

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 1 Girls 100 Meter Dash 1A (24) Prelims

Thursday 5/20/2021 - 7:20 PM

State Record: 12.25 5/21/2015 Katie Maschmann, Montezuma

All-Time: 11.49 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed	Time
1	Reese Brown	11 Wayne, Corydon	12.86	1
2	Jillian Dodds	11 Madrid	12.90	1
3	Ella Santi	10 Madrid	12.92	2
4	Annika Jenness	11 South O'Brien, Paullina	12.93	1
5	Kelly Proesch	12 North Cedar, Stanwood	12.96	1
6	Alaina Bakewell	10 Kee, Lansing	13.09	1
7	Mackenzie McFarland	10 Highland, Riverside	13.15	2
8	Alyssa McElmeel	12 Calamus-Wheatland	13.16	3
9	Adalyn Reynolds	11 Mount Ayr	13.16	2
10	Olivia Snyder	10 Turkey Valley, Jackson Junction	13.16	2
11	Makenzie Foelske	11 Nashua-Plainfield	13.19	1
12	Adison Musser	09 North Cedar, Stanwood	13.29	4
13	Peyton Robinson	10 Lisbon	13.31	5
14	Claire Schroeder	09 St. Mary's, Remsen	13.32	2
15	Myla Murphy	10 GTRA	13.33	2
16	Kennady Breitfelder	10 Springville	13.37	1
17	Skylar Benesh	09 North Linn, Troy Mills	13.38	2
18	Ella Aulwes	11 Edgewood-Colesburg	13.42	3
19	Macey Tisue	12 Dunkerton	13.43	1
20	Avery Fricke	11 Collins-Maxwell	13.47	3
21	Vanessa Koehler	10 Glidden-Ralston	13.48	1
22	Alexis Houge	11 Collins-Maxwell	13.50	4
23	Katie Reynolds	11 Montezuma	13.52	3
24	Veronica Andrusyshyn	10 Riverside, Oakland	13.73	1

Event 9 Girls 200 Meter Dash 1A (24) Prelims

Thursday 5/20/2021 - 5:10 PM

State Record: 24.48 5/22/2010 Alex Gochenour, Logan-Magnolia

All-Time: 23.68 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed	Time
1	Rachel Fehr	12 West Bend-Mallard	26.03	1
2	Adalyn Reynolds	11 Mount Ayr	26.61	1
3	Reese Brown	11 Wayne, Corydon	26.75	2
4	Kelly Proesch	12 North Cedar, Stanwood	26.85	1
5	Lindsay Massner	11 Wapello	26.98	2
6	Willa Sickelka	11 South O'Brien, Paullina	27.05	1
7	Alannah Richards	12 Nashua-Plainfield	27.09	2
8	Lily Ostert	10 Madrid	27.13	1
9	Erin Schieltz	12 Madrid	27.14	2
10	Nia Howard	10 Springville	27.24	1
11	Alyssa McElmeel	12 Calamus-Wheatland	27.29	3
12	Kylie Keller	12 Martensdale-St. Marys	27.34	3
13	Alaina Bakewell	10 Kee, Lansing	27.50	1
14	Katie Reynolds	11 Montezuma	27.51	2
15	Lydia Erickson	09 Riverside, Oakland	27.52	1
16	Vanessa Koehler	10 Glidden-Ralston	27.55	1

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 9 ... (Girls 200 Meter Dash 1A (24) Prelims)

Name	Year	School	Seed Time	
17 Abigail Zaiger	11	Audubon	27.64	2
18 Myla Murphy	10	GTRA	27.70	3
19 Belen Ellenberger	12	Gladbrook-Reinbeck	27.75	1
20 Abbie Capesius	09	Bishop Garrigan, Algona	27.79	4
21 Cailyn Hardy	10	Clarksville	27.93	2
22 Jasmine Lux	11	Hartley-Melvin-Sanborn	27.95	2
23 Aaliyah Gordon	11	West Central, Maynard	28.01	3
24 Carly Stanerson	11	English Valleys, North English	28.04	3

Event 17 Girls 400 Meter Dash 1A (24)

