

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/15/2021 04:02 PM  
 Iowa Girls & Boys State Track Meet 2021 - 5/20/2021 to 5/22/2021  
 Des Moines, Iowa  
 Drake Stadium  
 Meet Program

Event 5 Girls 100 Meter Dash 3A (24)

=====  
 Thursday 5/20/2021 - 12:57 PM

State Record: 12.08 2017 Keaton Kester, ADM  
 All-Time: 11.49 2018 Syndey Milani, Southeast Polk  
 Name Year School

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 Heat 1 Prelims

1	Shay Sinnard	10	Carroll
2	McKenna Marlow	10	WBND
3	Stella Hector	09	LeMars
4	Miracle Ailes	12	Keokuk
5	Tierney Huss	09	MOC-Floyd Valley
6	Anna Dunlap	11	Fairfield
7	Jena Young	10	Winterset
8	Alexa Chase	12	Algona

Heat 2 Prelims

1	Jaelyn Johnson	11	Spencer
2	Adeline Bowman	12	Maquoketa
3	Emily McMartin	11	Pella
4	Audrey Biermann	11	Western Dubuque
5	Jada Piercy	10	Spencer
6	Carolynn Meines	10	MOC-Floyd Valley
7	Makenna West	10	Bondurant-Farrar
8	Morgan Olson	11	Humboldt

Heat 3 Prelims

1	Delanie Reynolds	10	Pella
2	Ella Schindler	12	Western Dubuque
3	Meghan McDonald	10	Wahlert
4	Alaina McConnell	11	Assumption
5	Ariana Yaklich	12	Wahlert
6	JoJo Tynismaa	11	South Tama
7	Josey Dunbar	10	Clarke
8	Ella Grossman	10	ADM

Event 13 Girls 200 Meter Dash 3A (24)

=====  
 Thursday 5/20/2021 - 10:50 AM

State Record: 24.59 5/21/2015 Kari Dufoe, ADM  
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk  
 Name Year School

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 Heat 1 Prelims

1	JoJo Tynismaa	11	South Tama
2	Haley Rasmussen	12	Atlantic
3	Emily McMartin	11	Pella
4	Audrey Biermann	11	Western Dubuque
5	Maleah Walker	10	Oskaloosa
6	Jena Young	10	Winterset
7	Hannah Jorgensen	11	Carroll

8	Sammy Recker	11	Western Dubuque
Heat 2 Prelims			
1	Paige DeWinter	11	Humboldt
2	Abigail Wallace	12	Wahlert
3	Allison Piercy	11	Spencer
4	Miracle Ailes	12	Keokuk
5	Calla Kerndt	11	Pella
6	Rylee Steffen	09	Wahlert
7	Mia Duckett	09	Solon
8	Lindsay Grau	11	Spirit Lake Park
Heat 3 Prelims			
1	Kylie Rasmussen	09	North Polk
2	Deanna Trucksess	12	Spirit Lake Park
3	Alaina McConnell	11	Assumption
4	Amiya Davis	10	WBND
5	Laney Fitzpatrick	12	Assumption
6	Olivia Tollari	11	ADM
7	Emma Salker	11	SB-Luton
8	Ava Maloney	09	CP-Urbana

## Event 21 Girls 400 Meter Dash 3A (24)

=====  
 Thursday 5/20/2021 - 1:30 PM

State Record: 54.73 5/19/2016 Dianna Slight, Boone  
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk  
 Name Year School

## Section 1 Timed Finals

1	Natalie McAllister	09	Marion
2	Melanie Sullivan	10	Knoxville
3	Ava Hawthorne	11	Gilbert
4	Ashley Stinocher	12	Solon
5	Kennedy Tunink	12	Perry
6	Keziah McQuillen	09	Monticello
7	Nyalang Yak	09	Storm Lake
8	Logan Kelley	09	WBND

## Section 2 Timed Finals

1	Emma Meester	10	Mount Vernon
2	Kyler Bomgaars	11	BHRV
3	Haley Rasmussen	12	Atlantic
4	Brooklyn Stanley	09	Bishop Heelan
5	Reese Kuhlman	09	Maquoketa
6	Alivia Schulte	10	West Delaware
7	Meredith McDermott	10	DC-Grimes
8	Kenley Meis	10	Bishop Heelan

## Section 3 Timed Finals

1	Maleah Walker	10	Oskaloosa
2	Ainsley Erzen	11	Carlisle
3	Jacie Trine	09	Pella
4	Audrey Biermann	11	Western Dubuque
5	Alyssa Larson	11	Independence
6	Rylee Steffen	09	Wahlert
7	Laney Fitzpatrick	12	Assumption
8	Megan Elliott	10	North Polk

## Event 29 Girls 800 Meter Run 3A (24)

Saturday 5/22/2021 - 9:50 AM

State Record: 2:07.51 5/21/2016 Joy Ripplinger, Assumption

All-Time: 2:07.18 2017 Joy Ripplinger, Assumption

Name Year School

## Section 1 Timed Finals

1	Alyssa Shannon	11	Newton
2	Laney Fitzpatrick	12	Assumption
3	Jorie Randall	12	Mount Vernon
4	Miranda Muhlstein	12	DC-Grimes
5	Alyssa Larson	11	Independence
6	Jamie Schmid	11	Wahlert
7	Lizzy Schmitt	12	Xavier
8	Lucy Schaffer	11	North Polk
9	Nyalang Yak	09	Storm Lake
10	Kayla Sieck	11	Grinnell
11	Abigail Kleese	09	Washington
12	Sophia Karras	10	SB-Luton

## Section 2 Timed Finals

1	Emma Hoins	12	Waverly-SR
2	Kaia Bieker	11	Harlan
3	Ava Rush	10	Atlantic
4	Ainsley Erzen	11	Carlisle
5	Megan Sterbenz	12	DC-Grimes
6	Kiki Connell	12	Charles City
7	Elly Burds	12	Western Dubuque
8	Liv Freund	12	Harlan
9	Liza Schaffer	10	North Polk
10	Emma Bock	11	Solon
11	Kaia Holtkamp	11	Solon
12	Peyton Steffen	11	Marion

## Event 37 Girls 1500 Meter Run 3A (24)

Saturday 5/22/2021 - 12:02 PM

State Record: 4:39.00 2017 Joy Ripplinger, Assumption

All-Time: 4:26.39 2011 Shelby Houlihan, SC East

Name Year School

## Section 1 Timed Finals

1	Emma Hughes	12	Glenwood
2	Megan Sterbenz	12	DC-Grimes
3	Emma Hoins	12	Waverly-SR
4	Ainsley Erzen	11	Carlisle
5	Kiki Connell	12	Charles City
6	Shewaye Johnson	10	Ballard
7	Paityn Noe	10	Ballard
8	Brecken Van Baale	12	Harlan
9	Alixandra Oliver	12	Wahlert
10	Ellie Meyer	11	Wahlert
11	Geneva Timmerman	10	ADM
12	Alyssa Klein	09	Western Dubuque
13	Alyssa Shannon	11	Newton
14	Taylor McCreedy	12	Atlantic
15	Kiersten Conway	12	Solon
16	Liza Schaffer	10	North Polk
17	Kay Fett	11	CP-Urbana

18	Lauren Klein	12	Western Dubuque
19	Emily Haverdink	11	MOC-Floyd Valley
20	Moriah Knapp	10	Algona
21	Skylar Hoffman	11	Assumption
22	Brenna Fisher	11	Spencer
23	Kayla Sieck	11	Grinnell
24	Cristina Carthey	12	Mount Pleasant

## Event 45 Girls 3000 Meter Run 3A (24)

Thursday 5/20/2021 - 9:55 AM

State Record: 9:55.37 2017 Joy Ripplinger, Assumption

All-Time: 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar

Name	Year	School
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## Section 1 Timed Finals

1	Kiersten Conway	12	Solon
2	Gabby Moran	12	Wahlert
3	Kiki Connell	12	Charles City
4	Shewaye Johnson	10	Ballard
5	Paityn Noe	10	Ballard
6	Emma Hoins	12	Waverly-SR
7	Emma Althoff	10	Monticello
8	Geneva Timmerman	10	ADM
9	Lilly Boge	11	Western Dubuque
10	Moriah Knapp	10	Algona
11	Emily Haverdink	11	MOC-Floyd Valley
12	Sydney Bochman	09	Waverly-SR
13	Erin Schultz	12	Glenwood
14	Kay Fett	11	CP-Urbana
15	Abby McGuire	10	Gilbert
16	Emma Hughes	12	Glenwood
17	Taylor McCreedy	12	Atlantic
18	Emma Haley	12	MOC-Floyd Valley
19	Ellie Kirby	11	Wahlert
20	Emma Wilkerson	09	CP-Urbana
21	Abby Cutler	12	Pella
22	Carley Seeley	09	Fairfield
23	Abby Blint	11	Mount Pleasant
24	Mary Jacobson	09	Grinnell

## Event 51 Girls 100 Meter Hurdles 3A (24)

Friday 5/21/2021 - 10:10 AM

State Record: 14.51 2018 Grace Martensen, Benton Community

All-Time: 13.90 4/13/2010 Alex Gochenour, Logan-Mag.

