

Iowa Girls & Boys State Track Meet 2022 - 5/19/2022 to 5/21/2022

Des Moines, Iowa
Drake Stadium
Performance List

Event 3 Girls 100 Meter Dash 2A (24) Prelims

Thursday 5/19/2022 - 6:30 PM

Name	Year	School	Seed Time		
1	Jaidyn Sellers	10	Panorama	12.44	1
2	Aubree Bell	12	KPWC	12.47	1
3	Ethnee Jorgensen	12	Okoboji, Milford	12.68	1
4	Rylee Vercande	12	Williamsburg	12.73	1
5	Camille Zwiefel	12	Cherokee, Wash	12.78	2
6	Tieler Hull	09	Underwood	12.82	2
7	Brooke Jergens	12	East Sac County	12.85	2
8	Ayden Feske	10	Eagle Grove	12.86	1
9	Ella Blinkinsop	11	Camanche	12.89	1
10	Kate Barkema	11	S Hamilton	12.90	2
11	Jade Mueller	11	Emmetsburg	12.93	3
12	Grace Sanderson	11	Camanche	12.97	2
13	Tasha Williams	11	W Central Valley	12.98	3
14	Paige Holst	11	Northeast, GL	12.98	3
15	Amanda Davis	09	Pocahon Area	13.14	3
16	Clara Smith	10	Davis County, B	13.15	1
17	Amy Kish	12	Pleasantville	13.16	3
18	Emma Westphal	12	Western Christ	13.18	4
19	Kacy Miller	10	W Monona	13.21	4
20	Hadley Ayers	09	Sioux Ctrl, SR	13.25	5
21	Cadan VanLaningham	11	Davis County, B	13.28	2
22	Myah Pont	09	Union, LaPorte C	13.32	2
23	Meredith Street	12	Osage	13.33	1
24	Colette Loges	09	Forest City	13.90	2

Event 11 Girls 200 Meter Dash 2A (24) Prelims

Thursday 5/19/2022 - 4:20 PM

Name	Year	School	Seed Time		
1	Natalie Demai	11	Denver	25.60	1
2	Jaidyn Sellers	10	Panorama	25.73	1
3	Erika Kuntz	12	KPWC	26.25	1
4	Eden Moore	10	Van Meter	26.26	2
5	Ethnee Jorgensen	12	Okoboji, Milford	26.27	1
6	Olivia Shannon	11	Greene County	26.37	3
7	Audrey Girard	10	W Marshall	26.53	1
8	Anna Heynen	10	Unity Chrst, OC	26.55	2
9	Reese Brownlee	09	Clear Lake	26.57	1
10	Brooke Jergens	12	East Sac County	26.57	2
11	Meredith Street	12	Osage	26.60	2
12	Mitzi Evans	12	Mid-Prairie, W	26.62	1
13	Kelbe Krumm	12	S Hamilton	26.67	2
14	Maddie Olson	11	Sheldon	26.85	3
15	Jade Mueller	11	Emmetsburg	26.86	4
16	Tasha Williams	11	W Central Valley	26.97	4
17	Amy Kish	12	Pleasantville	27.06	3
18	Ella Blinkinsop	11	Camanche	27.10	1
19	Payton Petersen	10	Dike-NH	27.17	2
20	Emma Westphal	12	Western Christ	27.23	5

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Event 11 ... (Girls 200 Meter Dash 2A (24) Prelims)

Name	Year	School	Seed Time	
21 Emma Hynick	12	Monticello	27.23	2
22 Cadan VanLaningham	11	Davis County, B	27.24	2
23 Regan Van Wyhe	12	Cent Lyon	27.28	6
24 Ashlyn Kovarna	10	Hinton	27.38	3

Event 19 Girls 400 Meter Dash 2A (24)

Thursday 5/19/2022 - 7:00 PM

Name	Year	School	Seed Time	
1 Reese Brownlee	09	Clear Lake	57.96	1
2 Mitzi Evans	12	Mid-Prairie, W	58.97	1
3 Erika Kuntz	12	KPWC	59.02	1
4 Meredith Street	12	Osage	59.29	2
5 Madison Brouwer	11	Sibley-Ocheyedan	1:00.57	1
6 Lizzy Van Utrecht	11	Eddyvl-Blakes/F	1:00.93	2
7 Jasey Anderson	10	Estherville-LC	1:00.96	2
8 Kyndra Gramstad	09	W Lyon, Inwood	1:01.23	3
9 McKenna Hohenadel	12	Louisa-Musc	1:01.45	3
10 Aliyah Humphrey	11	Underwood	1:01.60	1
11 Ashlyn Erickson	10	S Hamilton	1:01.72	1
12 Jenna Vonnahme	10	Pocahon Area	1:01.99	2
13 Olivia Phillips	09	I-35, Truro	1:02.08	2
14 Addie Nerem	10	Tipton	1:02.27	1
15 Liz Carbaugh	12	Red Oak	1:02.33	2
16 Hailee Pesek	10	New Hampton	1:02.56	3
17 Anna DeBoef	11	Pella Christian	1:02.60	3
18 Alyssa Stille	10	South Hardin	1:02.69	1
19 Abby Winterrowd	10	OABCIG	1:02.73	3
20 Peyton Naeve	12	Regina, IC	1:02.78	2
21 Maddie Olson	11	Sheldon	1:03.18	4
22 Molly Roling	09	Cascade	1:03.19	3
23 Reagan Seuntjens	09	MVAOCO	1:03.22	4
24 Aubrey Decker	10	Denver	1:03.52	2

Event 27 Girls 800 Meter Run 2A (24)

Saturday 5/21/2022 - 10:40 AM

Name	Year	School	Seed Time	
1 Madison Brouwer	11	Sibley-Ocheyedan	2:18.56	1
2 Clare Kelly	11	Van Meter	2:20.74	1
3 Mitzi Evans	12	Mid-Prairie, W	2:21.13	1
4 Danielle Hostetler	10	Mid-Prairie, W	2:21.93	2
5 Quinnlyn Schultz	09	Aplntn-Parksbg	2:23.82	1
6 Lilian Nelson	11	Forest City	2:25.24	1
7 Amanda Treptow	12	Jesup	2:25.27	2
8 Bethany Warren	09	Forest City	2:25.37	2
9 Addison Doughan	09	Clear Lake	2:25.50	3
10 Clare Wright	10	Jesup	2:25.87	3
11 Hillary Trainor	10	Sumner-Fredrksbg	2:26.19	4
12 Alivia Edens	10	Tipton	2:27.02	1
13 Addy Grimm	12	Osage	2:27.14	5
14 Ava Campbell	09	ACGC	2:27.70	2

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Event 27 ... (Girls 800 Meter Run 2A (24))

	Name	Year	School	Seed Time	
15	Kyleigh Foster	12	Crestwood	2:28.17	6
16	Mayson Hartley	11	Clarinda	2:28.38	3
17	McKenna Hohenadel	12	Louisa-Musc	2:28.39	3
18	Jaiden Groeneweg	11	Western Christ	2:29.15	2
19	Macy Engelson	12	South Hardin	2:30.17	4
20	Mack Walter	11	Tipton	2:32.99	2
21	Chloe Judisch	10	South Cent Cal	2:33.07	1
22	Lauryn Kilstofte	10	Roland-Story	2:33.35	1
23	Ellie Hull	12	E Marshall	2:33.72	2
24	Miella Struble	12	W Monona	2:33.78	2

Event 35 Girls 1500 Meter Run 2A (24)

