12	Waukee	2:15.82	1
2	Allison Bookin-Nosbisch	10	Ottumwa	2:16.28	1
3	Deniz Ince	11	IC, West	2:17.65	2
4	Lauren Van Dyke	12	SC, East	2:18.09	1
5	Logan Akason	12	Waukee	2:19.52	2
6	Carollin Mellin	10	Ottumwa	2:19.72	3
7	Bailey Nock	12	IC, West	2:20.39	4
8	Kelsey Schweizer	11	Dowling Cath	2:21.43	2
9	Macy Gaskill	09	Urbandale	2:22.61	3
10	Megan Fleming	11	DSM, Roosevelt	2:23.72	3
11	Jadyn Forbes	11	Indianola	2:23.75	4
12	Sydney Miller	11	Dowling Cath	2:24.67	4
13	Mackenzie Michael	10	Cedar Falls	2:25.69	1
14	Lauren Miller	11	DUB Senior	2:25.70	5
15	Abby Riley	11	Pleasant Valley	2:25.98	1
16	Abbi Lafrenz	10	North Scott	2:26.60	2
17	Sydney Milani	12	SE Polk	2:27.08	1
18	Kayla Owens	10	Urbandale	2:27.74	5

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 31 ... (Girls 800 Meter Run 4A (24))

	Name	Year	School	Seed Time	
19	Breanna Vermeer	10	Bettendorf	2:28.02	3
20	Caroline Ross	12	Cedar Falls	2:28.03	2
21	Mackenzie Laughlin	12	Johnston	2:28.59	2
22	Meghan Trimble	12	Ankeny	2:28.86	5
23	Rachel Rhoads	11	Newton	2:29.56	6
24	Emma Holesinger	10	DUB Hempstead	2:29.66	6

## Event 39 Girls 1500 Meter Run 4A (24)

	Name	Year	School	Seed Time	
1	Sydney Schaffer	10	Waukee	4:51.85	1
2	Logan Akason	12	Waukee	4:52.32	2
3	Lilly Geelan	09	Linn-Mar	4:53.38	1
4	Brooklyn McKee	10	Johnston	4:53.99	1
5	Bailey Nock	12	IC, West	4:55.37	1
6	Jessica McKee	12	Johnston	4:55.47	2
7	Helen Gould	11	Valley, WDM	4:55.59	3
8	Isabel Buchanan	12	DSM, Roosevelt	4:57.27	3
9	Ella Popenhagen	10	CR Kennedy	4:57.29	2
10	Emma Gordon	12	Ankeny Cent	4:57.59	4
11	Deniz Ince	11	IC, West	4:57.98	2
12	Magda McGowan	09	SE Polk	4:58.38	4
13	Reagan Gorman	11	CR Washington	4:58.44	3
14	Hannah Brown	10	DUB Hempstead	4:59.18	3
15	Paige Blackford	11	SE Polk	5:00.12	5
16	Mia Rampton	12	DUB Senior	5:02.39	4
17	Jaine Meilander	11	Dowling Cath	5:02.96	1
18	Edmondson Claire	10	DUB Senior	5:02.98	5
19	Mallory Lafever	11	Pleasant Valley	5:03.58	1
20	Savana Alt	09	Ankeny Cent	5:04.53	5
21	Emma Davison	12	Mason City	5:04.70	6
22	Molly Flood	12	Dowling Cath	5:05.42	2
23	Trinity Borland	12	Bettendorf	5:05.95	2
24	Mackenzie Michael	10	Cedar Falls	5:06.84	4

## Event 47 Girls 3000 Meter Run 4A (24)

	Name	Year	School	Seed Time	
1	Jessica McKee	12	Johnston	10:35.01	1
2	Brooklyn McKee	10	Johnston	10:35.16	2
3	Sydney Schaffer	10	Waukee	10:35.82	1
4	Deniz Ince	11	IC, West	10:39.49	1
5	Edmondson Claire	10	DUB Senior	10:39.52	2
6	Bailey Nock	12	IC, West	10:39.55	3
7	Hannah Brown	10	DUB Hempstead	10:41.90	4
8	Peyton Kelderman	09	Waukee	10:42.27	2
9	Helen Gould	11	Valley, WDM	10:42.41	3
10	Alex Robran	12	Ankeny	10:42.97	3
11	Reagan Gorman	11	CR Washington	10:50.92	1
12	Micah Poellet	09	Linn-Mar	10:57.45	2
13	Heather Hostager	12	DUB Hempstead	10:58.09	5
14	Trinity Borland	12	Bettendorf	10:59.56	1