Name	Year	School
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## Heat 1 Prelims

1	Reagan Demmon	12	North Polk
2	Jori Hajek	12	Humboldt
3	Isabella Knutson	12	Decorah
4	Kendall Anderson	11	Bondurant-Farrar
5	Kelsey Pacha	11	Fairfield
6	Maddie Morony	11	Spencer
7	Allison Soderberg	10	Winterset
8	Sophia Stahle	10	Solon

## Heat 2 Prelims

1	Tory Henry	09	Clarke
2	Lily Groat	12	Humboldt
3	Lilly McNaughton	11	LeMars
4	JoJo Tynnismaa	11	South Tama
5	Emma Zoet	12	BHRV
6	Addisyn Terpstra	10	Newton
7	Soren Maricle	10	Central DeWitt
8	Claire Miller	10	Denison-Schlswg

## Heat 3 Prelims

1	Jaya Kleemeier	09	Winterset
2	Kenna Lamm	11	Mount Pleasant
3	Emma Mathis	11	Clear Creek-Aman
4	Anna Dunlap	11	Fairfield
5	Karsyn Lamm	12	Mount Pleasant
6	Silvana Kabolo	10	Clear Creek-Aman
7	Mia Schumann	12	North Polk
8	Kallie Mincks	11	Decorah

## Event 59 Girls 400 Meter Hurdles 3A (24)

Friday 5/21/2021 - 11:50 AM

State Record: 1:02.53 5/19/2010 Holly Salzbrenner, Mount Vernon-Lisbon

All-Time: 57.30 1975 Debbie Esser, Woodbine

Name	Year	School
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## Section 1 Timed Finals

1	Kate Hughes	10	Glenwood
2	Mia Stahle	09	Solon
3	Audrey Castle	11	Boone
4	JoJo Tynnismaa	11	South Tama
5	Reagan Demmon	12	North Polk
6	Lauren Staudt	09	Charles City
7	Adeline Tesdahl	09	Webster City
8	Mallory Lyon	11	Fairfield

## Section 2 Timed Finals

1	Lily Groat	12	Humboldt
2	Reagan Dahlquist	12	Waverly-SR
3	Vanessa Bickford	09	DC-Grimes
4	Chloe Mullenix	10	Atlantic
5	Adeline Bowman	12	Maquoketa
6	Meredith Bahl	11	Western Dubuque
7	Raquel Schneider	11	Fort Madison
8	Laura Swart	10	Mount Vernon

## Section 3 Timed Finals

1	Emma Arnold	10	Xavier
2	Madison Prier	11	Marion
3	Jerra Merchant	10	Spencer
4	Darci Wiseman	11	Winterset
5	Emma Zoet	12	BHRV
6	Alivia Schulte	10	West Delaware
7	Jordan Czerwinski	11	Oskaloosa
8	Abby Hughes	11	Glenwood

## Event 68 Girls 4x100 Meter Shuttle Hurdle 3A (24)

Thursday 5/20/2021 - 9:20 AM

State Record: 1:03.13 5/21/2016 Pella, Pella  
 K Pingel, E Holterhaus, E Thoreson, C McKinstrey  
 All-Time: 1:00.61 2017 Waukee, Waukee  
 S Winger, M Gray, L Nelson, H Schau  
 School

=====  
 Heat 1 Prelims

- 1 Mount Vernon '1'  
 1) Lilly See 10 2) Elsa Appleton 09  
 3) Nadia Telecky 11 4) Natalie Welch 12  
 5) Laura Swart 10 6) Lauren Ryan 12
- 3 Clear Creek-Amana '1'  
 1) Emma Mathis 11 2) Cileigh Smiddy 12  
 3) Kayla Jiras 12 4) Silvana Kabolo 10  
 5) Mari Cetta 11 6) Meghan Cullen 11
- 5 Newton '1'  
 1) Alyssa Beerends 09 2) JaQuay Priest 10  
 3) Chloe Rorabaugh 09 4) Addisyn Terpstra 10  
 5) Libby Shores 10 6) Annie Main 10
- 7 Charles City '1'  
 1) Olivia Litterer 10 2) Keely Collins 09  
 3) Kaylee Hennick 11 4) Lauren Staudt 09  
 5) Miracle Kolheim 10 6) Hannah Lahner 11

Heat 2 Prelims

- 1 Carlisle '1'  
 1) Cece Fett 10 2) Laura Downs 10  
 3) Reagan Roling 10 4) Katie Keeney 10  
 5) Addy Eginore 09 6) Ally Nolte 09
- 3 Fairfield '1'  
 1) Anna Dunlap 11 2) Maya Lane 09  
 3) Brynley Allison 11 4) Kelsey Pacha 11  
 5) hannah Bergren 11 6) Danielle Breen 11
- 5 North Polk, Alleman '1'  
 1) Marlee Springer 11 2) Mia Schumann 12  
 3) Aubrie Kiesling 10 4) Reagan Demmon 12  
 5) Elli Mandernach 12 6) Alex Drent 12
- 7 Harlan '1'  
 1) Justine Buman 12 2) Ally Curren 11  
 3) Lucy Metzger 12 4) Aubri Smith 12  
 5) Jaci Broeckelman 11 6) Savanna Musich 11

Heat 3 Prelims

- 1 Xavier, Cedar Rapids '1'  
 1) Sierra Durin 10 2) Olivia Nasution 11  
 3) Jaclyn Meyer 10 4) Emma Arnold 10  
 5) Nora Maloney 09 6) Ava Blue 09
- 3 Mount Pleasant '1'  
 1) Kenna Lamm 11 2) Jenna Gilmore 11  
 3) Josie Gilmore 09 4) Karsyn Lamm 12  
 5) Allie Westercamp 10 6) Thanh Phung 11
- 5 Boyden-Hull/Rock Valley '1'  
 1) Jewel Bergstrom 11 2) Ellie Woelber 11  
 3) Laiken Koerselman 12 4) Emma Zoet 12  
 5) Keilani Maae 10 6) Gretta Van Es 10
- 7 Dallas Center-Grimes '1'  
 1) Katherine Luebke 11 2) Bailey Macumber 10  
 3) Caroline White 10 4) Ellie Schmitz 10  
 5) Anna O'Tool 10 6) Olivia Curtis 09

## Heat 4 Prelims

- |   |                               |    |                          |
|---|-------------------------------|----|--------------------------|
| 1 | West Delaware, Manchester '1' |    |                          |
|   | 1) Juliette Weber 11          | 2) | Katelin Ante 11          |
|   | 3) Carlee Smith 11            | 4) | Alivia Schulte 10        |
|   | 5) Kate Loecke 09             | 6) | Abigail O'Rear 09        |
| 3 | Spencer '1'                   |    |                          |
|   | 1) Maddie Morony 11           | 2) | Lexi Johnson 11          |
|   | 3) Aliza Edwards 10           | 4) | Jerra Merchant 10        |
|   | 5) Corinne Stave 10           | 6) | Haley Berends 11         |
| 5 | Humboldt '1'                  |    |                          |
|   | 1) Jori Hajek 12              | 2) | Rylie Satern 11          |
|   | 3) Jennika Beach 10           | 4) | Lily Groat 12            |
|   | 5) Tayla Wempen 09            | 6) | Macey Varangkounh 09     |
| 7 | MOC-Floyd Valley '1'          |    |                          |
|   | 1) Alyssa Vortherms 10        | 2) | Payton Kleinhesselink 09 |
|   | 3) Emma Sassman 10            | 4) | Claire Yaw 11            |
|   | 5) Addison Wierda 11          | 6) | Amelia Esser 12          |

