

Iowa Girls & Boys State Track Meet 2022 - 5/19/2022 to 5/21/2022

Des Moines, Iowa
Drake Stadium
Performance List

Event 1 Girls 100 Meter Dash 1A (24) Prelims

Thursday 5/19/2022 - 12:50 PM

Name	Year	School	Seed	Time
1 Lilly Ostert	11	Madrid	12.49	1
2 Veronica Andrusyshyn	11	Riverside, Oak	12.56	1
3 Ella Santi	11	Madrid	12.64	2
4 Willa Sickelka	12	South O'Brien	12.70	1
5 Sarah Burton	10	Highland	12.86	1
6 Alexis Houge	12	Collins-Maxwell	12.87	3
7 Carly McKeever	11	St. Albert, CB	13.03	2
8 Claire Schroeder	10	St. Mary's, R	13.04	2
9 Gralynn Martin	10	Alburnett	13.04	2
10 Myla Murphy	11	Graet-T/Ruth-Ayr	13.04	1
11 Mackenzie McFarland	11	Highland	13.06	3
12 Jalyssa Blazek	12	Turkey Val, JJ	13.17	1
13 Alaina Bakewell	11	Kee, Lansing	13.19	2
14 Jaylin May	09	Wapsie Val, F	13.19	3
15 Reese Brown	12	Wayne, Corydon	13.20	1
16 Emily Mutombo	11	HM-Sanborn	13.22	3
17 Ella Aulwes	12	Edgewd-Colesburg	13.26	4
18 Emma Cooper	10	Southwest Valley	13.26	3
19 Savannah Caves	10	Alburnett	13.30	4
20 Brooklynn Ecklin	12	Lenox	13.32	4
21 Kennady Breitfelder	11	Springville	13.33	5
22 Makenzie Foelske	12	Nashua-Plainfld	13.37	1
23 Lindsay Massner	12	Wapello	13.37	1
24 Vanessa Koehler	11	Glidden-Ralston	13.53	1

Event 9 Girls 200 Meter Dash 1A (24) Prelims

Thursday 5/19/2022 - 10:40 AM

Name	Year	School	Seed	Time
1 Jillian Dodds	12	Madrid	25.83	1
2 Adalyn Reynolds	12	Mount Ayr	26.42	1
3 Myla Murphy	11	Graet-T/Ruth-Ayr	26.65	1
4 Lydia Erickson	10	Riverside, Oak	26.66	1
5 Willa Sickelka	12	South O'Brien	26.70	1
6 Reese Brown	12	Wayne, Corydon	26.95	2
7 Lindsay Massner	12	Wapello	27.04	1
8 Addy Happel	10	Lisbon	27.08	1
9 Makenzie Foelske	12	Nashua-Plainfld	27.10	1
10 Olivia Bohlen	12	Belle Plaine	27.11	2
11 Lauryn Saathoff	11	Akron-Westfield	27.27	2
12 Sydney King	09	Ogden	27.29	2
13 Hannah Asche	11	Central, Elkader	27.32	1
14 Ella Aulwes	12	Edgewd-Colesburg	27.32	2
15 Abbie Capesius	10	Bishop Garrigan	27.43	2
16 Leksi Gannon	10	Murray	27.44	3
17 Gralynn Martin	10	Alburnett	27.58	2
18 Rylee Shield	09	Lone Tree	27.69	3
19 Sadie Cox	09	Lenox	27.71	2
20 Vanessa Koehler	11	Glidden-Ralston	27.71	1

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Event 9 ... (Girls 200 Meter Dash 1A (24) Prelims)

	Name	Year	School	Seed Time	
21	Carly Stanerson	12	English Valleys	27.73	2
22	Jenna Wheatley	12	CAM, Anita	27.78	2
23	Kennady Breitfelder	11	Springville	27.80	4
24	Cora Shull	12	Westwood, Sloan	27.80	3

Event 17 Girls 400 Meter Dash 1A (24)

Thursday 5/19/2022 - 1:20 PM

	Name	Year	School	Seed Time	
1	Kadence Huck	09	Nashua-Plainfld	57.78	1
2	Alexis Houge	12	Collins-Maxwell	59.47	1
3	Adalyn Reynolds	12	Mount Ayr	59.75	1
4	Haley Meyer	12	Kee, Lansing	1:00.44	1
5	Maddax DeVault	12	Nodaway Vall	1:00.87	2
6	Kendra Nissen	11	Don Bosco	1:00.89	2
7	Amaya Hunt	12	Maquoketa Valley	1:00.91	2
8	Jasmine Lux	12	HM-Sanborn	1:00.93	1
9	Cora Shull	12	Westwood, Sloan	1:01.01	2
10	Myla Murphy	11	Graet-T/Ruth-Ayr	1:01.04	1
11	Anna Bartels	10	Midland, Wyoming	1:01.49	1
12	Brynn Smith	11	AGWSR	1:01.62	3
13	Whitney Jensen	10	St. Mary's, R	1:01.95	3
14	Sarah Eubanks	12	Pekin	1:01.96	1
15	Courtney Sporrer	12	Logan-Magnolia	1:01.97	1
16	Sadie Cox	09	Lenox	1:02.14	1
17	Teagan Ewalt	11	Fremont-Mills	1:02.23	2
18	Kiya Johnson	11	North Butler	1:02.43	2
19	Nia Howard	11	Springville	1:02.53	2
20	Rylee Shield	09	Lone Tree	1:02.69	3
21	Allison Kettmann	12	Marquette Cath	1:02.75	4
22	Cailyn Hardy	11	Clarksville	1:03.06	4
23	Jocelyn Marquis	11	Wayne, Corydon	1:03.26	2
24	Nicole Sherer	11	Woodbine	1:03.26	2

Event 25 Girls 800 Meter Run 1A (24)

Saturday 5/21/2022 - 10:30 AM

	Name	Year	School	Seed Time	
1	Jalyssa Blazek	12	Turkey Val, JJ	2:21.52	1
2	Maddy Childs	11	Grand View Christ	2:21.89	1
3	Haley Meyer	12	Kee, Lansing	2:22.83	2
4	Eryn Sabelka	12	S Winn, Calmar	2:26.64	3
5	Addison Grady	12	Hudson	2:27.65	1
6	Hannah Thygesen	12	Audubon	2:28.78	1
7	Jules Breakenridge	12	N Tama, Traer	2:29.43	2
8	Karis Lippert	10	AGWSR	2:29.83	3
9	Caroline Shelly	12	St. Edmond, FD	2:30.52	2
10	Nora Peterson	09	Alta/Aurelia	2:31.12	2
11	Noelle Steines	09	C-Wheatland	2:31.13	1
12	Courtney Sporrer	12	Logan-Magnolia	2:31.51	3
13	Nicole Sherer	11	Woodbine	2:31.65	4
14	Campbell German	10	Martndsl-StMarys	2:32.10	3

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Event 25 ... (Girls 800 Meter Run 1A (24))

	Name	Year	School	Seed Time	
15	Jolee Mesz	11	Lawton-Bronson	2:32.71	1
16	Leah Bontrager	12	Hillcrest	2:32.98	1
17	Kayden Spencer	11	Ogden	2:32.99	4
18	Rylee Dunkin	11	Twin Cedars	2:33.08	1
19	Delaney Scherf	11	Central, Elkader	2:33.36	4
20	Kyla Corrin	12	Tri-Center	2:34.08	1
21	Emily Hemphill	10	Wapello	2:34.54	2
22	Natalie Bork	10	Saint Ansgar	2:35.34	1
23	Vivian Zaruba	09	Lone Tree	2:35.89	2
24	Brielle Engelmann	11	Alta/Aurelia	2:35.93	5

Event 33 Girls 1500 Meter Run 1A (24)