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 47 ... (Girls 3000 Meter Run 4A (24))

	Name	Year	School	Seed Time	
15	Anna Hertz	12	Cedar Falls	11:00.83	3
16	Maddy Minard	11	Pleasant Valley	11:06.83	2
17	Amelia Morrow	12	IC, City High	11:07.41	6
18	Jeanne Peters	10	Ankeny Cent	11:12.25	4
19	Izzy Gorton	09	DUB Senior	11:18.39	7
20	Lauren Buechel	10	Pleasant Valley	11:22.08	3
21	Esti Brady	10	IC, City High	11:22.27	8
22	Madison Larsen	12	Cedar Falls	11:22.49	4
23	Abby Huls	10	Urbandale	11:26.56	1
24	Bella Heidesch	11	Dowling Cath	11:40.28	2

## Event 55 Girls 100 Meter Hurdles 4A (24) Prelims

	Name	Year	School	Seed Time	
1	Sydney Winger	12	Waukee	14.37	1
2	Isabel Ingram	12	Ames	14.45	1
3	MiAsia Bergmann	12	CR Jefferson	14.64	1
4	Juru Okwaramoi	11	Dowling Cath	14.68	1
5	McKenna Davidson	12	SE Polk	15.08	2
6	Cassie Yardley	12	Valley, WDM	15.10	3
7	Katie Petersen	10	Ankeny Cent	15.18	2
8	Elayna Bahl	12	Epworth, WD	15.18	1
9	Najat Bresh	11	DSM, East	15.21	3
10	Esther Ubadigbo	10	DSM, Roosevelt	15.29	5
11	Anna Keplinger	12	Waukee	15.29	4
12	Mira Bacille	10	Dowling Cath	15.33	2
13	Kitra Bell	12	IC, West	15.37	2
14	Malea Daugherty	10	Ankeny	15.39	6
15	Grace Burken	12	Cedar Falls	15.44	2
16	Peyton Steva	11	IC, West	15.48	3
17	Rayna Sickels	09	Indianola	15.52	7
18	Chana Northrup	10	Linn-Mar	15.55	3
19	Sydney Davis	12	Cedar Falls	15.64	4
20	Ellie Spelhaug	12	Pleasant Valley	15.73	1
21	Caroline Schaeckenbach	10	IC, City High	15.78	4
22	Macee Buss	12	Ames	15.81	4
23	Hayley Hartman	12	CB, A Lincoln	16.01	3
24	Jaeda Bowling	09	Bettendorf	16.06	2

## Event 60 Girls 400 Meter Hurdles 4A (24)

	Name	Year	School	Seed Time	
1	Payton Wensel	12	Linn-Mar	1:02.41	1
2	Isabel Ingram	12	Ames	1:04.73	1
3	Skyler Shellmyer	12	Urbandale	1:05.39	1
4	Caroline Schaeckenbach	10	IC, City High	1:05.64	1
5	Clare Basala	09	Pleasant Valley	1:06.72	1
6	Dee Dee Pryor	11	Urbandale	1:06.97	2
7	Grace Larkins	09	SE Polk	1:06.98	2
8	Kate Bannister	11	Waukee	1:07.01	1
9	Anna Giudici	12	Dowling Cath	1:07.13	3
10	Paige Hanson	12	SC, East	1:07.96	4

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 60 ... (Girls 400 Meter Hurdles 4A (24))

