

Iowa Girls & Boys State Track Meet 2024 - 5/16/2024 to 5/18/2024

Des Moines, Iowa

Drake Stadium

Performance List

Event 1 Girls 100 Meter Dash 1A (24) Prelims

Thursday 5/16/2024 - 6:30 PM

	Name	Year	School	Seed	Time
1	Jaidyn Sellers	12	Panorama	12.19	1
2	Aleksys Gannon	12	Murray	12.48	1
3	Morgan Hast	09	Boyer Valley	12.78	1
4	Jaylin May	11	Wapsie Val, F	12.82	1
5	Maddie Fehr	10	WB-Mallard	12.83	1
6	Mia Backous	11	Grand View Christ	12.86	2
7	Kloe Nissen	09	Don Bosco	12.89	1
8	Chloe Wierson	12	Collins-Maxwell	12.89	3
9	Rya Scott	10	Hillcrest	12.91	1
10	Reagan Murphy	12	Bishop Garrigan	12.95	2
11	Avery Eastvold	11	Lake Mills	12.97	1
12	Maddie Weston	11	Nodaway Vall	13.01	2
13	Claire Schroeder	12	St. Mary's, R	13.03	2
14	Macy Thorson	11	Nwood-Kensett	13.06	2
15	Rena Cowgill	12	W Monona	13.07	3
16	Ella Whitney	09	Wayne, Corydon	13.08	3
17	Abbie Capesius	12	Bishop Garrigan	13.08	3
18	Paige Richards	09	Madrid	13.09	2
19	Ava Gehrking	09	English Valleys	13.14	1 Conv
20	Chloe Snook	10	Montezuma	13.14	2
21	Kaitlyn Hahn	10	Edgewd-Colesburg	13.14	2
22	Trista Hansaker	09	Melcher-Dallas	13.15	4
23	Aurey Meeker	12	Winfield-Mt. U	13.19	3
24	Emma Cooper	12	Southwest Valley	13.54	1

Event 9 Girls 200 Meter Dash 1A (24) Prelims

Thursday 5/16/2024 - 4:20 PM

	Name	Year	School	Seed	Time
1	Jaidyn Sellers	12	Panorama	25.35	1
2	Aleksys Gannon	12	Murray	25.88	1
3	Addy Happel	12	Lisbon	26.14	1 Conv
4	Kloe Nissen	09	Don Bosco	26.22	1
5	Chloe Wierson	12	Collins-Maxwell	26.59	2
6	Katy Pryor	10	Woodbine	26.73	1
7	Rylee Atkinson	10	Edgewd-Colesburg	26.74	1
8	Maddie Fehr	10	WB-Mallard	26.76	1
9	Mia Backous	11	Grand View Christ	26.80	3
10	Reagan Murphy	12	Bishop Garrigan	26.90	2
11	Emma Cooper	12	Southwest Valley	26.91	1
12	Ava Gehrking	09	English Valleys	26.94	2 Conv
13	Tatum Huyser	10	Lynnville-Sully	26.94	2 Conv
14	Macy Thorson	11	Nwood-Kensett	26.94	1
15	Emma Lundy	12	Nodaway Vall	26.97	2
16	Rya Scott	10	Hillcrest	27.27	1
17	Chloe Snook	10	Montezuma	27.38	2
18	Kate Lanz	10	Wapello	27.39	3
19	Abbie Capesius	12	Bishop Garrigan	27.42	3
20	Paige Richards	09	Madrid	27.43	2

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Event 9 ... (Girls 200 Meter Dash 1A (24) Prelims)

	Name	Year	School	Seed Time	
21	Morgan Hast	09	Boyer Valley	27.49	2
22	Cindy Swain	12	Essex	27.54	2
23	Camryn Paris	09	Maquoketa Valley	27.60	2
24	Trista Hansaker	09	Melcher-Dallas	27.78	4

Event 17 Girls 400 Meter Dash 1A (24)

Thursday 5/16/2024 - 7:00 PM

	Name	Year	School	Seed Time	
1	Jaidyn Sellers	12	Panorama	57.76	1
2	Kadence Huck	11	Nashua-Plainfld	58.37	1
3	Kloe Nissen	09	Don Bosco	59.78	1
4	Aleksys Gannon	12	Murray	1:00.20	1
5	Katy Pryor	10	Woodbine	1:00.30	1
6	Lanni Beaman	10	Maquoketa Valley	1:00.49	1
7	Tess Casey	09	Tri-Center	1:00.52	2
8	Courtney Knoche	12	C-Wheatland	1:00.52	1
9	Abbie Capesius	12	Bishop Garrigan	1:01.41	1
10	Inna Howard	11	Madrid	1:01.79	2
11	Jenna Thornburg	12	East Mills	1:02.08	1
12	Kennedy Brant	10	Glad-Reinbeck	1:02.30	3
13	Josi Munger	09	Starmont	1:02.53	2
14	Sadie Cox	11	Lenox	1:02.60	2
15	Ema Roberts	11	HLV, Victor	1:02.67	2
16	Rya Scott	10	Hillcrest	1:03.25	1
17	Amelia Porisch	11	Saint Ansgar	1:03.46	2
18	Kaylen Robinson	11	Moravia	1:03.67	2
19	Cora Sauer	09	Lake Mills	1:03.70	3
20	Mallory Mohn	12	Kee, Lansing	1:03.82	3
21	Mia Matgen	09	St. Mary's, R	1:03.82	3
22	Rylee Atkinson	10	Edgewd-Colesburg	1:03.95	4
23	Dorothy Bear	09	Meskwaki Settle	1:04.57	4
24	Evelyn Hitzhusen	09	West Fork	1:04.64	4

Event 25 Girls 800 Meter Run 1A (24)

Saturday 5/18/2024 - 10:30 AM

	Name	Year	School	Seed Time	
1	Lili Denton	10	St. Albert, CB	2:21.02	1
2	Ava Campbell	11	ACGC	2:21.38	1
3	Kadence Huck	11	Nashua-Plainfld	2:21.67	1
4	Lila Powers	10	Saint Ansgar	2:23.70	2
5	Anna Lursen	10	St. Edmond, FD	2:24.06	2
6	Hannah Frank	11	Earlham	2:25.23	3
7	Katelyn Brandhorst	10	Madrid	2:25.47	1
8	Chloe Broer	10	W Monona	2:25.78	1
9	Becca Hofmann	12	North Iowa	2:26.10	3
10	Ada Hansen	09	CAM, Anita	2:26.20	2
11	Isah VanArsdol	11	Tri-Center	2:26.23	2
12	Nora Peterson	11	Alta/Aurelia	2:26.96	1
13	Josi Munger	09	Starmont	2:27.17	1
14	Josie Tieskoetter	12	S Winn, Calmar	2:27.27	4

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Event 25 ... (Girls 800 Meter Run 1A (24))

	Name	Year	School	Seed Time	
15	Courtney Knoche	12	C-Wheatland	2:28.54	1 Conv
16	Izabelle Seda	09	Woodbine	2:28.61	3
17	Allysen Johnsen	10	Logan-Magnolia	2:28.69	4
18	Alaina Gourley	10	Danville	2:28.76	1
19	Hayden Berkland	10	Alta/Aurelia	2:29.01	2
20	Haedyn Hall	11	Logan-Magnolia	2:29.28	5
21	Emery Hall	09	HLV, Victor	2:31.24	2 Conv
22	Jayden Peters	09	Collins-Maxwell	2:31.73	4
23	Maclaine German	10	Martndsl-StMarys	2:32.95	1
24	Elizabeth Erickson	09	Colo-Nesco	2:33.02	2

Event 33 Girls 1500 Meter Run 1A (24)

Saturday 5/18/2024 - 2:15 PM

	Name	Year	School	Seed Time	
1	Ava Campbell	11	ACGC	4:56.96	1
2	Kadence Huck	11	Nashua-Plainfld	4:57.51	1
3	Katelyn Brandhorst	10	Madrid	5:01.83	1
4	Claire Zweibohmer	10	Riceville	5:02.26	2
5	Lauren Hillesland	10	North Iowa	5:02.32	3
6	Lili Denton	10	St. Albert, CB	5:02.99	1
7	Hannah Brandhorst	09	Madrid	5:07.07	2
8	Lauren Krogmann	09	Starmont	5:07.48	1
9	Chloe Glosser	10	Pekin	5:08.15	1
10	Jayden Peters	09	Collins-Maxwell	5:10.77	2
11	Addison Voelker	09	North Butler	5:11.05	4
12	Allysen Johnsen	10	Logan-Magnolia	5:11.26	1
13	Abbi Waskow	09	Dunkerton	5:11.39	2
14	Nora Peterson	11	Alta/Aurelia	5:11.61	1
15	Mareni Brabec	10	Newell-Fonda	5:13.09	2
16	Michaela Leiting	12	St. Edmond, FD	5:15.34	3
17	Kylie Rochholz	09	Panorama	5:16.84	4
18	Tyra Schupbach	10	WB-Mallard	5:17.07	3
19	Lydia Ives	10	Grand View Christ	5:17.57	5
20	Adyson Lapel	11	Woodbine	5:17.98	2
21	Ava Franzen	09	S Winn, Calmar	5:19.84	5
22	Lydia Parlee	10	Grand View Christ	5:19.91	6
23	Karson Oberender	10	Martndsl-StMarys	5:20.79	1
24	Kalia Stover	11	BCLUW	5:25.02	1

