

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/15/2021 10:30 AM
 Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021
 Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 1 Girls 100 Meter Dash 1A (24)

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 Thursday 5/20/2021 - 7:20 PM

State Record: 12.25 5/21/2015 Katie Maschmann, Montezuma
 All-Time: 11.49 2018 Sydney Milani, Southeast Polk
 Name Year School

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 Heat 1 Prelims

1	Macey Tisue	12	Dunkerton
2	Peyton Robinson	10	Lisbon
3	Mackenzie McFarland	10	Highland, River
4	Reese Brown	11	Wayne
5	Alaina Bakewell	10	Kee
6	Adison Musser	09	North Cedar
7	Ella Aulwes	11	Ed-Co
8	Veronica Andrusyshyn	10	Riverside, Oak

Heat 2 Prelims

1	Avery Fricke	11	Collins-Maxwell
2	Claire Schroeder	09	St. Mary's, Rems
3	Olivia Snyder	10	Turkey Valley
4	Jillian Dodds	11	Madrid
5	Kelly Proesch	12	North Cedar
6	Makenzie Foelske	11	Nashua-Plainfiel
7	Skylar Benesh	09	North Linn
8	Katie Reynolds	11	Montezuma

Heat 3 Prelims

1	Vanessa Koehler	10	Glidden-Ralston
2	Myla Murphy	10	GTRA
3	Alyssa McElmeel	12	Calamus-Wheatlan
4	Ella Santi	10	Madrid
5	Annika Jenness	11	South O'Brien
6	Adalyn Reynolds	11	Mount Ayr
7	Kennady Breitfelder	10	Springville
8	Alexis Houge	11	Collins-Maxwell

Event 9 Girls 200 Meter Dash 1A (24)

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 Thursday 5/20/2021 - 5:10 PM

State Record: 24.48 5/22/2010 Alex Gochenour, Logan-Magnolia
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk
 Name Year School

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 Heat 1 Prelims

1	Belen Ellenberger	12	Gladbrook-Rein
2	Alaina Bakewell	10	Kee
3	Alannah Richards	12	Nashua-Plainfiel
4	Rachel Fehr	12	West Bend-Mallar
5	Willa Sickelka	11	South O'Brien
6	Kylie Keller	12	Marten-St. Marys
7	Myla Murphy	10	GTRA

8 Carly Stanerson	11 English Valleys
Heat 2 Prelims	
1 Abbie Capesius	09 Bishop Garrigan
2 Katie Reynolds	11 Montezuma
3 Lily Ostert	10 Madrid
4 Adalyn Reynolds	11 Mount Ayr
5 Lindsay Massner	11 Wapello
6 Alyssa McElmeel	12 Calamus-Wheatlan
7 Abigail Zaiger	11 Audubon
8 Aaliyah Gordon	11 West Central, M
Heat 3 Prelims	
1 Cailyn Hardy	10 Clarksville
2 Lydia Erickson	09 Riverside, Oak
3 Erin Schieltz	12 Madrid
4 Reese Brown	11 Wayne
5 Kelly Proesch	12 North Cedar
6 Nia Howard	10 Springville
7 Vanessa Koehler	10 Glidden-Ralston
8 Jasmine Lux	11 Hartley-MS

Event 17 Girls 400 Meter Dash 1A (24)

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 Thursday 5/20/2021 - 7:50 PM

State Record: 55.75 5/16/2013 Ellie Herzberg, Manson NW We
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk
 Name Year School

Section 1 Timed Finals

1 Carly Hengesteg	11 Northwood-Kenset
2 Bianca Cadwell	11 IKM-Manning
3 Chloe Wierson	09 Collins-Maxwell
4 Belen Ellenberger	12 Gladbrook-Rein
5 Teagan Ewalt	10 Fremont-Mills
6 Aliyah Christensen	11 New London
7 Whitney Jensen	09 St. Mary's, Rems
8 Andee Barwin	09 St. Edmond

Section 2 Timed Finals

1 Tara Peterson	12 Stanton
2 Sydnie Martin	11 Wapsie Valley
3 Jocelyn Marquis	10 Wayne
4 Alexis Houge	11 Collins-Maxwell
5 Gracie Elsbecker	12 Bishop Garrigan
6 Natalie Bork	09 Saint Ansgar
7 Jaydin Dettman	09 Central, Elkader
8 Carly Stanerson	11 English Valleys

Section 3 Timed Finals

1 Cora Shull	11 Westwood, Sloan
2 Kiya Johnson	10 North Butler
3 Adalyn Reynolds	11 Mount Ayr
4 Rachel Fehr	12 West Bend-Mallar
5 Nia Howard	10 Springville
6 Jasmine Lux	11 Hartley-MS
7 Amaya Hunt	11 Maquoketa Valley
8 Brynn Smith	10 AGWSR

Event 25 Girls 800 Meter Run 1A (24)

Saturday 5/22/2021 - 2:40 PM

State Record: 2:09.60 5/20/2006 Brooke Dinsdale, North Tama

All-Time: 2:07.18 2017 Joy Ripslinger, Assumption

Name Year School

Section 1 Timed Finals

1	Chloe Matthews	12	Nashua-Plainfiel
2	Julianna Breakenridge	11	North Tama
3	Delaney Scherf	10	Central, Elkader
4	Karis Lippert	09	AGWSR
5	Kierra Jungers	09	Newell-Fonda
6	Alaina Westphal	12	Alta-Aurelia
7	McKinna Hogan	12	Lenox
8	Rylee Dunkin	10	Twin Cedars
9	Kaitlyn Sommerfelt	12	North Linn
10	Caroline Shelly	11	St. Edmond
11	Aubrey Eick	12	Nashua-Plainfiel
12	Jolee Mesz	10	Lawton-Bronson

Section 2 Timed Finals

1	Mallory McCall	12	West Monona
2	Bailey Sievers	12	Newell-Fonda
3	Peyton Pogge	12	Tri-Center, Neol
4	Jalyssa Blazek	11	Turkey Valley
5	Haley Meyer	11	Kee
6	Eryn Sabelka	11	South Winneshiek
7	Courtney Sporrer	11	Logan-Magnolia
8	Hannah Thygesen	11	Audubon
9	Addison Parrott	12	Danville
10	Katie Noah	12	Earlham
11	Aubrey Bemrich	12	St. Edmond
12	Nicole Sherer	10	Woodbine

Event 33 Girls 1500 Meter Run 1A (24)

Saturday 5/22/2021 - 5:05 PM

State Record: 4:35.87 5/24/2014 Rebekah Topham, Griswold

All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name Year School

Section 1 Timed Finals

1	Chloe Matthews	12	Nashua-Plainfiel
2	Lourdes Mason	10	Lisbon
3	Haley Meyer	11	Kee
4	Addison Parrott	12	Danville
5	Peyton Pogge	12	Tri-Center, Neol
6	Billie Wagner	10	South Winneshiek
7	Aubrey Bemrich	12	St. Edmond
8	Courtney Sporrer	11	Logan-Magnolia
9	Jolee Mesz	10	Lawton-Bronson
10	Greenlee Smock	10	Lynnville-Sully
11	Rylee Dunkin	10	Twin Cedars
12	Grace Lidgett	10	North Tama
13	Kacie Eisentrager	11	West Fork
14	Ava VanDaele	09	Wapsie Valley
15	Elie Tuhn	11	Baxter
16	Michaela Leiting	09	St. Edmond
17	Lily Dixon	10	Earlham

18	Megan Hageman	10	South Winneshiek
19	Paige Ridenour	11	Madrid
20	Alison Wagner	10	Kee
21	Shye Johnson	11	Meskwaki Settle
22	Hunter Jones	10	North Cedar
23	Emma Ricke	11	Lawton-Bronson
24	McKinna Hogan	12	Lenox

Event 41 Girls 3000 Meter Run 1A (24)

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 Thursday 5/20/2021 - 4:10 PM

