

## Iowa Girls &amp; Boys State Track Meet 2022 - 5/19/2022 to 5/21/2022

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 1 Girls 100 Meter Dash 1A (24) Prelims

Thursday 5/19/2022 - 12:50 PM

	Name	Year	School	Seed	Time
1	Lilly Ostert	11	Madrid	12.49	1
2	Veronica Andrusyshyn	11	Riverside, Oak	12.56	1
3	Ella Santi	11	Madrid	12.64	2
4	Willa Sickelka	12	South O'Brien	12.70	1
5	Sarah Burton	10	Highland	12.86	1
6	Alexis Houge	12	Collins-Maxwell	12.87	3
7	Carly McKeever	11	St. Albert, CB	13.03	2
8	Claire Schroeder	10	St. Mary's, R	13.04	2
9	Gralynn Martin	10	Alburnett	13.04	2
10	Myla Murphy	11	Graet-T/Ruth-Ayr	13.04	1
11	Mackenzie McFarland	11	Highland	13.06	3
12	Jalyssa Blazek	12	Turkey Val, JJ	13.17	1
13	Alaina Bakewell	11	Kee, Lansing	13.19	2
14	Jaylin May	09	Wapsie Val, F	13.19	3
15	Reese Brown	12	Wayne, Corydon	13.20	1
16	Emily Mutombo	11	HM-Sanborn	13.22	3
17	Ella Aulwes	12	Edgewd-Colesburg	13.26	4
18	Emma Cooper	10	Southwest Valley	13.26	3
19	Savannah Caves	10	Alburnett	13.30	4
20	Brooklynn Ecklin	12	Lenox	13.32	4
21	Kennady Breitfelder	11	Springville	13.33	5
22	Makenzie Foelske	12	Nashua-Plainfld	13.37	1
23	Lindsay Massner	12	Wapello	13.37	1
24	Vanessa Koehler	11	Glidden-Ralston	13.53	1

## Event 9 Girls 200 Meter Dash 1A (24) Prelims

Thursday 5/19/2022 - 10:40 AM

	Name	Year	School	Seed	Time
1	Jillian Dodds	12	Madrid	25.83	1
2	Adalyn Reynolds	12	Mount Ayr	26.42	1
3	Myla Murphy	11	Graet-T/Ruth-Ayr	26.65	1
4	Lydia Erickson	10	Riverside, Oak	26.66	1
5	Willa Sickelka	12	South O'Brien	26.70	1
6	Reese Brown	12	Wayne, Corydon	26.95	2
7	Lindsay Massner	12	Wapello	27.04	1
8	Addy Happel	10	Lisbon	27.08	1
9	Makenzie Foelske	12	Nashua-Plainfld	27.10	1
10	Olivia Bohlen	12	Belle Plaine	27.11	2
11	Lauryn Saathoff	11	Akron-Westfield	27.27	2
12	Sydney King	09	Ogden	27.29	2
13	Hannah Asche	11	Central, Elkader	27.32	1
14	Ella Aulwes	12	Edgewd-Colesburg	27.32	2
15	Abbie Capesius	10	Bishop Garrigan	27.43	2
16	Leksi Gannon	10	Murray	27.44	3
17	Gralynn Martin	10	Alburnett	27.58	2
18	Rylee Shield	09	Lone Tree	27.69	3
19	Sadie Cox	09	Lenox	27.71	2
20	Vanessa Koehler	11	Glidden-Ralston	27.71	1

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## Event 9 ... (Girls 200 Meter Dash 1A (24) Prelims)

	Name	Year	School	Seed Time	
21	Carly Stanerson	12	English Valleys	27.73	2
22	Jenna Wheatley	12	CAM, Anita	27.78	2
23	Kennady Breitfelder	11	Springville	27.80	4
24	Cora Shull	12	Westwood, Sloan	27.80	3

## Event 17 Girls 400 Meter Dash 1A (24)

Thursday 5/19/2022 - 1:20 PM

	Name	Year	School	Seed Time	
1	Kadence Huck	09	Nashua-Plainfld	57.78	1
2	Alexis Houge	12	Collins-Maxwell	59.47	1
3	Adalyn Reynolds	12	Mount Ayr	59.75	1
4	Haley Meyer	12	Kee, Lansing	1:00.44	1
5	Maddax DeVault	12	Nodaway Vall	1:00.87	2
6	Kendra Nissen	11	Don Bosco	1:00.89	2
7	Amaya Hunt	12	Maquoketa Valley	1:00.91	2
8	Jasmine Lux	12	HM-Sanborn	1:00.93	1
9	Cora Shull	12	Westwood, Sloan	1:01.01	2
10	Myla Murphy	11	Graet-T/Ruth-Ayr	1:01.04	1
11	Anna Bartels	10	Midland, Wyoming	1:01.49	1
12	Brynn Smith	11	AGWSR	1:01.62	3
13	Whitney Jensen	10	St. Mary's, R	1:01.95	3
14	Sarah Eubanks	12	Pekin	1:01.96	1
15	Courtney Sporrer	12	Logan-Magnolia	1:01.97	1
16	Sadie Cox	09	Lenox	1:02.14	1
17	Teagan Ewalt	11	Fremont-Mills	1:02.23	2
18	Kiya Johnson	11	North Butler	1:02.43	2
19	Nia Howard	11	Springville	1:02.53	2
20	Rylee Shield	09	Lone Tree	1:02.69	3
21	Allison Kettmann	12	Marquette Cath	1:02.75	4
22	Cailyn Hardy	11	Clarksville	1:03.06	4
23	Jocelyn Marquis	11	Wayne, Corydon	1:03.26	2
24	Nicole Sherer	11	Woodbine	1:03.26	2

## Event 25 Girls 800 Meter Run 1A (24)

Saturday 5/21/2022 - 10:30 AM

	Name	Year	School	Seed Time	
1	Jalyssa Blazek	12	Turkey Val, JJ	2:21.52	1
2	Maddy Childs	11	Grand View Christ	2:21.89	1
3	Haley Meyer	12	Kee, Lansing	2:22.83	2
4	Eryn Sabelka	12	S Winn, Calmar	2:26.64	3
5	Addison Grady	12	Hudson	2:27.65	1
6	Hannah Thygesen	12	Audubon	2:28.78	1
7	Jules Breakenridge	12	N Tama, Traer	2:29.43	2
8	Karis Lippert	10	AGWSR	2:29.83	3
9	Caroline Shelly	12	St. Edmond, FD	2:30.52	2
10	Nora Peterson	09	Alta/Aurelia	2:31.12	2
11	Noelle Steines	09	C-Wheatland	2:31.13	1
12	Courtney Sporrer	12	Logan-Magnolia	2:31.51	3
13	Nicole Sherer	11	Woodbine	2:31.65	4
14	Campbell German	10	Martndsl-StMarys	2:32.10	3

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## Event 25 ... (Girls 800 Meter Run 1A (24))

	Name	Year	School	Seed Time	
15	Jolee Mesz	11	Lawton-Bronson	2:32.71	1
16	Leah Bontrager	12	Hillcrest	2:32.98	1
17	Kayden Spencer	11	Ogden	2:32.99	4
18	Rylee Dunkin	11	Twin Cedars	2:33.08	1
19	Delaney Scherf	11	Central, Elkader	2:33.36	4
20	Kyla Corrin	12	Tri-Center	2:34.08	1
21	Emily Hemphill	10	Wapello	2:34.54	2
22	Natalie Bork	10	Saint Ansgar	2:35.34	1
23	Vivian Zaruba	09	Lone Tree	2:35.89	2
24	Brielle Engelmann	11	Alta/Aurelia	2:35.93	5