Name	Year	School	Seed	Time
11	Jolynn Harris	12	DSM Lincoln	1:07.97 3
12	Mya Moore	10	Valley, WDM	1:08.00 4
13	Karri Pippett	12	Ankeny Cent	1:08.39 2
14	Kiara Malloy-Salgado	09	IC, West	1:08.43 2
15	Hayley Hartman	12	CB, A Lincoln	1:08.68 5
16	Rachel Berkland	12	Newton	1:08.79 3
17	Sydney Davis	12	Cedar Falls	1:09.17 2
18	Anna Keplinger	12	Waukee	1:09.26 4
19	Sarah Bosch	11	Ankeny	1:09.47 5
20	Emily Wood	09	Pleasant Valley	1:09.61 2
21	Lillian Reynolds	09	IC, City High	1:09.79 3
22	Pattanasia Wilson	09	DSM, Hoover	1:09.82 5
23	Ashely Donovan	11	DUB Senior	1:10.69 4
24	Lauren Dirth	10	Muscatine	1:10.86 3

## Event 69 Girls 4x100 Meter Shuttle Hurdle 4A (24) Prelims

Team	Relay	Seed	Time
1	Waukee	1:02.52	1
2	Ames	1:03.41	1
3	Cedar Falls	1:05.99	1
4	Ankeny Cent	1:06.00	2
5	IC, West	1:06.25	1
6	Dowling Cath	1:06.31	1
7	SE Polk	1:06.88	2
8	IC, City High	1:07.04	2
9	Valley, WDM	1:07.05	3
10	CB, A Lincoln	1:07.54	2
11	Pleasant Valley	1:08.13	1
12	DSM, Roosevelt	1:08.16	3
13	CR Kennedy	1:08.81	2
14	Linn-Mar	1:08.92	3
15	Indianola	1:09.02	4
16	Bettendorf	1:09.07	2
17	Newton	1:09.37	5
18	Ankeny	1:09.85	6
19	Johnston	1:10.26	4
20	Muscatine	1:10.26	3
21	Prairie, CR	1:10.34	3
22	North Scott	1:10.38	4
23	Burlington	1:10.83	4
24	CR Jefferson	1:11.74	4

## Event 76 Girls 4x100 Meter Relay 4A (24) Prelims

Team	Relay	Seed	Time
1	Ankeny	49.08	1
2	Pleasant Valley	49.10	1
3	Waukee	49.32	2
4	Cedar Falls	49.36	1
5	Ames	49.43	1
6	WAT West	49.53	2

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 76 ... (Girls 4x100 Meter Relay 4A (24) Prelims)

	Team	Relay	Seed Time	
7	WAT East		49.61	3
8	DSM, Hoover		49.68	2
9	Valley, WDM		49.70	3
10	IC, City High		49.75	1
11	Prairie, CR		49.76	2
12	DUB Hempstead		49.92	3
13	Dowling Cath		50.04	1
14	Linn-Mar		50.07	4
15	Ankeny Cent		50.16	3
16	SC, East		50.26	2
17	Epworth, WD		50.37	4
18	Urbandale		50.46	3
19	Burlington		50.60	5
20	Bettendorf		50.61	2
21	North Scott		50.75	3
22	IC, West		50.76	6
23	DSM Lincoln		51.24	4
24	CR Kennedy		51.29	5

## Event 84 Girls 4x200 Meter Relay 4A (24)

	Team	Relay	Seed Time	
1	Pleasant Valley		1:43.52	1
2	Ames		1:43.93	1
3	Cedar Falls		1:44.08	1
4	Waukee		1:44.09	1
5	Dowling Cath		1:44.63	1
6	SC, East		1:45.12	2
7	WAT West		1:45.16	2
8	Ankeny Cent		1:45.60	2
9	DSM, Hoover		1:45.63	2
10	Valley, WDM		1:45.89	3
11	DSM, East		1:46.11	3
12	Bettendorf		1:46.21	2
13	Epworth, WD		1:46.66	1
14	IC, City High		1:46.66	2
15	DUB Hempstead		1:46.67	3
16	WAT East		1:47.80	3
17	Burlington		1:48.00	4
18	SE Polk		1:48.11	4
19	Prairie, CR		1:48.78	5
20	Johnston		1:49.19	5
21	Clinton		1:49.89	3
22	DSM, Roosevelt		1:50.21	4
23	Linn-Mar		1:50.47	4
24	Ankeny		1:50.80	5

## Event 92 Girls 4x400 Meter Relay 4A (24) Prelims

	Team	Relay	Seed Time	
1	SE Polk		4:01.41	1
2	DSM, Roosevelt		4:02.71	1

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 92 ... (Girls 4x400 Meter Relay 4A (24) Prelims)