State Record: 9:56.54 5/16/2013 Leah Seivert, Sibley-Ochey

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name Year School

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Section 1 Timed Finals

1	Rylee Dunkin	10	Twin Cedars
2	Billie Wagner	10	South Winneshiek
3	Haley Meyer	11	Kee
4	Addison Parrott	12	Danville
5	Lourdes Mason	10	Lisbon
6	Greenlee Smock	10	Lynnville-Sully
7	Peyton Pogge	12	Tri-Center, Neol
8	J'Lyn Knutson	12	Melcher-Dallas
9	Holly Beauchamp	11	Marquette Cath
10	Elie Tuhn	11	Baxter
11	Hunter Jones	10	North Cedar
12	Alison Wagner	10	Kee
13	Reese Duncan	10	St. Albert, CB
14	Alexia Nelson	11	Glidden-Ralston
15	Kenna Meisgeier	12	Starmont
16	Julia Fehr	12	West Bend-Mallar
17	Juliana Droll	10	Riceville
18	Kayden Spencer	10	Ogden
19	Paige Ridenour	11	Madrid
20	Morgan Hanson	10	IKM-Manning
21	Emma Ricke	11	Lawton-Bronson
22	Grace Lidgett	10	North Tama
23	Hannah Gus	12	BGM
24	Karlie Larsen	10	Mount Ayr

Event 49 Girls 100 Meter Hurdles 1A (24)

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 Friday 5/21/2021 - 4:30 PM

State Record: 14.07 5/21/2010 Alex Gochenour, Logan-Magnol

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name Year School

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Heat 1 Prelims

1	Claire Schroeder	09	St. Mary's, Rems
2	Brandy Beatty	11	Central, Elkader
3	Alyssa Tegeler	11	Belle Plaine
4	Kelly Proesch	12	North Cedar
5	Ella Stene	10	Lake Mills
6	Ella Aulwes	11	Ed-Co
7	Jade Jackson	12	CAM
8	Rylee Graden	12	Ogden

Heat 2 Prelims

1	Cassidy Nelson	12	Lenox
2	Vanessa Koehler	10	Glidden-Ralston
3	Tiffany Woerdehoff	12	Gehlen Catholic
4	Lizzie Garber	12	BCLUW
5	Olivia Bohlen	11	Belle Plaine
6	Lauren Donlea	11	East Buchanan
7	Leah Ries	11	Maquoketa Valley
8	Izzy Weldon	09	Fremont-Mills

Heat 3 Prelims

1	Allison Dowd	11	Danville
2	Danika Demers	11	St. Mary's, SL
3	Maddax DeVault	11	Nodaway Valley
4	Molly Joyce	10	Bishop Garrigan
5	Anna Longhenry	11	North Union
6	JayLyn Moore	11	Clayton Ridge
7	Kenna Paxson	11	BCLUW
8	Emma Grandgenett	11	Bishop Garrigan

Event 57 Girls 400 Meter Hurdles 1A (24)

Friday 5/21/2021 - 6:10 PM

State Record: 1:02.14 5/22/2009 Sara Stoakes, N Tama
 All-Time: 57.30 1975 Debbie Esser, Woodbine

Name Year School

Section 1 Timed Finals

1	Hali Anderson	12	Saint Ansgar
2	Maggie Ragaller	10	Ar-We-Va
3	TJ Stoaks	12	Lenox
4	Shea Peterson	10	Alta-Aurelia
5	Brynnly German	09	Marten-St. Marys
6	Alyssa Steinback	09	Belle Plaine
7	Emma Erickson	10	Newell-Fonda
8	Lauren Donlea	11	East Buchanan

Section 2 Timed Finals

1	Isabella Efflandt	12	Northwood-Kenset
2	Lauren Malone	09	Boyer Valley
3	Emily Madison	09	Fremont-Mills
4	Kelly Proesch	12	North Cedar
5	Emma Alstott		St. Edmond
6	Serah Shafer	11	Wapello
7	Katelyn Pfaltzgraff	12	AGWSR
8	Taja Conley	10	South O'Brien

Section 3 Timed Finals

1	Kennedy Kelly	11	West Hancock
2	Allison Kettmann	11	Marquette Cath
3	Lauren Williams	11	St. Albert, CB
4	Kiya Johnson	10	North Butler
5	Danika Demers	11	St. Mary's, SL
6	Lizzie Garber	12	BCLUW
7	Sophie Ruden	10	Gehlen Catholic
8	Tara Peterson	12	Stanton

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A (24)

Thursday 5/20/2021 - 8:30 PM

State Record: 1:05.44 5/17/2012 Gehlen Cath, L, Gehlen Cath
 K Langel, N Ryan, M Whitehead, S Rohe
 All-Time: 1:00.61 2017 Waukee, Waukee
 S Winger, M Gray, L Nelson, H Schau

School

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Heat 1 Prelims

- | | | | |
|---|-------------------------|----|---------------------|
| 1 | CAM, Anita '1' | | |
| | 1) Abby Follmann 11 | 2) | Breeanna Bower 10 |
| | 3) Nova Wheatley 09 | 4) | Jade Jackson 12 |
| | 5) Mallarie Peach 12 | 6) | Jenna Wheatley 11 |
| 3 | Belle Plaine '1' | | |
| | 1) Jacy Gates 11 | 2) | Jacey Reineke 09 |
| | 3) Alyssa Tegeler 11 | 4) | Olivia Bohlen 11 |
| | 5) Mandy Chizek 10 | 6) | Alyssa Steinback 09 |
| 5 | Northwood-Kensett '1' | | |
| | 1) Isabella Efflandt 12 | 2) | Morgan Wallin 09 |
| | 3) Kayla Senne 12 | 4) | Lindsey Moore 09 |
| | 5) Carly Hengesteg 11 | 6) | Ruthie Conlin 12 |
| 7 | Ogden '1' | | |
| | 1) Rylee Graden 12 | 2) | Megan Taylor 11 |
| | 3) Brenlie Graden 10 | 4) | Amber Braniff 12 |
| | 5) Courtney Buzzell 10 | 6) | Allie Buxton 10 |

Heat 2 Prelims

- | | | | |
|---|-----------------------------|----|---------------------------|
| 1 | Saint Ansgar '1' | | |
| | 1) Sarah Wagner 10 | 2) | Kennedy Schwiesow 11 |
| | 3) Brianna Minnis 11 | 4) | Aspen Falk 09 |
| | 5) Hali Anderson 12 | 6) | |
| 3 | Bishop Garrigan, Algona '1' | | |
| | 1) Gracie Rosenmeyer 12 | 2) | Reese Rosenmeyer 12 |
| | 3) Emma Grandgenett 11 | 4) | Molly Joyce 10 |
| | 5) Lillee Deike 11 | 6) | Reagan Murphy 09 |
| 5 | Riverside, Oakland '1' | | |
| | 1) Veronica Andrusyshyn 10 | 2) | Mack Olmstead-Mitchell 10 |
| | 3) Kya Hackett 12 | 4) | Izzy Bluml 11 |
| | 5) Lili McCready 10 | 6) | Carly Henderson 09 |
| 7 | South O'Brien, Paullina '1' | | |
| | 1) Kenna Bauer 11 | 2) | Marissa Ebel 09 |
| | 3) Riley Draper 11 | 4) | Abby Schreck 11 |
| | 5) Jady Renken 10 | 6) | Jalyssa Joines 10 |

Heat 3 Prelims

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|---|-----------------------------|----|-----------------------|
| 1 | Central, Elkader '1' | | |
| | 1) Brandy Beatty 11 | 2) | Kaitlyn Wiley 11 |
| | 3) Gracie Cummer 09 | 4) | Mckenna Jaster 12 |
| | 5) Lexi Loan 10 | 6) | Maci Kluesner 12 |
| 3 | Gehlen Catholic, LeMars '1' | | |
| | 1) Molly Roder 12 | 2) | Lauren Heying 11 |
| | 3) Sophie Ruden 10 | 4) | Tiffany Woerdehoff 12 |
| | 5) Makenzie Alesch 10 | 6) | Jasmine Lubben 10 |
| 5 | Winfield-Mount Union '1' | | |
| | 1) Keetyn Townsley 10 | 2) | Kayreanna Sharar 10 |
| | 3) Morgan Grek 11 | 4) | Kyndal Townsley 12 |
| | 5) Bayla Thomson 10 | 6) | Avery Maeder 12 |
| 7 | North Union '1' | | |
| | 1) Anna Longhenry 11 | 2) | Olivia Guerdet 12 |
| | 3) Shelby Fraker 10 | 4) | Sam Nielsen 11 |
| | 5) Beth Strueber 09 | 6) | Maggie Engelby 11 |