Saturday 5/21/2022 - 2:45 PM

	Name	Year	School	Seed Time	
1	Jalyssa Blazek	12	Turkey Val, JJ	4:54.51	1
2	Noelle Steines	09	C-Wheatland	4:58.61	1
3	Haley Meyer	12	Kee, Lansing	5:03.16	2
4	Addison Grady	12	Hudson	5:03.60	1
5	Lourdes Mason	11	Lisbon	5:04.59	2
6	Meghan Wheatley	10	North Linn	5:07.68	3
7	Maddy Childs	11	Grand View Christ	5:08.17	1
8	Nora Peterson	09	Alta/Aurelia	5:11.75	1
9	Stefi Beisswenger	09	Audubon	5:12.05	2
10	Lauren Derscheid	12	Pekin	5:13.16	1
11	Elie Tuhn	12	Baxter	5:13.67	2
12	Courtney Sporrer	12	Logan-Magnolia	5:16.12	3
13	Adyson Lapel	09	Woodbine	5:18.02	4
14	Billie Wagner	11	S Winn, Calmar	5:18.32	4
15	Kayden Spencer	11	Ogden	5:18.63	3
16	Hunter Jones	11	North Cedar	5:18.76	3
17	Olivia Spurling	10	Earlham	5:18.79	4
18	Madison Sporrer	09	Logan-Magnolia	5:19.87	5
19	Grace Lidgett	11	N Tama, Traer	5:19.88	2
20	Rylee Dunkin	11	Twin Cedars	5:20.14	1
21	Addison Murdock	10	Woodbine	5:22.33	6
22	Jacey Welbig	09	North Union	5:28.62	1
23	Reese Duncan	11	St. Albert, CB	5:38.67	1
24	Takara Conley	11	South O'Brien	5:39.20	1

Event 41 Girls 3000 Meter Run 1A (24)

Thursday 5/19/2022 - 9:40 AM

	Name	Year	School	Seed Time	
1	Noelle Steines	09	C-Wheatland	11:05.07	1
2	Maddy Childs	11	Grand View Christ	11:05.43	1
3	Lourdes Mason	11	Lisbon	11:13.02	2
4	Nora Peterson	09	Alta/Aurelia	11:18.84	1
5	Addison Grady	12	Hudson	11:27.35	1
6	Stefi Beisswenger	09	Audubon	11:36.70	2
7	Olivia Spurling	10	Earlham	11:41.20	2
8	Billie Wagner	11	S Winn, Calmar	11:44.29	1

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Event 41 ... (Girls 3000 Meter Run 1A (24))

Name	Year	School	Seed Time	
9 Kayden Spencer	11	Ogden	11:47.68	3
10 Hunter Jones	11	North Cedar	11:47.69	3
11 Holly Beauchamp	12	Marquette Cath	11:51.43	4
12 Madison Sporrer	09	Logan-Magnolia	11:56.75	3
13 Addison Murdock	10	Woodbine	11:58.53	4
14 Lauren Steigleder	10	Pekin	12:00.23	1
15 Grace Lidgett	11	N Tama, Traer	12:04.10	2
16 Ashley Flansburg	11	Central City	12:05.08	2
17 Abby Kemp	09	BCLUW	12:09.64	3
18 Emily Albertsen	09	IKM-Manning	12:13.67	5
19 Mya Moss	11	Logan-Magnolia	12:15.47	6
20 Elie Tuhn	12	Baxter	12:21.70	4
21 Reese Duncan	11	St. Albert, CB	12:21.78	1
22 Madison Otto	12	HM-Sanborn	12:27.94	1
23 Megan Ocel	10	Nwood-Kensett	12:42.22	1
24 Greenlee Smock	11	Lynnville-Sully	12:56.47	1

Event 49 Girls 100 Meter Hurdles 1A (24) Prelims

Friday 5/20/2022 - 10:00 AM

Name	Year	School	Seed Time	
1 Maddax DeVault	12	Nodaway Vall	15.06	1
2 Veronica Andrusyshyn	11	Riverside, Oak	15.43	1
3 JayLyn Moore	12	Clayton Ridge	15.82	1
4 Claire Schroeder	10	St. Mary's, R	15.83	1
5 Olivia Bohlen	12	Belle Plaine	15.93	1
6 Emily Williams	11	East Mills	15.95	2
7 Molly Joyce	11	Bishop Garrigan	15.98	1
8 Madison Fry	11	Nodaway Vall	16.14	2
9 Ella Stene	11	Lake Mills	16.20	2
10 Lindsey Moore	10	Nwood-Kensett	16.27	3
11 Aleah Utterback	11	Madrid	16.29	3
12 Vanessa Koehler	11	Glidden-Ralston	16.47	1
13 Taydem Graden	09	Ogden	16.53	4
14 Lauren Donlea	12	E Buchanan	16.61	2
15 Keetyn Townsley	11	Winfield-Mt. U	16.73	1
16 Maggie Ragaller	11	Ar-We-Va	16.75	2
17 Katelynn Jepsen	12	Lawton-Bronson	16.78	2
18 Sophie Puls	12	B-G-M, Brook	16.80	2
19 Lauren Williams	12	St. Albert, CB	16.89	3
20 Caitlin Benesh	11	North Linn	16.90	3
21 Allison Watts	10	Alta/Aurelia	16.93	3
22 Sophie Ruden	11	Gehlen Cath, L	16.98	3
23 Aleah Johnson	12	Easton Valley	17.21	1
24 Morgan Knutson	12	Wayne, Corydon	17.37	1

Event 57 Girls 400 Meter Hurdles 1A (24)

Friday 5/20/2022 - 11:40 AM

Name	Year	School	Seed Time	
1 Kiya Johnson	11	North Butler	1:05.07	1
2 Serah Shafer	12	Wapello	1:06.74	1

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Event 57 ... (Girls 400 Meter Hurdles 1A (24))

Name	Year	School	Seed	Time
3	Aleah Utterback	11	Madrid	1:06.81 1
4	Maddax DeVault	12	Nodaway Vall	1:06.97 2
5	Sophie Ruden	11	Gehlen Cath, L	1:07.10 1
6	Brynnly German	10	Martndsl-StMarys	1:07.20 3
7	Taja Conley	11	South O'Brien	1:08.29 2
8	Allison Kettmann	12	Marquette Cath	1:08.71 1
9	Danika Demers	12	St. Mary's, SL	1:08.86 1
10	Kenna Paxson	12	BCLUW	1:08.86 1
11	Lindsey Moore	10	Nwood-Kensett	1:08.87 2
12	Carly Hengesteg	12	Nwood-Kensett	1:08.95 3
13	Lauren Williams	12	St. Albert, CB	1:09.24 1
14	Lauren Malone	10	Boyer Valley	1:09.44 2
15	JayLyn Moore	12	Clayton Ridge	1:09.64 1
16	Cortney Knutson	10	Wayne, Corydon	1:10.02 1
17	Leah Weaver	09	West Fork	1:10.09 4
18	Emma Erickson	11	Newell-Fonda	1:11.02 3
19	Nia Howard	11	Springville	1:11.48 2
20	Kaeley Axmear	12	English Valleys	1:11.50 2
21	Maggie Ragaller	11	Ar-We-Va	1:11.52 4
22	Hannah Wilson	09	Fremont-Mills	1:11.76 2
23	Reagan Clarahan	09	Sigourney	1:11.87 3
24	Reagan Murphy	10	Bishop Garrigan	1:11.96 5

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims**Thursday 5/19/2022 - 9:00 AM**

Team	Relay	Seed	Time
1	Nodaway Vall 1) Madison Fry 11 5) Bailey Carstens 09	1 2) Olivia Laughery 09 6) Emma Lundy 10	1:08.20 1 3) Annika Nelson 10 4) Maddax DeVault 12
2	Bishop Garrigan 1) Reagan Murphy 10	1 2) Zoe Montag 09	1:08.39 1 3) Emma Grandgenett 12 4) Molly Joyce 11
3	St. Mary's, R 1) Halle Galles 10 5) Carmindee Ricke 10	1 2) Mya Bunkers 10 6) Gracyn Schroeder 11	1:08.79 1 3) Whitney Jensen 10 4) Claire Schroeder 10
4	Belle Plaine 1) Jacey Reineke 10 5) Ella Grieder 10	1 2) Alyssa Steinback 10 6) Mandy Chizek 11	1:09.83 1 3) Jacy Gates 12 4) Olivia Bohlen 12
5	Saint Ansgar 1) Sarah Wagner 11 5) Mariah Michels 09	1 2) Kennedy Schwiesow 12 6) Kenzie Peterson 09	1:09.93 2 3) Brianna Minnis 12 4) Aspen Falk 10
6	Logan-Magnolia 1) Kiera Hochstein 10 5) Marki Helgenberger 10	1 2) Addyson Monico 10 6) Kaiya Knauss 09	1:09.93 1 3) Samantha Yoder 12 4) Abby Czarniecki 11
7	Wayne, Corydon 1) Morgan Knutson 12 5) Ava Whitney 09	1 2) Morgan Goretska 11	1:10.26 1 3) Cortney Knutson 10 4) Jocelyn Marquis 11
8	Clayton Ridge 1) Mara Pierce 12 5) Haley Rork 11	1 2) Morgan Pierce 10 6) Allissa Mueller 09	1:10.40 1 3) Audrey Ostrander 09 4) JayLyn Moore 12