Event 41 Girls 3000 Meter Run 1A (24)

Thursday 5/16/2024 - 3:20 PM

	Name	Year	School	Seed Time	
1	Claire Zweibohmer	10	Riceville	10:43.14	1
2	Lauren Hillesland	10	North Iowa	10:44.71	2
3	Katelyn Brandhorst	10	Madrid	10:49.13	1
4	Addison Voelker	09	North Butler	10:52.50	3
5	Lili Denton	10	St. Albert, CB	10:55.31	1
6	Jayden Peters	09	Collins-Maxwell	10:59.24	1
7	Nora Peterson	11	Alta/Aurelia	11:01.42	1
8	Kylie Rochholz	09	Panorama	11:06.20	2

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Event 41 ... (Girls 3000 Meter Run 1A (24))

	Name	Year	School	Seed Time	
9	Allysen Johnsen	10	Logan-Magnolia	11:09.33	1
10	Tyra Schupbach	10	WB-Mallard	11:10.79	2
11	Adyson Lapel	11	Woodbine	11:12.88	2
12	Madelyn Grothus	09	Madrid	11:14.19	2
13	Chloe Broer	10	W Monona	11:14.80	3
14	Lauren Krogmann	09	Starmont	11:16.08	1
15	Marie Yoder	09	Hillcrest	11:17.75	1
16	Meghan Wheatley	12	North Linn	11:19.23	3
17	Madison Sporrer	11	Logan-Magnolia	11:20.49	4
18	Emmerson Jedlicka	10	N Mahaska	11:23.49	2
19	Lydia Ives	10	Grand View Christ	11:23.63	3
20	Elizabeth Erickson	09	Colo-Nesco	11:23.84	4
21	Karson Oberender	10	Martndsl-StMarys	11:30.71	1
22	Lydia Parlee	10	Grand View Christ	11:31.15	4
23	Hannah Landwehr	12	St. Edmond, FD	11:31.47	5
24	Addison Achenbach	09	English Valleys	11:49.02	1

Event 49 Girls 100 Meter Hurdles 1A (24) Prelims

Friday 5/17/2024 - 4:00 PM

	Name	Year	School	Seed Time	
1	Claire Schroeder	12	St. Mary's, R	15.09	1
2	Lindsey Moore	12	Nwood-Kensett	15.30	1
3	Hannah Olson	11	Stanton	15.92	1
4	Lauren Johnson	11	Stanton	15.94	2
5	Reagan Murphy	12	Bishop Garrigan	15.96	1
6	Allison Watts	12	Alta/Aurelia	16.02	2
7	Addison Winters	10	Kee, Lansing	16.08	1
8	Camryn Russell	10	Baxter	16.10	1
9	Annika Nelson	12	Nodaway Vall	16.39	3
10	Carsyn Adams	09	Griswold	16.39	1
11	Josie Harvey	11	St. Edmond, FD	16.40	1
12	Layla Meador	10	Tri-Center	16.60	2
13	Alyssa Steinback	12	Belle Plaine	16.93	1
14	Layla Ewing	11	Moravia	16.94	4
15	Kiera Hochstein	12	St. Albert, CB	16.95	2
16	Morgan Wallin	12	Nwood-Kensett	16.95	2
17	Carsyn Clothier	12	Springville	16.97	2
18	Andelyn Cabalka	11	E Buchanan	17.02	2
19	Kaitlynn Hasselbusch	11	Lisbon	17.03	3
20	Izzy Weldon	12	Fremont-Mills	17.12	3
21	Leila Wedgwood	10	BCLUW	17.13	4
22	Honor Hovenga	09	Janesville	17.18	2
23	Josie Nelson	11	Winfield-Mt. U	17.19	1
24	Aspen Falk	12	Saint Ansgar	17.25	3

Event 57 Girls 400 Meter Hurdles 1A (24)

Friday 5/17/2024 - 5:40 PM

	Name	Year	School	Seed Time	
1	Carly Henderson	12	Riverside, Oak	1:04.56	1
2	Bella Gute	11	Fremont-Mills	1:07.02	2

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Event 57 ... (Girls 400 Meter Hurdles 1A (24))

	Name	Year	School	Seed	Time
3	Ada Hansen	09	CAM, Anita	1:07.03	3
4	Carsyn Adams	09	Griswold	1:07.30	4
5	Quincey Schneckloth	11	Tri-Center	1:07.61	1
6	Lauren Malone	12	Boyer Valley	1:07.65	2
7	Cortney Knutson	12	Wayne, Corydon	1:08.01	1
8	Lindsey Moore	12	Nwood-Kensett	1:08.46	1
9	Addison Winters	10	Kee, Lansing	1:08.53	1
10	Elsie Flexsenhar	10	E Buchanan	1:08.68	2
11	Lauren Johnson	11	Stanton	1:08.71	2
12	Nataliya Linder	09	N Mahaska	1:09.26	1
13	Shayla Greeley	11	Riceville	1:09.33	2
14	Reagan Clarahan	11	Sigourney	1:09.47	2
15	Honor Hovenga	09	Janesville	1:09.50	1
16	Tori Metzgar	11	AGWSR	1:09.55	2
17	Aaliyah Cooper	11	HLV, Victor	1:10.06	1
18	Kierstin Montag	12	WB-Mallard	1:10.25	1
19	Hannah Kimberley	12	Collins-Maxwell	1:10.33	1
20	Laney Brinkman	10	North Butler	1:10.39	3
21	Maclayn Houston	12	W Harrison	1:10.49	3
22	Allison Watts	12	Alta/Aurelia	1:10.58	2
23	Addison Adams	11	Griswold	1:11.13	5
24	Dorothy Bear	09	Meskwaki Settle	1:11.32	3

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims**Thursday 5/16/2024 - 7:40 PM**

	Team	Relay	Seed	Time
1	Nwood-Kensett	1	1:06.65	1
	1) Macy Thorson 11	2) Emma Hengesteg 12	3) Morgan Wallin 12	4) Lindsey Moore 12
	5) Chloe Costello 12			
2	Fremont-Mills	1	1:06.86	1
	1) Bella Gute 11	2) Izzy Weldon 12	3) Lana Alley 10	4) Emily Madison 12
	5) Reese Gute 10	6) Kinley Blackburn 10	7) Carlie Nuckolls 09	
3	St. Mary's, R	1	1:07.34	1
	1) Halle Galles 12	2) Mya Bunkers 12	3) Whitney Jensen 12	4) Claire Schroeder 12
	5) Hallie Bunkers 09	6) Mia Matgen 09		
4	Stanton	1	1:07.47	1
	1) Kyla Hart 11	2) Lauren Johnson 11	3) Elly McDonald 12	4) Hannah Olson 11
	5) Lilly Ford 09	6) Meredith Roberts 10	7) Jasmine Osher 10	8) Corinne Hopf 09
5	Saint Ansgar	1	1:08.47	2
	1) Kenzie Peterson 11	2) Mariah Michels 11	3) Brylee Wynia 11	4) Aspen Falk 12
	5) Ava Falk 10	6) Isabella Hermanson 10		
6	Woodbine	1	1:09.75	2
	1) Adalynn Coenen 10	2) Reese Leaders 10	3) Nicole Hoefer 12	4) Kylie Neligh 12
	5) Isabell Crook 10			
7	Springville	1	1:09.84	1
	1) Rowan Jacobi 10	2) Morgan DeMean 09	3) Hayden Robertson 09	4) Carsyn Clothier 12
	5) Addison Merritt 09	6) Madison Williams 09	7) Hannah March 12	8) Elizabeth Hansen 09
8	Tri-Center	1	1:10.17	3
	1) Layla Meador 10	2) Cassidy Cunningham 12	3) Avilyn Killpack 11	4) Quincey Schneckloth 11
	5) Zohie Payne 09	6) Addison Zacharias 09	7) Taytum Soppe-Cope 10	

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Event 66 ... (Girls 4x100 Meter Shuttle Hurdle 1A (24) Prelims)

