

GIRLS

RECORDS

Class 3A 800 -- Joy Ripslinger, Davenport Assumption, 2:07.51. Also overall meet record. Old 3A record 2:10.38, Ripslinger, 2015. Old overall record 2:08.15, Shelby Houlihan, Sioux City East, 2011.

Class 3A sprint medley relay -- Dubuque Wahlert, 1:46.46. Old record 1:47.17, Wahlert, 2007.

Class 4A shuttle hurdle relay -- Pleasant Valley, 1:01.26, all-time best. Previous all-time best 1:01.87.13, Waukee, 2013. That also was the previous Class 4A and overall meet record.

Class 3A shuttle hurdle relay -- Pella, 1:03.13. Old record 1:03.39, Mount Pleasant, 2014.

Wheelchair

Shot put -- Marhaya Bradford, Mormon Trail, 20-7 1/2 (all-time). Previous record and all-time best 18-2, Bradford, 2015.

MULTIPLE WINNERS

Four Titles

Carly Donahue, Pleasant Valley -- Class 4A 100 hurdles, 400 hurdles, 4x100 relay, shuttle hurdle relay.

Three Titles

Maria Gonzalez, West Hancock -- Class 1A long jump, high jump, 4x200 relay.

Okasana Covey, Des Moines Christian -- Class 2A 400, 800, distance medley relay.

Aleenah Marcucci, Northeast -- Class 2A long jump, 100 hurdles, 400 hurdles.

Emalee Funderman, Maple Valley/Anthon-Oto -- Class 1A 800, 1600, distance medley relay.

Joy Ripslinger, Davenport Assumption -- Class 3A 800, 1600, distance medley relay.

Stephanie Jenks, Linn-Mar -- Class 4A 800, 1500, 3000.

Katie Maschmann, Montezuma -- Class 1A 100, 200, 4x100 relay.

Rachel Jennings, Davenport Assumption -- Class 3A distance medley relay, 4x200 relay, 4x100 relay.

Mary Grace Carroll, Davenport Assumption -- Class 3A 4x200, distance medley relay, 4x100 relay.

Haley Schroeder, Elkader Central -- Class 1A 4x400 relay, 4x800 relay, sprint medley relay.

Keri Siebrecht, Sheldon -- Wheelchair 100, 200, 400.

Two Titles

Kiana Phelps, Kingsley-Pierson/Woodbury Central -- Class 2A shot put, discus.

Sarah Adams, Davenport Assumption -- Class 3A 4x800 relay, distance medley relay.

Diana Slight, Boone -- Class 3A 400, long jump.

Mallory King, Davenport Assumption -- Class 3A 4x800 relay, 4x200 relay.

Haley Schroeder and Emily Asche, Elkader Central -- Class 1A 4x800 relay, sprint medley relay.

Jasmine Blue, Abilene Ranschau, MiAsia Bergman, Autumn Anderson, Cedar Rapids Jefferson -- Class 4A 4x200 relay, sprint medley relay.

Kelli DeGeorge, Pleasant Valley -- Class 4A high jump, shuttle hurdle relay.

Keaton Kester, Earlham -- Class 2A 100, 200.

Kenzie Keune, Sioux Central -- Class 1A 100 hurdles, shuttle hurdle relay.

Carly King, Davenport Assumption -- Class 3A 100, 4x100 relay.

Kerris Roberts, Waterloo East -- Class 4A 200, 4x100 relay.

Jasmine Harris, Davenport Assumption -- Class 3A 4x100 relay, 4x200 relay.

Ashley Funk and Ciera Deitchler, Elkader Central -- Class 1A 4x400 relay, 4x800 relay.

Mary Kate Wille, Elkader Central -- Class 1A 4x400 relay, sprint medley relay.

Ellie Spelhaug, Pleasant Valley -- Class 4A 4x400 relay, shuttle hurdle relay.

REPEATING

Joy Ripslinger of Davenport Assumption won the Class 3A 800 for the second straight year.

Pleasant Valley won the Class 4A shuttle hurdle relay for the second straight year.

Katie Maschmann of Montezuma won the Class 1A 100 and 200 for the third straight year.

Briyanna Carter of Des Moines Roosevelt won the Class 4A 100 for the second straight year.

Aleenah Marcucci of Northeast won the Class 2A 100 hurdles for the second straight year.

Stephanie Jenks of Linn-Mar won the Class 4A 1500 for the fourth straight year and the 800 for the third straight year.

Kenzie Keune of Sioux Central won the Class 1A 100 hurdles for the second straight year.

Pleasant Valley won the Class 4A 4x400 relay for the second straight year.

THE JENKS FILE

Stephanie Jenks of Linn-Mar concluded her high school career with yet another victory in the 1500 and the final tally of her accomplishments is impressive. It was Jenks' fourth straight victory in the Class 4A race and came after she won her third straight title in the 800. She earlier won the 3200 for the fourth straight time and is only the second runner to win the distance triple three times. Hall of Famer Kristin Hansen of Okoboji is the other. Jenks finishes with 11 state championships and 10 Drake Relays title. The 21 combined championships are the most for an Iowa high school girl.