Saturday 5/21/2022 - 2:52 PM

	Name	Year	School	Seed Time	
1	Clare Kelly	11	Van Meter	4:53.43	1
2	Danielle Hostetler	10	Mid-Prairie, W	4:54.36	1
3	Madison Brouwer	11	Sibley-Ocheyedan	4:59.20	1
4	Katelyn Johnston	11	Osage	5:01.24	1
5	Kinze Shea	10	Crestwood	5:01.48	2
6	Addison Doughan	09	Clear Lake	5:01.93	3
7	Sydney Yoder	12	Mid-Prairie, W	5:04.09	2
8	Amber Homan	11	Denver	5:07.94	1 Conv
9	Amanda Treptow	12	Jesup	5:08.21	2 Conv
10	Lilian Nelson	11	Forest City	5:09.44	4
11	Ruth Jennings	12	Williamsburg	5:10.72	1
12	Ellie Hull	12	E Marshall	5:11.34	2
13	Mayson Hartley	11	Clarinda	5:11.89	2
14	Madison Marco	11	Sibley-Ocheyedan	5:12.45	2
15	Chloe Ristau	12	Denver	5:13.37	3 Conv
16	Leah Koehler	09	Monticello	5:14.56	1
17	Linnea Bloom	09	Sioux Ctrl, SR	5:14.65	1
18	Alyssa Richman	09	Manson NW Web	5:14.71	2
19	Emma Althoff	11	Monticello	5:15.31	2
20	Emily Jackson	12	New Hampton	5:17.70	5
21	Julia Mertz	10	Beckman	5:17.79	3
22	Braelyn Meyer	09	N Fayette Val	5:18.74	6
23	Ava Campbell	09	ACGC	5:19.07	3
24	Natalie Nosbisch	09	New Hampton	5:19.93	7

Event 43 Girls 3000 Meter Run 2A (24)

Thursday 5/19/2022 - 3:20 PM

	Name	Year	School	Seed Time	
1	Katelyn Johnston	11	Osage	10:59.05	1
2	Madison Marco	11	Sibley-Ocheyedan	11:18.58	1
3	Danielle Hostetler	10	Mid-Prairie, W	11:19.17	1
4	Sydney Yoder	12	Mid-Prairie, W	11:22.79	2
5	Addison Doughan	09	Clear Lake	11:27.38	2
6	Kinze Shea	10	Crestwood	11:30.90	3
7	Preslie Oswald	11	Manson NW Web	11:31.80	1
8	Alyssa Richman	09	Manson NW Web	11:31.90	2

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Event 43 ... (Girls 3000 Meter Run 2A (24))

	Name	Year	School	Seed Time	
9	Olivia Hoogland	10	Unity Chrst, OC	11:34.15	2
10	Ava Capron	09	Monticello	11:39.29	1
11	Natalie Franklin	12	Regina, IC	11:39.95	2
12	Kaitlynn Schuler	11	Pocahon Area	11:42.20	3
13	Natalie Nosbisch	09	New Hampton	11:45.20	4
14	Emma Althoff	11	Monticello	11:48.70	3
15	Jaycie Vohs	10	Ridge View	11:49.20	4
16	Mayson Hartley	11	Clarinda	11:50.03	1
17	Claire Truesdell	09	Roland-Story	11:53.08	1
18	Braelyn Meyer	09	N Fayette Val	11:54.36	5
19	Lauren Youngblut	10	Union, LaPorte C	11:54.75	1
20	Lilian Nelson	11	Forest City	11:55.10	6
21	Ella Jicinsky	10	DSM Christian	11:57.19	2
22	Campbelle Kolbet	11	New Hampton	11:59.18	7
23	Reeve Ristau	09	Denver	12:01.76	2
24	Raenna Henke	09	Clarinda	12:16.72	2

Event 50 Girls 100 Meter Hurdles 2A (24) Prelims

Friday 5/20/2022 - 3:40 PM

	Name	Year	School	Seed Time	
1	Ellie Rickertsen	12	Northeast, GL	14.15	1
2	Macy Daufeldt	12	West Liberty	15.42	2
3	Devin Simon	11	Cascade	15.62	3
4	Rowan Jensen	10	Ridge View	15.73	1
5	Molly Shafer	09	Eddyvl-Blakes/F	15.79	1
6	Kennedy Trca	11	Clarion-Golddfd-Dows	15.90	1
7	Anna Coffee	12	Hinton	15.95	2
8	Katelyn Zelle	09	Jesup	15.98	3
9	Mikayla Beisel	09	Clarion-Golddfd-Dows	15.98	2
10	Addie Koelker	12	Beckman	16.02	4
11	Carlee Rochford	11	New Hampton	16.08	1
12	Carley Underwood	11	Colfax-Mingo	16.18	1
13	Sydney Barton	12	Tipton	16.22	5
14	Kate Green	09	Cascade	16.34	6
15	Addi Hindt	10	Southeast Valley	16.37	3
16	Olyvia Bellows	10	Aplntn-Parksbg	16.37	4
17	Paige Condon	12	Manson NW Web	16.39	4
18	Clara Teigland	11	Treynor	16.41	1
19	Zoie Vaught	12	Van Meter	16.42	2
20	Brooklyn Halbach	11	Osage	16.43	2
21	Annie Metzger	09	W Lyon, Inwood	16.46	1
22	Allison Casteel	12	Centerville	16.59	2
23	Alayna Wingate	11	Sibley-Ocheyedan	16.60	2
24	Delaney Baird	12	PCM, Monroe	16.74	2

Event 58 Girls 400 Meter Hurdles 2A (24)

Friday 5/20/2022 - 5:20 PM

	Name	Year	School	Seed Time	
1	Gracie Schoonhoven	11	Unity Chrst, OC	1:05.46	1
2	Taylor Kvale	12	Dike-NH	1:05.51	1

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Event 58 ... (Girls 400 Meter Hurdles 2A (24))

	Name	Year	School	Seed Time	
3	Ellie Rickertsen	12	Northeast, GL	1:05.67	1
4	Elizabeth Gibbs	12	Cascade	1:06.15	2
5	Carlie Jo Fusco	11	Durant	1:06.37	3
6	Devin Simon	11	Cascade	1:06.41	4
7	Mary Kelly	11	Van Meter	1:07.01	1
8	Alayna Wingate	11	Sibley-Ocheyedan	1:07.53	2
9	Laney Wolfswinkel	09	Cherokee, Wash	1:07.83	3
10	Carissa Spanier	12	Treynor	1:08.65	2
11	Delaney Baird	12	PCM, Monroe	1:09.04	1
12	Emelia Hauser	11	W Marshall	1:09.17	2
13	Morgan Neuroth	10	E Marshall	1:09.19	3
14	Bethany Warren	09	Forest City	1:09.25	1
15	Preslie Peterson	10	Sioux Ctrl, SR	1:09.46	1
16	Paige Condon	12	Manson NW Web	1:09.48	2
17	Peyton Naeve	12	Regina, IC	1:10.15	5
18	Makenna Kleinhesselink	12	Sheldon	1:10.15	4
19	Mikayla Beisel	09	Clarion-Goldfd-Dows	1:10.32	2
20	Taylor Long	11	Williamsburg	1:10.38	4
21	Carley Underwood	11	Colfax-Mingo	1:10.56	5
22	Maggie Criswell	11	Waukon	1:10.56	2
23	Kate Shafer	09	Eddyvl-Blakes/F	1:11.85	1
24	Allison Casteel	12	Centerville	1:11.92	2

Event 67 Girls 4x100 Meter Shuttle Hurdle 2A (24) Prelims**Thursday 5/19/2022 - 7:40 PM**

	Team	Relay	Seed Time	
1	Cascade	1	1:07.80	1
	1) Elizabeth Gibbs 12	2) Kate Green 09	3) Brianna Koppes 11	4) Devin Simon 11
	5) Emersyn Green 09	6) Ella Nauman 09		
2	Underwood	1	1:08.27	1
	1) Hailey Martin 11	2) Ellie Hackett 12	3) Alizabeth Jacobsen 10	4) Jordyn Reimer 11
	5) Ruby Patomson 09	6) Emma Childers 09		
3	West Liberty	1	1:08.49	2
	1) Macy Daufeldt 12	2) Sydney Rivera 11	3) Rylee Goodale 11	4) Laney Esmoil 10
	5) Madilyn Stultz 09	6) Pearson Hall 09		
4	Sioux Ctrl, SR	1	1:09.00	1
	1) Ryleigh Waldstein 09	2) Brynn Webber 11	3) Berkley Johannsen 11	4) Preslie Peterson 10
	5) Diana Gomez 12	6) Riley Binder 10		
5	Treynor	1	1:09.26	2
	1) Carissa Spanier 12	2) Aubree James 10	3) Ava Kennedy 09	4) Clara Teigland 11
	5) Emma Miller 09	6) Jordan Rogers 09		
6	Sheldon	1	1:09.28	1
	1) Emma Barwick 12	2) Macy Jager 10	3) Maliah Kleinhesselink 12	4) Makenna Kleinhesselink 12
	5) Charlotte Kuiper 09	6) Peyton Dekker 09		
7	Clarion-Goldfd-Dows	1	1:09.40	1
	1) Mikayla Beisel 09	2) Clarrisa Hasty 11	3) Ezra Heifner 12	4) Kennedy Trca 11
	5) Jorja Fulk 09	6) Kennedy Jackson 09		
8	W Lyon, Inwood	1	1:09.46	2
	1) Evy Knoblock 10	2) Annie Metzger 09	3) Jenessa VanVeldhuizen 12	4) Zavyr Metzger 12
	5) Tory Ulmer 11	6) Lauryn Martin 10		