Heat 4 Prelims

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|---|----------------------------|----|----------------------|
| 1 | Ar-We-Va, Westside '1' | | |
| | 1) Maggie Ragaller 10 | 2) | Elizabeth Brunner 10 |
| | 3) Jamie Hausman 10 | 4) | Kora Obrecht 10 |
| | 5) Hannah Kraus 12 | 6) | Sara Schurke 12 |
| 3 | St. Mary's, Remsen '1' | | |
| | 1) Halle Galles 09 | 2) | Mya Bunkers 09 |
| | 3) Brittany Johnson 12 | 4) | Claire Schroeder 09 |
| | 5) Whitney Jensen 09 | 6) | Gracyn Schroeder 10 |
| 5 | Lawton-Bronson '1' | | |
| | 1) Katelyn Jepsen 11 | 2) | Brooklyn Chapman 09 |
| | 3) Hannah Hageman 11 | 4) | Tori Rubendahl 11 |
| | 5) Kenna Hendricksen 09 | 6) | Sierra Ameen 12 |
| 7 | North Linn, Troy Mills '1' | | |
| | 1) Olivia Rauch 12 | 2) | Chloe VanEtten 11 |
| | 3) Ella Ries 11 | 4) | Caitlin Benesh 10 |
| | 5) Claire Wade 12 | 6) | Macy Boge 09 |

Heat 5 Prelims

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|---|-------------------------|----|------------------------|
| 1 | BGM, Brooklyn '1' | | |
| | 1) Morgan Kline 12 | 2) | Belle Austin 12 |
| | 3) Kylee Holland 10 | 4) | Sophie Puls 11 |
| | 5) Jessica Haines 10 | 6) | Taylor Moel 12 |
| 3 | BCLUW, Conrad '1' | | |
| | 1) Kenna Paxson 11 | 2) | Anistyn Borsch-Rash 09 |
| | 3) Emma Averill 11 | 4) | Lizzie Garber 12 |
| | 5) Cameron Bergman 10 | 6) | Abby Busch 12 |
| 5 | West Hancock, Britt '1' | | |
| | 1) Shae Smith 12 | 2) | Rachel Leerar 12 |
| | 3) Kamryn Eckels 10 | 4) | Kennedy Kelly 11 |
| | 5) Quinn Harle 11 | 6) | Mallory Leerar 09 |
| 7 | Dunkerton '1' | | |
| | 1) Macey Tisue 12 | 2) | Jordenn Smith 12 |
| | 3) Elli Teisinger 11 | 4) | Peyton Smith 09 |
| | 5) Brittney Mayer 10 | 6) | Izzy Hesse 11 |

Heat 6 Prelims

- | | | | |
|---|--------------------------|----|--------------------|
| 1 | Danville '1' | | |
| | 1) Eden Svaboda 11 | 2) | Chloe Horn 10 |
| | 3) Alexis Dietsch 09 | 4) | Allison Dowd 11 |
| | 5) Hunter Wells 12 | 6) | Rylee Morris 09 |
| 3 | Audubon '1' | | |
| | 1) Madison Steckler 10 | 2) | Mattie Nielsen 09 |
| | 3) Madison Burr 10 | 4) | Katelyn Nielsen 12 |
| | 5) Audrey Jensen 10 | 6) | |
| 5 | Alburnett '1' | | |
| | 1) Lilly Winterowd 11 | 2) | Lacey Neighbor 10 |
| | 3) Alivia Miller 10 | 4) | Hailey Carolan 11 |
| | 5) Ally Olmstead 09 | 6) | Savannah Caves 09 |
| 7 | Wayne, Corydon '1' | | |
| | 1) Morgan Knutson 11 | 2) | Morgan Goretska 10 |
| | 3) Cortney Knutson 09 | 4) | Jocelyn Marquis 10 |
| | 5) Maddy Gunzenhauser 10 | 6) | Jaide Harvey 12 |

Event 70 Girls 4x100 Meter Relay 1A (24)

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Friday 5/21/2021 - 7:10 PM

State Record: 49.95 5/19/2007 Ventura, Ventura
M Smith, A Schuler, B Imhoff, J Hale

All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
CR Jefferson Tied in 2015

School

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Heat 1 Prelims

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|---|-----------------------------|------------------------|--|
| 1 | Maquoketa Valley, Delhi '1' | | |
| | 1) Lily Huber 09 | 2) Leah Ries 11 | |
| | 3) Emma Richter 11 | 4) McKenna Thompson 10 | |
| | 5) Livia Hermanson 09 | 6) Amaya Hunt 11 | |
| 2 | Grundy Center '1' | | |
| | 1) Dahlia Gardiner 11 | 2) Jordan Launstein 10 | |
| | 3) Carlie Willis 09 | 4) Abby Hamann 12 | |
| | 5) Bella Dole 11 | 6) Ellery Luhring 09 | |
| 3 | St. Mary's, Remsen '1' | | |
| | 1) Halle Galles 09 | 2) Whitney Jensen 09 | |
| | 3) Carmindee Ricke 09 | 4) Claire Schroeder 09 | |
| | 5) Mya Bunkers 09 | 6) Brittany Johnson 12 | |
| 4 | Madrid '1' | | |
| | 1) Lily Ostert 10 | 2) Ella Santi 10 | |
| | 3) Jillian Dodds 11 | 4) Erin Schieltz 12 | |
| | 5) Emma Olsen 11 | 6) Addy Dean 11 | |
| 5 | Wapello '1' | | |
| | 1) Ada Boysen 09 | 2) Lindsay Massner 11 | |
| | 3) Gracie Gustison 12 | 4) Serah Shafer 11 | |
| | 5) Quinn Veach 10 | 6) Emily Hemphill 09 | |
| 6 | Belle Plaine '1' | | |
| | 1) Jacey Reineke 09 | 2) Alyssa Tegeler 11 | |
| | 3) Alyssa Steinback 09 | 4) Olivia Bohlen 11 | |
| | 5) Jacy Gates 11 | 6) Nyomi Campbell 10 | |
| 7 | West Central, Maynard '1' | | |
| | 1) Aaliyah Gordon 11 | 2) Marlee Squires 12 | |
| | 3) Kylee Lickiss 12 | 4) Naomi Scott 12 | |
| | 5) Emma Michels 11 | 6) Mikaela Kime 11 | |
| 8 | East Union, Afton '1' | | |
| | 1) Kaitlyn Mitchell 11 | 2) Grace Nixon 12 | |
| | 3) Mallory Raney 11 | 4) Noelle McKnight 10 | |
| | 5) Audrey Young 09 | 6) Aubrey Hansen 11 | |

Heat 2 Prelims

- | | | | |
|---|-----------------------------|-------------------------|--|
| 1 | Nashua-Plainfield '1' | | |
| | 1) Abbie Hyde 11 | 2) Alannah Richards 12 | |
| | 3) Rylee Weiss 11 | 4) Makenzie Foelske 11 | |
| | 5) Haley Rinken 12 | 6) Bailey Fisher 10 | |
| 2 | Northwood-Kensett '1' | | |
| | 1) Carly Hengesteg 11 | 2) Kayla Senne 12 | |
| | 3) Ruthie Conlin 12 | 4) Isabella Efflandt 12 | |
| | 5) Lindsey Moore 09 | 6) Morgan Wallin 09 | |
| 3 | Newell-Fonda '1' | | |
| | 1) Mia Walker 10 | 2) Ella Larsen 12 | |
| | 3) Mary Walker 10 | 4) Isabel Bartek 09 | |
| | 5) Maggie Walker 12 | 6) McKenna Sievers 09 | |
| 4 | South O'Brien, Paullina '1' | | |
| | 1) Annika Jenness 11 | 2) Hannah Dau 12 | |
| | 3) Karlee Warnke 10 | 4) Willa Sickelka 11 | |
| | 5) Maddy Jungers 12 | 6) Abby Schreck 11 | |
| 5 | Riverside, Oakland '1' | | |
| | 1) Veronica Andrusyshyn 10 | 2) Izzy Bluml 11 | |
| | 3) Emma Gordon 09 | 4) Lydia Erickson 09 | |