DASH FLIP-FLOP

Des Moines Roosevelt senior Briyana Carter turned the tables on Waterloo East freshman Kerris Roberts in the 100. Roberts beat Carter at the Drake Relays last month, winning that race in record time, but Carter prevailed in the rematch to win her second straight Class 4A title. Carter finished in 12-flat and Roberts took second in 12:06. It's

the fourth straight year a Roosevelt runner has won the race.

BOUNCING BACK

Waterloo East Kerris Roberts shook off her loss in the 100 and came back with a victory in the 200. The East freshman had only the fifth-best time in the preliminaries but was fast when it counted, winning in 24.74. And with that victory, she became the first East athlete to win an individual event at state.

SHE WAS PERFECT

Aleenah Marcucci of Northeast was a perfect 16 in state meet competition -- she qualified in the maximum 16 events in her career and medaled in all 16, including six golds. Marcucci concluded her career by winning the Class 2A 100 hurdles for the second straight. She also has two titles each in the 400 hurdles and long jump. At this year's meet, she also anchored her team to a third-place finish in the shuttle hurdle relay. Her time of 14.42 in the 100 hurdles ties for sixth on the all-time list.

ASSUMPTION IS AWESOME AGAIN

Davenport Assumption rolled to its fourth straight Class 3A team championship -- and this latest title is the most impressive of all. Assumption won four relays, including its fifth 4x100 title in the last seven years, and finished with 126 records -- a record for any class. Assumption set the previous 3A record with 107 points in 2014. The overall record had been 110 points by 1A champion North Tama in 2008. Assumption passed that figure with two events remaining, then topped off its big performance with that victory in the 4x100.

BALANCE CARRIES THE DAY

Waukee showed tremendous balance in outpointing Pleasant Valley 83-77 to win its fourth Class 4A team title -- all since 2009. The Warriors did it without winning event.

Class 2A champion Cascade won for the third time and Class 1A winner Britt West Hancock picked up its second championship.

REPEATING

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Pleasant Valley won the Class 4A shuttle hurdle relay for the second straight year.

HURRYIN' HURDLERS

There's a new all-time leader in the shuttle hurdle relay. Pleasant Valley moved into the top spot when it ran 1:01.26 to win the Class 4A race for the second straight year. That tops the previous best of 1:01.87 run by Waukee in 2013. Waukee's time also had been the old 4A and overall meet record. Waukee finished second in 1:01.96, which comes in at third on the all-time list.

THEY'VE WAITED FOR THIS

Elkader Central and West Marshall picked up long-awaited victories in the sprint

medley relay. Haley Schroeder anchored Elkader Central to its second relay victory of the Class 1A meet and first in the sprint medley since 1979. Freshman Kayla Cripps did the honors on the anchor for West Marshall in the 2A race. It was the Trojans' first victory in that race since 1972, when the meet was a single-class affair.

SPEEDY RIVALS

Dubuque Wahlert and Davenport Assumption have been dueling in Class 3A relays for the last several years and they hooked up in another good one in the sprint medley. Wahlert won this one, with Katy Fricano holding on against fast closing Mallory of Assumption on 400 anchor leg. The Golden Eagles finished in 1:46.46 to break their own meet record. That ranks 14th on the state's all-time list and is the eighth-fastest time nationally this year. Assumption ran 1:46.51, which ties for 15th all-time and is ninth nationally. Fricano ran her leg in 55.8. King was even faster, coming in at 55.1.

SINGING THE BLUE(S) -- HAPPILY

Jasmine Blue anchored Cedar Rapids Jefferson to its second relay victory of the meet and in top 10 time nationally. The J-Hawks won the Class 4A sprint medley relay in 1:45.89, which ranks fifth nationally and is seventh on the state's all-time list. Blue also anchored Jefferson to its fourth straight win in the 4x200 and now has seven state championships -- all in relays. Abilene Ranschau also ran on the two winning teams this year and she, too, has seven state titles.

FUNDERMAN IS FULL OF FIRSTS

Emalee anchored Maple Valley/Anthon-Oto to its first state championship in a relay when the Rams won the Class 1A distance medley on Friday. Now, she owns the school's first individual title. Funderman took the lead early and held on to win the 800 in 2:19.68.

JOY-FUL RUN

Davenport Assumption's Joy Ripslinger ran one of the fastest 800s ever in winning the Class 3A championship for the second straight year. Ripslinger ran away from the pack and raced to the victory in 2:07.51. That ranks third on the state's all-time list and is the fifth best time nationally. She just missed the all-time best of 2:07.35 by Sioux City East's Shelby Houlihan, who is going into the IGHS AU Hall of Fame this year.

DUTCH TREAT

Pella claimed its first shuttle hurdle relay championship with a sparkling run in the Class 3A race. The Little Dutch won easily in 1:03.13, which ranks ninth on the state's all-time list.