

State XC Districts 4A Girls

MCC Course - Marshalltown, IA

Oct. 24, 2019

40s and Sunny
Results by Cal Murdock

Use the Find option of your Web Browser to find the performance of a specific individual or team.

Last updated Oct. 24, 2019 4:38 PM

Qualifiers shown in red.

PLACE	TEAM	POINTS	PLACES OF FINISHERS						AVG. TIME SPREAD		
1	Johnston	36	3	4	5	11	13	18	19	19:05.0	1:09.4
2	Indianola	81	2	15	16	17	31	39	60	19:58.5	2:54.2
3	Cedar Rapids Prairie	84	8	10	21	22	23	24	28	19:57.5	1:11.4
4	Iowa City Liberty	89	1	9	12	33	34	43	49	19:56.2	3:28.5
5	Ottumwa	111	6	14	26	29	36	47	53	20:28.3	2:24.2
6	Ankeny	158	20	25	35	38	40	41	42	21:07.9	1:19.7
7	Mason City	186	27	32	37	44	46	54	61	21:38.1	1:09.3
8	Marshalltown	201	7	45	48	50	51	55	56	21:39.2	3:10.0
9	Newton	264	30	52	57	62	63	65	67	23:10.7	3:24.8
10	Fort Dodge	315	58	59	64	66	68			25:11.2	5:03.9

Incomplete Teams:

[Individuals](#)

PLACE	FINISHER	TIME
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1. Johnston

3	Bella Heikes, Jr	18:25.5
4	Aleah Tenpas, So	18:54.2
5	Samantha Strauss, Jr	19:02.7
11	Brooke McKee, Sr	19:27.7
13	Clara Toot, Sr	19:34.8
18	Faith Nead, So	20:13.8
19	Kaya Young, Sr	20:13.9

Total Time = 1:35:24.9 Total Places = 36

2. Indianola

2	Emily Naughton, Fr	18:20.9
15	Joey Werling, So	19:58.2
16	Bailey Blake, Sr	20:05.1
17	Ashley Rockhold, Sr	20:13.1
31	Katie Oneil, Fr	21:15.1
39	Hailey Seifrig, Jr	21:34.6
60	Rachel Engelhardt, Jr	23:50.1

Total Time = 1:39:52.4 Total Places = 81

3. Cedar Rapids Prairie

8	Gabby Cortez, So	19:15.7
10	Laurdyn Meyer, Jr	19:26.8

21	Grace Long, So	20:18.9
22	Carli Reittinger, Sr	20:18.9
23	Alyza Koppes, So	20:27.1
24	Kendall White, Jr	20:39.9
28	Lily Johannes, So	21:03.6

Total Time = 1:39:47.4 Total Places = 84

4. Iowa City Liberty

1	Ashlyn Keeney, So	17:58.4
9	McKenzie Logan, Jr	19:26.4
12	Camille Mac, Jr	19:31.0
33	Elizabeth Jaeger, So	21:18.2
34	Isabelle Woody, So	21:26.9
43	Carly Sulwer, So	22:02.6
49	Malia Taylor, Fr	22:16.8

Total Time = 1:39:40.9 Total Places = 89

5. Ottumwa

6	Alli Bookin-Nosbisch, Sr	19:07.7
14	Carollin Mellin, Sr	19:46.5
26	Meghan Coulter, Jr	20:50.5
29	Grace Bookin-Nosbisch, Sr	21:04.5
36	Isabelle Mellin, Jr	21:31.9
47	Sophia Ford, Jr	22:14.3
53	Lina Newland, So	22:32.6

Total Time = 1:42:21.1 Total Places = 111

6. Ankeny

20	Jenna Pitz, Fr	20:16.2
25	Marika Kisgen, Jr	20:41.4
35	Cierra Fillinger, Sr	21:31.5
38	Madeleine Murphy, Jr	21:34.3
40	Megan Bosch, Jr	21:35.8
41	Eva Van De Mortel, Jr	21:50.9
42	Paige Beason, Fr	21:52.9

Total Time = 1:45:39.2 Total Places = 158

7. Mason City

27	Hannah Thomas, Sr	21:01.4
32	Marcella Sierra, Jr	21:17.2
37	Brycelyn Hanson, Jr	21:33.5
44	Sami Miller, Sr	22:07.6
46	Gwen Sewell, Jr	22:10.7
54	Avery Thompson, So	22:46.4
61	Nora Suarez, Sr	24:26.8

Total Time = 1:48:10.4 Total Places = 186

8. Marshalltown

7	Phoebe Hermanson, So	19:10.7
45	Makenna Ainsworth, Jr	22:08.5
48	Rachel Smith, So	22:15.1
50	Odaly Flores, Jr	22:20.6
51	Kaci Uhde, Sr	22:20.7
55	Hannah Seltman, Fr	22:46.7
56	Jade Tejada, Sr	22:51.7

Total Time = 1:48:15.6 Total Places = 201

9. Newton

30	Ashay Malow, Jr	21:12.4
52	Kate Muckler, Fr	22:21.3
57	Morgan Stalzer, So	23:09.5
62	Kelsey Church, So	24:33.1
63	Tes Schuster, Sr	24:37.2
65	Jenna Smith, Sr	25:44.0
67	Willow Oswalt, Jr	26:18.0