## Event 33 Girls 1500 Meter Run 1A (24)

Saturday 5/21/2022 - 2:45 PM

	Name	Year	School	Seed Time	
1	Jalyssa Blazek	12	Turkey Val, JJ	4:54.51	1
2	Noelle Steines	09	C-Wheatland	4:58.61	1
3	Haley Meyer	12	Kee, Lansing	5:03.16	2
4	Addison Grady	12	Hudson	5:03.60	1
5	Lourdes Mason	11	Lisbon	5:04.59	2
6	Meghan Wheatley	10	North Linn	5:07.68	3
7	Maddy Childs	11	Grand View Christ	5:08.17	1
8	Nora Peterson	09	Alta/Aurelia	5:11.75	1
9	Stefi Beisswenger	09	Audubon	5:12.05	2
10	Lauren Derscheid	12	Pekin	5:13.16	1
11	Elie Tuhn	12	Baxter	5:13.67	2
12	Courtney Sporrer	12	Logan-Magnolia	5:16.12	3
13	Adyson Lapel	09	Woodbine	5:18.02	4
14	Billie Wagner	11	S Winn, Calmar	5:18.32	4
15	Kayden Spencer	11	Ogden	5:18.63	3
16	Hunter Jones	11	North Cedar	5:18.76	3
17	Olivia Spurling	10	Earlham	5:18.79	4
18	Madison Sporrer	09	Logan-Magnolia	5:19.87	5
19	Grace Lidgett	11	N Tama, Traer	5:19.88	2
20	Rylee Dunkin	11	Twin Cedars	5:20.14	1
21	Addison Murdock	10	Woodbine	5:22.33	6
22	Jacey Welbig	09	North Union	5:28.62	1
23	Reese Duncan	11	St. Albert, CB	5:38.67	1
24	Takara Conley	11	South O'Brien	5:39.20	1

## Event 41 Girls 3000 Meter Run 1A (24)

Thursday 5/19/2022 - 9:40 AM

	Name	Year	School	Seed Time	
1	Noelle Steines	09	C-Wheatland	11:05.07	1
2	Maddy Childs	11	Grand View Christ	11:05.43	1
3	Lourdes Mason	11	Lisbon	11:13.02	2
4	Nora Peterson	09	Alta/Aurelia	11:18.84	1
5	Addison Grady	12	Hudson	11:27.35	1
6	Stefi Beisswenger	09	Audubon	11:36.70	2
7	Olivia Spurling	10	Earlham	11:41.20	2
8	Billie Wagner	11	S Winn, Calmar	11:44.29	1

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## Event 41 ... (Girls 3000 Meter Run 1A (24))

Name	Year	School	Seed Time	
9	Kayden Spencer	11 Ogden	11:47.68	3
10	Hunter Jones	11 North Cedar	11:47.69	3
11	Holly Beauchamp	12 Marquette Cath	11:51.43	4
12	Madison Sporrer	09 Logan-Magnolia	11:56.75	3
13	Addison Murdock	10 Woodbine	11:58.53	4
14	Lauren Steigleder	10 Pekin	12:00.23	1
15	Grace Lidgett	11 N Tama, Traer	12:04.10	2
16	Ashley Flansburg	11 Central City	12:05.08	2
17	Abby Kemp	09 BCLUW	12:09.64	3
18	Emily Albertsen	09 IKM-Manning	12:13.67	5
19	Mya Moss	11 Logan-Magnolia	12:15.47	6
20	Elie Tuhn	12 Baxter	12:21.70	4
21	Reese Duncan	11 St. Albert, CB	12:21.78	1
22	Madison Otto	12 HM-Sanborn	12:27.94	1
23	Megan Ocel	10 Nwood-Kensett	12:42.22	1
24	Greenlee Smock	11 Lynnville-Sully	12:56.47	1

## Event 49 Girls 100 Meter Hurdles 1A (24) Prelims

Friday 5/20/2022 - 10:00 AM

Name	Year	School	Seed Time	
1	Maddax DeVault	12 Nodaway Vall	15.06	1
2	Veronica Andrusyshyn	11 Riverside, Oak	15.43	1
3	JayLyn Moore	12 Clayton Ridge	15.82	1
4	Claire Schroeder	10 St. Mary's, R	15.83	1
5	Olivia Bohlen	12 Belle Plaine	15.93	1
6	Emily Williams	11 East Mills	15.95	2
7	Molly Joyce	11 Bishop Garrigan	15.98	1
8	Madison Fry	11 Nodaway Vall	16.14	2
9	Ella Stene	11 Lake Mills	16.20	2
10	Lindsey Moore	10 Nwood-Kensett	16.27	3
11	Aleah Utterback	11 Madrid	16.29	3
12	Vanessa Koehler	11 Glidden-Ralston	16.47	1
13	Taydem Graden	09 Ogden	16.53	4
14	Lauren Donlea	12 E Buchanan	16.61	2
15	Keetyn Townsley	11 Winfield-Mt. U	16.73	1
16	Maggie Ragaller	11 Ar-We-Va	16.75	2
17	Katelynn Jepsen	12 Lawton-Bronson	16.78	2
18	Sophie Puls	12 B-G-M, Brook	16.80	2
19	Lauren Williams	12 St. Albert, CB	16.89	3
20	Caitlin Benesh	11 North Linn	16.90	3
21	Allison Watts	10 Alta/Aurelia	16.93	3
22	Sophie Ruden	11 Gehlen Cath, L	16.98	3
23	Aleah Johnson	12 Easton Valley	17.21	1
24	Morgan Knutson	12 Wayne, Corydon	17.37	1

## Event 57 Girls 400 Meter Hurdles 1A (24)

Friday 5/20/2022 - 11:40 AM

Name	Year	School	Seed Time	
1	Kiya Johnson	11 North Butler	1:05.07	1
2	Serah Shafer	12 Wapello	1:06.74	1

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## Event 57 ... (Girls 400 Meter Hurdles 1A (24))

Name	Year	School	Seed	Time
3	Aleah Utterback	11	Madrid	1:06.81 1
4	Maddax DeVault	12	Nodaway Vall	1:06.97 2
5	Sophie Ruden	11	Gehlen Cath, L	1:07.10 1
6	Brynnly German	10	Martndsl-StMarys	1:07.20 3
7	Taja Conley	11	South O'Brien	1:08.29 2
8	Allison Kettmann	12	Marquette Cath	1:08.71 1
9	Danika Demers	12	St. Mary's, SL	1:08.86 1
10	Kenna Paxson	12	BCLUW	1:08.86 1
11	Lindsey Moore	10	Nwood-Kensett	1:08.87 2
12	Carly Hengesteg	12	Nwood-Kensett	1:08.95 3
13	Lauren Williams	12	St. Albert, CB	1:09.24 1
14	Lauren Malone	10	Boyer Valley	1:09.44 2
15	JayLyn Moore	12	Clayton Ridge	1:09.64 1
16	Cortney Knutson	10	Wayne, Corydon	1:10.02 1
17	Leah Weaver	09	West Fork	1:10.09 4
18	Emma Erickson	11	Newell-Fonda	1:11.02 3
19	Nia Howard	11	Springville	1:11.48 2
20	Kaeley Axmear	12	English Valleys	1:11.50 2
21	Maggie Ragaller	11	Ar-We-Va	1:11.52 4
22	Hannah Wilson	09	Fremont-Mills	1:11.76 2
23	Reagan Clarahan	09	Sigourney	1:11.87 3
24	Reagan Murphy	10	Bishop Garrigan	1:11.96 5

## Event 66 Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims

Thursday 5/19/2022 - 9:00 AM

Team	Relay	Seed	Time
1	Nodaway Vall 1) Madison Fry 11 5) Bailey Carstens 09	1 2) Olivia Laughery 09 6) Emma Lundy 10	1:08.20 1 3) Annika Nelson 10 4) Maddax DeVault 12
2	Bishop Garrigan 1) Reagan Murphy 10	1 2) Zoe Montag 09	1:08.39 1 3) Emma Grandgenett 12 4) Molly Joyce 11
3	St. Mary's, R 1) Halle Galles 10 5) Carmindee Ricke 10	1 2) Mya Bunkers 10 6) Gracyn Schroeder 11	1:08.79 1 3) Whitney Jensen 10 4) Claire Schroeder 10
4	Belle Plaine 1) Jacey Reineke 10 5) Ella Grieder 10	1 2) Alyssa Steinback 10 6) Mandy Chizek 11	1:09.83 1 3) Jacy Gates 12 4) Olivia Bohlen 12
5	Saint Ansgar 1) Sarah Wagner 11 5) Mariah Michels 09	1 2) Kennedy Schwiesow 12 6) Kenzie Peterson 09	1:09.93 2 3) Brianna Minnis 12 4) Aspen Falk 10
6	Logan-Magnolia 1) Kiera Hochstein 10 5) Marki Helgenberger 10	1 2) Addyson Monico 10 6) Kaiya Knauss 09	1:09.93 1 3) Samantha Yoder 12 4) Abby Czarnicki 11
7	Wayne, Corydon 1) Morgan Knutson 12 5) Ava Whitney 09	1 2) Morgan Goretska 11	1:10.26 1 3) Cortney Knutson 10 4) Jocelyn Marquis 11
8	Clayton Ridge 1) Mara Pierce 12 5) Haley Rork 11	1 2) Morgan Pierce 10 6) Allissa Mueller 09	1:10.40 1 3) Audrey Ostrander 09 4) JayLyn Moore 12