	Team	Relay	Seed Time	
3	Waukee		4:03.11	2
4	Ottumwa		4:03.45	1
5	Cedar Falls		4:05.79	1
6	Epworth, WD		4:06.01	2
7	Pleasant Valley		4:06.52	1
8	IC, City High		4:06.56	3
9	SC, East		4:06.93	1
10	Ames		4:07.80	2
11	Bettendorf		4:07.86	2
12	Johnston		4:08.84	3
13	Indianola		4:09.35	3
14	DSM, Hoover		4:10.19	4
15	Dowling Cath		4:10.41	2
16	WAT West		4:10.91	2
17	Prairie, CR		4:11.32	4
18	Ankeny Cent		4:11.90	4
19	Linn-Mar		4:13.27	3
20	DUB Hempstead		4:13.66	5
21	DSM Lincoln		4:13.70	5
22	Lewis Central		4:14.12	3
23	CB, A Lincoln		4:16.47	4
24	Ankeny		4:17.01	5

## Event 100 Girls 4x800 Meter Relay 4A (24)

	Team	Relay	Seed Time	
1	Ottumwa		9:32.60	1
2	Waukee		9:34.43	1
3	SE Polk		9:35.15	1
4	IC, West		9:40.99	2
5	Ankeny Cent		9:43.60	2
6	Dowling Cath		9:44.74	1
7	IC, City High		9:46.34	3
8	CR Kennedy		9:48.10	1
9	Bettendorf		9:48.29	1
10	Ankeny		9:49.30	3
11	DSM, Roosevelt		9:51.56	4
12	Cedar Falls		9:51.62	2
13	DUB Senior		9:54.03	4
14	Pleasant Valley		9:55.16	2
15	Urbandale		9:58.21	2
16	DUB Hempstead		9:58.35	5
17	Epworth, WD		9:59.79	6
18	Linn-Mar		10:00.50	3
19	Johnston		10:03.86	2
20	Muscatine		10:04.22	3
21	CB, A Lincoln		10:08.69	3
22	SC, North		10:24.22	4
23	Prairie, CR		10:30.94	7
24	Ames		10:44.09	3

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List**Event 102 Girls 100 Meter Run WC (2)**

	Name	Year	School	Seed Time	
1	Halie Frahm	10	Cedar Falls	29.69	1
2	Maria Horn	10	Ottumwa	30.58	1

**Event 104 Girls 200 Meter Run WC (2)**

	Name	Year	School	Seed Time	
1	Halie Frahm	10	Cedar Falls	59.76	1
2	Maria Horn	10	Ottumwa	1:09.01	1

**Event 106 Girls 400 Meter Run WC (2)**

	Name	Year	School	Seed Time	
1	Halie Frahm	10	Cedar Falls	2:07.23	1
2	Maria Horn	10	Ottumwa	2:15.70	1

**Event 114 Girls 800 Sprint Medley 4A (24)**

	Team	Relay	Seed Time	
1	Linn-Mar		1:45.22	1
2	Burlington		1:47.98	1
3	Pleasant Valley		1:48.27	1
4	Waukee		1:48.53	1
5	Dowling Cath		1:49.01	1
6	Ames		1:49.32	1
7	DSM, Hoover		1:49.74	2
8	Prairie, CR		1:49.75	2
9	Urbandale		1:49.97	2
10	SC, East		1:50.06	3
11	IC, City High		1:50.13	3
12	SE Polk		1:50.58	3
13	Epworth, WD		1:50.95	4
14	Ankeny Cent		1:51.00	2
15	Valley, WDM		1:51.35	4
16	Cedar Falls		1:51.46	2
17	Indianola		1:51.79	3
18	North Scott		1:52.21	2
19	WAT West		1:52.26	3
20	Johnston		1:52.57	5
21	DSM, Roosevelt		1:52.74	4
22	Bettendorf		1:52.79	3
23	Ankeny		1:52.92	5
24	DUB Hempstead		1:53.44	5