Total Time = 1:55:53.5 Total Places = 264

10. Fort Dodge

58	Alexis Read, Jr	23:17.6
59	Piera McBride, Jr	23:31.0
64	Isabel Beekman, Jr	24:43.2
66	Olivia Hamlow, Fr	26:02.7
68	Catherine Daniel, Fr	28:21.4

Total Time = 2:05:55.9 Total Places = 315

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1	1	Ashlyn Keeney, So	17:58.4	Iowa City Liberty
2	2	Emily Naughton, Fr	18:20.9	Indianola
3	3	Bella Heikes, Jr	18:25.5	Johnston
4	4	Aleah Tenpas, So	18:54.2	Johnston
5	5	Samantha Strauss, Jr	19:02.7	Johnston
6	6	Alli Bookin-Nosbisch, Sr	19:07.7	Ottumwa
7	7	Phoebe Hermanson, So	19:10.7	Marshalltown
8	8	Gabby Cortez, So	19:15.7	Cedar Rapids Prairie
9	9	McKenzie Logan, Jr	19:26.4	Iowa City Liberty

10	10	Laurdyn Meyer, Jr	19:26.8	Cedar Rapids Prairie
11	11	Brooke McKee, Sr	19:27.7	Johnston
12	12	Camille Mac, Jr	19:31.0	Iowa City Liberty
13	13	Clara Toot, Sr	19:34.8	Johnston
14	14	Carollin Mellin, Sr	19:46.5	Ottumwa
15	15	Joey Werling, So	19:58.2	Indianola
16	16	Bailey Blake, Sr	20:05.1	Indianola
17	17	Ashley Rockhold, Sr	20:13.1	Indianola
18	18	Faith Nead, So	20:13.8	Johnston
19	19	Kaya Young, Sr	20:13.9	Johnston
20	20	Jenna Pitz, Fr	20:16.2	Ankeny
21	21	Grace Long, So	20:18.9	Cedar Rapids Prairie
22	22	Carli Reittinger, Sr	20:18.9	Cedar Rapids Prairie
23	23	Alyza Koppes, So	20:27.1	Cedar Rapids Prairie
24	24	Kendall White, Jr	20:39.9	Cedar Rapids Prairie
25	25	Marika Kisgen, Jr	20:41.4	Ankeny
26	26	Meghan Coulter, Jr	20:50.5	Ottumwa
27	27	Hannah Thomas, Sr	21:01.4	Mason City
28	28	Lily Johannes, So	21:03.6	Cedar Rapids Prairie
29	29	Grace Bookin-Nosbisch, Sr	21:04.5	Ottumwa
30	30	Ashay Malow, Jr	21:12.4	Newton
31	31	Katie Oneil, Fr	21:15.1	Indianola
32	32	Marcella Sierra, Jr	21:17.2	Mason City
33	33	Elizabeth Jaeger, So	21:18.2	Iowa City Liberty
34	34	Isabelle Woody, So	21:26.9	Iowa City Liberty
35	35	Cierra Fillinger, Sr	21:31.5	Ankeny
36	36	Isabelle Mellin, Jr	21:31.9	Ottumwa
37	37	Brycelyn Hanson, Jr	21:33.5	Mason City
38	38	Madeleine Murphy, Jr	21:34.3	Ankeny

39	39	Hailey Seifrig, Jr	21:34.6	Indianola
40	40	Megan Bosch, Jr	21:35.8	Ankeny
41	41	Eva Van De Mortel, Jr	21:50.9	Ankeny
42	42	Paige Beason, Fr	21:52.9	Ankeny
43	43	Carly Sulwer, So	22:02.6	Iowa City Liberty
44	44	Sami Miller, Sr	22:07.6	Mason City
45	45	Makenna Ainsworth, Jr	22:08.5	Marshalltown
46	46	Gwen Sewell, Jr	22:10.7	Mason City
47	47	Sophia Ford, Jr	22:14.3	Ottumwa
48	48	Rachel Smith, So	22:15.1	Marshalltown
49	49	Malia Taylor, Fr	22:16.8	Iowa City Liberty
50	50	Odaly Flores, Jr	22:20.6	Marshalltown
51	51	Kaci Uhde, Sr	22:20.7	Marshalltown
52	52	Kate Muckler, Fr	22:21.3	Newton
53	53	Lina Newland, So	22:32.6	Ottumwa
54	54	Avery Thompson, So	22:46.4	Mason City
55	55	Hannah Seltman, Fr	22:46.7	Marshalltown
56	56	Jade Tejada, Sr	22:51.7	Marshalltown
57	57	Morgan Stalzer, So	23:09.5	Newton
58	58	Alexis Read, Jr	23:17.6	Fort Dodge
59	59	Piera McBride, Jr	23:31.0	Fort Dodge
60	60	Rachel Engelhardt, Jr	23:50.1	Indianola
61	61	Nora Suarez, Sr	24:26.8	Mason City
62	62	Kelsey Church, So	24:33.1	Newton
63	63	Tes Schuster, Sr	24:37.2	Newton
64	64	Isabel Beekman, Jr	24:43.2	Fort Dodge
65	65	Jenna Smith, Sr	25:44.0	Newton
66	66	Olivia Hamlow, Fr	26:02.7	Fort Dodge

67	67	Willow Oswalt, Jr	26:18.0	Newton
68	68	Catherine Daniel, Fr	28:21.4	Fort Dodge

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