Thursday 5/20/2021 - 7:50 PM

State Record: 55.75 5/16/2013 Ellie Herzberg, Manson NW We
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed Time	
1 Rachel Fehr	12	West Bend-Mallard	58.40	1
2 Nia Howard	10	Springville	1:00.04	1
3 Adalyn Reynolds	11	Mount Ayr	1:00.17	1
4 Jasmine Lux	11	Hartley-Melvin-Sanborn	1:00.40	1
5 Kiya Johnson	10	North Butler, Greene	1:00.91	1
6 Amaya Hunt	11	Maquoketa Valley, Delhi	1:01.67	1
7 Cora Shull	11	Westwood, Sloan	1:02.22	2
8 Brynn Smith	10	AGWSR, Ackley	1:02.35	2
9 Alexis Houge	11	Collins-Maxwell	1:02.49	1
10 Gracie Elsbecker	12	Bishop Garrigan, Algona	1:02.53	2
11 Jocelyn Marquis	10	Wayne, Corydon	1:02.56	2
12 Natalie Bork	09	Saint Ansgar	1:02.78	3
13 Sydnie Martin	11	Wapsie Valley, Fairbank	1:02.84	3
14 Jaydin Dettman	09	Central, Elkader	1:02.98	2
15 Tara Peterson	12	Stanton	1:03.07	1
16 Carly Stanerson	11	English Valleys, North English	1:03.22	2
17 Belen Ellenberger	12	Gladbrook-Reinbeck	1:03.27	4
18 Teagan Ewalt	10	Fremont-Mills, Tabor	1:03.80	1
19 Chloe Wierson	09	Collins-Maxwell	1:03.93	2
20 Bianca Cadwell	11	IKM-Manning	1:04.00	2
21 Aliyah Christensen	11	New London	1:04.00	1
22 Whitney Jensen	09	St. Mary's, Remsen	1:04.20	3
23 Carly Hengesteg	11	Northwood-Kensett	1:04.38	4
24 Andee Barwin	09	St. Edmond, Fort Dodge	1:04.54	3

Event 25 Girls 800 Meter Run 1A (24)

Saturday 5/22/2021 - 2:40 PM

State Record: 2:09.60 5/20/2006 Brooke Dinsdale, North Tama
 All-Time: 2:07.18 2017 Joy Ripslinger, Assumption

Name	Year	School	Seed Time	
1 Jalyssa Blazek	11	Turkey Valley, Jackson Junctio	2:22.23	1
2 Haley Meyer	11	Kee, Lansing	2:23.43	2
3 Peyton Pogge	12	Tri-Center, Neola	2:23.90	1
4 Eryn Sabelka	11	South Winneshiek, Calmar	2:26.02	3
5 Bailey Sievers	12	Newell-Fonda	2:26.63	1
6 Courtney Sporrer	11	Logan-Magnolia	2:27.13	2

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 25 ... (Girls 800 Meter Run 1A (24))

Name	Year	School	Seed Time	
7	Mallory McCall	12 West Monona, Onawa	2:27.23	3
8	Hannah Thygesen	11 Audubon	2:27.49	2
9	Katie Noah	12 Earlham	2:28.35	3
10	Aubrey Bemrich	12 St. Edmond, Fort Dodge	2:29.32	1
11	Addison Parrott	12 Danville	2:29.36	1
12	Nicole Sherer	10 Woodbine	2:30.05	4
13	Karis Lippert	09 AGWSR, Ackley	2:30.20	1
14	Kierra Jungers	09 Newell-Fonda	2:30.51	4
15	Delaney Scherf	10 Central, Elkader	2:30.93	4
16	Alaina Westphal	12 Alta-Aurelia	2:31.01	5
17	Julianna Breakenridge	11 North Tama, Traer	2:31.08	2
18	McKinna Hogan	12 Lenox	2:31.30	1
19	Chloe Matthews	12 Nashua-Plainfield	2:31.45	1
20	Rylee Dunkin	10 Twin Cedars, Bussey	2:31.51	2
21	Caroline Shelly	11 St. Edmond, Fort Dodge	2:32.14	3
22	Aubrey Eick	12 Nashua-Plainfield	2:32.41	2
23	Kaitlyn Sommerfelt	12 North Linn, Troy Mills	2:32.99	1
24	Jolee Mesz	10 Lawton-Bronson	2:38.97	1

Event 33 Girls 1500 Meter Run 1A (24)