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Event 66 ... (Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims)

Team	Relay	Seed Time
9 Fremont-Mills	1	1:10.78 1
1) Bella Gute 09	2) Hannah Wilson 09	3) McKenna Woods 11
5) Ryleigh Ewalt 09	6) Carlie Chambers 09	4) Emily Madison 10
10 Nwood-Kensett	1	1:11.01 3
1) Carly Hengesteg 12	2) Chloe Costello 10	3) Morgan Wallin 10
5) Addy Bachtle 12	6) Macy Thorson 09	4) Lindsey Moore 10
11 Alburnett	1	1:11.26 1
1) Lilly Winterowd 12	2) Alivia Miller 11	3) Lacey Neighbor 11
5) Ally Olmstead 10	6) Rian Williams 10	4) Hailey Carolan 12
12 Stanton	1	1:11.44 2
1) Elly McDonald 10	2) Addison Olson 11	3) Hannah Olson 09
5) Leah Sandin 10	6) Riley Burke 09	4) Kyla Hart 09
13 Mount Ayr	1	1:11.63 2
1) Madalynn Stewart 12	2) Kacee Klommmhaus 11	3) Tegan Streit 11
5) Brea Nickle 09	6) MaKenna Jones 11	4) Ryleigh Haveman 12
14 E Buchanan	1	1:11.71 2
1) Lacy Anderegg 12	2) Jamisin Gile 09	3) Andelyn Cabalka 09
5) Laynee Hogan 09	6) Valeria Torres 09	4) Lauren Donlea 12
15 Winfield-Mt. U	1	1:11.82 1
1) Morgan Grek 12	2) Kayreanna Sharar 11	3) Josie Nelson 09
5) Tessa Huston 10	6) Mariana Hagmeier 10	4) Keetyn Townsley 11
16 Lawton-Bronson	1	1:11.98 2
1) Hannah Hageman 12	2) Cayla Jessen 09	3) Katelynn Jepsen 12
5) Willow Fluent 12	6) Addison Smith 09	4) Tori Rubendahl 12
17 Ar-We-Va	1	1:12.22 2
1) Jamie Hausman 11	2) Amber Ragaller 09	3) Elizabeth Brunner 11
5) Trista Reis 10	6) Kora Obrecht 11	4) Maggie Ragaller 11
18 CAM, Anita	1	1:13.20 3
1) Breeanna Bower 11	2) Nova Wheatley 10	3) Maddie Holtz 12
5) Jenna Wheatley 12	6) Abby Tibken 11	4) Abby Follmann 12
19 North Linn	1	1:13.40 3
1) Ella Ries 12	2) Molly Boge 09	3) Chloe VanEtten 12
5) Macy Boge 10		4) Caitlin Benesh 11
20 Lake Mills	1	1:13.61 4
1) Natalie Lary 09	2) Alexis Anderson 10	3) Katelyn Rogstad 09
5) Ellie Hanna 11	6) Erica Jordan 12	4) Ella Stene 11
21 Ogden	1	1:13.61 2
1) Brenlie Graden 11	2) Megan Taylor 12	3) Sydney King 09
5) Hazel Friedrichsen 09	6) Lily Joseph 09	4) Taydem Graden 09
22 Collins-Maxwell	1	1:13.68 3
1) Marissa Boege 11	2) Gracie Leslie 10	3) Hannah Kimberley 10
5) Chloe Wierson 10	6) Ashlyn Davis 11	4) Avery Fricke 12
23 Danville	1	1:13.72 2
1) Eden Svaboda 12	2) Chloe Horn 11	3) Alexis Dietsch 10
5) Rylee Morris 10	6) Kylie Palmer 11	4) Allison Dowd 12
24 South O'Brien	1	1:13.76 3
1) Abby Schreck 12	2) Riley Draper 12	3) Marissa Ebel 10
5) Abigail Nelson 09	6) Tatiana Conley 11	4) Kenna Bauer 12

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Event 70 Girls 4x100 Meter Relay 1A (24) Prelims

Friday 5/20/2022 - 12:40 PM

	Team	Relay	Seed Time	
1	Madrid	1	49.18	1
	1) Lilly Ostert 11	2) Emma Olsen 12	3) Jillian Dodds 12	4) Ella Santi 11
	5) Chloe Buck 10	6) Aleah Utterback 11		
2	Wapello	1	51.09	1
	1) Ada Boysen 10	2) Lindsay Massner 12	3) Quinn Veach 11	4) Serah Shafer 12
	5) Madelyn Lanz 11			
3	Lisbon	1	51.56	1
	1) Addy Happel 10	2) Ava Czarnecki 10	3) Mia Petersen 12	4) Peyton Robinson 11
	5) Brynn Epperly 09	6) Sophie Jennett 12		
4	Ogden	1	51.64	2
	1) Brenlie Graden 11	2) Taydem Graden 09	3) Courtney Buzzell 11	4) Sydney King 09
	5) Kaleigh Badker 11	6) Hazel Friedrichsen 09		
5	Collins-Maxwell	1	51.67	3
	1) Marissa Boege 11	2) Chloe Wierson 10	3) Avery Fricke 12	4) Alexis Houge 12
	5) Erica Houge 10	6) Gracie Leslie 10		
6	Wapsie Val, F	1	51.71	1
	1) Jaylin May 09	2) Hannah Knight 11	3) Brylee Bellis 11	4) Peyton Curley 09
	5) Avery Jones 09	6) LeeAnn Oltrogge 09		
7	Nodaway Vall	1	51.73	4
	1) Maddie Weston 09	2) Abby Engles 11	3) Emma Lundy 10	4) Madison Fry 11
	5) Grace Britten 10	6) Alena Rectenbaugh 09		
8	Bishop Garrigan	1	51.80	1
	1) Reagan Murphy 10	2) Emma Grandgenett 12	3) Zoe Montag 09	4) Abbie Capesius 10
	5) Molly Joyce 11	6) Molly Peterson 09		
9	North Union	1	51.82	2
	1) Ella Ulrich 11	2) Naomi Jones 10	3) Shelby Fraker 11	4) Sam Nielsen 12
	5) Beth Strueber 10	6) Lily Henderson 12		
10	HM-Sanborn	1	51.88	1
	1) Abby Otto 10	2) Emily Mutombo 11	3) Lydia Harders 12	4) Jasmine Lux 12
	5) Emily Otto 12	6) Anna VanderVeen 12		
11	Riverside, Oak	1	52.00	1
	1) Izzy Bluml 12	2) Lydia Erickson 10	3) Emma Gordon 10	4) Veronica Andrusyshyn 11
	5) Lili McCready 11	6) Elly Henderson 09		
12	South O'Brien	1	52.00	2
	1) Abby Schreck 12	2) Karlee Warnke 11	3) Kenna Bauer 12	4) Willa Sickelka 12
	5) Taja Conley 11	6) Maddy Friedrichsen 09		
13	Maquoketa Valley	1	52.20	2
	1) Amaya Hunt 12	2) Leah Ries 12	3) McKenna Thompson 11	4) Lily Huber 10
	5) Kendra Hillers 12	6) Emma Richter 12		
14	Alburnett	1	52.32	2
	1) Lilly Winterowd 12	2) Gralynn Martin 10	3) Savannah Caves 10	4) Hailey Carolan 12
	5) Peyton Scott 10	6) Ally Olmstead 10		
15	North Linn	1	52.34	3
	1) Skylar Benesh 10	2) Jaden Benesh 12	3) Macy Boge 10	4) Kylee Shoop 09
	5) Ella Ries 12	6) Chloe VanEtten 12		
16	Newell-Fonda	1	52.36	1
	1) Isabel Bartek 10	2) Macy Sievers 12	3) Mia Walker 11	4) Mary Walker 11
	5) McKenna Sievers 10	6) Lindsey Wolf 09		
17	Lynnville-Sully	1	52.60	1
	1) Carsyn McFarland 10	2) Aliya James 12	3) Sydney Jansen 12	4) Reagan McFarland 12
	5) Morgan Jones 10	6) Natalie Nikkel 12		