5) Lili McCready 10	6) Ella Hensley 12
6) Hartley-Melvin-Sanborn '1'	
1) Emily Mutombo 10	2) Lydia Harders 11
3) Abby Otto 09	4) Jasmine Lux 11
5) Emily Otto 11	6) Anna VanderVeen 11
7) North Union '1'	
1) Ella Ulrich 10	2) Naomi Jones 09
3) Shelby Fraker 10	4) Anna Longhenry 11
5) Abby Deitering 12	6) Vanessa Von Bank 12
8) North Cedar, Stanwood '1'	
1) Adison Musser 09	2) Caitlin Jensen 10
3) Sam Koth 12	4) Aubrie Pruess 11
5) Claire Dennis 09	6) Hilary Frey 10
Heat 3 Prelims	
1) Martensdale-St. Marys '1'	
1) Carolyn Amfahr 09	2) Anna Parrott 11
3) Brynnly German 09	4) Kylie Keller 12
5) Kate Puderbaugh 11	6) Ava Oberender 09
2) Ar-We-Va, Westside '1'	
1) Hannah Kraus 12	2) Jamie Hausman 10
3) Kora Obrecht 10	4) Jadeyn Smith 12
5) Maggie Ragaller 10	6) Sara Schurke 12
3) Lynnville-Sully '1'	
1) Carsyn McFarland 09	2) Korinne Jansen 12
3) Reagan McFarland 11	4) Dylann Huyser 12
5) Aliya James 11	6) Sydney Jansen 11
4) Lisbon '1'	
1) Addy Happel 09	2) Ava Czarnecki 09
3) Madi Schnipkoweit 12	4) Peyton Robinson 10
5) Maeve Krogmann 09	6) Brynnley Baxa 12
5) Collins-Maxwell '1'	
1) Jane'e Jones 11	2) Avery Fricke 11
3) Erica Houge 09	4) Alexis Houge 11
5) Chloe Wierson 09	6) Marissa Boege 10
6) Saint Ansgar '1'	
1) Sarah Wagner 10	2) Cora Heeter 09
3) Kirsten Boerjan 12	4) Lia Halfman 09
5) Jaci Woods 11	6) Emma Hall 09
7) Highland, Riverside '1'	
1) MyLei Smith 10	2) Sarah Burton 09
3) Katelyn Waters 10	4) Mackenzie McFarland 10
5) Taylor Sublette 12	6) Mackinze Hora 11
8) Turkey Valley, Jackson Junction '1'	
1) Kara Reicks 11	2) Olivia Snyder 10
3) Clare Courtney 10	4) Kylie Wurzer 12
5) Brianna Busta 10	6) Hailey Elsbernd 11

Event 78 Girls 4x200 Meter Relay 1A (24)

Friday 5/21/2021 - 5:20 PM

State Record: 1:44.79 2004 Ar-We-Va, Ar-We-Va
 J. Kock, A. Neumann, C. Stoelk, K. Bierl
 All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
 A Ranschau, J Blue, M Meese, L Schneekloth

School

Section 1 Timed Finals

- 1 Alburnett '1'
 1) Megan Neighbor 12 2) Gralynn Martin 09
 3) Madison Graubard 12 4) Lacey Neighbor 10
 5) Savannah Caves 09 6) Alivia Miller 10
- 2 St. Edmond, Fort Dodge '1'
 1) Mya McClain 11 2) Caroline Shelly 11
 3) Gracie Harvey 11 4) Avery Galles 12
 5) Aleah Anderson 11 6) Jacey Ash 12
- 3 Central, Elkader '1'
 1) Maddy Wille 12 2) Grace Kuehl 09
 3) Kaitlyn Wiley 11 4) Hannah Asche 10
 5) Gracie Cummer 09 6) Brandy Beatty 11
- 4 Turkey Valley, Jackson Junction '1'
 1) Clare Courtney 10 2) Josie Weber 11
 3) Olivia Snyder 10 4) Jaycie Byrne 12
 5) Brianna Busta 10 6) Hailey Elsbernd 11
- 5 Danville '1'
 1) Jacey Moore 11 2) Jaeda Molle 09
 3) Kenna Furnald 09 4) Christella Boyer 10
 5) Allison Dowd 11 6) Eden Svaboda 11
- 6 Calamus-Wheatland '1'
 1) Alyssa McElmeel 12 2) Aubrey Connelly 10
 3) Emily Boeckmann 09 4) Courtney Knoche 09
 5) Sarah Tulley 10 6) Emma Bopp 12
- 7 Lake Mills '1'
 1) Josie Helgeson 10 2) Taylor Vanek 09
 3) Haley Droessler 11 4) Ella Stene 10
 5) Taylor Ingledue 12 6) Brynn Rognes 09
- 8 Mount Ayr '1'
 1) Madison Shields 10 2) Anne Newton 09
 3) MaKenna Jones 10 4) Kaylie Shields 10
 5) Karly Elwood 09 6) Madalynn Stewart 11
- Section 2 Timed Finals
- 1 Highland, Riverside '1'
 1) Alyssa Clarke 12 2) Sarah Burton 09
 3) Katelyn Waters 10 4) Mackenzie McFarland 10
 5) Taylor Sublette 12 6) Mackinze Hora 11
- 2 West Monona, Onawa '1'
 1) Ariyah Williams 12 2) Kacy Miller 09
 3) Meilla Struble 11 4) Carly Miller 10
 5) Madison Chesnut 11 6) Tayah Struble 12
- 3 St. Albert, Council Bluffs '1'
 1) Carly McKeever 10 2) Kaylee Epperson 10
 3) Allie Petry 12 4) Lauren Williams 11
 5) Lydia Sherrill 10 6) Pearl Reisz 11
- 4 Bishop Garrigan, Algona '1'
 1) Reagan Murphy 09 2) Emma Grandgenett 11
 3) Gracie Elsbecker 12 4) Abbie Capesius 09
 5) Reese Rosenmeyer 12 6) Katelyn Cink 11
- 5 Martensdale-St. Marys '1'
 1) Carolyn Amfahr 09 2) Anna Parrott 11
 3) Brynnly German 09 4) Kylie Keller 12
 5) Kate Puderbaugh 11 6) Maggie Girardi 12
- 6 Don Bosco, Gilbertville '1'
 1) Hannah Thome 09 2) Lauren Kimball 12
 3) Alaney Kuecker 12 4) Abby Steimel 11
 5) Caelor Yoder 10 6) Paige Corkery 09

- 7 Saint Ansgar '1'
 1) Lia Halfman 09 2) Hannah Clevenger 09
 3) Taylor Hanna 12 4) Cora Heeter 09
 5) Emma Hall 09 6) Kirsten Boerjan 12
- 8 GTRA '1'
 1) Macy Alderson 11 2) Kate Sorenson 11
 3) Lilly Thompson 09 4) Myla Murphy 10
 5) Alexandria Hanson 10 6) Kendall Umsheid 11

Section 3 Timed Finals

- 1 Belle Plaine '1'
 1) Jacey Reineke 09 2) Alyssa Steinback 09
 3) Alyssa Tegeler 11 4) Olivia Bohlen 11
 5) Jenna Fry 11 6) Rachel Benton 10
- 2 Newell-Fonda '1'
 1) Mia Walker 10 2) Ella Larsen 12
 3) Mary Walker 10 4) Maggie Walker 12
 5) Macy Sievers 11 6) Isabel Bartek 09
- 3 Lisbon '1'
 1) Addy Happel 09 2) Ava Czarnecki 09
 3) Madi Schnipkoweit 12 4) Peyton Robinson 10
 5) Blair Baltes 10 6) Mia Petersen 11
- 4 Madrid '1'
 1) Lily Ostert 10 2) Ella Santi 10
 3) Jillian Dodds 11 4) Erin Schieltz 12
 5) Emma Olsen 11 6) Addy Dean 11
- 5 South O'Brien, Paullina '1'
 1) Annika Jenness 11 2) Hannah Dau 12
 3) Karlee Warnke 10 4) Willa Sickelka 11
 5) Maddy Jungers 12 6) Abby Schreck 11
- 6 Nodaway Valley '1'
 1) Abby Engals 10 2) Madison Fry 10
 3) Emma Lundy 09 4) Annika Nelson 09
 5) Grace Britten 09 6) Maddax DeVault 11
- 7 Wapello '1'
 1) Ada Boysen 09 2) Lindsay Massner 11
 3) Gracie Gustison 12 4) Serah Shafer 11
 5) Quinn Veach 10 6) Emily Hemphill 09
- 8 West Central, Maynard '1'
 1) Aaliyah Gordon 11 2) Marlee Squires 12
 3) Kylee Lickiss 12 4) Naomi Scott 12
 5) Emma Michels 11 6) Annika Kent-Thomas 09

Event 86 Girls 4x400 Meter Relay 1A (24)

Friday 5/21/2021 - 7:50 PM

State Record: 3:58.28 5/19/2007 Valley Community Elgin, Valley Commu
 A Spain, M Moyle, M Metzger, K McCartney

All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
 S Houlihan, R Mikulicz, E McCarthy, E Dougherty