Saturday 5/22/2021 - 5:05 PM

State Record: 4:35.87 5/24/2014 Rebekah Topham, Griswold
 All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name	Year	School	Seed Time	
1	Addison Parrott	12 Danville	5:00.80	1
2	Peyton Pogge	12 Tri-Center, Neola	5:05.05	1
3	Haley Meyer	11 Kee, Lansing	5:05.55	1
4	Billie Wagner	10 South Winneshiek, Calmar	5:07.59	2
5	Lourdes Mason	10 Lisbon	5:08.98	2
6	Aubrey Bemrich	12 St. Edmond, Fort Dodge	5:09.52	1
7	Chloe Matthews	12 Nashua-Plainfield	5:10.96	1
8	Courtney Sporrer	11 Logan-Magnolia	5:15.21	2
9	Greenlee Smock	10 Lynnville-Sully	5:21.05	2
10	Rylee Dunkin	10 Twin Cedars, Bussey	5:21.23	3
11	Jolee Mesz	10 Lawton-Bronson	5:22.13	1
12	Grace Lidgett	10 North Tama, Traer	5:22.71	1
13	Michaela Leiting	09 St. Edmond, Fort Dodge	5:23.28	4
14	Lily Dixon	10 Earlham	5:23.73	1
15	Elie Tuhn	11 Baxter	5:23.76	5
16	Megan Hageman	10 South Winneshiek, Calmar	5:23.92	3
17	Ava VanDaele	09 Wapsie Valley, Fairbank	5:24.11	2
18	Paige Ridenour	11 Madrid	5:24.31	6
19	Kacie Eisentrager	11 West Fork, Sheffield	5:24.42	2
20	Alison Wagner	10 Kee, Lansing	5:26.10	4
21	Hunter Jones	10 North Cedar, Stanwood	5:27.21	3
22	Emma Ricke	11 Lawton-Bronson	5:27.83	2
23	Shye Johnson	11 Meskwaki Settlement School	5:34.08	1
24	McKinna Hogan	12 Lenox	5:35.10	1

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 41 Girls 3000 Meter Run 1A (24)

Thursday 5/20/2021 - 4:10 PM

State Record: 9:56.54 5/16/2013 Leah Seivert, Sibley-Ochey
All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School	Seed Time	
1 Addison Parrott	12	Danville	10:42.13	1
2 Lourdes Mason	10	Lisbon	10:47.56	2
3 Haley Meyer	11	Kee, Lansing	11:12.90	1
4 Greenlee Smock	10	Lynnville-Sully	11:17.99	1
5 Billie Wagner	10	South Winneshiek, Calmar	11:20.58	2
6 Peyton Pogge	12	Tri-Center, Neola	11:22.58	1
7 Rylee Dunkin	10	Twin Cedars, Bussey	11:23.23	2
8 J'Lyn Knutson	12	Melcher-Dallas	11:25.61	3
9 Elie Tuhn	11	Baxter	11:27.83	4
10 Hunter Jones	10	North Cedar, Stanwood	11:34.12	3
11 Holly Beauchamp	11	Marquette Catholic, Bellevue	11:39.68	3
12 Alison Wagner	10	Kee, Lansing	11:40.68	4
13 Julia Fehr	12	West Bend-Mallard	11:41.26	1
14 Juliana Droll	10	Riceville	11:41.30	2
15 Kenna Meisgeier	12	Starmont	11:42.34	5
16 Kayden Spencer	10	Ogden	11:44.83	5
17 Alexia Nelson	11	Glidden-Ralston	11:45.29	1
18 Paige Ridenour	11	Madrid	11:45.32	6
19 Reese Duncan	10	St. Albert, Council Bluffs	11:46.14	2
20 Morgan Hanson	10	IKM-Manning	11:52.63	2
21 Grace Lidgett	10	North Tama, Traer	12:02.00	1
22 Hannah Gus	12	BGM, Brooklyn	12:08.71	1
23 Emma Ricke	11	Lawton-Bronson	12:09.44	1
24 Karlie Larsen	10	Mount Ayr	12:43.13	1

Event 49 Girls 100 Meter Hurdles 1A (24) Prelims

Friday 5/21/2021 - 4:30 PM

State Record: 14.07 5/21/2010 Alex Gochenour, Logan-Magnol
All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School	Seed Time	
1 Kelly Proesch	12	North Cedar, Stanwood	15.29	1
2 Lizzie Garber	12	BCLUW, Conrad	15.56	1
3 Molly Joyce	10	Bishop Garrigan, Algona	15.84	1
4 Anna Longhenry	11	North Union	16.24	2
5 Olivia Bohlen	11	Belle Plaine	16.41	1
6 Ella Stene	10	Lake Mills	16.41	3
7 Alyssa Tegeler	11	Belle Plaine	16.48	2
8 Tiffany Woerdehoff	12	Gehlen Catholic, LeMars	16.53	1
9 Maddax DeVault	11	Nodaway Valley	16.54	1
10 JayLyn Moore	11	Clayton Ridge, Guttenberg	16.66	1
11 Lauren Donlea	11	East Buchanan, Winthrop	16.74	2
12 Ella Aulwes	11	Edgewood-Colesburg	16.75	3
13 Brandy Beatty	11	Central, Elkader	16.77	4
14 Vanessa Koehler	10	Glidden-Ralston	16.79	2
15 Danika Demers	11	St. Mary's, Storm Lake	16.83	3
16 Kenna Paxson	11	BCLUW, Conrad	16.84	2