## Heat 5 Prelims

- |   |                       |    |                      |
|---|-----------------------|----|----------------------|
| 1 | Denison-Schleswig '1' |    |                      |
|   | 1) Claire Miller 10   | 2) | Kaitlyn Bruhn 10     |
|   | 3) Kennedy Marten 12  | 4) | Jamie Ibarra 12      |
|   | 5) Jordyn Linn 09     | 6) | Lesley Chavez 11     |
| 3 | Winterset '1'         |    |                      |
|   | 1) Jaya Kleemeier 09  | 2) | Allison Soderberg 10 |
|   | 3) Lauren Carter 11   | 4) | Darci Wiseman 11     |
|   | 5) Haelynn Forsyth 09 | 6) | Olivia Boyle 09      |
| 5 | Bondurant-Farrar '1'  |    |                      |
|   | 1) Faith Carlson 11   | 2) | Riley Gilroy 12      |
|   | 3) Alexis Crook 12    | 4) | Kendall Anderson 11  |
|   | 5) Sasha Comegys 09   | 6) | Katelyn Nelson 11    |
| 7 | LeMars '1'            |    |                      |
|   | 1) Savannah Manley 10 | 2) | Liberty Larson 09    |
|   | 3) Sophie Buhman 09   | 4) | Lilly McNaughton 11  |
|   | 5) Jenna Allen 10     | 6) | Stella Hector 09     |

## Heat 6 Prelims

- |   |                          |    |                     |
|---|--------------------------|----|---------------------|
| 1 | Fort Madison '1'         |    |                     |
|   | 1) Reyna Lampe 12        | 2) | Taylor Barnes 12    |
|   | 3) Aija Jenkins 09       | 4) | Raquel Schneider 11 |
|   | 5) Chloe Sokolik 09      | 6) | Madelyn Swigart 12  |
| 3 | Decorah '1'              |    |                     |
|   | 1) Kallie Mincks 11      | 2) | Anya Lovstuen 11    |
|   | 3) Autumn Schaller 10    | 4) | Isabella Knutson 12 |
|   | 5) Leslie Campbell 10    | 6) | Lani Hubka 10       |
| 5 | Solon '1'                |    |                     |
|   | 1) Jada Buffington 11    | 2) | Mia Stahle 09       |
|   | 3) Calla Foster 10       | 4) | Sophia Stahle 10    |
|   | 5) Ava Stebral 11        | 6) | Georgia Havlicek 10 |
| 7 | Pella '1'                |    |                     |
|   | 1) Andrea VanHeukelom 12 | 2) | Aaliyah Riddick 09  |
|   | 3) Tristan Gordon 09     | 4) | Meridith Rowe 11    |
|   | 5) Jasmine Namminga 10   | 6) | Emmalee Spurgeon 09 |

## Event 74 Girls 4x100 Meter Relay 3A (24)

=====  
 Friday 5/21/2021 - 12:50 PM

State Record: 48.21 2018                   Wahlert, Dubuque, Wahlert, Dubuque  
   L Wedewer, A Sherman, C Broderick, B Hasken

All-Time: 47.55 4/28/2012 Roosevelt, Roosevelt  
CR Jefferson Tied in 2015

School

=====  
Heat 1 Prelims

- |   |                               |                             |  |
|---|-------------------------------|-----------------------------|--|
| 1 | Sioux Center '1'              |                             |  |
|   | 1) Ayda Den Herder 11         | 2) Willow Bleeker 10        |  |
|   | 3) Annika Jahn 11             | 4) Peyton Toering 11        |  |
|   | 5) Jacie Vander Waal 12       | 6) Ella Jahn 11             |  |
| 2 | Humboldt '1'                  |                             |  |
|   | 1) Morgan Olson 11            | 2) Alexis Hansen 11         |  |
|   | 3) Jori Hajek 12              | 4) Paige DeWinter 11        |  |
|   | 5) Addie Thompson 10          | 6) Kailee Dettmann 12       |  |
| 3 | Decorah '1'                   |                             |  |
|   | 1) Brinley Krivachek 10       | 2) Isabella Knutson 12      |  |
|   | 3) Kailyn O'Gara 10           | 4) Lani Hubka 10            |  |
|   | 5) Autumn Schaller 10         | 6) Brielle Buresh 11        |  |
| 4 | Wahlert Catholic, Dubuque '1' |                             |  |
|   | 1) Meghan McDonald 10         | 2) Abigail Wallace 12       |  |
|   | 3) Tessa Berning 11           | 4) Ariana Yaklich 12        |  |
|   | 5) Nicole Tranel 12           | 6) Mia Kunnert 11           |  |
| 5 | MOC-Floyd Valley '1'          |                             |  |
|   | 1) Carolyn Meines 10          | 2) Payton Kleinhesselink 09 |  |
|   | 3) Addison Wierda 11          | 4) Tierney Huss 09          |  |
|   | 5) Lily Huizenga 09           | 6) Grace Nonnemacher 09     |  |
| 6 | Dallas Center-Grimes '1'      |                             |  |
|   | 1) Abby Osborn 10             | 2) Olivia Huston 10         |  |
|   | 3) Elle Nelsen 11             | 4) Bailey Macumber 10       |  |
|   | 5) Caroline White 10          | 6) Brinn Johnson 10         |  |
| 7 | Carroll '1'                   |                             |  |
|   | 1) Elizabeth Perkins 09       | 2) Hannah Jorgensen 11      |  |
|   | 3) Madison Tunning 10         | 4) Shay Sinnard 10          |  |
|   | 5) Alex Klein 11              | 6) Kennedy Thein 10         |  |
| 8 | Gilbert '1'                   |                             |  |
|   | 1) Lauren Schwendemann 12     | 2) Bella Nelson 11          |  |
|   | 3) Tayanna Streigle 11        | 4) Ava Hawthorne 11         |  |
|   | 5) Erin Bathie 12             | 6) Mina Funaba-O'Brien 12   |  |

Heat 2 Prelims

- |   |                        |                            |  |
|---|------------------------|----------------------------|--|
| 1 | Winterset '1'          |                            |  |
|   | 1) Jaya Kleemeier 09   | 2) Jena Young 10           |  |
|   | 3) Thea Banning 11     | 4) Riley Kious 11          |  |
|   | 5) Makayla Nichols 09  | 6) Kate Keller 09          |  |
| 2 | Boone '1'              |                            |  |
|   | 1) Morgan Lyons 11     | 2) Emily Wingert 12        |  |
|   | 3) Emma Dighton 12     | 4) Natalee Danner 10       |  |
|   | 5) Britni Blackburn 11 | 6) Liz Purtle 12           |  |
| 3 | ADM, Adel '1'          |                            |  |
|   | 1) Makayla Crannell 09 | 2) Olivia Tollari 11       |  |
|   | 3) Lauren Case 10      | 4) Ella Grossman 10        |  |
|   | 5) Alexa Seidl 10      | 6) Hallie Henfling 11      |  |
| 4 | Pella '1'              |                            |  |
|   | 1) Delanie Reynolds 10 | 2) Roselande Vanderhoff 12 |  |
|   | 3) Marissa Hackman 10  | 4) Emily McMartin 11       |  |
|   | 5) Calla Kerndt 11     | 6) Andrea VanHeukelom 12   |  |
| 5 | Spencer '1'            |                            |  |
|   | 1) Jaelyn Johnson 11   | 2) Allison Piercy 11       |  |
|   | 3) Erika Amendt 10     | 4) Jada Piercy 10          |  |