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**Event 66 ... (Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims)**

	Team	Relay	Seed Time	
9	Fremont-Mills	1	1:10.78	1
	1) Bella Gute 09	2) Hannah Wilson 09	3) McKenna Woods 11	4) Emily Madison 10
	5) Ryleigh Ewalt 09	6) Carlie Chambers 09		
10	Nwood-Kensett	1	1:11.01	3
	1) Carly Hengesteg 12	2) Chloe Costello 10	3) Morgan Wallin 10	4) Lindsey Moore 10
	5) Addy Bachtle 12	6) Macy Thorson 09		
11	Alburnett	1	1:11.26	1
	1) Lilly Winterowd 12	2) Alivia Miller 11	3) Lacey Neighbor 11	4) Hailey Carolan 12
	5) Ally Olmstead 10	6) Rian Williams 10		
12	Stanton	1	1:11.44	2
	1) Elly McDonald 10	2) Addison Olson 11	3) Hannah Olson 09	4) Kyla Hart 09
	5) Leah Sandin 10	6) Riley Burke 09		
13	Mount Ayr	1	1:11.63	2
	1) Madalynn Stewart 12	2) Kacee Klommmhaus 11	3) Tegan Streit 11	4) Ryleigh Haveman 12
	5) Brea Nickle 09	6) MaKenna Jones 11		
14	E Buchanan	1	1:11.71	2
	1) Lacy Anderegg 12	2) Jamisin Gile 09	3) Andelyn Cabalka 09	4) Lauren Donlea 12
	5) Laynee Hogan 09	6) Valeria Torres 09		
15	Winfield-Mt. U	1	1:11.82	1
	1) Morgan Grek 12	2) Kayreanna Sharar 11	3) Josie Nelson 09	4) Keetyn Townsley 11
	5) Tessa Huston 10	6) Mariana Hagmeier 10		
16	Lawton-Bronson	1	1:11.98	2
	1) Hannah Hageman 12	2) Cayla Jessen 09	3) Katelynn Jepsen 12	4) Tori Rubendahl 12
	5) Willow Fluent 12	6) Addison Smith 09		
17	Ar-We-Va	1	1:12.22	2
	1) Jamie Hausman 11	2) Amber Ragaller 09	3) Elizabeth Brunner 11	4) Maggie Ragaller 11
	5) Trista Reis 10	6) Kora Obrecht 11		
18	CAM, Anita	1	1:13.20	3
	1) Breeanna Bower 11	2) Nova Wheatley 10	3) Maddie Holtz 12	4) Abby Follmann 12
	5) Jenna Wheatley 12	6) Abby Tibken 11		
19	North Linn	1	1:13.40	3
	1) Ella Ries 12	2) Molly Boge 09	3) Chloe VanEtten 12	4) Caitlin Benesh 11
	5) Macy Boge 10			
20	Lake Mills	1	1:13.61	4
	1) Natalie Lary 09	2) Alexis Anderson 10	3) Katelyn Rogstad 09	4) Ella Stene 11
	5) Ellie Hanna 11	6) Erica Jordan 12		
21	Ogden	1	1:13.61	2
	1) Brenlie Graden 11	2) Megan Taylor 12	3) Sydney King 09	4) Taydem Graden 09
	5) Hazel Friedrichsen 09	6) Lily Joseph 09		
22	Collins-Maxwell	1	1:13.68	3
	1) Marissa Boege 11	2) Gracie Leslie 10	3) Hannah Kimberley 10	4) Avery Fricke 12
	5) Chloe Wierson 10	6) Ashlyn Davis 11		
23	Danville	1	1:13.72	2
	1) Eden Svaboda 12	2) Chloe Horn 11	3) Alexis Dietsch 10	4) Allison Dowd 12
	5) Rylee Morris 10	6) Kylie Palmer 11		
24	South O'Brien	1	1:13.76	3
	1) Abby Schreck 12	2) Riley Draper 12	3) Marissa Ebel 10	4) Kenna Bauer 12
	5) Abigail Nelson 09	6) Tatiana Conley 11		

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## Event 70 Girls 4x100 Meter Relay 1A (24) Prelims

Friday 5/20/2022 - 12:40 PM

	Team	Relay	Seed Time	
1	Madrid	1	49.18	1
	1) Lilly Ostert 11	2) Emma Olsen 12	3) Jillian Dodds 12	4) Ella Santi 11
	5) Chloe Buck 10	6) Aleah Utterback 11		
2	Wapello	1	51.09	1
	1) Ada Boysen 10	2) Lindsay Massner 12	3) Quinn Veach 11	4) Serah Shafer 12
	5) Madelyn Lanz 11			
3	Lisbon	1	51.56	1
	1) Addy Happel 10	2) Ava Czarnecki 10	3) Mia Petersen 12	4) Peyton Robinson 11
	5) Brynn Epperly 09	6) Sophie Jennett 12		
4	Ogden	1	51.64	2
	1) Brenlie Graden 11	2) Taydem Graden 09	3) Courtney Buzzell 11	4) Sydney King 09
	5) Kaleigh Badker 11	6) Hazel Friedrichsen 09		
5	Collins-Maxwell	1	51.67	3
	1) Marissa Boege 11	2) Chloe Wierson 10	3) Avery Fricke 12	4) Alexis Houge 12
	5) Erica Houge 10	6) Gracie Leslie 10		
6	Wapsie Val, F	1	51.71	1
	1) Jaylin May 09	2) Hannah Knight 11	3) Brylee Bellis 11	4) Peyton Curley 09
	5) Avery Jones 09	6) LeeAnn Oltrogge 09		
7	Nodaway Vall	1	51.73	4
	1) Maddie Weston 09	2) Abby Engles 11	3) Emma Lundy 10	4) Madison Fry 11
	5) Grace Britten 10	6) Alena Rectenbaugh 09		
8	Bishop Garrigan	1	51.80	1
	1) Reagan Murphy 10	2) Emma Grandgenett 12	3) Zoe Montag 09	4) Abbie Capesius 10
	5) Molly Joyce 11	6) Molly Peterson 09		
9	North Union	1	51.82	2
	1) Ella Ulrich 11	2) Naomi Jones 10	3) Shelby Fraker 11	4) Sam Nielsen 12
	5) Beth Strueber 10	6) Lily Henderson 12		
10	HM-Sanborn	1	51.88	1
	1) Abby Otto 10	2) Emily Mutombo 11	3) Lydia Harders 12	4) Jasmine Lux 12
	5) Emily Otto 12	6) Anna VanderVeen 12		
11	Riverside, Oak	1	52.00	1
	1) Izzy Bluml 12	2) Lydia Erickson 10	3) Emma Gordon 10	4) Veronica Andrusyshyn 11
	5) Lili McCready 11	6) Elly Henderson 09		
12	South O'Brien	1	52.00	2
	1) Abby Schreck 12	2) Karlee Warnke 11	3) Kenna Bauer 12	4) Willa Sickelka 12
	5) Taja Conley 11	6) Maddy Friedrichsen 09		
13	Maquoketa Valley	1	52.20	2
	1) Amaya Hunt 12	2) Leah Ries 12	3) McKenna Thompson 11	4) Lily Huber 10
	5) Kendra Hillers 12	6) Emma Richter 12		
14	Alburnett	1	52.32	2
	1) Lilly Winterowd 12	2) Gralynn Martin 10	3) Savannah Caves 10	4) Hailey Carolan 12
	5) Peyton Scott 10	6) Ally Olmstead 10		
15	North Linn	1	52.34	3
	1) Skylar Benesh 10	2) Jaden Benesh 12	3) Macy Boge 10	4) Kylee Shoop 09
	5) Ella Ries 12	6) Chloe VanEtten 12		
16	Newell-Fonda	1	52.36	1
	1) Isabel Bartek 10	2) Macy Sievers 12	3) Mia Walker 11	4) Mary Walker 11
	5) McKenna Sievers 10	6) Lindsey Wolf 09		
17	Lynnville-Sully	1	52.60	1
	1) Carsyn McFarland 10	2) Aliya James 12	3) Sydney Jansen 12	4) Reagan McFarland 12
	5) Morgan Jones 10	6) Natalie Nikkel 12		