School

Heat 1 Prelims

- 1 Midland, Wyoming '1'
 1) Jaden Gatts 10 2) Ella Rupp 12
 3) Ari Hacke 12 4) Anna Bartels 09
 5) Jayde Martin 09 6) Mariah Hacke 09
- 2 Don Bosco, Gilbertville '1'

- | | |
|-------------------------------|---------------------------|
| 1) Paige Corkery 09 | 2) Hannah Thome 09 |
| 3) Kendra Nissen 10 | 4) Lauren Kimball 12 |
| 5) Alaney Kuecker 12 | 6) Kendahl Freet 11 |
| 3 Collins-Maxwell '1' | |
| 1) Avery Fricke 11 | 2) Chloe Wierson 09 |
| 3) Erica Houge 09 | 4) Alexis Houge 11 |
| 5) Emma Pasquariello 09 | 6) Marissa Boege 10 |
| 4 West Monona, Onawa '1' | |
| 1) Tayah Struble 12 | 2) Kacy Miller 09 |
| 3) Meilla Struble 11 | 4) Mallory McCall 12 |
| 5) Carly Miller 10 | 6) Ariyah Williams 12 |
| 5 Earlham '1' | |
| 1) Taylor Jensen 10 | 2) Olivia Spurling 09 |
| 3) Katie Noah 12 | 4) Riley Doud 11 |
| 5) Lily Dixon 10 | 6) Mia Terry 11 |
| 6 Wayne, Corydon '1' | |
| 1) Jaide Harvey 12 | 2) Devyn Davis 10 |
| 3) Jocelyn Marquis 10 | 4) Reese Brown 11 |
| 5) Cortney Knutson 09 | 6) Hagan Arnold 09 |
| 7 West Central, Maynard '1' | |
| 1) Naomi Scott 12 | 2) Abby Squires 10 |
| 3) Kylee Lickiss 12 | 4) Marlee Squires 12 |
| 5) Emma Michels 11 | 6) Annika Kent-Thomas 09 |
| 8 Highland, Riverside '1' | |
| 1) Taylor Sublette 12 | 2) Sarah Burton 09 |
| 3) Alyssa Clarke 12 | 4) Mackenzie McFarland 10 |
| 5) Katelyn Waters 10 | 6) Fiona Mahler 12 |
| Heat 2 Prelims | |
| 1 Kee, Lansing '1' | |
| 1) Alaina Bakewell 10 | 2) Jaylyn Walleser 10 |
| 3) Reagan Mudderman 11 | 4) Alison Wagner 10 |
| 5) Haley Meyer 11 | 6) Jada Mitchell 12 |
| 2 Wapsie Valley, Fairbank '1' | |
| 1) Sydnie Martin 11 | 2) Mary Bodensteiner 11 |
| 3) Brylee Bellis 10 | 4) Ava VanDaele 09 |
| 5) Hailey Eitzenhefer 11 | 6) Kate Risse 09 |
| 3 Central, Elkader '1' | |
| 1) Hannah Asche 10 | 2) Jaydin Dettman 09 |
| 3) Kaitlyn Wiley 11 | 4) Delaney Scherf 10 |
| 5) Gracie Cummer 09 | 6) Brandy Beatty 11 |
| 4 Bishop Garrigan, Algona '1' | |
| 1) Reagan Murphy 09 | 2) Gracie Elsbecker 12 |
| 3) Molly Joyce 10 | 4) Abbie Capesius 09 |
| 5) Ava Hough 09 | 6) Veronica Capesius 11 |
| 5 Newell-Fonda '1' | |
| 1) Mary Walker 10 | 2) Macy Sievers 11 |
| 3) Bailey Sievers 12 | 4) Maggie Walker 12 |
| 5) Kierra Jungers 09 | 6) Isabel Bartek 09 |
| 6 BCLUW, Conrad '1' | |
| 1) Kenna Paxson 11 | 2) Fiona Speicher 11 |
| 3) Miranda Jones 09 | 4) Lizzie Garber 12 |
| 5) Allison Engle 11 | 6) Kaylee Grant 11 |
| 7 Riverside, Oakland '1' | |
| 1) Lydia Erickson 09 | 2) Macy Woods 10 |
| 3) Mack Olmstead-Mitchell 10 | 4) Izzy Bluml 11 |
| 5) Kya Hackett 12 | 6) Carly Henderson 09 |
| 8 Alburnett '1' | |

- | | |
|-------------------------------|-------------------------|
| 1) Lacey Neighbor 10 | 2) Megan Neighbor 12 |
| 3) Gralynn Martin 09 | 4) Hailey Carolan 11 |
| 5) Savannah Caves 09 | 6) Isabelle Graubard 09 |
| Heat 3 Prelims | |
| 1 South O'Brien, Paullina '1' | |
| 1) Taja Conley 10 | 2) Abby Schreck 11 |
| 3) Kenna Bauer 11 | 4) Sophia Faust 12 |
| 5) Willa Sickelka 11 | 6) Takara Conley 10 |
| 2 Grundy Center '1' | |
| 1) Bella Dole 11 | 2) Laney Dole 09 |
| 3) Lucy Lebo 09 | 4) Ellery Luhring 09 |
| 5) Taylor Stahl 11 | 6) Avery Dirks 10 |
| 3 St. Edmond, Fort Dodge '1' | |
| 1) Mya McClain 11 | 2) Emma Alstott |
| 3) Caroline Shelly 11 | 4) Avery Galles 12 |
| 5) Andee Barwin 09 | 6) Michaela Leiting 09 |
| 4 Saint Ansgar '1' | |
| 1) Hannah Clevenger 09 | 2) Natalie Bork 09 |
| 3) Taylor Hanna 12 | 4) Cora Heeter 09 |
| 5) Ella Brown 12 | 6) Gracie Urbatsch 12 |
| 5 Audubon '1' | |
| 1) Madison Steckler 10 | 2) Mattie Nielsen 09 |
| 3) Abigail Zaiger 11 | 4) Hannah Thygesen 11 |
| 5) Kodie Sporrer 12 | 6) Audrey Jensen 10 |
| 6 Lawton-Bronson '1' | |
| 1) Willow Fluent 11 | 2) Alice Mahoney 09 |
| 3) Kaylee Clausen 10 | 4) Jolee Mesz 10 |
| 5) Isabel Rohan 11 | 6) Sierra Ameen 12 |
| 7 Maquoketa Valley, Delhi '1' | |
| 1) Ella Mensen 10 | 2) Saige Hunt 10 |
| 3) Payton Beaman 12 | 4) Amaya Hunt 11 |
| 5) Kylie Chesnut 11 | 6) Isabel Imler 09 |
| 8 West Hancock, Britt '1' | |
| 1) Rachel Leerar 12 | 2) Kamryn Eckels 10 |
| 3) Kennedy Kelly 11 | 4) Mallory Leerar 09 |
| 5) Paige Kudej 11 | 6) Shelby Goepel 10 |

Event 94 Girls 4x800 Meter Relay 1A (24)

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 Thursday 5/20/2021 - 5:50 PM

State Record: 9:28.33 5/17/2007 Valley Community Elgin, Valley Commu

A Spain, M Moyle, D Bushman, K McCartney

All-Time: 9:09.09 2001 Iowa City West, Iowa City West

School
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Section 1 Timed Finals

- | | |
|-------------------------------|--------------------------|
| 1 South O'Brien, Paullina '1' | |
| 1) Taja Conley 10 | 2) Grace Fuhrman 11 |
| 3) Takara Conley 10 | 4) Sophia Faust 12 |
| 5) Kenna Bauer 11 | 6) Abby Schreck 11 |
| 2 Wapsie Valley, Fairbank '1' | |
| 1) Brooklyn Etringer 10 | 2) Ava VanDaele 09 |
| 3) Brylee Bellis 10 | 4) Sydnie Martin 11 |
| 5) Mary Bodensteiner 11 | 6) Hailey Eitzenhefer 11 |
| 3 George-Little Rock '1' | |
| 1) Lexi Landis 09 | 2) Roya Amirhamzeh 10 |
| 3) Claire Kramer 11 | 4) Emily Greve 12 |