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Event	Team	Relay	Seed Time
18	Gehlen Cath, L	1	52.70 3
	1) Brynn Wendt 11	2) Sophie Ruden 11	3) Cadence Goebel 11
	5) Miyah Whitehead 11	6) Aurora Goebel 09	4) Lauren Heying 12
19	Bellevue	1	52.74 3
	1) Morgan Meyer 11	2) Tayla Leibfried 09	3) Jami Portz 10
	5) Alexis McCombie 10	6) Ka'Lynn DeShaw 11	4) Adessa Leibfried 11
20	WACO	1	52.76 2
	1) McKenzie Vradenburg 11	2) Halle Shelman 10	3) Amy Moran 12
	5) Jocelyn Fulton 11	6) Maggie Rinner 12	4) Ellah Kissell 11
21	Winfield-Mt. U	1	52.76 3
	1) Annabelle Loveless 12	2) Tessa Huston 10	3) Keetyn Townsley 11
	5) Pacey Schlee 09	6) Josie Nelson 09	4) Aurey Meeker 10
22	Westwood, Sloan	1	52.83 4
	1) Cora Shull 12	2) Sarah Hall 12	3) Jordan Shull 10
	5) Payton Thompson 09	6) Jocelyn McFarland 09	4) Lela Haveman 09
23	St. Mary's, R	1	52.92 5
	1) Halle Galles 10	2) Whitney Jensen 10	3) Carmindee Ricke 10
	5) Mya Bunkers 10	6) Octavia Galles 10	4) Claire Schroeder 10
24	AGWSR	1	53.57 1
	1) Ava Olson 10	2) Trevyn Smith 09	3) Brynn Smith 11
	5) Karis Lippert 10	6) Ella Diemer 09	4) Trinity Rotgers 11

Event 78 Girls 4x200 Meter Relay 1A (24)

Friday 5/20/2022 - 10:50 AM

Event	Team	Relay	Seed Time
1	Madrid	1	1:44.11 1
	1) Lilly Ostert 11	2) Emma Olsen 12	3) Jillian Dodds 12
	5) Chloe Buck 10	6) Piper Steberg 11	4) Ella Santi 11
2	Nodaway Vall	1	1:47.76 2
	1) Abby Engles 11	2) Madison Fry 11	3) Emma Lundy 10
	5) Maddax DeVault 12	6) Alena Rectenbaugh 09	4) Annika Nelson 10
3	Newell-Fonda	1	1:48.90 1
	1) Isabel Bartek 10	2) Macy Sievers 12	3) Mia Walker 11
	5) Izzy Sievers 11	6) Kierra Jungers 10	4) Mary Walker 11
4	South O'Brien	1	1:48.95 1
	1) Abby Schreck 12	2) Karlee Warnke 11	3) Taja Conley 11
	5) Kenna Bauer 12	6) Maddy Friedrichsen 09	4) Willa Sickelka 12
5	Audubon	1	1:49.41 2
	1) Makayla Schmidt 12	2) Abigail Zaiger 12	3) Madison Steckler 11
	5) Michelle Brooks 10	6) Addie Hocker 10	4) Mattie Nielsen 10
6	Riverside, Oak	1	1:49.56 1
	1) Veronica Andrusyshyn 11	2) Izzy Bluml 12	3) Elly Henderson 09
	5) Veronica Schechinger 09	6) Macy Woods 11	4) Lydia Erickson 10
7	Lisbon	1	1:49.75 1
	1) Addy Happel 10	2) Mia Petersen 12	3) Addie Clark 09
	5) Ava Czarnecki 10	6) Brynn Epperly 09	4) Peyton Robinson 11
8	Graet-T/Ruth-Ayr	1	1:50.31 1
	1) Macy Alderson 12	2) Drea McKean-Riparetti 11	3) Lilly Thompson 10
	5) Kendall Umsheid 12	6) Natalie Swedin 10	4) Myla Murphy 11
9	Central, Elkader	1	1:50.33 1
	1) Tori Sylvester 09	2) Grace Kuehl 10	3) Kaitlyn Wiley 12
	5) Jaydin Dettman 10	6) Haley Mueller 12	4) Hannah Asche 11

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Event 78 ... (Girls 4x200 Meter Relay 1A (24))

	Team	Relay	Seed Time	
10	Wapello	1	1:50.57	1
	1) Ada Boysen 10	2) Quinn Veach 11	3) Patricia Hank 12	4) Lindsay Massner 12
	5) Madelyn Lanz 11			
11	North Linn	1	1:50.59	2
	1) Skylar Benesh 10	2) Jaden Benesh 12	3) Macy Boge 10	4) Kylee Shoop 09
	5) Caitlin Benesh 11	6) Emilee Beuter 09		
12	Alburnett	1	1:50.70	2
	1) Lilly Winterowd 12	2) Gralynn Martin 10	3) Savannah Caves 10	4) Lacey Neighbor 11
	5) Peyton Scott 10	6) Ally Olmstead 10		
13	Wapsie Val, F	1	1:51.02	3
	1) Emma Jones 11	2) Hannah Knight 11	3) Brylee Bellis 11	4) Peyton Curley 09
	5) Jaylin May 09	6) Avery Jones 09		
14	English Valleys	1	1:51.22	2
	1) Delaney Hall 10	2) Kayli Mohror 11	3) Nevaeh Decker 10	4) Maddie Mikesell 12
	5) Libby Armstrong 10			
15	Mount Ayr	1	1:51.41	1
	1) Payten Lambert 12	2) Kaylie Shields 11	3) Jaxy Knight 09	4) MaKenna Jones 11
	5) Adalyn Reynolds 12	6) Ashlyn Murphy 09		
16	Don Bosco	1	1:51.87	1
	1) Abby Steimel 12	2) Paige Corkery 10	3) Hannah Thome 10	4) Kendra Nissen 11
	5) Caelor Yoder 11	6) Kennedy McGarvey 09		
17	North Union	1	1:52.22	2
	1) Ella Ulrich 11	2) Lily Henderson 12	3) Naomi Jones 10	4) Shelby Fraker 11
	5) Hanna Sandvig 12	6) Cassie Beadle 12		
18	West Hancock	1	1:52.53	3
	1) Shelby Goepel 11	2) Mallory Leerar 10	3) Paige Kudej 12	4) Kamryn Eckels 11
	5) Kennedy Kelly 12	6) Quinn Harle 12		
19	Ogden	1	1:52.67	3
	1) Megan Taylor 12	2) Brenlie Graden 11	3) Courtney Buzzell 11	4) Sydney King 09
	5) Taydem Graden 09	6) Kaleigh Badker 11		
20	Highland	1	1:52.91	3
	1) Grace Prybil 10	2) Sarah Burton 10	3) Katelyn Waters 11	4) Mackenzie McFarland 11
	5) MyLei Smith 11	6) Mackinze Hora 12		
21	WACO	1	1:53.03	3
	1) McKenzie Vradenburg 11	2) Halle Shelman 10	3) Amy Moran 12	4) Ellah Kissell 11
	5) Katie Leichty 11	6) Maggie Rinner 12		
22	Stanton	1	1:53.13	2
	1) Kyla Hart 09	2) Hannah Olson 09	3) Brooklyn Silva 11	4) Lauren Johnson 09
	5) Addison Olson 11	6) Elly McDonald 10		
23	Midland, Wyoming	1	1:53.19	4
	1) Amaya Terrell 11	2) Gracie Franzen 11	3) Alyssa Eckhardt 09	4) Jaden Gatts 11
	5) Anna Bartels 10	6) Alivia Smith 11		
24	St. Albert, CB	1	1:53.20	3
	1) Lydia Sherrill 11	2) Ellie Monahan 09	3) Carly McKeever 11	4) Lauren Williams 12
	5) Ava Wagner 09	6) Kirsten Piskorski 09		