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## Event 70 ... (Girls 4x100 Meter Relay 1A (24) Prelims)

Event	Team	Relay	Seed Time
18	Gehlen Cath, L	1	52.70 3
	1) Brynn Wendt 11	2) Sophie Ruden 11	3) Cadence Goebel 11
	5) Miyah Whitehead 11	6) Aurora Goebel 09	4) Lauren Heying 12
19	Bellevue	1	52.74 3
	1) Morgan Meyer 11	2) Tayla Leibfried 09	3) Jami Portz 10
	5) Alexis McCombie 10	6) Ka'Lynn DeShaw 11	4) Adessa Leibfried 11
20	WACO	1	52.76 2
	1) McKenzie Vradenburg 11	2) Halle Shelman 10	3) Amy Moran 12
	5) Jocelyn Fulton 11	6) Maggie Rinner 12	4) Ellah Kissell 11
21	Winfield-Mt. U	1	52.76 3
	1) Annabelle Loveless 12	2) Tessa Huston 10	3) Keetyn Townsley 11
	5) Pacey Schlee 09	6) Josie Nelson 09	4) Aurey Meeker 10
22	Westwood, Sloan	1	52.83 4
	1) Cora Shull 12	2) Sarah Hall 12	3) Jordan Shull 10
	5) Payton Thompson 09	6) Jocelyn McFarland 09	4) Lela Haveman 09
23	St. Mary's, R	1	52.92 5
	1) Halle Galles 10	2) Whitney Jensen 10	3) Carmindee Ricke 10
	5) Mya Bunkers 10	6) Octavia Galles 10	4) Claire Schroeder 10
24	AGWSR	1	53.57 1
	1) Ava Olson 10	2) Trevyn Smith 09	3) Brynn Smith 11
	5) Karis Lippert 10	6) Ella Diemer 09	4) Trinity Rotgers 11

## Event 78 Girls 4x200 Meter Relay 1A (24)

Friday 5/20/2022 - 10:50 AM

Event	Team	Relay	Seed Time
1	Madrid	1	1:44.11 1
	1) Lilly Ostert 11	2) Emma Olsen 12	3) Jillian Dodds 12
	5) Chloe Buck 10	6) Piper Steberg 11	4) Ella Santi 11
2	Nodaway Vall	1	1:47.76 2
	1) Abby Engles 11	2) Madison Fry 11	3) Emma Lundy 10
	5) Maddax DeVault 12	6) Alena Rectenbaugh 09	4) Annika Nelson 10
3	Newell-Fonda	1	1:48.90 1
	1) Isabel Bartek 10	2) Macy Sievers 12	3) Mia Walker 11
	5) Izzy Sievers 11	6) Kierra Jungers 10	4) Mary Walker 11
4	South O'Brien	1	1:48.95 1
	1) Abby Schreck 12	2) Karlee Warnke 11	3) Taja Conley 11
	5) Kenna Bauer 12	6) Maddy Friedrichsen 09	4) Willa Sickelka 12
5	Audubon	1	1:49.41 2
	1) Makayla Schmidt 12	2) Abigail Zaiger 12	3) Madison Steckler 11
	5) Michelle Brooks 10	6) Addie Hocker 10	4) Mattie Nielsen 10
6	Riverside, Oak	1	1:49.56 1
	1) Veronica Andrusyshyn 11	2) Izzy Bluml 12	3) Elly Henderson 09
	5) Veronica Schechinger 09	6) Macy Woods 11	4) Lydia Erickson 10
7	Lisbon	1	1:49.75 1
	1) Addy Happel 10	2) Mia Petersen 12	3) Addie Clark 09
	5) Ava Czarnecki 10	6) Brynn Epperly 09	4) Peyton Robinson 11
8	Graet-T/Ruth-Ayr	1	1:50.31 1
	1) Macy Alderson 12	2) Drea McKean-Riparetti 11	3) Lilly Thompson 10
	5) Kendall Umsheid 12	6) Natalie Swedin 10	4) Myla Murphy 11
9	Central, Elkader	1	1:50.33 1
	1) Tori Sylvester 09	2) Grace Kuehl 10	3) Kaitlyn Wiley 12
	5) Jaydin Dettman 10	6) Haley Mueller 12	4) Hannah Asche 11



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## Event 78 ... (Girls 4x200 Meter Relay 1A (24))

	Team	Relay	Seed Time	
10	Wapello	1	1:50.57	1
	1) Ada Boysen 10	2) Quinn Veach 11	3) Patricia Hank 12	4) Lindsay Massner 12
	5) Madelyn Lanz 11			
11	North Linn	1	1:50.59	2
	1) Skylar Benesh 10	2) Jaden Benesh 12	3) Macy Boge 10	4) Kylee Shoop 09
	5) Caitlin Benesh 11	6) Emilee Beuter 09		
12	Alburnett	1	1:50.70	2
	1) Lilly Winterowd 12	2) Gralynn Martin 10	3) Savannah Caves 10	4) Lacey Neighbor 11
	5) Peyton Scott 10	6) Ally Olmstead 10		
13	Wapsie Val, F	1	1:51.02	3
	1) Emma Jones 11	2) Hannah Knight 11	3) Brylee Bellis 11	4) Peyton Curley 09
	5) Jaylin May 09	6) Avery Jones 09		
14	English Valleys	1	1:51.22	2
	1) Delaney Hall 10	2) Kayli Mohror 11	3) Nevaeh Decker 10	4) Maddie Mikesell 12
	5) Libby Armstrong 10			
15	Mount Ayr	1	1:51.41	1
	1) Payten Lambert 12	2) Kaylie Shields 11	3) Jaxy Knight 09	4) MaKenna Jones 11
	5) Adalyn Reynolds 12	6) Ashlyn Murphy 09		
16	Don Bosco	1	1:51.87	1
	1) Abby Steimel 12	2) Paige Corkery 10	3) Hannah Thome 10	4) Kendra Nissen 11
	5) Caelor Yoder 11	6) Kennedy McGarvey 09		
17	North Union	1	1:52.22	2
	1) Ella Ulrich 11	2) Lily Henderson 12	3) Naomi Jones 10	4) Shelby Fraker 11
	5) Hanna Sandvig 12	6) Cassie Beadle 12		
18	West Hancock	1	1:52.53	3
	1) Shelby Goepel 11	2) Mallory Leerar 10	3) Paige Kudej 12	4) Kamryn Eckels 11
	5) Kennedy Kelly 12	6) Quinn Harle 12		
19	Ogden	1	1:52.67	3
	1) Megan Taylor 12	2) Brenlie Graden 11	3) Courtney Buzzell 11	4) Sydney King 09
	5) Taydem Graden 09	6) Kaleigh Badker 11		
20	Highland	1	1:52.91	3
	1) Grace Prybil 10	2) Sarah Burton 10	3) Katelyn Waters 11	4) Mackenzie McFarland 11
	5) MyLei Smith 11	6) Mackinze Hora 12		
21	WACO	1	1:53.03	3
	1) McKenzie Vradenburg 11	2) Halle Shelman 10	3) Amy Moran 12	4) Ellah Kissell 11
	5) Katie Leichty 11	6) Maggie Rinner 12		
22	Stanton	1	1:53.13	2
	1) Kyla Hart 09	2) Hannah Olson 09	3) Brooklyn Silva 11	4) Lauren Johnson 09
	5) Addison Olson 11	6) Elly McDonald 10		
23	Midland, Wyoming	1	1:53.19	4
	1) Amaya Terrell 11	2) Gracie Franzen 11	3) Alyssa Eckhardt 09	4) Jaden Gatts 11
	5) Anna Bartels 10	6) Alivia Smith 11		
24	St. Albert, CB	1	1:53.20	3
	1) Lydia Sherrill 11	2) Ellie Monahan 09	3) Carly McKeever 11	4) Lauren Williams 12
	5) Ava Wagner 09	6) Kirsten Piskorski 09		