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Event 67 ... (Girls 4x100 Meter Shuttle Hurdle 2A (24) Prelims)

Event	Team	Relay	Seed Time
9	Shenandoah	1	1:09.66 3
	1) Kate Lantz 11	2) Hadlee Kinghorn 12	3) Sarah Gilbert 12
	5) Navaeh Yale 09	6) Jenna Burdorf 10	4) Chloe Denton 09
10	Van Meter	1	1:09.91 4
	1) Molly Birks 11	2) Raegan Wiedman 11	3) Haedyn Rebelsky 09
	5) Ella Reimers 11	6) Charli Harkins 10	4) Zoie Vaught 12
11	Estherville-LC	1	1:09.93 3
	1) Audree Reinhardt 11	2) Cara Schiltz 09	3) Brei Christoffer 11
	5) Jasey Anderson 10	6) Jordyn Stokes 11	4) Rylee Yager 09
12	Aplntn-Parksbg	1	1:09.96 2
	1) Shayla Barrett 11	2) Kinsey Mohwinkle 10	3) Avery Freund 09
	5) Ellen Waller 11		4) Olyvia Bellows 10
13	Cherokee, Wash	1	1:10.12 4
	1) Anna Paulsrud 12	2) Natalie Harman 11	3) Jena Jenness 12
	5) Laney Wolfswinkel 09	6) Jada Timmerman 10	4) Alexis Pingel 12
14	Union, LaPorte C	1	1:10.73 3
	1) Sydney Anton 10	2) Reagan Sorensen 10	3) Ava Mills 10
	5) Ava Mehlert 10	6) Charlie Keegan 10	4) Jailyn Petersen 09
15	Waukon	1	1:10.75 1
	1) Reese McCormick 09	2) Cameron Johnson 10	3) Maggie Criswell 11
	5) Mari Delaney 09	6) Brenna Berns 12	4) Bailey Sherman 11
16	Durant	1	1:10.75 3
	1) Carlie Jo Fusco 11	2) Lainey Shelangoski 10	3) Macy Huston 10
	5) Leah Feuerbach 09	6) Dayna Maiers 12	4) Elizabeth Daufeldt 12
17	PCM, Monroe	1	1:10.81 1
	1) Belle Hudnut 12	2) Kate McClellan 12	3) Delaney Baird 12
	5) Laura Tedeschini 11	6) Avery Houser 10	4) Chelsea Bird 12
18	Beckman	1	1:11.09 4
	1) Abby Knepper 11	2) Claire Heinrichs 09	3) Kaitlyn Besler 09
	5) Kayla Burkle 09	6) Katelyn Schmitt 09	4) Addie Koelker 12
19	Central Sprngs	1	1:11.31 2
	1) Georgie Rozell 12	2) Karlie Klemesrud 12	3) Carly Ryan 11
	5) Madison Beyer 10	6) Alexandria Schiff 09	4) Ellyan Ryan 10
20	Colfax-Mingo	1	1:11.51 2
	1) Melany Vry 12	2) Kylie Doty 12	3) McKenna Pleima 11
	5) Mickayla Lind 10	6) Lily Webster 09	4) Carley Underwood 11
21	Hinton	1	1:12.20 2
	1) Hannah Poulsen 09	2) Carlene Hicklin 10	3) Madalyn Fox 12
	5) Cambree Sussex 09		4) Anna Coffee 12
22	E Marshall	1	1:12.41 3
	1) Vaeda Bryan 09	2) Cora Talbert 09	3) Jayleigh Pansegrau 12
	5) Lyla Liston 09	6) Addison Lane 12	4) Morgan Neuroth 10
23	Mid-Prairie, W	1	1:12.58 1
	1) Amara Jones 11	2) Nora Pennington 10	3) Emily Schlabach 11
	5) Ashlee Farrier 09	6) Isabel Forbes 12	4) Behla Schmidt 10
24	Cent Decatur	1	1:12.81 2
	1) Makenna Perkins 09	2) Hadley Bell 10	3) Addy Schreck 09
	5) Mikayla Morgan 10	6) Annika Evertsen 11	4) River Hamaker 11

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Event 72 Girls 4x100 Meter Relay 2A (24) Prelims

Friday 5/20/2022 - 6:20 PM

	Team	Relay	Seed Time	
1	Williamsburg	1	50.34	1
	1) Ailea Wetjen 09	2) Kendra Eichhorn 12	3) Makenna Hughes 09	4) Rylee Vercande 12
	5) Amina Dewitt 11	6) Mia Brecht 12		
2	Underwood	1	50.36	1
	1) Jordyn Reimer 11	2) Tayler Krueger 12	3) Aliyah Humphrey 11	4) Tieler Hull 09
	5) Haley Stangl 09	6) Ali Fletcher 11		
3	Okoboji, Milford	1	50.80	1
	1) Krishauna Allen 09	2) Ellsa Jorgensen 11	3) Leah Sorenson 12	4) Ethnee Jorgensen 12
	5) Zoey Holmes 10	6) Emma Graves 10		
4	S Hamilton	1	50.99	2
	1) Kate Barkema 11	2) Ashlyn Erickson 10	3) Makena Galetich 10	4) Kelbe Krumm 12
	5) Tanna Thompson 10	6) Anna Holm 10		
5	Roland-Story	1	51.03	3
	1) Adalyn Sporleder 09	2) Kennedy Petersen 09	3) Reagan Faber 11	4) Kamryn Lande 09
	5) Mackenzie Crutchfield 11	6) Lauryn Kilstofte 10		
6	Wilton	1	51.11	1
	1) Se Ann Houghton 11	2) Kelsey Drake 12	3) Kinsey Drake 09	4) Catie Hook 10
	5) Calli Langley 10	6) Hannah Rogers 10		
7	Dike-NH	1	51.16	1
	1) Shelby Ohrt 10	2) Ella Costello 11	3) Jady Petersen 10	4) Macie Graves 09
	5) Emma Hayes 10	6) Claire McCumber 10		
8	Estherville-LC	1	51.37	2
	1) Brei Christoffer 11	2) Tatum Dunlavy 10	3) Rylee Yager 09	4) Jasey Anderson 10
	5) Cara Schiltz 09	6) Jordyn Stokes 11		
9	Pocahon Area	1	51.46	1
	1) Allison Anderson 12	2) Amanda Davis 09	3) Tiffany Sheets 10	4) Puritie Smith 12
	5) Addie Lawson 10	6) Kadence Madsen 09		
10	Mid-Prairie, W	1	51.47	1
	1) Madeline Schrader 11	2) Alyssa McDowell 12	3) Tabitha Evans 11	4) Amara Jones 11
	5) Emma Lueck 10	6) Dakota Mitchell 09		
11	East Sac County	1	51.55	2
	1) Hannah Pudenz 10	2) Meredith Brown 12	3) Carly Fischer 12	4) Brooke Jergens 12
	5) Olivia Blum 11	6) Jen Aschinger 10		
12	Northeast, GL	1	51.56	2
	1) Paige Holst 11	2) Ellie Rickertsen 12	3) Madison Tarr 12	4) Alyssa Fowler 11
	5) Aubrie Kruse 12	6) Kayelee Hansen 12		
13	Camanche	1	51.57	3
	1) Grace Nauman 11	2) Ella Blinkinsop 11	3) Celina Hermann 10	4) Grace Sanderson 11
	5) Miley Duritza 09	6) Rylan Smith 09		
14	Unity Chrst, OC	1	51.74	3
	1) Zoe Dittman 10	2) Anna Heynen 10	3) Jady Hofmeyer 09	4) Molly Zylstra 11
	5) Maddie Hoogland 09	6) Haley Kuperus 10		
15	Union, LaPorte C	1	51.81	2
	1) Myah Pont 09	2) Sydney Anton 10	3) Aubrey Gates 11	4) Kate Carlson 09
	5) Gracie Rathe 12	6) Anabelle Siech 10		
16	Cherokee, Wash	1	51.86	4
	1) Camille Zwiefel 12	2) Taylor Christensen 11	3) Laney Wolfswinkel 09	4) Addy Pigott 09
	5) Jada Timmerman 10	6) Pamela Garcia 11		
17	Davis County, B	1	51.86	2
	1) Mayci White 10	2) Sydney Utt 10	3) Kaylea Hopkins 12	4) Clara Smith 10
	5) Jersey Greever 12	6) Cadan VanLaningham 11		