- 5) Hannah Anderson 09
4 Lenox '1'
1) Cassidy Nelson 12
3) TJ Stoaks 12
5) Cadence Douglas 10
5 Nashua-Plainfield '1'
1) Jennah Carpenter 11
3) Kara Levi 11
5) Chloe Matthews 12
6 Danville '1'
1) Cassidy Yaley 11
3) Rylee Morris 09
5) Carissa Mackey 11
7 Starmont '1'
1) Addi Munger 10
3) Mackenzie Curtis 11
5) Ellen Ottesen 09
8 Lisbon '1'
1) Kiah Kilburg 12
3) Maeve Krogmann 09
5) Kali Nelson 10
9 West Fork, Sheffield '1'
1) Kacie Eisentrager 11
3) Olivia Jones 09
5) RaeLynn Nash 10
10 Mount Ayr '1'
1) MaKayla Jones 12
3) Payten Lambert 11
5) Anne Newton 09
11 MMCRU '1'
1) Emily Dreckman 11
3) Ellie Reuter 11
5) Darley Carrillo 11
12 Iowa Valley, Marengo '1'
1) Aubrey Kriegel 11
3) Hannah Ryan 09
5) Grace Ryan 09
- 6) Jesse DeGroot 10
2) Ava Junker 09
4) McKinna Hogan 12
6) Brooklynn Ecklin 11
2) Ellie Eick 09
4) Aubrey Eick 12
6) Alexis Weiss 09
2) Jaeda Molle 09
4) Kamryn Sherwood 09
6) Penelepe Sowell 09
2) Makenzie Plagman 11
4) Anita Vaske 10
6) Kenna Meisgeier 12
2) Blair Baltes 10
4) Gabi Moehlman 10
6) Lourdes Mason 10
2) Maddy Welbes 10
4) Ava Henricks 10
6) Maddie Hubka 11
2) MaKenna Jones 10
4) Karly Elwood 09
6) Karlie Larsen 10
2) Taylor Harpenau 11
4) Hannah Neddermeyer 10
6) Molly Reuter 12
2) Ella Read 09
4) Paige Van Berkum 11
6)
- Section 2 Timed Finals
1 Saint Ansgar '1'
1) Lauren Bork 12
3) Haley Peterson 11
5) Kinsey Anderson 09
2 Turkey Valley, Jackson Junction '1'
1) Josie Weber 11
3) Jaycie Byrne 12
5) Halle Weber 09
3 AGWSR, Ackley '1'
1) Alyssa Hames 12
3) Katelyn Pfaltzgraff 12
5) Kierra Dodd 09
4 Earlham '1'
1) Lily Dixon 10
3) Olivia Spurling 09
5) Rowen Fisk 09
5 Newell-Fonda '1'
1) Macy Sievers 11
3) Isabel Bartek 09
2) Hali Anderson 12
4) Natalie Bork 09
6) Ella Brown 12
2) Cambree Kruse 11
4) Jalyssa Blazek 11
6) Olivia Drilling 11
2) Brynn Smith 10
4) Karis Lippert 09
6) Catelynn Koop 09
2) Taylor Jensen 10
4) Katie Noah 12
6) Carly Schaffer 11
2) Kierra Jungers 09
4) Bailey Sievers 12

- | | |
|--------------------------------|--------------------------|
| 5) Greta Larsen 09 | 6) Mary Walker 10 |
| 6 St. Edmond, Fort Dodge '1' | |
| 1) Caroline Shelly 11 | 2) Michaela Leiting 09 |
| 3) Emma Alstott | 4) Aubrey Bemrich 12 |
| 5) Hannah Landwehr 09 | 6) Reese Lemberg 09 |
| 7 Audubon '1' | |
| 1) Mattie Nielsen 09 | 2) Grace Slater 11 |
| 3) Kodie Sporrer 12 | 4) Hannah Thygesen 11 |
| 5) Audrey Jensen 10 | 6) |
| 8 South Winneshiek, Calmar '1' | |
| 1) Megan Hageman 10 | 2) Josie Tieskoetter 09 |
| 3) Billie Wagner 10 | 4) Eryn Sabelka 11 |
| 5) Ella Willey 10 | 6) Anna Dietzenbach 10 |
| 9 West Monona, Onawa '1' | |
| 1) Tayah Struble 12 | 2) Meilla Struble 11 |
| 3) Jalyn Struble 09 | 4) Mallory McCall 12 |
| 5) Kacy Miller 09 | 6) Joslin Gaukel 09 |
| 10 West Bend-Mallard '1' | |
| 1) Tori Fogarty 12 | 2) Kierstin Montag 09 |
| 3) Julia Fehr 12 | 4) Rachel Fehr 12 |
| 5) Abi Schmidt 09 | 6) Kara Fehr 12 |
| 11 Grundy Center '1' | |
| 1) Bella Dole 11 | 2) Laney Dole 09 |
| 3) Ellery Luhring 09 | 4) Lucy Lebo 09 |
| 5) Taylor Stahl 11 | 6) Avery Dirks 10 |
| 12 Lynnville-Sully '1' | |
| 1) Megan Van Zante 12 | 2) Cayler Noun Harder 12 |
| 3) Caitlin Alberts 12 | 4) Greenlee Smock 10 |
| 5) Kinsley Tice 10 | 6) Meleisha Vos 12 |

Event 108 Girls 800 Sprint Medley 1A (24)

Saturday 5/22/2021 - 2:00 PM

State Record: 1:48.80 5/23/2015 Hudson, Hudson
 L Kolterman, A Mosley, D Reicherts, M Bell
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
 A Rolle, O Hubler, J Bennett, P Wensel

School

Section 1 Timed Finals

- | | |
|-------------------------------|--------------------------|
| 1 Wapsie Valley, Fairbank '1' | |
| 1) Emma Jones 10 | 2) Kate Risse 09 |
| 3) Hannah Knight 10 | 4) Sydnie Martin 11 |
| 5) Brylee Bellis 10 | 6) Hailey Eitzenhefer 11 |
| 2 Alburnett '1' | |
| 1) Megan Neighbor 12 | 2) Gralynn Martin 09 |
| 3) Lacey Neighbor 10 | 4) Hailey Carolan 11 |
| 5) Lilly Winterowd 11 | 6) Savannah Caves 09 |
| 3 Saint Ansgar '1' | |
| 1) Sarah Wagner 10 | 2) Lia Halfman 09 |
| 3) Cora Heeter 09 | 4) Hannah Clevenger 09 |
| 5) Jaci Woods 11 | 6) Kirsten Boerjan 12 |
| 4 Bishop Garrigan, Algona '1' | |
| 1) Reagan Murphy 09 | 2) Emma Grandgenett 11 |
| 3) Gracie Elsbecker 12 | 4) Abbie Capesius 09 |
| 5) Ava Hough 09 | 6) Gracie Rosenmeyer 12 |
| 5 Don Bosco, Gilbertville '1' | |

- | | |
|----------------------------------|---------------------------|
| 1) Hannah Thome 09 | 2) Alaney Kuecker 12 |
| 3) Abby Steimel 11 | 4) Lauren Kimball 12 |
| 5) Caelor Yoder 10 | 6) Paige Corkery 09 |
| 6 Nashua-Plainfield '1' | |
| 1) Makenzie Foelske 11 | 2) Rylee Weiss 11 |
| 3) Alannah Richards 12 | 4) Abbie Hyde 11 |
| 5) Haley Rinken 12 | 6) Jordyn Frost 09 |
| 7 Martensdale-St. Marys '1' | |
| 1) Carolyn Amfahr 09 | 2) Anna Parrott 11 |
| 3) Brynnly German 09 | 4) Kylie Keller 12 |
| 5) Maggie Girardi 12 | 6) Kate Puderbaugh 11 |
| 8 IKM-Manning '1' | |
| 1) Amber Halbur 10 | 2) Maddie Snyder 10 |
| 3) Bianca Cadwell 11 | 4) Alexa Ahrenholtz 12 |
| 5) Abbagail Neilheisel 09 | 6) Jessica Christensen 11 |
| Section 2 Timed Finals | |
| 1 Newell-Fonda '1' | |
| 1) Mia Walker 10 | 2) Macy Sievers 11 |
| 3) Ella Larsen 12 | 4) Maggie Walker 12 |
| 5) Bailey Sievers 12 | 6) McKenna Sievers 09 |
| 2 Maquoketa Valley, Delhi '1' | |
| 1) Lily Huber 09 | 2) Payton Beaman 12 |
| 3) Ella Mensen 10 | 4) Amaya Hunt 11 |
| 5) Leah Ries 11 | 6) Kylie Chesnut 11 |
| 3 Lisbon '1' | |
| 1) Madi Schnipkoweit 12 | 2) Ava Czarnecki 09 |
| 3) Addy Happel 09 | 4) Peyton Robinson 10 |
| 5) Gabi Moehlman 10 | 6) Kiah Kilburg 12 |
| 4 Riverside, Oakland '1' | |
| 1) Veronica Andrusyshyn 10 | 2) Emma Gordon 09 |
| 3) Izzy Bluml 11 | 4) Lydia Erickson 09 |
| 5) Kya Hackett 12 | 6) Macy Woods 10 |
| 5 West Bend-Mallard '1' | |
| 1) Kara Fehr 12 | 2) Ashley Fehr 09 |
| 3) Kierstin Montag 09 | 4) Rachel Fehr 12 |
| 5) Abi Schmidt 09 | 6) Tori Fogarty 12 |
| 6 Central, Elkader '1' | |
| 1) Brandy Beatty 11 | 2) Grace Kuehl 09 |
| 3) Maddy Wille 12 | 4) Hannah Asche 10 |
| 5) Haley Mueller 11 | 6) Delaney Scherf 10 |
| 7 Wapello '1' | |
| 1) Ada Boysen 09 | 2) Gracie Gustison 12 |
| 3) Lindsay Massner 11 | 4) Serah Shafer 11 |
| 5) Quinn Veach 10 | 6) Emily Hemphill 09 |
| 8 St. Albert, Council Bluffs '1' | |
| 1) Kaylee Epperson 10 | 2) Allie Petry 12 |
| 3) Lauren Williams 11 | 4) Carly McKeever 10 |
| 5) Lydia Sherrill 10 | 6) Pearl Reisz 11 |
| Section 3 Timed Finals | |
| 1 West Central, Maynard '1' | |
| 1) Aaliyah Gordon 11 | 2) Emma Michels 11 |
| 3) Naomi Scott 12 | 4) Marlee Squires 12 |
| 5) Kylee Lickiss 12 | 6) Mikaela Kime 11 |
| 2 Hartley-Melvin-Sanborn '1' | |
| 1) Emily Mutombo 10 | 2) Abby Otto 09 |
| 3) Lydia Harders 11 | 4) Jasmine Lux 11 |
| 5) Anna VanderVeen 11 | 6) |