- |                                  |                         |
|----------------------------------|-------------------------|
| 5) Tyriana Vail 09               | 6) Corinne Stave 10     |
| 6 Assumption, Davenport '1'      |                         |
| 1) Olivia Lynch 12               | 2) Peyton Seberg 12     |
| 3) Amil Combs 12                 | 4) Alaina McConnell 11  |
| 5) Maggie Johnson 09             | 6) Laney Fitzpatrick 12 |
| 7 Epworth, Western Dubuque '1'   |                         |
| 1) Ella Schindler 12             | 2) Sammy Recker 11      |
| 3) Brynn Walters 09              | 4) Erica Ernzen 10      |
| 5) Ava Ramler 09                 | 6) Ashley Willenborg 09 |
| 8 LeMars '1'                     |                         |
| 1) Mya Kibby 12                  | 2) Stella Hector 09     |
| 3) Jenna Allen 10                | 4) Madi Huls 09         |
| 5) Savannah Manley 10            | 6) Karly Ellis 10       |
| Heat 3 Prelims                   |                         |
| 1 Clear Creek-Amana '1'          |                         |
| 1) Silvana Kabolo 10             | 2) Bailey Olerich 11    |
| 3) Cileigh Smiddy 12             | 4) Emma Mathis 11       |
| 5) Emma Descourouez 10           | 6) Mari Cetta 11        |
| 2 Glenwood '1'                   |                         |
| 1) Zoie Carda 09                 | 2) Marissa Ausdemore 12 |
| 3) Lauren Roenfeldt 11           | 4) Coryl Matheny 11     |
| 5) Larissa Pelley 12             | 6) Nora Dougherty 10    |
| 3 Solon '1'                      |                         |
| 1) Sophia Stahle 10              | 2) Callie Levin 09      |
| 3) Mia Duckett 09                | 4) Addie McQuinn 11     |
| 5) Mia Stahle 09                 | 6) Monet Barnhouse 12   |
| 4 Bondurant-Farrar '1'           |                         |
| 1) Makenna West 10               | 2) Rebekah Fuller 11    |
| 3) Kendall Anderson 11           | 4) Ellie DeCosta 11     |
| 5) Faith Carlson 11              | 6) Emma Smith 09        |
| 5 West Burlington/Notre Dame '1' |                         |
| 1) McKenna Marlow 10             | 2) Amelia Schwenker 11  |
| 3) Amiya Davis 10                | 4) Sydney Marlow 12     |
| 5) Logan Kelley 09               | 6) Kerrigan Belger 12   |
| 6 Fairfield '1'                  |                         |
| 1) Kiya Robertson 10             | 2) Kelsey Pacha 11      |
| 3) Coty Engle 10                 | 4) Anna Dunlap 11       |
| 5) Danielle Breen 11             | 6) Sophie Wallerich 12  |
| 7 Grinnell '1'                   |                         |
| 1) Daria Kline 10                | 2) Gretta Dodd 10       |
| 3) Libby Walton 09               | 4) Ella Grife 10        |
| 5) Kayla Sieck 11                | 6) Haidyn Hull 10       |
| 8 Mount Pleasant '1'             |                         |
| 1) Bailey Jalas 09               | 2) Karsyn Lamm 12       |
| 3) Josie Gilmore 09              | 4) Kenna Lamm 11        |
| 5) Tristian Shull 10             | 6) Kendin Scheitlin 12  |

## Event 82 Girls 4x200 Meter Relay 3A (24)

Friday 5/21/2021 - 11:05 AM

State Record: 1:40.93 2018 Wahlert, Dubuque, Wahlert, Dubuque

L Wedewer, A Sherman, C Broderick, B Hasken

All-Time: 1:39.24 5/22/2015 CR Jefferson, CR Jefferson

A Ranschau, J Blue, M Meese, L Schneekloth

School

## Section 1 Timed Finals

- 1 Harlan '1'  
 1) Delaney Wegner 11  
 3) Lilly Metzger 11  
 5) Dani Smith 09
- 2 Humboldt '1'  
 1) Lillian Morey 09  
 3) Addie Thompson 10  
 5) Tayla Wempen 09
- 3 Dallas Center-Grimes '1'  
 1) Brinn Johnson 10  
 3) Elle Nelsen 11  
 5) Caroline White 10
- 4 Carroll '1'  
 1) Madison Tunning 10  
 3) Elizabeth Perkins 09  
 5) Alex Klein 11
- 5 Sioux Center '1'  
 1) Ayda Den Herder 11  
 3) Willow Bleeker 10  
 5) Annika Jahn 11
- 6 Nevada '1'  
 1) Kylie Taylor 09  
 3) Madalyn Gibson 09  
 5) Cinamon Hazlitt 09
- 7 Glenwood '1'  
 1) Lauren Roenfeldt 11  
 3) Coryl Matheny 11  
 5) Zoie Carda 09
- 8 Algona '1'  
 1) Ava Henry 10  
 3) Radaisyia Thomas 11  
 5) Peyton Bradley 11
- Section 2 Timed Finals
- 1 Waverly-Shell Rock '1'  
 1) Mattie Janssen 12  
 3) Lilly Betts 09  
 5) Camryn Buseman 10
- 2 North Polk, Alleman '1'  
 1) Alexis Dorsett 11  
 3) Ashley Owen 10  
 5) Megan Elliott 10
- 3 Spirit Lake Park '1'  
 1) Mikayla Farmer 11  
 3) Mackenzie Kauffman 10  
 5) Emma Hackbarth 11
- 4 Decorah '1'  
 1) Sami Mount 10  
 3) Brielle Buresh 11  
 5) Brinley Krivachek 10
- 5 Mount Vernon '1'  
 1) Elizabeth Quam 11  
 3) Kate Dougherty 09  
 5) Natalie Welch 12
- 6 LeMars '1'  
 1) Katie Cunningham 11  
 3) Jenna Allen 10  
 5) Sarah Brown 09
- 2) Grace Eckermann 12  
 4) Ashley Hall 12  
 6) Aubri Smith 12
- 2) Alexis Hansen 11  
 4) Paige DeWinter 11  
 6) Rylie Satern 11
- 2) Olivia Huston 10  
 4) Abby Osborn 10  
 6) Bailey Macumber 10
- 2) Hannah Jorgensen 11  
 4) Shay Sinnard 10  
 6) Kennedy Thein 10
- 2) Jacie Vander Waal 12  
 4) Peytan Toering 11  
 6) Ella Jahn 11
- 2) Emma Strottman 09  
 4) Allison Kruzich 10  
 6) Shelbi Hazlitt 11
- 2) Jenna Hopp 10  
 4) Nora Dougherty 10  
 6) Addison Fichter 09
- 2) Alexa Chase 12  
 4) Ella Lawson 10  
 6) Kayla Thompson 10
- 2) Keiri Holmquist 10  
 4) Leah Cherry 11  
 6) Ava Folkerts 11
- 2) Alana Doonan 11  
 4) Kylie Rasmussen 09  
 6) Mia Wendel 12
- 2) Deanna Trucksess 12  
 4) Lindsay Grau 11  
 6) Maci Higgins 11
- 2) Kailyn O'Gara 10  
 4) Lani Hubka 10  
 6) Ellie Luzum 11
- 2) Lilly See 10  
 4) Liz Dougherty 11  
 6) Elsa Appleton 09
- 2) Stella Hector 09  
 4) Madi Huls 09  
 6) Payton Wright 10

- 7 MOC-Floyd Valley '1'  
 1)Carolynn Meines 10  
 3)Addison Wierda 11  
 5)Lily Huizenga 09  
 2)Payton Kleinhesselink 09  
 4)Tierney Huss 09  
 6)Akeyma Fedders 11
- 8 Epworth, Western Dubuque '1'  
 1)Ella Schindler 12  
 3)Meredith Bahl 11  
 5)Erica Erzen 10  
 2)Sammy Recker 11  
 4)Brynn Walters 09  
 6)Natalie Ulrichs 11
- Section 3 Timed Finals
- 1 Solon '1'  
 1)Mia Duckett 09  
 3)Callie Levin 09  
 5)Sophia Stahle 10  
 2)Mia Stahle 09  
 4)Makinley Levin 11  
 6)Heather Bachus 12
- 2 ADM, Adel '1'  
 1)Makayla Crannell 09  
 3)Ella Grossman 10  
 5)Lauren Case 10  
 2)Alexa Seidl 10  
 4)Olivia Tollari 11  
 6)Hallie Henfling 11
- 3 Pella '1'  
 1)Delanie Reynolds 10  
 3)Marissa Hackman 10  
 5)Jacie Trine 09  
 2)Calla Kerndt 11  
 4)Emily McMartin 11  
 6)Roselande Vanderhoff 12
- 4 West Burlington/Notre Dame '1'  
 1)Josie Bentz 11  
 3)Amiya Davis 10  
 5)Riley Richards 11  
 2)Amelia Schwenker 11  
 4)Sydney Marlow 12  
 6)Jenna Bentz 11
- 5 Wahlert Catholic, Dubuque '1'  
 1)Ariana Yaklich 12  
 3)Meghan McDonald 10  
 5)Rylee Steffen 09  
 2)Abigail Wallace 12  
 4)Tessa Berning 11  
 6)Mia Kunnert 11
- 6 Spencer '1'  
 1)Jerra Merchant 10  
 3)Erika Amendt 10  
 5)Lexi Johnson 11  
 2)Jada Piercy 10  
 4)Allison Piercy 11  
 6)Corinne Stave 10
- 7 Assumption, Davenport '1'  
 1)Alaina McConnell 11  
 3)Peyton Seberg 12  
 5)Annika Kotula 10  
 2)Olivia Lynch 12  
 4)Amil Combs 12  
 6)Morgan Jennings 11
- 8 Bondurant-Farrar '1'  
 1)Makenna West 10  
 3)Alexis Crook 12  
 5)Kendall Anderson 11  
 2)Rebekah Fuller 11  
 4)Ellie DeCosta 11  
 6)Ava Senarighi 09

Event 90 Girls 4x400 Meter Relay 3A (24)

