

This is the second report of Thursday's opening session of the Iowa High School Track & Field Championships from Drake Stadium.

Weather: Afternoon session started at 4:30 p.m. with temperature reaching a high of 72 degrees with intermediate rain, under partly cloudy skies and winds from south at 14mph forcing a strong headwind to run into at the finish line.

For live results <https://results.wayzatatiming.com/meets/9825>

See attachment for complete results

Team Scoring is Completed for Thursday in Classes 1A & 4A

Girls Class 1A Scoring-Thru 5 Events

1. Algona Bishop Garrigan 20
2. Danville & West Bend-Mallard 12
4. Fort Dodge St. Edmond & Tri-Center Neola 10
6. Nashua-Plainfield; South O'Brien, Paullina; Earlham; & Springville 8
10. AGWSR, Ackley; CAM, Anita; Gladbrook-Reinbeck; Mount Ayr; & Kee, Lansing 6

Girls Class 4A Scoring-Thru 5 Events

1. Waukee 21
2. Cedar Rapids Prairie & Ames 13
4. Sioux City East 12
5. Dubuque Hempstead, Ankeny & Johnston 11
8. Iowa City Liberty; Cedar Falls; Norwalk and Southeast Polk 10

GIRLS NOTES

REPEATING

- Rachel Fehr of West Bend-Mallard won the Class 1A 400 for the second straight time.
- Layanna Green of Waukee won the Class 4A high jump for the second straight time.

FINISHING FAST

A fast finish brought Peyton Pogge a second state championship. Pogge, a senior from Tri-Center, outran Danville's Addison Parrott in a sprint down the straightaway to win the Class 1A 3000. Pogge ran 10:32.91 to add the track title to the cross country championship she won two years ago. Parrott, the 2A cross country runner-up last fall, finished in 10:33.21. Lansing Kee's Haley Meyer, the reigning 1A cross country champ, was third in 10:39.

WHAT AN ANSWER

Ankeny's Lauren McMahon looked to be headed to a runner-up finish against Iowa City Liberty's Ashlyn Keeney in the Class 4A 3000. And then she made her move. McMahon sprinted past Keeney in the final 50 meters to win the the race with an impressive closing kick. Keeney had passed McMahon on the final lap but could not answer when McMahon found an extra gear. McMahon, the Drake Relays runner-up, finished in 9:57.17 to give Ankeny its first state championship in the event. Keeney, the state champion in 2019, was timed in 9:58.51.

MORE THAN JUST A HOOPSTER

Bishop Garrigan's Audi Crooks is one of the state's most highly regarded basketball players. She's also pretty good in the shot put ring. Crooks, a sophomore, threw 41-9 3/4 to win the Class 1A championship. She was the 1A leader coming in and remains at the front of the pack. In basketball, Crooks has helped Bishop Garrigan finish second in the last two state tournaments and is being recruited by numerous Division I schools across the country.

Another standout on those Garrigan basketball teams, sophomore Molly Joyce, won the long jump with a mark of 17-5.

HUSTLIN' HOLLY

It was just a preliminary race, but Sioux City West's Holly Duax was at her best anyway. Duax won her heat in a career best 24.43 seconds, which puts at No. 10 on the state's all-time list, just head of Hall of Famer Cristy Dickerson of Indianola. Her previous best was 24.64, which was tied for 21st on the all-time list. Duax also ran the fastest qualifying time in the 100, winning her heat in 12.01, which falls just outside the top 25 on the state's all-time list.

WELCOME BACK, GAELS

A Fort Dodge St. Edmond relay team is back in the winner's circle for the first time since 2000. The Gaels got a solid anchor from Aubrey Bemrich and won handily in 9:56.70. Earlham was second in 10:01.52. It's the third state relay title for St. Edmond and the first since the Gaels won the second of two straight sprint medley crowns in 2000.

THOSE RUNNIN' RAMS

Southeast Polk has won the last two Drake Relays championships in the 4x800 and holds the Relays record in the event. But until today, the Rams had never won the event at state. Sophomore Jenna Francois bolted into the lead on the anchor lead, stayed in front over her two laps and brought the Rams home in 9:21.62. Francois ran her leg in 2:19.18 to hold off fast-closing Mallory Drake of Waukee. Drake ran 2:18.44 as Waukee finished in 9:22.27 for second.

RUNNING LIKE MAD(DRID)

Madrid is one of the favorites for the Class 1A team championship and the Tigers' sprinters are one of the main reasons. Ella Santi and Jillian Dodds of Madrid went 1-2 in the qualifying for Saturday's finals in the 100. Two other Madrid runners, Lily Ostert and Erin Schieltz, made the finals in the 200, assuring the Tigers of points in that race.

STRIKING FEHR IN HER OPPONENTS

West Bend-Ballard has two state championships in running events and Rachel Fehr has both. Fehr won the Class 1A 400 for the second straight time, bolting to the lead out of the blocks and finishing in 58.12, the fastest time in her class this year. Springville's Nia Howard, a sophomore, was second in 59.94.

FARRELL WITH A FIRST FOR NORWALK

Sophomore Claire Farrell became Norwalk's first state champion in a running event, racing to the lead early and holding on to win the Class 4A 400. Farrell fended off strong challenges from Gabby Cortez of Cedar Rapids Prairie and Cameron Moon of Ames to win in 56.48, the best time in 4A this year. Cortez, who came in as the 4A leader, finished in 56.74 and Moon was third in 57.44. Farrell also made the finals in the 100 and 200. Those championships will be decided Saturday.