- 3 South O'Brien, Paullina '1'
- | | |
|----------------------|----------------------|
| 1) Annika Jenness 11 | 2) Maddy Jungers 12 |
| 3) Karlee Warnke 10 | 4) Willa Sickelka 11 |
| 5) Hannah Dau 12 | 6) Kenna Bauer 11 |
- 4 Turkey Valley, Jackson Junction '1'
- | | |
|------------------------|----------------------|
| 1) Kara Reicks 11 | 2) Clare Courtney 10 |
| 3) Olivia Snyder 10 | 4) Jalyssa Blazek 11 |
| 5) Kourtney Schmidt 11 | 6) Kylie Wurzer 12 |
- 5 Madrid '1'
- | | |
|---------------------|---------------------|
| 1) Lily Ostert 10 | 2) Erin Schieltz 12 |
| 3) Ella Santi 10 | 4) Jillian Dodds 11 |
| 5) Marissa Dodds 09 | 6) Emma Olsen 11 |
- 6 Springville '1'
- | | |
|---------------------------|-----------------------|
| 1) Savannah Nealman 11 | 2) Morgan Nachazel 11 |
| 3) Kennady Breitfelder 10 | 4) Nia Howard 10 |
| 5) Hannah March 09 | 6) Isabel Guerrero 10 |
- 7 Nodaway Valley '1'
- | | |
|---------------------|----------------------|
| 1) Jena Yonker 12 | 2) Annika Nelson 09 |
| 3) Emma Lundy 09 | 4) Maddax DeVault 11 |
| 5) Grace Britten 09 | 6) Madison Fry 10 |
- 8 Mount Ayr '1'
- | | |
|------------------------|-----------------------|
| 1) Madalynn Stewart 11 | 2) Kaylie Shields 10 |
| 3) Payten Lambert 11 | 4) Adalyn Reynolds 11 |
| 5) Madison Shields 10 | 6) Karly Elwood 09 |

Event 116 Girls High Jump 1A (24)

Friday 5/21/2021 - 6:00 PM

State Record: 5-08.25 5/18/2012 Chaley Rath, Treynor
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford

Name	Year	School
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Flight 1 Finals

- | | | | |
|----|-----------------------|----|-----------------|
| 1 | Erica Houge | 09 | Collins-Maxwell |
| 2 | Karlee Timm | 12 | HLV |
| 3 | Mallory Leerar | 09 | West Hancock |
| 4 | Aubrie Pruess | 11 | North Cedar |
| 5 | Maddi Klemme | 12 | Easton Valley |
| 6 | Abby Hamann | 12 | Grundy Center |
| 7 | Hannah Neddermeyer | 10 | MMCRU |
| 8 | Emma Fritcher | 12 | Central City |
| 9 | JayLyn Moore | 11 | Clayton Ridge |
| 10 | Jade Jackson | 12 | CAM |
| 11 | Lauren Saathoff | 10 | Akron-Westfield |
| 12 | Maclayn Houston | 09 | West Harrison |
| 13 | Drea McKean-Riparetti | 10 | GTRA |
| 14 | Riley Jensen | 11 | Essex |
| 15 | Carlie Willis | 09 | Grundy Center |
| 16 | Sam Nielsen | 11 | North Union |
| 17 | Jaden Gatts | 10 | Midland |
| 18 | Ava Olson | 09 | AGWSR |
| 19 | Jordan Swenson | 12 | West Fork |
| 20 | Hailey Carolan | 11 | Alburnett |
| 21 | Emily Dreckman | 11 | MMCRU |
| 22 | Cadence Douglas | 10 | Lenox |
| 23 | Alexa Ahrenholtz | 12 | IKM-Manning |
| 24 | Vanessa Koehler | 10 | Glidden-Ralston |

Event 124 Girls Long Jump 1A (24)

Thursday 5/20/2021 - 6:00 PM

State Record: 18-08.50 5/15/2008 Jennifer Jorgensen, Southeast We

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name Year School

Flight 1 Finals

1	Aunalee Bruce	12	Southwest Valley
2	Emma Houdek	12	South Winneshiek
3	Hailey Wilken	12	Akron-Westfield
4	Brenlie Graden	10	Ogden
5	Lacy Anderegg	11	East Buchanan
6	Dahlia Gardiner	11	Grundy Center
7	Sia Bear	09	Meskwaki Settle
8	Emile Sorenson	10	Tri-Center, Neol
9	Sarah Burton	09	Highland, River
10	Mandee Selover	10	Baxter
11	Korinne Jansen	12	Lynnville-Sully
12	Shye Johnson	11	Meskwaki Settle

Flight 2 Finals

1	Alivia Miller	10	Alburnett
2	Kora Obrecht	10	Ar-We-Va
3	Kenna Furnald	09	Danville
4	Reagan Kruse	11	Ogden
5	Macy Hiemes	11	Starmont
6	Madison Graubard	12	Alburnett
7	Karlee Warnke	10	South O'Brien
8	Madison Fry	10	Nodaway Valley
9	Sydney Vavroch	09	GMG
10	Skylar Benesh	09	North Linn
11	Belen Ellenberger	12	Gladbrook-Rein
12	Molly Joyce	10	Bishop Garrigan

Event 132 Girls Discus Throw 1A (24)

Friday 5/21/2021 - 3:00 PM

State Record: 137-11 2004 Wendy Ausdemore, Tri-Center

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

Flight 1 Finals

1	Jamie Plowman	12	Woodbine
2	Drew Fox	12	Danville
3	Brynn Krull	11	George-Little Ro
4	Jaci Christensen	11	Audubon
5	Regan Parkin	11	Starmont
6	Molly Venteicher	12	CAM
7	Dylan Holland	12	Montezuma
8	Ann Horstman	12	West Hancock
9	Miyah Whitehead	10	Gehlen Catholic
10	Addison Popham	10	Starmont
11	Paige Luft	11	Griswold
12	Lilly Isenhour	11	Prince of Peace
13	Kennedy Axmear	09	English Valleys

Flight 2 Finals

1	Breanna Hackman	11	Nashua-Plainfiel
2	Mallory Behnken	11	CAM
3	Rylee McLean	12	North Tama
4	Grace Overgaard	12	Melcher-Dallas
5	Kira Baldus	12	Saint Ansgar
6	Elizabeth Zaiger	12	Audubon
7	Emily Jones	11	Wayne
8	Addy Johnson	09	Westwood, Sloan
9	Audi Crooks	10	Bishop Garrigan
10	Emmaleigh Ohrt	12	South Winneshiek
11	Danielle Hoyle	12	Paton-Churdan