Event	Team	Relay	Seed Time
9	Lisbon	1	1:10.28 2
	1) Mykala Luzum-Selmon 10	2) Addie Clark 11	3) Brynn Epperly 11
	5) Kamryn Kahl 10	6) Leila Mayhew 09	4) Kaitlynn Hasselbusch 11
10	Wayne, Corydon	1	1:10.85 2
	1) Ava Whitney 11	2) Ella Pruiett 10	3) Brystal Peck 09
	5) Halle O'Brien 10	6) Jolene Murphy 09	7) Hagan Arnold 12
			8) Izzie Moore 11
11	WACO	1	1:11.11 1
	1) Ally Rinner 11	2) Brenna Graber 09	3) Madelyn Farmer 09
	5) Morgan Leichty 10	6) Courtney Waterhouse 09	7) Drew Graber 09
12	Winfield-Mt. U	1	1:11.30 2
	1) Tessa Huston 12	2) Suttyn Schlee 09	3) Aurey Meeker 12
	5) Kaelyn Townsley 10	6) Afton Wilkerson 12	7) Brooklynn Simmons 12
13	Griswold	1	1:11.39 2
	1) Reese Laverty 11	2) Bristol Wyman 09	3) Addison Adams 11
	5) Kate Tischer 10	6) Amanda Houser 09	7) Dakota Reynolds 12
			8) Josie Millikan 10
14	CR-Bayard	1	1:11.53 1
	1) Lauren Cook 09	2) Aubrey Hofbauer 10	3) Amelia Eddy 09
	5) Ella Heithoff 10	6) Ashtyn Klocke 10	4) Malia Clayburg 10
15	Logan-Magnolia	1	1:11.68 4
	1) Kaiya Knauss 11	2) Addyson Monico 12	3) Ava Sloan 10
	5) Marki Bertelsen 12	6) Rory Madsen 12	4) Abby Czarnecki 12
16	St. Albert, CB	1	1:11.93 3
	1) Ella Klusman 12	2) Ava Wagner 11	3) Lilly Krohn 12
	5) Kirsten Piskorski 11	6) Ellie Monahan 11	4) Kiera Hochstein 12
17	Pekin	1	1:12.03 3
	1) Reece Brisby 09	2) Paislee Coleman 09	3) Abby Guise 10
	5) Renae Eubanks 11	6) Brinley Phillips 09	4) Kayse Miller 11
18	Wapsie Val, F	1	1:12.24 1
	1) Austin Franck 10	2) Ella Morarend 09	3) Maya Barnes 10
	5) Avery Jones 11	6) Isabel LaRue 12	4) Kalle Voy 10
19	Baxter	1	1:12.41 3
	1) Grace Anderegg 10	2) Kendall Brummel 09	3) Rossi Swihart 09
	5) Avery Wonders 09	6) Gwen Tichy 09	7) Regan Russell 12
			8) Morgan Ratliff 12
20	Lake Mills	1	1:12.60 3
	1) Alexis Anderson 12	2) Cora Sauer 09	3) Tori Sterrenberg 09
	5) Ella Thompson 10	6) Katelyn Rogstad 11	7) Jacky Gallardo 09
			8) Gaby Santiago 09
21	CAM, Anita	1	1:12.72 4
	1) Ada Hansen 09	2) Bailey Lillard 09	3) Brookelyn Steffen 09
	5) Lyndsey Chaney 11	6) Mia South 12	4) Ruthie Rich 09
22	IKM-Manning	1	1:12.83 5
	1) Abigail Neiheisel 12	2) Grace Carroll 10	3) Anna Stangl 10
	5) Taylor Beckendorf 11	6) Karlee Arp 10	7) Oriah Meiners 10
			8) Samantha Doyel 10
23	Janesville	1	1:12.98 1
	1) Addy Oldenburger 10	2) Hayden Pugh 11	3) Klaire Osborn 11
	5) Hayleigh Heiser 12		4) Honor Hovenga 09
24	Newell-Fonda	1	1:13.16 1
	1) Lexi Kay Roberts 12	2) Rylee Hogrefe 09	3) Ava Vie 10
	5) Rowyn Nielsen 09		4) Torian Schubert 12

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Event 70 Girls 4x100 Meter Relay 1A (24) Prelims

Friday 5/17/2024 - 6:20 PM

	Team	Relay	Seed Time
1	Riverside, Oak	1	51.20 1
	1) Elly Henderson 11	2) Adaline Martens 10	3) Emma Gordon 12
	5) Ella Reed 09	6) Carly Henderson 12	7) Ayla Richardson 11
			8) Kayden Schnack 09
2	Nodaway Vall	1	51.26 1
	1) Grace Britten 12	2) Maddie Weston 11	3) Emma Lundy 12
	5) Allie Cornelison 09	6) Addison Glade 09	7) Haisley Zoubek 10
			8) Joanna Larson 11
3	Wayne, Corydon	1	51.34 2
	1) Hagan Arnold 12	2) Brystal Peck 09	3) Cortney Knutson 12
	5) Ava Whitney 11	6) Clara O'Brien 12	7) Ella Pruiett 10
			8) Halle O'Brien 10
4	Lisbon	1	51.36 1
	1) Brynn Epperly 11	2) Ava Czarniecki 12	3) Addie Clark 11
	5) Leila Mayhew 09	6) Mykala Luzum-Selmon 10	4) Addy Happel 12
5	Lake Mills	1	51.47 1
	1) Brittany Leibeg 11	2) Regan Eastvold 09	3) Makenzie Budach 09
	5) Jacky Gallardo 09	6) Cora Sauer 09	7) Kendall Leonhardi 11
			8) Emily Soto 09
6	Fremont-Mills	1	51.82 2
	1) Izzy Weldon 12	2) Bella Gute 11	3) Carlie Chambers 11
	5) Kinley Blackburn 10	6) Reese Gute 10	7) Lana Alley 10
			8) Carlie Nuckolls 09
7	Lone Tree	1	51.85 1
	1) Addison McCullough 09	2) Rylee Shield 11	3) Vivian Zaruba 11
	5) Olivia Magruder 09	6) Cate Sexton 11	7) Alex Dautremont 11
			8) Carlee Sexton 09
8	Wapsie Val, F	1	51.90 1
	1) Jaylin May 11	2) Taylor Buhr 10	3) LeeAnn Oltrogge 11
	5) Haley Stuber 10	6) Isabel LaRue 12	7) Austin Franck 10
			8) Avery Jones 11
9	Maquoketa Valley	1	51.91 2
	1) Lily Huber 12	2) Lilly Kraft 09	3) Lanni Beaman 10
	5) Lili Bauers 11	6) Emma Brockhohn 09	4) Camryn Paris 09
10	W Monona	1	52.06 1
	1) McKenna Baker 09	2) Ashlee Pittet 10	3) Kacy Miller 12
	5) Montana Farrens 10	6) Savannah Lucas 11	7) Carly Stangel 10
			8) Sophia Woodward 11
11	Grand View Christ	1	52.32 1
	1) Priscilla Nicholson 12	2) Ashlan Pearson 11	3) Livy VanDerSluis 10
			4) Mia Backous 11
12	St. Albert, CB	1	52.38 3
	1) Kiera Hochstein 12	2) Sophia Denton 09	3) Alexa Lenz 09
	5) Ella Klusman 12	6) Lilly Krohn 12	7) Molly Wise 10
			8) Greta Livingston 09
13	Highland	1	52.45 2
	1) Alexa Hahn 09	2) Hailey Brun 09	3) Lilly Barre 11
	5) Graci Boyd 11	6) Courtney Chalupa 12	7) Brena Hazelett 10
			8) Sarah Burton 12
14	Lynnville-Sully	1	52.50 2
	1) Carsyn McFarland 12	2) Morgan Hay 10	3) Morgan Jones 12
	5) Natalie Roberts 12	6) Helle Augustinussen 11	7) Brilynn Tice 09
			8) Addison Collum 09
15	Nwood-Kensett	1	52.75 2
	1) Lindsey Moore 12	2) Macy Thorson 11	3) Chloe Costello 12
	5) Emma Hengesteg 12	6) Mallory Rheingans 12	4) Morgan Wallin 12
16	Edgewd-Colesburg	1	52.83 3
	1) Claire Aulwes 12	2) Rylee Atkinson 10	3) Brooke Bolinger 12
	5) Sophie Mueller 09	6) Emma Staner 12	7) Mylie Elliot 10
			8) Kara Knipper 10
17	West Hancock	1	53.02 3
	1) Vanessa Nieto Mendez 10	2) Mallory Leerar 12	3) Cameron Haugland 09
	5) Lauryn Johnson 09	6) Sophie Aitchison 09	7) Tara Marchand 10
			8) Ava Keiper 09

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Event 70 ... (Girls 4x100 Meter Relay 1A (24) Prelims)