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 49 ... (Girls 100 Meter Hurdles 1A (24) Prelims)

Name	Year	School	Seed Time	
17 Jade Jackson	12	CAM, Anita	16.85	4
18 Leah Ries	11	Maquoketa Valley, Delhi	16.85	5
19 Claire Schroeder	09	St. Mary's, Remsen	16.91	2
20 Cassidy Nelson	12	Lenox	16.95	1
21 Allison Dowd	11	Danville	17.04	2
22 Emma Grandgenett	11	Bishop Garrigan, Algona	17.07	4
23 Izzy Weldon	09	Fremont-Mills, Tabor	17.11	1
24 Rylee Graden	12	Ogden	17.21	1

Event 57 Girls 400 Meter Hurdles 1A (24)

Friday 5/21/2021 - 6:10 PM

State Record: 1:02.14 5/22/2009

Sara Stoakes, N Tama

All-Time: 57.30 1975

Debbie Esser, Woodbine

Name	Year	School	Seed Time	
1 Kiya Johnson	10	North Butler, Greene	1:07.08	1
2 Danika Demers	11	St. Mary's, Storm Lake	1:07.45	1
3 Lauren Williams	11	St. Albert, Council Bluffs	1:08.03	1
4 Lizzie Garber	12	BCLUW, Conrad	1:08.05	2
5 Allison Kettmann	11	Marquette Catholic, Bellevue	1:08.93	1
6 Sophie Ruden	10	Gehlen Catholic, LeMars	1:09.23	1
7 Kennedy Kelly	11	West Hancock, Britt	1:09.29	1
8 Tara Peterson	12	Stanton	1:09.30	2
9 Kelly Proesch	12	North Cedar, Stanwood	1:10.02	1
10 Emma Alstott		St. Edmond, Fort Dodge	1:10.14	1
11 Emily Madison	09	Fremont-Mills, Tabor	1:10.26	2
12 Serah Shafer	11	Wapello	1:10.54	2
13 Lauren Malone	09	Boyer Valley, Dunlap	1:10.58	3
14 Katelyn Pfaltzgraff	12	AGWSR, Ackley	1:10.64	3
15 Isabella Efflandt	12	Northwood-Kensett	1:10.79	2
16 Taja Conley	10	South O'Brien, Paullina	1:11.11	2
17 Shea Peterson	10	Alta-Aurelia	1:12.02	3
18 Brynnly German	09	Martensdale-St. Marys	1:12.09	2
19 TJ Stoaks	12	Lenox	1:12.09	1
20 Alyssa Steinback	09	Belle Plaine	1:12.21	1
21 Maggie Ragaller	10	Ar-We-Va, Westside	1:12.36	4
22 Emma Erickson	10	Newell-Fonda	1:12.42	4
23 Hali Anderson	12	Saint Ansgar	1:12.74	3
24 Lauren Donlea	11	East Buchanan, Winthrop	1:12.80	2

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims

Thursday 5/20/2021 - 8:30 PM

State Record: 1:05.44 5/17/2012

Gehlen Cath, L, Gehlen Cath

K Langel, N Ryan, M Whitehead, S Rohe

All-Time: 1:00.61 2017

Waukee, Waukee

S Winger, M Gray, L Nelson, H Schau

Team	Relay	Seed Time	
1 Belle Plaine	1	1:08.17	1
2 Bishop Garrigan, Algona	1	1:08.35	1
3 Gehlen Catholic, LeMars	1	1:09.22	1
4 St. Mary's, Remsen	1	1:10.16	2

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa

Drake Stadium

Performance List

Event 66 ... (Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims)

	Team	Relay	Seed Time	
5	BCLUW, Conrad	1	1:11.03	1
6	Audubon	1	1:11.13	1
7	Alburnett	1	1:11.21	2
8	West Hancock, Britt	1	1:11.68	2
9	Lawton-Bronson	1	1:11.77	3
10	Winfield-Mount Union	1	1:11.92	1
11	Riverside, Oakland	1	1:12.15	1
12	Northwood-Kensett	1	1:12.28	3
13	CAM, Anita	1	1:12.30	2
14	Saint Ansgar	1	1:12.37	4
15	Central, Elkader	1	1:12.42	1
16	Ar-We-Va, Westside	1	1:12.43	2
17	BGM, Brooklyn	1	1:12.55	3
18	Danville	1	1:12.56	2
19	Wayne, Corydon	1	1:12.81	1
20	Dunkerton	1	1:12.97	2
21	North Linn, Troy Mills	1	1:13.02	4
22	North Union	1	1:13.42	5
23	South O'Brien, Paullina	1	1:13.52	4
24	Ogden	1	1:13.94	1