Friday 5/21/2021 - 1:40 PM

State Record: 3:53.05 5/24/2014 MOC-FV, MOC-FV  
 R Muilenburg, D Heimensen, K Landhuis, A Conaway  
 All-Time: 3:48.39 5/23/2009 Sioux City, East, Sioux City, E  
 S Houlihan, R Mikulicz, E McCarthy, E Dougherty

School

Heat 1 Prelims

- 1 Marion '1'  
 1)Madison Prier 11  
 3)Regan Rice 10  
 5)Maggie McAllister 11  
 2)Lilly Rompot 10  
 4)Peyton Steffen 11  
 6)Natalie McAllister 09
- 2 Glenwood '1'

- |                                  |                          |
|----------------------------------|--------------------------|
| 1) Nora Dougherty 10             | 2) Jenna Hopp 10         |
| 3) Lauren Hughes 09              | 4) Abby Hughes 11        |
| 5) Lauren Roenfeldt 11           | 6) Neyla Nanfито 09      |
| 3 Dallas Center-Grimes '1'       |                          |
| 1) Grace Mikota 12               | 2) Meredith McDermott 10 |
| 3) Miranda Muhlstein 12          | 4) Vanessa Bickford 09   |
| 5) Skyler Blessman 11            | 6) Megan Sterbenz 12     |
| 4 Solon '1'                      |                          |
| 1) Kaia Holtkamp 11              | 2) Makinley Levin 11     |
| 3) Gracie Federspiel 09          | 4) Emma Bock 11          |
| 5) Ashley Stinocher 12           | 6) Callie Levin 09       |
| 5 Spirit Lake Park '1'           |                          |
| 1) Kacey Krieger 12              | 2) Mackenzie Kauffman 10 |
| 3) Lindsay Grau 11               | 4) Deanna Trucksess 12   |
| 5) Katelyn Krieger 10            | 6) Mya Miller 10         |
| 6 Independence '1'               |                          |
| 1) Alyssa Larson 11              | 2) Dakota Whitman 10     |
| 3) Bella Ressler 10              | 4) Marleigh Louvar 10    |
| 5) Melody Kremer 11              | 6) Sydney Schwartz 10    |
| 7 Sergeant Bluff-Luton '1'       |                          |
| 1) Taylor Prosser 09             | 2) Chloe Buss 10         |
| 3) Maddie Hinkel 11              | 4) Emma Salker 11        |
| 5) Isabelle Lenz 11              | 6) Payton Hardy 10       |
| 8 Gilbert '1'                    |                          |
| 1) Abigail Staudt 11             | 2) Nora Ryan 09          |
| 3) Julianne Lundvall 10          | 4) Katie O'Brien 09      |
| 5) Taylor Banning 09             | 6) Ava Hawthorne 11      |
| Heat 2 Prelims                   |                          |
| 1 Atlantic '1'                   |                          |
| 1) Ava Rush 10                   | 2) Chloe Mullenix 10     |
| 3) Taylor McCreedy 12            | 4) Haley Rasmussen 12    |
| 5) Kennedy Goergen 12            | 6) Claire Pellett 09     |
| 2 North Polk, Alleman '1'        |                          |
| 1) Megan Elliott 10              | 2) Alana Doonan 11       |
| 3) Liza Schaffer 10              | 4) Kylie Rasmussen 09    |
| 5) Ashley Owen 10                | 6) Lucy Schaffer 11      |
| 3 West Burlington/Notre Dame '1' |                          |
| 1) Jenna Bentz 11                | 2) Josie Bentz 11        |
| 3) Logan Kelley 09               | 4) Sydney Marlow 12      |
| 5) Riley Richards 11             | 6) McKenna Marlow 10     |
| 4 Bishop Heelan Catholic, SC '1' |                          |
| 1) Mia Conley 11                 | 2) Grace Mahaney 12      |
| 3) Kenley Meis 10                | 4) Brooklyn Stanley 09   |
| 5) Maddie Demke 09               | 6) Scarlett Walsh 09     |
| 5 Wahlert Catholic, Dubuque '1'  |                          |
| 1) Jamie Schmid 11               | 2) Mia Kunnert 11        |
| 3) Nicole Tranel 12              | 4) Alana Duggan 11       |
| 5) Rylee Steffen 09              | 6) Tessa Berning 11      |
| 6 Oskaloosa '1'                  |                          |
| 1) Macie Krier 11                | 2) Sage Adam 11          |
| 3) Jordan Czerwinski 11          | 4) Maleah Walker 10      |
| 5) Abygail Thompson 11           | 6) Hannah Quang 09       |
| 7 Mount Vernon '1'               |                          |
| 1) Lilly See 10                  | 2) Kate Dougherty 09     |
| 3) Laura Swart 10                | 4) Liz Dougherty 11      |
| 5) Jorie Randall 12              | 6) Hedy Zmolek 10        |
| 8 Pella '1'                      |                          |

- |                                |                         |
|--------------------------------|-------------------------|
| 1) Ashley Blommers 12          | 2) Mia Warner 10        |
| 3) Maddie Schmitz 10           | 4) Jacie Trine 09       |
| 5) Giovy Eekhoff 11            | 6) Macy Schroeder 09    |
| Heat 3 Prelims                 |                         |
| 1 Decorah '1'                  |                         |
| 1) Sami Mount 10               | 2) Brielle Buresh 11    |
| 3) Abby Halverson 11           | 4) Kallie Mincks 11     |
| 5) Ellie Luzum 11              | 6) Emma Nierengarten 12 |
| 2 Spencer '1'                  |                         |
| 1) Jerra Merchant 10           | 2) Lexi Johnson 11      |
| 3) Maddie Morony 11            | 4) Erika Amendt 10      |
| 5) Corinne Stave 10            | 6) Ivy Hamilton 10      |
| 3 Clear Creek-Amana '1'        |                         |
| 1) Kiera Rogers 09             | 2) Bliss Beck 09        |
| 3) Kayla Jiras 12              | 4) Sam Schrage 09       |
| 5) Bailey Olerich 11           | 6) Avery Allan 10       |
| 4 Harlan '1'                   |                         |
| 1) Kaia Bieker 11              | 2) Brecken Van Baale 12 |
| 3) Lilly Metzger 11            | 4) Liv Freund 12        |
| 5) Olivia Anderson 12          | 6) Ally Curren 11       |
| 5 Assumption, Davenport '1'    |                         |
| 1) Morgan Jennings 11          | 2) Olivia Lynch 12      |
| 3) Annika Kotula 10            | 4) Laney Fitzpatrick 12 |
| 5) Maggie Johnson 09           | 6) Ella O'Neill 11      |
| 6 Winterset '1'                |                         |
| 1) Lauren Carter 11            | 2) Avary Darling 10     |
| 3) Sami Craven 09              | 4) Darci Wiseman 11     |
| 5) Abby Benshoof 12            | 6) Summer Little 09     |
| 7 Epworth, Western Dubuque '1' |                         |
| 1) Jessica Veach 10            | 2) Meredith Bahl 11     |
| 3) Gabby Kaiser 10             | 4) Elly Burds 12        |
| 5) Natalie Ulrichs 11          | 6) Mallory Feldmann 10  |
| 8 Sioux Center '1'             |                         |
| 1) Jacie Vander Waal 12        | 2) Hope Arends 12       |
| 3) Cori Harald 09              | 4) Peytan Toering 11    |
| 5) Willow Bleeker 10           | 6) Tatum Schmalbeck 10  |

## Event 98 Girls 4x800 Meter Relay 3A (24)

=====  
 Thursday 5/20/2021 - 11:45 AM

State Record: 9:17.72 5/18/2010 Mount Vernon/Lisbon, Mount Vernon/Lisbon

All-Time: 9:09.09 2001 Iowa City West, Iowa City West

School  
 =====

## Section 1 Timed Finals

- |                             |                       |
|-----------------------------|-----------------------|
| 1 Pella '1'                 |                       |
| 1) Autumn Blink 09          | 2) Faith Diers 12     |
| 3) Macy Schroeder 09        | 4) Ashley Blommers 12 |
| 5) Abby Teagarden 09        | 6) Abbey Bogaards 10  |
| 2 Sergeant Bluff-Luton '1'  |                       |
| 1) Sophia Karras 10         | 2) Brynn Wolf 09      |
| 3) Ella Brester 11          | 4) Maddie Hinkel 11   |
| 5) Chloe Buss 10            | 6) Sabrina Hazuka 11  |
| 3 Assumption, Davenport '1' |                       |
| 1) Emerson Quick 09         | 2) Grace Turley 09    |
| 3) Skylar Hoffman 11        | 4) Ella O'Neill 11    |
| 5) Anna Schuster 10         | 6) Morgan Jennings 11 |