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Event 72 ... (Girls 4x100 Meter Relay 2A (24) Prelims)

Team	Relay	Seed Time
18 Pleasantville	1	51.90 4
1) Rayne Olson 12	2) Amy Kish 12	3) Sophia Mason 11
5) Lauren Furnal 09	6) Sydney Septer 11	4) Alex Blackford 11
19 Forest City	1	52.14 1
1) Emma Anderson 10	2) Jalyn Hovenga 10	3) Regan Helgeson 12
5) Colette Loges 09	6) Jaden Jerome 10	4) Shae Dillavou 12
20 Eagle Grove	1	52.17 3
1) Addyson Jeske 09	2) Braxton Steil 11	3) Olivia Anderson 10
5) Maddie Blomgren 12	6) Fatima Galvan 11	4) Ayden Feske 10
21 Ridge View	1	52.28 3
1) Hannah Ehrp 12	2) Shae Dutler 10	3) Kiara Dutler 11
5) Taya Phillips 10	6) Faith Freese 10	4) Rowan Jensen 10
22 Mediapolis	1	52.35 3
1) Kira Messer 09	2) Kendal Nollen 12	3) Kennedy Welliver 11
5) Hanna Wagenbach 10	6) Kyra Anderson 12	4) Haley Steffener 10
23 Greene County	1	52.54 2
1) Olivia Shannon 11	2) Katrina Heupel 11	3) Natalie Heupel 11
5) Rilyn Sigler 09	6) Gretah Kersey 11	4) Isabella Schroeder 11
24 Sumner-Fredrksbg	1	52.61 2
1) Ava Bernhard 11	2) Jana Meyer 10	3) Saela Steege 09
5) Cami Judisch 09	6) Payten Seehase 11	4) Sasha Gitch 11

Event 80 Girls 4x200 Meter Relay 2A (24)

Friday 5/20/2022 - 4:30 PM

Team	Relay	Seed Time
1 Underwood	1	1:46.16 1
1) Jordyn Reimer 11	2) Tayler Krueger 12	3) Haley Stangl 09
5) Aliyah Humphrey 11	6) Kinsley Ferguson 10	4) Tieler Hull 09
2 Okoboji, Milford	1	1:46.54 1
1) Ellsa Jorgensen 11	2) Zoey Holmes 10	3) Leah Sorenson 12
5) Krishauna Allen 09	6) Carly Carstens 11	4) Ethnee Jorgensen 12
3 Treynor	1	1:47.42 2
1) Jozie Lewis 10	2) Olivia Larsen 09	3) Clara Teigland 11
5) Keelea Navara 12	6) Allie Houser 10	4) Rachel Kinsella 12
4 KPWC	1	1:47.65 1
1) MaKenna Bowman 11	2) Erika Kuntz 12	3) McKenzie Goodwin 12
5) Allison Reinking 11	6) Brooklyn Beelner 09	4) Aubree Bell 12
5 Williamsburg	1	1:48.00 1
1) Rylee Vercande 12	2) Makenna Hughes 09	3) Ailea Wetjen 09
5) Shannon Finn 10	6) Lexi Mochal 11	4) Kendra Eichhorn 12
6 Dike-NH	1	1:48.30 1
1) Shelby Ohrt 10	2) Payton Petersen 10	3) Macie Graves 09
5) Claire McCumber 10	6) Emma Hayes 10	4) Taylor Kvale 12
7 W Marshall	1	1:48.67 2
1) Adisyn Young 12	2) Katy Reyerson 11	3) Lilly Buck 12
5) Greta Wengert 12	6) Kylee Schuler 09	4) Audrey Girard 10
8 S Hamilton	1	1:48.70 3
1) Makena Galetich 10	2) Kelbe Krumm 12	3) Tanna Thompson 10
5) Ashlyn Erickson 10	6) Anna Lammers 12	4) Kate Barkema 11
9 Mid-Prairie, W	1	1:49.06 1
1) Madeline Schrader 11	2) Amara Jones 11	3) Ella Groenewold 11
5) Maya Nonnenmann 11	6) Colby Brown 12	4) Tabitha Evans 11

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Event 80 ... (Girls 4x200 Meter Relay 2A (24))

Event	Team	Relay	Seed Time
10	Greene County	1	1:49.31 3
	1) Olivia Shannon 11	2) Katrina Heupel 11	3) Natalie Heupel 11
	5) Kamryn Sanders 11	6) Alexa Peters 11	4) Isabella Schroeder 11
11	Davis County, B	1	1:49.41 2
	1) Kaylea Hopkins 12	2) Cadan VanLaningham 11	3) Sydney Utt 10
	5) Briley Lough 12	6) Stephyn Wilfawn 11	4) Clara Smith 10
12	Wilton	1	1:49.47 1
	1) Se Ann Houghton 11	2) Kelsey Drake 12	3) Kinsey Drake 09
	5) Calli Langley 10	6) Hannah Rogers 10	4) Catie Hook 10
13	Denver	1	1:49.63 2
	1) Elaina Hildebrandt 10	2) Paige Westbrook 11	3) Laci Even 11
	5) Aubrey Decker 10	6) Kendall Cortelyou 10	4) Anna Curtis 11
14	Pocahon Area	1	1:49.90 2
	1) Allison Anderson 12	2) Amanda Davis 09	3) Jenna Vonnahme 10
	5) Paige Melohn 11	6) Madison Vial 09	4) Puritie Smith 12
15	Ridge View	1	1:50.19 3
	1) Hannah Ehrp 12	2) Shae Dutler 10	3) Rowan Jensen 10
	5) Taya Phillips 10	6) Kiara Dutler 11	4) Gabi Mason 09
16	Forest City	1	1:50.26 1
	1) Emma Anderson 10	2) Jalyn Hovenga 10	3) Regan Helgeson 12
	5) Colette Loges 09	6) Jessa Swearingen 09	4) Shae Dillavou 12
17	Western Christ	1	1:50.48 2
	1) Kayla Van Otterloo 10	2) Jenna Balt 11	3) Kylie De Jager 11
	5) Emma Westphal 12	6) Josie Zeutenhorst 12	4) Taylor Statema 11
18	Estherville-LC	1	1:50.60 3
	1) Brei Christoffer 11	2) Rylee Yager 09	3) Jordyn Stokes 11
	5) Daraieliz Acosta 11	6) Jasey Anderson 10	4) Tatum Dunlavy 10
19	Union, LaPorte C	1	1:50.98 3
	1) Sydney Anton 10	2) Gracie Rathe 12	3) Aubrey Gates 11
	5) Myah Pont 09	6) Anabelle Siech 10	4) Kate Carlson 09
20	Sumner-Fredrksbg	1	1:51.31 2
	1) Cami Judisch 09	2) Jana Meyer 10	3) Saela Steege 09
	5) Ava Bernhard 11	6) Willow Ziegler 11	4) Sasha Gitch 11
21	W Central Valley	1	1:51.40 4
	1) Tia Williams 09	2) Kinsey Alt 11	3) Breanna Powell 10
			4) Tasha Williams 11
22	West Branch	1	1:51.51 2
	1) Ava Finley 11	2) Iva Senio 11	3) JaLynn Falco 10
	5) Peyton Braddock 10	6) Delaynie Luneckas 12	4) Avery Schultes 11
23	East Sac County	1	1:51.75 4
	1) Hannah Pudenz 10	2) Meredith Brown 12	3) Carly Fischer 12
	5) Mary Bontrager 11	6) Jen Aschinger 10	4) Brooke Jergens 12
24	Cherokee, Wash	1	1:51.81 4
	1) Laney Wolfswinkel 09	2) Addy Pigott 09	3) Jada Timmerman 10
	5) Pamela Garcia 11	6) Kylie Christensen 10	4) Taylor Christensen 11