Event	Team	Relay	Seed Time
18	Earlham	1	53.04 2
	1) Avrie Fagan 10	2) Alexis Voss 12	3) Keeley Keller 10
	5) Taylor Waltz 10	6) Shilyn Terrell 09	7) Rowen Fisk 12
			8) Ally Presler 10
19	Saint Ansgar	1	53.07 4
	1) Mariah Michels 11	2) Josie Juhl 11	3) Emma Hall 12
	5) Natalie Bork 12	6) Aspen Falk 12	7) Lila Powers 10
			8) Brylee Wynia 11
20	St. Mary's, R	1	53.23 2
	1) Halle Galles 12	2) Whitney Jensen 12	3) Mya Bunkers 12
	5) Hallie Bunkers 09	6) Mia Matgen 09	4) Claire Schroeder 12
21	North Union	1	53.23 1
	1) Beth Streuber 12	2) Peyton Jenkins 09	3) Libby Stevens 12
	5) Adeline Kollasch 10	6) Sienna Hansen 11	7) Brylie Deim 10
			8) Macy Colegrove 10
22	Wapello	1	53.48 3
	1) Jacie Hoeg 12	2) Emily Hemphill 12	3) Annaka Greiner 09
	5) Ada Boysen 12	6) Tyra Lanz 12	7) Tatum Wolford 12
			8) Callie Wagenbach 10
23	Lenox	1	53.50 4
	1) Bentley Petersen 11	2) Gabby Robles 12	3) Zoey Reed 11
	5) Delaney Funk 10	6) Greenly Ramsey 10	4) Sadie Cox 11
24	North Linn	1	54.08 1
	1) Kamryn Kurt 12	2) Skylar Benesh 12	3) Macy Boge 12
	5) Molly Boge 11	6) Carly Ries 10	7) Peyton McMahon 10
			4) Mackenzie Bridgewater 11

Event 78 Girls 4x200 Meter Relay 1A (24)

Friday 5/17/2024 - 4:40 PM

Event	Team	Relay	Seed Time
1	Nodaway Vall	1	1:48.48 1
	1) Annika Nelson 12	2) Grace Britten 12	3) Maddie Weston 11
	5) Lindsey Davis 12	6) Megan McCall 12	7) Chloe Rardin 10
			8) Allie Cornelison 09
2	Fremont-Mills	1	1:48.59 1
	1) Bella Gute 11	2) Carlie Chambers 11	3) Lana Alley 10
	5) Kinley Blackburn 10	6) Reese Gute 10	7) Carlie Nuckolls 09
			8) Ellie Switzer 12
3	Lisbon	1	1:48.77 1
	1) Addy Happel 12	2) Ava Czarnecki 12	3) Brynn Epperly 11
	5) Leila Mayhew 09	6) Mykala Luzum-Selmon 10	7) Maeve Krogmann 12
			4) Addie Clark 11
4	Riverside, Oak	1	1:49.21 2
	1) Elly Henderson 11	2) Emma Gordon 12	3) Carly Henderson 12
	5) Kayden Schnack 09	6) Olivia Lund 10	7) Ella Reed 09
			8) Veronica Schechinger 11
5	Lake Mills	1	1:49.23 1
	1) Brittany Leibeg 11	2) Avery Eastvold 11	3) Makenzie Budach 09
	5) Cora Sauer 09	6) Jacky Gallardo 09	7) Kendall Leonhardi 11
			8) Ella Thompson 10
6	Wayne, Corydon	1	1:49.32 2
	1) Hagan Arnold 12	2) Brystal Peck 09	3) Cortney Knutson 12
	5) Ava Whitney 11	6) Clara O'Brien 12	7) Ella Pruiett 10
			8) Halle O'Brien 10
7	W Monona	1	1:49.41 1
	1) Renae Cowgill 12	2) Kacy Miller 12	3) Carly Stangel 10
	5) Montana Farrens 10	6) Creighton Lichtenberg 10	7) Chloe Broer 10
			8) Savannah Lucas 11
8	Maquoketa Valley	1	1:50.55 1
	1) Lily Huber 12	2) Lilly Kraft 09	3) Lili Bauers 11
	5) Natalie Ries 09	6) McKenna Mineart 09	4) Taryn Burbridge 10
9	Wapsie Val, F	1	1:50.56 2
	1) Jaylin May 11	2) LeeAnn Oltrogge 11	3) Taylor Buhr 10
	5) Haley Stuber 10	6) Avery Jones 11	7) Isabel LaRue 12
			8) Ava Meyer 09

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Event 78 ... (Girls 4x200 Meter Relay 1A (24))

Event	Team	Relay	Seed Time
10	Lynnville-Sully	1	1:50.66 2
	1) Carsyn McFarland 12	2) Brilynn Tice 09	3) Morgan Jones 12
	5) Addison Collum 09	6) Helle Augustinussen 11	7) Morgan Hay 10
			8) Natalie Roberts 12
11	IKM-Manning	1	1:50.76 2
	1) Taylor Beckendorf 11	2) Grace Carroll 10	3) Oriah Meiners 10
	5) Abigail Neiheisel 12	6) Audrey Menough 12	7) Hannah McKinney 11
			8) Laynie Gawley 11
12	Lone Tree	1	1:50.78 1
	1) Addison McCullough 09	2) Rylee Shield 11	3) Vivian Zaruba 11
	5) Hayden Yoder 11	6) Cate Sexton 11	7) Dalanie Graap 10
			8) Olivia Magruder 09
13	West Hancock	1	1:50.90 2
	1) Vanessa Nieto Mendez 10	2) Mallory Leerar 12	3) Cameron Haugland 09
	5) Whytnie Johnson 12	6) Eden Nielsen 12	7) Amelia Collins 12
			8) Ava Keiper 09
14	Newell-Fonda	1	1:51.33 1
	1) Kierra Jungers 12	2) Kinzee Hinders 11	3) Anna Mercer 11
	5) Rylee Hogrefe 09	6) McKenna Sievers 12	7) Mareni Brabec 10
			8) Lindsey Wolf 11
15	Springville	1	1:51.43 3
	1) Hannah March 12	2) Addison Merritt 09	3) Rowan Jacobi 10
	5) Morgan DeMean 09	6) Carsyn Clothier 12	7) Hayden Robertson 09
			8) Elizabeth Hansen 09
16	Winfield-Mt. U	1	1:52.00 2
	1) Josie Nelson 11	2) Tessa Huston 12	3) Aurey Meeker 12
	5) Suttyn Schlee 09	6) Afton Wilkerson 12	7) Alexis Stearns 10
			4) Quin Smith 10
17	S Winn, Calmar	1	1:52.16 3
	1) Katie Shimek 11	2) Maddy Jansen 10	3) Allison Hageman 11
	5) Adele Conway 10	6) Britney Hageman 11	7) Alyssa Holthaus 10
			8) Annie Hageman 09
18	Alta/Aurelia	1	1:52.24 2
	1) Kadence Langschwager 10	2) Jaci DeGroot 12	3) Clare Gunkelman 10
	5) Elsie Peterson 09	6) Breyer Anderson 11	7) Hayden Berkland 10
			8) Caitlyn Mattson 11
19	Danville	1	1:52.31 3
	1) Kenna Furnald 12	2) Miya Orbiana 11	3) Macie Wagner 10
	5) Violette Sowell 09	6) Delaney Newberry 09	4) Jaeda Molle 12
20	North Linn	1	1:52.32 1
	1) Kamryn Kurt 12	2) Macy Boge 12	3) Skylar Benesh 12
	5) Allie Haughenbury 11	6) Carly Ries 10	7) Molly Boge 11
			4) Mackenzie Bridgewater 11
21	Saint Ansgar	1	1:52.55 4
	1) Brylee Wynia 11	2) Mariah Michels 11	3) Josie Juhl 11
	5) Lila Powers 10	6) Natalie Bork 12	7) Emma Hall 12
			4) Ava Falk 10
22	Earlham	1	1:52.58 1
	1) Keeley Keller 10	2) Ava Harris 10	3) Shilyn Terrell 09
	5) Taylor Waltz 10	6) Rowen Fisk 12	7) Darby Moore 10
			4) Avrie Fagan 10
23	North Union	1	1:52.73 3
	1) Libby Stevens 12	2) Beth Streuber 12	3) Peyton Jenkins 09
	5) Adeline Kollasch 10	6) Sienna Hansen 11	7) Brylie Deim 10
			4) Naomi Jones 12
24	AGWSR	1	1:52.76 2
	1) Ella Diemer 11	2) Tori Metzgar 11	3) Elise Olson 10
	5) Claire Culver 10	6) Piper Smith 10	7) Karis Lippert 12
			4) Trevyn Smith 11
			8) Catelynn Koop 12

Event 86 Girls 4x400 Meter Relay 1A (24) Prelims

Friday 5/17/2024 - 7:00 PM

Event	Team	Relay	Seed Time
1	Tri-Center	1	4:10.68 1
	1) Isah VanArsdol 11	2) Jozie Payne 09	3) Quincey Schneckloth 11
	5) Caitlin Greiner 09	6) Sophia Hazen 09	7) Taytum Soppe-Cope 10
			8) Mikenzie Brewer 12

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Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