Event 86 Girls 4x400 Meter Relay 1A (24) Prelims

Friday 5/20/2022 - 1:20 PM

	Team	Relay	Seed Time	
1	Central, Elkader	1	4:13.37	1
	1) Jaydin Dettman 10	2) Delaney Scherf 11	3) Kaitlyn Wiley 12	4) Hannah Asche 11
	5) Tori Sylvester 09	6) Eva Embretson 11		

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Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

	Team	Relay	Seed Time	
2	Martndsl-StMarys	1	4:14.16	1
	1) Ellie Baker 09	2) Campbell German 10	3) Jackie Kleve 12	4) Brynnly German 10
	5) Maryann Hart 09	6) Carolyn Amfahr 10		
3	Nodaway Vall	1	4:14.22	2
	1) Abby Engles 11	2) Alena Rectenbaugh 09	3) Emma Lundy 10	4) Annika Nelson 10
	5) Bailey Carstens 09	6) Maddax DeVault 12		
4	Nashua-Plainfld	1	4:14.69	1
	1) Abbie Hyde 12	2) Jennah Carpenter 12	3) Jordyn Frost 10	4) Kadence Huck 09
	5) Ellie Eick 10	6) Kara Levi 12		
5	Alburnett	1	4:15.65	1
	1) Lacey Neighbor 11	2) Peyton Scott 10	3) Savannah Caves 10	4) Hailey Carolan 12
	5) Emma Stiffler 09	6) Gralynn Martin 10		
6	Pekin	1	4:16.57	1
	1) Makenzie Dahlstrom 12	2) Lauren Derscheid 12	3) Audrey Fariss 10	4) Sarah Eubanks 12
	5) Claire Roth 11			
7	Wapsie Val, F	1	4:16.59	2
	1) Sydnie Martin 12	2) Emma Jones 11	3) Peyton Curley 09	4) Brylee Bellis 11
	5) Hailey Eitzenhefer 12	6) Ava VanDaele 10		
8	Midland, Wyoming	1	4:16.92	2
	1) Anna Bartels 10	2) Alivia Smith 11	3) Alyssa Eckhardt 09	4) Gracie Franzen 11
	5) Jaden Gatts 11	6) Taelynn Gravel 09		
9	St. Edmond, FD	1	4:17.83	3
	1) Mya McClain 12	2) Gracie Harvey 12	3) Ellie Knox 09	4) Caroline Shelly 12
	5) Hannah Landwehr 10	6) Emma Alstott 12		
10	Audubon	1	4:17.90	1
	1) Abigail Zaiger 12	2) Mattie Nielsen 10	3) Madison Steckler 11	4) Hannah Thygesen 12
	5) Stefi Beisswenger 09	6) Michelle Brooks 10		
11	Bishop Garrigan	1	4:18.38	1
	1) Emma Grandgenett 12	2) Zoe Montag 09	3) Molly Joyce 11	4) Abbie Capesius 10
	5) Reagan Murphy 10	6) Veronica Capesius 12		
12	Wayne, Corydon	1	4:19.92	1
	1) Devyn Davis 11	2) Hagan Arnold 10	3) Jocelyn Marquis 11	4) Reese Brown 12
	5) Cortney Knutson 10	6) Toxy Freeman 12		
13	North Linn	1	4:20.10	3
	1) Allie Haughenbury 09	2) Meghan Wheatley 10	3) Kamryn Kurt 10	4) Mackenzie Bridgewater 09
	5) Caitlin Benesh 11	6) Molly Boge 09		
14	Maquoketa Valley	1	4:21.38	4
	1) Saige Hunt 11	2) Kylie Chesnut 12	3) McKenna Thompson 11	4) Amaya Hunt 12
	5) Lili Bauers 09	6) Emma Doyl 12		
15	Riverside, Oak	1	4:21.54	1
	1) Elly Henderson 09	2) Macy Woods 11	3) Lydia Erickson 10	4) Izzy Bluml 12
	5) Veronica Schechinger 09	6) Carly Henderson 10		
16	HM-Sanborn	1	4:22.42	1
	1) Anna VanderVeen 12	2) Lydia Harders 12	3) Abby Otto 10	4) Jasmine Lux 12
	5) Kylee Schiphoff 09	6) Madison Otto 12		
17	Saint Ansgar	1	4:22.72	2
	1) Mariah Michels 09	2) Aspen Falk 10	3) Amelia Porisch 09	4) Natalie Bork 10
	5) Lia Halfman 10	6) Jaci Woods 12		
18	IKM-Manning	1	4:22.88	2
	1) Taylor Beckendorf 09	2) Madelyn Snyder 11	3) Bianca Cadwell 12	4) Lauren Irlbeck 11
	5) Emmie Ring 11	6) Abbagail Neilheisel 10		

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Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

	Team	Relay	Seed Time
19	BCLUW	1	4:23.22 2
	1) Kenna Paxson 12	2) Mallori Jones 10	3) Miranda Jones 10
	5) Raegan Crawford 09	6) Klayre Gallentine 09	4) Fiona Speicher 12
20	Don Bosco	1	4:23.81 3
	1) Paige Corkery 10	2) Hannah Thome 10	3) Kendahl Freet 12
	5) Josie Hogan 11	6) Kennedy McGarvey 09	4) Kendra Nissen 11
21	Lisbon	1	4:24.62 3
	1) Gabi Moehlman 11	2) Addie Clark 09	3) Maeve Krogmann 10
	5) Addi Petersen 10	6) Ella Clark 11	4) Peyton Robinson 11
22	Danville	1	4:25.05 2
	1) Carissa Mackey 12	2) Jaeda Molle 10	3) Cassidy Yaley 12
	5) Kamryn Sherwood 10	6) Madelyn Buck 11	4) Miya Orbiana 09
23	S Winn, Calmar	1	4:25.27 5
	1) Eryn Sabelka 12	2) Josie Tieskoetter 10	3) Morgan Kriener 11
	5) Abby Wagner 09	6) Allison Hageman 09	4) Josie Tollefsrud 10
24	South O'Brien	1	4:26.00 2
	1) Takara Conley 11	2) Kenna Bauer 12	3) Regan Draper 09
	5) Abby Schreck 12	6) Tatiana Conley 11	4) Taja Conley 11

Event 94 Girls 4x800 Meter Relay 1A (24)

Thursday 5/19/2022 - 11:20 AM

	Team	Relay	Seed Time
1	North Linn	1	10:17.27 1
	1) Meghan Wheatley 10	2) Allie Haughenbury 09	3) Bryn Collum 09
	5) Kyla Bildstein 12	6) Kamryn Kurt 10	4) Mackenzie Bridgewater 09
2	Lawton-Bronson	1	10:20.93 1
	1) Willow Fluent 12	2) Kaylee Clausen 11	3) Emma Ricke 12
	5) Gwen Smith 11	6) Ellie Moffitt 11	4) Jolee Mesz 11
3	Pekin	1	10:21.93 1
	1) Audrey Fariss 10	2) Lauren Derscheid 12	3) Sarah Eubanks 12
	5) Alex Parsons 10		4) Makenzie Dahlstrom 12
4	S Winn, Calmar	1	10:27.07 2
	1) Megan Hageman 11	2) Josie Tieskoetter 10	3) Eryn Sabelka 12
	5) Anna Dietzenbach 11	6) Ivey Franzen 09	4) Billie Wagner 11
5	Logan-Magnolia	1	10:30.15 1
	1) Greylan Hornbeck 11	2) Haedyn Hall 09	3) Madison Sporrer 09
	5) Mya Moss 11	6) Ava Rowe 09	4) Courtney Sporrer 12
6	St. Edmond, FD	1	10:32.56 1
	1) Caroline Shelly 12	2) Emma Alstott 12	3) Gracie Harvey 12
	5) Hannah Landwehr 10	6) Ellie Knox 09	4) Michaela Leiting 10
7	N Tama, Traer	1	10:33.69 1
	1) Jules Breakenridge 12	2) Ava Breakenridge 09	3) Jamie Jacobs 10
	5) Jady Rausch 11	6) Breanna Sebetka 11	4) Grace Lidgett 11
8	Lisbon	1	10:33.86 1
	1) Gabi Moehlman 11	2) Maeve Krogmann 10	3) Addie Clark 09
	5) Blair Baltes 11	6) Kali Nelson 11	4) Lourdes Mason 11
9	Earlham	1	10:34.21 2
	1) Taylor Jensen 11	2) Hannah Frank 09	3) Carly Schaffer 12
	5) Taylor Rodgers 09	6) Mia Terry 12	4) Lily Dixon 11
10	IKM-Manning	1	10:35.44 2
	1) Bianca Cadwell 12	2) Emmie Ring 11	3) Julianna Stribe 11
	5) Morgan Hanson 11	6) Raegan Garrison 09	4) Emily Albertsen 09