- 4 Atlantic '1'  
 1) Madison Botos 12  
 3) Kennedy Goergen 12  
 5) Taylor McCreedy 12
- 5 Sioux Center '1'  
 1) Blair Bandstra 09  
 3) Hope Arends 12  
 5) Peytan Toering 11
- 6 Benton Community '1'  
 1) Abby Rinderknecht 11  
 3) Hailee Ricklefs 12  
 5) Kennedy Donald 09
- 7 Newton '1'  
 1) Ashay Malow 12  
 3) Grace Benson 11  
 5) Desirae Gifford 09
- 8 Nevada '1'  
 1) Tori Meinecke 09  
 3) Allison Kruzich 10  
 5) Avery Hinson 10
- 9 Monticello '1'  
 1) Triniti Etzel 11  
 3) Kinzi Schlarmann 09  
 5) Taylor Gassman 09
- 10 Carlisle '1'  
 1) Tessa Erzen 10  
 3) Marie Daggett 09  
 5) Ella Anderson 12
- 11 Glenwood '1'  
 1) Rachel Mullennax 11  
 3) Danika Arnold 09  
 5) Karlee Raymond 12
- 12 Gilbert '1'  
 1) Clare Stahr 09  
 3) Abigail Staudt 11  
 5) Mary Thatcher 12
- Section 2 Timed Finals
- 1 Marion '1'  
 1) Peyton Steffen 11  
 3) Madison Prier 11  
 5) Rebeckah Regennitter 10
- 2 Ballard '1'  
 1) Caitlin Maher 12  
 3) Josie Fleischmann 12  
 5) Paityn Noe 10
- 3 Solon '1'  
 1) Kaia Holtkamp 11  
 3) Anna Quillin 09  
 5) Kiersten Conway 12
- 4 Wahlert Catholic, Dubuque '1'  
 1) Ellie Meyer 11  
 3) Alana Duggan 11  
 5) Josie Belken 10
- 5 Dallas Center-Grimes '1'  
 1) Grace Mikota 12  
 3) Miranda Muhlstein 12  
 5) Skyler Blessman 11
- 2) Claire Pellett 09  
 4) Ava Rush 10  
 6) Addie Dearment 11
- 2) Cori Harald 09  
 4) Tatum Schmalbeck 10  
 6) Megan Juffer 11
- 2) Jaden Thys 12  
 4) Jaida Lyons 09  
 6) Gwen King 10
- 2) Kate Muckler 10  
 4) Alyssa Shannon 11  
 6) Morgan Stalzer 11
- 2) Isabelle Nelson 09  
 4) Eleanor Elliott-Rude 12  
 6) Lilly Goos 10
- 2) Lydia Recker 11  
 4) Marisa Kehoe 09  
 6) Katie Roher 10
- 2) Cassandra Miller 10  
 4) Maya Bergstrom 09  
 6) Riley Sievers 10
- 2) Neyla Nanfито 09  
 4) Lauren Hughes 09  
 6) Emma Hughes 12
- 2) Kalista Leners 12  
 4) Abby McGuire 10  
 6) Sophie Vanderpool 11
- 2) Sydney Andresen 09  
 4) Maddy Fortmann 09  
 6) Hope Vanderlinden 10
- 2) Kate Huisinga 11  
 4) Shewaye Johnson 10  
 6) Avelyn Vance 09
- 2) Meghan O'Neill 11  
 4) Gracie Federspiel 09  
 6) Emma Bock 11
- 2) Jamie Schmid 11  
 4) Alixandra Oliver 12  
 6) Hayley Welbes 12
- 2) Hannah Little 11  
 4) Megan Sterbenz 12  
 6) Meredith McDermott 10

- 6 Winterset '1'  
 1) Lauren Carter 11 2) Avary Darling 10  
 3) Sami Craven 09 4) Darci Wiseman 11  
 5) Dyllan Kaufman 10 6) Morgan Sutton 09
- 7 Mount Vernon '1'  
 1) Jorie Randall 12 2) Peyton Simpson 09  
 3) Kameron Brand 10 4) Laura Swart 10  
 5) Emma Meester 10 6) Nadia Telecky 11
- 8 Epworth, Western Dubuque '1'  
 1) Lauren Klein 12 2) Alyssa Klein 09  
 3) Gabby Kaiser 10 4) Elly Burds 12  
 5) Lilly Boge 11 6) Kylie Nauman 10
- 9 ADM, Adel '1'  
 1) Julia Case 12 2) Hannah Welch 12  
 3) Jada Louvan 11 4) Geneva Timmerman 10  
 5) Holly Mattes 11 6) Madison Siefken 09
- 10 Harlan '1'  
 1) Brecken Van Baale 12 2) Liv Freund 12  
 3) Jenna Gessert 10 4) Olivia Anderson 12  
 5) Kaia Bieker 11 6) Abi Albertsen 12
- 11 Clear Creek-Amana '1'  
 1) Kiera Rogers 09 2) Haidyn Barker 10  
 3) Avery Allan 10 4) Sam Schrage 09  
 5) Alexis Ponce 12 6) Kaitlin Watson 10
- 12 Decorah '1'  
 1) Abby Halverson 11 2) Danielle Losen 09  
 3) Rebecca Anderson 10 4) Samantha See 12  
 5) Annika Franzen 11 6) Brynn Storhoff 09

Event 112 Girls 800 Sprint Medley 3A (24)

=====  
 Saturday 5/22/2021 - 9:10 AM

State Record: 1:46.46 5/21/2016 Wahlert, Dub, Wahlert, Dub  
 J Ganshirt, A Osterberger, L Sherman, K Fricano  
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar  
 A Rolle, O Hubler, J Bennett, P Wensel

School

=====  
 Section 1 Timed Finals

- 1 Humboldt '1'  
 1) Morgan Olson 11 2) Jori Hajek 12  
 3) Alexis Hansen 11 4) Paige DeWinter 11  
 5) Jennika Beach 10 6) Rylie Satern 11
- 2 Newton '1'  
 1) JaQuay Priest 10 2) Kynnedei Terpstra 12  
 3) Addisyn Terpstra 10 4) Chassidy Henwood 12  
 5) Kya Butler 11 6) Libby Shores 10
- 3 Waverly-Shell Rock '1'  
 1) Mattie Janssen 12 2) Lilly Betts 09  
 3) Keiri Holmquist 10 4) Leah Cherry 11  
 5) Isabel Thier 12 6) Marley Hagarty 12
- 4 Harlan '1'  
 1) Justine Buman 12 2) Delaney Wegner 11  
 3) Grace Eckermann 12 4) Kaia Bieker 11  
 5) Ellie Gross 11 6) Lilly Metzger 11
- 5 Dallas Center-Grimes '1'  
 1) Abby Osborn 10 2) Olivia Huston 10