**Event 122 Girls High Jump 4A (24)**

	Name	Year	School	Seed Mark	
1	Sara Hoskins	10	Pleasant Valley	5-03.00	1
2	Alexis Hayes	12	North Scott	5-02.00	3
3	Meghan Prohaska	11	CR Jefferson	5-02.00	1
4	Annika Braaten	10	Bettendorf	5-02.00	2
5	Calea Jones	10	Ankeny Cent	5-02.00	1
6	Halley Brocker	12	DSM, Roosevelt	5-02.00	2
7	Auriona Kimbrough	11	Cedar Falls	5-01.00	3
8	Jenna Wagemester	12	Prairie, CR	5-01.00	1
9	Piper Watson	12	Mason City	5-01.00	1
10	Skyler Presler	10	Linn-Mar	5-01.00	2

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 122 ... (Girls High Jump 4A (24))

Name	Year	School	Seed	Mark
11	Carly Boss	11 Waukee	5-01.00	3
12	Megan Witte	10 Lewis Central	5-01.00	1
13	Tatiana Hodges-Johnson	11 DSM, East	5-00.00	4
14	Maddie Beik	12 Muscatine	5-00.00	4
15	Leah Tietjens	09 Ames	5-00.00	2
16	Kayla Schleifman	09 CB, A Lincoln	5-00.00	2
17	Kennady Mills	09 SE Polk	5-00.00	3
18	Erin McGrath	12 DUB Hempstead	5-00.00	2
19	Taylor Peterson	11 Prairie, CR	5-00.00	3
20	Regan Mazour	12 Marshalltown	5-00.00	4
21	Sydney McNeeley	09 SE Polk	5-00.00	4
22	Olivia Nahas	09 Dowling Cath	4-10.00	3
23	Cassie Hermsen	12 Epworth, WD	4-10.00	4
24	Monyjok Aywak	12 Dowling Cath	4-10.00	4

## Event 130 Girls Long Jump 4A (24)

Name	Year	School	Seed	Mark
1	Darby Thomas`	11 CB, A Lincoln	18-11.75	1
2	Aaliyah Williams	09 DSM, East	17-11.50	1
3	Emerson Green	10 Cedar Falls	17-08.75	1
4	Caitlyn Jones	11 CB, T Jefferson	17-07.25	2
5	Alanna Muhammad	12 WAT East	17-06.50	2
6	Dimia Burrell	10 Linn-Mar	17-06.00	3
7	Kitra Bell	12 IC, West	17-05.50	1
8	Harmony Creasy	09 Pleasant Valley	17-02.75	1
9	Katie Severt	11 IC, West	17-02.50	2
10	Erin McQuillen	11 Bettendorf	17-02.50	2
11	Angel Baylark	10 Burlington	17-02.25	3
12	Cassie Yardley	12 Valley, WDM	17-01.50	1
13	Ayana Lindsey	09 IC, City High	16-11.00	4
14	Shelby Wilfong	09 CB, A Lincoln	16-09.00	3
15	Carli Spelhaug	11 Pleasant Valley	16-08.50	3
16	Lydia Bettis	10 Waukee	16-07.00	2
17	Maegan Holt	12 Lewis Central	16-06.00	4
18	MaLika Peak-Wallace	12 SC, North	16-04.25	5
19	Shamya Jenkins	12 WAT East	16-03.75	4
20	Chloe Spring	11 SE Polk	16-03.50	2
21	Catie Brosius	11 Epworth, WD	16-03.25	5
22	Christina Odir	12 Dowling Cath	16-03.25	6
23	Lexie Williams	11 Bettendorf	16-02.00	4
24	Ella Cook	09 IC, City High	16-01.75	6

## Event 138 Girls Discus Throw 4A (24)

Name	Year	School	Seed	Mark
1	Lea Grady	12 DVPT, Central	148-00	1
2	Kat Moody	11 Waukee	134-05	1
3	Josey Starner	12 CB, T Jefferson	128-07	1
4	Lauren Payne	10 Lewis Central	121-04	2
5	Kaitlyn Morgan	10 Pleasant Valley	121-00	2
6	Ilah Perez-Johnson	10 Pleasant Valley	120-02	3

## 2018 Iowa State Track &amp; Field Championship - 5/17/2018 to 5/19/2018

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 138 ... (Girls Discus Throw 4A (24))