Event 88 Girls 4x400 Meter Relay 2A (24) Prelims

Friday 5/20/2022 - 7:00 PM

Event	Team	Relay	Seed Time
1	Denver	1	4:06.92 1
	1) Anna Curtis 11	2) Elaina Hildebrandt 10	3) Amber Homan 11
	5) Aubrey Decker 10	6) Laci Even 11	4) Natalie Demai 11

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Event 88 ... (Girls 4x400 Meter Relay 2A (24) Prelims)

	Team	Relay	Seed Time	
2	Van Meter	1	4:09.61	1
	1) Eden Moore 10	2) Mary Kelly 11	3) Maya Herman 12	4) Clare Kelly 11
	5) Teya Speltz 09	6) Raegan Wiedman 11		
3	New Hampton	1	4:09.63	1
	1) Taylor Ries 09	2) Carlee Rochford 11	3) Kinsley Hackman 09	4) Hailee Pesek 10
	5) Kandice Eggerichs 11	6) Marissa Cahoy 10		
4	Cascade	1	4:09.86	1
	1) Molly Roling 09	2) Elizabeth Gibbs 12	3) Grace Rhomberg 11	4) Devin Simon 11
	5) Ella Nauman 09	6) Kate Green 09		
5	Unity Chrst, OC	1	4:10.91	1
	1) Jaelye Woudstra 09	2) Emily Noteboom 09	3) Morgan De Groot 09	4) Gracie Schoonhoven 11
	5) Addison Liston 09	6) Olivia Hoogland 10		
6	Dike-NH	1	4:11.28	2
	1) Jady Petersen 10	2) Macie Graves 09	3) Ella Costello 11	4) Taylor Kvale 12
	5) Payton Petersen 10	6) Taylor Hoehns 12		
7	Western Christ	1	4:12.45	2
	1) Kayla Van Otterloo 10	2) Kylie De Jager 11	3) Taylor Statema 11	4) Jaiden Groeneweg 11
	5) Kyrin De Groot 09	6) Lydia Ellis 09		
8	Eddyvl-Blakes/F	1	4:13.18	1
	1) Abby Jager 10	2) Kate Shafer 09	3) Molly Shafer 09	4) Lizzy Van Utrecht 11
	5) Caroline Van Utrecht 09	6) Kadi Cody 11		
9	W Marshall	1	4:13.75	1
	1) Adisyn Young 12	2) Ryleigh Storjohann 09	3) Emelia Hauser 11	4) Lilly Buck 12
	5) Halie Hohnstein 10	6) Audrey Girard 10		
10	Roland-Story	1	4:14.10	2
	1) Madi Bauer 11	2) Mary Britten 11	3) Kamryn Lande 09	4) Lauryn Kilstofte 10
	5) Elizabeth Ihle 10	6) Kennedy Petersen 09		
11	Cent Lyon	1	4:14.67	3
	1) Ashlynn Davis 10	2) Riley Weiler 10	3) Afton Schlumbohm 11	4) Regan Van Wyhe 12
	5) Alexis Austin 09	6) Mary Schriever 10		
12	Northeast, GL	1	4:14.80	2
	1) Jeorgia Neumann 09	2) Alyssa Fowler 11	3) Madison Tarr 12	4) Paige Holst 11
	5) Ellie Rickertsen 12	6) Emily Erwin 09		
13	Williamsburg	1	4:15.10	3
	1) Macey Marovets 11	2) Reagan McMenemy 10	3) Makenna Hughes 09	4) Shannon Finn 10
	5) Kendra Eichhorn 12	6) Phoenix Gryp 10		
14	DSM Christian	1	4:15.42	4
	1) Etta Fish 09	2) Ali Pieper 12	3) Gabby Grove 09	4) Allie Lundberg 12
	5) Regan Kloppe 12	6) Madison Shimp 11		
15	Hinton	1	4:15.44	1
	1) Rylee Faith 11	2) Gabbie Friessen 10	3) Kadence Peters 10	4) Ashlyn Kovarna 10
	5) Ava Lang 09	6) Kyra Peters 10		
16	KPWC	1	4:15.56	2
	1) MaKenna Bowman 11	2) Allison Reinking 11	3) Brooklyn Beelner 09	4) McKenzie Goodwin 12
	5) Lillian Ofert 12	6) Kierstyn Cameron 09		
17	Treynor	1	4:15.84	2
	1) Clara Teigland 11	2) Carissa Spanier 12	3) Olivia Larsen 09	4) Rachel Kinsella 12
	5) Alyssa Kulesa 10	6) Kasey Lang 11		
18	Tipton	1	4:16.18	3
	1) Claire Montgomery 09	2) Alivia Edens 10	3) Mack Walter 11	4) Addie Nerem 10
	5) Madison Meier 10	6) Sydney Barton 12		

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Event 88 ... (Girls 4x400 Meter Relay 2A (24) Prelims)

	Team	Relay	Seed Time
19	Davis County, B	1	4:16.41 2
	1) Cassidy VanLaningham 09	2) Isabelle Carnahan 10	3) Sophia Young 11
	5) Macy Hill 12	6) Charley Barnhart 10	4) Briley Lough 12
20	Sibley-Ocheyedan	1	4:16.87 4
	1) Alayna Wingate 11	2) Olivia Hensch 10	3) Madison Marco 11
	5) Zoe Ackerman 10	6) Macey Hoekstra 10	4) Madison Brouwer 11
21	Sumner-Fredrksbg	1	4:16.98 2
	1) Willow Ziegler 11	2) Isabelle Elliott 10	3) Hillary Trainor 10
	5) Cami Judisch 09	6) Payten Seehase 11	4) Saela Steege 09
22	Grundy Center	1	4:18.67 3
	1) Bella Dole 12	2) Laney Dole 10	3) Lucy Lebo 10
	5) Jordan Launstein 11	6) Paiton Wallis 12	4) Ellery Luhring 10
23	Osage	1	4:19.90 3
	1) Jenna Scharper 09	2) Mackenzie Brown 09	3) Addy Grimm 12
	5) Meredith Street 12	6) Taylor Klobassa 10	4) Katelyn Johnston 11
24	South Hardin	1	4:20.05 4
	1) Madison Stille 10	2) Ava Salvo 09	3) Alyssa Stille 10
	5) Alli Sheldahl 09	6) Emma Salvo 12	4) Macy Engelson 12