- |                                  |                           |
|----------------------------------|---------------------------|
| 3) Elle Nelsen 11                | 4) Vanessa Bickford 09    |
| 5) Skyler Blessman 11            | 6) Hannah Rauschenberg 12 |
| 6 Solon '1'                      |                           |
| 1) Mia Stahle 09                 | 2) Addie McQuinn 11       |
| 3) Callie Levin 09               | 4) Emma Bock 11           |
| 5) Gracie Federspiel 09          | 6) Ellie Wolff 12         |
| 7 Glenwood '1'                   |                           |
| 1) Zoie Carda 09                 | 2) Lauren Roenfeldt 11    |
| 3) Danika Arnold 09              | 4) Nora Dougherty 10      |
| 5) Marissa Ausdemore 12          | 6) Jenna Hopp 10          |
| 8 ADM, Adel '1'                  |                           |
| 1) Lauren Case 10                | 2) Hallie Henfling 11     |
| 3) Ella Grossman 10              | 4) Alexa Seidl 10         |
| 5) Anna Friesth 11               | 6) Julia Case 12          |
| Section 2 Timed Finals           |                           |
| 1 North Polk, Alleman '1'        |                           |
| 1) Alexis Dorsett 11             | 2) Ashley Owen 10         |
| 3) Alana Doonan 11               | 4) Megan Elliott 10       |
| 5) Kylie Rasmussen 09            | 6) Mandy Faux 12          |
| 2 Decorah '1'                    |                           |
| 1) Brinley Krivachek 10          | 2) Brielle Buresh 11      |
| 3) Lani Hubka 10                 | 4) Sami Mount 10          |
| 5) Kailyn O'Gara 10              | 6) Grace Thompson 12      |
| 3 Oskaloosa '1'                  |                           |
| 1) Addison Beane 09              | 2) Faith DeRonde 11       |
| 3) Macie Krier 11                | 4) Jordan Czerwinski 11   |
| 5) Abygail Thompson 11           | 6) Maddy Moorman 10       |
| 4 Spencer '1'                    |                           |
| 1) Jaelyn Johnson 11             | 2) Jada Piercy 10         |
| 3) Allison Piercy 11             | 4) Erika Amendt 10        |
| 5) Lexi Johnson 11               | 6) Jerra Merchant 10      |
| 5 Maquoketa '1'                  |                           |
| 1) Kasy Williams 09              | 2) Hope Meyer 10          |
| 3) Adeline Bowman 12             | 4) Reese Kuhlman 09       |
| 5) Jordan Armbruster 10          | 6) Clare Hackman 10       |
| 6 MOC-Floyd Valley '1'           |                           |
| 1) Sera Burg 12                  | 2)Carolynn Meines 10      |
| 3) Payton Kleinhesselink 09      | 4) Tierney Huss 09        |
| 5) Akeyma Fedders 11             | 6) Brooklyn Leusink 11    |
| 7 Atlantic '1'                   |                           |
| 1) Caroline Pellett 12           | 2) Alyssa Derby 12        |
| 3) Chloe Mullenix 10             | 4) Haley Rasmussen 12     |
| 5) Madison Huddleson 10          | 6) Nicole Middents 09     |
| 8 Fairfield '1'                  |                           |
| 1) Coty Engle 10                 | 2) Danielle Breen 11      |
| 3) Kiya Robertson 10             | 4) Mallory Lyon 11        |
| 5) Maya Lane 09                  | 6) Kelsey Pacha 11        |
| Section 3 Timed Finals           |                           |
| 1 Spirit Lake Park '1'           |                           |
| 1) Mikayla Farmer 11             | 2) Lindsay Grau 11        |
| 3) Deanna Trucksess 12           | 4) Mackenzie Kauffman 10  |
| 5) Maci Higgins 11               | 6) Kacey Krieger 12       |
| 2 Pella '1'                      |                           |
| 1) Delanie Reynolds 10           | 2) Marissa Hackman 10     |
| 3) Calla Kerndt 11               | 4) Jacie Trine 09         |
| 5) Roselande Vanderhoff 12       | 6) Maddie Schmitz 10      |
| 3 West Burlington/Notre Dame '1' |                           |



- |                                 |                         |
|---------------------------------|-------------------------|
| 1) McKenna Marlow 10            | 2) Amelia Schwenker 11  |
| 3) Amiya Davis 10               | 4) Sydney Marlow 12     |
| 5) Jenna Bentz 11               | 6) Logan Kelley 09      |
| 4 Epworth, Western Dubuque '1'  |                         |
| 1) Ella Schindler 12            | 2) Sammy Recker 11      |
| 3) Brynn Walters 09             | 4) Audrey Biermann 11   |
| 5) Erica Erzen 10               | 6) Gabby Kaiser 10      |
| 5 Wahlert Catholic, Dubuque '1' |                         |
| 1) Ariana Yaklich 12            | 2) Meghan McDonald 10   |
| 3) Abigail Wallace 12           | 4) Rylee Steffen 09     |
| 5) Tessa Berning 11             | 6) Mia Kunnert 11       |
| 6 Assumption, Davenport '1'     |                         |
| 1) Amil Combs 12                | 2) Peyton Seberg 12     |
| 3) Olivia Lynch 12              | 4) Morgan Jennings 11   |
| 5) Annika Kotula 10             | 6) Laney Fitzpatrick 12 |
| 7 Mount Vernon '1'              |                         |
| 1) Elizabeth Quam 11            | 2) Lilly See 10         |
| 3) Liz Dougherty 11             | 4) Kate Dougherty 09    |
| 5) Natalie Welch 12             | 6) Isabel Hawker 10     |
| 8 Independence '1'              |                         |
| 1) Allison Kleeve 09            | 2) Dakota Whitman 10    |
| 3) Melody Kremer 11             | 4) Alyssa Larson 11     |
| 5) Jazlyn Smith 12              | 6) Marleigh Louvar 10   |

## Event 120 Girls High Jump 3A (24)

=====  
 Thursday 5/20/2021 - 11:30 AM

State Record: 5-09 5/22/2014 Alexis Conaway, MOC-FV

All-Time: 6-01 2010 Hannah Wilms, Dike-NH

Name Year School

=====

## Flight 1 Finals

- |                      |                     |
|----------------------|---------------------|
| 1 Emma Harwick       | 10 South Tama       |
| 2 Sadie Long         | 12 North Polk       |
| 3 Reagan Dahlquist   | 12 Waverly-SR       |
| 4 Mary Yanga         | 12 Storm Lake       |
| 5 Jasmine Namminga   | 10 Pella            |
| 6 Ella Bartels       | 11 Marion           |
| 7 Dionna VanGorkem   | 12 Algona           |
| 8 Addy Mosier        | 11 SB-Luton         |
| 9 Aija Jenkins       | 09 Fort Madison     |
| 10 Jacie Vander Waal | 12 Sioux Center     |
| 11 Emily Wingert     | 12 Boone            |
| 12 Avery Nelson      | 12 Bishop Heelan    |
| 13 Keely Collins     | 09 Charles City     |
| 14 Kayla Griffith    | 12 Vinton-Shellsbur |
| 15 Britni Blackburn  | 11 Boone            |
| 16 Coryl Matheny     | 11 Glenwood         |
| 17 Lauren Carter     | 11 Winterset        |
| 18 Peyton Seberg     | 12 Assumption       |
| 19 Soren Maricle     | 10 Central DeWitt   |
| 20 Thea Banning      | 11 Winterset        |
| 21 Ivy Dearstone     | 12 Wahlert          |
| 22 Miracle Ailes     | 12 Keokuk           |
| 23 Josie Bentz       | 11 WBND             |
| 24 Taylor Jochum     | 11 Bishop Heelan    |

## Event 128 Girls Long Jump 3A (24)

Friday 5/21/2021 - 11:30 AM

State Record: 18-08.50 5/17/2019 Aliyah Carter, Wahlert, Dub

All-Time: 19-10.25 2014 Lexus Lovan, Urbandale

Name Year School

## Flight 1 Finals

1	Eleanor Elliott-Rude	12	Nevada
2	Erin Bathie	12	Gilbert
3	Karsyn Lamm	12	Mount Pleasant
4	Makayla Crannell	09	ADM
5	Danielle Breen	11	Fairfield
6	Ava Maloney	09	CP-Urbana
7	Sophie Hefel	12	Wahlert
8	Addy Mosier	11	SB-Luton
9	Josey Dunbar	10	Clarke
10	Riley Kious	11	Winterset
11	Lydia Staudt	11	Charles City
12	Lilly McNaughton	11	LeMars

## Flight 2 Finals

1	Kelsey Pacha	11	Fairfield
2	Isabelle Noring	10	Carlisle
3	Ashley Hall	12	Harlan
4	Rebekah Fuller	11	Bondurant-Farrar
5	Kenley Meis	10	Bishop Heelan
6	Morgan Machovec	12	Central DeWitt
7	Miracle Ailes	12	Keokuk
8	Makinley Levin	11	Solon
9	Shay Sinnard	10	Carroll
10	Olivia Tollari	11	ADM
11	Maleah Walker	10	Oskaloosa
12	Tessa Berning	11	Wahlert

## Event 136 Girls Discus Throw 3A (24)

Thursday 5/20/2021 - 9:00 AM

State Record: 154-07 5/17/2012 Katelyn Weimerskirch, Wahlert, Dub

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

## Flight 1 Finals

1	Deni McDaniel	12	Humboldt
2	Vanessa Vande Vegte	10	MOC-Floyd Valley
3	Makenna Walhof	10	Sioux Center
4	Lauren Andersen	12	Harlan
5	Erin Ades	09	Boone
6	Fran Travis	09	Spirit Lake Park
7	Ciara Heffron	09	Knoxville
8	Tessa Smith	12	SB-Luton
9	Julia Alberts	10	Decorah
10	Claire Neighbor	12	CP-Urbana
11	Talbot Kinney	12	Central DeWitt
12	Maisey Belger	11	WBND

## Flight 2 Finals

1	Carly Stevenson	12	Charles City
2	Brooke Goshorn	12	Harlan

3	Brylee Bruce	10	Vinton-Shellsbur
4	Grace Kelley	12	Mount Pleasant
5	Kelsey Fields	12	Creston
6	Kileigh Lachacz	10	DC-Grimes
7	Ava Conrad	12	Solon
8	Katelyn Lappe	11	Bondurant-Farrar
9	Anna Wohlers	12	Assumption
10	Kendal Clark	12	Humboldt
11	Faith DeRonde	11	Oskaloosa
12	Sophia Dykstra	12	Oskaloosa