Event	Team	Relay	Seed Time
2	Riverside, Oak	1	4:10.99 1
	1) Veronica Schechinger 11	2) Elly Henderson 11	3) Lydia Erickson 12
	5) Bentley Rone 10	6) Kayden Schnack 09	7) Adaline Martens 10
			8) Ella Reed 09
3	W Monona	1	4:11.51 2
	1) Carly Stangel 10	2) Chloe Broer 10	3) Kacy Miller 12
	5) Lakin Archer 09	6) Renae Cowgill 12	7) Anna Crawford 10
			8) Savannah Lucas 11
4	Danville	1	4:14.29 1
	1) Miya Orbiana 11	2) Jaeda Molle 12	3) Delaney Newberry 09
	5) Violette Sowell 09	6) Macie Wagner 10	4) Alaina Gourley 10
5	St. Edmond, FD	1	4:15.04 1
	1) Ellie Knox 11	2) Hannah Landwehr 12	3) Sasha Hess 11
	5) Michaela Leiting 12	6) Josie Harvey 11	7) Andee Barwin 12
			8) Alex Leiting 09
6	Saint Ansgar	1	4:15.33 1
	1) Lila Powers 10	2) Amelia Porisch 11	3) Kinsey Anderson 12
	5) Mariah Michels 11	6) Kenzie Peterson 11	7) Lanie Hanna 10
			8) Hannah Clevenger 12
7	Maquoketa Valley	1	4:15.57 1
	1) Lily Huber 12	2) Camryn Paris 09	3) Taryn Burbridge 10
	5) Breanna McShane 09	6) Izabella Heffernan 11	4) Lanni Beaman 10
8	Newell-Fonda	1	4:15.78 1
	1) Kierra Jungers 12	2) Isabel Bartek 12	3) Kinzee Hinders 11
	5) Rylee Hogrefe 09	6) Maren Brabec 10	4) Anna Mercer 11
9	Earlham	1	4:16.28 2
	1) Lily Conry 12	2) Taylor Rodgers 11	3) Mackenzie Harger 10
	5) Cece Stanley 10	6) Shea Rodgers 09	7) Rowen Fisk 12
			8) Olivia Spurling 12
10	AGWSR	1	4:16.81 1
	1) Piper Smith 10	2) Trevyn Smith 11	3) Elise Olson 10
	5) Catelynn Koop 12	6) Tori Metzgar 11	7) Claire Culver 10
			4) Karis Lippert 12
11	St. Albert, CB	1	4:16.84 2
	1) Ellie Monahan 11	2) Greta Livingston 09	3) Sophia Denton 09
	5) Molly Wise 10	6) Ella Klusman 12	7) Lilly Krohn 12
			8) Kiera Hochstein 12
12	Mount Ayr	1	4:17.42 1
	1) Anne Newton 12	2) Jaxy Knight 11	3) Ashlyn Murphy 11
	5) Tatum Friedrich 09	6) Aubree Clark 11	7) Abby Eaton 12
			8) Anna Greenland 11
13	WB-Mallard	1	4:17.70 2
	1) Hannah Stalzer 11	2) Allie Fehr 10	3) Maddie Fehr 10
	5) Abigail Schmidt 12	6) Hailey Stalzer 11	7) Addie Montag 10
			8) Lilly Morey 10
14	BCLUW	1	4:19.26 1
	1) Miranda Jones 12	2) Mallori Jones 12	3) Ceanna White 09
	5) Raegan Crawford 11	6) Klayre Gallentine 11	7) Elise Engle 09
			8) Isabella Morris 10
15	Woodbine	1	4:19.39 3
	1) Charlotte Placek 09	2) Izabelle Seda 09	3) Danyelle Steinkuehler 11
	5) Taylor Hoefer 10	6) Reese Leaders 10	7) Reagan Cogdill 10
			8) Katy Pryor 10
16	Madrid	1	4:19.72 2
	1) Inna Howard 11	2) Jaela Hansen 09	3) Paige Richards 09
	5) Hannah Brandhorst 09	6) Lillie Benton 09	7) Adelyn White 09
			8) Katelyn Brandhorst 10
17	Pekin	1	4:19.88 2
	1) Audrey Fariss 12	2) Krysta Sheetz 12	3) Renae Eubanks 11
	5) Alex Parsons 12	6) Maddy Petrehn 09	4) Chloe Glosser 10
18	George-Little Rk	1	4:20.02 3
	1) Hannah Anderson 12	2) Taryn Odens 12	3) Alexis Landis 12
	5) Gretchen Stratman 09	6) Maddie Aeikens 09	4) Lindsey Haken 10

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Event 86 ... (Girls 4x400 Meter Relay 1A (24) Prelims)

Team	Relay	Seed Time
19 IKM-Manning	1	4:21.22 4
1) Taylor Beckendorf 11	2) Laynie Gawley 11	3) Addisyn Bandow 09
5) Karlee Arp 10	6) Hannah McKinney 11	7) Katelyn Bandow 09
8) Caylie Rasmussen 09	4) Alikxa McGinn 11	
20 Wayne, Corydon	1	4:22.63 2
1) Brystal Peck 09	2) Destiny Brown 09	3) Clara O'Brien 12
5) Ella Pruiett 10	6) Halle O'Brien 10	7) Cortney Knutson 12
8) Ella Whitney 09	4) Hagan Arnold 12	
21 Springville	1	4:23.06 2
1) Hannah March 12	2) Addison Merritt 09	3) Elizabeth Hansen 09
5) Ashlynn Kalmes 09	6) Morgan DeMean 09	7) Carsyn Clothier 12
8) Madison DeMean 11	4) Rowan Jacobi 10	
22 HLV, Victor	1	4:23.09 3
1) Ayla Hall 11	2) Emery Hall 09	3) Aaliyah Cooper 11
5) Caiya Schmidt 10	6) Nicole Gensley 10	7) Lily Randall 11
8) Nyla Frahm 09	4) Ema Roberts 11	
23 Alta/Aurelia	1	4:23.40 4
1) Hayden Berkland 10	2) Eva Kaskey 10	3) Breyer Anderson 11
5) Allison Watts 12	6) Nora Peterson 11	7) Elsie Peterson 09
8) Kadence Langschwager 10	4) Jaci DeGroot 12	
24 N Mahaska	1	4:23.76 3
1) Kayla Readshaw 11	2) Alivia Schock 10	3) Nataliya Linder 09
5) Ava Huffman 10	6) Amber Knockel 10	7) Abby Van Weelden 10
4) Aly Steil 10		

Event 94 Girls 4x800 Meter Relay 1A (24)

Thursday 5/16/2024 - 5:00 PM

Team	Relay	Seed Time
1 North Iowa	1	10:00.13 1
1) Aisha Jobe 11	2) Becca Hofmann 12	3) Miriam Beenken 12
5) Ava Meinders 10	6) Alexis Gray 09	7) Isla Potter 09
4) Lauren Hillesland 10		
2 BCLUW	1	10:03.19 1
1) Miranda Jones 12	2) Mallori Jones 12	3) Raegan Crawford 11
5) Ceanna White 09	6) Elise Engle 09	7) Isabella Morris 10
4) Kalia Stover 11		
3 Earlham	1	10:03.79 1
1) Taylor Rodgers 11	2) Olivia Spurling 12	3) Mackenzie Harger 10
5) Cece Stanley 10	6) Shea Rodgers 09	7) Lily Conry 12
8) Cadence Hammen 10	4) Hannah Frank 11	
4 Riverside, Oak	1	10:04.96 1
1) Carly Henderson 12	2) Bentley Rone 10	3) Sophia Fenner 09
5) Bailey Richardson 10	6) Adaline Martens 10	7) Veronica Schechinger 11
4) Elly Henderson 11		
5 Saint Ansgar	1	10:07.60 2
1) Kinsey Anderson 12	2) Amelia Porisch 11	3) Natalie Bork 12
5) Lanie Hanna 10	6) Abbey Muller 11	7) Aspen Falk 12
8) Josie Jahr 12	4) Lila Powers 10	
6 Pekin	1	10:10.24 1 Conv
1) Audrey Fariss 12	2) Alex Parsons 12	3) Krysta Sheetz 12
5) Maddy Petrehn 09	6) Lauren Steigleder 12	4) Chloe Glosser 10
7 St. Edmond, FD	1	10:10.90 2
1) Ellie Knox 11	2) Hannah Landwehr 12	3) Michaela Leiting 12
5) Sasha Hess 11	6) Alex Leiting 09	7) Reese Lemberg 12
8) Lily Eslick 09	4) Anna Lursen 10	
8 S Winn, Calmar	1	10:13.13 3
1) Josie Tieskoetter 12	2) Ava Franzen 09	3) Annie Hageman 09
5) Izzy Kuboushek 11	6) Karissa Wenthold 11	7) Lauren Ondrashek 09
8) Adele Conway 10	4) Tessa Phillips 10	
9 AGWSR	1	10:14.22 1
1) Catelynn Koop 12	2) Tori Metzgar 11	3) Piper Smith 10
5) Kierra Dodd 12	6) Elizabeth Kietly 12	7) Layla Guevara 09
4) Karis Lippert 12		
10 Martndsl-StMarys	1	10:14.40 1
1) Maclaine German 10	2) Ryley Kentfield 09	3) Penelope Wearmouth 09
5) Autumn Elbert 11	6) Maryann Hart 11	7) Lauren Tibbits 09
4) Karson Oberender 10		
8) Elizabeth Moore 09		