Event 140 Girls Shot Put 1A (24)

Thursday 5/20/2021 - 3:30 PM

State Record: 42-01.25 5/19/2011 NiCole Dobernecker, Chtr Oak-Ute
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL
 Name Year School

Flight 1 Finals

1	Karlee Timm	12	HLV
2	Miyah Whitehead	10	Gehlen Catholic
3	Annie Hoffman	11	Ed-Co
4	Addison Popham	10	Starmont
5	Kira Baldus	12	Saint Ansgar
6	Mallory Behnken	11	CAM
7	Madison Hillman	10	Saint Ansgar
8	Sarah Moeller	10	Prince of Peace
9	Lexi Roberts	10	Newell-Fonda
10	Dahlia Gardiner	11	Grundy Center
11	Emma Callaghan	12	Marquette Cath
12	Michelle Diaz	12	Columbus Comm

Flight 2 Finals

1	Jadeyn Smith	12	Ar-We-Va
2	Kaylee Weber	12	Sigourney
3	Leah Kramersmeier	11	North Iowa
4	Emily Baker	10	Bedford
5	Erin Knipper	10	Maquoketa Valley
6	Grace Overgaard	12	Melcher-Dallas
7	Jobey Malone	11	Winfield-Mt Un
8	Abby Veld	09	AGWSR
9	Molly Venteicher	12	CAM
10	Breanna Hackman	11	Nashua-Plainfiel
11	Danielle Hoyle	12	Paton-Churdan
12	Audi Crooks	10	Bishop Garrigan

Event 148 Girls Distance Medley 1A (24)

Friday 5/21/2021 - 3:30 PM

State Record: 4:05.37 5/18/2007 North Tama Traer, North Tama T
 B Dinsdale, M Halupnick, S Stoakes, B Dinsdale
 All-Time: 3:55.82 2017 Assumption, Assumption
 School

Section 1 Timed Finals

1	West Fork, Sheffield '1'	
	1) Keelee Sheriff 10	2) Maddie Hubka 11

- | | |
|-------------------------------|--------------------------|
| 3) RaeLynn Nash 10 | 4) Kacie Eisentrager 11 |
| 5) Madisyn Bonner 11 | 6) Maddy Welbes 10 |
| 2 Gehlen Catholic, LeMars '1' | |
| 1) Lauren Heying 11 | 2) Larissa Sitzmann 11 |
| 3) Sophie Ruden 10 | 4) Tessa Ellensohn 10 |
| 5) Brynn Wendt 10 | 6) Emma Bogen 11 |
| 3 Wapsie Valley, Fairbank '1' | |
| 1) Emma Jones 10 | 2) Hannah Knight 10 |
| 3) Mary Bodensteiner 11 | 4) Ava VanDaele 09 |
| 5) Brylee Bellis 10 | 6) Hailey Eitzenhefer 11 |
| 4 Lawton-Bronson '1' | |
| 1) Brynn Rice 12 | 2) Kaylee Clausen 10 |
| 3) Willow Fluent 11 | 4) Jolee Mesz 10 |
| 5) Emma Ricke 11 | 6) Alice Mahoney 09 |
| 5 Grundy Center '1' | |
| 1) Jordan Launstein 10 | 2) Abby Hamann 12 |
| 3) Ellery Luhring 09 | 4) Taylor Stahl 11 |
| 5) Bella Dole 11 | 6) Lucy Lebo 09 |
| 6 Lenox '1' | |
| 1) Cassidy Nelson 12 | 2) Brooklynn Ecklin 11 |
| 3) TJ Stoaks 12 | 4) McKinna Hogan 12 |
| 5) Cadence Douglas 10 | 6) Ava Junker 09 |
| 7 Saint Ansgar '1' | |
| 1) Taylor Hanna 12 | 2) Gracie Urbatsch 12 |
| 3) Ella Brown 12 | 4) Lauren Bork 12 |
| 5) Natalie Bork 09 | 6) Hannah Clevenger 09 |
| 8 AGWSR, Ackley '1' | |
| 1) Alyssa Hames 12 | 2) Trinity Rotgers 10 |
| 3) Brynn Smith 10 | 4) Karis Lippert 09 |
| 5) Mady Mausser 10 | 6) Ava Olson 09 |
| Section 2 Timed Finals | |
| 1 Midland, Wyoming '1' | |
| 1) Ari Hacke 12 | 2) Ella Rupp 12 |
| 3) Jaden Gatts 10 | 4) Anna Bartels 09 |
| 5) Gracie Harrington 09 | 6) Jayde Martin 09 |
| 2 Lisbon '1' | |
| 1) Brynnley Baxa 12 | 2) Mia Petersen 11 |
| 3) Kiah Kilburg 12 | 4) Lourdes Mason 10 |
| 5) Gabi Moehlman 10 | 6) Peyton Robinson 10 |
| 3 North Tama, Traer '1' | |
| 1) Jady Rausch 10 | 2) Abby Deboef 12 |
| 3) Julianna Breakenridge 11 | 4) Grace Lidgett 10 |
| 5) Lainey Willenbring 10 | 6) Jamie Jacobs 09 |
| 4 Central, Elkader '1' | |
| 1) Maddy Wille 12 | 2) Grace Kuehl 09 |
| 3) Hannah Asche 10 | 4) Delaney Scherf 10 |
| 5) Jaydin Dettman 09 | 6) Gracie Cummer 09 |
| 5 Earlham '1' | |
| 1) Riley Doud 11 | 2) Lily Dixon 10 |
| 3) Taylor Jensen 10 | 4) Katie Noah 12 |
| 5) Olivia Spurling 09 | 6) Grace Sweers 11 |
| 6 West Monona, Onawa '1' | |
| 1) Carly Miller 10 | 2) Kacy Miller 09 |
| 3) Tayah Struble 12 | 4) Mallory McCall 12 |
| 5) Meilla Struble 11 | 6) Ariyah Williams 12 |
| 7 North Linn, Troy Mills '1' | |
| 1) Jaden Benesh 11 | 2) Macy Boge 09 |

- 3) Olivia Rauch 12
 5) Caitlin Benesh 10
 8 Logan-Magnolia '1'
 1) Ava Goldsmith 10
 3) Kiera Hochstein 09
 5) Ruby Nolting 11
- Section 3 Timed Finals
- 1 Nashua-Plainfield '1'
 1) Makenzie Foelske 11
 3) Abbie Hyde 11
 5) Jennah Carpenter 11
- 2 Audubon '1'
 1) Madison Steckler 10
 3) Mattie Nielsen 09
 5) Katelyn Nielsen 12
- 3 Tri-Center, Neola '1'
 1) Jaden Franke 10
 3) Kyla Corrin 11
 5) Hope McPhillips 10
- 4 Turkey Valley, Jackson Junction '1'
 1) Kara Reicks 11
 3) Jaycie Byrne 12
 5) Cambree Kruse 11
- 5 Kee, Lansing '1'
 1) Reagan Mudderman 11
 3) Alaina Bakewell 10
 5) Jada Mitchell 12
- 6 Newell-Fonda '1'
 1) Macy Sievers 11
 3) Maggie Walker 12
 5) Mary Walker 10
- 7 Danville '1'
 1) Jacey Moore 11
 3) Cassidy Yaley 11
 5) Kenna Furnald 09
- 8 St. Edmond, Fort Dodge '1'
 1) Mya McClain 11
 3) Avery Galles 12
 5) Andee Barwin 09
- 4) Kaitlyn Sommerfelt 12
 6) Kyla Bildstein 11
 2) Emma Perkins 10
 4) Courtney Sporrer 11
 6) Amelia Evans 11
 2) Alannah Richards 12
 4) Chloe Matthews 12
 6) Aubrey Eick 12
 2) Abigail Zaiger 11
 4) Hannah Thygesen 11
 6) Grace Slater 11
 2) Emile Sorenson 10
 4) Peyton Pogge 12
 6)
 2) Josie Weber 11
 4) Jalyssa Blazek 11
 6) Kourtney Schmidt 11
 2) Jaylyn Walleser 10
 4) Haley Meyer 11
 6) Alison Wagner 10
 2) Ella Larsen 12
 4) Bailey Sievers 12
 6) Kierra Jungers 09
 2) Christella Boyer 10
 4) Addison Parrott 12
 6) Kamryn Sherwood 09
 2) Gracie Harvey 11
 4) Aubrey Bemrich 12
 6) Michaela Leiting 09