Event 96 Girls 4x800 Meter Relay 2A (24)
Thursday 5/19/2022 - 5:00 PM

	Team	Relay	Seed Time
1	Tipton	1	10:03.39 1
	1) Addie Nerem 10	2) Mack Walter 11	3) Claire Montgomery 09
	5) Addi Tholen 10	6) Rebecca Hinderaker 10	4) Alivia Edens 10
2	Jesup	1	10:06.25 1
	1) Clare Wright 10	2) Alexis VanderWerff 12	3) Leah Becker 12
	5) Amaya Trebon-Boyd 09	6) Alexis Larson 12	4) Amanda Treptow 12
3	Western Christ	1	10:07.46 1
	1) Kayla Van Otterloo 10	2) Lydia Ellis 09	3) Kyrin De Groot 09
	5) Kylie De Jager 11	6) Shae Reitsma 09	4) Jaiden Groeneweg 11
4	Grundy Center	1	10:07.87 2
	1) Bella Dole 12	2) Laney Dole 10	3) Ellery Luhring 10
	5) Lucy Lebo 10	6) Kate Hayes 09	4) Taylor Stahl 12
5	Okoboji, Milford	1	10:08.17 2
	1) Carly Carstens 11	2) Lexi Duffy 12	3) Grace Pausley 10
	5) Lily Miller 10	6) Lauren Duffy 12	4) Maryn Frein 11
6	Monticello	1	10:12.34 2
	1) Leah Koehler 09	2) Hailey Henderson 09	3) Lydia Recker 12
	5) Ava Capron 09	6) Karle Kramer 12	4) Marisa Kehoe 10
7	Hinton	1	10:12.78 1
	1) Kaci Allen 10	2) Kyra Peters 10	3) Kadence Peters 10
	5) Ruby Harper 09	6) Ava Lang 09	4) Gabbie Friessen 10
8	Van Meter	1	10:13.73 1
	1) Mary Kelly 11	2) Brooklyn Fryar 10	3) Maya Herman 12
	5) Raegan Wiedman 11	6) Finley Netten 09	4) Clare Kelly 11
9	Cherokee, Wash	1	10:16.16 3
	1) Molly Pitts 12	2) Alexis Pingel 12	3) Riley Lubeck 11
	5) McKenna Benson 09	6) Julia Letsche 11	4) Harper Benson 10
10	Aplntn-Parksbg	1	10:16.46 3
	1) Lia Hovenga 11	2) Lexi Aswegen 10	3) Adison Williamson 11
	5) Ellen Waller 11	6) Ashley Schipper 10	4) Quinnlyn Schultz 09

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Event 96 ... (Girls 4x800 Meter Relay 2A (24))

Event	Team	Relay	Seed Time
11	Sioux Ctrl, SR	1	10:18.88 2
	1) Preslie Peterson 10	2) Morgan Christian 10	3) Allison Ehlers 10
	5) Emma Storms 10	6) Mireya Ledesma 12	4) Linnea Bloom 09
12	Williamsburg	1	10:21.87 1
	1) Reagan McMenomy 10	2) Ruth Jennings 12	3) April Phillips 11
	5) Macey Marovets 11	6) Erica McMullin 11	4) Taylor Winegarden 12
13	Waukon	1	10:22.41 1
	1) Jayden Knox 11	2) Katarina Kovarik 11	3) Mia Kurth 10
	5) Hailie Hanson 12	6) Madelyn Helgerson 12	4) Paige Hansmeier 11
14	Denver	1	10:24.59 4
	1) Chloe Ristau 12	2) Laci Even 11	3) Aubrey Decker 10
	5) Hailey Homan 09	6) Reeve Ristau 09	4) Amber Homan 11
15	W Marshall	1	10:24.85 2
	1) Bella Borgos 09	2) Halie Hohnstein 10	3) Ryleigh Storjohann 09
	5) Lilly Buck 12	6) Lily Zahnd 09	4) Emelia Hauser 11
16	Cent Lyon	1	10:25.11 4
	1) Riley Weiler 10	2) Kaylee Davis 12	3) Mary Schriever 10
	5) Brooklyn Krull 12	6) Kaylee Fluit 11	4) Afton Schlumbohm 11
17	Manson NW Web	1	10:26.10 3
	1) Aleksandria Aljets 12	2) Preslie Oswald 11	3) Alyssa Richman 09
	5) Amber Aljets 10	6) Raegan Wooldridge 10	4) Paige Condon 12
18	Crestwood	1	10:27.67 2
	1) Kyleigh Foster 12	2) Olivia Ollendick 11	3) Kendel Slavin 12
	5) Laney Peter 09	6) Tara Koshatka 11	4) Kinze Shea 10
19	Albia	1	10:28.91 1
	1) Avery Major 10	2) Ellie Martin 12	3) Abby George 09
	5) Olivia Sheffield 09	6) Makenna Cronin 10	4) Serene Thompson 09
20	Ridge View	1	10:32.33 4
	1) Tatum Shepherd 10	2) Morgan Todd 12	3) Madison Stowater 10
	5) Mya Henningson 09	6) Jaycie Vohs 10	4) Shae Dutler 10
21	S Hamilton	1	10:33.89 3
	1) Anna Lammers 12	2) McKenna Miller 09	3) Kailyn Northrop 10
	5) Mercedes Beaune 12	6) Ashlyn Erickson 10	4) Madison Beaune 12
22	Mediapolis	1	10:34.07 2
	1) Kyra Anderson 12	2) Jaydon Wirt 10	3) Brooklyn Moehle 12
	5) Hanna Wagenbach 10	6) Aubrey Kuntz 10	4) Haley Steffener 10
23	Mid-Prairie, W	1	10:34.55 3
	1) Annika Poll 10	2) Phoebe Shetler 10	3) Greta Sieren 10
	5) Dessa Poll 09	6) Sydney Yoder 12	4) Abby Fleming 10
24	Treynor	1	10:39.83 2
	1) Carissa Spanier 12	2) Kasey Lang 11	3) Alexa Schwartz 10
	5) Aubree James 10	6) Reese Chapman 09	4) Alyssa Kulesa 10

Event 110 Girls 800 Sprint Medley 2A (24)**Saturday 5/21/2022 - 9:12 AM**

Event	Team	Relay	Seed Time
1	KPWC	1	1:49.28 1
	1) MaKenna Bowman 11	2) McKenzie Goodwin 12	3) Aubree Bell 12
	5) Brooklyn Beelner 09	6) Allison Reinking 11	4) Erika Kuntz 12
2	Denver	1	1:50.63 1
	1) Amelia Powers 09	2) Elaina Hildebrandt 10	3) Natalie Demai 11
	5) Laci Even 11	6) Aubrey Decker 10	4) Anna Curtis 11

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Event 110 ... (Girls 800 Sprint Medley 2A (24))

Team	Relay	Seed Time
3 Clear Lake	1	1:51.40 1
1) Madison Leisure 09	2) Makella Jacobs 11	3) Lydia Brattrud 09
5) Josie Lester 09	6) Rebekah Steinbron 09	4) Reese Brownlee 09
4 Unity Chrst, OC	1	1:51.99 1
1) Jady Hofmeyer 09	2) Molly Zylstra 11	3) Anna Heynen 10
5) Emily Noteboom 09	6) Maddie Hoogland 09	4) Gracie Schoonhoven 11
5 Dike-NH	1	1:52.19 2
1) Shelby Ohrt 10	2) Ella Costello 11	3) Macie Graves 09
5) Payton Petersen 10	6) Taylor Hoehns 12	4) Taylor Kvale 12
6 Panorama	1	1:52.37 1
1) Zoey Hambleton 10	2) Grace Webner 12	3) Payton Beckman 12
5) Faith Recker 09	6) Cayden Iredale 09	4) Jaidyn Sellers 10
7 Mid-Prairie, W	1	1:52.56 1
1) Madeline Schrader 11	2) Alyssa McDowell 12	3) Ella Groenewold 11
5) Tabitha Evans 11	6) Maya Nonnenmann 11	4) Mitzi Evans 12
8 Van Meter	1	1:52.74 2
1) Shea Rhodes 12	2) Kennedy Wiedman 10	3) Eden Moore 10
5) Makenzie Dubbin 09	6) Zoie Vaught 12	4) Maya Herman 12
9 Northeast, GL	1	1:52.96 1
1) Madison Tarr 12	2) Alyssa Fowler 11	3) Paige Holst 11
5) Madison Messerich 12	6) Jeorgia Neumann 09	4) Ellie Rickertsen 12
10 Underwood	1	1:53.29 3
1) Tayler Krueger 12	2) Haley Stangl 09	3) Tieler Hull 09
5) Ali Fletcher 11	6) Kinsley Ferguson 10	4) Aliyah Humphrey 11
11 Estherville-LC	1	1:53.30 2
1) Brei Christoffer 11	2) Tatum Dunlavy 10	3) Rylee Yager 09
5) Cara Schiltz 09	6) Jordyn Stokes 11	4) Jasey Anderson 10
12 Pocahon Area	1	1:53.49 2
1) Allison Anderson 12	2) Amanda Davis 09	3) Puritie Smith 12
5) Abby Oberhelman 11	6) Allie Oberhelman 11	4) Jenna Vonnahme 10
13 W Lyon, Inwood	1	1:54.05 3
1) Jersey Hawf 09	2) Macey Jones 10	3) Randi Childress 11
5) Emma Knobloch 11	6) Evy Knobloch 10	4) Kyndra Gramstad 09
14 Roland-Story	1	1:54.08 1 Conv
1) Adalyn Sporleder 09	2) Reagan Faber 11	3) Kamryn Lande 09
5) Kennedy Petersen 09	6) Mackenzie Crutchfield 11	4) Lauryn Kilstofte 10
15 Okoboji, Milford	1	1:54.23 4
1) Krishauna Allen 09	2) Leah Sorenson 12	3) Ellsa Jorgensen 11
5) Ethnee Jorgensen 12	6) Carly Carstens 11	4) Zoey Holmes 10
16 Forest City	1	1:54.46 2
1) Emma Anderson 10	2) Regan Helgeson 12	3) Jalyn Hovenga 10
5) Jessa Swearingen 09	6) Karly Lambert 11	4) Bethany Warren 09
17 Eddyvl-Blakes/F	1	1:54.67 2
1) Kate Shafer 09	2) Ruth E Gutch 12	3) Molly Shafer 09
5) Abby Jager 10	6) Hailey Boyer 10	4) Lizzy Van Utrecht 11
18 Treynor	1	1:54.70 4
1) Keelea Navara 12	2) Olivia Larsen 09	3) Jozie Lewis 10
5) Allie Houser 10		4) Rachel Kinsella 12
19 Williamsburg	1	1:54.81 2 Conv
1) Makenna Hughes 09	2) Rylee Vercande 12	3) Ailea Wetjen 09
5) Shannon Finn 10	6) Elizabeth Stohlmann 10	4) Kendra Eichhorn 12