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Event 94 ... (Girls 4x800 Meter Relay 1A (24))

	Team	Relay	Seed Time
11	Tri-Center	1	10:15.18 1
	1) Quincey Schneckloth 11	2) Sophia Hazen 09	3) Isah VanArsdol 11
	5) Taytum Soppe-Cope 10	6) Danica Hoden 10	7) Mikenzie Brewer 12
			8) Caitlin Greiner 09
12	Lynnville-Sully	1	10:20.96 2
	1) Emma Parkinson 09	2) Peyton Sharp 09	3) Olivia Norrish 11
	5) Laura Fikse 10	6) Addison Collum 09	7) Helle Augustinussen 11
			8) Brilynn Tice 09
13	Wapsie Val, F	1	10:25.36 1
	1) Kiley Schmitz 10	2) Ava VanDaele 12	3) Ava Meyer 09
	5) Adelynn Wierck 10	6) Maya Barnes 10	4) Kylee Moulds 11
14	Boyer Valley	1	10:27.46 2
	1) Hailey Cue 09	2) Clara Gorham 11	3) Jessica O'Day 12
	5) Mariah Falkena 11	6) Sylvia Sulllivan 10	4) Lauren Malone 12
15	Iowa Valley, M	1	10:29.41 3
	1) Grace Ryan 12	2) Emma Von Lienen 09	3) Ella Read 12
	5) Kathryn Kilgard 10	6) Kennedy Thiessen 09	4) Hannah Ryan 12
		7) Kylie Loffer 12	
16	St. Albert, CB	1	10:29.64 2
	1) Molly Wise 10	2) Maura Ryan 09	3) Kirsten Piskorski 11
	5) Eva Jones 09	6) Eleanor Coughlin 09	4) Greta Livingston 09
17	IKM-Manning	1	10:31.54 3
	1) Taylor Beckendorf 11	2) Alikxa McGinn 11	3) Raegan Garrison 11
	5) Emma Reginato 12	6) Anna Stangl 10	4) Addisyn Bandow 09
		7) Karlee Arp 10	8) Katelyn Bandow 09
18	Mount Ayr	1	10:32.20 2
	1) Anne Newton 12	2) Addison Doolittle 10	3) Tatum Friedrich 09
	5) Ashlyn Byer 10	6) Kacie Larsen 10	4) Ashlyn Murphy 11
		7) Aubree Clark 11	8) Ava England 10
19	North Linn	1	10:41.60 2
	1) Allie Haughenbury 11	2) Meghan Wheatley 12	3) Bryn Collum 11
	5) Peyton McMahon 10		4) Mackenzie Bridgewater 11
20	WB-Mallard	1	10:47.01 1
	1) Abigail Schmidt 12	2) Allie Fehr 10	3) Addie Montag 10
	5) Tyra Schupbach 10	6) Hailey Stalzer 11	4) Kierstin Montag 12
		7) Rylie Frerk 12	8) Tiffany Fehr 11
21	Panorama	1	10:50.85 3
	1) Mary Fett 10	2) Laicey Lutz 09	3) Maddy Lutz 11
	5) Avery Bahrenfuss 12	6) Addie Astley 10	4) Kylie Rochholz 09
		7) Faith Recker 11	8) Almiranda Burnett 10
22	West Fork	1	10:54.65 4
	1) Tarah Ruckdashed 11	2) Maesy Mayland 09	3) JoAnna Wallace 11
	5) Jana Harms 11	6) Ellie Harms 09	4) Evelyn Hitzhusen 09
		7) Brylie Hubka 11	8) Abby Schoning 10
23	Woodbine	1	10:55.49 4
	1) Charlotte Placek 09	2) Reagan Cogdill 10	3) Adyson Lapel 11
	5) Katy Pryor 10	6) Kate Barry 09	4) Izabelle Seda 09
24	Alta/Aurelia	1	11:00.96 2
	1) Elsie Peterson 09	2) Breyer Anderson 11	3) Eva Kaskey 10
	5) Peyton Kies 10	6) Nora Peterson 11	4) Hayden Berkland 10
		7) Lainey Buckendahl 10	8) Jaci DeGroot 12

Event 102 Girls 100 Meter Dash Wheelchair Para (1)

Saturday 5/18/2024 - 12:40 PM

	Name	Year	School	Seed Time
1	Zoey Hyde	10	Central, Elkader	26.27

Event 104 Girls 200 Meter Dash Wheelchair Para (1)

Saturday 5/18/2024 - 1:45 PM

	Name	Year	School	Seed Time
1	Zoey Hyde	10	Central, Elkader	1:10.23

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Event 106 Girls 400 Meter Dash Wheelchair Para (1)

Saturday 5/18/2024 - 3:15 PM

Name	Year	School	Seed	Time
1 Zoey Hyde	10	Central, Elkader	2:29.08	1

Event 108 Girls 800 Sprint Medley 1A (24)

Saturday 5/18/2024 - 9:00 AM

Team	Relay	Seed	Time
1 Danville	1	1:51.77	1
1) Kenna Furnald 12	2) Violette Sowell 09	3) Jaeda Molle 12	4) Alaina Gourley 10
5) Miya Orbiana 11	6) Delaney Newberry 09		
2 Maquoketa Valley	1	1:52.57	1
1) Lily Huber 12	2) Lili Bauers 11	3) Taryn Burbridge 10	4) Lanni Beaman 10
5) Izabella Heffernan 11	6) Haydin Flannagan 09		
3 Lisbon	1	1:53.45	1
1) Brynn Epperly 11	2) Ava Czarnecki 12	3) Addy Happel 12	4) Addie Clark 11
5) Maeve Krogmann 12	6) Leila Mayhew 09	7) Mykala Luzum-Selmon 10	
4 Don Bosco	1	1:53.93	1
1) Kennedy McGarvey 11	2) Audrey Thome 09	3) Paige Corkery 12	4) Kloe Nissen 09
5) Cambrie Yoder 09	6) Alaina Hellman 11	7) Ciara Huff 10	
5 Tri-Center	1	1:54.12	1
1) Kaitlin Kozeal 11	2) Lucy Elsener 10	3) Jozie Payne 09	4) Tess Casey 09
5) Quincey Schneckloth 11	6) Sophia Hazen 09	7) Avilyn Killpack 11	8) Isah VanArsdol 11
6 Lone Tree	1	1:54.30	2
1) Cate Sexton 11	2) Vivian Zaruba 11	3) Ava Christofferson 10	4) Rylee Shield 11
5) Addison McCullough 09	6) Abby Zaruba 09	7) Hayden Yoder 11	8) Jazmine Nino 10
7 Nodaway Vall	1	1:54.34	1
1) Allie Cornelison 09	2) Maddie Weston 11	3) Annika Nelson 12	4) Emma Lundy 12
5) Grace Britten 12	6) Izzy Eisbach 10	7) Kylie Nelson 10	8) Jazz Christensen 11
8 Glad-Reinbeck	1	1:54.40	2
1) Dylan Mathern 11	2) Blake Mathern 09	3) Elly Sieh 10	4) Kennedy Brant 10
5) Madison Resendez 12	6) Kailey Larsen 09	7) Ella Wagner 09	8) Braelynn Morgan 11
9 Bishop Garrigan	1	1:54.58	1
1) Emmi Bartolo 10	2) Zoe Montag 11	3) Reagan Murphy 12	4) Abbie Capesius 12
5) Violet Bode 12	6) Molly Peterson 11		
10 St. Albert, CB	1	1:54.96	1
1) Kiera Hochstein 12	2) Sophia Denton 09	3) Ellie Monahan 11	4) Alexa Lenz 09
5) Ella Klusman 12	6) Lilly Krohn 12	7) Molly Wise 10	8) Greta Livingston 09
11 Collins-Maxwell	1	1:54.98	1
1) Cypress Erickson 10	2) Erica Houge 12	3) Chloe Wierson 12	4) Hannah Kimberley 12
5) Sarah Tschantz 12	6) Opal Toornstra 10	7) Kaylee Atwood 09	8) Lilly Baldwin 09
12 AGWSR	1	1:55.13	3
1) Trevyn Smith 11	2) Elise Olson 10	3) Piper Smith 10	4) Karis Lippert 12
5) Ava Olson 12	6) Claire Culver 10	7) Ella Diemer 11	8) Catelynn Koop 12
13 Saint Ansgar	1	1:55.18	1
1) Ava Falk 10	2) Emma Hall 12	3) Mariah Michels 11	4) Natalie Bork 12
5) Josie Juhl 11	6) Brylee Wynia 11	7) Lila Powers 10	8) Aspen Falk 12
14 W Monona	1	1:55.54	2
1) McKenna Baker 09	2) Renae Cowgill 12	3) Ashlee Pittet 10	4) Kacy Miller 12
5) Carly Stangel 10	6) Savannah Lucas 11	7) Creighton Lichtenberg 10	8) Montana Farrens 10
15 Lenox	1	1:55.56	2
1) Bentley Petersen 11	2) Gabby Robles 12	3) Zoey Reed 11	4) Sadie Cox 11
5) Greenly Ramsey 10	6) Delaney Funk 10		