Event 70 Girls 4x100 Meter Relay 1A (24) Prelims

Friday 5/21/2021 - 7:10 PM

State Record: 49.95 5/19/2007 Ventura, Ventura
M Smith, A Schuler, B Imhoff, J Hale
All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt
CR Jefferson Tied in 2015

	Team	Relay	Seed Time	
1	Madrid	1	49.61	1
2	South O'Brien, Paullina	1	51.16	1
3	Lisbon	1	52.23	1
4	Collins-Maxwell	1	52.35	2
5	Riverside, Oakland	1	52.42	1
6	Wapello	1	52.47	2
7	Newell-Fonda	1	52.58	1
8	St. Mary's, Remsen	1	52.58	2
9	Lynnville-Sully	1	52.59	3
10	Saint Ansgar	1	52.61	1
11	Hartley-Melvin-Sanborn	1	52.64	3
12	Belle Plaine	1	52.68	1
13	Grundy Center	1	52.80	1
14	Northwood-Kensett	1	52.82	2
15	Ar-We-Va, Westside	1	52.93	2
16	Highland, Riverside	1	52.98	3
17	North Union	1	53.05	3
18	West Central, Maynard	1	53.12	2
19	Maquoketa Valley, Delhi	1	53.20	1
20	Nashua-Plainfield	1	53.23	4
21	Martensdale-St. Marys	1	53.23	4

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021
Des Moines, Iowa
Drake Stadium
Performance List

Event 70 ... (Girls 4x100 Meter Relay 1A (24) Prelims)

	Team	Relay	Seed Time	
22	Turkey Valley, Jackson Junctio	1	53.24	2
23	North Cedar, Stanwood	1	53.38	4
24	East Union, Afton	1	53.53	1

Event 78 Girls 4x200 Meter Relay 1A (24)

Friday 5/21/2021 - 5:20 PM

State Record: 1:44.79 2004 Ar-We-Va, Ar-We-Va
J. Kock, A. Neumann, C. Stoelk, K. Bierl
All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson
A Ranschau, J Blue, M Meese, L Schneekloth

	Team	Relay	Seed Time	
1	Madrid	1	1:46.09	1
2	South O'Brien, Paullina	1	1:48.51	1
3	Lisbon	1	1:49.70	1
4	Nodaway Valley	1	1:49.72	1
5	Newell-Fonda	1	1:49.73	2
6	Wapello	1	1:49.77	2
7	Belle Plaine	1	1:49.80	1
8	West Central, Maynard	1	1:50.29	1
9	Bishop Garrigan, Algona	1	1:51.05	1
10	Martensdale-St. Marys	1	1:51.33	2
11	St. Albert, Council Bluffs	1	1:51.36	1
12	Don Bosco, Gilbertville	1	1:51.40	2
13	West Monona, Onawa	1	1:51.54	2
14	Saint Ansgar	1	1:51.55	2
15	Highland, Riverside	1	1:51.81	3
16	GTRA	1	1:52.06	3
17	Turkey Valley, Jackson Junctio	1	1:52.11	1
18	Danville	1	1:52.22	4
19	Central, Elkader	1	1:52.23	2
20	Calamus-Wheatland	1	1:52.43	5
21	St. Edmond, Fort Dodge	1	1:52.85	3
22	Lake Mills	1	1:52.94	4
23	Alburnett	1	1:53.11	2
24	Mount Ayr	1	1:54.24	1

Event 86 Girls 4x400 Meter Relay 1A (24) Prelims

Friday 5/21/2021 - 7:50 PM

State Record: 3:58.28 5/19/2007 Valley Community Elgin, Valley Commu
A Spain, M Moyle, M Metzger, K McCartney
All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
S Houlihan, R Mikulicz, E McCarthy, E Dougherty

	Team	Relay	Seed Time	
1	West Monona, Onawa	1	4:13.64	1
2	Bishop Garrigan, Algona	1	4:14.52	1
3	Audubon	1	4:15.06	1
4	Saint Ansgar	1	4:15.06	2
5	Newell-Fonda	1	4:16.57	2
6	Earlham	1	4:18.05	3
7	Collins-Maxwell	1	4:18.21	1

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

	Team	Relay	Seed Time	
8	Central, Elkader	1	4:18.29	1
9	St. Edmond, Fort Dodge	1	4:18.44	2
10	Lawton-Bronson	1	4:18.83	1
11	BCLUW, Conrad	1	4:19.29	1
12	Wayne, Corydon	1	4:19.46	1
13	Don Bosco, Gilbertville	1	4:19.96	2
14	Wapsie Valley, Fairbank	1	4:20.10	3
15	Grundy Center	1	4:21.38	4
16	Maquoketa Valley, Delhi	1	4:21.90	2
17	Riverside, Oakland	1	4:21.95	2
18	West Central, Maynard	1	4:23.10	5
19	Midland, Wyoming	1	4:24.03	3
20	Kee, Lansing	1	4:24.16	4
21	South O'Brien, Paullina	1	4:24.45	2
22	West Hancock, Britt	1	4:24.66	3
23	Alburnett	1	4:25.42	1
24	Highland, Riverside	1	4:26.78	1