## Event 144 Girls Shot Put 3A (24)

Friday 5/21/2021 - 9:00 AM

State Record: 45-05 5/18/2007 Brooke Gritters, Pella  
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL  
 Name Year School

## Flight 1 Finals

1	Rylee Coyle	09	Humboldt
2	Brynlee Arnold	11	Glenwood
3	Sydney McCarron	12	Keokuk
4	Briona Charipar	12	Xavier
5	Vanessa Vande Vegte	10	MOC-Floyd Valley
6	Shaelyn Hansen	12	CP-Urbana
7	Ashlyn Finarty	10	Knoxville
8	Ava Conrad	12	Solon
9	Kirsten Kilker	11	ADM
10	Abby Bartz	11	Vinton-Shellsbur
11	Jaclyn Wooldridge	11	CP-Urbana
12	Carolyn Miller	10	Bondurant-Farrar

## Flight 2 Finals

1	Hannah Kling	10	Grinnell
2	Anna Wohlers	12	Assumption
3	Olivia Huckfelt	09	Spencer
4	Jori Harskamp	11	Sioux Center
5	Kileigh Lachacz	10	DC-Grimes
6	Chloe Reiser	10	Decorah
7	Sophia Dykstra	12	Oskaloosa
8	Katelyn Lappe	11	Bondurant-Farrar
9	Kelsey Fields	12	Creston
10	Faith DeRonde	11	Oskaloosa
11	Kendal Clark	12	Humboldt
12	Jadan Brumbaugh	11	Mount Pleasant

## Event 150 Girls Distance Medley 3A (24)

Friday 5/21/2021 - 9:20 AM

State Record: 4:03.14 5/19/2006 Fairfield, Fairfield  
 A Bowers, A Bandy, A Kuiken, J Kuiken  
 All-Time: 3:55.82 2017 Assumption, Assumption  
 School

## Section 1 Timed Finals

1	Pella '1'		
	1) Calla Kerndt 11	2) Marissa Hackman 10	
	3) Mia Warner 10	4) Maddie Schmitz 10	

- |                                  |                          |
|----------------------------------|--------------------------|
| 5) Jacie Trine 09                | 6) Abby Cutler 12        |
| 2 Ballard '1'                    |                          |
| 1) Molly Ihle 12                 | 2) Katie Tollefson 09    |
| 3) Natalie Maher 12              | 4) Caitlin Maher 12      |
| 5) Mya Ehresman 11               | 6) Shewaye Johnson 10    |
| 3 Boone '1'                      |                          |
| 1) Britni Blackburn 11           | 2) Emily Wingert 12      |
| 3) Natalee Danner 10             | 4) Liz Purtle 12         |
| 5) Morgan Lyons 11               | 6) Emma Dighton 12       |
| 4 Clear Creek-Amana '1'          |                          |
| 1) Silvana Kabolo 10             | 2) Bailey Olerich 11     |
| 3) Kiera Rogers 09               | 4) Haidyn Barker 10      |
| 5) Kayla Jiras 12                | 6) Sam Schrage 09        |
| 5 West Burlington/Notre Dame '1' |                          |
| 1) Riley Richards 11             | 2) Kerrigan Belger 12    |
| 3) Jenna Bentz 11                | 4) Hadley Augustine 09   |
| 5) Logan Kelley 09               | 6) Josie Bentz 11        |
| 6 Oskaloosa '1'                  |                          |
| 1) Macie Krier 11                | 2) Faith DeRonde 11      |
| 3) Jordan Czerwinski 11          | 4) Sage Adam 11          |
| 5) Abygail Thompson 11           | 6) Addison Carter 11     |
| 7 Spirit Lake Park '1'           |                          |
| 1) Carlie Jo Ahrenstorff 11      | 2) Emma Henrickson 10    |
| 3) Kacey Krieger 12              | 4) Katelyn Krieger 10    |
| 5) Jenny Dykema 12               | 6) Mackenzie Kauffman 10 |
| 8 Nevada '1'                     |                          |
| 1) Lilly Goos 10                 | 2) Shelbi Hazlitt 11     |
| 3) Hannah Thomsen 12             | 4) Tori Meinecke 09      |
| 5) Emma Strottman 09             | 6) Sydney Mosinski 12    |
| Section 2 Timed Finals           |                          |
| 1 Sergeant Bluff-Luton '1'       |                          |
| 1) Taylor Prosser 09             | 2) Payton Hardy 10       |
| 3) Emma Salker 11                | 4) Maddie Hinkel 11      |
| 5) Sophia Karras 10              | 6) Isabelle Lenz 11      |
| 2 Xavier, Cedar Rapids '1'       |                          |
| 1) Kate Weiss 10                 | 2) Jordan Jansen 11      |
| 3) Emma Arnold 10                | 4) Lizzy Schmitt 12      |
| 5) Elena Schmit 09               | 6) Annabelle Neal 09     |
| 3 Mount Vernon '1'               |                          |
| 1) Natalie Welch 12              | 2) Liz Dougherty 11      |
| 3) Jorie Randall 12              | 4) Laura Swart 10        |
| 5) Kate Dougherty 09             | 6) Elizabeth Quam 11     |
| 4 Marion '1'                     |                          |
| 1) Sydney Burlage 11             | 2) Peyton Johnson 10     |
| 3) Peyton Steffen 11             | 4) Madison Prier 11      |
| 5) Maggie McAllister 11          | 6) Lilly Rompot 10       |
| 5 North Polk, Alleman '1'        |                          |
| 1) Megan Elliott 10              | 2) Lola Austin 09        |
| 3) Lucy Schaffer 11              | 4) Liza Schaffer 10      |
| 5) Alexis Dorsett 11             | 6) Alana Doonan 11       |
| 6 Assumption, Davenport '1'      |                          |
| 1) Amil Combs 12                 | 2) Maggie Johnson 09     |
| 3) Annika Kotula 10              | 4) Morgan Jennings 11    |
| 5) Adrienne Theisen 11           | 6) Bella Motley 11       |
| 7 Center Point-Urbana '1'        |                          |
| 1) Ava Maloney 09                | 2) Ali Zittergruen 11    |
| 3) Laine Hadsall 10              | 4) Kora Katcher 11       |

- 5) Kay Fett 11  
 8 MOC-Floyd Valley '1'  
 1) Lily Huizenga 09  
 3) Akeyma Fedders 11  
 5) Emma Haley 12
- Section 3 Timed Finals
- 1 Harlan '1'  
 1) Delaney Wegner 11  
 3) Brecken Van Baale 12  
 5) Liv Freund 12
- 2 Dallas Center-Grimes '1'  
 1) Elle Nelsen 11  
 3) Skyler Blessman 11  
 5) Vanessa Bickford 09
- 3 Waverly-Shell Rock '1'  
 1) Mattie Janssen 12  
 3) Leah Cherry 11  
 5) Lilly Betts 09
- 4 Solon '1'  
 1) Makinley Levin 11  
 3) Gracie Federspiel 09  
 5) Kaia Holtkamp 11
- 5 Carlisle '1'  
 1) Cece Fett 10  
 3) Ashliah Hyde 12  
 5) Lexxi Link 12
- 6 Charles City '1'  
 1) Adison Olson 12  
 3) Lydia Staudt 11  
 5) Madi Lensing 09
- 7 Glenwood '1'  
 1) Coryl Matheny 11  
 3) Abby Hughes 11  
 5) Lauren Hughes 09
- 8 Wahlert Catholic, Dubuque '1'  
 1) Nicole Tranel 12  
 3) Mia Kunnert 11  
 5) Jamie Schmid 11
- 6) Kylie Lewis 09  
 2) Claire Yaw 11  
 4) Emily Haverdink 11  
 6) Sera Burg 12
- 2) Ashley Hall 12  
 4) Kaia Bieker 11  
 6) Lauren McLaughlin 10
- 2) Grace Mikota 12  
 4) Megan Sterbenz 12  
 6) Miranda Muhlstein 12
- 2) Keiri Holmquist 10  
 4) Emma Hoins 12  
 6) Marley Hagarty 12
- 2) Sophia Stahle 10  
 4) Emma Bock 11  
 6) Mia Duckett 09
- 2) Isabelle Noring 10  
 4) Ainsley Erzen 11  
 6) Maya Bergstrom 09
- 2) Rachel Chambers 11  
 4) Kiki Connell 12  
 6) Lauren Staudt 09
- 2) Jenna Hopp 10  
 4) Emma Hughes 12  
 6) Nora Dougherty 10
- 2) Tessa Berning 11  
 4) Alana Duggan 11  
 6) Alixandra Oliver 12