## Event 86 Girls 4x400 Meter Relay 1A (24) Prelims

Friday 5/20/2022 - 1:20 PM

	Team	Relay	Seed Time	
1	Central, Elkader	1	4:13.37	1
	1) Jaydin Dettman 10	2) Delaney Scherf 11	3) Kaitlyn Wiley 12	4) Hannah Asche 11
	5) Tori Sylvester 09	6) Eva Embretson 11		

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**Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	
2	Martndsl-StMarys	1	4:14.16	1
	1) Ellie Baker 09	2) Campbell German 10	3) Jackie Kleve 12	4) Brynnly German 10
	5) Maryann Hart 09	6) Carolyn Amfahr 10		
3	Nodaway Vall	1	4:14.22	2
	1) Abby Engles 11	2) Alena Rectenbaugh 09	3) Emma Lundy 10	4) Annika Nelson 10
	5) Bailey Carstens 09	6) Maddax DeVault 12		
4	Nashua-Plainfld	1	4:14.69	1
	1) Abbie Hyde 12	2) Jennah Carpenter 12	3) Jordyn Frost 10	4) Kadence Huck 09
	5) Ellie Eick 10	6) Kara Levi 12		
5	Alburnett	1	4:15.65	1
	1) Lacey Neighbor 11	2) Peyton Scott 10	3) Savannah Caves 10	4) Hailey Carolan 12
	5) Emma Stiffler 09	6) Gralynn Martin 10		
6	Pekin	1	4:16.57	1
	1) Makenzie Dahlstrom 12	2) Lauren Derscheid 12	3) Audrey Fariss 10	4) Sarah Eubanks 12
	5) Claire Roth 11			
7	Wapsie Val, F	1	4:16.59	2
	1) Sydnie Martin 12	2) Emma Jones 11	3) Peyton Curley 09	4) Brylee Bellis 11
	5) Hailey Eitzenhefer 12	6) Ava VanDaele 10		
8	Midland, Wyoming	1	4:16.92	2
	1) Anna Bartels 10	2) Alivia Smith 11	3) Alyssa Eckhardt 09	4) Gracie Franzen 11
	5) Jaden Gatts 11	6) Taelynn Gravel 09		
9	St. Edmond, FD	1	4:17.83	3
	1) Mya McClain 12	2) Gracie Harvey 12	3) Ellie Knox 09	4) Caroline Shelly 12
	5) Hannah Landwehr 10	6) Emma Alstott 12		
10	Audubon	1	4:17.90	1
	1) Abigail Zaiger 12	2) Mattie Nielsen 10	3) Madison Steckler 11	4) Hannah Thygesen 12
	5) Stefi Beisswenger 09	6) Michelle Brooks 10		
11	Bishop Garrigan	1	4:18.38	1
	1) Emma Grandgenett 12	2) Zoe Montag 09	3) Molly Joyce 11	4) Abbie Capesius 10
	5) Reagan Murphy 10	6) Veronica Capesius 12		
12	Wayne, Corydon	1	4:19.92	1
	1) Devyn Davis 11	2) Hagan Arnold 10	3) Jocelyn Marquis 11	4) Reese Brown 12
	5) Cortney Knutson 10	6) Toxy Freeman 12		
13	North Linn	1	4:20.10	3
	1) Allie Haughenbury 09	2) Meghan Wheatley 10	3) Kamryn Kurt 10	4) Mackenzie Bridgewater 09
	5) Caitlin Benesh 11	6) Molly Boge 09		
14	Maquoketa Valley	1	4:21.38	4
	1) Saige Hunt 11	2) Kylie Chesnut 12	3) McKenna Thompson 11	4) Amaya Hunt 12
	5) Lili Bauers 09	6) Emma Doyl 12		
15	Riverside, Oak	1	4:21.54	1
	1) Elly Henderson 09	2) Macy Woods 11	3) Lydia Erickson 10	4) Izzy Bluml 12
	5) Veronica Schechinger 09	6) Carly Henderson 10		
16	HM-Sanborn	1	4:22.42	1
	1) Anna VanderVeen 12	2) Lydia Harders 12	3) Abby Otto 10	4) Jasmine Lux 12
	5) Kylee Schiphoff 09	6) Madison Otto 12		
17	Saint Ansgar	1	4:22.72	2
	1) Mariah Michels 09	2) Aspen Falk 10	3) Amelia Porisch 09	4) Natalie Bork 10
	5) Lia Halfman 10	6) Jaci Woods 12		
18	IKM-Manning	1	4:22.88	2
	1) Taylor Beckendorf 09	2) Madelyn Snyder 11	3) Bianca Cadwell 12	4) Lauren Irlbeck 11
	5) Emmie Ring 11	6) Abbagail Neilheisel 10		

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**Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)**

	Team	Relay	Seed Time
19	BCLUW	1	4:23.22 2
	1) Kenna Paxson 12	2) Mallori Jones 10	3) Miranda Jones 10
	5) Raegan Crawford 09	6) Klayre Gallentine 09	4) Fiona Speicher 12
20	Don Bosco	1	4:23.81 3
	1) Paige Corkery 10	2) Hannah Thome 10	3) Kendahl Freet 12
	5) Josie Hogan 11	6) Kennedy McGarvey 09	4) Kendra Nissen 11
21	Lisbon	1	4:24.62 3
	1) Gabi Moehlman 11	2) Addie Clark 09	3) Maeve Krogmann 10
	5) Addi Petersen 10	6) Ella Clark 11	4) Peyton Robinson 11
22	Danville	1	4:25.05 2
	1) Carissa Mackey 12	2) Jaeda Molle 10	3) Cassidy Yaley 12
	5) Kamryn Sherwood 10	6) Madelyn Buck 11	4) Miya Orbiana 09
23	S Winn, Calmar	1	4:25.27 5
	1) Eryn Sabelka 12	2) Josie Tieskoetter 10	3) Morgan Kriener 11
	5) Abby Wagner 09	6) Allison Hageman 09	4) Josie Tollefsrud 10
24	South O'Brien	1	4:26.00 2
	1) Takara Conley 11	2) Kenna Bauer 12	3) Regan Draper 09
	5) Abby Schreck 12	6) Tatiana Conley 11	4) Taja Conley 11

**Event 94 Girls 4x800 Meter Relay 1A (24)****Thursday 5/19/2022 - 11:20 AM**

	Team	Relay	Seed Time
1	North Linn	1	10:17.27 1
	1) Meghan Wheatley 10	2) Allie Haughenbury 09	3) Bryn Collum 09
	5) Kyla Bildstein 12	6) Kamryn Kurt 10	4) Mackenzie Bridgewater 09
2	Lawton-Bronson	1	10:20.93 1
	1) Willow Fluent 12	2) Kaylee Clausen 11	3) Emma Ricke 12
	5) Gwen Smith 11	6) Ellie Moffitt 11	4) Jolee Mesz 11
3	Pekin	1	10:21.93 1
	1) Audrey Fariss 10	2) Lauren Derscheid 12	3) Sarah Eubanks 12
	5) Alex Parsons 10		4) Makenzie Dahlstrom 12
4	S Winn, Calmar	1	10:27.07 2
	1) Megan Hageman 11	2) Josie Tieskoetter 10	3) Eryn Sabelka 12
	5) Anna Dietzenbach 11	6) Ivey Franzen 09	4) Billie Wagner 11
5	Logan-Magnolia	1	10:30.15 1
	1) Greylan Hornbeck 11	2) Haedyn Hall 09	3) Madison Sporrer 09
	5) Mya Moss 11	6) Ava Rowe 09	4) Courtney Sporrer 12
6	St. Edmond, FD	1	10:32.56 1
	1) Caroline Shelly 12	2) Emma Alstott 12	3) Gracie Harvey 12
	5) Hannah Landwehr 10	6) Ellie Knox 09	4) Michaela Leiting 10
7	N Tama, Traer	1	10:33.69 1
	1) Jules Breakenridge 12	2) Ava Breakenridge 09	3) Jamie Jacobs 10
	5) Jadya Rausch 11	6) Breanna Sebetka 11	4) Grace Lidgett 11
8	Lisbon	1	10:33.86 1
	1) Gabi Moehlman 11	2) Maeve Krogmann 10	3) Addie Clark 09
	5) Blair Baltes 11	6) Kali Nelson 11	4) Lourdes Mason 11
9	Earlham	1	10:34.21 2
	1) Taylor Jensen 11	2) Hannah Frank 09	3) Carly Schaffer 12
	5) Taylor Rodgers 09	6) Mia Terry 12	4) Lily Dixon 11
10	IKM-Manning	1	10:35.44 2
	1) Bianca Cadwell 12	2) Emmie Ring 11	3) Julianna Stribe 11
	5) Morgan Hanson 11	6) Raegan Garrison 09	4) Emily Albertsen 09