Event 94 Girls 4x800 Meter Relay 1A (24)

Thursday 5/20/2021 - 5:50 PM

State Record: 9:28.33 5/17/2007

Valley Community Elgin, Valley Commu
A Spain, M Moyle, D Bushman, K McCartney

All-Time: 9:09.09 2001

Iowa City West, Iowa City West

	Team	Relay	Seed Time	
1	Earlham	1	10:02.25	1
2	Newell-Fonda	1	10:06.21	2
3	AGWSR, Ackley	1	10:07.72	1
4	St. Edmond, Fort Dodge	1	10:10.59	1
5	Turkey Valley, Jackson Junctio	1	10:13.57	1
6	Audubon	1	10:18.74	3
7	Saint Ansgar	1	10:21.03	1
8	South Winneshiek, Calmar	1	10:24.00	2
9	West Bend-Mallard	1	10:25.30	2
10	Grundy Center	1	10:25.88	2
11	West Monona, Onawa	1	10:27.96	1
12	Lynnville-Sully	1	10:29.99	2
13	Lenox	1	10:33.92	1
14	Nashua-Plainfield	1	10:34.34	3
15	George-Little Rock	1	10:35.27	1
16	Danville	1	10:35.38	1
17	Wapsie Valley, Fairbank	1	10:35.82	3
18	Starmont	1	10:36.27	3
19	South O'Brien, Paullina	1	10:36.39	2
20	Lisbon	1	10:40.11	2
21	Mount Ayr	1	10:40.92	2
22	MMCRU	1	10:42.89	3
23	West Fork, Sheffield	1	10:44.37	4
24	Iowa Valley, Marengo	1	10:44.98	1

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 108 Girls 800 Sprint Medley 1A (24)

Saturday 5/22/2021 - 2:00 PM

State Record: 1:48.80 5/23/2015

Hudson, Hudson

L Kolterman, A Mosley, D Reicherts, M Bell

All-Time: 1:43.64 2018

Linn-Mar, Linn-Mar

A Rolle, O Hubler, J Bennett, P Wensel

Team	Relay	Seed Time
1 Turkey Valley, Jackson Junctio	1	1:51.62 1
2 Madrid	1	1:52.94 1
3 South O'Brien, Paullina	1	1:53.63 1
4 Springville	1	1:53.83 1
5 Hartley-Melvin-Sanborn	1	1:54.12 2
6 Nodaway Valley	1	1:54.14 1
7 West Central, Maynard	1	1:54.28 1
8 Mount Ayr	1	1:54.33 1
9 Riverside, Oakland	1	1:54.65 1
10 West Bend-Mallard	1	1:54.79 1
11 Lisbon	1	1:54.84 1
12 Central, Elkader	1	1:54.87 2
13 Maquoketa Valley, Delhi	1	1:55.19 3
14 Wapello	1	1:55.26 2
15 Newell-Fonda	1	1:55.47 2
16 St. Albert, Council Bluffs	1	1:55.48 2
17 Bishop Garrigan, Algona	1	1:55.63 2
18 Don Bosco, Gilbertville	1	1:55.71 2
19 Saint Ansgar	1	1:55.84 3
20 Nashua-Plainfield	1	1:55.96 4
21 Alburnett	1	1:56.28 2
22 Martensdale-St. Marys	1	1:56.31 2
23 Wapsie Valley, Fairbank	1	1:56.92 3
24 IKM-Manning	1	1:57.90 3

Event 116 Girls High Jump 1A (24)

Friday 5/21/2021 - 4:30 PM

State Record: 5-08.25 5/18/2012

Chaley Rath, Treynor

All-Time: 6-01 2010

Hannah Willms, Dike-New Hartford

Name	Year	School	Seed Mark
1 Vanessa Koehler	10	Glidden-Ralston	5-02.00 1
2 Alexa Ahrenholtz	12	IKM-Manning	5-02.00 2
3 Cadence Douglas	10	Lenox	5-01.00 1
4 Jordan Swenson	12	West Fork, Sheffield	5-00.00 2
5 Emily Dreckman	11	MMCRU	5-00.00 1
6 Jaden Gatts	10	Midland, Wyoming	5-00.00 1
7 Hailey Carolan	11	Alburnett	5-00.00 1
8 Ava Olson	09	AGWSR, Ackley	5-00.00 1
9 Sam Nielsen	11	North Union	5-00.00 1
10 Abby Hamann	12	Grundy Center	4-10.00 2
11 Riley Jensen	11	Essex	4-10.00 2
12 Aubrie Pruess	11	North Cedar, Stanwood	4-10.00 1
13 Drea McKean-Riparetti	10	GTRA	4-10.00 3
14 Mallory Leerar	09	West Hancock, Britt	4-10.00 4