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Event 94 ... (Girls 4x800 Meter Relay 1A (24))

Event	Team	Relay	Seed Time
11	Riverside, Oak	1	10:38.22 1
	1) Carly Henderson 10	2) Macy Woods 11	3) Veronica Schechinger 09
	5) Becca Cody 10	6) Mack Olmstead-Mitchell 11	4) Elly Henderson 09
12	Boyer Valley	1	10:40.16 3
	1) Mariah Falkena 09	2) Jess Oday 10	3) Clara Gorham 09
	5) Abby Mandel 10	6) Reagan Harris 11	4) Lauren Malone 10
13	WB-Mallard	1	10:43.34 1
	1) Abi Schmidt 10	2) Ashley Fehr 10	3) Tiffany Fehr 09
	5) Hannah Stalzer 09	6) Lexi Welter 09	4) Kierstin Montag 10
14	George-Little Rk	1	10:43.81 2
	1) Lexi Landis 10	2) Roya Amirhamzeh 11	3) Claire Kramer 12
	5) Jesse DeGroot 11	6) Taryn Odens 10	4) Hannah Anderson 10
15	Alta/Aurelia	1	10:44.18 4
	1) Taylor Robertson 10	2) Shea Peterson 11	3) Breyer Anderson 09
	5) Nora Peterson 09	6) Kerrigan Pedersen 09	4) Brielle Engelmann 11
16	Wapsie Val, F	1	10:44.29 3
	1) Brooklyn Etringer 11	2) Ava VanDaele 10	3) Brylee Bellis 11
	5) Emma Jones 11	6) Hailey Eitzenhefer 12	4) Sydnie Martin 12
17	North Union	1	10:46.46 2
	1) Hanna Sandvig 12	2) Cassie Beadle 12	3) Jacey Welbig 09
	5) Hannah Morpew 11	6) Libby Stevens 10	4) Lily Henderson 12
18	Tri-Center	1	10:48.92 2
	1) Isah VanArsdol 09	2) Karis Corrin 12	3) Kyla Corrin 12
	5) Taylor Kenkel 10	6) Mikenzie Brewer 10	4) Quincey Schneckloth 09
19	Danville	1	10:50.16 2
	1) Cassidy Yaley 12	2) Jaeda Molle 10	3) Carissa Mackey 12
	5) Rylee Morris 10	6) Taylor Moore 11	4) Kamryn Sherwood 10
20	BCLUW	1	10:51.13 2
	1) Miranda Jones 10	2) Mallori Jones 10	3) Abby Kemp 09
	5) Fiona Speicher 12	6) Raegan Crawford 09	4) Kalia Stover 09
21	West Fork	1	10:53.10 3
	1) Leah Weaver 09	2) Ellie Weaver 11	3) Maddy Welbes 11
	5) Tarah Ruckdashel 09	6) RaeLynn Nash 11	4) Kacie Eisentrager 12
22	Saint Ansgar	1	10:54.92 4
	1) Kinsey Anderson 10	2) Amelia Porisch 09	3) Haley Peterson 12
	5) Kenzie Peterson 09	6) Aubrey Sherrard 09	4) Natalie Bork 10
23	Lynnville-Sully	1	10:57.32 1
	1) Olivia Norrish 09	2) Callista Hackert 12	3) Kinsley Tice 11
	5) Elise Alberts 10	6) Majesta Vos 10	4) Greenlee Smock 11
24	Martndsl-StMarys	1	11:04.01 3
	1) Ellie Baker 09	2) Autumn Elbert 09	3) Maryann Hart 09
	5) Hadley Pearson 10	6) Julia Sanz 12	4) Campbell German 10

Event 108 Girls 800 Sprint Medley 1A (24)

Saturday 5/21/2022 - 9:00 AM

Event	Team	Relay	Seed Time
1	HM-Sanborn	1	1:52.91 1
	1) Abby Otto 10	2) Emily Mutombo 11	3) Lydia Harders 12
	5) Anna VanderVeen 12	6) Kylee Schiphoff 09	4) Jasmine Lux 12
2	Nashua-Plainfld	1	1:53.20 1
	1) Abbie Hyde 12	2) Rylee Weiss 12	3) Makenzie Foelske 12
	5) Bailey Fisher 11	6) Maci Malven 10	4) Kadence Huck 09

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Event 108 ... (Girls 800 Sprint Medley 1A (24))

	Team	Relay	Seed Time	
3	Mount Ayr	1	1:53.48	1
	1) Kaylie Shields 11	2) Payten Lambert 12	3) Jaxy Knight 09	4) Adalyn Reynolds 12
	5) MaKenna Jones 11	6) Ashlyn Murphy 09		
4	Collins-Maxwell	1	1:53.66	1
	1) Marissa Boege 11	2) Avery Fricke 12	3) Chloe Wierson 10	4) Alexis Houge 12
	5) Erica Houge 10	6) Gracie Leslie 10		
5	Wapsie Val, F	1	1:54.01	1
	1) Jaylin May 09	2) Hannah Knight 11	3) Peyton Curley 09	4) Sydnie Martin 12
	5) Emma Jones 11	6) LeeAnn Oltrogge 09		
6	Kee, Lansing	1	1:54.02	2
	1) Mallory Mohn 10	2) Jaylyn Walleser 11	3) Alaina Bakewell 11	4) Haley Meyer 12
	5) Alison Wagner 11	6) Jersey Mathison 11		
7	Audubon	1	1:54.09	1
	1) Mattie Nielsen 10	2) Madison Steckler 11	3) Abigail Zaiger 12	4) Hannah Thygesen 12
	5) Addie Hocker 10	6) Makayla Schmidt 12		
8	Lawton-Bronson	1	1:54.09	2
	1) Katelynn Jepsen 12	2) Khiya Williams 09	3) Hannah Hageman 12	4) Jolee Mesz 11
	5) Addison Smith 09	6) Tori Rubendahl 12		
9	Westwood, Sloan	1	1:54.09	3
	1) Jocelyn McFarland 09	2) Lela Haveman 09	3) Jordan Shull 10	4) Cora Shull 12
	5) Sarah Hall 12	6) Payton Thompson 09		
10	Newell-Fonda	1	1:54.41	2
	1) Isabel Bartek 10	2) Macy Sievers 12	3) Mia Walker 11	4) Mary Walker 11
	5) Izzy Sievers 11	6) McKenna Sievers 10		
11	Martndsl-StMarys	1	1:54.94	2
	1) Carolyn Amfahr 10	2) Jackie Kleve 12	3) Anna Parrott 12	4) Brynnly German 10
	5) Campbell German 10	6) Autumn Elbert 09		
12	Wapello	1	1:55.00	1
	1) Ada Boysen 10	2) Madelyn Lanz 11	3) Quinn Veach 11	4) Serah Shafer 12
	5) Patricia Hank 12			
13	North Linn	1	1:55.21	3
	1) Skylar Benesh 10	2) Jaden Benesh 12	3) Kylee Shoop 09	4) Mackenzie Bridgewater 09
	5) Macy Boge 10	6) Chloe VanEtten 12		
14	Bishop Garrigan	1	1:55.36	1
	1) Emma Grandgenett 12	2) Zoe Montag 09	3) Reagan Murphy 10	4) Abbie Capesius 10
	5) Molly Joyce 11	6) Katelyn Cink 12		
15	Saint Ansgar	1	1:55.38	2
	1) Sarah Wagner 11	2) Jaci Woods 12	3) Mariah Michels 09	4) Natalie Bork 10
	5) Lia Halfman 10	6) Aspen Falk 10		
16	Nodaway Vall	1	1:55.57	3
	1) Maddie Weston 09	2) Emma Lundy 10	3) Annika Nelson 10	4) Abby Engles 11
	5) Alena Rectenbaugh 09	6) Madison Fry 11		
17	Midland, Wyoming	1	1:55.76	1
	1) Amaya Terrell 11	2) Alyssa Eckhardt 09	3) Gracie Franzen 11	4) Anna Bartels 10
	5) Jaden Gatts 11	6) Gracie Harrington 10		
18	Lenox	1	1:55.85	1
	1) Gabby Robles 10	2) Zoey Reed 09	3) Brooklynn Ecklin 12	4) Sadie Cox 09
	5) Bentley Petersen 09	6) Cadence Douglas 11		
19	Don Bosco	1	1:55.90	2
	1) Abby Steimel 12	2) Caelor Yoder 11	3) Hannah Thome 10	4) Kendra Nissen 11
	5) Paige Corkery 10	6) Kennedy McGarvey 09		