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Event 108 ... (Girls 800 Sprint Medley 1A (24))

Team	Relay	Seed Time
16 North Linn	1	1:55.66 4
1) Kamryn Kurt 12	2) Macy Boge 12	3) Skylar Benesh 12
5) Allie Haughenbury 11	6) Molly Boge 11	7) Carly Ries 10
8) Peyton McMahon 10		
17 Newell-Fonda	1	1:56.18 2
1) Rylee Hogrefe 09	2) Anna Mercer 11	3) Isabel Bartek 12
5) Kierra Jungers 12	6) Lindsey Wolf 11	7) Maren Brabec 10
4) Kinzee Hinders 11		
18 Lake Mills	1	1:56.19 2
1) Brittany Leibeg 11	2) Jacky Gallardo 09	3) Regan Eastvold 09
5) Cora Sauer 09	6) Ella Thompson 10	7) Kendall Leonhardi 11
8) Emily Soto 09		
19 ACGC	1	1:56.26 2
1) Nora Langgaard 09	2) Hannah Muller 11	3) Savannah Akers 10
5) Meranda Gruber 09	6) Isabelle Rouse 12	7) Cadence Petersen 09
8) Brooklyn Schafer 09		
20 Riverside, Oak	1	1:56.44 3
1) Emma Gordon 12	2) Adaline Martens 10	3) Olivia Lund 10
5) Veronica Schechinger 11	6) Carly Henderson 12	7) Elly Henderson 11
8) Kayden Schnack 09		
21 E Buchanan	1	1:56.45 2
1) Bailie Hookom 11	2) Andelyn Cabalka 11	3) Laynee Hogan 11
5) Adysin Carnicle 11	6) Valeria Torres 11	7) Brenna Chesmore 11
4) Elsie Flexsenhar 10		
22 Wapello	1	1:56.64 3
1) Ada Boysen 12	2) Annaka Greiner 09	3) Kate Lanz 10
5) Jacie Hoeg 12	6) Tatum Wolford 12	7) Tyra Lanz 12
8) Callie Wagenbach 10		
23 Edgewd-Colesburg	1	1:57.02 3
1) Claire Aulwes 12	2) Mylie Elliot 10	3) Kaitlyn Hahn 10
5) Kallyn Henney 10	6) Brooke Bolinger 12	7) Sophie Mueller 09
8) Ellie Kirby 11		
24 Kee, Lansing	1	1:57.05 4
1) Alicia Colsch 09	2) Rylee Mudderman 09	3) Addison Winters 10
5) Payton Becker 10	6) Summer Walleser 11	7) Regan Troendle 09
8) Kaylee Hawes 12		

Event 116 Girls High Jump 1A (24)

Friday 5/17/2024 - 4:30 PM

Name	Year	School	Seed Mark
1 Jaidyn Sellers	12	Panorama	5-04.00 1
2 Avah Underwood	10	St. Albert, CB	5-04.00 1
3 Ema Roberts	11	HLV, Victor	5-04.00 1
4 Aubree Shields	10	Mount Ayr	5-03.00 1
5 Kennedy Brant	10	Glad-Reinbeck	5-03.00 1
6 Malia Clayburg	10	CR-Bayard	5-03.00 2
7 Emily Madison	12	Fremont-Mills	5-02.00 3
8 Avery Eastvold	11	Lake Mills	5-02.00 1
9 Morgan Hast	09	Boyer Valley	5-02.00 1
10 Rowan Jacobi	10	Springville	5-02.00 2
11 Ava Olson	12	AGWSR	5-02.00 2
12 Carlie Chambers	11	Fremont-Mills	5-02.00 2
13 Tatum Huyser	10	Lynnville-Sully	5-01.00 3
14 Mykala Luzum-Selmon	10	Lisbon	5-01.00 4
15 Emma Boswell	10	Orient-Macksbg	5-01.00 3
16 Allie Fehr	10	WB-Mallard	5-00.00 1
17 Kaylen Robinson	11	Moravia	5-00.00 2
18 Quin Smith	10	Winfield-Mt. U	5-00.00 1
19 Gracie Gunderson	09	Harris-LP	4-10.00 2
20 Maria Kiger	09	Logan-Magnolia	4-10.00 2

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Event 116 ... (Girls High Jump 1A (24))

Name	Year	School	Seed Mark	
21 Abby Wagner	11	S Winn, Calmar	4-10.00	2
22 Keara Wood	11	West Fork	4-10.00	2
23 McKinley Chittick	11	Sigourney	4-10.00	2
24 Lilah Strong	09	Kee, Lansing	4-09.00	1

Event 124 Girls Long Jump 1A (24)

Thursday 5/16/2024 - 4:30 PM

Name	Year	School	Seed Mark	
1 Kenna Furnald	12	Danville	17-01.50	1
2 Mia Backous	11	Grand View Christ	17-00.50	1
3 Paycee Holmes	12	Hamburg	16-10.75	1
4 Sia Bear	12	Meskwaki Settle	16-10.50	1
5 Ashlan Pearson	11	Grand View Christ	16-09.00	2
6 Emma Cooper	12	Southwest Valley	16-08.25	2
7 Andelyn Cabalka	11	E Buchanan	16-05.25	1
8 Nataliya Linder	09	N Mahaska	16-04.50	2
9 Skylar Benesh	12	North Linn	16-04.00	2
10 Lauren Johnson	11	Stanton	16-03.50	1
11 Abby Wagner	11	S Winn, Calmar	16-02.75	1
12 Addison Winters	10	Kee, Lansing	16-01.50	2
13 Paige Richards	09	Madrid	16-01.00	3
14 Emmalee Manwarren	11	Clarksville	16-00.50	4
15 Laynee Hogan	11	E Buchanan	16-00.50	3
16 Ella Whitney	09	Wayne, Corydon	16-00.00	2
17 Ava Czarnecki	12	Lisbon	15-11.75	1
18 Chloe Snook	10	Montezuma	15-11.50	3
19 Camryn Russell	10	Baxter	15-10.50	2
20 Rya Scott	10	Hillcrest	15-09.50	4
21 Shayla Greeley	11	Riceville	15-08.25	2
22 Isabel Bernard	11	Tripoli	15-07.50	4
23 Jozie Payne	09	Tri-Center	15-04.00	1
24 Camryn Strubbe	10	South O'Brien	13-10.75	1

Event 132 Girls Discus Throw 1A (24)

Friday 5/17/2024 - 2:00 PM

Name	Year	School	Seed Mark	
1 Lindsay Kruse	10	Saint Ansgar	131-11	1
2 Lilly Peters	12	Sidney	127-00	1
3 Abby Veld	12	AGWSR	126-04	1
4 Mariah Myers	11	St. Edmond, FD	126-03	1
5 Addy Johnson	12	Westwood, Sloan	125-00	1
6 Kennedy Axmear	12	English Valleys	124-00	1
7 Olivia Merrill	12	North Union	122-03	1
8 Anna Hadley	10	Pekin	122-00	1
9 Kailyn Thompson	11	Marquette Cath	120-00	1
10 Lydia Kriegel	11	Iowa Valley, M	117-11	2
11 Anna Weathers	11	Ankeny Christ	117-09	2
12 Izzie Moore	11	Wayne, Corydon	115-05	1
13 Courtney Follmann	09	CAM, Anita	110-03	2
14 Alexis Perkins	10	Bedford	110-03	3

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Event 132 ... (Girls Discus Throw 1A (24))

Name	Year	School	Seed	Mark
15	Josie Jahr	12 Saint Ansgar	109-03	2
16	Amanda Newton	12 Woodbine	108-09	2
17	Lindsey Haken	10 George-Little Rk	107-07	2
18	Jorja Holliday	12 Nodaway Vall	106-10	2
19	Keirsten Klein	10 Murray	106-06	3
20	Addison Friedow	11 West Hancock	106-00	3
21	Arilyan Steenblock	11 Panorama	104-10	3
22	Hayleigh Mattox- Richardson	10 Fremont-Mills	104-09	4
23	Samantha Zubrod	11 Gehlen Cath, L	104-03	3
24	Izzy O'Dowd	10 North Butler	104-02	4

Event 140 Girls Shot Put 1A (24)