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 116 ... (Girls High Jump 1A (24))

Name	Year	School	Seed	Mark
15	Carlie Willis	09 Grundy Center	4-10.00	3
16	Emma Fritcher	12 Central City	4-10.00	3
17	Lauren Saathoff	10 Akron-Westfield	4-10.00	3
18	Maddi Klemme	12 Easton Valley	4-10.00	2
19	Karlee Timm	12 HLV, Victor	4-10.00	2
20	Jade Jackson	12 CAM, Anita	4-10.00	3
21	Maclayn Houston	09 West Harrison, Mondamin	4-10.00	1
22	Hannah Neddermeyer	10 MMCURU	4-10.00	2
23	JayLyn Moore	11 Clayton Ridge, Guttenberg	4-10.00	3
24	Erica Houge	09 Collins-Maxwell	4-08.00	1

Event 124 Girls Long Jump 1A (24)

Thursday 5/20/2021 - 4:30 PM

State Record: 18-08.50 5/15/2008 Jennifer Jorgensen, Southeast We

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name	Year	School	Seed	Mark
1	Molly Joyce	10 Bishop Garrigan, Algona	17-06.75	1
2	Belen Ellenberger	12 Gladbrook-Reinbeck	16-07.50	1
3	Skylar Benesh	09 North Linn, Troy Mills	16-07.25	1
4	Sydney Vavroch	09 GMG, Garwin	16-07.00	2
5	Madison Fry	10 Nodaway Valley	16-05.75	1
6	Karlee Warnke	10 South O'Brien, Paullina	16-04.50	1
7	Madison Graubard	12 Alburnett	16-04.00	3
8	Macy Hiemes	11 Starmont	16-01.75	1
9	Reagan Kruse	11 Ogden	16-01.50	1
10	Kora Obrecht	10 Ar-We-Va, Westside	16-01.00	1
11	Kenna Furnald	09 Danville	16-01.00	1
12	Alivia Miller	10 Alburnett	16-00.50	4
13	Shye Johnson	11 Meskwaki Settlement School	15-11.75	5
14	Korinne Jansen	12 Lynnville-Sully	15-11.50	2
15	Mandee Selover	10 Baxter	15-10.75	3
16	Sarah Burton	09 Highland, Riverside	15-09.00	2
17	Sia Bear	09 Meskwaki Settlement School	15-08.00	6
18	Emile Sorenson	10 Tri-Center, Neola	15-08.00	2
19	Dahlia Gardiner	11 Grundy Center	15-07.00	2
20	Lacy Anderegg	11 East Buchanan, Winthrop	15-06.75	2
21	Brenlie Graden	10 Ogden	15-06.50	4
22	Hailey Wilken	12 Akron-Westfield	15-06.00	2
23	Emma Houdek	12 South Winneshiek, Calmar	15-05.25	3
24	Aunalee Bruce	12 Southwest Valley	15-03.75	1

Event 132 Girls Discus Throw 1A (24)

Friday 5/21/2021 - 2:00 PM

State Record: 137-11 2004 Wendy Ausdemore, Tri-Center

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name	Year	School	Seed	Mark
1	Danielle Hoyle	12 Paton-Churdan	133-07	1
2	Emmaleigh Ohrt	12 South Winneshiek, Calmar	123-11	1
3	Audi Crooks	10 Bishop Garrigan, Algona	121-09	1
4	Addy Johnson	09 Westwood, Sloan	113-07	1

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa
Drake Stadium
Performance List

Event 132 ... (Girls Discus Throw 1A (24))