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## Event 94 ... (Girls 4x800 Meter Relay 1A (24))

Event	Team	Relay	Seed Time
11	Riverside, Oak	1	10:38.22 1
	1) Carly Henderson 10	2) Macy Woods 11	3) Veronica Schechinger 09
	5) Becca Cody 10	6) Mack Olmstead-Mitchell 11	4) Elly Henderson 09
12	Boyer Valley	1	10:40.16 3
	1) Mariah Falkena 09	2) Jess Oday 10	3) Clara Gorham 09
	5) Abby Mandel 10	6) Reagan Harris 11	4) Lauren Malone 10
13	WB-Mallard	1	10:43.34 1
	1) Abi Schmidt 10	2) Ashley Fehr 10	3) Tiffany Fehr 09
	5) Hannah Stalzer 09	6) Lexi Welter 09	4) Kierstin Montag 10
14	George-Little Rk	1	10:43.81 2
	1) Lexi Landis 10	2) Roya Amirhamzeh 11	3) Claire Kramer 12
	5) Jesse DeGroot 11	6) Taryn Odens 10	4) Hannah Anderson 10
15	Alta/Aurelia	1	10:44.18 4
	1) Taylor Robertson 10	2) Shea Peterson 11	3) Breyer Anderson 09
	5) Nora Peterson 09	6) Kerrigan Pedersen 09	4) Brielle Engelmann 11
16	Wapsie Val, F	1	10:44.29 3
	1) Brooklyn Etringer 11	2) Ava VanDaele 10	3) Brylee Bellis 11
	5) Emma Jones 11	6) Hailey Eitzenhefer 12	4) Sydnie Martin 12
17	North Union	1	10:46.46 2
	1) Hanna Sandvig 12	2) Cassie Beadle 12	3) Jacey Welbig 09
	5) Hannah Morpew 11	6) Libby Stevens 10	4) Lily Henderson 12
18	Tri-Center	1	10:48.92 2
	1) Isah VanArsdol 09	2) Karis Corrin 12	3) Kyla Corrin 12
	5) Taylor Kenkel 10	6) Mikenzie Brewer 10	4) Quincey Schneckloth 09
19	Danville	1	10:50.16 2
	1) Cassidy Yaley 12	2) Jaeda Molle 10	3) Carissa Mackey 12
	5) Rylee Morris 10	6) Taylor Moore 11	4) Kamryn Sherwood 10
20	BCLUW	1	10:51.13 2
	1) Miranda Jones 10	2) Mallori Jones 10	3) Abby Kemp 09
	5) Fiona Speicher 12	6) Raegan Crawford 09	4) Kalia Stover 09
21	West Fork	1	10:53.10 3
	1) Leah Weaver 09	2) Ellie Weaver 11	3) Maddy Welbes 11
	5) Tarah Ruckdashel 09	6) RaeLynn Nash 11	4) Kacie Eisentrager 12
22	Saint Ansgar	1	10:54.92 4
	1) Kinsey Anderson 10	2) Amelia Porisch 09	3) Haley Peterson 12
	5) Kenzie Peterson 09	6) Aubrey Sherrard 09	4) Natalie Bork 10
23	Lynnville-Sully	1	10:57.32 1
	1) Olivia Norrish 09	2) Callista Hackert 12	3) Kinsley Tice 11
	5) Elise Alberts 10	6) Majesta Vos 10	4) Greenlee Smock 11
24	Martndsl-StMarys	1	11:04.01 3
	1) Ellie Baker 09	2) Autumn Elbert 09	3) Maryann Hart 09
	5) Hadley Pearson 10	6) Julia Sanz 12	4) Campbell German 10

## Event 108 Girls 800 Sprint Medley 1A (24)

Saturday 5/21/2022 - 9:00 AM

Event	Team	Relay	Seed Time
1	HM-Sanborn	1	1:52.91 1
	1) Abby Otto 10	2) Emily Mutombo 11	3) Lydia Harders 12
	5) Anna VanderVeen 12	6) Kylee Schiphoff 09	4) Jasmine Lux 12
2	Nashua-Plainfld	1	1:53.20 1
	1) Abbie Hyde 12	2) Rylee Weiss 12	3) Makenzie Foelske 12
	5) Bailey Fisher 11	6) Maci Malven 10	4) Kadence Huck 09

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**Event 108 ... (Girls 800 Sprint Medley 1A (24))**

	Team	Relay	Seed Time	
3	Mount Ayr	1	1:53.48	1
	1) Kaylie Shields 11	2) Payten Lambert 12	3) Jaxy Knight 09	4) Adalyn Reynolds 12
	5) MaKenna Jones 11	6) Ashlyn Murphy 09		
4	Collins-Maxwell	1	1:53.66	1
	1) Marissa Boege 11	2) Avery Fricke 12	3) Chloe Wierson 10	4) Alexis Houge 12
	5) Erica Houge 10	6) Gracie Leslie 10		
5	Wapsie Val, F	1	1:54.01	1
	1) Jaylin May 09	2) Hannah Knight 11	3) Peyton Curley 09	4) Sydnie Martin 12
	5) Emma Jones 11	6) LeeAnn Oltrogge 09		
6	Kee, Lansing	1	1:54.02	2
	1) Mallory Mohn 10	2) Jaylyn Walleser 11	3) Alaina Bakewell 11	4) Haley Meyer 12
	5) Alison Wagner 11	6) Jersey Mathison 11		
7	Audubon	1	1:54.09	1
	1) Mattie Nielsen 10	2) Madison Steckler 11	3) Abigail Zaiger 12	4) Hannah Thygesen 12
	5) Addie Hocker 10	6) Makayla Schmidt 12		
8	Lawton-Bronson	1	1:54.09	2
	1) Katelynn Jepsen 12	2) Khiya Williams 09	3) Hannah Hageman 12	4) Jolee Mesz 11
	5) Addison Smith 09	6) Tori Rubendahl 12		
9	Westwood, Sloan	1	1:54.09	3
	1) Jocelyn McFarland 09	2) Lela Haveman 09	3) Jordan Shull 10	4) Cora Shull 12
	5) Sarah Hall 12	6) Payton Thompson 09		
10	Newell-Fonda	1	1:54.41	2
	1) Isabel Bartek 10	2) Macy Sievers 12	3) Mia Walker 11	4) Mary Walker 11
	5) Izzy Sievers 11	6) McKenna Sievers 10		
11	Martndsl-StMarys	1	1:54.94	2
	1) Carolyn Amfahr 10	2) Jackie Kleve 12	3) Anna Parrott 12	4) Brynnly German 10
	5) Campbell German 10	6) Autumn Elbert 09		
12	Wapello	1	1:55.00	1
	1) Ada Boysen 10	2) Madelyn Lanz 11	3) Quinn Veach 11	4) Serah Shafer 12
	5) Patricia Hank 12			
13	North Linn	1	1:55.21	3
	1) Skylar Benesh 10	2) Jaden Benesh 12	3) Kylee Shoop 09	4) Mackenzie Bridgewater 09
	5) Macy Boge 10	6) Chloe VanEtten 12		
14	Bishop Garrigan	1	1:55.36	1
	1) Emma Grandgenett 12	2) Zoe Montag 09	3) Reagan Murphy 10	4) Abbie Capesius 10
	5) Molly Joyce 11	6) Katelyn Cink 12		
15	Saint Ansgar	1	1:55.38	2
	1) Sarah Wagner 11	2) Jaci Woods 12	3) Mariah Michels 09	4) Natalie Bork 10
	5) Lia Halfman 10	6) Aspen Falk 10		
16	Nodaway Vall	1	1:55.57	3
	1) Maddie Weston 09	2) Emma Lundy 10	3) Annika Nelson 10	4) Abby Engles 11
	5) Alena Rectenbaugh 09	6) Madison Fry 11		
17	Midland, Wyoming	1	1:55.76	1
	1) Amaya Terrell 11	2) Alyssa Eckhardt 09	3) Gracie Franzen 11	4) Anna Bartels 10
	5) Jaden Gatts 11	6) Gracie Harrington 10		
18	Lenox	1	1:55.85	1
	1) Gabby Robles 10	2) Zoey Reed 09	3) Brooklynn Ecklin 12	4) Sadie Cox 09
	5) Bentley Petersen 09	6) Cadence Douglas 11		
19	Don Bosco	1	1:55.90	2
	1) Abby Steimel 12	2) Caelor Yoder 11	3) Hannah Thome 10	4) Kendra Nissen 11
	5) Paige Corkery 10	6) Kennedy McGarvey 09		