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Event 108 ... (Girls 800 Sprint Medley 1A (24))

Team	Relay	Seed Time
20 Lisbon	1	1:56.24 2
1) Peyton Robinson 11	2) Ava Czarnecki 10	3) Addy Happel 10
5) Mia Petersen 12	6) Brynn Epperly 09	4) Addie Clark 09
21 Wayne, Corydon	1	1:56.66 2
1) Sterling Berndt 12	2) Devyn Davis 11	3) Reese Brown 12
5) Hagan Arnold 10	6) Cortney Knutson 10	4) Jocelyn Marquis 11
22 Fremont-Mills	1	1:56.73 2
1) Bella Gute 09	2) Carlie Chambers 09	3) Emily Madison 10
5) McKenna Woods 11	6) Ellie Switzer 10	4) Teagan Ewalt 11
23 English Valleys	1	1:57.69 2
1) Delaney Hall 10	2) Kayli Mohror 11	3) Maddie Mikesell 12
5) Nevaeh Decker 10	6) Kaeley Axmear 12	4) Carly Stanerson 12
24 Central, Elkader	1	1:57.91 4
1) Tori Sylvester 09	2) Grace Kuehl 10	3) Jaydin Dettman 10
5) Haley Mueller 12	6) Kaitlyn Wiley 12	4) Delaney Scherf 11

Event 116 Girls High Jump 1A (24)

Friday 5/20/2022 - 11:30 AM

Name	Year	School	Seed Mark
1 Hailey Carolan	12	Alburnett	5-04.00 1
2 Patricia Hank	12	Wapello	5-04.00 1
3 JayLyn Moore	12	Clayton Ridge	5-02.00 1
4 Cadence Douglas	11	Lenox	5-02.00 2
5 Emily Madison	10	Fremont-Mills	5-02.00 1
6 Ava Olson	10	AGWSR	5-01.00 1
7 Sam Nielsen	12	North Union	5-01.00 1
8 Abby Wagner	09	S Winn, Calmar	5-01.00 2
9 Addison Smith	09	Lawton-Bronson	5-01.00 1
10 Ellah Kissell	11	WACO	5-00.00 3
11 Avery Eastvold	09	Lake Mills	5-00.00 2
12 Emily Dreckman	12	MMCRU	5-00.00 2
13 Ema Roberts	09	HLV, Victor	5-00.00 2
14 Taylor Henson	09	Lamoni	5-00.00 1
15 Lindsey Wolf	09	Newell-Fonda	5-00.00 1
16 Jaden Gatts	11	Midland, Wyoming	5-00.00 2
17 Vanessa Koehler	11	Glidden-Ralston	5-00.00 2
18 Shae Ewoldt	11	N Tama, Traer	4-11.00 2
19 Maddy Gunzenhauser	11	Wayne, Corydon	4-10.00 2
20 Samantha Lass	09	Ogden	4-10.00 1
21 Kaylen Robinson	09	Moravia	4-10.00 3
22 Drea McKean-Riparetti	11	Graet-T/Ruth-Ayr	4-10.00 3
23 Kelsey Hansel	12	Edgewd-Colesburg	4-10.00 3
24 Kasey Chown	12	Lone Tree	4-10.00 3

Event 124 Girls Long Jump 1A (24)

Thursday 5/19/2022 - 11:30 AM

Name	Year	School	Seed Mark
1 Molly Joyce	11	Bishop Garrigan	18-00.75 1
2 Olivia Bohlen	12	Belle Plaine	16-11.25 1
3 Taydem Graden	09	Ogden	16-10.50 1
4 Lacey Neighbor	11	Alburnett	16-09.75 1

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Event 124 ... (Girls Long Jump 1A (24))

	Name	Year	School	Seed	Mark
5	Ashlan Pearson	09	Grand View Christ	16-09.50	2
6	Sarah Burton	10	Highland	16-07.25	2
7	Mandee Selover	11	Baxter	16-05.50	3
8	Mia Backous	09	Grand View Christ	16-05.50	4
9	Emma Cooper	10	Southwest Valley	16-05.25	1
10	Rylee Dunkin	11	Twin Cedars	16-04.00	1
11	Anna Parrott	12	Martndsl-StMarys	16-02.50	5
12	Andelyn Cabalka	09	E Buchanan	16-01.75	1
13	Kenna Furnald	10	Danville	16-01.50	1
14	Brenlie Graden	11	Ogden	16-01.25	6
15	Rylie Akins	11	West Fork	16-01.00	2
16	Skylar Benesh	10	North Linn	16-00.25	2
17	Quinn Harle	12	West Hancock	15-11.75	3
18	Isabel LaRue	10	Wapsie Val, F	15-11.50	3
19	Emily Dreckman	12	MMCRU	15-11.50	1
20	Sophie Ruden	11	Gehlen Cath, L	15-11.00	2
21	Ella Aulwes	12	Edgewd-Colesburg	15-10.00	4
22	Sadie Cox	09	Lenox	15-09.75	2
23	Addison Erickson	11	Woodbine	15-09.00	1
24	Amaiya Hawkins	12	Wayne, Corydon	15-08.50	2

Event 132 Girls Discus Throw 1A (24)

Friday 5/20/2022 - 9:00 AM

	Name	Year	School	Seed	Mark
1	Breanna Hackman	12	Nashua-Plainfld	139-03	1
2	Kennedy Axmear	10	English Valleys	132-01	1
3	Kerrigan Pope	12	Pekin	123-05	2
4	Emily Jones	12	Wayne, Corydon	122-11	1
5	Lilly Isenhour	12	Prince of Peace	118-05	1
6	Elyse Trunck	12	Hudson	116-11	2
7	Isabelle Graubard	10	Alburnett	113-05	2
8	Mallory Behnken	12	CAM, Anita	112-00	1
9	Lily Peters	10	Sidney	111-00	1
10	Sarah Moeller	11	Prince of Peace	110-04	3
11	Audi Crooks	11	Bishop Garrigan	109-03	1
12	Abby Veld	10	AGWSR	108-08	3
13	Jorja Holliday	10	Nodaway Vall	108-06	1
14	Miyah Whitehead	11	Gehlen Cath, L	107-10	1
15	Jessica Kraus	11	Highland	107-07	4
16	Paige Luft	12	Griswold	107-05	2
17	Abby Squires	11	Lynnville-Sully	107-02	2
18	Jenna Myers	11	Clarksville	106-08	4
19	Sophie Puls	12	B-G-M, Brook	103-08	3
20	Kailyn Thompson	09	Marquette Cath	102-04	5
21	Mia Allmon	12	St. Albert, CB	102-03	2
22	Scout Kohagen	10	Lake Mills	101-10	2
23	Jacqlyn Schmitt	11	Turkey Val, JJ	101-05	1
24	Madison Hillman	11	Saint Ansgar	100-07	3