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Event 110 ... (Girls 800 Sprint Medley 2A (24))

Team	Relay	Seed Time
20 Durant	1	1:55.32 2
1) Shannon Head 12	2) Isabelle DeLong 10	3) Emma Meincke 09
5) Lainey Shelangoski 10	6) Kennedy Schumacher 10	4) Carlie Jo Fusco 11
21 New Hampton	1	1:55.43 3
1) Alivya Wisner 11	2) Taylor Ries 09	3) Kinsley Hackman 09
5) Addison Trower 10	6) Josie Speltz 09	4) Hailee Pesek 10
22 Osage	1	1:55.67 4
1) Brooklyn Halbach 11	2) Azure Christensen 11	3) Meredith Street 12
5) Maegan Krebsbach 12	6) Jenna Scharper 09	4) Addy Grimm 12
23 S Hamilton	1	1:56.74 3 Conv
1) Kate Barkema 11	2) Makena Galetich 10	3) Kelbe Krumm 12
5) Tanna Thompson 10	6) Anna Lammers 12	4) Ashlyn Erickson 10
24 W Monona	1	1:56.78 3
1) Carly Miller 11	2) Sophia Woodward 09	3) Kacy Miller 10
5) Jalyn Struble 10	6) Joslin Gaukel 10	4) Miella Struble 12

Event 118 Girls High Jump 2A (24)

Friday 5/20/2022 - 4:30 PM

Name	Year	School	Seed Mark
1 Maddie Olson	11	Sheldon	5-08.00 1
2 Olyvia Bellows	10	Aplntn-Parksg	5-07.00 1
3 Molly Zylstra	11	Unity Chrst, OC	5-05.00 2
4 Molly Shafer	09	Eddyvl-Blakes/F	5-05.00 1
5 Ella Groenewold	11	Mid-Prairie, W	5-04.00 2
6 Carlee Rochford	11	New Hampton	5-04.00 1
7 Cameron Johnson	10	Waukon	5-03.00 2
8 Alyssa Fowler	11	Northeast, GL	5-03.00 1
9 Cara Veenstra	11	Pella Christian	5-02.00 1
10 Elizabeth Chambers	12	Northeast, GL	5-02.00 2
11 Shae Dillavou	12	Forest City	5-02.00 3
12 Nahia Ellis	11	Cherokee, Wash	5-02.00 3
13 Chloe Largent	12	ACGC	5-01.00 1
14 Alizabeth Jacobsen	10	Underwood	5-00.00 2
15 Kylee Schuler	09	W Marshall	5-00.00 2
16 Grace Sanderson	11	Camanche	5-00.00 3
17 Madison Ehrig	10	Emmetsburg	5-00.00 4
18 Anna Coffee	12	Hinton	5-00.00 1
19 Mallory Becker	12	Jesup	5-00.00 2
20 Aubrey De Groot	11	Unity Chrst, OC	5-00.00 5
21 Lexi McElrath	11	KPWC	4-11.00 2
22 Addie Lawson	10	Pocahon Area	4-10.00 3
23 Grace Neuberger	10	S Hamilton	4-10.00 3
24 Molly Birks	11	Van Meter	4-10.00 3

Event 126 Girls Long Jump 2A (24)

Thursday 5/19/2022 - 4:30 PM

Name	Year	School	Seed Mark
1 Macy Daufeldt	12	West Liberty	17-11.75 1
2 Carlee Rochford	11	New Hampton	17-10.75 1
3 Reese Brownlee	09	Clear Lake	17-08.50 2
4 Liz Carbaugh	12	Red Oak	17-07.00 1

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Event 126 ... (Girls Long Jump 2A (24))

	Name	Year	School	Seed	Mark
5	Olivia Shannon	11	Greene County	17-04.75	2
6	Kinsey Alt	11	W Central Valley	17-04.50	3
7	Zoie Vaught	12	Van Meter	17-03.25	4
8	Jordyn Reimer	11	Underwood	17-03.00	5
9	Paige Millikan	12	Clarinda	16-11.00	6
10	Aubree Bell	12	KPWC	16-08.25	1
11	Grace Sanderson	11	Camanche	16-07.00	2
12	Allie Houser	10	Treynor	16-06.00	7
13	Adalyn Sporleder	09	Roland-Story	16-06.00	1
14	Jenna Balt	11	Western Christ	16-05.00	1
15	Addyson Jeske	09	Eagle Grove	16-05.00	1
16	Jasey Anderson	10	Estherville-LC	16-04.75	2
17	Catie Hook	10	Wilton	16-03.75	3
18	Kelsey Drake	12	Wilton	16-00.00	4
19	Emma Lueck	10	Mid-Prairie, W	15-10.25	1
20	Kallie Greiner	11	Davis County, B	15-10.00	2
21	Jessa Swearingen	09	Forest City	15-09.25	3
22	Ava Mills	10	Union, LaPorte C	15-07.75	2
23	Alex Blackford	11	Pleasantville	15-02.25	2
24	Lexi McElrath	11	KPWC	15-01.25	2

Event 134 Girls Discus Throw 2A (24)

Friday 5/20/2022 - 2:00 PM

	Name	Year	School	Seed	Mark
1	Allie Schweitzberger	11	KPWC	133-04	1
2	Shelby Mills	12	Southeast Valley	127-10	2
3	Jana Ter Wee	10	W Lyon, Inwood	125-07	1
4	Maddie Fischer	10	Anamosa	125-04	1
5	Sydney Eggena	12	Denver	121-05	1
6	Kristen Davis	12	Pocahon Area	121-01	3
7	Katie Pickhinke	12	Ridge View	118-05	4
8	Lauren Kounkel	10	Hinton	117-03	5
9	Kyra Lester	12	Colfax-Mingo	114-02	1
10	Mackenzey Grady	12	S Hamilton	112-09	2
11	Madison Geise	12	Roland-Story	112-05	3
12	Lynsey Countryman	12	KPWC	111-09	6
13	Payten Lode	12	Sheldon	110-04	2
14	Sarah Dean	09	N Fayette Val	110-02	1
15	Allie Cloke	12	Cardinal, Eldon	108-05	1
16	Tayler Wessely	12	Dike-NH	108-00	2
17	Megan Vander Pol	10	Western Christ	106-08	3
18	Madeline Nonnenmann	12	Mid-Prairie, W	106-06	2
19	Ellie Sibbel	10	Kuemper Cath	105-11	1
20	Jadyn Sawyer	12	Grundy Center	105-11	3
21	McKayla Smith	12	Colfax-Mingo	104-02	4
22	Allison Kenneavy	12	Camanche	103-08	2
23	Ericka Power	10	Osage	101-11	2
24	Sara Morales	12	Shenandoah	101-09	2