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## Event 108 ... (Girls 800 Sprint Medley 1A (24))

Team	Relay	Seed Time
20 Lisbon	1	1:56.24 2
1) Peyton Robinson 11	2) Ava Czarnecki 10	3) Addy Happel 10
5) Mia Petersen 12	6) Brynn Epperly 09	4) Addie Clark 09
21 Wayne, Corydon	1	1:56.66 2
1) Sterling Berndt 12	2) Devyn Davis 11	3) Reese Brown 12
5) Hagan Arnold 10	6) Cortney Knutson 10	4) Jocelyn Marquis 11
22 Fremont-Mills	1	1:56.73 2
1) Bella Gute 09	2) Carlie Chambers 09	3) Emily Madison 10
5) McKenna Woods 11	6) Ellie Switzer 10	4) Teagan Ewalt 11
23 English Valleys	1	1:57.69 2
1) Delaney Hall 10	2) Kayli Mohror 11	3) Maddie Mikesell 12
5) Nevaeh Decker 10	6) Kaeley Axmear 12	4) Carly Stanerson 12
24 Central, Elkader	1	1:57.91 4
1) Tori Sylvester 09	2) Grace Kuehl 10	3) Jaydin Dettman 10
5) Haley Mueller 12	6) Kaitlyn Wiley 12	4) Delaney Scherf 11

## Event 116 Girls High Jump 1A (24)

Friday 5/20/2022 - 11:30 AM

Name	Year	School	Seed Mark
1 Hailey Carolan	12	Alburnett	5-04.00 1
2 Patricia Hank	12	Wapello	5-04.00 1
3 JayLyn Moore	12	Clayton Ridge	5-02.00 1
4 Cadence Douglas	11	Lenox	5-02.00 2
5 Emily Madison	10	Fremont-Mills	5-02.00 1
6 Ava Olson	10	AGWSR	5-01.00 1
7 Sam Nielsen	12	North Union	5-01.00 1
8 Abby Wagner	09	S Winn, Calmar	5-01.00 2
9 Addison Smith	09	Lawton-Bronson	5-01.00 1
10 Ellah Kissell	11	WACO	5-00.00 3
11 Avery Eastvold	09	Lake Mills	5-00.00 2
12 Emily Dreckman	12	MMCRU	5-00.00 2
13 Ema Roberts	09	HLV, Victor	5-00.00 2
14 Taylor Henson	09	Lamoni	5-00.00 1
15 Lindsey Wolf	09	Newell-Fonda	5-00.00 1
16 Jaden Gatts	11	Midland, Wyoming	5-00.00 2
17 Vanessa Koehler	11	Glidden-Ralston	5-00.00 2
18 Shae Ewoldt	11	N Tama, Traer	4-11.00 2
19 Tysann Gipple	10	New London	4-10.00 4
20 Maddy Gunzenhauser	11	Wayne, Corydon	4-10.00 2
21 Samantha Lass	09	Ogden	4-10.00 1
22 Kaylen Robinson	09	Moravia	4-10.00 3
23 Drea McKean-Riparetti	11	Graet-T/Ruth-Ayr	4-10.00 3
24 Kasey Chown	12	Lone Tree	4-10.00 3

## Event 124 Girls Long Jump 1A (24)

Thursday 5/19/2022 - 11:30 AM

Name	Year	School	Seed Mark
1 Molly Joyce	11	Bishop Garrigan	18-00.75 1
2 Olivia Bohlen	12	Belle Plaine	16-11.25 1
3 Taydem Graden	09	Ogden	16-10.50 1
4 Lacey Neighbor	11	Alburnett	16-09.75 1

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## Event 124 ... (Girls Long Jump 1A (24))

	Name	Year	School	Seed	Mark
5	Ashlan Pearson	09	Grand View Christ	16-09.50	2
6	Sarah Burton	10	Highland	16-07.25	2
7	Mandee Selover	11	Baxter	16-05.50	3
8	Mia Backous	09	Grand View Christ	16-05.50	4
9	Emma Cooper	10	Southwest Valley	16-05.25	1
10	Rylee Dunkin	11	Twin Cedars	16-04.00	1
11	Anna Parrott	12	Martndsl-StMarys	16-02.50	5
12	Andelyn Cabalka	09	E Buchanan	16-01.75	1
13	Kenna Furnald	10	Danville	16-01.50	1
14	Brenlie Graden	11	Ogden	16-01.25	6
15	Rylie Akins	11	West Fork	16-01.00	2
16	Skylar Benesh	10	North Linn	16-00.25	2
17	Quinn Harle	12	West Hancock	15-11.75	3
18	Isabel LaRue	10	Wapsie Val, F	15-11.50	3
19	Emily Dreckman	12	MMCRU	15-11.50	1
20	Sophie Ruden	11	Gehlen Cath, L	15-11.00	2
21	Ella Aulwes	12	Edgewd-Colesburg	15-10.00	4
22	Sadie Cox	09	Lenox	15-09.75	2
23	Addison Erickson	11	Woodbine	15-09.00	1
24	Amaiya Hawkins	12	Wayne, Corydon	15-08.50	2

## Event 132 Girls Discus Throw 1A (24)

Friday 5/20/2022 - 9:00 AM

	Name	Year	School	Seed	Mark
1	Breanna Hackman	12	Nashua-Plainfld	139-03	1
2	Kennedy Axmear	10	English Valleys	132-01	1
3	Kerrigan Pope	12	Pekin	123-05	2
4	Emily Jones	12	Wayne, Corydon	122-11	1
5	Lilly Isenhour	12	Prince of Peace	118-05	1
6	Elyse Trunck	12	Hudson	116-11	2
7	Isabelle Graubard	10	Alburnett	113-05	2
8	Mallory Behnken	12	CAM, Anita	112-00	1
9	Lily Peters	10	Sidney	111-00	1
10	Sarah Moeller	11	Prince of Peace	110-04	3
11	Audi Crooks	11	Bishop Garrigan	109-03	1
12	Abby Veld	10	AGWSR	108-08	3
13	Jorja Holliday	10	Nodaway Vall	108-06	1
14	Miyah Whitehead	11	Gehlen Cath, L	107-10	1
15	Jessica Kraus	11	Highland	107-07	4
16	Paige Luft	12	Griswold	107-05	2
17	Abby Squires	11	Lynnville-Sully	107-02	2
18	Jenna Myers	11	Clarksville	106-08	4
19	Sophie Puls	12	B-G-M, Brook	103-08	3
20	Kailyn Thompson	09	Marquette Cath	102-04	5
21	Mia Allmon	12	St. Albert, CB	102-03	2
22	Scout Kohagen	10	Lake Mills	101-10	2
23	Jacqlyn Schmitt	11	Turkey Val, JJ	101-05	1
24	Madison Hillman	11	Saint Ansgar	100-07	3