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Event 140 Girls Shot Put 1A (24)**Thursday 5/19/2022 - 9:00 AM**

Name	Year	School	Seed	Mark
1 Audi Crooks	11	Bishop Garrigan	42-10.25	1
2 Emily Baker	11	Bedford	40-03.50	1
3 Erin Knipper	11	Maquoketa Valley	40-01.00	1
4 Breanna Hackman	12	Nashua-Plainfld	38-08.25	1
5 Leah Kramersmeier	12	North Iowa	38-06.00	2
6 Mia Allmon	12	St. Albert, CB	37-11.50	2
7 Elle Voy	11	Wapsie Val, F	37-08.00	2
8 Jobey Malone	12	Winfield-Mt. U	37-00.00	1
9 Sarah Moeller	11	Prince of Peace	36-08.25	1
10 Abby Veld	10	AGWSR	36-06.00	2
11 Madison Hillman	11	Saint Ansgar	36-05.75	3
12 Lilly Isenhour	12	Prince of Peace	36-04.00	2
13 Taylor Lumbard	11	Diagonal	36-02.00	3
14 Olivia Baker	11	Essex	36-02.00	4
15 Kerrigan Pope	12	Pekin	35-09.75	2
16 Maddie Johnson	11	South O'Brien	35-09.00	1
17 Addison Popham	11	Starmont	35-08.00	3
18 Annie Hoffman	12	Edgewd-Colesburg	35-06.50	4
19 Mallory Behnken	12	CAM, Anita	35-06.00	2
20 Lexi Roberts	11	Newell-Fonda	35-06.00	1
21 Olivia Merrill	10	North Union	35-03.00	4
22 Sophia Wilson	12	Edgewd-Colesburg	35-02.75	5
23 Maddy Wood	12	Wayne, Corydon	35-02.00	1
24 Mary Staudt	11	Collins-Maxwell	34-07.00	1

Event 148 Girls Distance Medley 1A (24)**Friday 5/20/2022 - 9:00 AM**

Team	Relay	Seed	Time
1 Nashua-Plainfld	1	4:21.37	1
1) Makenzie Foelske 12	2) Jennah Carpenter 12	3) Abbie Hyde 12	4) Kadence Huck 09
5) Jordyn Frost 10	6) Amberley Gerholdt 09		
2 Grand View Christ	1	4:25.43	1
1) Ashlan Pearson 09	2) Mia Backous 09	3) Clara Hol 11	4) Maddy Childs 11
5) Priscilla Nicholson 10	6) Rachel Brown 11		
3 Audubon	1	4:25.60	1
1) Madison Steckler 11	2) Abigail Zaiger 12	3) Mattie Nielsen 10	4) Hannah Thygesen 12
5) Stefi Beisswenger 09	6) Makayla Schmidt 12		
4 North Linn	1	4:25.77	1
1) Jaden Benesh 12	2) Macy Boge 10	3) Mackenzie Bridgewater 09	4) Meghan Wheatley 10
5) Kamryn Kurt 10	6) Ella Ries 12		
5 AGWSR	1	4:26.06	2
1) Trinity Rotgers 11	2) Ava Olson 10	3) Brynn Smith 11	4) Karis Lippert 10
5) Trevyn Smith 09	6) Ella Diemer 09		
6 Lawton-Bronson	1	4:26.47	1
1) Hannah Hageman 12	2) Khiya Williams 09	3) Willow Fluent 12	4) Jolee Mesz 11
5) Sydney Brouwer 10	6) Alice Mahoney 10		
7 Turkey Val, JJ	1	4:26.76	2
1) Kara Reicks 12	2) Josie Weber 12	3) Kourtney Schmidt 12	4) Jalyssa Blazek 12
5) Cambree Kruse 12	6) Olivia Snyder 11		

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Event 148 ... (Girls Distance Medley 1A (24))

	Team	Relay	Seed Time
8	Hudson	1	4:27.15 3
	1) Emma Swanson 11	2) Addie Rhoades 09	3) Maddie Hansen 12
	5) Alexa Decker 10	6) Tori Kolterman 12	4) Addison Grady 12
9	N Tama, Traer	1	4:27.39 4
	1) Lainey Willenbring 11	2) Zoey Rausch 09	3) Jules Breakenridge 12
	5) Shae Ewoldt 11	6) Ava Breakenridge 09	4) Grace Lidgett 11
10	S Winn, Calmar	1	4:28.51 3
	1) Morgan Kriener 11	2) Josie Tollefsrud 10	3) Josie Tieskoetter 10
	5) Billie Wagner 11	6) Katie Shimek 09	4) Eryn Sabelka 12
11	Alta/Aurelia	1	4:28.82 2
	1) Maria Kueny 12	2) Allison Watts 10	3) Brielle Engelmann 11
	5) Jenna Nielsen 12	6) Shea Peterson 11	4) Nora Peterson 09
12	C-Wheatland	1	4:29.05 1
	1) Aubrey Connelly 11	2) Emily Boeckmann 10	3) Courtney Knoche 10
	5) Sarah Tulley 11	6) Kaitlyn Hayton 09	4) Noelle Steines 09
13	Martndsl-StMarys	1	4:29.63 2
	1) Carolyn Amfahr 10	2) Anna Parrott 12	3) Brynnly German 10
	5) Ellie Baker 09	6) Jackie Kleve 12	4) Campbell German 10
14	South O'Brien	1	4:30.20 2
	1) Kenna Bauer 12	2) Karlee Warnke 11	3) Taja Conley 11
	5) Abby Schreck 12	6) Regan Draper 09	4) Takara Conley 11
15	Pekin	1	4:33.18 1
	1) Lilly Reneker 11	2) Claire Roth 11	3) Makenzie Dahlstrom 12
	5) Audrey Fariss 10		4) Lauren Derscheid 12
16	Newell-Fonda	1	4:33.37 3
	1) Mia Walker 11	2) Mary Walker 11	3) Macy Sievers 12
	5) Isabel Bartek 10	6) Anna Mercer 09	4) Kierra Jungers 10
17	Lisbon	1	4:33.97 2
	1) Gabi Moehlman 11	2) Ava Czarnecki 10	3) Ella Clark 11
	5) Addie Clark 09	6) Peyton Robinson 11	4) Lourdes Mason 11
18	St. Edmond, FD	1	4:36.47 3
	1) Mya McClain 12	2) Gracie Harvey 12	3) Caroline Shelly 12
	5) Ellie Knox 09	6) Reese Lemberg 10	4) Michaela Leiting 10
19	Saint Ansgar	1	4:36.96 1
	1) Sarah Wagner 11	2) Lia Halfman 10	3) Mariah Michels 09
	5) Natalie Bork 10	6) Amelia Porisch 09	4) Kinsey Anderson 10
20	Riverside, Oak	1	4:37.73 1
	1) Emma Gordon 10	2) Macy Woods 11	3) Elly Henderson 09
	5) Izzy Bluml 12	6) Lydia Erickson 10	4) Carly Henderson 10
21	BCLUW	1	4:38.92 5
	1) Kaylee Grant 12	2) Kenna Paxson 12	3) Fiona Speicher 12
	5) Virginia Kaisand 09	6) Raegan Crawford 09	4) Miranda Jones 10
22	Earlham	1	4:39.06 4
	1) Alexis Voss 10	2) Grace Sweers 12	3) Lily Dixon 11
	5) Taylor Jensen 11	6) Riley Doud 12	4) Olivia Spurling 10
23	Wapsie Val, F	1	4:40.09 4
	1) Emma Jones 11	2) Hannah Knight 11	3) Hailey Eitzenhefer 12
	5) Brylee Bellis 11	6) Brooklyn Etringer 11	4) Ava VanDaele 10
24	Lynnville-Sully	1	4:46.78 1
	1) Carsyn McFarland 10	2) Aliya James 12	3) Kinsley Tice 11
	5) Morgan Jones 10	6) Elise Alberts 10	4) Greenlee Smock 11