Name	Year	School	Seed	Mark
5	Emily Jones	11 Wayne, Corydon	112-06	1
6	Kira Baldus	12 Saint Ansgar	112-05	2
7	Elizabeth Zaiger	12 Audubon	112-05	1
8	Grace Overgaard	12 Melcher-Dallas	112-02	2
9	Rylee McLean	12 North Tama, Traer	111-01	1
10	Mallory Behnken	11 CAM, Anita	110-07	2
11	Breanna Hackman	11 Nashua-Plainfield	110-03	3
12	Kennedy Axmear	09 English Valleys, North English	109-07	1
13	Lilly Isenhour	11 Prince of Peace, Clinton	109-04	2
14	Paige Luft	11 Griswold	108-03	3
15	Addison Popham	10 Starmont	107-06	3
16	Miyah Whitehead	10 Gehlen Catholic, LeMars	106-00	2
17	Dylan Holland	12 Montezuma	105-05	2
18	Ann Horstman	12 West Hancock, Britt	105-05	4
19	Molly Venteicher	12 CAM, Anita	104-11	4
20	Regan Parkin	11 Starmont	104-01	4
21	Brynn Krull	11 George-Little Rock	103-09	3
22	Jaci Christensen	11 Audubon	103-09	5
23	Drew Fox	12 Danville	102-10	1
24	Jamie Plowman	12 Woodbine	102-05	1

Event 140 Girls Shot Put 1A (24)

Thursday 5/20/2021 - 2:00 PM

State Record: 42-01.25 5/19/2011 NiCole Dobernecker, Chtr Oak-Ute
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name	Year	School	Seed	Mark
1	Audi Crooks	10 Bishop Garrigan, Algona	43-02.00	1
2	Danielle Hoyle	12 Paton-Churdan	40-03.25	1
3	Breanna Hackman	11 Nashua-Plainfield	39-06.50	2
4	Molly Venteicher	12 CAM, Anita	38-08.50	1
5	Abby Veld	09 AGWSR, Ackley	38-07.00	1
6	Jobey Malone	11 Winfield-Mount Union	38-05.25	1
7	Grace Overgaard	12 Melcher-Dallas	38-04.00	2
8	Erin Knipper	10 Maquoketa Valley, Delhi	38-03.00	1
9	Emily Baker	10 Bedford	37-11.00	1
10	Leah Kramersmeier	11 North Iowa, Buffalo Center	37-09.25	3
11	Kaylee Weber	12 Sigourney	37-05.75	2
12	Jadeyn Smith	12 Ar-We-Va, Westside	37-00.00	1
13	Michelle Diaz	12 Columbus Community, Col Jct	36-08.75	3
14	Emma Callaghan	12 Marquette Catholic, Bellevue	36-03.00	2
15	Dahlia Gardiner	11 Grundy Center	36-01.50	2
16	Lexi Roberts	10 Newell-Fonda	36-00.50	2
17	Sarah Moeller	10 Prince of Peace, Clinton	35-11.00	3
18	Madison Hillman	10 Saint Ansgar	35-10.00	4
19	Mallory Behnken	11 CAM, Anita	35-10.00	3
20	Kira Baldus	12 Saint Ansgar	35-08.25	5
21	Addison Popham	10 Starmont	35-06.75	4
22	Annie Hoffman	11 Edgewood-Colesburg	35-06.00	5
23	Miyah Whitehead	10 Gehlen Catholic, LeMars	35-02.00	1

Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021

Des Moines, Iowa

Drake Stadium

Performance List

Event 140 ... (Girls Shot Put 1A (24))

Name	Year	School	Seed	Mark
24 Karlee Timm	12	HLV, Victor	33-06.50	1

Event 148 Girls Distance Medley 1A (24)

Friday 5/21/2021 - 3:30 PM

State Record: 4:05.37 5/18/2007

North Tama Traer, North Tama T
 B Dinsdale, M Halupnick, S Stoakes, B Dinsdale
 Assumption, Assumption

All-Time: 3:55.82 2017

Team	Relay	Seed	Time
1 Turkey Valley, Jackson Junctio	1	4:19.17	1
2 Kee, Lansing	1	4:22.31	2
3 Tri-Center, Neola	1	4:22.76	1
4 Newell-Fonda	1	4:23.56	1
5 Audubon	1	4:24.38	2
6 Danville	1	4:25.82	1
7 Nashua-Plainfield	1	4:26.42	1
8 St. Edmond, Fort Dodge	1	4:27.59	1
9 Central, Elkader	1	4:28.04	3
10 Earlham	1	4:28.87	3
11 North Tama, Traer	1	4:29.60	1
12 West Monona, Onawa	1	4:31.02	2
13 Lisbon	1	4:32.54	2
14 North Linn, Troy Mills	1	4:32.73	1
15 Midland, Wyoming	1	4:32.95	4
16 Logan-Magnolia	1	4:33.44	3
17 Lawton-Bronson	1	4:33.54	1
18 Grundy Center	1	4:35.13	2
19 Wapsie Valley, Fairbank	1	4:37.00	3
20 Lenox	1	4:37.44	1
21 Gehlen Catholic, LeMars	1	4:37.92	2
22 Saint Ansgar	1	4:37.97	2
23 West Fork, Sheffield	1	4:38.05	3
24 AGWSR, Ackley	1	4:39.30	4