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**Event 140 Girls Shot Put 1A (24)****Thursday 5/19/2022 - 9:00 AM**

Name	Year	School	Seed	Mark
1 Audi Crooks	11	Bishop Garrigan	42-10.25	1
2 Emily Baker	11	Bedford	40-03.50	1
3 Erin Knipper	11	Maquoketa Valley	40-01.00	1
4 Breanna Hackman	12	Nashua-Plainfld	38-08.25	1
5 Leah Kramersmeier	12	North Iowa	38-06.00	2
6 Mia Allmon	12	St. Albert, CB	37-11.50	2
7 Elle Voy	11	Wapsie Val, F	37-08.00	2
8 Jobey Malone	12	Winfield-Mt. U	37-00.00	1
9 Sarah Moeller	11	Prince of Peace	36-08.25	1
10 Abby Veld	10	AGWSR	36-06.00	2
11 Madison Hillman	11	Saint Ansgar	36-05.75	3
12 Lilly Isenhour	12	Prince of Peace	36-04.00	2
13 Taylor Lumbard	11	Diagonal	36-02.00	3
14 Olivia Baker	11	Essex	36-02.00	4
15 Kerrigan Pope	12	Pekin	35-09.75	2
16 Maddie Johnson	11	South O'Brien	35-09.00	1
17 Addison Popham	11	Starmont	35-08.00	3
18 Annie Hoffman	12	Edgewd-Colesburg	35-06.50	4
19 Mallory Behnken	12	CAM, Anita	35-06.00	2
20 Lexi Roberts	11	Newell-Fonda	35-06.00	1
21 Olivia Merrill	10	North Union	35-03.00	4
22 Sophia Wilson	12	Edgewd-Colesburg	35-02.75	5
23 Maddy Wood	12	Wayne, Corydon	35-02.00	1
24 Mary Staudt	11	Collins-Maxwell	34-07.00	1

**Event 148 Girls Distance Medley 1A (24)****Friday 5/20/2022 - 9:00 AM**

Team	Relay	Seed	Time
1 Nashua-Plainfld	1	4:21.37	1
1) Makenzie Foelske 12	2) Jennah Carpenter 12	3) Abbie Hyde 12	4) Kadence Huck 09
5) Jordyn Frost 10	6) Amberley Gerholdt 09		
2 Grand View Christ	1	4:25.43	1
1) Ashlan Pearson 09	2) Mia Backous 09	3) Clara Hol 11	4) Maddy Childs 11
5) Priscilla Nicholson 10	6) Rachel Brown 11		
3 Audubon	1	4:25.60	1
1) Madison Steckler 11	2) Abigail Zaiger 12	3) Mattie Nielsen 10	4) Hannah Thygesen 12
5) Stefi Beisswenger 09	6) Makayla Schmidt 12		
4 North Linn	1	4:25.77	1
1) Jaden Benesh 12	2) Macy Boge 10	3) Mackenzie Bridgewater 09	4) Meghan Wheatley 10
5) Kamryn Kurt 10	6) Ella Ries 12		
5 AGWSR	1	4:26.06	2
1) Trinity Rotgers 11	2) Ava Olson 10	3) Brynn Smith 11	4) Karis Lippert 10
5) Trevyn Smith 09	6) Ella Diemer 09		
6 Lawton-Bronson	1	4:26.47	1
1) Hannah Hageman 12	2) Khiya Williams 09	3) Willow Fluent 12	4) Jolee Mesz 11
5) Sydney Brouwer 10	6) Alice Mahoney 10		
7 Turkey Val, JJ	1	4:26.76	2
1) Kara Reicks 12	2) Josie Weber 12	3) Kourtney Schmidt 12	4) Jalyssa Blazek 12
5) Cambree Kruse 12	6) Olivia Snyder 11		



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**Event 148 ... (Girls Distance Medley 1A (24))**

	Team	Relay	Seed Time
8	Hudson	1	4:27.15 3
	1) Emma Swanson 11      2) Addie Rhoades 09      3) Maddie Hansen 12      4) Addison Grady 12		
	5) Alexa Decker 10      6) Tori Kolterman 12		
9	N Tama, Traer	1	4:27.39 4
	1) Lainey Willenbring 11      2) Zoey Rausch 09      3) Jules Breakenridge 12      4) Grace Lidgett 11		
	5) Shae Ewoldt 11      6) Ava Breakenridge 09		
10	S Winn, Calmar	1	4:28.51 3
	1) Morgan Kriener 11      2) Josie Tollefsrud 10      3) Josie Tieskoetter 10      4) Eryn Sabelka 12		
	5) Billie Wagner 11      6) Katie Shimek 09		
11	Alta/Aurelia	1	4:28.82 2
	1) Maria Kueny 12      2) Allison Watts 10      3) Brielle Engelmann 11      4) Nora Peterson 09		
	5) Jenna Nielsen 12      6) Shea Peterson 11		
12	C-Wheatland	1	4:29.05 1
	1) Aubrey Connelly 11      2) Emily Boeckmann 10      3) Courtney Knoche 10      4) Noelle Steines 09		
	5) Sarah Tulley 11      6) Kaitlyn Hayton 09		
13	Martndsl-StMarys	1	4:29.63 2
	1) Carolyn Amfahr 10      2) Anna Parrott 12      3) Brynnly German 10      4) Campbell German 10		
	5) Ellie Baker 09      6) Jackie Kleve 12		
14	South O'Brien	1	4:30.20 2
	1) Kenna Bauer 12      2) Karlee Warnke 11      3) Taja Conley 11      4) Takara Conley 11		
	5) Abby Schreck 12      6) Regan Draper 09		
15	Pekin	1	4:33.18 1
	1) Lilly Reneker 11      2) Claire Roth 11      3) Makenzie Dahlstrom 12      4) Lauren Derscheid 12		
	5) Audrey Fariss 10		
16	Newell-Fonda	1	4:33.37 3
	1) Mia Walker 11      2) Mary Walker 11      3) Macy Sievers 12      4) Kierra Jungers 10		
	5) Isabel Bartek 10      6) Anna Mercer 09		
17	Lisbon	1	4:33.97 2
	1) Gabi Moehlman 11      2) Ava Czarnecki 10      3) Ella Clark 11      4) Lourdes Mason 11		
	5) Addie Clark 09      6) Peyton Robinson 11		
18	St. Edmond, FD	1	4:36.47 3
	1) Mya McClain 12      2) Gracie Harvey 12      3) Caroline Shelly 12      4) Michaela Leiting 10		
	5) Ellie Knox 09      6) Reese Lemberg 10		
19	Saint Ansgar	1	4:36.96 1
	1) Sarah Wagner 11      2) Lia Halfman 10      3) Mariah Michels 09      4) Kinsey Anderson 10		
	5) Natalie Bork 10      6) Amelia Porisch 09		
20	Riverside, Oak	1	4:37.73 1
	1) Emma Gordon 10      2) Macy Woods 11      3) Elly Henderson 09      4) Carly Henderson 10		
	5) Izzy Bluml 12      6) Lydia Erickson 10		
21	BCLUW	1	4:38.92 5
	1) Kaylee Grant 12      2) Kenna Paxson 12      3) Fiona Speicher 12      4) Miranda Jones 10		
	5) Virginia Kaisand 09      6) Raegan Crawford 09		
22	Earlham	1	4:39.06 4
	1) Alexis Voss 10      2) Grace Sweers 12      3) Lily Dixon 11      4) Olivia Spurling 10		
	5) Taylor Jensen 11      6) Riley Doud 12		
23	Wapsie Val, F	1	4:40.09 4
	1) Emma Jones 11      2) Hannah Knight 11      3) Hailey Eitzenhefer 12      4) Ava VanDaele 10		
	5) Brylee Bellis 11      6) Brooklyn Etringer 11		
24	Lynnville-Sully	1	4:46.78 1
	1) Carsyn McFarland 10      2) Aliya James 12      3) Kinsley Tice 11      4) Greenlee Smock 11		
	5) Morgan Jones 10      6) Elise Alberts 10		