Thursday 5/16/2024 - 2:00 PM

Name	Year	School	Seed	Mark
1	Macy Mitchell	12 Fremont-Mills	38-09.00	1
2	Abby Veld	12 AGWSR	38-00.00	1
3	Mariah Myers	11 St. Edmond, FD	37-11.00	1
4	Olivia Merrill	12 North Union	37-09.25	1
5	Lydia Kriegel	11 Iowa Valley, M	37-08.50	1
6	Anna Hadley	10 Pekin	37-04.75	1
7	Alexis Perkins	10 Bedford	37-04.00	2
8	Kennedy Axmear	12 English Valleys	37-03.00	2
9	Mackenzie Richards	11 Southwest Valley	36-05.00	3
10	Breckyn Dickman	12 West Fork	36-03.25	1
11	Gracee Tompkins	11 Midland, Wyoming	35-11.50	3
12	Grace Farnsworth	10 BCLUW	35-10.00	4
13	Amanda Newton	12 Woodbine	35-09.00	1
14	Ava Lee	10 Westwood, Sloan	35-06.25	2
15	Sophia Taylor	11 Riverside, Oak	35-05.00	4
16	Izzie Moore	11 Wayne, Corydon	35-02.50	1
17	Maddy Mason	10 CR-Bayard	35-01.50	2
18	Kendall Wittman	09 Edgewd-Colesburg	35-00.50	1
19	Eden Lamborn	10 Nashua-Plainfld	34-10.50	2
20	Sophia Fenner	09 Riverside, Oak	34-05.75	5
21	Jorja Holliday	12 Nodaway Vall	34-03.00	2
22	Jenna Mitchell	09 Boyer Valley	34-00.50	3
23	Kailan McEwen	12 BCLUW	33-11.50	5
24	Maddie Ladeburg	10 Wapsie Val, F	33-10.00	2

Event 148 Girls Distance Medley 1A (24)

Friday 5/17/2024 - 2:40 PM

Team	Relay	Seed	Time
1	Nashua-Plainfld	1	4:18.69
	1) Jordyn Frost 12	2) Jalissa White 10	3) Ellie Eick 12
	5) Jayla Patten 10	6) Marleigh Lowe 11	4) Kadence Huck 11
2	St. Albert, CB	1	4:19.20
	1) Sophia Denton 09	2) Alexa Lenz 09	3) Ellie Monahan 11
	5) Ella Klusman 12	6) Lilly Krohn 12	7) Molly Wise 10
			8) Greta Livingston 09

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Event 148 ... (Girls Distance Medley 1A (24))

	Team	Relay	Seed Time	
3	Danville	1	4:22.06	1
	1) Kenna Furnald 12	2) Jaeda Molle 12	3) Miya Orbiana 11	4) Alaina Gourley 10
	5) Kamryn Sherwood 12	6) Macie Wagner 10		
4	ACGC	1	4:22.86	1
	1) Nora Langgaard 09	2) Meranda Gruber 09	3) Savannah Akers 10	4) Ava Campbell 11
	5) Brooklyn Schafer 09	6) Hannah Muller 11	7) Cadence Petersen 09	8) Paige Van Meter 11
5	Logan-Magnolia	1	4:26.00	1
	1) Zoe Heim 11	2) Kylee Fogelman 11	3) Haedyn Hall 11	4) Madison Sporrer 11
	5) Allysen Johnsen 10	6) Rory Madsen 12		
6	BCLUW	1	4:26.60	1
	1) Brinna Benson 09	2) Ceanna White 09	3) Miranda Jones 12	4) Kalia Stover 11
	5) Raegan Crawford 11	6) Mallori Jones 12		
7	HLV, Victor	1	4:26.65	2
	1) Lily Randall 11	2) Ayla Hall 11	3) Aaliyah Cooper 11	4) Emery Hall 09
	5) Caiya Schmidt 10	6) Nicole Gensley 10	7) Ema Roberts 11	8) Isabelle Sternhagen 09
8	AGWSR	1	4:26.86	1
	1) Trevyn Smith 11	2) Elise Olson 10	3) Piper Smith 10	4) Karis Lippert 12
	5) Catelynn Koop 12	6) Claire Culver 10	7) Ella Diemer 11	8) Tori Metzgar 11
9	Saint Ansgar	1	4:27.82	2
	1) Josie Juhl 11	2) Hannah Clevenger 12	3) Natalie Bork 12	4) Lila Powers 10
	5) Mariah Michels 11	6) Emma Hall 12	7) Amelia Porisch 11	8) Kinsey Anderson 12
10	St. Edmond, FD	1	4:28.31	2
	1) Faith Shirkbroun 10	2) Brianna Saathoff 10	3) Sasha Hess 11	4) Anna Lursen 10
	5) Ellie Knox 11	6) Michaela Leiting 12	7) Hannah Landwehr 12	8) Andee Barwin 12
11	Maquoketa Valley	1	4:28.34	1
	1) Lili Bauers 11	2) Camryn Paris 09	3) Izabella Heffernan 11	4) Taryn Burbridge 10
	5) Isabel Imler 12	6) Sadie Boeckenstedt 09		
12	Pekin	1	4:28.86	2
	1) Lauren Conklin 12	2) Krysta Sheetz 12	3) Audrey Fariss 12	4) Chloe Glosser 10
	5) Paislee Coleman 09	6) Alex Parsons 12	7) Maddy Petrehn 09	
13	Riverside, Oak	1	4:29.66	2
	1) Kayden Schnack 09	2) Olivia Lund 10	3) Veronica Schechinger 11	4) Bentley Rone 10
	5) Elly Henderson 11	6) Emma Gordon 12	7) Lydia Erickson 12	8) Carly Henderson 12
14	Collins-Maxwell	1	4:29.97	3
	1) Cypress Erickson 10	2) Chloe Wierson 12	3) Hannah Kimberley 12	4) Jayden Peters 09
	5) Erica Houge 12	6) Emma Pasquariello 12	7) Kaylee Atwood 09	8) Lilly Baldwin 09
15	Tri-Center	1	4:30.48	2
	1) Kaitlin Kozeal 11	2) Mikenzie Brewer 12	3) Jozie Payne 09	4) Isah VanArsdol 11
	5) Taytum Soppe-Cope 10	6) Quincey Schneekloth 11	7) Sophia Hazen 09	8) Tess Casey 09
16	Lone Tree	1	4:31.31	3
	1) Addison McCullough 09	2) Ava Christofferson 10	3) Rylee Shield 11	4) Vivian Zaruba 11
	5) Alex Dautremont 11	6) Olivia Magruder 09	7) Sami Branson 11	8) Lilly Mills 12
17	North Iowa	1	4:31.46	3
	1) Aisha Jobe 11	2) Miriam Beenken 12	3) Becca Hofmann 12	4) Lauren Hillesland 10
	5) Brooklyn Price 09	6) Alexis Gray 09	7) Ava Meinders 10	8) Isla Potter 09
18	Turkey Val, JJ	1	4:32.12	4
	1) Ryann Schmitt 12	2) Kinsey Reicks 11	3) Hazel Nieman 09	4) Isabella Stika 09
	5) Jenna Thronson 10	6) Halle Weber 12	7) Layni Schuchhardt 11	
19	Mount Ayr	1	4:32.66	1
	1) Jaxy Knight 11	2) Aubree Shields 10	3) Ashlyn Murphy 11	4) Anne Newton 12
	5) Tatum Friedrich 09	6) Abby Eaton 12	7) Aubree Clark 11	8) Hayden Ruggles 12

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Event 148 ... (Girls Distance Medley 1A (24))

	Team	Relay	Seed Time	
20	Alta/Aurelia	1	4:32.98	1
	1) Kadence Langschwager 10	2) Allison Watts 12	3) Jaci DeGroot 12	4) Nora Peterson 11
	5) Hayden Berkland 10	6) Clare Gunkelman 10	7) Breyer Anderson 11	8) Elsie Peterson 09
21	S Winn, Calmar	1	4:33.37	5
	1) Katie Shimek 11	2) Allison Hageman 11	3) Adele Conway 10	4) Josie Tieskoetter 12
	5) Cloey Zweibohmer 10	6) Maddy Jansen 10	7) Ava Franzen 09	8) Izzy Kuboushek 11
22	North Butler	1	4:33.56	6
	1) Alexis Rose 10	2) Cora Barnett 09	3) Laney Brinkman 10	4) Addison Voelker 09
	5) Claire McCandless 10	6) Eliska Sirotiak 10	7) Aeryn Anderson 12	8) Natalie Heeren 12
23	Newell-Fonda	1	4:34.50	2
	1) Kierra Jungers 12	2) Kinzee Hinders 11	3) Isabel Bartek 12	4) Mareni Brabec 10
	5) McKenna Sievers 12	6) Rylee Hogrefe 09	7) Anna Mercer 11	
24	Bellevue	1	4:35.46	2
	1) Tayla Leibfried 11	2) Cydney Tath 10	3) Gabby Hingtgen 10	4) Grace Hingtgen 12
	5) Jade Sprout 11	6) Bella Leibfried 09	7) Jami Portz 12	8) Hannah Braet 12

Event 162 Girls 800 Meter Run Wheelchair Para (1)**Friday 5/17/2024 - 2:00 PM**

	Name	Year	School	Seed Time	
1	Zoey Hyde	10	Central, Elkader	6:14.20	1