



Iowa Girls High School Athletic Union
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Iowa High School Athletic Association
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February 5, 2020

TO: Athletic Directors, Track and Field Coaches, and Track and Field Officials
SUBJECT: 2020 Preseason Track and Field Information

The 2020 Track and Field season is quickly approaching. Hopefully most of the snow is behind us, and the weather cooperates for the 2020 track and field season. As we prepare to start the season, we want to share some information with you as athletic administrators, coaches and officials.

COACH NAMES AND EMAILS – Special attention to the AD's - We currently have a large number of both boys' and girls' coaches who are not listed in the IHSAA Directory or have no email address. Please use your Member School Login at the IHSAA site and make certain you track and field coach information is current. Use this site for both boys and girls coaches.

RULE BOOKS – Both schools and officials will not receive a 2020 Track and Field and Cross Country rules book for the upcoming season. All parties were notified during the 2019 season to keep their rules books through the 2020 cross country season as the IHSAA and the IGHS AU now provide rule books in all of our sports on an every other year basis. Schools and officials will receive a new rule book in time for the 2021 track and field season. Rule changes for the 2020 track and field season are posted at <https://nfhs.org/sports-resource-content/track-and-field-cross-country-rules-changes-2020/> and will be covered in the online rules meeting.

ONLINE RULES MEETING - The online track and field rules meeting will be available for viewing on Monday, February 24. The rules meeting will be available until March 26. Please remember that all head coaches and officials (starter/referees) are required to view the online rules meeting. Failure to do so will result in consequences for the coach failing to meet this requirement. The online exam for officials also goes live on the 24th. For officials wanting to start a state qualifying meet, the online exam, rules meeting and availability form must be completed by March 26.

CONCUSSION EDUCATION REQUIREMENT – All coaches, grades 7-12, are required to receive concussion education before the first day of practice. If any coaches were recently hired or will be hired and they have not viewed the concussion course, it is imperative that you get this take care of prior to the first date of practice. **Officials** – Although you are not required to view this meeting, the IHSAA and IGHS AU would strongly suggest you view this online video if you have not already done so. Rule 4-4-2 and the Iowa Code places some responsibility on officials for recognizing the signs and symptoms of concussion.

POLICY REGARDING COOPERATIVE PROGRAMS - In the sport of track and field, member schools that are placed in different classes due to cooperative agreement decisions made by other member schools, shall remain in the same class. The member school will be placed in the lower of the two split classifications. Member schools placed in different classes, based on the member school's decision to have different cooperative programs for each gender or cooperative programs with different schools, for example sharing only one gender with another school, will remain in different classifications and be assigned to state qualifying events as classified. Member schools will not be allowed the choice to participate in a higher classification. In

order for classifications to be determined in a timely manner, no new cooperative program will be accepted, nor will any existing cooperative program be allowed to dissolve after 5:00 pm Friday, March 20 for track and field.

CLASSIFICATIONS – Preliminary classifications are now posted on both the IHSAA and IGHS AU web site under their respective Track and Field pages. Please review your school's information to make sure it is correct, particularly if you are a part of a cooperative sharing agreement. Again, classifications become final at 5:00 pm Friday, March 20.

SCRIMMAGES – Starting with the 2020 track and field season, schools are allowed one track and field scrimmage after the first legal practice date. Up to four schools may participate in the scrimmage. Just as with scrimmages in other sports, hosts are not to use a public address system for calling races nor or they to charge admission. Results are not to be entered into QuikStats, and no school time may be used to travel or participate in the event. The scrimmage also must be held at one of the school's regular practice facilities.

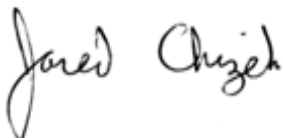
NON-TRADITIONAL MEETS – Starting with the 2020 track and field season, schools are allowed one, one-day track and field meet in which all 19 events are not contested. Meet managers can decide which events to offer in these non-traditional meets (i.e. sprints only, individual events only, relays only, field events only, mix and match 10 events). Sanctioned meets such as the Sioux City Relays and Kansas Relays are not considered non-traditional meets and would count towards the twelve-meet limitation. For 2020, these non-traditional meets do not count as one of the team's twelve meets. Also, we have been informed by the Drake Relays High School Committee that performances in these non-traditional meets and scrimmages cannot be used for Drake Relay qualifying marks.

STATE QUALIFYING MEETS & STATE MEET – The State Qualifying Meets will be held on Thursday, May 14. The State Qualifying Meet sites will be posted soon on our websites. The State Meet will be held Thursday-Saturday, May 21-23. The State Meet schedule does not change this year. Class 2A and Class 3A will compete in the morning and Class 1A and Class 4A will compete in the afternoon. The state meet schedule is posted online as well. Please note that for relay events, athletes will only be able to use tape or other flat objects to mark their steps on the track for these two meets. For regular season meets, the local games committee can still allow tennis balls for athletes to use.

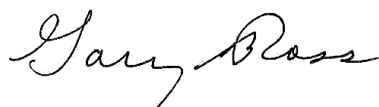
QUIKSTATS – The track and field portion of QuikStats will be open for member schools here sometime this week. Just as last year, when entering your schedules, schools are only required to enter the meets they **host**; however, they will need to enter the other schools participating in the meet, so the meet will appear on the visiting teams' pages. For indoor and out of state meets, you can either create a separate host facility (Wartburg College) or enter a note in the event name of the meet's location.

WHEELCHAIR COMPETITORS – If your team has a wheelchair competitor, please complete the form on either the IHSAA or IGHS AU site and return it to the respective organization by Friday, April 17. We need to work with our medal vendor to order awards for the state qualifying meets, and we want to make sure we do not forget a competitor. Thank you for your cooperation with this matter.

There will be more information provided to you as we get closer to the start of the track and field season and as the season progresses. Please do not hesitate to contact us if you have questions or concerns.



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