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Event 142 Girls Shot Put 2A (24)**Thursday 5/19/2022 - 2:00 PM**

Name	Year	School	Seed	Mark
1 Sydney Eggena	12	Denver	42-02.50	1
2 Dahlia Gardiner	12	Grundy Center	39-09.25	2
3 Kenzie Schon	12	Kuemper Cath	39-09.00	1
4 Jana Ter Wee	10	W Lyon, Inwood	38-00.00	1
5 Ellie Sibbel	10	Kuemper Cath	37-11.50	2
6 Macy Friest	12	Roland-Story	37-04.50	1
7 Alyssa Pierce	09	West Branch	37-04.00	1
8 McKayla Smith	12	Colfax-Mingo	37-03.50	2
9 Keira Hammen	11	South Cent Cal	37-02.50	1
10 Lauren Kounkel	10	Hinton	37-00.00	2
11 Allison Kenneavy	12	Camanche	36-02.50	2
12 Aubrey Metzger	09	Cent Lyon	36-02.50	2
13 Tayler Wessely	12	Dike-NH	36-01.75	3
14 Sara Morales	12	Shenandoah	36-01.00	3
15 Cora Mescher	12	Monticello	36-00.50	3
16 Katelyn Grady	11	Sheldon	36-00.50	3
17 Rylee Gallaher	11	PCM, Monroe	35-08.00	3
18 Kennedy Wheeler	12	E Marshall	35-03.50	4
19 Kloe Hemmersbach	10	Waukon	35-03.50	1
20 Elle Ridgeway	11	Williamsburg	35-01.50	5
21 Jady Huisman	10	Treynor	35-01.00	4
22 Kaci Crum	09	Central Sprngs	34-09.25	2
23 Paige Kaster	11	Albia	33-10.50	1
24 Kaylee Corbin	12	Louisa-Musc	33-09.00	2

Event 149 Girls Distance Medley 2A (24)**Friday 5/20/2022 - 2:40 PM**

Team	Relay	Seed	Time
1 Van Meter	1	4:18.07	1
1) Raegan Wiedman 11	2) Eden Moore 10	3) Maya Herman 12	4) Mary Kelly 11
5) Teya Speltz 09	6) Clare Kelly 11		
2 Denver	1	4:18.36	1
1) Anna Curtis 11	2) Elaina Hildebrandt 10	3) Natalie Demai 11	4) Amber Homan 11
5) Laci Even 11	6) Chloe Ristau 12		
3 Sumner-Fredrksbg	1	4:20.06	1
1) Jana Meyer 10	2) Sasha Gitch 11	3) Saela Steege 09	4) Hillary Trainor 10
5) Cami Judisch 09	6) Willow Ziegler 11		
4 Unity Chrst, OC	1	4:20.25	1
1) Anna Heynen 10	2) Emily Noteboom 09	3) Gracie Schoonhoven 11	4) Jaelye Woudstra 09
5) Morgan De Groot 09	6) Haley Kuperus 10		
5 Williamsburg	1	4:22.23	1
1) Ailea Wetjen 09	2) Kendra Eichhorn 12	3) Shannon Finn 10	4) Macey Marovets 11
5) Makenna Hughes 09	6) Taylor Winegarden 12		
6 Forest City	1	4:24.07	2
1) Regan Helgeson 12	2) Shae Dillavou 12	3) Bethany Warren 09	4) Lilian Nelson 11
5) Emma Anderson 10	6) Emilie Weaver 10		
7 Crestwood	1	4:24.18	3
1) Dylan Rahlf 12	2) Lily Troendle 09	3) Olivia Johnson 09	4) Kyleigh Foster 12
5) Aubrey Mannery 09	6) Olivia Ollendick 11		

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Event 149 ... (Girls Distance Medley 2A (24))

	Team	Relay	Seed Time
8	Roland-Story	1	4:24.50 2
	1) Adalyn Sporleder 09	2) Kennedy Petersen 09	3) Kamryn Lande 09
	5) Madi Bauer 11	6) Claire Truesdell 09	4) Lauryn Kilstofte 10
9	Mid-Prairie, W	1	4:25.21 1
	1) Madeline Schrader 11	2) Amara Jones 11	3) Tabitha Evans 11
	5) Mitzi Evans 12	6) Ella Groenewold 11	4) Danielle Hostetler 10
10	Panorama	1	4:25.82 2
	1) Zoey Hambleton 10	2) Grace Webner 12	3) Payton Beckman 12
	5) Faith Recker 09	6) Cayden Iredale 09	4) Jaidyn Sellers 10
11	Jesup	1	4:26.41 2
	1) Alexis Larson 12	2) Mallory Becker 12	3) Katelyn Zelle 09
	5) Clare Wright 10	6) Alexis VanderWerff 12	4) Amanda Treptow 12
12	Clear Lake	1	4:27.38 4
	1) Madison Leisure 09	2) Makella Jacobs 11	3) Lydia Brattrud 09
	5) Reese Brownlee 09	6) Anna Feuerbach 10	4) Addison Doughan 09
13	Clarinda	1	4:28.63 3
	1) Taylor Cole 11	2) Paige Millikan 12	3) Jerzee Knight 09
	5) Presley Jobe 10	6) Raenna Henke 09	4) Mayson Hartley 11
14	Aplntn-Parksbg	1	4:29.27 3
	1) Emma Wolff 09	2) Halle Buseman 11	3) Lexi Aswegen 10
	5) Ellen Waller 11	6) Ashley Schipper 10	4) Quinnlyn Schultz 09
15	Tipton	1	4:29.35 1
	1) Sydney Barton 12	2) Claire Montgomery 09	3) Addie Nerem 10
	5) Mack Walter 11	6) Tatum Nebergall 09	4) Alivia Edens 10
16	Cent Lyon	1	4:29.59 2
	1) Regan Van Wyhe 12	2) Ashlynn Davis 10	3) Afton Schlumbohm 11
	5) Veronica Waagmeester 11	6) Kaylee Davis 12	4) Mary Schriever 10
17	W Marshall	1	4:29.91 3
	1) Adisyn Young 12	2) Audrey Girard 10	3) Lilly Buck 12
	5) Ryleigh Storzjohann 09	6) Katy Reyerson 11	4) Emelia Hauser 11
18	W Monona	1	4:30.06 1
	1) Carly Miller 11	2) Jalyn Struble 10	3) Kacy Miller 10
	5) Sophia Woodward 09	6) Devyn Beck 10	4) Miella Struble 12
19	Okoboji, Milford	1	4:30.76 3
	1) Krishauna Allen 09	2) Montana Wilson 12	3) Lexi Duffy 12
	5) Ethnee Jorgensen 12	6) Maryn Frein 11	4) Lily Miller 10
20	Cherokee, Wash	1	4:30.93 4
	1) Camille Zwiefel 12	2) Laney Wolfswinkel 09	3) Harper Benson 10
	5) Taylor Christensen 11	6) Riley Lubeck 11	4) Molly Pitts 12
21	KPWC	1	4:31.26 2
	1) Avery Schroeder 11	2) Allison Reinking 11	3) Brooklyn Beelner 09
	5) Lexi McElrath 11	6) Sarahy Hamman 12	4) Lillian Ofert 12
22	Hinton	1	4:32.44 3
	1) Anna Coffee 12	2) Ashlyn Kovarna 10	3) Kadence Peters 10
	5) Rylee Faith 11	6) Ava Lang 09	4) Gabbie Friessen 10
23	Davis County, B	1	4:34.68 2
	1) Cassidy VanLaningham 09	2) Chloe Fetcho 11	3) Briley Lough 12
	5) Mayci White 10	6) Charley Barnhart 10	4) Macy Hill 12
24	Wilton	1	4:34.68 2
	1) Se Ann Houghton 11	2) Kelsey Drake 12	3) Catie Hook 10
	5) Kinsey Drake 09	6) Eve Watkins-Schoenig 10	4) Charlotte Brown 11