	Name	Year	School	Seed	Mark
7	Alivia Bauer	10	Indianola	119-05	2
8	Chandler Haight	12	IC, West	117-10	1
9	Alex Laufenberg	12	Clinton	117-07	4
10	Alexie Little	10	IC, West	116-06	2
11	Zanila Terrell	11	DVPT, North	115-08	5
12	Grace Erpelding	12	Bettendorf	115-07	6
13	Madison Fleckenstein	11	DUB Hempstead	114-10	3
14	Ali Bestell	12	Newton	114-09	3
15	Madison Green	10	Valley, WDM	112-01	1
16	Hailey Hoogers	11	SC, North	111-00	3
17	April Czarnecki	11	Urbandale	109-08	4
18	Allie Hittner	11	Dowling Cath	106-06	5
19	Hanna Gray	11	Johnston	106-06	2
20	Kyra Ikeda	12	Prairie, CR	106-01	4
21	Ava Bradley	10	DUB Senior	105-06	5
22	Kassie Baker	10	Indianola	105-03	4
23	Grace Metzger	12	Marshalltown	104-11	1
24	Jeany Toingar	10	Linn-Mar	101-11	2

## Event 146 Girls Shot Put 4A (24)

	Name	Year	School	Seed	Mark
1	Kat Moody	11	Waukee	45-04.25	1
2	Lea Grady	12	DVPT, Central	44-11.50	1
3	Chandler Haight	12	IC, West	44-00.50	1
4	Lauren Payne	10	Lewis Central	40-07.25	1
5	Katy Jones	11	Lewis Central	40-04.50	2
6	Grace Tobin	10	Mason City	40-03.50	1
7	Shelby Schmidt	12	North Scott	39-10.00	2
8	Sydney Flatness	12	Ankeny	39-07.25	2
9	Salima Omari	10	IC, West	38-07.00	2
10	Josey Starner	12	CB, T Jefferson	38-01.00	3
11	Tonee LaFayette	12	DUB Senior	37-11.50	3
12	Cindy Gabriel-Flores	11	DVPT, Central	37-08.00	3
13	Haley Revell	12	Newton	37-04.50	3
14	Donna Lyn Capistrano	11	SE Polk	36-10.50	2
15	Kaitlyn Morgan	10	Pleasant Valley	36-10.00	4
16	Abigail Myers	12	Waukee	36-08.25	4
17	April Czarnecki	11	Urbandale	36-07.50	4
18	Caitlin Spurgin	12	CB, A Lincoln	36-05.50	5
19	Zaylyn Papouchis	11	Johnston	36-05.50	3
20	Sarah Goldensohn	12	Clinton	36-05.00	5
21	Mari Shavers	12	WAT West	36-03.00	1
22	McKenzie Maahs	12	Epworth, WD	35-11.00	4
23	Zanila Terrell	11	DVPT, North	35-11.00	6
24	Grace Metzger	12	Marshalltown	35-09.50	2

## Event 151 Girls Distance Medley 4A (24)

	Team	Relay	Seed	Time
1	IC, West		4:10.18	1
2	DSM, Roosevelt		4:10.52	1

**2018 Iowa State Track & Field Championship - 5/17/2018 to 5/19/2018****Des Moines, Iowa****Drake Stadium****Performance List****Event 151 ... (Girls Distance Medley 4A (24))**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	
3	Waukee		4:12.34	2
4	Cedar Falls		4:14.51	1
5	Dowling Cath		4:15.23	1
6	SE Polk		4:15.46	1
7	IC, City High		4:16.59	2
8	Valley, WDM		4:17.41	2
9	Ankeny Cent		4:17.63	3
10	CR Kennedy		4:18.04	2
11	Johnston		4:19.17	3
12	Bettendorf		4:20.42	1
13	Ames		4:20.58	4
14	DUB Senior		4:21.54	3
15	Mason City		4:21.91	5
16	Ankeny		4:21.98	4
17	Prairie, CR		4:22.09	4
18	Linn-Mar		4:22.56	3
19	Pleasant Valley		4:22.78	2
20	Indianola		4:23.24	5
21	CR Washington		4:25.11	4
22	North Scott		4:25.53	3
23	DUB Hempstead		4:26.53	5
24	CB, A Lincoln		4:29.02	2